of the whole structure as they twisted the layers relative to each other (Fig. 1b).

They then went a step further by investigating the energy dispersion of the structure. To do this, Inbar *et al.* added a layer of tungsten diselenide, which acted as a barrier between the two layers of graphene, enabling the authors to measure the current that passed through the barrier (Fig. 1c). In this mode, the device functions in much the same way as does an STM.

The authors performed these experiments on graphene as a proof of concept. But they also showed that the approach could be used to probe systems with more complex energy dispersion; they did this using a tip covered with a single layer of graphene to probe a sample made from twisted bilayer graphene. Such experiments will enable researchers to better understand the electronic behaviours of systems such as twisted bilayer graphene, without the size restrictions associated with other experimental techniques. And by varying the pressure applied with the AFM tip, the authors showed that they could even alter the energy dispersion of twisted bilayer graphene. This approach improves on previous techniques involving challenging measurements of electron transport⁶.

Inbar and colleagues' technique is truly remarkable, and will enable several key lines of research in condensed-matter physics. For example, physicists have long sought a technique for modifying the energy dispersion of samples *in situ* – a goal that Inbar and colleagues have made possible by applying pressure to change the angular alignment between layers. Their contribution is the latest in a list of technological developments that have improved and optimized 2D layered structures, such as twisted bilayer graphene.

The next logical step for this technique will be to develop the same experiments at low temperatures, at which the quantum phenomena associated with the modified energy dispersion are enhanced. It would also be interesting to combine the two types of experiment demonstrated by Inbar and colleagues – that is, to measure changes in the energy dispersion of a structure *in situ* as its layers are twisted relative to each other. But that might be a twist for a different story.

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Neurodegeneration

Alzheimer's risk gene works the gut-brain axis

Alfonso Martín-Peña & Malú Gámez Tansey

Signals from gut microorganisms to the brain might be involved in neurodegeneration. It emerges that the gene *APOE* – variants of which each confer a different risk of Alzheimer's disease – has a role in modulating this gut–brain communication.

The best biological marker of neurodegeneration is the accumulation of misfolded and aggregated proteins in the brain. These aggregates are often surrounded by brainresident immune cells called astrocytes and microglia, tasked with removing debris and keeping neurons healthy¹. Writing in Science, Seo et al.² identify a gene that determines how gut microorganisms affect such immune responses and protein aggregation in the brain. This gene, APOE, exists in three common forms (APOE2, APOE3 and APOE4), of which APOE4 confers the highest risk factor for late-onset Alzheimer's disease³. Seo and colleagues' work sheds light on how interactions between genes and the environment feed into neuro-immune crosstalk during neurodegeneration.

It is not uncommon for people who have neurodegenerative disorders such as Alzheimer's disease, Parkinson's disease or amyotrophic lateral sclerosis to exhibit alterations to their immune systems and changes in the make-up of the bacterial communities that inhabit their guts^{4,5}. In turn, this gut microbiota can regulate gene expression in microglia in a sex-specific manner⁶, and a person's APOE status (that is, which of the APOE variants they carry) influences this process^{7,8}. However, it is not clear whether disruption of the gut microbiota is a cause or a result of neurodegeneration. It is also not known whether timely correction of this gut dysbiosis could slow neurodegeneration.

Seo *et al.* set out to examine a strain of mice engineered such that a human form of tau, a protein associated with cognitive decline, accumulated in the animals' brains. The group genetically engineered these mice to express different forms of human *APOE*, and raised the animals in either a conventional environment or a germ-free environment (meaning that they lacked gut microbes). The authors found that the signs of neurodegeneration and neuroinflammation typically observed in conventionally reared animals carrying the highrisk variant *APOE4* were drastically reduced in animals raised under germ-free conditions (and so lacking a gut microbiota).

Similarly, Seo and colleagues found that diminishing the gut microbiota of the APOEcarrying animals using antibiotics mitigated neurodegeneration. Interestingly, the protective effect of both antibiotic treatment and germ-free rearing was more pronounced in male mice harbouring APOE3 (a variant that does not confer as much risk as APOE4)³ than in males carrying APOE4 or in females.

Some evidence^{9,10} suggests that short-chain fatty acids (SCFAs) produced by the gut microbiota could be involved in modulating astrocyte and microglia functions (such as the production of signalling molecules called cytokines). It is not known whether SCFAs act directly on brain cells, but Seo et al. demonstrated that, as well as reducing SCFA levels, the antibiotic treatment reduced the numbers of various types of immune cell in the meninges (tissues that border the brain) in APOE3-carrying mice: it also altered gene expression in lung immune cells called alveolar macrophages (Fig. 1). These cell types also release cytokines that might signal to the brain, and might present antigen molecules to circulating immune cells called T cells that, in turn, could move to the brain to trigger neuroinflammation. This finding is interesting because the role of crosstalk between immune cells in the body and brain is not yet fully understood in the context of neurodegenerative disease11.

Finally, the researchers added SCFAs to the drinking water of germ-free mice carrying *APOE4*. This SCFA administration altered gene expression in alveolar macrophages, increased the proliferation of astrocytes and microglia (a process known as gliosis) and exacerbated neurodegeneration. The results raise the possibility that SCFAs might be key mediators of the microbiota's effect on tau-mediated neurodegeneration. The clear next steps are to delineate the direct mechanisms by which these fatty acids act, the cell type that they target, and how *APOE* status matters in

The author declares no competing interests.

News & views



Figure 1 | **Messages from the gut influence neurodegeneration.** The gene *APOE* exists in four variants, of which *APOE3* and *APOE4* confer a higher-than-average risk of a person developing late-onset Alzheimer's disease (*APOE* variants not shown). Seo *et al.*² showed that, in mice carrying *APOE3* or *APOE4*, bacteria in the gut release short-chain fatty acids (SCFAs), which can signal to immune cells in the lungs and in tissues called the meninges that border the brain. These cells release cytokines that might signal to the brain (broken arrows), where immune cells called astrocytes and microglia become activated and release more cytokines, and tau protein accumulates (a key hallmark of Alzheimer's disease). It is possible that SCFAs also signal directly to the brain, although this was not tested. The authors show that treating mice with antibiotics to disrupt the gut microbes blocks this pathway and reduces neurodegeneration; this treatment is most effective in mice carrying *APOE3*.

terms of orchestrating this process.

It is not entirely surprising that raising mice germ-free or treating them with antibiotics can reduce tau aggregation, because another research group has shown that gut microbes are required for another type of aggregate, mutant α -synuclein, to have harmful effects¹². But the finding that these effects involve APOE-dependent changes in the peripheral immune system is remarkable. APOE status is typically thought of as affecting mainly the brain, but Seo and colleagues' evidence for a mechanistic link between this genetic risk factor and the gut microbiota suggests that the gene might be a target of environmental triggers that promote neurodegeneration¹¹. However, in what tissue and cell type APOE might be affected by these triggers remains to be seen.

It will be interesting to further investigate the sex differences that the authors observed in their experiments involving antibiotics. In a human study, higher SCFA levels in the stools of men who had Parkinson's disease correlated with later onset of motor symptoms¹³, the implication being that SCFAs might be protective (although clinical trials would be needed to establish this link). Researchers should also aim to better understand the effect of the gut microbiota on brain-border immune cells, especially in light of work demonstrating that gut immune cells called B cells make immunoglobulin proteins that affect brain physiology¹⁴.

Turning to humans, is it possible that

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antibiotic treatments to combat chronic infections might influence the course of neurodegenerative diseases? If so, would this be the case only in men, or for everyone? The answers to these questions will require clinical studies. Clinical trials could also begin to address whether manipulating the gut microenvironment – using pre- or probiotics, SCFA supplementation or faecal microbiota transplants – has the potential to protect some subsets of people from neurodegeneration.

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The authors declare no competing interests. This article was published online on 8 February 2023.

An oracle predicts regulators of cell identity

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A computational tool called CellOracle can predict how networks of genes interact to program cell identity during embryonic development. The tool should help to hone efforts to understand how development is regulated. **See p.742**

As an animal develops, each of its thousands or even trillions of cells must be programmed to adopt one of many possible cell identities. This programming is controlled by a group of proteins and the genes that encode them, which are collectively known as developmental regulators. Kamimoto *et al.*¹ present a computational approach on page 742 to predict the shifts in cell identity that will occur if levels of individual developmental regulators are altered. Their systematic approach promises to help researchers determine the regulators most worthy of further study, saving valuable resources and suggesting biological phenomena that might previously have been missed.

The key process underlying development is differential expression of the genome. Although present in all cells, many genes are