

Vital verifiable CPD – INSTRUCTIONS

Vital verifiable CPD was launched in the summer issue of *Vital*. It offers DCPs the opportunity to complete eight hours of verifiable CPD per year for £30 + VAT (£35.25 in total), by reading *Vital* articles either in their free copy of *Vital*, or by accessing our website at www.nature.com/vital to read the articles there.

Detailed instructions are now available on the website, but can also be found below. **Please cut out and keep this page for future reference.** If you are still having difficulties, email subscriptions@nature.com and you will receive assistance within 24 hours.

INSTRUCTIONS

Vital CPD can only be accessed via www.nature.com/vital. Currently it is free to access all of the articles on our website as long as you register to obtain a free account.

1. In order to access Vital CPD, first you need to register on the main website:

- Go to www.nature.com/vital
- In the top right hand corner of the screen it says 'register'. Click here and enter your details to obtain an account for free

2. To subscribe to Vital CPD:

- Click on the button on the Vital website that says 'Subscribe to Vital CPD' or go directly to: www.nature.com/vitalcpd
- Click on 'subscribe now'
- Follow the payment instructions (make sure you select 'I live in the United Kingdom' from the box at the top)
- After successfully purchasing your subscription online you will be emailed a temporary customer ID number which will be something like 'EC12345'

3. When you have completed that, return to the Vital homepage and click on 'My Account' in the top right hand corner

- Log-in if you have not already done so (it should say 'Welcome back: (your name)' at the top)
- Click on the tab that says 'subscriptions' at the top
- Enter your EC number which you were given (see above) and click on 'confirm' (**you only need to do this once**).

You are now ready to access Vital CPD. Click on 'CPD Site' on the homepage at www.nature.com/vital or go directly to www.nature.com/vitalcpd.

When you are on the Vital CPD website, there is a link at the top through which you can enter your GDC registration number (if you have one – you do not need to have one to complete Vital CPD).

This will ensure that it is included on your CPD certificate when you come to printing it off.

If you have any problems, email subscriptions@nature.com and you will receive assistance within 24 hours.

The CPD year for UK DCPs began on 1 August 2008. From this date you can start keeping a record of all your verifiable and general CPD hours.





CPD questions

Winter 2008



CPD ARTICLE 1 – PAGES 19-22

Vital guide to implants

- When did a substantial leap forward in the development of dental implants take place?
 - 1950
 - 5,000 years ago
 - around 3000BC
 - the mid 1950s
- When planning to treat an edentulous area of the mouth with implants, which of the following may need to be carried out?
 - an evaluation of bone morphology
 - study casts
 - CT scans
 - all of the above
- Select the **incorrect** statement. Dental implants:
 - are titanium screws placed within the jaw bone
 - are screws attached to a crown, bridge or denture
 - are commonly cylindrically shaped
 - were universally successful in the mid-twentieth century
- Which of the following is **true** of the *second stage* of placing an implant?
 - a sequence of drills is used to prepare a hole within the bone
 - the soft tissues are sutured together
 - it takes place after a period of healing
 - a cover screw is usually screwed onto the head of the implant

- a sequence of drills is used to prepare a hole within the bone
- the soft tissues are sutured together
- it takes place after a period of healing
- a cover screw is usually screwed onto the head of the implant

CPD ARTICLE 2 – PAGES 43-47

Ethical obligations in patient care

- You are approached by the police for information regarding one of your patients. Which of the following is an **incorrect** response?
 - you immediately provide the information regardless of circumstances
 - you check that the police need the information to prevent or detect serious crime
 - you use your discretion to decide whether to release the information
 - if in doubt, you seek advice from your defence organisation
- A 13-year-old patient's mother calls following an appointment her child has attended without her. She wants to know what happened at the appointment. You should:
 - confirm the identity of the woman you are speaking to
 - if you are unsure of the person's identity, you should ring them back
 - tell her you cannot discuss this over the phone but would be happy to give her details if she comes into the clinic
 - all of the above
- Select the **false** statement. Keeping confidential patient information secure:
 - is an NHS contractual obligation
 - is only the dentist's responsibility
 - is a legal obligation
 - is an ethical obligation
- All dental team members should:
 - read the document *Principles of patient confidentiality*
 - keep up-to-date with legislation and policy
 - ignore the rules if the situation demands it
 - A and B

To submit your answers, please see the instructions on the previous page. The deadline for submission of this set of answers is 7 March 2009.



CPD ANSWERS – AUTUMN

Answers to the CPD questions in the autumn 2008 issue of *Vital*.

Vital guide to preventing dental caries:

- Q1. B,
Q2. D,
Q3. D,
Q4. A.

Stroke and oral health:

- Q1. D,
Q2. B,
Q3. D,
Q4. D.

