

CPD questions

Summer 2013



CPD ARTICLE 1 – Pages 26-27

Decontamination policy: One sink or two?

1. In HTM 01-05, Essential quality requirements (EQR) does **not** include:
- hand hygiene
 - waste disposal
 - the need for a separate decontamination room
 - decontamination
2. Select the **correct** statement.
- there are set specifications on the size of a decontamination room
 - you may need to comply with Best Practice when tendering for an NHS contract
 - if you are starting a new practice from scratch, you must have a validated washer disinfectant

- most practices in England could easily install a separate decontamination room
3. The March 2013 edition of HTM 01-05 included which of the following changes:
- unwrapped instruments can now be kept for up to a week in a clinical area
 - the guidance is now more restrictive in terms of who can be deemed competent to perform the Legionella risk assessment
 - it is now mandatory for practices to have separate manual washing and rinsing sinks
 - unwrapped instruments can now be kept for a day in a clinical area

4. Which of the following is **false**?

- in Wales, for those using a non-vacuum steriliser, one month is the maximum storage time for instruments when wrapped after sterilisation
- Scottish practices have had to have a washer disinfectant since 2012
- Scotland bases its decontamination policy on HTM 01-05
- Best Practice has been compulsory in Northern Ireland since 2012

Please note that some of the regulations mentioned in this article may have changed in Northern Ireland/Scotland since this issue of Vital went to press.

CPD ARTICLE 2 – PAGES 30-35

The erosive potential of smoothies

1. A serving of fruit smoothie can be counted as:
- all of an individual's 'five a day'
 - one of an individual's 'five a day'
 - two of an individual's 'five a day'
 - equal to the number of its fruit constituents
2. Which of the following is **correct**?
- sugar and sweeteners are usually added to commercial smoothies
 - 34 million litres of fruit smoothies were consumed in 2001
 - the commercial smoothies investigated in this study were selected as they are regularly drunk by the researchers
 - consumption of shop-bought smoothies in the UK is projected to treble over the next five years



3. Which of the following was **not** a finding of this study?
- omission of certain ingredients from the homemade smoothie affected the magnitude of surface hardness reductions seen
 - the thickie and negative control did not cause depth loss in the tooth samples
 - the cranberry, blueberry and cherry fruit smoothie produced the most depth loss in the tooth samples
 - immersion of the tooth samples in the drinks brought about reductions in their surface hardness but these were only significant for two of the smoothies

Answers to the CPD questions in the spring 2013 issue of *Vital*.

Oral management of patients who have received radiotherapy to the head and neck region

- B
- C
- D
- A

Could you spot a tonic-clonic seizure?

- C
- D
- A
- C

4. The findings of this study suggest that:
- patients with dental erosion should be advised to drink thickies
 - ingredient variations have no impact upon erosive potential
 - it is safe to snack on fruit smoothies
 - smoothies are potentially erosive

To submit your answers, please see the instructions on the following pages. The deadline for submission of this set of answers is 20 September 2013.

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4. Please add any comments or feedback that you might have below or email vitaleditorial@nature.com.

Replies must be received by 20 September 2013. The answers to the CPD questions will be published in the next issue.

