



# CPD questions

## Autumn 2010

### CPD ARTICLE 1 – PAGES 22-25

#### Management of dental anxiety

1. Which of the following does **not** describe a phobia?
- embarrassment and shame are often present
  - it is a learnt response
  - the patient has little or no control over it

- it is comparatively small compared to the severity of the reaction
2. A total score of 24 on the Modified Dental Anxiety Scale means:
- extremely phobic
  - highly dentally anxious, possibly dental phobic
  - possibly anxious
  - not very anxious
3. Select the **correct** statistic from this article.
- 46% of dentate patients reported that they attended for regular dental check-ups
  - 10% of dentate patients in the UK always feel anxious about dental visits
  - about 59% of the population avoids

- dental care due to dental phobia
- 59% of dentate patients reported that they attended for regular dental check-ups
4. Rehearsal and explanation of the patient's psychosomatic reactions is a management strategy for a patient who:
- doesn't trust dentists
  - has a needle phobia
  - has a fear of suffocating
  - is generally anxious



### CPD ARTICLE 2 – PAGES 38-41

#### Teaching of posterior composites to dental therapists

1. What are the clinical advantages of composite when compared to amalgam?
- composite sacrifices less healthy tooth tissue
  - composite restorations are minimally invasive
  - bonding composite to the underlying tooth reduces fracture risk
  - all of the above
2. In the results, 39% of the preclinical course was devoted to the teaching of posterior amalgam restorations. All ten centres taught the placement

- of composite restorations in occlusal cavities in deciduous teeth.
- both statements are correct
  - both statements are incorrect
  - the first statement is correct
  - the second statement is correct
3. Select the **false** statement.
- rounded internal line angles for posterior composite restoration cavities were taught at six centres
  - the use of gauze was taught in two centres
  - one of the most common contraindications to the placement of posterior composites was poor oral hygiene
  - total-etch techniques were favoured for cavities involving the outer one-third of dentine only (ten centres)
4. Why is bevelling not in keeping with current best evidence?
- bevelling can result in unnecessary loss of enamel

#### CPD ANSWERS – SUMMER

Answers to the CPD questions in the summer 2010 issue of *Vital*.

#### The role of dental therapist in the management of paediatric patients with hypodontia

Q1. B

Q2. C

Q3. A

Q4. D

#### Periodontal litigation and the dental hygienist

Q1. B

Q2. A

Q3. D

Q4. C

- bevelling is linked to post-operative sensitivity
- bevelling is associated with an increased risk of overhang production
- bevelling does not adapt to the curved gingival margin of the proximal box

**To submit your answers, please see the instructions on the following pages. The deadline for submission of this set of answers is 25 November 2010.**



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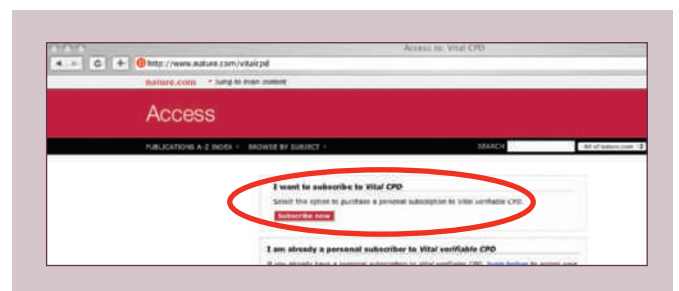
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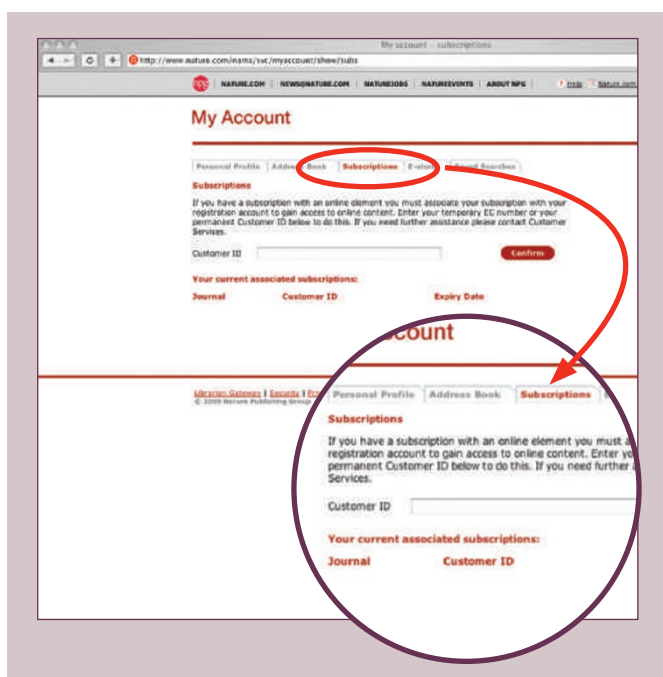


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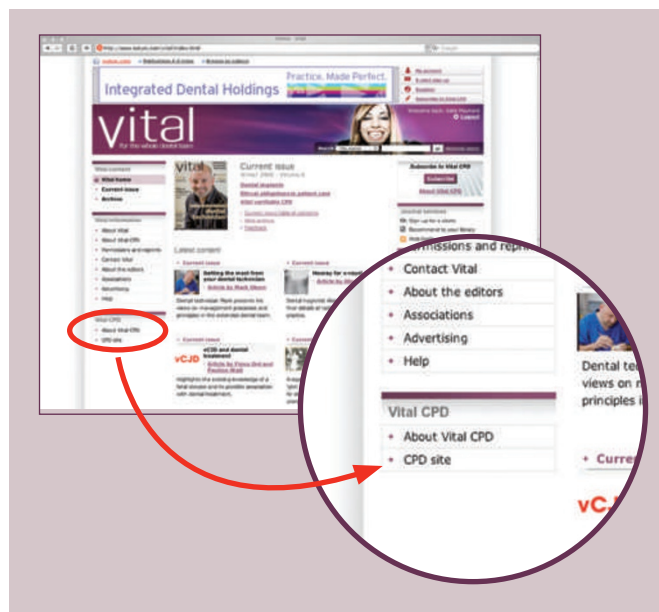
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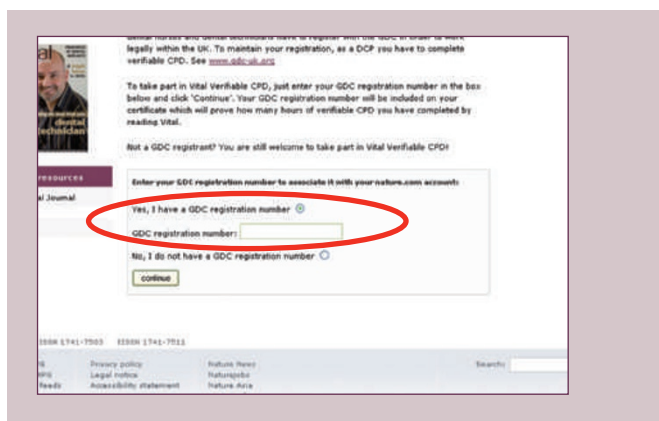
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	A	B	C	D
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Q2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

#### Article 2

	A	B	C	D
Q1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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### 4. Please add any comments or feedback that you might have below or email [vitaleditorial@nature.com](mailto:vitaleditorial@nature.com).

Replies must be received by 25 November 2010. The answers to the CPD questions will be published in the next issue.

