



# CPD questions

## Winter 2010

### CPD ARTICLE 1 - PAGES 40-46

#### Are we clean enough?

1. Select the **false** statement regarding hand hygiene.
  - A. a methodological procedure for handwashing should be adopted

- B. hands are one of the most common modes of pathogen transmission
- C. alcohol handrubs are effective even on visibly soiled hands
- D. well-fitting, non-powdered gloves should always be worn

2. Non-vacuum bench top sterilisers are suitable for: (a) processing wrapped instruments; (b) processing hollow instruments; (c) processing solid, unwrapped instruments

- A. (a), (b) and (c) are correct
- B. only (b) is correct
- C. only (c) is correct
- D. (a) and (b) are correct

3. Which of the following is **not** included in the list of PPE?

- A. disposable gloves
- B. eyewear
- C. disposable masks
- D. disposable aprons

4. Plasma cleaning is recommended specifically for instruments potentially contaminated by:

- A. staphylococcus aureus
- B. *Legionella* spp
- C. prions
- D. HIV



### CPD ARTICLE 2 - PAGES 47-49

#### Spread the word about mouth cancer

1. What is the increase in the annual number of new cases of mouth cancer in the UK?
  - A. 22.5%
  - B. 36.3%
  - C. 41.2%
  - D. 46.0%
2. What is the most important risk behaviour for mouth cancer?
  - A. smoking
  - B. heavy drinking
  - C. sexual activity
  - D. dieting

3. A systematic head, neck and mucosal examination should be conducted properly and consistently on?

- A. patients over 30
- B. patients over 40
- C. every patient
- D. patients who smoke

4. Which of the following has inconsistent/limited or no evidence for causing mouth cancer?

- A. betel quid



### CPD ANSWERS - AUTUMN

Answers to the CPD questions in the autumn 2011 issue of *Vital*.

#### Management of dental anxiety

- Q1. B  
Q2. B  
Q3. D  
Q4. C

#### Teaching of posterior composites to dental therapists

- Q1. D  
Q2. C  
Q3. D  
Q4. A

- B. ethnicity
- C. HPV infection
- D. cannabis use

**To submit your answers, please see the instructions on the following pages. The deadline for submission of this set of answers is 10 March 2011.**

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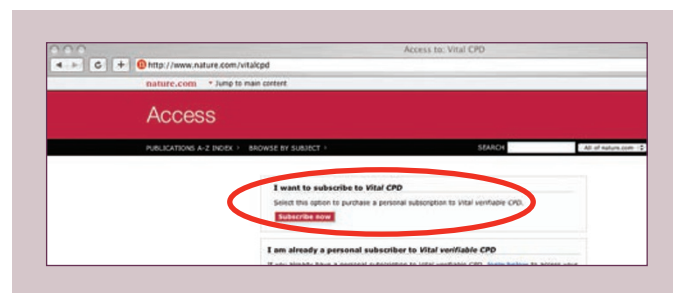
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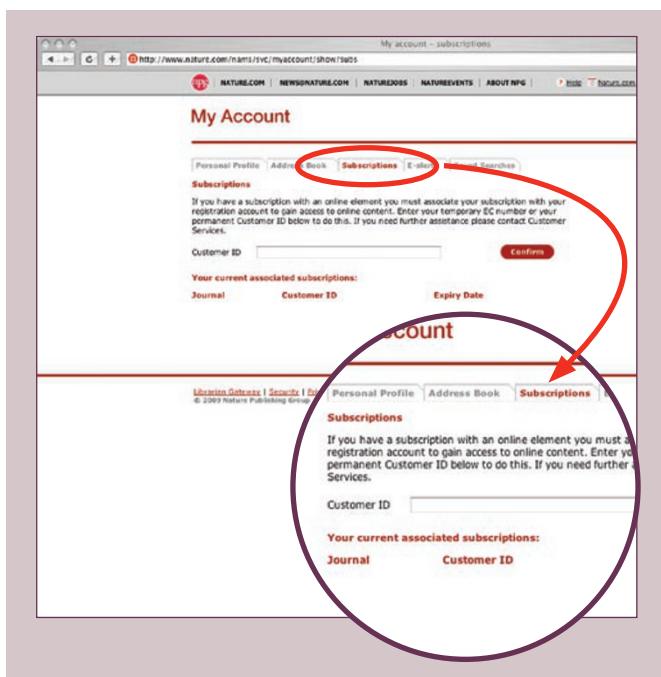


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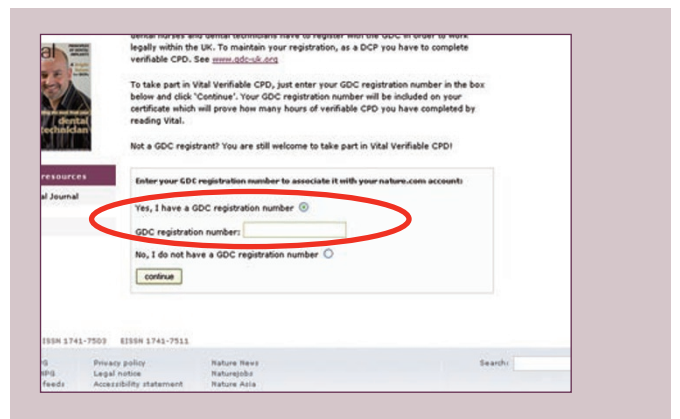
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#### Article 1

	A	B	C	D
Q1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

#### Article 2

	A	B	C	D
Q1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### 4. Please add any comments or feedback that you might have below or email [vitaeditorial@nature.com](mailto:vitaeditorial@nature.com).

Replies must be received by 10 March 2011. The answers to the CPD questions will be published in the next issue.

