

Books *beautiful* books

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TITLE: How to keep your teeth for life
AUTHOR: S. Riddle, H. Gill
PUBLISHER: (Self-published) Email
 teethforlife.book@hotmail.com
 to order
PRICE: £9.99
ISBN: 9780956493309



Extremely enjoyable to read

This informative and educational book was extremely enjoyable to read. With 132 pages and 30 chapters it is written in a relaxed, informal style for members of the general public. I feel it would also be suitable for students or recently qualified dental care professionals (DCPs) and could act as a refresher guide to improve their communication skills with patients.

The book is easy to understand and would be a useful addition to the reading material

in the dental waiting room. Even though we provide information, literature and demonstrations for our patients there is still a need to provide further reading material which provides a basic understanding of how they can look after their own mouth/teeth or the treatments readily available to them.

The first chapters of the book focus on prevention and are the most detailed throughout the whole book; it cannot be emphasised enough that prevention is better than cure. The remaining chapters discuss the different dental treatments available, should a major or minor problem occur.

The subjects the chapters covered include: structure of the teeth and prevention, anaesthetics and nervous patients, pain relief and antibiotics, implants, crowns and bridges, bleaching, cosmetic dentistry (botox, dermal fillers, tooth jewellery and oral piercing), TMJ/TMD problems, trauma/accidents, snoring, halitosis, pregnancy and new developments in dentistry. A very small selection of useful addresses is included on the final page (I think this could have been more extensive).

I felt the book would have benefitted from

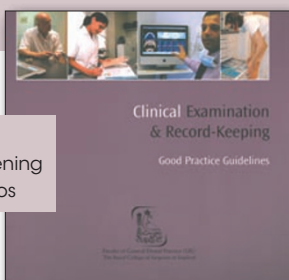
being printed in a larger font size and varying the font for headings. Clearer sub-headings would have improved the ability of the reader to differentiate between the chapters and sub-chapters because at times they seemed to amalgamate into each other. However, photographs of dental problems and solutions are clear and of high definition.

We always think that changes in dentistry happen so fast, possibly on a par with computers, electronics etc but actually the basics of dentistry change very slowly due to important clinical trials which can take several years, so I think most of the information in this book will be relevant for some years to come.

It will give your patients a broad spectrum of dental information for them to digest and also to take away to improve the health of their friends and family and an invaluable guide to avoid potential dental problems in the future with the help of their own dentist and hygienist.

Gil Bagnall,
 Dental Hygienist and Marketing Manager of
www.cpd4dentalnurses.co.uk

TITLE: Clinical examination & record-keeping: good practice guidelines, 2nd edition
PUBLISHER: FGDP(UK)
PRICE: £27; £22 for FGDP(UK) members



Very enlightening scenarios

FGDP publications are often seen as the evidential basis for the majority of dental treatment and investigation performed within the UK, and an authority that both the General Dental Council and the Department of Health look to. This is a new edition of one of their core publications, and is thoroughly contemporary in its outlook. Its recommendations are laid out with a nod to current practice including priorities cited by the NHS. The book is in a

sturdy spiral bound format which lends itself to a 'quick reference' feel, and leads from a preface including scope of the document (similar to a clinical paper). The mantras of the taking of a medical history and record keeping are covered by the first two chapters. Another nice element of the layout is that core points are bullet-pointed in 'key facts' style boxes, while the background to the selections and recommendations made form the main text.

Chapter 4 'Full/Comprehensive Examination' goes on to detail specific investigations and outcomes that should be achieved within the scope of a patient exam – including periodontal, orthodontic, endodontic considerations, justification for radiographs and study models. Chapters 5, 6 and 7 continue to detail recommended practice for recall visits, emergency visits, and research-focused visits. Following the main chapters there are a selection of very enlightening scenarios detailing some potentially tricky situations, and how an appropriate examination and assessment can support the case of a clinician. I found these scenarios to be most interesting, and could relate them to experiences which I have

observed within a practice setting. They cover such situations as prior periodontal neglect and a consent issue, with three others. A final appendices section contains such things as sample forms, and models upon which to chart and record elements of examinations. These include some short discussions regarding the formation of a medical history form, a consent form, etc.

In all, I find this book to be one of those publications which you sometimes come across which has a sense of having a real impact on how dentistry is performed. It may be a case of evolution rather than revolution, but it offers a lot of contemporary clarity regarding how records should be held – with particular regard to computerisation, and the gold standard in the variety of outcomes which should be achieved in performing an examination. Even from a student perspective, I have a new-found understanding in the importance of evaluative procedures, and a desire to do the best that I can for the welfare of patients.

Mark Thurston, Dental Nurse, Dental Hygiene and Therapy Student