

Received: 21 March 2016 Accepted: 17 June 2016 Published: 07 July 2016

OPEN Arabidopsis thaliana extracts optimized for polyphenols production as potential therapeutics for the APOEmodulated neuroinflammation characteristic of Alzheimer's disease in vitro

> Shivesh Ghura<sup>1</sup>, Leon Tai<sup>1</sup>, Ming Zhao<sup>2</sup>, Nicole Collins<sup>1</sup>, Chun-Tao Che<sup>2</sup>, Katherine M. Warpeha<sup>3</sup> & Mary Jo LaDu1

> Although the cause of Alzheimer's disease (AD) is unknown, glial-induced neuroinflammation is an early symptom. Familial AD is caused by increases in amyloid-beta (A\(\beta\)) peptide, particularly soluble oligomeric (oA\(\beta\)), considered a proximal neurotoxin and neuroinflammatory stimuli. APOE4, a naturally occurring genotype of APOE, is the greatest genetic risk factor for AD; increasing risk up to 12-fold compared to APOE3 and APOE2. oA\(\text{9}\)-induced neuroinflammation is greater with APOE4 compared to APOE3 and APOE2. As sinapates and flavonoids have anti-inflammatory properties, a protocol was developed for optimizing polyphenol production in seedlings of Arabidopsis thaliana (A. thaliana). Three mutants (cop1, prn1, xpf3) were identified, and the extracts treated with liver microsomes to mimic physiological metabolism, with HPLC and MS performed on the resulting metabolites for peak identification. These extracts were used to treat primary glial cells isolated from human APOEtargeted-replacement (APOE-TR) and APOE-knock-out (KO) mice, with neuroinflammation induced by lipopolysaccharide (LPS) or oA $\beta$ . The dose-response data for TNF $\alpha$  secretion demonstrate the followed the order: APOE-KO > APOE4 > APOE3 > APOE2, with xpf3 the most effective anti-neuroinflammatory across APOE genotypes. Thus, the plant-based approach described herein may be particularly valuable in treating the APOE4-induced neuroinflammatory component of AD risk.

> Accumulating evidence supports the anti-oxidant and anti-inflammatory effects of polyphenols, including phenylpropanoids and its sub-classes of flavonoids, sinapate esters, and hydroxycinnamic acids, suggesting a potential role in a therapeutic approach to human inflammation-related diseases<sup>1,2</sup>, including neurodegeneration<sup>3-5</sup>. While dietary flavonoids have been shown to possess antioxidant, anti-inflammatory, and neuroprotective effects<sup>6,7</sup>, isolates of single compounds have limited success<sup>8,9</sup>. For example, both in vitro and in vivo studies of the polyphenol resveratrol indicate that half-life, bioavailability and solubility issues present major obstacles to its utility (reviewed in ref. 10). Arabidopsis thaliana (A. thaliana)<sup>11-13</sup> is a useful model for the development of mutants optimized to produce polyphenols. Polyphenol-enriched extracts derived from mutants offer several advantages for the study of potential medicinal qualities of plant extracts: (1) the genome is mapped and sequenced; (2) many chemical constituents are known; (3) the mutants can be grown at a low cost, and (4) seedling growth requires

> <sup>1</sup>Department of Anatomy and Cell Biology, College of Medicine, University of Illinois at Chicago, Chicago, IL 60612, USA. <sup>2</sup>Department of Medicinal Chemistry and Pharmacognosy, College of Pharmacy, University of Illinois at Chicago, Chicago, IL 60612, USA. <sup>3</sup>Department of Biological Sciences, University of Illinois at Chicago, Chicago, IL 60607, USA. Correspondence and requests for materials should be addressed to M.J.L. (email: mladu@uic.edu)

only a small amount of time and space. Thus, polyphenol-enriched extracts can be easily and quickly obtained. Indeed, we recently demonstrated that specific flavonoids preferentially accumulate in the *prn1* (gene At3g59220) *A. thaliana* mutant<sup>11</sup>.

Alzheimer's disease (AD) is the most commmon neurodegenerative disease of aging. Its pathological hallmarks include extracellular amyloid plaques, composed of amyloid-β (Aβ) peptide, and intracellular neurofibrillary tangles composed of abnormally phosphorylated tau protein, as well as neuron loss<sup>14</sup>. While amyloid plaque density may not correlate with AD-specific dementia, oligomeric A\(\beta\) (oA\(\beta\)), a soluble aggregate of the peptide, has been identified as a proximal neurotoxin in human AD patients and familial AD-transgenic (FAD-Tg) mouse brains, as well as *in vitro* (reviewed in ref. 15). Importantly, *in vitro* studies demonstrate that oAβ elicits a neuroinflammatory response  $^{16-18}$ . In AD, glial activation may be A $\beta$ -independent, i.e. via damaged cells, or Aβ-dependent via increased soluble oAβ or amyloid plaques. Neuroinflammation due to chronically activated glia may both initiate and further exacerbate the pathogenesis of AD (for review)<sup>19-21</sup>. This creates a neuroinflammatory phenotype that is likely a driving force for early cognitive impairment<sup>20-27</sup>. Polyphenol extracts including curcumins, resveratrol and gallic acid derivatives reduce cytokine and chemokine responses in some AD models, although the specific impact on neuroinflammation is still poorly understood<sup>28–36</sup>. In addition, studies have demonstrated that dietary flavonoids preserve cognitive function during aging, and reduce the risk for AD and dementia<sup>37–40</sup>. The high consumption of polyphenolic-rich vegetables, fruit juices, and red wine has been shown to delay the onset of AD and dementia<sup>6,7,41,42</sup>. In FAD-Tg mouse models, administration of the green tea flavonoid EGCG reduced A $\beta$  pathology with an improvement in cognition<sup>43,44</sup>, while blueberry extracts prevented deficits in cognition without altering the A $\beta$  burden<sup>45</sup>. In vitro, flavonoids have been shown to reduce glial-mediated inflammation<sup>46–51</sup>.

The  $\varepsilon 4$  allele of the APOE gene is the greatest genetic risk factor for AD<sup>52,53</sup>. Risk is increased approximately 5-12-fold for carriers of one or two copies of the APOE4 allele compared to APOE3, whereas APOE2 reduces risk 2–4-fold<sup>54</sup>. In humans, apolipoprotein E (ApoE) has three isoforms that differ by a single amino acid substitution at residues 112 or 158: apoE2 (Cys<sup>112,158</sup>), apoE3 (Cys<sup>112</sup>Arg<sup>158</sup>) and apoE4 (Arg<sup>112,158</sup>). ApoE is the only apolipoprotein expressed within the central nervous system (CNS) and apoE-containing lipoproteins are produced primarily by astrocytes. While the impact of apoE on brain function is multifactorial, both in vivo55 and in vitro18 data demonstrate that apoE4 is associated with a greater neuroinflammatory response than apoE3<sup>56</sup>. While multiple lines of evidence demonstrate a heightened neuroinflammatory response with APOE4 compared to APOE3, particularly in response to lipopolysaccharide (LPS; endotoxin), a ligand for the toll-like receptor 4 (TLR4) surprisingly little data address APOE-modulation of A $\beta$ -induced neuroinflammation <sup>18</sup>. In addition, APOE4 carriers can respond anomalously in clinical trials, sometimes negatively<sup>57-60</sup>. While epidemiological data indicate that non-steroidal anti-inflammatory drugs (NSAIDs) preferentially lower AD risk in APOE4 carriers<sup>61,62</sup>, results from anti-inflammatory clinical trials indicate that drug efficacy will be highly context dependent (reviewed in ref. 63). For example, the conclusion from the AD Anti-inflammatory Prevention Trial (ADAPT) was that neither naproxen nor celecoxib prevented AD<sup>64-72</sup>. However, confounding factors include the short treatment duration, low AD incidence rate, and, importantly, the age of enrollment ( $\geq$ 70).

Thus, new therapeutic strategies targeting the neuroinflammation characteristic of AD, particularly for *APOE4* carriers, are critical. *A. thaliana* mutants may provide a novel approach for producing extracts enriched in flavonoids and polyphenols. Three such mutants were used to treat primary glial cells isolated from human *APOE*-targeted-replacement (*APOE*-TR) and *APOE*-knock-out (KO) mice, with neuroinflammation induced by LPS or oA $\beta$ . As a measure of microglial activation, tumor necrosis factor (TNF)- $\alpha$ , secretion followed the order: APOE-KO > APOE4 > APOE3 > APOE2, with xpf3 mutant the most effective anti-neuroinflammatory across genotypes. Thus, the plant-based aproach described herein may be of economic importance to produce an effective and viable product to target neuroinflammation, one of the earliest symptoms of AD, in a form of a nutraceutical or dietary supplement.

#### Results

**UV-C** survival screen for *A. thaliana* mutant seedlings with increased polyphenol production. We screened 6 day (d)-old seedlings of specific mutants of *A. thaliana* and identified 3 mutants that survived UV-B irradiation comparable to wild type (wt) (Fig. 1A, top) and survived UV-C irradiation significantly better than wt and the *adt3* mutant, a mutant designed for reduced phenylalanine levels, thus the negative control (Fig. 1A, bottom). These responses are indicative of effective polyphenol accumulation or activity<sup>11,73</sup>. The mutants are: 1. Pirin1 (transcriptional co-factor and quercetinase; prn1); 2. constitutive photomorphogenic1 (E3 ubiquitin-protein ligase, acts as a repressor of photomorphogenesis; cop1); and 3. excision repair homologue 3 (homolog of the human xeroderma pigmentosum group F DNA repair; xpf3).

The CellRox assay was used to assess oxidative stress, an additional measure of enhanced polyphenols in the mutants, as polyphenols can be potent scavengers of reactive oxygen species (ROS). Post UV-C irradiation, epidermal optical slices (1  $\mu$ m thick) were stained for the CellRox assay with flourescence by Cy5 indicating ROS levels (670 nm, pink), while DAPI (358 nm; blue) and FITC (448 nm; green) capture the natural fluorescence of phenylpropanoids<sup>11</sup>. Representative images were captured on a deconvoluting microscopy for wt, wt + UV-C and xpf3 + UV-C (Fig. 1B, top). Quantification of fluorescence for Cy5 (650 nm, pink, ROS) and DAPI + FITC (359–494 nm; green-blue, polyphenol levels) are represented as bar graphs (Fig. 1B, bottom). With UV treatment, the xpf3 mutant had significantly reduced signs of oxidative stress compared to wt. The xpf3 mutant seedlings also produced significantly more phenylpropanoids than wt.

Using principal components analysis (PCA), independent batches of seedling extracts clustered based on mutations (Fig. 2). For PCA of the mutants xpf3, prn1, adt3, cop1 and wt samples, using relative content of peaks from UV spectroscopy (under UV<sub>254 nm</sub>, UV<sub>280 nm</sub> and UV<sub>320 nm</sub>) as variables, demonstates that the samples formed their own cluster within a small region significantly seperated from each other. The exception was the similarity of

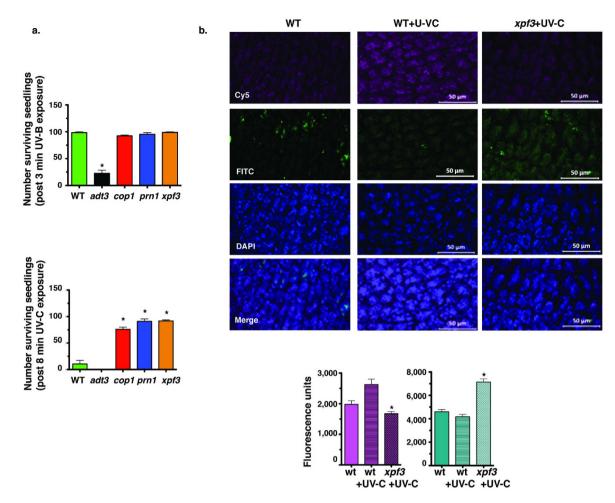


Figure 1. UV-C survival screen for *A. thaliana* mutant seedlings with increased polyphenol production. (a) 6d-old seedlings of specific *A. thaliana* mutants quantified 24 h after sub-lethal (3 min) UV-B (top) or lethal (8 min) UV-C radiation (bottom) demonstrate that mutants cop1, prn1 and xpf3 survive a dose of UV-C that is lethal to wt and the adt3 negative control. The number of surviving seedlings for the mutants and wt, for a sub-lethal dose (top) and a lethal dose (bottom); n=3, expressed as means  $\pm$  SEM, \*vs. wt. p<0.05 via paired student's t-test (two-tailed) using GraphPad Prism 5. (b) Post UV-C irradiation, epidermal optical slices (1  $\mu$ m thick) were stained for the CellRox assay with flourescence by Cy5 indicating ROS levels (670 nm, pink,), while DAPI (358 nm; blue) and FITC (448 nm; green) capture the natural fluorescence of phenylpropanoids 11. Representative images were captured on a deconvoluting microscopy for wt, wt + UV-C and xpf3 + UV-C (Fig. 1B, top). Quantification of fluorescence for Cy5 (670 nm, pink, ROS) and DAPI + FITC (359–494 nm; green-blue, polyphenol levels) are represented as bar graphs (Fig. 1B, bottom). With UV treatment, the xpf3 mutant had significantly reduced signs of oxidative stress compared to wt. The xpf3 mutant seedlings also produced significantly more phenylpropanoids than wt. Data expressed as means  $\pm$  SEM, for n=20, \*vs. wt and wt + UV-C, p<0.05 via paired student's t-test (two-tailed) using GraphPad Prism 5.

*prn1* to wt as these 2 clusters overlapped in 2-D mapping. In addition to distinguishing among the mutants, PCA also indicates the batch-to-batch consistency of a specific mutant based on the spread of the cluster.

Identification of extractable constituents of *A. thaliana* mutant *xpf3* extract, pre- and post-treatment with liver microsomes. HPLC revealed 13 identifiable peaks from 10 samples of each mutant extract. A sample trace for *xpf3* extract (Fig. 3) pre- (lower) and post-(upper) treatment by murine liver microsomes (LM) used in order to mimic aspects of metabolism. LM treatment induced a quantitative increase in most of the 13 identified constituents, particularly peak 7, barely visible in the untreated extract (lower trace). The contents of the peaks were analyzed by HPLC-DAD-MS/MS (described in Methods), and structures confirmed by NMR (Table 1).

Plant extracts dose-dependently attenuate APOE-modulated LPS-induced neuroinflammation (APOE-KO > APOE4 > APOE3  $\geq$  APOE2). LM-treated mutant extracts were used to treat the primary mixed glial cultures from APOE-TR or APOE-KO mice consisting of ~95% astrocytes +5% microglia, the approximate proportion found in both human and mouse brain. In this human apoE-relevant *in vitro* model, we measured the amount of TNF $\alpha$  released into the media, based on our previous work demonstrating that the levels

					MS (+) (m/z)		MS (-) (m/z)	
Peak	Identification	M.F./M.W.	RT (min)	UVmax (nm)	MS1	MS2	MS1	MS2
1	Isomer of 1-O-sinapoyl- $\beta$ -D-glucose	C <sub>17</sub> H <sub>22</sub> O <sub>10</sub> /386	7.187	234, 323	369 [M-H <sub>2</sub> O+H] <sup>+</sup>	-	385 [M-H] <sup>-</sup>	-
2	Isomer of 1-O-sinapoyl- $\beta$ -D-glucose	C <sub>17</sub> H <sub>22</sub> O <sub>10</sub> /386	7.588	224, 327	369 [M-H <sub>2</sub> O+H] <sup>+</sup>	-	385 [M-H] <sup>-</sup>	-
3 <sup>a</sup>	1-O-Sinapoyl- $\beta$ -glucose	C <sub>17</sub> H <sub>22</sub> O <sub>10</sub> /386	8.129	237, 332	369 [M-H <sub>2</sub> OH <sub>2</sub> O+H] <sup>+</sup>	-	385 [M-H]-	-
4	Sinapoyl choline	C <sub>16</sub> H <sub>24</sub> NO <sub>5</sub> /310	8.473	236, 327	310 [M] <sup>+</sup>	251, 207	-	-
5ª	Quercetin 3-O- $\beta$ - glucoside-7-O- $\alpha$ - rhamnoside	C <sub>27</sub> H <sub>30</sub> O <sub>16</sub> /610	10.322	255, 353	611 [M+H] <sup>+</sup>	303	609 [M-H] <sup>-</sup>	-
6	Quercetin 3,7-di-O- $\alpha$ -rhamnoside	C <sub>27</sub> H <sub>30</sub> O <sub>15</sub> /594	12.985	255, 347	595 [M+H]+	303	593 [M-H] <sup>-</sup>	-
7 <sup>b</sup>	N,N'-Di-sinapoyl spermidine	C <sub>29</sub> H <sub>39</sub> N <sub>3</sub> O <sub>8</sub> /557	13.763	241,3 23	558 [M+H]+	352, 264	-	-
8	Sinapoyl malate	C <sub>15</sub> H <sub>16</sub> O <sub>9</sub> /340	14.739	238, 329	-	-	339 [M-H] <sup>-</sup> , 679 [2M-H]	223
9	Isomer of 1,2-di-O- sinapoyl-β-glucose	C <sub>28</sub> H <sub>32</sub> O <sub>14</sub> /592	20.494	239, 327	369 [M-C <sub>11</sub> H <sub>11</sub> O <sub>4</sub> -H <sub>2</sub> O+H] <sup>+</sup>	207, 175	591 [M-H] <sup>-</sup>	349, 367
10 <sup>a</sup>	1,2-Di-O-sinapoyl- $\beta$ -glucose	C <sub>28</sub> H <sub>32</sub> O <sub>14</sub> /592	22.022	238, 329	369 [M-C <sub>11</sub> H <sub>11</sub> O <sub>4</sub> -H <sub>2</sub> O+H] <sup>+</sup>	351, 207, 175	591 [M-H] <sup>-</sup>	349, 367
11	Isomer of 1,2-di-O- sinapoyl-β-glucose	C <sub>28</sub> H <sub>32</sub> O <sub>14</sub> /592	22.563	239, 328	369 [M-C <sub>11</sub> H <sub>11</sub> O <sub>4</sub> -H <sub>2</sub> O+H] <sup>+</sup>	351, 207, 175	591 [M-H] <sup>-</sup>	349, 367
12	Isomer of 1,2-di-O- sinapoyl-β-glucose	C <sub>28</sub> H <sub>32</sub> O <sub>14</sub> /592	22.854	240, 327	369 [M-C <sub>11</sub> H <sub>11</sub> O <sub>4</sub> -H <sub>2</sub> O+H] <sup>+</sup>	351, 207, 175	591 [M-H] <sup>-</sup>	349, 367
13	Isomer of 1,2-di-O- sinapoyl-β-glucose	C <sub>28</sub> H <sub>32</sub> O <sub>14</sub> /592	23.334	241, 327	369 [M-C <sub>11</sub> H <sub>11</sub> O <sub>4</sub> -H <sub>2</sub> O+H] <sup>+</sup>	351, 207, 175	591 [M-H] <sup>-</sup>	349, 367

**Table 1. Peak identification by HPLC-DAD-MS/MS analysis.**  $^a$ The structures were further confirmed by  $^1$ H NMR data.  $^b$ N,N'-Di-sinapoyl spermidine or one of its isomers, different in the positions of OCH $_3$  and OH groups.

of this cytokine are elevated significantly, likely due to the feedback loop with activated astrocytes stimulating microglia of release of TNF $\alpha$ . Thus, TNF $\alpha$  levels were a measure of the relative anti-neuroinflammatory properties of the mutant *A. thaliana* extracts. These cultures are routine in our lab<sup>16,18,74–83</sup>.

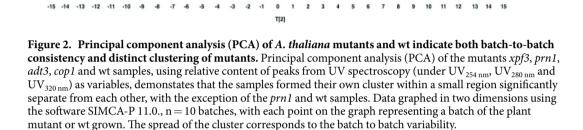
The cultures were pre-treated for 1 hour (h) with LM-digested wt, prn1, cop1, xpf3 and adt3 plant extracts (log scale dilution: 1:5000, 1:1000, 1:500, 1:200 and 1:100) prior to LPS (100 ng/ml) treatment for 16 h to elicit a neuroinflammatory response. As these are immune cells, their response to stress (LPS or oA $\beta$ ) is to become activated, as evidenced by the often observed change in morphology  $^{16,18,74-83}$ , as well as the measured secretion of TNF $\alpha$ . An MTT assay was preformed for cell viability, specifically mitochondral function, in the mixed glial cultures isolted from APOE4-TR mice, the most vulnerable genotype (Fig. 4). MTT, expressed as %control for LPS or oA $\beta$ , did not change significantly in cells treated +/- the A. thaliana mutant extracts at the highest dose, the 1:100 dilution. TNF $\alpha$  levels in the media were measured in duplicate by ELISA, and expressed as %APOE3 LPS-vehicle control (VC) (Fig. 5). The inset is an enlarged graph that more clearly shows the separation between APOE3 and APOE2. The LPS-induced inflammatory response is dose dependent and APOE-modulated (APOE-KO >  $APOE4 > APOE3 \ge APOE2$ ) with the greatest change in APOE-KO over the dilution range. At all dilutions, xpf3 was effective in attenuating LPS-induced TNF $\alpha$  secretion and, as expected, adt3, was the least effective extract. Thus, the data in this figure is based on duplicates for a full dose-response experiment with LPS treated with 4 mutant + wt plant extracts in cultures from 4 APOE genotypes.

**APOE**-genotype modulates LPS-induced neuroinflammation with *xpf3*-induced TNF $\alpha$  reduction significant with *APOE4*. As described, cultures were pre-treated with LM-digested wt or *xpf3* plant extracts at two dilutions (1:100  $\approx$  150 μg/ml and 1:1000  $\approx$  15 μg/ml), or LPS from *Rhodobacter sphaeroides* (LPS-RS) (10 μg/ml), a natural TLR4 antagonist used as a positive control. TNF $\alpha$  levels in the media, were, overall, significantly higher in *APOE4* cultures compared to *APOE3* and *APOE2* cultures (Fig. 6). Within all 3 genotypes, LPS-RS, wt (1:100) and *xpf3* (1:100) were lower than the VC. Only in the *APOE4* cultures was *xpf3* (1:1000) significantly lower than VC and, importantly, *xpf3* (1:100) significantly lower than wt (1:100).

Plant extracts dose-dependently attenuate *APOE*-modulated oAβ-induced neuroinflammation (*APOE*-KO > *APOE4* > *APOE3*  $\geq$  *APOE2*). As described, cultures were pre-treated with LM-digested wt, *prn1*, *cop1*, *xpf3* and *adt3* plant extracts (log scale dilution: 1:5000, 1:1000, 1:500, 1:200 and 1:100) prior to oAβ42 (10μM) to induce a neuroinflammatory response. TNFα levels in the media (expressed as %*APOE3* oAβ-VC) were measured by ELISA, as shown in Fig. 7. TNFα secretion was modulated by *APOE* genotype (*APOE*-KO > *APOE4* > *APOE3*  $\geq$  *APOE2*), with the greatest change in *APOE*-KO over the dilution range. The inset is an enlarged graph that more clearly shows the separation between *APOE3* and *APOE2*. This Figure, as well as Fig. 5 with LPS as the neuroinflammatory stimuli, illustrates the difference between the neuroinflammatory response by genotype. The response of the *APOE* genotypes to oAβ, while qualitatively similar to LPS, are aproximately ½ when expressed as TNFα leves (% *APOE3* VC) (compare Figs 5–7).

3





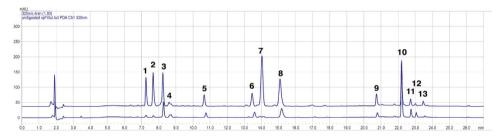


Figure 3. Identification of extractable constituents of *A. thaliana* mutant *xpf3* extract, pre- and post-treatment with liver microsomes. HPLC traces of the constituent chemicals from *xpf3* extracts pre and post-liver microsome (LM) treatment yielded component peaks (numbered 1–13). The upper trace is analysis for post-LM extract, the lower trace represents undigested (pre-LM) extract.

**APOE-genotype** modulates oAβ-induced neuroinflammation with *xpf3-induced* TNF $\alpha$  reduction significant with *APOE4*. As described, cultures were pre-treated with LM-digested wt or *xpf3* plant extracts at two dilutions (1:100  $\approx$  150 µg/ml and 1:1000  $\approx$  15 µg/ml), or LPS-RS (10 µg/ml), and inflammation induced by oAβ (10µM). Similar to LPS, TNF $\alpha$  levels in the media, were, overall, significantly higher in *APOE4* cultures compared to *APOE3* and *APOE2* cultures (Fig. 8). Within all 3 genotypes, LPS-RS, wt (1:100) and *xpf3* (1:100) were lower than the VC. It is interesting that LPS-RS blocked oAβ-induced TNF $\alpha$  secretion in all the *APOE* cultures as LPS-RS is a TLR4 antagonist, sugesting that oAβ-induced neuroinflammation is mediated by this receptor pathway. Only in the *APOE4* cultures were wt (1:1000) and *xpf3* (1:1000) significantly lower than VC and, importantly, *xpf3* (1:100) was significantly lower than wt (1:100). As for the dose response graphs (Figs 5 and 7), the response of the *APOE* genotypes to oAβ, while qualitatively similar to LPS, are aproximately ½ when comparing TNF $\alpha$  levels (pg/ml) (compare Figs 6–8).

## Discussion

The studies described herein were designed to test the potential of plant-based materials for the prevention of chronic inflammation as the A. thaliana plant extracts were added to the cultures prior to the treatment with LPS or  $oA\beta$ . Flavonoids can play critical roles in reducing negative effects of oxidative stress in plant cells, but also act as potential anti-inflammatories for human use<sup>84–87</sup>. A. thaliana is a genetic model with an established phenylpropanoid synthesis pathway that can be manipulated, and developed for specific chemical applications. Herein, we identified A. thaliana mutants, and extractable compounds that may be useful for anti-inflammatory

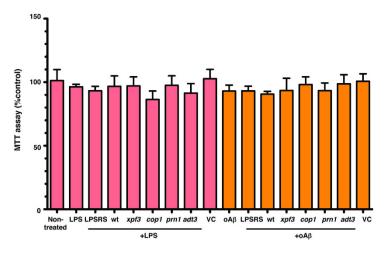


Figure 4. MTT assay indicates no significant cell death with LPS or oA $\beta$  treatment + /-, plant extracts at a 1:100 dose. The MTT assay, specifically an assay of mitochondrial function, was performed on mixed glial cultures from APOE4-TR mice, the most vulnerable genotype, treated with LM-treated plant extracts (1:100, 150  $\mu$ g/ml) and an inflammatory stimuli (LPS or oA $\beta$ ), demonstrates no significant cell death. Data expressed as % control for LPS or oA $\beta$ , n = 3 in duplicate for each experiment, expressed as means  $\pm$  SEM.

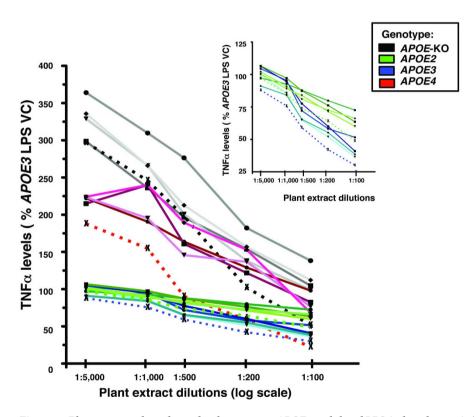


Figure 5. Plant extracts dose-dependently attenuate *APOE*-modulated LPS-induced neuroinflammation (*APOE*-KO > *APOE3*  $\geq$  *APOE3*). LPS-induced TNF $\alpha$  secretion from mixed glial cultures from *APOE*-TR or *APOE*-KO mice treated with dilutions (log scale: 1:100 to 1:5000) of plant extracts (*xpf3*, *prn1*, *cop1*, *adt3* and wt). Plant mutant *xpf3* dotted line ( $\times$ ), *adt3* solid line ( $\bullet$ ), wt solid line ( $\bullet$ ), *cop1* solid line ( $\bullet$ ), and *prn1* as solid line ( $\bullet$ ). TNF $\alpha$  secretion was measured as modulated by *APOE* (*APOE*-KO > *APOE4* > *APOE3*  $\geq$  *APOE2*). LPS (100 ng/ml) was added 1 h after addition of plant extracts, and TNF $\alpha$  levels in the media measured after 16 h by ELISA. Data are expressed as %LPS vehicle control (VC) for *APOE3*; values are an average of triplicates from a single experiment. Inset: enlargement of *APOE2* and *APOE3* cultures.

studies in human cells. It is clear that upon intake, the polyphenols absorbed in the gut, are extensively modified<sup>88</sup>. The bioavailability of polyphenols differ greatly among various compounds (reviewed in ref. 89). Several *in vivo* and clinical studies have demonstrated that plant polyphenols penetrate the blood-brain barrier in substantial

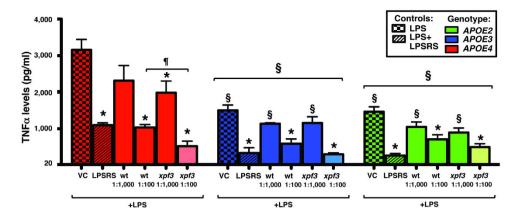


Figure 6. *APOE-genotype* modulates LPS-induced neuroinflammation with *xpf3-induced* TNF $\alpha$  reduction significant with *APOE4*. LPS (100 ng/ml)-induced TNF $\alpha$  secretion from mixed glial cultures from *APOE2*-, *APOE3*- or *APOE4*-TR mice treated with wt or *xpf3* plant extracts at two dilutions (1:100 and 1:1000), or LPS from *Rhodobacter sphaeroides* (LPS-RS), a natural TLR4 antagonist used as a positive control. LPS was added 1 h after addition of plant extracts, and TNF $\alpha$  levels in the media measured after 16 h by ELISA. Data expressed as TNF $\alpha$  levels (pg/ml); n = 4 in triplicate for each experiment, expressed as means  $\pm$  SEM. Entire genotype effect measured via one-way ANOVA with Tukey's post-hoc test. Differences within treatment group or within genotype measured via two-way ANOVA with Bonferroni post-hoc test. *p* < 0.05 denoted by: \*vs. VC within genotype, § vs. *APOE4* and ¶vs. wt (1:100).

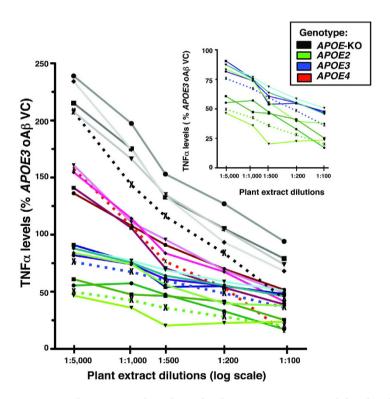


Figure 7. Plant extracts dose-dependently attenuate *APOE*-modulated oAβ-induced neuroinflammation (*APOE*-KO > *APOE4* > *APOE3* ≥ *APOE2*). oAβ (10 μM)-induced TNF $\alpha$  secretion from mixed glial cultures from *APOE*-TR or *APOE*-KO mice treated with dilutions (log scale: 1:100 to 1:5000) of plant extracts (*xpf3*, *prn1*, *cop1*, *adt3* and wt) demonstrate a dose dependent decrease in TNF $\alpha$  secretion modulated by *APOE* (*APOE*-KO > *APOE4* > *APOE3* ≥ *APOE2*). Plant mutant *xpf3* dotted line (×), *adt3* solid line (•), wt solid line (■), *cop1* solid line (▼), and *prn1* as solid line (◆). oAβ was added 1 h after addition of plant extracts, and TNF $\alpha$  levels in the media measured after 16 h by ELISA. Data are expressed as % oAβ VC for *APOE3*; values are an average of triplicates from a single experiment. **Inset**: enlargement of *APOE2* and *APOE3* cultures.

amounts following oral administration<sup>90</sup>. In the current *in vitro* study, plant extracts were treated with LM to obtain metabolites potentially active *in vivo*. LM contains enzymes like cytochrome P450s (CYP) that metabolize the plant extracts via hydroxylation and oxidative methylation<sup>91–93</sup>. Hence, the metabolic activation by LM mimic

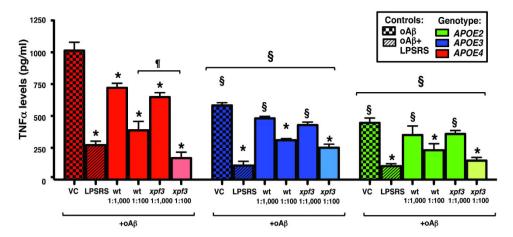


Figure 8. APOE-genotype modulates oAβ-induced neuroinflammation with xpf3-induced TNF $\alpha$  reduction significant with APOE4. oAβ ( $10\,\mu$ M)-induced TNF $\alpha$  secretion from the mixed glial cultures from APOE2-, APOE3- or APOE4-TR with wt or xpf3 plant extracts at two dilutions (1:100 and 1:1000), or LPS-RS. oAβ was added 1 h after addition of plant extracts, and TNF $\alpha$  levels in the media measured after 16 h by ELISA. Data expressed as TNF $\alpha$  levels (pg/ml); n = 4 in triplicate for each experiment, expressed as means  $\pm$  SEM. Entire genotype effect measured via one-way ANOVA with Tukey's post-hoc test. Differences within treatment group or within genotype measured via two-way ANOVA with Bonferroni post-hoc test. p < 0.05 denoted by: \*vs. VC within genotype, §vs. APOE4 and ¶vs. wt (1:100).

aspects of physiological ingestion and metabolism, and produce metabolites that may survive *in vivo*. This is important as some compounds lose their activity post-liver processing and metabolism, while others may assume an active form.

These data provide evidence that enhancing the anti-inflammatory properties of A. thaliana via polyphenols and associated molecules have potential as dietary supplements as part of a therapeutic approach to neurodegenerative disorders<sup>1,2</sup>. Furthermore, incorporating analogous mutations into consumable plants could benefit patients at a higher risk for AD. Acylation of several phenylpropanoids is typically seen in plant metabolism, dependent upon environmental cues<sup>94,95</sup>, and produces many compounds of potential importance to medicine, which may have been promoted by our growth methods in young seedlings to promote a stress-resistant (survive UV-C) chemotype. Chemicals like 1,2 di-O-sinapoyl-β-glucose and sinapoyl malate, known for UV-inducible responses%, were enhanced and accumulated in the seedling tissue under our methods, particularly in xpf3 mutants. As well, the N,N'-di-sinapoyl spermidine, while a minority chemical in an already potent flavonoid-based extract, was elevated post LM treatment in specifically xpf3. Thus, the chemical analysis correlates with the function of the mutants, as mutant xpf3 had the greatest anti-inflammatory effect, while adt3 was the negative control with impaired polyphenol production. N,N'-di-sinapoyl spermidine is a hydroxycinnamic acid conjugated to a polyamine, referred to as hydroxycinnamic acid amide (HCAA), accumulates in A. thaliana seed<sup>97</sup>. HCAA have been implicated in oxidative stress defence in plants and utilized as a potential antioxidant, chemotherapeutic agent, and in a cardiovascular disease model98. This type of chemical is anti-inflammatory in human monocytes (clovamide) and mouse microglia (clovamide derivate)<sup>99,100</sup>, and neuroprotective in vitro<sup>101</sup>, suggesting a potential to reduce chronic inflammatory responses. PRN1 specifically cleaves quercetin and it is possible that while prn1 mutants accumulate more phenylpropanoids, this increase may only be in very specific quercetin(s) according to the PCA and biological data<sup>11</sup>. It is currently unknown how changes in polyphenol ratios can influence inflammation, but individivual peaks are being investigated.

An important and fundamental question regarding apoE is whether the presence of apoE4 causes a loss of positive function or a gain of toxic function. For development of future therapeutics, it is critical to understand whether apoE4 represents loss of positive function or gain of toxic function. If apoE4 is a gain of toxic function, then apoE4 will induce a detrimental response compared to a lack of apoE, experimentally defined as a functional improvement in APOE-KO mice compared to APOE-TR mice. If apoE4 is a loss of positive function, the prediction is a neutral or improved response in APOE-TR mice compared to APOE-KO mice. Thus, a comparison between apoE4 and apoE3 for a given function is not sufficient to determine if apoE4 is worse vs. not as effective compared to apoE3. The necessary three-way comparison is APOE-KO vs. APOE4 vs. APOE3. In this culture model, both LPS and oA $\beta$  induce neuroinflammation that is APOE-modulated, with TNF $\alpha$  secretion: APOE-KO > APOE4 > APOE3 > APOE3 suggesting that APOE4 confers a loss of positive function. This is consistent with previous studies of both LPS and oA $\beta$ -induced nueroinflammation *in vivo*<sup>55</sup> and *in vitro* data<sup>18</sup>.

The effect of the apoE isoforms on activation of glial cells can vary based on the cellular composition of the culture model. *In vitro* data from astrocytes demonstrate that LPS-induced secretion of proinflammatory cytokines including TNF $\alpha$ , IL1 $\beta$  and IL6 is *APOE*-modulated, with the levels of the cytokines higher in *APOE2*, compared to *APOE3* and *APOE4*<sup>102</sup>. In contrast, levels of proinflammatory cytokines from LPS-induced microglial cultures are higher in *APOE4* cultures, compared to *APOE3* and *APOE2*<sup>103</sup>. Mixed glial cultures serve as a physiologically relevant model as it includes the individual activation of the microglia and astrocytes, as well as

the paracrine-like signaling between these two major immune cells in the brain. Indeed, studies in mixed glial cultures demonstrate that LPS-induced neuroinflammation is APOE-modulated (reviewed in ref. 56), with levels of proinflammatory markers (TNF $\alpha$ , IL1 $\beta$ , NO, IL6, etc.) higher in APOE4 than  $APOE3^{18,78-81}$ . In addition, mixed glial cultures from APOE-KO mice showed higher LPS-induced NO production compared to glial cells from APOE3-TR mice<sup>104</sup>. Importantly, in microglia/neuron co-cultures, LPS-induced loss of synaptic protein follows the order: APOE4 > APOE3 > APOE2, recapitulated in hippocampal slice cultures<sup>56</sup>.

One pathway through which APOE4 may modulate neuroinflammatory pathways is via TLR4-dependent signaling. Indeed, our published data in APOE/FAD-Tg mice demonstrate that microgliosis and astrogliosis are greater with APOE4 compared to  $APOE3^{105}$ . In addition, inflammatory mediators, as a result of TLR4 activation, are increased with APOE4 compared to  $APOE3^{18}$ . Complementing these *in vivo* findings, our *in vitro* data reveal that stimulation of TLR4 in mixed glial cultures with LPS or  $oA\beta$  induces a similar neuroinflammatory response, as characterized by secretion of TNF-oA, an effect more pronounced with APOE4 than  $APOE3^{18}$ . Importantly, both LPS- and  $oA\beta$ -induced responses are inhibited by LPS-RS. Recent *in vitro* data also demonstrate potent TLR4 antagonism of  $oA\beta$ -induced responses using the synthetic small molecule IAXO (Innaxon), developed at the University of Milano-Bicocca, and shown to inhibit innate or auto-inflammatory processes oAB-induced responses oAB-induced responses oAB-induced responses using the synthetic small molecule IAXO (Innaxon), developed at the

These data can be used to further understand how to potentiate polyphenols in seedlings, and aid in the quest to develop plant-based materials suitable to prevent chronic inflammation. Furthermore, by studying the further actions of the phytochemicals, it may be possible to identify their targets and understand how they may exert their actions, as has been done for individual flavonoid chemicals *in vitro*<sup>109</sup>. Importantly, nutraceuticals are an inexpensive and effective option that could be potentially used to prevent neuroinflammation, hence delaying the onset of AD, specifically for *APOE4*-carriers, who are at a higher risk of both AD and non-AD *APOE4*-associated neuroinflammatory processes, including recovery from head injury, cerebral haemorrhage, stroke and cerebral artery amyloidosis.

# **Conclusions**

We developed a protocol for growth and extraction of high-yielding polyphenols from A. thaliana mutant seedlings. An in vitro screen using a human apoE-relevant primary glial cell model demonstrated that mutant xpf3 (150  $\mu$ g/ml) has the highest anti-inflammatory effect, as measured by TNF $\alpha$  lelevs in the media, compared to wt (150  $\mu$ g/ml). Analysis of the ethanol extractable mutant-seedling chemicals indicated that xpf3 possessed the highest polyphenol content per tissue mass, and had a specific polyphenol profile. In addition, the findings demonstrate that APOE4 imparts a loss of positive function, compared to APOE-KO. Furthermore,  $\alpha$  induced an inflammatory response, similar to LPS, that was attenuated by LPS-RS, suggesting this response was via the TLR4 pathway. Together, this study demonstrated the use of extracts from mutant  $\alpha$ . thaliana grown to maximize the polyphenol content as a model to identify plant targets that optimize the preventative strategy for AD patients, particularly for those at high risk for AD from the  $\alpha$ 10 from the  $\alpha$ 11 lele.

#### Methods

**Chemicals.** All chemicals for plant material growth and extract preparation, unless otherwise noted, were obtained from Sigma (St. Louis, MO). A $\beta$ 42 was purchased from California Peptide (now Echelon Biosciences, Salt lake city, UT; Cat. No. 641–15).

**Plant accessions.** Seeds of wt Columbia (Col) *A. thaliana*, and Col mutants carrying a T-DNA insertion within the coding region *PIRIN 1 (PRN1*; At3g59220, SALK\_006963), *EXCISION REPAIR ENDONUCLEASE HOMOLOGUE 3 (XPF3*; At5g41150, (SALK\_096156), *Constitutive Photomorphogenic1 (COP1*; At2g32950, SALK\_022133), *AROGENATE DEHYDRATASE\_3 (ADT3*, AT2G27820; SALK\_029949) were obtained from the A. thaliana Thaliana Biological Resource Center (Columbus, OH)<sup>110</sup>. The mutant lines are homozygous null for the reported insertions. Plants intended for seed stocks were grown as described<sup>11</sup>. For this study, three mutants of *A. thaliana (xpf3, prn1* and *cop1*) were selected based on UV-C survival (indicating polyphenol production). *adt3* was used as a negative control (produces low levels of phenylpropanoids<sup>12</sup>.

**Plant growth conditions for experiments.** Seeds of *A. thaliana* wt or T-DNA insertion mutants were prepared, sown, and grown (seedlings are 6–7d) on 0.5 X Murashige and Skoog media 0.8% agarose phytatrays, then sealed in black Plexiglas boxes as described<sup>11</sup>. Cold-vernalized phytatrays were then moved to continuous darkness (Dc) at 20 °C for 6d<sup>11</sup>. Dc seed sets were exposed to two sublethal UV treatments of 254 nm for 3 minutes (min), 315 nm (4 min) (radiation sources described in ref. 73), with 1 min between treatments, then phytatrays returned to darkness for 12 h. Sets of live seedlings were harvested immedately after irradiations for oxidative stress studies (see oxidative stress assays), or quick frozen in liquid nitrogen for extraction. For seedling survival assays (sublethal UV-B dose and lethal UV-C dose), seedlings were treated with 254 nm as described in<sup>11</sup>, and survival was determined by those seedlings remaining standing and growing 24 h post-treatment, as described<sup>73</sup>. Those seedlings that "lodged" or fell over on the plate are characterized by major damage to the cells of the shoot and cotyledons and by 24 h and later, do not continue growing<sup>73</sup>.

**Oxidative stress assays.** 6d-old seedlings received UV treatments (described above) or control (no UV treatment). Following the treatment, live seedlings were immediately harvested into a solution of the cell-permeable fluorescent probe CellRox Deep Red<sup>TM</sup>, with the ROS (Life Technologies) reagent dissolved as directed into anhydrous DMSO, for 30 min incubation under rotation (50 rpm/min rotation) in darkness. Plant material was washed with PBS for 3 mins (four times) at room temperature then mounted without fixation for microscopy. The fluorescent signal from CellRox Deep Red was detected by CY5 LED (see Microscopy), and both DAPI and FITC Ex/Em data were collected for phenylpropanoid flourescence.

**Microscopy.** Seedlings were viewed on a Zeiss Observer.Z1 (ApoTome 2) deconvoluting microscope. Images were collected with XCite 120 LED/Lumen Dynamics filter sets (CY5, DAPI, FITC) managed by Zen pro software (2012). Images were collected at the same exposure (control and experimental samples). At least 20 seedlings were viewed per experimental replicate. In post-processing software, fluorescence intensity was measured from at least 10 cells per cotyledon of a representative 5 imaged.

**Plant materials extraction.** Aerial portions ground in liquid nitrogen were weighed, and extracted with 95% aqueous ethanol by sonication (20 ml of solvent per gram of plant material, performed twice, 2 h each treatment). After filtration, the filtrate was evaporated to remove solvent using a rotavapor under reduced vacuum, then freeze-dried. The extract was then resuspended in sterile DMSO at a constant concentration (150 mg/ml) across the plant mutant samples.

**Mixed glial cultures.** Primary glial cultures (~95% astrocytes, 5% microglia) were prepared from the cerebral cortex of 1–2d old neonatal *APOE*-TR mice or *APOE*-KO mice as described<sup>18,75</sup>. Briefly, cells from *APOE2*-TR, *APOE3*-TR, *APOE4*-TR or *APOE*-KO mice were harvested and on day *in vitro* (DIV) 10–12, when the cells were confluent, they were trypsinized and plated into two 175-cm<sup>2</sup> tissue culture flasks (passaged). On DIV 17–19, the secondary glial cells were plated into 24-well plates for treatment, as described below.

**Liver microsomal treatment.** The plant extracts from *A. thaliana* mutants were digested using mouse LM (Gibco, Life Technologies, Grand Island, New York) to mimic mouse ingestion, as described <sup>111</sup>. Briefly, an 'NADPH generating system' was established to provide the NADPH required by the P450 enzymes in the LM. The 200  $\mu$ l reaction mixture (10  $\mu$ l LM, 20  $\mu$ l plant extract (1:1), 1.2  $\mu$ l MgCl<sub>2</sub> (1 M), 6.6  $\mu$ l NADP (10 mM), 6.4  $\mu$ l glucose-6-phosphate (250 mM), 4.0  $\mu$ l glucose-6-phosphate dehydrogenase enzyme (500 U/ml) in 152  $\mu$ l HEPES buffer) was incubated at 37 °C for 30 min, followed by incubation on ice for 30 min to stop the reaction, and then centrifuged (2800 rpm, 10 min, 4 °C). The supernatant consisting of the plant extract metabolites (1:10, 15 mg/ml) potentially active *in vivo* were used for the *in vitro* treatments/screen. DMSO diluted in HEPES buffer was treated with LM, and the supernatant used as LM-vehicle control (LM-VC). The LM-VC was also used as the dilutent for the plant extract dilutions.

**HPLC and Mass Spectrometry (MS).** Ten replicates of each mutant and wt were assessed by absorbance spectrum and by HPLC for prominent peaks (before LM treatment), to evaluate reproducibility of independently grown wt and mutant samples. Data were based on the HPLC chromatogram under UV at 320 nm. Average values from 10 batches of each plant genotype were reviewed to identify peaks. Further analysis was done by MS/MS2, particularly for *xpf3*, the most effective mutant at higher dilution. *xpf3* samples before and after LM treatment were analyzed by HPLC-DAD-MS. Post-LM treatment, plant extracts were evaluated by MS. A new peak identified in *xpf3* samples was further evaluated by LC-MS/MS². A Shimadzu UFLC system coupled with a LCMS-2020 detector, and an HPLC column (Agilent  $C_{18}$  column,  $3 \times 150$  mm,  $2.7 \,\mu$ m) were used for all HPLC-DAD-MS analyses. Acetonitrile (A) and 0.1% formic acid in water (B) were used for mobile phase and run under the gradient program as follows. The concentration of A was kept at 5% for the first min, increased to 15% for the second min, 20% for the following 13 min, 40% for 7 min and finally to increased to 100% over 5 min (then maintained a further 8 min). Flow rate, detection wavelength, and column oven temperature were set at 0.4 mL/min, 320 nm, and 27 °C, respectively. The LC-MS/MS² analyses were performed on a Shimadzu LCMS-IT-TOF Mass Spectrometry.

**LPS and oA** $\beta$  **treatment.** Secondary glial cells were seeded into 24-well tissue culture plates at a density of  $1.44 \times 10^6$  cells per plate. After 24 h, cells were washed with PBS to remove serum, and incubated in serum-free  $\alpha$ -MEM media for an additional 24 h prior to treatment. The LM-digested plant extracts (xpf3, prn1, cop1, adt3 and wt) or LM-VC were added to the glial cultures at the indicated dilutions, ranging from 1:100 (150 µg/ml) to 1:5000 (3 µg/ml). After 1 h, LPS (100 ng/ml, Sigma Aldrich) or oligomeric preps of A $\beta$ 42 (10 µM), prepared as described<sup>112</sup>, were added to the glial cultures to induce inflammation. LPS-RS (LPS from *Rhodobacter sphaeroides*,  $10 \mu g/ml$ , Invivogen), a commercially available TLR4 antagonist<sup>113</sup>, was used as a positive control. After 16 h of incubation, conditioned media from the 24-well plates was removed, flash frozen and stored at -80 °C. TNF $\alpha$  levels in the media were measured using a mouse TNF $\alpha$  ELISA (Invitrogen), following the manufacturer's protocol. The TNF $\alpha$  levels are expressed as %LPS VC, or oA $\beta$  VC of each APOE genotype relative to the APOE3 VC.

MTT Assay. The MTT assay, a measure of cell viability that specifically measures mtichondrial function, was performed on mixed glial cultures isolated from APOE4-TR mice, the most vulnerable APOE genotype. Cultures were treated with LM-digested plant extracts (1:100, 150  $\mu$ g/ml) and an inflammatory stimuli (LPS or oA $\beta$ ). Manufacturers protocol was followed for the assay (Catalog No CT02, EMD Millipore, Massachusetts). Briefly, the conditioned media from mixed glial cultures was removed and 0.2 ml of the MTT solution (10% MTT in serum free media) was added to the cells. After 4h incubation at 37 C, the media was gently removed and 0.5 ml isopropanol was added to each well. The absorbance was measured at 570 nm. The absorbance values are expressed as % of non-treated cells (% control) for LPS or oA $\beta$ .

**Statistical analysis.** Statistical significance was determined using GraphPad Prism version 5 for Macintosh. For microscopy data of Fig. 1, Graphpad was used for fluorescence measurement values, using two-tailed t-test with Welch's correction. For Fig. 4, the MTT assay was performed in duplicate, n = 3 independently replicated experiments. For Figs 5 and 7, the experiments were performed in duplicate to obtain dose curves for LPS- and oA $\beta$ -induced inflammation using the five plant extracts (xpf3, prn1, cop1, adt3 and wt), at five dilutions (log scale:

1:5000, 1:1000, 1:500, 1:200 and 1:100), for each *APOE* genotype (*APOE2*, *APOE3*, *APOE4* and *APOE*-KO). For Figs 6 and 8, data are presented as mean  $\pm$  SEM; experiments were performed in triplicate, n = 3–4 independently replicated experiments (described in Fig. Legends). Entire genotype effect measured via one-way ANOVA with Tukey's post-hoc test. Differences within treatment group or within genotype measured via two-way ANOVA with Bonferroni post-hoc test. p < 0.05 denoted by: \*vs. VC within genotype, §vs. *APOE4* and ¶vs. wt (1:100).

#### References

- Manach, C., Williamson, G., Morand, C., Scalbert, A. & Remesy, C. Bioavailability and bioefficacy of polyphenols in humans. I. Review of 97 bioavailability studies. Am J Clin Nutr 81, 230S-242S (2005).
- Spencer, J. P., Vafeiadou, K., Williams, R. J. & Vauzour, D. Neuroinflammation: modulation by flavonoids and mechanisms of action. Mol Aspects Med 33, 83–97, doi: 10.1016/j.mam.2011.10.016 (2012).
- Choi, D. K., Koppula, S. & Suk, K. Inhibitors of microglial neurotoxicity: focus on natural products. Molecules 16, 1021–1043, doi: 10.3390/molecules16021021 (2011).
- Keddy, P. G. et al. Neuroprotective and anti-inflammatory effects of the flavonoid-enriched fraction AF4 in a mouse model of hypoxic-ischemic brain injury. PLoS One 7, e51324, doi: 10.1371/journal.pone.0051324 (2012).
- 5. Zhang, F. et al. Resveratrol protects cortical neurons against microglia-mediated neuroinflammation. Phytother Res 27, 344–349, doi: 10.1002/ptr 4734 (2013)
- Barberger-Gateau, P. et al. Dietary patterns and risk of dementia: the Three-City cohort study. Neurology 69, 1921–1930, doi: 10.1212/01.wnl.0000278116.37320.52 (2007).
- 7. Dai, Q., Borenstein, A. R., Wu, Y., Jackson, J. C. & Larson, E. B. Fruit and vegetable juices and Alzheimer's disease: the Kame Project. Am J Med 119, 751–759, doi: 10.1016/j.amjmed.2006.03.045 (2006).
- 8. Nurk, E. et al. Intake of flavonoid-rich wine, tea, and chocolate by elderly men and women is associated with better cognitive test performance. J Nutr 139, 120–127, doi: 10.3945/jn.108.095182 (2009).
- 9. Habauzit, V. & Morand, C. Evidence for a protective effect of polyphenols-containing foods on cardiovascular health: an update for clinicians. *Ther Adv Chronic Dis* 3, 87–106, doi: 10.1177/2040622311430006 (2012).
- Braidy, N. et al. Resveratrol as a Potential Therapeutic Candidate for the Treatment and Management of Alzheimer's Disease. Curr Top Med Chem 16, 1951–1960 (2016).
- Orozco-Nunnelly, D. A. et al. Pirin1 (PRN1) is a multifunctional protein that regulates quercetin, and impacts specific light and UV responses in the seed-to-seedling transition of Arabidopsis thaliana. PLoS One 9, e93371, doi: 10.1371/journal.pone.0093371 (2014)
- Warpeha, K. M. et al. G-protein-coupled receptor 1, G-protein Galpha-subunit 1, and prephenate dehydratase 1 are required for blue light-induced production of phenylalanine in etiolated Arabidopsis. Plant Physiol 140, 844–855, doi: 10.1104/pp.105.071282 (2006).
- Kubasek, W. L. et al. Regulation of Flavonoid Biosynthetic Genes in Germinating Arabidopsis Seedlings. Plant Cell 4, 1229–1236, doi: 10.1105/tpc.4.10.1229 (1992).
- 14. Perl, D. P. Neuropathology of Alzheimer's disease. Mt Sinai J Med 77, 32-42, doi: 10.1002/msj.20157 (2010).
- 15. Hayden, E. Y. & Teplow, D. B. Amyloid beta-protein oligomers and Alzheimer's disease. *Alzheimers Res Ther* 5, 60, doi: 10.1186/alzrt226 (2013).
- White, J. A., Manelli, A. M., Holmberg, K. H., Van Eldik, L. J. & LaDu, M. J. Differential effects of oligomeric and fibrillar amyloid-beta1-42 on astrocyte-mediated inflammation. Neurobiol Dis 18, 459-465 (2005).
- 17. Bachstetter, A. D. *et al.* Microglial p38alpha MAPK is a key regulator of proinflammatory cytokine up-regulation induced by toll-like receptor (TLR) ligands or beta-amyloid (Abeta). *J Neuroinflammation* **8,** 79, doi: 10.1186/1742-2094-8-79 (2011).
- 18. Tai, L. M. et al. APOE-modulated Abeta-induced neuroinflammation in Alzheimer's disease: current landscape, novel data and future perspective. J Neurochem, doi: 10.1111/jnc.13072 (2015).
- Wyss-Coray, T. & Rogers, J. Inflammation in Alzheimer disease-a brief review of the basic science and clinical literature. Cold Spring Harb Perspect Med 2, a006346, doi: 10.1101/cshperspect.a006346 (2012).
- McGeer, P. L. & McGeer, E. G. The amyloid cascade-inflammatory hypothesis of Alzheimer disease: implications for therapy. Acta Neuropathol 126, 479–497, doi: 10.1007/s00401-013-1177-7 (2013).
- Nuzzo, D. et al. Inflammatory mediators as biomarkers in brain disorders. Inflammation 37, 639–648, doi: 10.1007/s10753-013-9780-2 (2014).
- Sardi, F. et al. Alzheimer's disease, autoimmunity and inflammation. The good, the bad and the ugly. Autoimmun Rev 11, 149–153, doi: 10.1016/j.autrev.2011.09.005 (2011).
- 23. Meraz-Rios, M. A., Toral-Rios, D., Franco-Bocanegra, D., Villeda-Hernandez, J. & Campos-Pena, V. Inflammatory process in Alzheimer's Disease. Front Integr Neurosci 7, 59, doi: 10.3389/fnint.2013.00059 (2013).
- Medeiros, R. & LaFerla, F. M. Astrocytes: conductors of the Alzheimer disease neuroinflammatory symphony. Exp Neurol 239, 133–138, doi: 10.1016/j.expneurol.2012.10.007 (2013).
- Rubio-Perez, J. M. & Morillas-Ruiz, J. M. A review: inflammatory process in Alzheimer's disease, role of cytokines. Scientific World Journal 2012, 756357, doi: 10.1100/2012/756357 (2012).
- Ferrett, M. T. & Cuello, A. C. Does a pro-inflammatory process precede Alzheimer's disease and mild cognitive impairment? Curr Alzheimer Res 8, 164–174 (2011).
- 27. Wilcock, D. M. & Griffin, W. S. Down's syndrome, neuroinflammation, and Alzheimer neuropathogenesis. *J Neuroinflammation* 10, 84, doi: 10.1186/1742-2094-10-84 (2013).
- 28. Obulesu, M. & Rao, D. M. Effect of plant extracts on Alzheimer's disease: An insight into therapeutic avenues. *J Neurosci Rural Pract* 2, 56–61, doi: 10.4103/0976-3147.80102 (2011).
- Bhandari, P. R. A comment on effect of plant extracts on Alzheimer's disease: An insight into therapeutic avenues. J Neurosci Rural Pract 4, 236–237, doi: 10.4103/0976-3147.112782 (2013).
- Pasinetti, G. M., Wang, J., Ho, L., Zhao, W. & Dubner, L. Roles of resveratrol and other grape-derived polyphenols in Alzheimer's disease prevention and treatment. *Biochim Biophys Acta* 1852, 1202–1208, doi: 10.1016/j.bbadis.2014.10.006 (2015).
- 31. Li, S. Y., Wang, X. B. & Kong, L. Y. Design, synthesis and biological evaluation of imine resveratrol derivatives as multi-targeted agents against Alzheimer's disease. *Eur J Med Chem* 71, 36–45, doi: 10.1016/j.ejmech.2013.10.068 (2014).
- 32. Bastianetto, S., Menard, C. & Quirion, R. Neuroprotective action of resveratrol. *Biochim Biophys Acta* 1852, 1195–1201, doi: 10.1016/j.bbadis.2014.09.011 (2015).
- 33. Lee, W. H. *et al.* Curcumin and its derivatives: their application in neuropharmacology and neuroscience in the 21st century. *Curr Neuropharmacol* 11, 338–378, doi: 10.2174/1570159X11311040002 (2013).
- 34. Kim, M. H., Kim, S. H. & Yang, W. M. Mechanisms of action of phytochemicals from medicinal herbs in the treatment of Alzheimer's disease. *Planta Med* 80, 1249–1258, doi: 10.1055/s-0034-1383038 (2014).
- 35. Apetz, N., Munch, G., Govindaraghavan, S. & Gyengesi, E. Natural compounds and plant extracts as therapeutics against chronic inflammation in Alzheimer's disease–a translational perspective. CNS Neurol Disord Drug Targets 13, 1175–1191 (2014).

- Malar, D. S. & Devi, K. P. Dietary polyphenols for treatment of Alzheimer's disease--future research and development. Curr Pharm Biotechnol 15, 330–342 (2014).
- 37. Spencer, J. P., Vauzour, D. & Rendeiro, C. Flavonoids and cognition: the molecular mechanisms underlying their behavioural effects. *Arch Biochem Biophys* **492**, 1–9, doi: 10.1016/j.abb.2009.10.003 (2009).
- 38. Spencer, J. P. Flavonoids: modulators of brain function? *Br J Nutr* **99 E** Suppl 1, ES60-77, doi: 10.1017/S0007114508965776 (2008).
- Vauzour, D., Vafeiadou, K., Rodriguez-Mateos, A., Rendeiro, C. & Spencer, J. P. The neuroprotective potential of flavonoids: a multiplicity of effects. *Genes Nutr* 3, 115–126, doi: 10.1007/s12263-008-0091-4 (2008).
- Vauzour, D. Dietary polyphenols as modulators of brain functions: biological actions and molecular mechanisms underpinning their beneficial effects. Oxid Med Cell Longev 2012, 914273, doi: 10.1155/2012/914273 (2012).
- 41. Letenneur, L., Proust-Lima, C., Le Gouge, A., Dartigues, J. F. & Barberger-Gateau, P. Flavonoid intake and cognitive decline over a 10-year period. *Am J Epidemiol* 165, 1364–1371, doi: 10.1093/aje/kwm036 (2007).
- 42. Commenges, D. et al. Intake of flavonoids and risk of dementia. Eur J Epidemiol 16, 357-363 (2000).
- 43. Li, Q. et al. Long-term green tea catechin administration prevents spatial learning and memory impairment in senescence-accelerated mouse prone-8 mice by decreasing Abeta1-42 oligomers and upregulating synaptic plasticity-related proteins in the hippocampus. Neuroscience 163, 741–749, doi: 10.1016/j.neuroscience.2009.07.014 (2009).
- Rezai-Zadeh, K. et al. Green tea epigallocatechin-3-gallate (EGCG) reduces beta-amyloid mediated cognitive impairment and modulates tau pathology in Alzheimer transgenic mice. Brain Res 1214, 177–187, doi: 10.1016/j.brainres.2008.02.107 (2008).
- Joseph, J. A. et al. Blueberry supplementation enhances signaling and prevents behavioral deficits in an Alzheimer disease model. Nutr Neurosci 6, 153–162, doi: 10.1080/1028415031000111282 (2003).
- Li, R., Huang, Y. G., Fang, D. & Le, W. D. (–)-Epigallocatechin gallate inhibits lipopolysaccharide-induced microglial activation and protects against inflammation-mediated dopaminergic neuronal injury. J Neurosci Res 78, 723–731, doi: 10.1002/jnr.20315 (2004).
- 47. Lee, H. *et al.* Flavonoid wogonin from medicinal herb is neuroprotective by inhibiting inflammatory activation of microglia. *FASEB J* 17, 1943–1944, doi: 10.1096/fj.03-0057fje (2003).
- 48. Lau, F. C., Shukitt-Hale, B. & Joseph, J. A. Nutritional intervention in brain aging: reducing the effects of inflammation and oxidative stress. *Subcell Biochem* 42, 299–318 (2007).
- 49. Lau, F. C., Bielinski, D. F. & Joseph, J. A. Inhibitory effects of blueberry extract on the production of inflammatory mediators in lipopolysaccharide-activated BV2 microglia. *J Neurosci Res* 85, 1010–1017, doi: 10.1002/jnr.21205 (2007).
- 50. Vafeiadou, K. et al. The citrus flavanone naringenin inhibits inflammatory signalling in glial cells and protects against neuroinflammatory injury. Arch Biochem Biophys 484, 100–109, doi: 10.1016/j.abb.2009.01.016 (2009).
- 51. Chen, J. C. et al. Inhibition of iNOS gene expression by quercetin is mediated by the inhibition of IkappaB kinase, nuclear factor-kappa B and STAT1, and depends on heme oxygenase-1 induction in mouse BV-2 microglia. Eur J Pharmacol 521, 9–20, doi: 10.1016/j.ejphar.2005.08.005 (2005).
- Corder, E. H. et al. Gene dose of apolipoprotein E type 4 allele and the risk of Alzheimer's disease in late onset families. Science 261, 921–923 (1993).
- 53. Ward, A. et al. Prevalence of apolipoprotein E4 genotype and homozygotes (APOE e4/4) among patients diagnosed with Alzheimer's disease: a systematic review and meta-analysis. Neuroepidemiology 38, 1–17, doi: 10.1159/000334607 (2012).
- 54. Verghese, P. B., Castellano, J. M. & Holtzman, D. M. Apolipoprotein E in Alzheimer's disease and other neurological disorders. *Lancet Neurol* 10, 241–252, doi: S1474-4422(10)70325-2 [pii]10.1016/S1474-4422(10)70325-2 (2011).
- 55. Zhu, Y. et al. APOE genotype alters glial activation and loss of synaptic markers in mice. Glia 60, 559–569, doi: 10.1002/glia.22289
- Keene, C. D., Cudaback, E., Li, X., Montine, K. S. & Montine, T. J. Apolipoprotein E isoforms and regulation of the innate immune response in brain of patients with Alzheimer's disease. Curr Opin Neurobiol 21, 920-928, doi: 10.1016/j. conb.2011.08.002 (2011).
- 57. Farlow, M. R. *et al.* Treatment outcome of tacrine therapy depends on apolipoprotein genotype and gender of the subjects with Alzheimer's disease. *Neurology* **50**, 669–677 (1998).
- 58. Risner, M. E. et al. Efficacy of rosiglitazone in a genetically defined population with mild-to-moderate Alzheimer's disease. The pharmacogenomics journal 6, 246–254 (2006).
- 59. Sperling, R. et al. Amyloid-related imaging abnormalities in patients with Alzheimer's disease treated with bapineuzumab: a retrospective analysis. *Lancet Neurol* 11, 241–249, doi: 10.1016/S1474-4422(12)70015-7 (2012).
- 60. Qiu, W. Q. et al. Angiotensin converting enzyme inhibitors and the reduced risk of Alzheimer's disease in the absence of apolipoprotein E4 allele. J Alzheimers Dis 37, 421–428, doi: 10.3233/JAD-130716 (2013).
- 61. Imbimbo, B. P., Solfrizzi, V. & Panza, F. Are NSAIDs useful to treat Alzheimer's disease or mild cognitive impairment? Front Aging Neurosci 2, doi: 10.3389/fnagi.2010.00019 (2010).
- 62. Gorelick, P. B. Role of inflammation in cognitive impairment: results of observational epidemiological studies and clinical trials. Ann NY Acad Sci 1207, 155–162, doi: 10.1111/j.1749-6632.2010.05726.x (2010).
- 63. Heneka, M. T. *et al.* Neuroinflammation in Alzheimer's disease. *Lancet Neurol* **14**, 388–405, doi: 10.1016/S1474-4422(15)70016-5 (2015).
- 64. Martin, B. K., Meinert, C. L. & Breitner, J. C. Double placebo design in a prevention trial for Alzheimer's disease. *Control Clin Trials* 23, 93–99 (2002).
- 65. Meinert, C. L., McCaffrey, L. D. & Breitner, J. C. Alzheimer's Disease Anti-inflammatory Prevention Trial: design, methods, and baseline results. Alzheimers Dement 5, 93–104, doi: 10.1016/j.jalz.2008.09.004 (2009).
- Lyketsos, C. G. et al. Naproxen and celecoxib do not prevent AD in early results from a randomized controlled trial. Neurology 68, 1800–1808, doi: 10.1212/01.wnl.0000260269.93245.d2 (2007).
- 67. Martin, B. K. *et al.* Cognitive function over time in the Alzheimer's Disease Anti-inflammatory Prevention Trial (ADAPT): results of a randomized, controlled trial of naproxen and celecoxib. *Arch Neurol* **65**, 896–905, doi: 10.1001/archneur.2008.65.7.nct70006
- Drye, L. T. & Zandi, P. P. Role of APOE and Age at Enrollment in the Alzheimer's Disease Anti-Inflammatory Prevention Trial (ADAPT). Dement Geriatr Cogn Dis Extra 2, 304–311, doi: 10.1159/000341783000341783 (2012).
- Leoutsakos, J. M., Muthen, B. O., Breitner, J. C. & Lyketsos, C. G. Effects of non-steroidal anti-inflammatory drug treatments on cognitive decline vary by phase of pre-clinical Alzheimer disease: findings from the randomized controlled Alzheimer's Disease Anti-inflammatory Prevention Trial. Int J Geriatr Psychiatry 27, 364–374, doi: 10.1002/gps.2723 (2012).
- 70. Breitner, J. C. et al. Extended results of the Alzheimer's disease anti-inflammatory prevention trial. Alzheimers Dement 7, 402–411, doi: 10.1016/j.jalz.2010.12.014 (2011).
- 71. ADAPT-FS-Research-Group. Follow-up evaluation of cognitive function in the randomized Alzheimer's Disease Anti-inflammatory Prevention Trial and its Follow-up Study. *Alzheimers Dement*, doi: 10.1016/j.jalz.2014.03.009 (2014).
- 72. ADAPT-Research-Group. Results of a follow-up study to the randomized Alzheimer's Disease Anti-inflammatory Prevention Trial (ADAPT). Alzheimers Dement 9, 714–723, doi: 10.1016/j.jalz.2012.11.012 (2013).
- 73. Warpeha, K. M. *et al.* Adequate phenylalanine synthesis mediated by G protein is critical for protection from UV radiation damage in young etiolated Arabidopsis thaliana seedlings. *Plant Cell Environ* **31**, 1756–1770, doi: 10.1111/j.1365-3040.2008.01878.x (2008).

- 74. Manelli, A. M., Bulfinch, L. C., Sullivan, P. M. & LaDu, M. J. Abeta42 neurotoxicity in primary co-cultures: effect of apoE isoform and Abeta conformation. *Neurobiol Aging* 28, 1139–1147, doi: 10.1016/j.neurobiolaging.2006.05.024 (2007).
- 75. Nwabuisi-Heath, E., Rebeck, G. W., Ladu, M. J. & Yu, C. ApoE4 delays dendritic spine formation during neuron development and accelerates loss of mature spines *in vitro*. ASN Neuro 6, e00134, doi: 10.1042/AN20130043 (2014).
- 76. Nwabuisi-Heath, E., LaDu, M. J. & Yu, C. Simultaneous analysis of dendritic spine density, morphology and excitatory glutamate receptors during neuron maturation *in vitro* by quantitative immunocytochemistry. *J Neurosci Methods* **207**, 137–147, doi: 10.1016/j.jneumeth.2012.04.003 (2012).
- 77. Manelli, A. M., Stine, W. B., Van Eldik, L. J. & LaDu, M. J. ApoE and Abeta1-42 interactions: effects of isoform and conformation on structure and function. *J Mol Neurosci* 23, 235–246 (2004).
- 78. Guo, L., LaDu, M. J. & Van Eldik, L. J. A dual role for apolipoprotein e in neuroinflammation: anti- and pro-inflammatory activity. J Mol Neurosci 23, 205–212 (2004).
- 79. LaDu, M. J. *et al.* Apolipoprotein E and apolipoprotein E receptors modulate A beta-induced glial neuroinflammatory responses. *Neurochem Int* **39**, 427–434 (2001).
- 80. LaDu, M. J. et al. Apolipoprotein E receptors mediate the effects of beta -amyloid on astrocyte cultures. J Biol Chem 275, 33974-33980 (2000).
- 81. Fagan, A. M. et al. Unique lipoproteins secreted by primary astrocytes from wild type, apoE (-/-), and human apoE transgenic mice. J Biol Chem 274, 30001–30007 (1999).
- Hu, J., LaDu, M. J. & Van Eldik, L. J. Apolipoprotein E attenuates beta-amyloid-induced astrocyte activation. J. Neurochem. 71, 1626–1634 (1998).
- 83. LaDu, M. J. et al. Nascent astrocyte particles differ from lipoproteins in CSF. J Neurochem 70, 2070-2081 (1998).
- 84. Halliwell, B. Free radicals, antioxidants, and human disease: curiosity, cause, or consequence? Lancet 344, 721-724 (1994).
- 85. Fraga, C. G., Martino, V. S., Ferraro, G. E., Coussio, J. D. & Boveris, A. Flavonoids as antioxidants evaluated by *in vitro* and *in situ* liver chemiluminescence. *Biochem Pharmacol* 36, 717–720 (1987).
- Ratty, A. K. & Das, N. P. Effects of flavonoids on nonenzymatic lipid peroxidation: structure-activity relationship. Biochem Med Metab Biol 39, 69–79 (1988).
- 87. Brunetti, C., Di Ferdinando, M., Fini, A., Pollastri, S. & Tattini, M. Flavonoids as antioxidants and developmental regulators: relative significance in plants and humans. *Int J Mol Sci* 14, 3540–3555, doi: 10.3390/ijms14023540 (2013).
- 88. Porrini, M. & Riso, P. Factors influencing the bioavailability of antioxidants in foods: a critical appraisal. *Nutr Metab Cardiovasc Dis* 18, 647–650. doi: 10.1016/j.numecd.2008.08.004 (2008).
- D'Archivio, M., Filesi, C., Vari, R., Scazzocchio, B. & Masella, R. Bioavailability of the polyphenols: status and controversies. Int J Mol Sci 11, 1321–1342, doi: 10.3390/ijms11041321 (2010).
- 90. Pandareesh, M. D., Mythri, R. B. & Śrinivas Bharath, M. M. Bioavailability of dietary polyphenols: Factors contributing to their clinical application in CNS diseases. *Neurochem Int* 89, 198–208, doi: 10.1016/j.neuint.2015.07.003 (2015).
- 91. Walle, U. K. & Walle, T. Bioavailable flavonoids: cytochrome P450-mediated metabolism of methoxyflavones. *Drug Metab Dispos* 35, 1985–1989, doi: 10.1124/dmd.107.016782 (2007).
- 92. Hu, M. et al. Identification of CYP1A2 as the main isoform for the phase I hydroxylated metabolism of genistein and a prodrug converting enzyme of methylated isoflavones. Drug Metab Dispos 31, 924–931, doi: 10.1124/dmd.31.7.924 (2003).
- 93. Silva, I. D. et al. Involvement of rat cytochrome 1A1 in the biotransformation of kaempferol to quercetin: relevance to the genotoxicity of kaempferol. *Mutagenesis* 12, 383–390 (1997).
- 94. Mittasch, J., Bottcher, C., Frolov, A., Strack, D. & Milkowski, C. Reprogramming the phenylpropanoid metabolism in seeds of oilseed rape by suppressing the orthologs of reduced epidermal fluorescence1. *Plant Physiol* 161, 1656–1669, doi: 10.1104/pp.113.215491 (2013).
- 95. Stehle, F., Brandt, W., Stubbs, M. T., Milkowski, C. & Strack, D. Sinapoyltransferases in the light of molecular evolution. *Phytochemistry* **70**, 1652–1662, doi: 10.1016/j.phytochem.2009.07.023 (2009).
- 96. Landry, L. G., Chapple, C. C. & Last, R. L. Arabidopsis mutants lacking phenolic sunscreens exhibit enhanced ultraviolet-B injury and oxidative damage. *Plant Physiol* 109, 1159–1166 (1995).
- 97. Luo, J. et al. A novel polyamine acyltransferase responsible for the accumulation of spermidine conjugates in Arabidopsis seed. Plant Cell 21, 318–333, doi: 10.1105/tpc.108.063511 (2009).
- 98. Park, J. B. & Schoene, N. Clovamide-type phenylpropenoic acid amides, N-coumaroyldopamine and N-caffeoyldopamine, inhibit platelet-leukocyte interactions via suppressing P-selectin expression. *J Pharmacol Exp Ther* **317**, 813–819, doi: 10.1124/jpet.105.097337 (2006).
- 99. Lim, H. W. et al. Anti-neuroinflammatory effects of DPTP, a novel synthetic clovamide derivative in in vitro and in vivo model of neuroinflammation. Brain Res Bull 112, 25–34, doi: 10.1016/j.brainresbull.2015.01.004 (2015).
- 100. Zeng, H. et al. Anti-inflammatory properties of clovamide and Theobroma cacao phenolic extracts in human monocytes: evaluation of respiratory burst, cytokine release, NF-kappaB activation, and PPARgamma modulation. J Agric Food Chem 59, 5342–5350, doi: 10.1021/jf2005386 (2011).
- 101. Fallarini, S. et al. Clovamide and rosmarinic acid induce neuroprotective effects in in vitro models of neuronal death. Br J Pharmacol 157, 1072–1084, doi: 10.1111/j.1476-5381.2009.00213.x (2009).
- 102. Maezawa, I., Maeda, N., Montine, T. J. & Montine, K. S. Apolipoprotein E-specific innate immune response in astrocytes from targeted replacement mice. *J Neuroinflammation* 3, 10 (2006).
- 103. Maezawa, I., Nivison, M., Montine, K. S., Maeda, N. & Montine, T. J. Neurotoxicity from innate immune response is greatest with targeted replacement of E4 allele of apolipoprotein E gene and is mediated by microglial p38MAPK. Faseb J 20, 797–799 (2006).
- 104. Laskowitz, D. T. *et al.* Endogenous apolipoprotein E suppresses LPS-stimulated microglial nitric oxide production. *Neuroreport* **9**, 615–618 (1998).
- 105. Rodriguez, G. A., Tai, L. M. & LaDu, M. J. & Rebeck, G. W. Human APOE4 increases microglia reactivity at Abeta plaques in a mouse model of Abeta deposition. J Neuroinflammation 11, 111, doi: 10.1186/1742-2094-11-111 (2014).
- 106. Piazza, M. et al. The cationic amphiphile 3,4-bis(tetradecyloxy)benzylamine inhibits LPS signaling by competing with endotoxin for CD14 binding. Biochem Pharmacol 80, 2050–2056, doi: 10.1016/j.bcp.2010.06.019 (2010).
- 107. Drenos, F. & Kirkwood, T. B. Selection on alleles affecting human longevity and late-life disease: the example of apolipoprotein E. *PLoS One* **5**, e10022, doi: 10.1371/journal.pone.0010022 (2010).
- 108. Suri, S., Heise, V., Trachtenberg, A. J. & Mackay, C. E. The forgotten APOE allele: a review of the evidence and suggested mechanisms for the protective effect of APOE varepsilon2. *Neurosci Biobehav Rev* 37, 2878–2886, doi: 10.1016/j. neubiorev.2013.10.010 (2013).
- 109. Arango, D. et al. Molecular basis for the action of a dietary flavonoid revealed by the comprehensive identification of apigenin human targets. *Proc Natl Acad Sci USA* **110**, E2153–2162, doi: 10.1073/pnas.1303726110 (2013).
- 110. Alonso, J. M. et al. Genome-wide insertional mutagenesis of Arabidopsis thaliana. Science 301, 653-657, doi: 10.1126/science.1086391 (2003).
- 111. Koga, N. et al. In vitro metabolism of nobiletin, a polymethoxy-flavonoid, by human liver microsomes and cytochrome P450. *Xenobiotica* 41, 927–933, doi: 10.3109/00498254.2011.593208 (2011).

- 112. Stine, W. B. Jr., Dahlgren, K. N., Krafft, G. K. & LaDu, M. J. *In vitro* characterization of conditions for amyloid-beta peptide oligomerization and fibrillogenesis. *J Biol Chem* 278, 11612–11622 (2003).
- 113. Coats, S. R., Pham, T. T., Bainbridge, B. W., Reife, R. A. & Darveau, R. P. MD-2 mediates the ability of tetra-acylated and penta-acylated lipopolysaccharides to antagonize Escherichia coli lipopolysaccharide at the TLR4 signaling complex. *J Immunol* 175, 4490–4498 (2005).

# Acknowledgements

The authors wish to acknowledge sources of funding: NIH/NIA P01AG03012801 (MJL), R21AG048498 (MJL), R21AG051233-01 (MJL), R21AG044682 (MJL), OVCR Ignite award: 200250/387005 (MJL, KW, CTC). The authors acknowledge Danielle Orozco-Nunnelly, Carlos Montero, Benjamin Okkema, Anita Chawla, and Wasif Khalid for excellent technical assistance, and Dr. Gary Gardener, University of Minnesota, for plant extract discussion. The authors also thank Dr. Ana Valencia, University of Illinois at Chicago and Dr. Anne-Marie Minihane, University of East Anglia for their invaluable input and suggestions.

# **Author Contributions**

This study was a collaboration between three labs (PIs: M.J.L., K.M.W., C.-T.C.), M.J.L., L.T., K.M.W. and C.-T.C. planned the study and all the experiments. K.M.W. grew the plant seedlings and provided the raw plant extracts. The extracts were further processed and analized by M.Z. and C.-T.C., who performed chemical analysis on the extracts by HPLC, NMR and MS. M.J.L., L.T. and S.G. developed the protocol for liver microsome treatment, prepared the primary cells and performed the bioassays. M.J.L., L.T., S.G. and N.C. performed data anlyses on the data from the bioassays. M.J.L., L.T., K.M.W. and S.G. were responsible for the manuscript preparation and preparation of the figures.

### **Additional Information**

**Competing financial interests:** The authors declare no competing financial interests.

**How to cite this article**: Ghura, S. *et al. Arabidopsis thaliana* extracts optimized for polyphenols production as potential therapeutics for the *APOE*-modulated neuroinflammation characteristic of Alzheimer's disease *in vitro*. *Sci. Rep.* **6**, 29364; doi: 10.1038/srep29364 (2016).

This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder to reproduce the material. To view a copy of this license, visit http://creativecommons.org/licenses/by/4.0/