

Comment

Supplementary information to:

Young people need experiences that boost their mental health

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Further reading

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5. Greeson, J. K. P., Usher, L. & Grinstein-Weiss, M. One adult who is crazy about you: can natural mentoring relationships increase assets among young adults with and without foster care experience? *Child. Youth Services Rev.* **32**, 565–577 (2010).
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7. Kalb, L. G. et al. Trends in psychiatric emergency department visits among youth and young adults in the US. *Pediatrics* **143**, e20182192 (2019).
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