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Characterization of photosynthetic gas exchange in leaves under simulated adaxial and abaxial surfaces alternant irradiation

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Previous investigations on photosynthesis have been performed on leaves irradiated from the adaxial surface. However, leaves usually sway because of wind. This action results in the alternating exposure of both the adaxial and abaxial surfaces to bright sunlight. To simulate adaxial and abaxial surfaces alternant irradiation (ad-ab-alt irradiation), the adaxial or abaxial surface of leaves were exposed to light regimes that fluctuated between 100 and 1,000 $\mu\text{mol m}^{-2} \text{s}^{-1}$. Compared with constant adaxial irradiation, simulated ad-ab-alt irradiation suppressed net photosynthetic rate (Pn) and transpiration (E) but not water use efficiency. These suppressions were aggravated by an increase in alternant frequency of the light intensity. When leaves were transferred from constant light to simulated ad-ab-alt irradiation, the maximum Pn and E during the high light period decreased, but the rate of photosynthetic induction during this period remained constant. The sensitivity of photosynthetic gas exchange to simulated ad-ab-alt irradiation was lower on abaxial surface than adaxial surface. Under simulated ad-ab-alt irradiation, higher Pn and E were measured on abaxial surface compared with adaxial surface. Therefore, bifacial leaves can fix more carbon than leaves with two “sun-leaf-like” surfaces under ad-ab-alt irradiation. Photosynthetic research should be conducted under dynamic conditions that better mimic nature.

Bifacial leaves are heterogeneous. They have two distinct surfaces: the adaxial surface and the abaxial surface. It was widely believed that the adaxial surface is the main contributor to carbon gain because of its higher photosynthetic capacity and the preferential irradiation of the adaxial surface^{1,2}. The adaxial surface intercepts light more efficiently than the abaxial surface because the palisade mesophyll (PM) cells of the adaxial surface are packed more closely than the spongy mesophyll (SM) cells near the abaxial surface³. The highest photosynthetic rates are observed in the middle and lower palisade layers^{4,5,6}, which have higher electron transport activity and more photosynthetic proteins^{7,8}. The adaxial surface also has a stronger photoprotection mechanism and an increased resistance to photoinhibition⁹. The adaxial surface is considered to have sun-leaf-like characteristics and the abaxial surface is considered to have shade-leaf-like characteristics¹⁰.

In addition, it is often empirically believed that the adaxial surface is exposed to more direct radiation, whereas the abaxial surface is shaded by the leaf itself and receives weaker light that is transmitted through the mesophyll and reflected from the surroundings¹. However, leaves usually sway because of external forces such as wind. As a result, the adaxial and abaxial surfaces are alternately exposed to bright sunlight (Fig. 1). This phenomenon is more prevalent in tall trees and plants in windy areas¹¹.

Consequently, to understand photosynthesis under natural conditions, we need to understand photosynthesis under adaxial and abaxial surfaces alternant irradiation conditions (ad-ab-alt irradiation). Unfortunately, previous studies examining the photosynthetic performance of leaves were performed using adaxial surface irradiation^{12–17}. Less attention has been paid to the photosynthetic performance of leaves under abaxial surface

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(a)



(b)

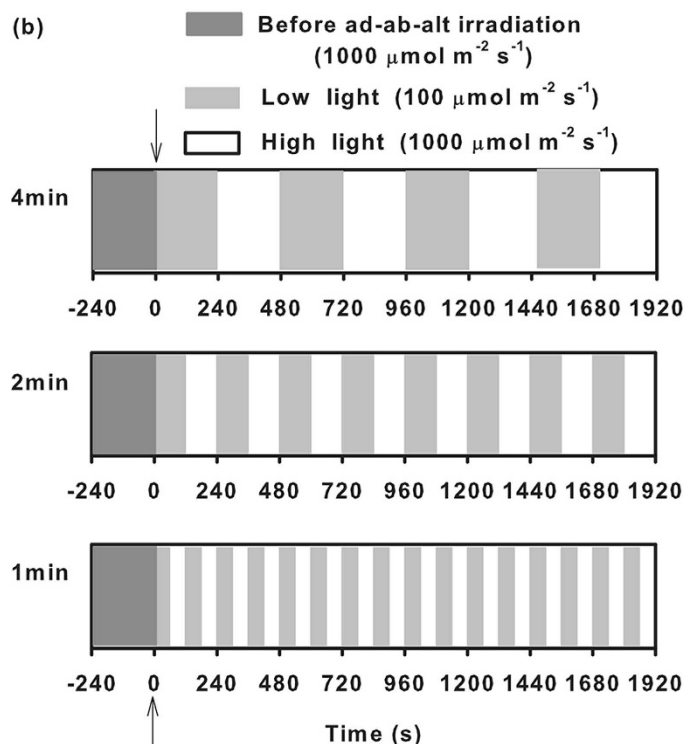


Figure 1. Photographs showing the abaxial surface exposed to the sun (a) and a sketch map of the fluctuating light regimes used in this study (b). In plot (a), the species in the top row are *Populus ussuriensis* Kom., *Platanus orientalis*, and *Magnolia denudata* Desr. (from left to right), and the species in the bottom row are *Agastache rugosa*, *Bambusoideae* species and *Populus cathayana* Rehd. (from left to right). In plot (b), the leaves were adapted under high light ($1,000 \mu\text{mol m}^{-2} \text{s}^{-1}$) for 20–40 min until P_n and E stabilized (dark grey). The leaves were exposed to ad-ab-alt irradiation at 0 s (marked with an arrowhead). During the simulated ad-ab-alt irradiation, the irradiation was switched between high light ($1,000 \mu\text{mol m}^{-2} \text{s}^{-1}$) and low light ($100 \mu\text{mol m}^{-2} \text{s}^{-1}$) every 240 s, 120 s or 60 s. The high light periods (white segments) were used to calculate the integrated gas exchange.

irradiation conditions^{9,18}, and no attention has been given to investigating the photosynthetic gas exchange of leaves under ad-ab-alt irradiation.

Most of the photosynthetically active radiation (PAR, 400–700 nm; over 90% blue light and 70% red light) is absorbed by the surface facing the incident light. Only green light that has low efficiency in photosynthesis can be received by the other surface^{19–20}. Therefore, both the adaxial surface and the abaxial surface of swaying leaves experience fluctuating light conditions between high and low light, similar to a sunfleck. It has been proved that the photosynthetic performance of leaves under sunfleck conditions and constant irradiation are different^{21,22}. The deactivation of Rubisco²³ and stomatal closure^{24,25} under low light will result in the depression of photosynthetic gas exchange during the following high light sunfleck period. We propose that photosynthetic gas exchange, such as CO₂ fixation and transpiration, should be repressed with ad-ab-alt irradiation. In addition, due to the different protein and pigment distributions between the adaxial and abaxial surfaces^{5,8}, we expect differential responses to ad-ab-alt irradiation between the adaxial and abaxial surfaces of an individual leaf.

To test these hypotheses, we examined dynamic gas exchange in the leaves of two trees (*Platanus orientalis* L. and *Melia azedarach* L.) and one herb (*Solanum lycopersicum* L.) under simulated ad-ab-alt irradiation or constant irradiation.

Results

Photosynthetic gas exchange and absorptance of leaves under constant light. The steady-state photosynthetic gas exchange of the leaves was measured when the adaxial or abaxial surface was exposed to constant high light (1,000 $\mu\text{mol m}^{-2} \text{s}^{-1}$; ad-con irradiation or ab-con irradiation). The steady-state net photosynthetic rate (P_n), transpiration rate (E_s) and water use efficiency (WUE_s) of the three species under ad-con irradiation were significantly higher than under ab-con irradiation. In *Solanum lycopersicum* L. and *Platanus orientalis* L. leaves, the E_s was similar under ad- and ab-con irradiation (Supplementary Fig. S1). These results support the hypothesis that the adaxial and abaxial surfaces of bifacial leaves demonstrate the respective characteristics of sun and shade leaves^{3,26,27}. The PAR absorptance of the leaves was similar under ad- and ab-con irradiation (Supplementary Fig. S1). This finding suggests that the differences in photosynthetic gas exchange under adaxial or abaxial surface irradiation were independent of the absorptance.

Gas exchange of leaves under simulated ad-ab-alt irradiation. To simulate the ad-ab-alt irradiation, the adaxial or abaxial surface was irradiated by fluctuating light (Fig. 1). Under the fluctuating light condition, low light (100 $\mu\text{mol m}^{-2} \text{s}^{-1}$) and high light (1,000 $\mu\text{mol m}^{-2} \text{s}^{-1}$) were alternated every 60 s, 120 s or 240 s (low, medium or high frequency fluctuating light, respectively; Fig. 1). The representative traces of dynamic gas exchange in the leaves of the three species are shown in Fig. 2 and Supplementary Fig. S2.

When the light intensity was switched from high light to low light, P_n immediately decreased by 80–95% and slightly increased in the following 2–3-min time frame (Fig. 2). This occurred because in plants that are irradiated under photorespiratory conditions are shifted to low light or darkness, CO₂ fixation is immediately attenuated or stops; however, the CO₂ released in photorespiration continues until all of the metabolic intermediates in the pathway are used²⁸.

When the light intensity was switched from low light to high light, the P_n could not recover immediately. It gradually increased and stabilized within 1–2 min (Fig. 2). In *Platanus orientalis* L. leaves, the maximum P_n during the high light period ($P_{n_{\max}}$) was similar to the P_{n_s} and was maintained at a constant level under fluctuating light (Fig. 2, Supplementary Fig. S3). In *Melia azedarach* L. leaves, the $P_{n_{\max}}$ was similar to the P_{n_s} under the low and medium light fluctuation frequencies (the light intensity changed every 4 min or 2 min, respectively), whereas the $P_{n_{\max}}$ decreased gradually under the high light fluctuation frequency (the light intensity changed every 1 min). *Solanum lycopersicum* L. leaves were more sensitive to fluctuating light than the leaves of the other species. The $P_{n_{\max}}$ of *Solanum lycopersicum* L. leaves decreased under fluctuating light, and the decrease was more severe under the high frequency fluctuating light. The minimum P_n during the high light period ($P_{n_{\min}}$) remained constant under fluctuating light for all species (Fig. 2, Supplementary Fig. S3).

To our surprise, the decrease in the $P_{n_{\max}}$ under fluctuating light was only observed for the leaves whose adaxial surface was irradiated. The $P_{n_{\max}}$ of leaves that received abaxial surface irradiation remained constant under fluctuating light (Fig. 2, Supplementary Fig. S3). This result was independent of species and the frequency of the fluctuating light.

Transpiration (E) was similar to P_n for the leaves under fluctuating light. However, E decreased more slowly than P_n during the low light period (Supplementary Fig. S2). Both the maximum and minimum E during the high light period (E_{\max} , E_{\min}) remained constant in *Platanus orientalis* L. leaves. These values decreased gradually in *Melia azedarach* L. and *Solanum lycopersicum* L. leaves (Supplementary Figs S2 and S3). The reductions in the E_{\max} and E_{\min} were aggravated with the increased frequency of fluctuating light. Reductions in the E_{\max} and E_{\min} were observed under both abaxial and adaxial surface irradiation, but the reductions were much lower under abaxial surface irradiation (Supplementary Figs S2 and S3).

The WUE dramatically decreased during the low light period and increased during the high light period because E changed less and at a slower rate than P_n when the light intensity changed (Supplementary Fig. S2). In contrast to the behaviour of $P_{n_{\max}}$ and E_{\max} , the WUE_{\max} remained constant or increased under fluctuating light (Supplementary Figs S2 and S3). The WUE_{\min} also remained constant under fluctuating light for all leaves.

Integrated gas exchange under simulated adaxial and abaxial surfaces alternant irradiation. Integrated whole leaf gas exchange (the calculation method was showed in *Methods*) under simulated ad-ab-alt irradiation was compared to that resulting from ad-con and ab-con irradiation. The integrated P_n , E and WUE values under simulated ad-ab-alt irradiation were lower than those resulting from ad-con and ab-con irradiation (Fig. 3). This difference increased with an increase in fluctuation frequency. In *Solanum lycopersicum*

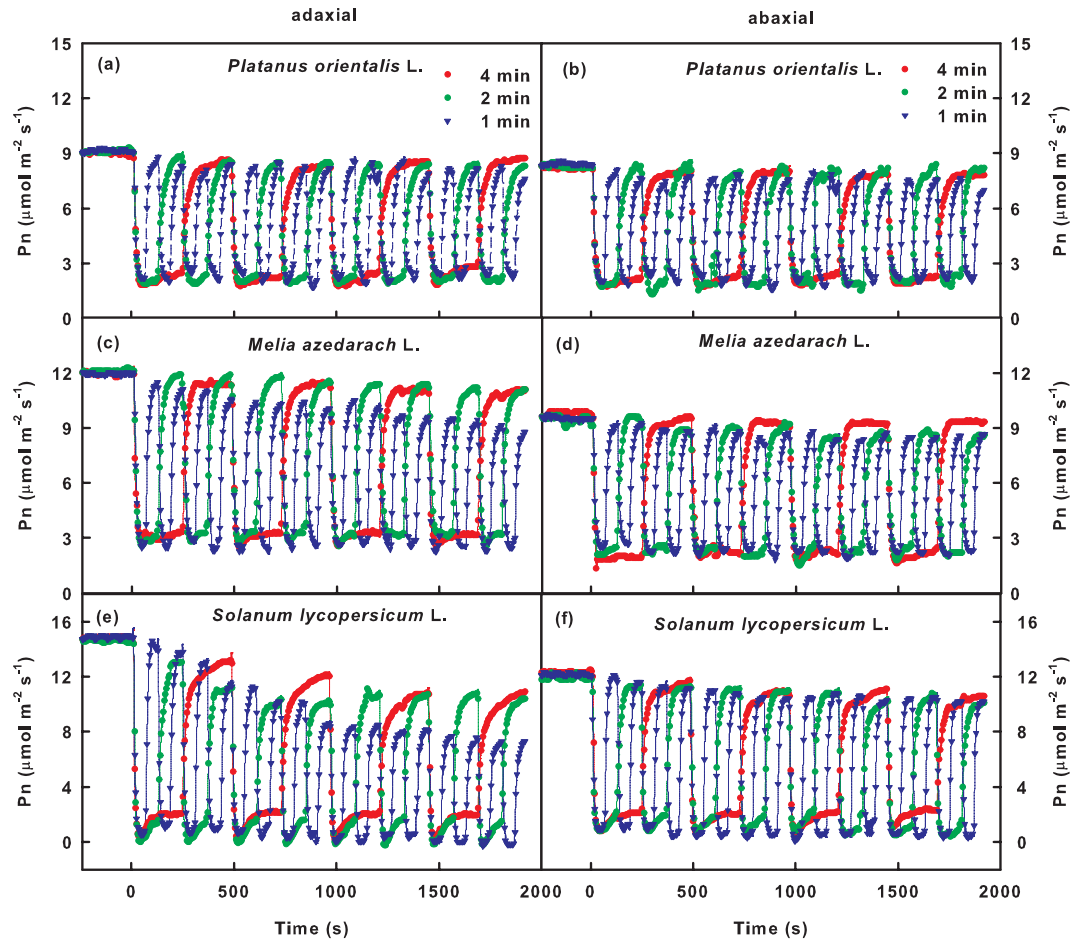


Figure 2. The time course of the net photosynthetic rates (Pn) of leaves of *Platanus orientalis* L. (a,b), *Melia azedarach* L. (c,d) and *Solanum lycopersicum* L. (e,f) when the adaxial (a,c,e) or abaxial surface (b,d,f) was irradiated under fluctuating light. The irradiation was switched between high light ($1,000 \mu\text{mol m}^{-2} \text{s}^{-1}$) and low light ($100 \mu\text{mol m}^{-2} \text{s}^{-1}$) every 240 s, 120 s or 60 s.

L. leaves, the integrated Pn and E under high frequency fluctuating light were 42% and 23% lower than those under ad-con irradiation and were 30% and 26% lower than those under ab-con irradiation (Fig. 3).

We also compared the contribution of the adaxial and abaxial surfaces to the gas exchange (ad/ab ratio) under simulated ad-ab-alt irradiation. The ratio between the gas exchange under ad-con and ab-con irradiation served as the control. The ad/ab ratios of gas exchange under simulated ad-ab-alt irradiation and constant irradiation were similar in *Platanus orientalis* L. leaves (Fig. 3). However, the ad/ab ratios of Pn and WUE in *Melia azedarach* L. leaves as well as the ad/ab ratios of Pn and E in *Solanum lycopersicum* L. leaves under simulated ad-ab-alt irradiation were lower than those under constant irradiation and showed a gradual decrease with an increase in fluctuation frequency (Fig. 3).

Gas exchange induction phase of leaves under high light. The time required to reach 90% of the maximum Pn, E and WUE (T_{90}) when the light intensity was switched from low light to high light was used to calculate the rates of gas exchange induction. In the leaves from all three species, the T_{90} was constant during simulated ad-ab-alt irradiation but significantly decreased with an increase in fluctuation frequency (Fig. 4, Supplementary Fig. S4). The T_{90} of leaves under abaxial surface irradiation was similar or lower than that of leaves under adaxial surface irradiation (Fig. 4, Supplementary Fig. S4).

Stomatal limitation and nonstomatal limitation. To clarify the role of stomata in the decrease of Pn_{max} and the delay of Pn induction under simulated ad-ab-alt irradiation, we analysed the Gs, Ci and Pn of *Solanum lycopersicum* L. leaves. When the light intensity switched from low light to high light, the E and Gs increased more slowly than the Pn, and the Ci decreased (Fig. 5). The minimum Ci during the high light period (Ci_{min}) decreased with the decrease in Pn_{max} and E_{max} under simulated ad-ab-alt irradiation (Fig. 5).

Sun leaves and shade leaves. The above results demonstrate that the abaxial surface has a lower sensitivity to fluctuating light compared with the adaxial surface. The adaxial surface has characteristics that resemble a classic sun leaf, whereas the abaxial surface has properties that are consistent with shade leaves^{3,26,27}. Therefore, we hypothesized that shade leaf characteristics may contribute to the increased adaptability of the abaxial surface to

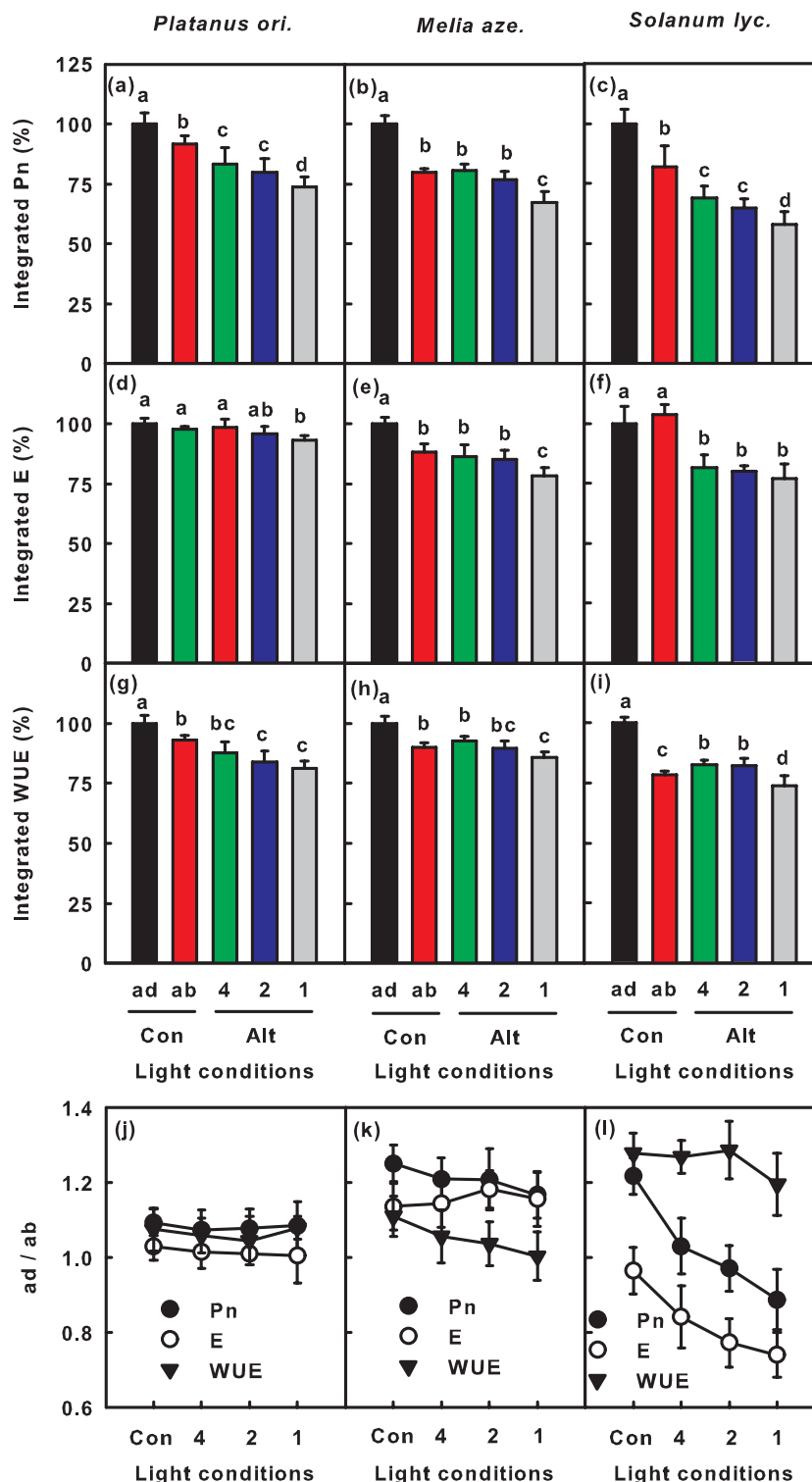


Figure 3. Integrated gas exchange of the whole leaves and the ratio of integrated parameters for the adaxial and abaxial surfaces. (a–i) The integrated net photosynthetic rate (Pn, a–c), transpiration rate (E, d–f) and water use efficiency (WUE; g–i) of *Platanus orientalis* L. (a,d,g), *Melia azedarach* L. (b,e,h) and *Solanum lycopersicum* L. (c,f,i) under constant irradiation ($1,000 \mu\text{mol m}^{-2} \text{s}^{-1}$) or simulated ad-ab-alt irradiation. (j–l) The ratio of the integrated parameter of the adaxial and abaxial surfaces. To simulate alternant irradiation, the adaxial or abaxial surface was irradiated under fluctuating light. The irradiation was switched between high and low light every 4 min, 2 min or 1 min. To calculate the integrated gas exchange under simulated ad-ab-alt irradiation, the values measured during the high light periods of fluctuating light under abaxial and adaxial surface irradiation were summed. The integrated gas exchange under constant irradiation was 100%, whereas the integrated values under simulated ad-ab-alt irradiation were expressed as a percentage of the former value. The reported values are the mean (\pm SE), $n = 5$.

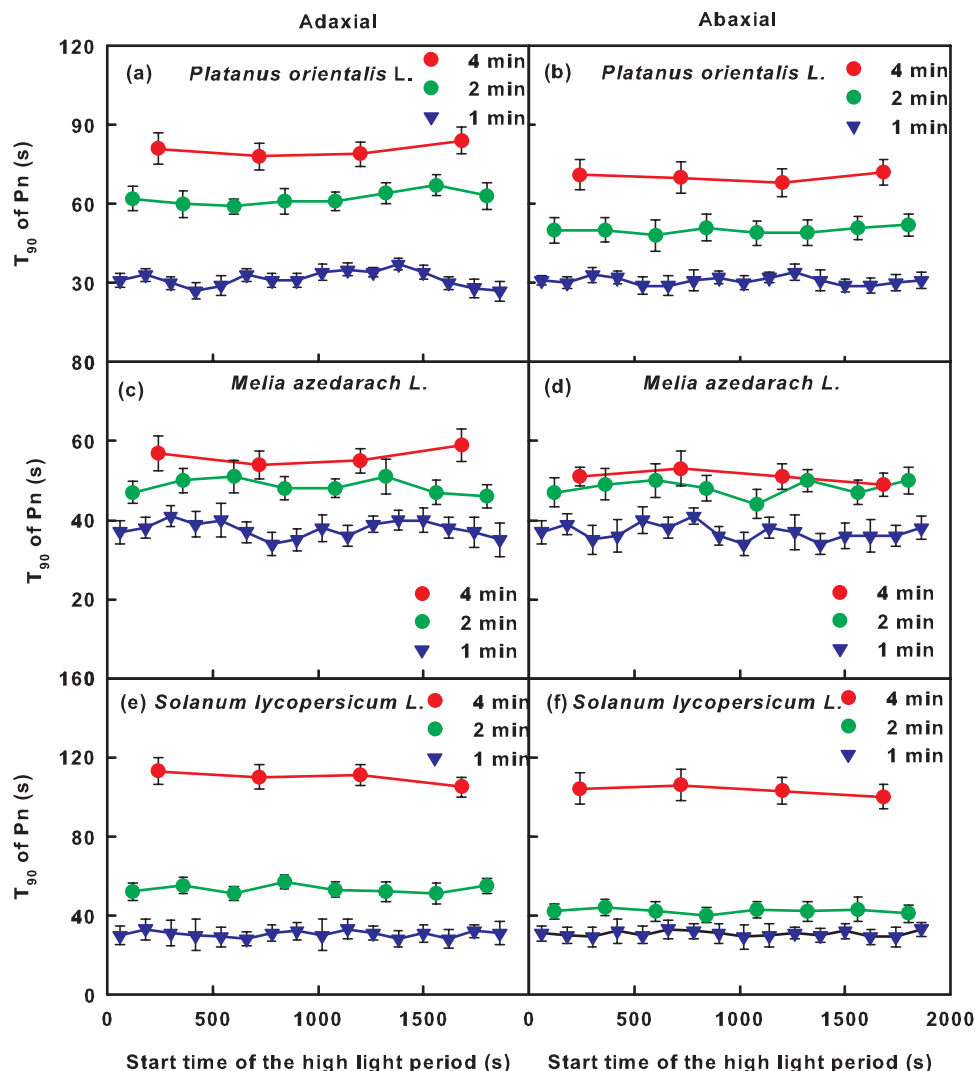


Figure 4. The time required to reach 90% of the maximum net photosynthetic rate (T_{90} of Pn) after the irradiation was changed from low light ($100 \mu\text{mol m}^{-2} \text{s}^{-1}$) to high light ($1,000 \mu\text{mol m}^{-2} \text{s}^{-1}$). During the measurement, the adaxial (a,c,e) or abaxial surfaces (b,d,f) of *Platanus orientalis* L. (a,b), *Melia azedarach* L. (c,d) and *Solanum lycopersicum* L. (e,f) were irradiated by fluctuating light. The irradiation was switched between high and low light every 4 min, 2 min or 1 min. The x-axis indicates the start time of the high light period (as shown in Fig. 1b). Values are the mean (\pm SE), $n = 5$.

fluctuating light. To test this hypothesis, we compared the gas exchange of a sun leaf and a shade leaf in response to fluctuating light. The sensitivity of gas exchange to fluctuating light on the adaxial surface of the shade leaf was lower than that of the sun leaf but was still higher than that of the abaxial surface of the sun leaf (Fig. 6). This result demonstrates that the characteristics of a shade leaf contribute to the increased adaptability of the abaxial surface to fluctuating light.

Discussion

Although some recent reports have investigated dynamic photosynthesis under fluctuating irradiance²², the majority of studies were performed on leaves that were irradiated on the adaxial surface^{12–17}. Abaxial surface irradiation and ad-ab-alt irradiation, which is ubiquitous in the field, have been neglected¹¹. Here, we report the first systematic research focused on the gas exchange of leaves under simulated ad-ab-alt irradiation. The results from this study support the following hypotheses: (1) photosynthetic gas exchange is repressed under simulated ad-ab-alt irradiation and (2) the abaxial surface of the leaf adapts to simulated ad-ab-alt irradiation better than the adaxial surface.

Previous reports regarding dynamic light conditions were focused on sunflecks²¹. Sunflecks provide additional light energy to shaded plants; consequently, sunfleck photosynthesis has always been compared with photosynthesis under shade²¹. However, the total PAR absorbed by the leaves was identical under ad-ab-alt irradiation and ad-con irradiation. The only differences between these two irradiation conditions are the spatial and temporal distributions of light. Therefore, photosynthetic gas exchange under ad-ab-alt irradiation should be compared

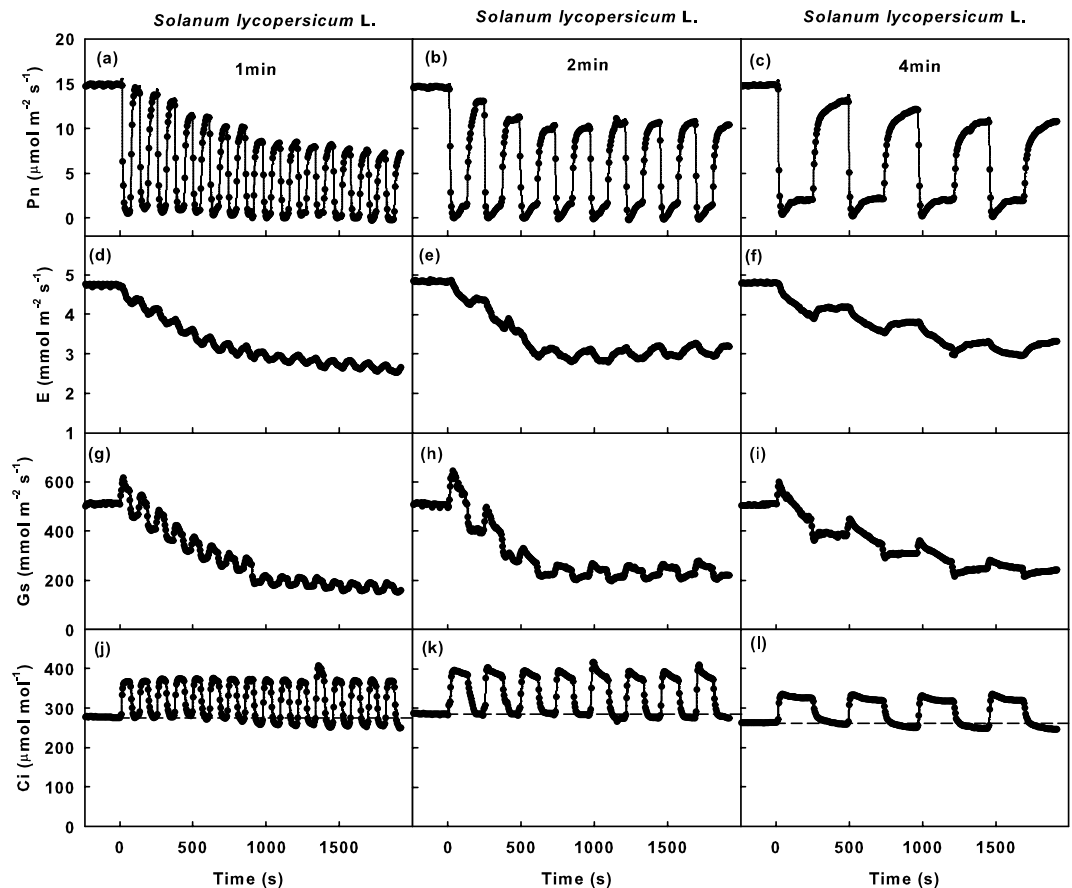


Figure 5. Time course for Pn, E, Gs, Ci in *Solanum lycopersicum* L. leaves under simulated ad-ab-alt irradiation. Time course for the net photosynthetic rates (Pn; a–c), transpiration rate (E; d–f), stomatal conductance (Gs; g–i) and intercellular CO₂ pressure (Ci; j–l) in *Solanum lycopersicum* L. leaves when the adaxial or abaxial surfaces of leaves were irradiated by fluctuating light, in which the irradiation was switched between high light (1,000 $\mu\text{mol m}^{-2} \text{s}^{-1}$) and low light (100 $\mu\text{mol m}^{-2} \text{s}^{-1}$) every 1 min (a,d,g,j) or 2 min (b,e,h,k) or 4 min (c,f,i,l). The dotted line shows the Ci under ad-con irradiation.

with that under ad-con irradiation. This study demonstrated that simulated ad-ab-alt irradiation resulted in considerable losses of photosynthetic CO₂ fixation (Fig. 3).

The loss of CO₂ fixation under ad-ab-alt irradiation results from: (1) the reduction in Pn_{max} (region 1 in Figs 7 and 2) and the induction requirement of CO₂ assimilation when the light intensity switches from low light to high light (region 2 in Fig. 7). A previous report suggested that the Pn_{max} under sunflecks could reach a level identical to the steady state Pn under constant irradiation²⁹. However, the current study demonstrated that substantial variation exists between species with respect to gas exchange response to a change in light intensity (Figs 2 and 3). In addition, the fluctuating frequency of light intensity critically influences the behaviour of Pn.

The Pn_{max} depends on the balance between the deactivation of the photosynthetic apparatus during low light periods and its reactivation in the following high light periods. It was observed that the T₉₀ of Pn remained constant during the 32 min of fluctuating irradiation (Fig. 4). This finding indicated that the rate of photosynthetic activation is steady during high light periods. Consequently, the decreases in Pn_{max} during the simulated ad-ab-alt irradiation occurred because of the deactivation of the photosynthetic apparatus during the low light periods rather than the attenuation of activation during the high light periods.

A reduction in the fluctuation frequency of light intensity results in an extension of both the low light period and the high light period. The extension of the low light period aggravates the deactivation of the photosynthetic apparatus, and the extension of the high light period enhances the activation of the photosynthetic apparatus. The decreases in Pn_{max} were most obvious in leaves exposed to high frequency fluctuating irradiation (Fig. 2, Supplementary Fig. S3). This result suggests that the initial activation rate during the high light period was lower than the initial deactivation rate in the low light periods. However, a reduction in the fluctuation frequency lessened the decrease in Pn_{max} (Fig. 2, Supplementary Fig. S3), which indicates that the balance between the deactivation and activation of the photosynthetic apparatus was related to the duration of the high and low light periods, and the deactivation was more sensitive to the duration compared with the activation.

The photosynthetic activation during the high light periods was reduced with a reduction in the fluctuation frequency, which was reflected by the increase in the T₉₀ of Pn (Fig. 4). This result demonstrated that the duration of the low light period not only affects the activation state but also the activation rate of the photosynthetic apparatus in the following high light periods. Previous studies demonstrated that both the deactivation in low

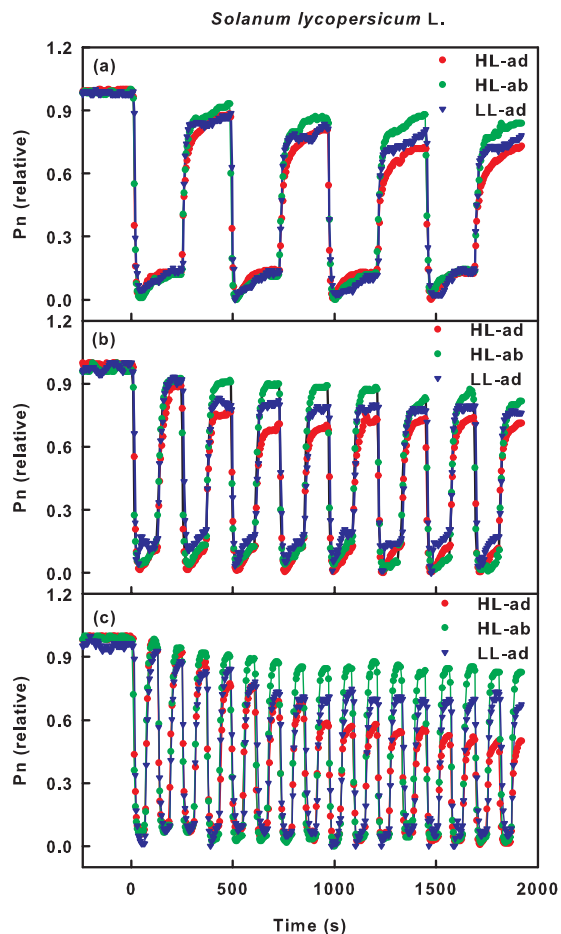


Figure 6. The time course of the net photosynthetic rates (P_n) of *Solanum lycopersicum* L. leaves under high or low light. The adaxial or abaxial surfaces were irradiated by fluctuating light. The irradiation was switched between high light ($1,000 \mu\text{mol m}^{-2} \text{s}^{-1}$) and low light ($100 \mu\text{mol m}^{-2} \text{s}^{-1}$) every 4 min (a), 2 min (b) or 1 min (c). The initial values of P_n under constant irradiation were considered as 1; other values were calculated as a proportion of the initial values.

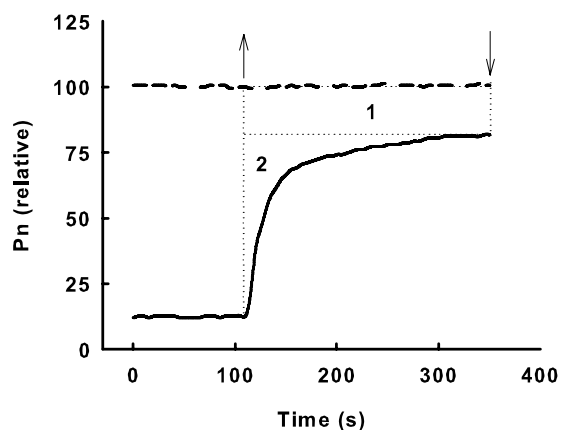


Figure 7. Sketch map of the time course of the net photosynthetic rates (P_n) in response to fluctuating light. The upward arrow shows the leaves were transferred from low light to high light, and the downward arrow shows the leaves were transferred from high light to low light.

light periods and the activation in high light periods consist of two phases. The rapid phase lasts approximately 1 min and is due to the depletion or accumulation of intermediate metabolites³⁰. The slow phase, which is in the range of several minutes or more, occurs because light activation of the enzymes in the RuBP regeneration

pathway, especially chloroplast fructose-1,6-bisphosphatase (FBPase) and sedoheptulose-1,7-bisphosphatase (SBPase)^{21,22}, which deactivates more rapid under low light compared with Rubisco^{23,30}. Under high frequency fluctuating light, the rapid phases of deactivation and activation are dominant. A decrease in the fluctuation frequency results in the occurrence of the slow phase, with a consequent deceleration in photosynthetic activation in the high light periods. Because of the more obvious decrease in Pn_{max} under high frequency fluctuating light (Fig. 2, Supplementary Fig. S3), we suggest that the imbalance between the activation and deactivation was more extreme in the rapid compared with the slow phase.

The gas exchange reached a steady state approximately 20 min after the leaves were exposed to simulated ad-ab-alt irradiation, which was reflected by the steady Pn_{max} (Fig. 2). In this state, the activation and deactivation of the photosynthetic apparatus in the low and high light phases were uniform. It is unclear how this steady state is achieved. It may be due to the adjustment of extra mechanisms or the characteristics of the photosynthetic apparatus. The specific mechanism requires further investigation.

Pn is restricted by mesophyll factors and stomatal factors^{25,31}. When the light intensity switched from low to high light, Pn and E increased and Ci decreased (Fig. 5). This result suggests that the delay in stomatal opening limited the increase in Pn . In addition, Ci_{min} decreased with a reduction in Pn_{max} and E_{max} (Fig. 5), indicating that the stomatal limitation contributed to the decrease in Pn_{max} under simulated ad-ab-alt irradiation. Thus, the suppression of Pn under simulated ad-ab-alt irradiation was at least partially due to stomatal limitation. In addition, because E was less sensitive than Pn to fluctuating light, the WUE of leaves under simulated ad-ab-alt irradiation was lower than that under constant irradiation (Fig. 2). The decrease in WUE under simulated ad-ab-alt irradiation was entirely due to the delay in induction (Fig. 2, Supplementary Fig. S3); however, the WUE_{max} remained steady or increased slightly (Fig. 2, Supplementary Fig. S3). The above factors demonstrate that the leaves attempted to balance the optimization of Pn and WUE by regulating the stomata under simulated ad-ab-alt irradiation, and the optimization of the WUE was more critical than the maximization of Pn for leaves under simulated ad-ab-alt irradiation. It should be particularly critical for plants in arid and semi-arid areas.

This study also demonstrated that the abaxial surface used fluctuating light more efficiently than the adaxial surface, which was reflected by the fact that the ad/ab ratios of Pn under ad-ab-alt irradiation were higher than the ratio of steady state Pn measured under ad-con and ab-con irradiation (Figs 2 and 3, Supplementary Fig. S3). In particular, when the CO_2 assimilation of the adaxial surface declined severely under the high frequency fluctuating light, the abaxial surface contributed even more to CO_2 assimilation than the adaxial surface (Fig. 3I).

Compared with the adaxial surface, the abaxial surface exhibited more rapid photosynthetic induction and maintained a higher Pn_{max} under simulated ad-ab-alt irradiation (Figs 2 and 4). It was also observed that the shade leaves maintained a higher Pn_{max} than the sun leaves under fluctuating light (Fig. 6). Previous studies showed that the rapid induction of photosynthesis during high light periods and the highly activated state of photosynthesis, which is maintained during low light periods, are critical for maximizing light energy under fluctuating light conditions, especially in undergrowth plants^{16,21,22}. Consequently, we suggested that the adaptability of the abaxial surface to fluctuating light occurred because of the shade-leaf-like characteristics of the spongy mesophyll (SM) near the abaxial surface. Indeed, the abaxial surface has characteristics similar to those of shade leaves. It has been reported that plants grown under low-light conditions usually have faster rates of photosynthetic induction, and the loss of the activation state of the photosynthetic apparatus is slower under low light compared with plants grown in high light environments^{32,33}. Therefore, it is possible that the abaxial surface of the leaf can maintain a higher activation state and more intermediate metabolites under a low level of fluctuating light compared with the adaxial surface.

In the classical view, the SM cells near the abaxial surface contain lower amounts of photosynthetic pigments and proteins^{7,8}. Therefore, CO_2 assimilation in SM cells is lower than that in PM cells regardless of which side of the leaf is irradiated⁴⁻⁶. However, the shade-leaf-like characteristic enables the abaxial surface to assimilate more CO_2 under a fluctuating light condition. Consequently, the evolution of a bifacial leaf resulted not only from a resource economy perspective but also because the bifacial leaf could fix more carbon than a leaf with two “sun-leaf-like” surfaces under field conditions.

However, consideration of only the shade-leaf-like characteristic is not sufficient to explain the higher adaptability of the abaxial surface to fluctuating light. This is because the adaptability of the adaxial surface of the shade leaf was lower than that of the abaxial surface of the sun leaf (Fig. 6), even though the adaxial surface of the shade leaf and the abaxial surface of the sun leaf experience similar light environments. In addition, there is substantial variation between species in the adaptability of gas exchange to ad-ab-alt irradiation. *Platanus orientalis* L. is a typical light-demanding upper canopy species. However, contrast to our expectations, both the adaxial and abaxial surfaces of leaves of *Platanus orientalis* L. exhibited perfect adaptability to simulated ad-ab-alt irradiation (Fig. 2). Therefore, the adaptation mechanisms of gas exchange in leaves to ad-ab-alt irradiation remain to be studied further. Moreover, in this study, some factors that may affect the gas exchange of leaves under ad-ab-alt irradiation were neglected, such as the thickness of the leaf and temperature fluctuations. An ad-ab-alt irradiation condition that more closely approximates natural conditions should be considered in future studies.

Methods

Plant materials. Two-year-old *Platanus orientalis* L. and *Melia azedarach* L. seedlings and three-month-old *Solanum lycopersicum* L. seedlings were used in this study. The seedlings were grown in 10-L polythene pots containing fertile soil. The seedlings were cultivated in the field, and sufficient water and nutrients were supplied. The maximum light intensity at noon was 1200–1500 $\mu\text{mol m}^{-2} \text{s}^{-1}$, and the maximum temperature at noon was 30–33 °C. Half of the *Solanum lycopersicum* L. seedlings were covered with black plastic velamen. The maximum light intensity below the velamen was approximately 100–150 $\mu\text{mol m}^{-2} \text{s}^{-1}$. The youngest fully developed leaves were used for the experiments.

Absorptance. According to a previous description⁹, spectrum (400–700 nm) measurements were performed using a portable Unispec SC spectrometer (PP Systems, USA). Leaf reflectance was measured with a standard bifurcated fibre optic cable, standard leaf clip and the halogen lamp in the spectrometer. To calculate the reflectance, the leaf spectral radiance was divided by the radiance of a 99% reflective white reference standard (Spectralon, Labsphere, North Dutton, NH, USA). Leaf transmittance was measured using two standard straight-fibre optics, a custom-made device and the halogen lamp in the spectrometer. The absorptance was calculated as absorptance = 1 – reflectance – transmittance. The integrated absorptance was the average of the absorptance at different wavelengths between 400 nm and 700 nm.

Leaf gas exchange measurements. The net photosynthetic rate (Pn), stomatal conductance (Gs), transpiration rate (E), substomatal CO₂ concentration (Ci) and water use efficiency (WUE = Pn / E) were measured using a CIRAS-3 portable photosynthesis system (PP Systems, Amsbury, MA, USA). Data were automatically recorded by the CIRAS-3 every 5 s. The CO₂ concentration (380 μmol mol⁻¹), relative humidity (60%) and leaf temperature (28 °C) were maintained using an automatic control device on the CIRAS-3. Red-blue light (90%:10%) was provided by the LED light unit in the CIRAS-3.

The CIRAS-3 cannot irradiate both the adaxial and abaxial surfaces simultaneously. Therefore, we simulated ad-ab-alt irradiation by exposing the abaxial or adaxial surface to fluctuating light separately (Fig. 1b). Before the onset of data collection, the leaves were adapted under high light (1,000 μmol m⁻² s⁻¹) for 20–40 min until Pn and E stabilized. The leaves were then irradiated with constant light or fluctuating light for 32 min. The fluctuating light conditions consisted of a low light (100 μmol m⁻² s⁻¹) and high light (1,000 μmol m⁻² s⁻¹) period that was repeated every 60 s, 120 s or 240 s (Fig. 1b).

The area below the time course curve of the gas exchange represents the integrated gas exchange. The integrated whole leaf gas exchange under simulated ad-ab-alt irradiation was calculated by summing the area for the high light periods under the abaxial and adaxial surface irradiation (the white segments in Fig. 1b).

Statistical analysis. The absorptance measurements were repeated on 15 different leaves. The gas exchange measurements were repeated using 5 different leaves. The LSD (least significant difference) was used to analyse differences between the different treatments using SPSS 11 (SPSS Inc., Chicago, IL, USA). Different letters indicate significant differences at P < 0.05 (Tukey's test).

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Author Contributions

Z.-S.Z., H.-Y.G. and Q.-W.M. designed the research; Z.-S.Z., Y.-T.L. and C.Y. performed the research; Z.-S.Z. and C.Y. analysed the data; Z.-S.Z., Y.-T.L. and H.-Y.G. wrote the article; all authors read and approved the final manuscript.

Additional Information

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