

# SCIENTIFIC REPORTS



OPEN

## Mammalian metabolic rates in the hottest fish on earth

Chris M. Wood<sup>1,2,3,4</sup>, Kevin V. Brix<sup>1,2,3,5</sup>, Gudrun De Boeck<sup>1,6</sup>, Harold L. Bergman<sup>1,7</sup>, Adalberto Bianchini<sup>1,8</sup>, Lucas F. Bianchini<sup>1,8</sup>, John N. Maina<sup>1,9</sup>, Ora E. Johannsson<sup>1,3</sup>, Geraldine D. Kavembe<sup>1,10</sup>, Michael B. Papah<sup>1,11</sup>, Kisipan M. Letura<sup>1,12</sup> & Rodi O. Ojoo<sup>1</sup>

Received: 24 March 2016

Accepted: 09 May 2016

Published: 03 June 2016

The Magadi tilapia, *Alcolapia grahami*, a small cichlid fish of Lake Magadi, Kenya lives in one of the most challenging aquatic environments on earth, characterized by very high alkalinity, unusual water chemistry, and extreme O<sub>2</sub>, ROS, and temperature regimes. In contrast to most fishes which live at temperatures substantially lower than the 36–40 °C of mammals and birds, an isolated population (South West Hot Springs, SWHS) of Magadi tilapia thrives in fast-flowing hot springs with daytime highs of 43 °C and night-time lows of 32 °C. Another population (Fish Springs Lagoon, FSL) lives in a lagoon with fairly stable daily temperatures (33–36 °C). The upper critical temperatures (Ct<sub>max</sub>) of both populations are very high; moreover the SWHS tilapia exhibit the highest Ct<sub>max</sub> (45.6 °C) ever recorded for a fish. Routine rates of O<sub>2</sub> consumption (MO<sub>2</sub>) measured on site, together with MO<sub>2</sub> and swimming performance at 25, 32, and 39 °C in the laboratory, showed that the SWHS tilapia exhibited the greatest metabolic performance ever recorded in a fish. These rates were in the basal range of a small mammal of comparable size, and were all far higher than in the FSL fish. The SWHS tilapia represents a bellwether organism for global warming.

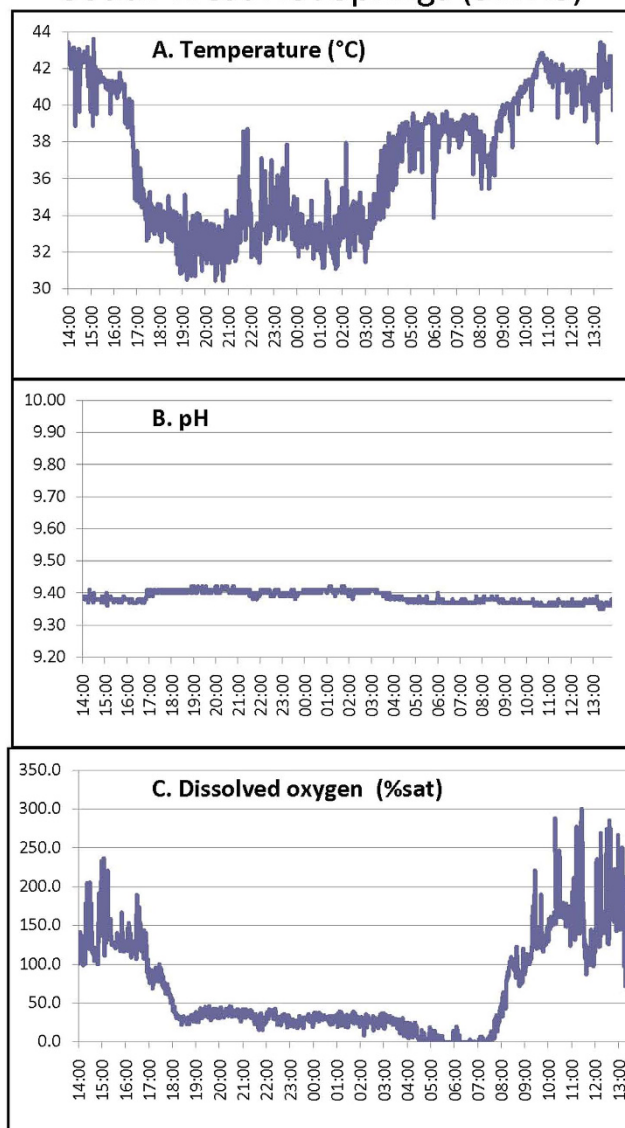
The Magadi tilapia, *Alcolapia grahami*, thrives in one of the most extreme environments on earth, characterized by high pH (up to 10.0), extreme alkalinity (>300 mmol L<sup>-1</sup>), high temperature (>40 °C), high levels of reactive O<sub>2</sub> species (>8 μmol L<sup>-1</sup>), unusual water chemistry with salinity close to 60‰ seawater, and large daily fluctuations in O<sub>2</sub> levels (severe hypoxia to hyperoxia)<sup>1–4</sup>. Two isolated populations were first described by Coe<sup>1</sup>, one living in fast-flowing hot springs (South West Hot Springs, SWHS), the other in a cooler man-made lagoon (Fish Springs Lagoon, FSL) where the water is virtually static, contained by a retaining wall built by a local industry. Physical barriers between the sites are severe<sup>1,5</sup>, but the amount of gene flow between the two populations remains controversial<sup>5–7</sup>.

Virtually all previous physiological research has been performed on the FSL fish due to their ease of capture and proximity to the town of Magadi. It is clear that they have very unusual physiology<sup>2–4,8–12</sup>. Perhaps the most notable physiological adaptation is 100% ureotelism; this is the only known teleost fish which excretes entirely urea and no ammonia<sup>8,9</sup>. Furthermore, routine metabolic rate is high<sup>10,12,13</sup>, and about 50% of it appears to be spent on acid-base regulation<sup>11</sup>. However, the two populations exhibit clear morphological differences, with the SWHS fish appearing more streamlined and having a much higher mass-specific gill area than the FSL fish<sup>14</sup>. Little else is known about the SWHS fish, apart from the facts that they are also ureotelic<sup>5</sup> and have very high mitochondrial respiration rates<sup>15</sup>.

In the present study, we further characterized the two habitats, and compared the temperature tolerance and metabolic performance of the two populations. Based on the very high daily temperature and more energetically-challenging environment of the SWHS fish, and the limited physiological and anatomical

<sup>1</sup>Department of Veterinary Anatomy and Physiology, University of Nairobi, Nairobi, Kenya. <sup>2</sup>Department of Biology, McMaster University, Hamilton, ON, Canada L8S 4K1. <sup>3</sup>Department of Zoology, University of British Columbia, Vancouver, B.C., Canada V6T 1Z4. <sup>4</sup>Rosenstiel School of Marine and Atmospheric Sciences, University of Miami, Florida 33149, USA. <sup>5</sup>EcoTox, 2263 SW 37th Ave., #816, Miami, Florida 33145, USA. <sup>6</sup>SPHERE, Department of Biology, University of Antwerp, B-2020 Antwerp, Belgium. <sup>7</sup>Department of Zoology and Physiology, University of Wyoming, Laramie, Wyoming 82071, USA. <sup>8</sup>Instituto de Ciências Biológicas, Universidade Federal do Rio Grande, 96203-900, Rio Grande, RS, Brazil. <sup>9</sup>Department of Zoology, University of Johannesburg, Johannesburg 2006, South Africa. <sup>10</sup>School of Dryland Agriculture Science and Technology, South Eastern Kenya University, 90200, Kitui, Kenya. <sup>11</sup>Department of Animal and Food Sciences, University of Delaware, Newark, Delaware 19716, USA. <sup>12</sup>Kisipan M. Letura, Department of Veterinary Anatomy and Physiology, Egerton University, 20115, Njoro, Kenya. Correspondence and requests for materials should be addressed to C.M.W. (email: woodcm@zoology.ubc.ca)

## South West Hot Springs (SWHS)



**Figure 1.** Continuous 24-h record of (A) water temperature, (B) pH, and (C) dissolved O<sub>2</sub> (% saturation) at the SWHS site on Aug. 5, 2013.

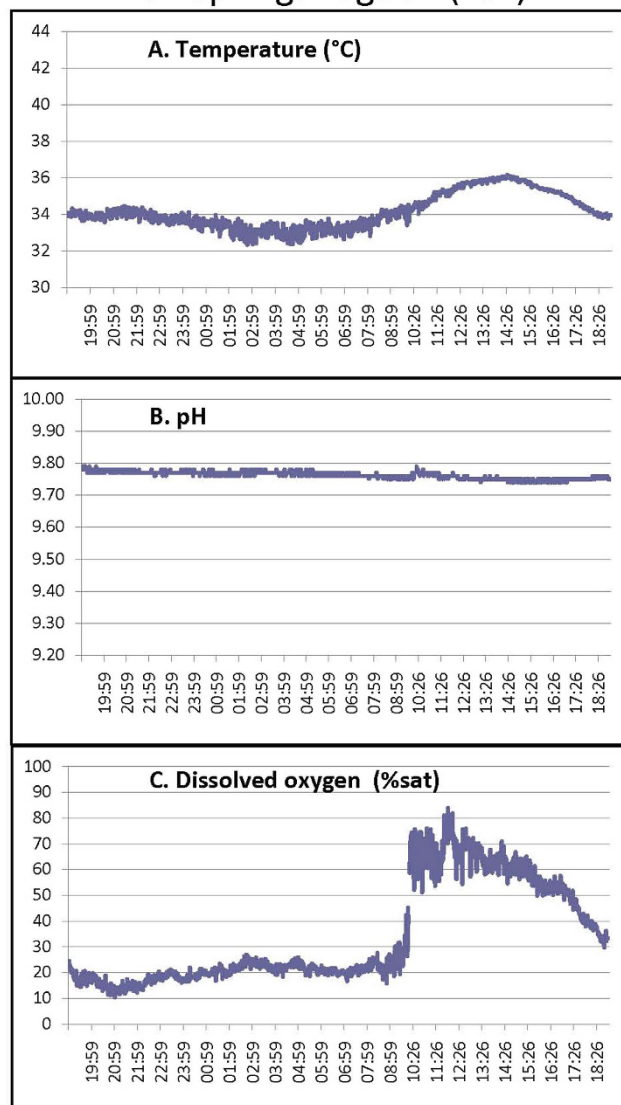
knowledge summarized above, we hypothesized that both temperature tolerance and metabolic performance of the former would be exceptional. Indeed the current data show that both upper critical temperature and aerobic metabolic capacity of the SWHS tilapia surpass those of any other teleost fish.

## Results and Discussion

**Habitat Characteristics.** We characterized the diurnal temperature, dissolved O<sub>2</sub>, and pH profiles at the two sites (FSL, Aug. 1; SWHS, Aug. 5, 2013) in the coolest month of the year, taking care to place the probe in locations where the fish were present at mid-day. At the SWHS site where the very shallow (<12 cm), fast-flowing water is under direct sunlight, temperature varied dramatically over the day from 43 °C at 14:00 to 32 °C during the night (Fig. 1). Additionally, we routinely observed fish moving through thermal spring plumes at 43.7–44.2 °C, though not staying there. Fish were never observed in a 44.8 °C plume. Dissolved O<sub>2</sub> varied from super-saturation during daylight hours to hypoxia during the night and anoxia at dawn, whereas water pH was stable at ~9.40. At FSL, where the current is negligible and the water is deeper (~1 m) but again under direct sunlight, conditions were much more constant with diurnal temperature variations of 33–36 °C, dissolved O<sub>2</sub> variations of 30–80% saturation, and stable pH ~9.75 (Fig. 2). Other aspects of water chemistry were also very different at the two sites, with much higher ions, osmolality, total CO<sub>2</sub>, and titratable alkalinity at SWHS (Table 1), yet lower pH, in accord with a previous report<sup>5</sup>. Far more avian predators were also seen at SWHS.

**Critical Temperatures.** Field Ct<sub>max</sub>, measured at lakeside using a standardized protocol<sup>16</sup> in SWHS fish freshly caught from water at 40–41 °C, was 45.6 ± 0.1 °C (N = 8), the highest ever recorded for a fish (Table 2).

## Fish Springs Lagoon (FSL)



**Figure 2.** Continuous 24-h record of (A) water temperature, (B) pH, and (C) dissolved O<sub>2</sub> (% saturation) at the FSL site on Aug. 1, 2013.

	FSL	SWHS
pH	~9.75	~9.40
Titrateable Alkinity (to pH 4.0, mmol L <sup>-1</sup> )	230	378
Total CO <sub>2</sub> (mmol L <sup>-1</sup> )	165	282
Na <sup>+</sup> (mmol L <sup>-1</sup> )	392	674
Cl <sup>-</sup> (mmol L <sup>-1</sup> )	125	190
K <sup>+</sup> (mmol L <sup>-1</sup> )	2.7	4.3
Ca <sup>2+</sup> (mmol L <sup>-1</sup> )	0.10	0.05
Mg <sup>2+</sup> (mmol L <sup>-1</sup> )	0.002	0.001
Osmolality (mosm kg <sup>-1</sup> )	513	880

**Table 1.** Measured water chemistry at Fish Springs Lagoon (FSL) and South West Hot Springs (SWHS) in August 2013.

FSL fish were also very temperature tolerant: the comparable field Ct<sub>max</sub> for FSL fish caught from 33 °C water was 43.6 ± 0.1 °C (N = 8). In both cases, field Ct<sub>min</sub> values were approximately 30 °C lower than Ct<sub>max</sub>. After

	Ct <sub>max</sub> (°C)	Ct <sub>min</sub> (°C)
SWHS Magadi tilapia field <sup>a</sup>	45.6 ± 0.1	17.6 ± 0.4
SWHS Magadi tilapia lab <sup>b</sup>	43.7 ± 0.4	14.4 ± 0.1
FSL Magadi tilapia field <sup>a</sup>	43.6 ± 0.5	13.2 ± 0.3
FSL Magadi tilapia lab <sup>b</sup>	44.5 ± 0.0	12.4 ± 0.3
Sheepshead minnow lab <sup>c</sup>	45.1 ± 0.1	
Sheepshead minnow lab <sup>d</sup>	44.2 ± 0.1	11.3 ± 0.2
Yucatan pupfish lab <sup>e</sup>	45.3 ± 0.1	
Common killifish lab <sup>f</sup>	42.5 ± 0.2	9.6 ± 0.2

**Table 2. Maximum (Ct<sub>max</sub>) and minimum (Ct<sub>min</sub>) critical temperatures for loss of equilibrium in Magadi tilapia collected from South West Hot Springs (SWHS) or Fish Springs Lagoon (FSL).** Values are means ± 1SEM for all fish, with N = 8 for Magadi tilapia. Comparisons are made to other fish species which previously held the record for the world's most high temperature tolerant fish. <sup>a</sup>*Alcolapia grahami* Measurements made shortly after capture from 40–41 °C water for SWHS fish and from 33 °C water for FSL fish. <sup>b</sup>*Alcolapia grahami* Measurements made after the fish were held for 4 days at 33 °C in their respective waters in the laboratory. <sup>c</sup>*Cyprinodon variegatus variegatus* Measurements made in the laboratory after fish were held for 30 days with a daily 5 °C thermoperiod ranging from 37–42 °C<sup>27</sup>. <sup>d</sup>*Cyprinodon variegatus variegatus* Measurements made in the laboratory after fish were held for 30 days at 38 °C<sup>27</sup>. <sup>e</sup>*Cyprinodon artifrons* Measurements made in the laboratory after fish were held for 8 days with a daily 15 °C thermoperiod ranging from 26–41 °C<sup>28</sup>. <sup>f</sup>*Fundulus heteroclitus* Measurements were made in the laboratory after fish were held for 21 days at 34 °C<sup>29</sup>.

transportation to the laboratory and holding at 33 °C in their respective waters for 4 days, Ct<sub>max</sub> had dropped by 1.9 °C, and Ct<sub>min</sub> by 3.2 °C in SWHS fish, whereas these values were essentially unchanged in FSL fish.

**Routine Metabolism.** Routine MO<sub>2</sub>, measured in the laboratory at 25 °C, 32 °C, and 39 °C using Tusker chamber respirometers<sup>10</sup>, was significantly higher by 1.4–2.3 fold in the SWHS fish at all three temperatures (25 °C, 32 °C, and 39 °C) (Fig. 3A). Routine M<sub>Urea-N</sub>, measured simultaneously, was higher only at 25 °C and 32 °C (Fig. 3B). These laboratory MO<sub>2</sub> and M<sub>Urea-N</sub> values for FSL tilapia were in the same general range as for previous reports on “resting” FSL fish at comparable temperatures<sup>10–12</sup>. The much higher MO<sub>2</sub> values for SWHS fish were approximately double those predicted by meta-relationships with temperature for fish in general<sup>17</sup>. Routine metabolism increased to a greater extent with temperature (2 comparisons across 3 temperatures) in FSL fish [MO<sub>2</sub> Q10 = 2.78 (2), M<sub>Urea-N</sub> Q10 = 4.94 (2)] than in SWHS fish [MO<sub>2</sub> Q10 = 2.46 (2), M<sub>Urea-N</sub> Q10 = 2.97 (2)].

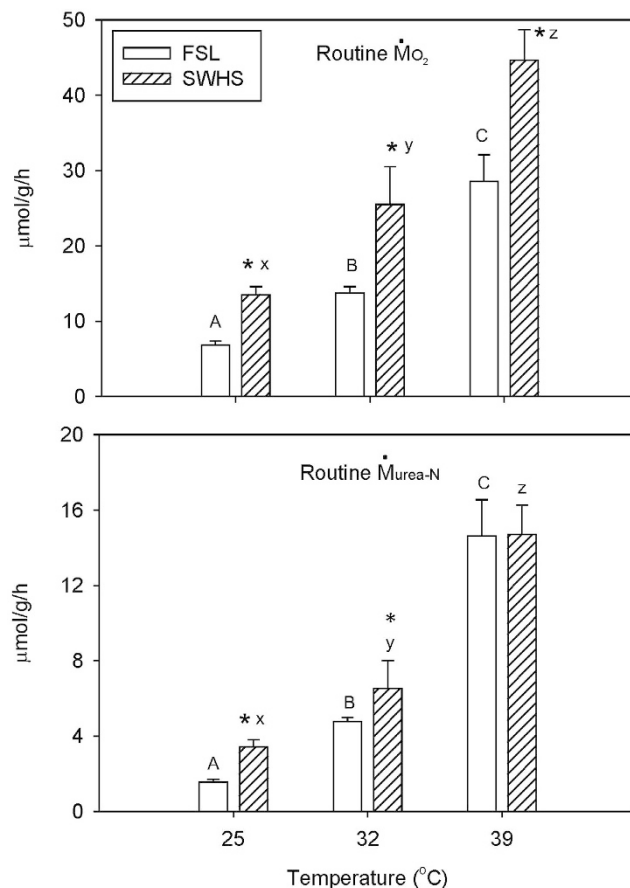
Routine MO<sub>2</sub> was also measured in the field on freshly caught fish using Tusker chambers immersed in the lake, to hold ambient temperature. Routine field MO<sub>2</sub> in SWHS fish was 87.7 ± 12.0 (15) μmol g<sup>-1</sup> h<sup>-1</sup> at a water temperature of 41 °C. These routine rates for SWHS fish in the field are truly exceptional; a similarly sized small mammal, the 6-g adult pygmy mouse (*Baiomys taylori*), has an identical routine metabolic rate (87.1 ± 9.8 μmol g<sup>-1</sup> h<sup>-1</sup>) at an air temperature of 30–33 °C (thermoneutral zone)<sup>18</sup>. Routine MO<sub>2</sub> in FSL fish in the field was 4-fold lower, 22.2 ± 1.5 (10) μmol g<sup>-1</sup> h<sup>-1</sup> at 33 °C. Routine M<sub>Urea-N</sub> in the field scaled in proportion: 21.5 ± 3.3 (15) μmol g<sup>-1</sup> h<sup>-1</sup> at 41 °C in SWHS fish versus 5.8 ± 0.6 (10) μmol g<sup>-1</sup> h<sup>-1</sup> at 33 °C in FSL fish.

**Swimming Performance and Metabolism.** Critical swimming speed<sup>19</sup> (U<sub>crit</sub>, 7.5–9.5 body lengths sec<sup>-1</sup>) in Blazka-style swim tunnels<sup>20</sup> was high and independent of temperature (25, 32, 39 °C) in the SWHS fish, but significantly lower at both 25 °C and 39 °C in FSL fish, collapsing to only about 2 body lengths sec<sup>-1</sup> at 39 °C (Fig. 4). In both populations MO<sub>2</sub> increased approximately linearly with swimming speed, but the rates associated with any swimming speed at any temperature were higher (by 1.1–2.5-fold) in the SWHS fish (Fig. 5). In contrast to MO<sub>2</sub>, M<sub>Urea-N</sub> did not increase with swimming speed in either population, though again rates were generally higher in SWHS fish (Supplementary Fig. S1). The lack of increase in M<sub>Urea-N</sub> with increased aerobic metabolic rate during swimming was seen previously in FSL tilapia after exhaustive exercise<sup>9</sup>; possible explanations include either a switch away from amino-acid based fuels and/or inhibition of urea synthesis to reduce costs during exercise.

Anecdotally, we noticed in both populations, that if an air bubble was provided in the swimming respirometer after exhaustion, the fish would continuously breathe air for up to 40 min, presumably to help satisfy the demands of excess post-exercise O<sub>2</sub> consumption.

Q10 values for MO<sub>2</sub> during swimming, calculated for individual speeds, averaged 2.00 ± 0.26 (8 comparisons across 3 temperatures) in SWHS fish indicating a continuing ability to increase metabolism with temperature in the face of exercise, whereas in FSL fish the mean Q10 value during swimming was only 1.35 ± 0.07 (6 comparisons across 3 temperatures), indicating limited capacity. Mean Q10 values for M<sub>Urea-N</sub> during swimming were 2.15 ± 0.53 (8) for SWHS and only 1.30 ± 0.21 (6) for FSL, indicating similar limitation. Notably these Q10 patterns contrasted with those for routine metabolism reported above which increased more quickly with temperature in FSL fish than in SWHS fish.

Values for MO<sub>2(min)</sub> (calculated rate of O<sub>2</sub> consumption at zero activity), MO<sub>2(max)</sub> (calculated rate of O<sub>2</sub> consumption at maximum sustainable swimming activity) and aerobic scope (the difference between these two values) (Fig. 6) illustrate the dramatic differences between the two populations, and the exceptional capacity of the SWHS fish. MO<sub>2(min)</sub>, MO<sub>2(max)</sub>, and aerobic scope values for FSL tilapia did not differ across temperatures (25, 32, 39 °C); factorial aerobic scope was approximately 3. The relatively high measured routine MO<sub>2</sub> at 39 °C (Fig. 3B)

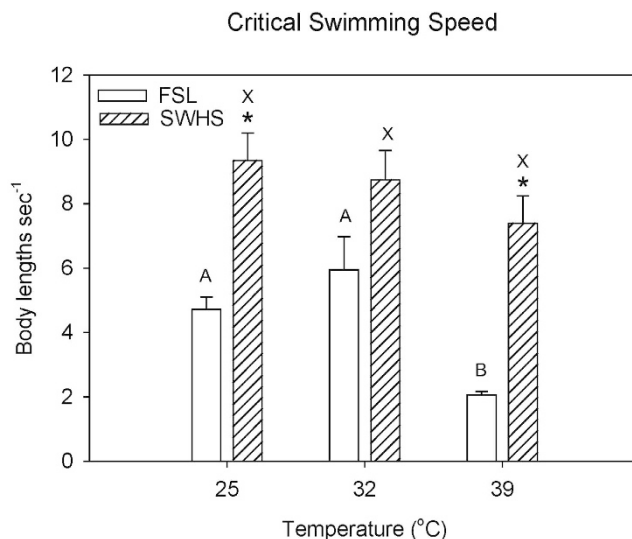


**Figure 3.** The influence of temperature on (A) routine  $\dot{M}O_2$  and (B) routine  $\dot{M}_{\text{urea-N}}$  in the laboratory in Magadi tilapia from SWHS and FSL. Means  $\pm$  1 SEM (N = 5–7). For (A) routine  $\dot{M}O_2$  the overall effects of both population and temperature (2-way ANOVA) are significant ( $P < 0.05$ ); interaction effects are not significant. For (B) routine  $\dot{M}_{\text{urea-N}}$ , the overall effects of both population and temperature (2-way ANOVA) are significant ( $P < 0.05$ ); interaction effects are not quite significant ( $P = 0.052$ ). Rates for FSL fish sharing the same letters are not significantly different ( $P > 0.05$ ). Rates for SWHS fish sharing the same letters are not significantly different ( $P > 0.05$ ). Asterisks indicate significant differences ( $P < 0.05$ ) between FSL and SWHS fish at the same temperature.

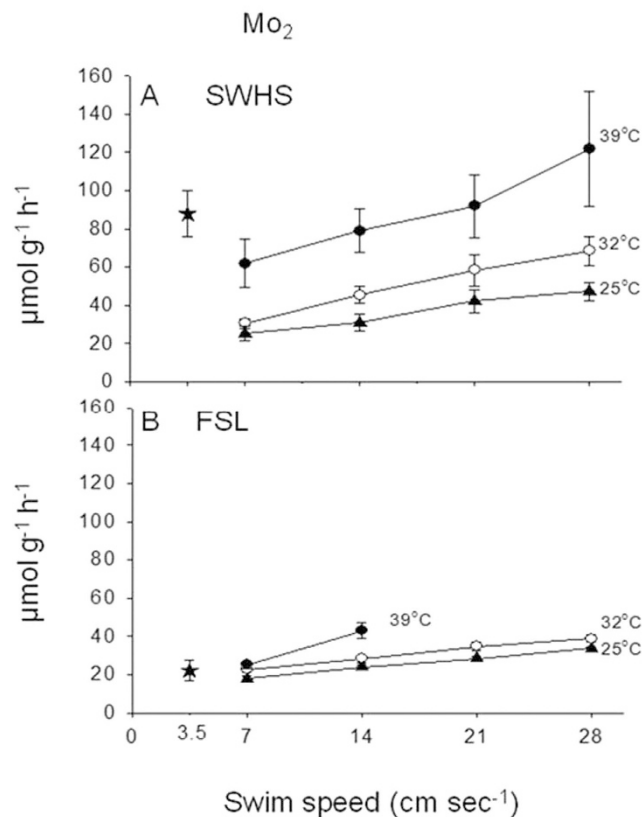
consumed much of the aerobic scope of the FSL fish, explaining their poor swimming performance at this temperature. In contrast  $\dot{M}O_{2(\text{max})}$ , and aerobic scope steadily increased with temperature in SWHS fish (Fig. 6), while routine  $\dot{M}O_2$  (Fig. 3B) remained close to  $\dot{M}O_{2(\text{min})}$ , accounting for only a small fraction of the aerobic scope at all temperatures. Interestingly,  $\dot{M}O_{2(\text{min})}$  only differed from the FSL values at 39°C, but  $\dot{M}O_{2(\text{max})}$ , and aerobic scope were significantly greater at all three temperatures. Factorial aerobic scope in SWHS tilapia was about 6 at 25°C and 32°C, falling to 4 at 39°C.

$\dot{M}O_{2(\text{max})}$  at 39°C in SWHS tilapia was  $175.4 \pm 34.6$  ( $6$ )  $\mu\text{mol g}^{-1} \text{h}^{-1}$ . It is impressive that this fish can sustain an  $\dot{M}O_{2(\text{max})}$  equal to about one-third of the  $\dot{M}O_{2(\text{max})}$  ( $507 \mu\text{mol g}^{-1} \text{h}^{-1}$ ) of the pygmy mouse<sup>18,21</sup>. We believe that these rates for SWHS tilapia are indicative of the greatest metabolic performance ever recorded in a fish of comparable size. The obvious comparison is with tunas, but there appear to be no published data for 3-g tunas, and they are not endothermic at this size. It is also doubtful whether even adult tuna ever reach body temperatures of 39°C. The smallest tuna studied appears to be a 24-g kawaka (*Euthynnus affinis*) which exhibited an  $\dot{M}O_{2(\text{max})}$  of about  $94 \mu\text{mol g}^{-1} \text{h}^{-1}$  at a Ucrit of about 4 body lengths  $\text{sec}^{-1}$  at 24°C<sup>22</sup>; application of a standard teleost allometric scaling coefficient<sup>17</sup> would raise this to  $145 \mu\text{mol g}^{-1} \text{h}^{-1}$  for a theoretical 3-g tuna. The previous record for highest  $\dot{M}O_{2(\text{max})}$  in a teleost appears to be  $164 \mu\text{mol g}^{-1} \text{h}^{-1}$  in 0.019-g larvae of the damselfish *Chromis tripteronalis* swimming at a Ucrit  $> 30$  body lengths  $\text{sec}^{-1}$  at 30°C<sup>23</sup>; this would scale to only  $57 \mu\text{mol g}^{-1} \text{h}^{-1}$  for a theoretical 3-g larva.

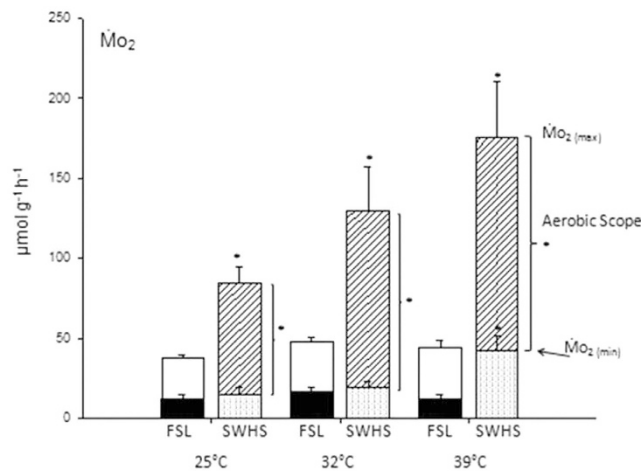
**Perspectives.** At least in part, this exceptional metabolic performance is explained by the very high area, thin diffusion distance, and high morphometric diffusing capacity for  $O_2$  ( $D_{O_2}$ ) in the gills of *Alcolapia grahami*;  $D_{O_2}$  is twice as high in the SWHS fish as in the FSL fish, and is second only to that in tuna on a mass-specific basis<sup>14</sup>. Mitochondrial respiration rates are also considerably higher than in other fish, but only to the extent expected because of the higher temperature<sup>15</sup>. Other key parts of the  $O_2$  delivery system (cardiac output, blood  $O_2$  characteristics, tissue vascularization) have yet to be examined. The metabolic differences observed could be



**Figure 4.** The influence of temperature on critical swimming speed ( $U_{crit}$ ) in Magadi tilapia from SWHS and FSL. Means  $\pm$  1 SEM (N = 5–7). The overall effects of both population and temperature (2-way ANOVA) are significant ( $P < 0.05$ ); interaction effects are not significant. Values for FSL fish sharing the same letters are not significantly different ( $P > 0.05$ ). Values for SWHS fish sharing the same letters are not significantly different ( $P > 0.05$ ). Asterisks indicate significant differences ( $P < 0.05$ ) between FSL and SWHS fish at the same water temperature.



**Figure 5.** The influence of temperature on  $MO_2$  during swimming at increasing speeds in Magadi tilapia from (A) SWHS and (B) FSL. Means  $\pm$  1 SEM (N = 5–7). The overall effects of population, temperature, and swimming speed (3-way ANOVA) are all significant ( $P < 0.05$ ); interaction effects are not significant. Also shown (as stars) are the routine  $MO_2$  values measured in the field for freshly caught fish (SWHS, N = 15, at 41°C; FSL, N = 10, at 33°C).



**Figure 6.** The effect of temperature on calculated  $MO_{2(\min)}$ ,  $MO_{2(\max)}$ , and aerobic scope in Magadi tilapia from SWHS and FSL. Means  $\pm$  1 SEM ( $N = 5-7$ ). The overall effects of population (2-way ANOVA) are significant ( $P < 0.05$ ) for all three parameters, whereas those of temperature are significant only for  $MO_{2(\max)}$ , but there are significant interaction effects for  $MO_{2(\min)}$  and aerobic scope. Asterisks indicate significant differences ( $P < 0.05$ ) between FSL and SWHS fish at the same temperature.

phenotypic, genotypic or both. At present, it is unclear whether the FSL and SWHS populations are genetically distinct<sup>5-7</sup>. With respect to the current debate about the  $O_2$ - and capacity-limited thermal tolerance (OCLTT) hypothesis<sup>24,25</sup>, the pattern of aerobic metabolism in FSL fish (Fig. 6) does not fit the idealized OCLTT model. Nevertheless, encroachment of routine  $MO_2$  on aerobic scope coupled with declining performance at the highest temperature (39 °C) is in accord with the theory. The pattern for SWHS fish may or may not fit the model because aerobic scope continued to increase to 39 °C (Fig. 6); experiments closer to lethal temperatures (Table 2) will be required to see if aerobic scope eventually declines as  $Ct_{\max}$  is approached. The SWHS tilapia lives in a fluctuating thermal environment which comes within 3 °C of this  $Ct_{\max}$  on a daily basis (Fig. 1, Table 2), and is clearly at the mercy of ambient air temperatures. Already classified by IUCN<sup>26</sup> as “threatened (vulnerable)”, it will be a bell-wether organism for studying the impacts of climate change. All these are exciting areas for future investigation on this unique teleost athlete.

## Methods and Materials

**Fish Capture and Habitat Characterization.** Research was performed under a research and ethics clearance permit (NCST/RR1/12/1/MAS/99) from the National Council for Science and Technology (NCST Kenya), and with the permission of the Magadi Soda Foundation. Experiments were carried out in accordance with the approved guidelines of NCST Kenya and experimental protocols were approved by the Animal Use and Ethics Committee of the Faculty of Veterinary Medicine, University of Nairobi. All foreign researchers were licensed by NCST and formally appointed as visiting researchers at the University of Nairobi. Collections were made under permission from the Dept. of Fisheries, Ministry of Fisheries (Kenya). All surviving fish were returned to their original collection sites.

Adult Magadi tilapia, *Alcolapia grahami* ( $2.97 \pm 0.14$  g,  $6.41 \pm 0.12$  cm fork length) were collected by beach seine from two sites at the edge of Lake Magadi, Kenya, in July and August, 2013: Fish Spring Lagoons (FSL) (GPS coordinates =  $1^{\circ}53'30.2''S$ ,  $36^{\circ}18'09.9''E$ ) and South West Hot Springs (SWHS) ( $2^{\circ}00'04.0''S$ ,  $6^{\circ}13'55.2''E$ ). Water chemistry at the two sites (Table 1) was determined by previously described methods<sup>3</sup>. The daily cycle of water temperature, pH, and dissolved  $O_2$  was continuously recorded for 24 h at the two sites (FSL, Aug. 1; SWHS, Aug. 5, 2013) using a multi-parameter meter and probe system (HI 9828, Hanna Instruments, Woonsocket, RI, USA). Fish were studied either shortly after capture at lakeside or after transport by vehicle (FSL = 15 min; SWHS = 90 min), together with water from the two sites, to a field laboratory set up in a classroom of Magadi Secondary School.

**Measurements of Critical Temperatures.** Upper ( $Ct_{\max}$ ) and lower ( $Ct_{\min}$ ) critical temperatures were determined by a standardized protocol<sup>16</sup> in which temperature was either increased or decreased at a linear rate of  $0.3^{\circ}C\ min^{-1}$  and loss of equilibrium was the endpoint. Temperature was monitored continuously by a Symphony SP70P probe and meter (VWR, Radner, PA, USA) referenced to a precision thermometer serial 210620, traceable to NIST standards (H-B Instrument, Trappe, PA, USA).  $Ct$  measurements were made either on freshly collected fish or on fish which had been held for 4 days at 33 °C in their source water in the laboratory, and were designated as “field” or “lab” respectively. During the 4-day holding, the fish were fed to satiation daily with US Sera Goldy Colour Spirulina (Sera North America Inc., Montgomeryville, PA, USA). Water was changed daily.

**Respirometry.** After capture, fish for respirometry experiments were held overnight without feeding in their appropriate water at 33 °C in the laboratory. Gut clearance occurred during this time. Experiments commenced the next morning, and were always performed using water from the appropriate source. In these trials,  $O_2$  was

measured using a portable WTW Oxi325 Oximeter (Weilheim, Germany); urea-N determinations and calculations of  $\text{O}_2$  consumption ( $\text{MO}_2$ ) and urea-nitrogen excretion ( $M_{\text{Urea-N}}$ ) rates were performed as described previously<sup>10,11</sup>. This species is capable of supplementary air-breathing via a physostomous swimbladder<sup>4,12,13</sup>, but access to air was not provided in any of the respirometry experiments. Temperature coefficients (Q10 values)<sup>17</sup> for  $\text{MO}_2$  and  $M_{\text{Urea-N}}$  were calculated based on group means. Fish weights and body lengths (nose to fork of caudal fin) were measured after completion of respirometry experiments.

Routine rates of  $\text{MO}_2$  and  $M_{\text{Urea-N}}$  were measured in amber 500-ml bottles (“Tusker chambers”)<sup>10</sup> fitted with aeration devices. In the laboratory, fish were allowed to settle for 1 h in the chambers at the chosen test temperature (25, 32, or 39 °C), then a water sample was taken for urea-N analysis. A final sample was taken after 0.3–3 h, depending on temperature. The respirometer was sealed in the middle of the flux period for a sufficient time to allow depletion of  $\text{O}_2$  to no less than 60% saturation, and then aeration was resumed. Blanks without fish were run simultaneously. In the field, a similar procedure was used to measure routine rates, but freshly collected fish were employed, and the respirometers were incubated directly in the lake so as to maintain ambient temperature, which was 33 °C in FSL and 41 °C in SWHS at the time of these measurements.

Swimming respirometry was performed using the 3.2-L Blazka-style swim tunnels described by Wilson *et al.*<sup>20</sup> which were calibrated using an Onicon flowmeter, model F-1100 (Clearwater, Florida, USA). The four respirometers were submerged, in pairs, in two temperature-controlled baths (200-L) filled with the appropriate water. In each run, three were used for fish swimming, and the fourth as a blank at the same velocities. Each was fitted with an aeration device. Fish were allowed to settle for 1 h at about 3 cm sec<sup>-1</sup>, and then the respirometer was flushed (0.25 h), and the first test velocity was set to 7 cm sec<sup>-1</sup> for a 1-h swimming period. The respirometer was then flushed again (0.25 h), during which time the velocity was increased to 14 cm sec<sup>-1</sup>, with subsequent parallel 1-h swimming periods at 21 and 28 cm sec<sup>-1</sup>, each followed by 0.25-h flushes. Thereafter, further progressive speed increments of 7 cm sec<sup>-1</sup> were applied for 0.5-h swimming periods until the fish exhausted. These 7 cm sec<sup>-1</sup> increments represented about 1.1 body lengths sec<sup>-1</sup> (typical fish length = 6.0–6.7 cm). Exhaustion was defined as failure of the fish to leave the rear screen and start swimming again, after the velocity had been briefly stopped and restarted three times. The exact time of the failure was recorded and used in the calculation of critical swimming speed ( $U_{\text{crit}}$ ) by the method of Brett<sup>19</sup>. Only the first four 1-h periods were used for respirometry, as this duration was necessary for accurate determination of  $M_{\text{Urea-N}}$ . In the middle of each period, aeration was suspended and the respirometer was sealed for  $\text{MO}_2$  determination, using a duration in which  $\text{O}_2$  depletion occurred to no less than 60% saturation. The subsequent periods were used only to assess swimming performance. This protocol was adopted to fit into a 9-h period (daylight hours only) in light of security concerns (bandits) when travelling to and from our laboratory.

**Data Analysis.** For each fish,  $\text{MO}_2$  was plotted against swimming speed. As with other high performance fish swimming at high temperature<sup>22</sup>, the relationships were better described by linear rather than exponential relationships for most fish (33 out of 37), so linear regression was used throughout to predict  $\text{MO}_{2(\text{min})}$  at 0 body lengths sec<sup>-1</sup> and  $\text{MO}_{2(\text{max})}$  at  $U_{\text{crit}}$ , with the difference representing aerobic scope. Data have been expressed as means  $\pm$  1 SEM (N). Data were transformed as required to achieve normal distribution and homogeneity of variance prior to analysis by three-way ANOVA (population x temperature x swimming speed) or two-way ANOVA (population x temperature) as appropriate, followed by the Holm-Sidak post hoc test ( $P < 0.05$ ) to identify individual differences.

## References

- Coe, M. J. The biology of *Tilapia grahami* Boulenger in Lake Magadi, Kenya. *Acta Trop.* **23**, 146–177 (1966).
- Johansen, K., Malojo, G. M. O. & Lykkeboe, G. A fish in extreme alkalinity. *Resp. Physiol.* **24**, 156–162 (1975).
- Pörtner, H. O., Schulte, P. M., Wood, C. M. & Schiemer, F. Niche dimensions in fishes: An integrative view. Illustrating the role of physiology in understanding ecological realities. *Physiol. Biochem. Zool.* **83**, 808–826 (2010).
- Johannsson, O. E. *et al.* Air breathing in the Lake Magadi tilapia *Alcolapia grahami*, under normoxic and hyperoxic conditions, and the association with sunlight and ROS. *J. Fish Biol.* **84**, 844–863 (2014).
- Wilson, P. J. *et al.* Discordance between genetic structure and morphological, ecological, and physiological adaptation in Lake Magadi tilapia. *Physiol. Biochem. Zool.* **77**, 537–555 (2004).
- Kavembe, G. D., Machado-Schiaffino, G. & Meyer, A. Pronounced genetic differentiation of small, isolated, and fragmented tilapia populations inhabiting the Magadi Soda Lake in Kenya. *Hydrobiologia* **739**, 55–71 (2014).
- Ford, A. G. *et al.* High levels of interspecific gene flow in an endemic cichlid fish: adaptive radiation from an extreme lake environment. *Mol. Ecol.* **24**, 3421–3440 (2015).
- Randall, D. J. *et al.* Urea excretion as a strategy for survival in a fish living in a very alkaline environment. *Nature* **337**, 165–166 (1989).
- Wood, C. M., Perry, S. F., Wright, P. A., Bergman, H. L. & Randall, D. J. Ammonia and urea dynamics in the Lake Magadi tilapia, a ureotelic teleost fish adapted to an extremely alkaline environment. *Resp. Physiol.* **77**, 1–20 (1989).
- Wood, C. M. *et al.* Urea production, acid-base regulation and their interactions in the Lake Magadi tilapia, a unique teleost adapted to a highly alkaline environment. *J. Exp. Biol.* **189**, 13–36 (1994).
- Wood, C. M. *et al.* Obligatory urea production and the cost of living in the Magadi tilapia revealed by acclimation to reduced salinity and alkalinity. *Physiol. Biochem. Zool.* **75**, 111–122 (2002).
- Narahara, A. *et al.* Respiratory physiology of the Lake Magadi tilapia (*Oreochromis alcalicus grahami*), a fish adapted to a hot, alkaline, and frequently hypoxic environment. *Physiol. Zool.* **69**, 1114–1136 (1996).
- Franklin, C. E., Crockford, T., Johnston, I. A. & Kamunde, C. Scaling of oxygen consumption in Lake Magadi tilapia, *Oreochromis alcalicus grahami*: a fish living at 37 °C. *J. Fish Biol.* **46**, 829–834 (1995).
- Maina, J. N. *et al.* A comparative allometric study of the morphometry of the gills of an alkalinity adapted cichlid fish, *Oreochromis alcalicus grahami*. *Int. J. Salt Lake Res.* **5**, 131–156 (1996).
- Johnston, I. A., Guderley, H., Franklin, C. E., Crockford, T. & Kamunde, C. Are mitochondria subject to evolutionary temperature adaptation? *J. Exp. Biol.* **195**, 293–306 (1994).
- Becker, C. D. & Genoway, R. G. Evaluation of the critical thermal maximum for determining thermal tolerance of freshwater fish. *Environ. Biol. Fish.* **4**, 245–256 (1979).



17. Clarke, A. & Johnston, N. M. Scaling of metabolic rate with body mass and temperature in teleost fish. *J. Anim. Ecol.* **68**, 893–905 (1999).
18. Hudson, J. W. Temperature regulation and torpidity in the pygmy mouse, *Baiomys taylori*. *Physiol. Zool.* **38**, 243–254 (1965).
19. Brett, J. R. The respiratory metabolism and swimming performance of young sockeye salmon. *J. Fish. Res. Bd. Can.* **21**, 1183–1226 (1964).
20. Wilson, R. W., Bergman, H. L. & Wood, C. M. Metabolic costs and physiological consequences of acclimation to aluminum in juvenile rainbow trout (*Oncorhynchus mykiss*). 2: Gill morphology, swimming performance, and aerobic scope. *Can. J. Fish. Aquat. Sci.* **51**, 536–544 (1994).
21. Rosenmann, M. & Morrison, P. Maximum oxygen consumption and heat loss facilitation in small homeotherms by He-O<sub>2</sub>. *Am. J. Physiol.* **226**, 490–495 (1974).
22. Sepulveda, C. & Dickson, K. A. Maximum sustainable speeds and cost of swimming in juvenile kawakawa tuna (*Euthynnus affinis*) and chub mackerel (*Scomber japonicus*). *J. Exp. Biol.* **203**, 3089–3101 (2000).
23. Nilsson, G. E., Östlund-Nilsson, S., Penfold, R. & Grutter A. S. From record performance to hypoxia tolerance: respiratory transition in damselfish larvae settling on a coral reef. *P Roy. Soc. B.-Biol. Sci.* **274**, 79–85 (2007).
24. Pörtner, H. O. Oxygen- and capacity-limitation of thermal tolerance: a matrix for integrating climate-related stressor effects in marine ecosystems. *J. Exp. Biol.* **213**, 881–893 (2010).
25. Clark, T. D., Sandblom, E. & Jutfelt, F. Aerobic scope measurements of fishes in an era of climate change: respirometry, relevance and recommendations. *J. Exp. Biol.* **216**, 2771–2782 (2013).
26. Bayona, J. & Akinyi, E. *Alcolapia grahami*. *The IUCN Red List of Threatened Species* (2006): Available at: <http://dx.doi.org/10.2305/IUCN.UK.2006.RLTS.T60453A12368415.en>. (Accessed 8<sup>th</sup> March 2016).
27. Bennett, W. A. & Beitinger, T. L. Temperature tolerance of the sheepshead minnow, *Cyprinodon variegatus*. *Copeia* **1997**, 77–87 (1977).
28. Heath, A. G., Turner, B. J. & Davis, W. P. Temperature preferences and tolerances of three fish species inhabiting hyperthermal ponds on mangrove islands. *Hydrobiologia* **259**, 47–55 (1993).
29. Fangue, N. A., Hofmeister, M. & Schulte, P. M. Intraspecific variation in thermal tolerance and heat shock protein gene expression in common killifish, *Fundulus heteroclitus*. *J. Exp. Biol.* **209**, 2859–2872 (2006).

## Acknowledgements

We thank Tata Chemicals Magadi (John Ndonga, Lemarron Kaanto, John Kabera), the Magadi Soda Foundation, the Magadi Secondary School (Rosemary Ndavuta), drivers George and Dishon Muthee, numerous unnamed Kenyan guides and guards, Linda Diao, Sunita Nadella, and Victor Ong'era for technical assistance, and Drs. Richard Brill, Kathryn Dickson, and Sigal Balshine for advice. Supported by grants from the Natural Sciences and Engineering Research Council of Canada (NSERC, Discovery Program) to CMW, the National Research Foundation of South Africa to JNM, and by the Brazilian National Council for Scientific and Technological Development (CNPq) to AB. CMW was supported by the Canada Research Chairs Program. AB is a CNPq Research Fellow, and is supported by the International Research Chair Program from the International Development Research Centre (Canada).

## Author Contributions

The study was conceived by C.M.W., H.L.B. and K.V.B. Experiments were performed by C.M.W., K.V.B., G.D.B., J.N.M. and O.E.J., with preliminary trials by H.L.B., and field work by A.B., L.F.B., G.D.K., M.B.P., and K.M.L. R.O.O. provided overall organization and logistics. The article was written by C.M.W. with input from all authors.

## Additional Information

**Supplementary information** accompanies this paper at <http://www.nature.com/srep>

**Competing financial interests:** The authors declare no competing financial interests.

**How to cite this article:** Wood, C. M. *et al.* Mammalian metabolic rates in the hottest fish on earth. *Sci. Rep.* **6**, 26990; doi: 10.1038/srep26990 (2016).



This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder to reproduce the material. To view a copy of this license, visit <http://creativecommons.org/licenses/by/4.0/>