

used throughout without detracting from the text. Another useful feature is that the author continually refers to the current Health and Safety legislation throughout.

‘With CPD being introduced this year and infection control being a large part of this, dental nurses will need to have more than just a basic knowledge and this book will help with the understanding behind the practice.’

The book guides the reader through infection to the different types and methods of prevention to effective personal protective equipment. The sterilisation chapter breaks the process down into its specific stages and includes detailed notes in aseptic procedures. You are also told how to maintain and increase the longevity of dental instruments and general surgery equipment. The last chapter is concerned with waste produced within the surgery; it leads the reader through the potential minefield of law concerning waste.

GDPs could also benefit from this book as the author looks at surgery design with specific regards to infection control, an important issue to bear in mind when introducing new exciting equipment to a surgery.

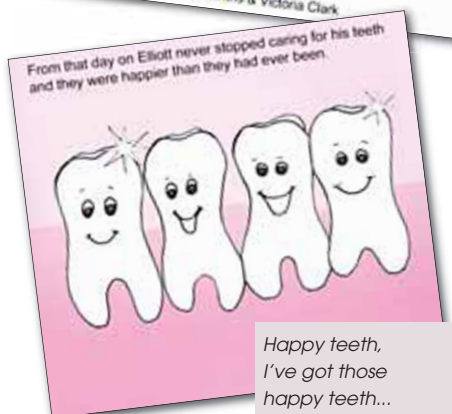
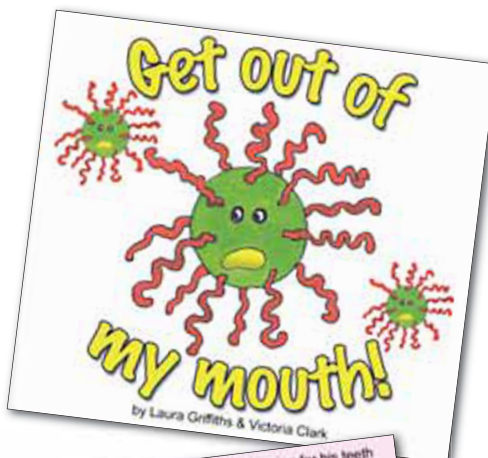
With CPD being introduced this year and infection control being a large part of this, dental nurses will need to have more than just a basic knowledge and this book will help with the understanding behind the practice.

In summary I feel this book could become a vital tool for all dental nurses and other members of the dental team, not only as a guide when starting out but also as a handy reference book for more experienced members of staff.

Felicity Kemp RDN

Have you read this book or any of the other books featured in Vital? Did you agree with our reviews? Let us know what you think by emailing vitaeditorial@nature.com.

TITLE: Get out of my mouth / Oh no! Not the sweets!
AUTHOR: L. Griffiths, V. Clark
PUBLISHER: Rollercoaster Publishing
PRICE: £2.75 each
ISBN: 9780955526312 and 9780955526305
WEB: www.rollcoast.com



These two Mr Men-sized children's books are designed to teach kiddies the importance of teeth cleaning and healthy eating in a lively, fun way. In 2007 *Get out of my mouth* was used by the British Dental Health Foundation as part of National Smile Month.

A lunchbox-sized adventure in technicolour.



Get out of my mouth tackles the subject of plaque: what causes it and the damage it does to your teeth. A little boy called Elliott goes to the dentist and learns how to prevent plaque through caring for his teeth properly.

‘...plaque-coated or healthy teeth scowl or grin accordingly, and the lunchbox characters burp and giggle on green hillsides or alongside a mound of sweets.’

In *Oh no! Not the sweets!* six colourful lunchboxes go on an adventure and learn which foods and drinks their child owners should really be eating and drinking at meal-times, and why.

The two publications are attractively illustrated; plaque-coated or healthy teeth scowl or grin accordingly, and the lunchbox characters burp and giggle on green hillsides or alongside a mound of sweets. Authors Laura Griffiths and Victoria Clark have also succeeded in packing a great deal of information into two relatively small books. Children are bound to enjoy listening to the stories being read aloud and following the action from page to page.

If you would like to order copies of either book, go to www.rollcoast.com, telephone 02392 839624 or email info@rollcoast.com.



‘Well done everyone,’ said Tom as he was back in his place. And not a moment too soon because just then the lunch bell rang and the hungry children ran to the trolley to collect their lunchboxes.