

# SCIENTIFIC REPORTS



OPEN

## A regulatory loop containing miR-26a, GSK3 $\beta$ and C/EBP $\alpha$ regulates the osteogenesis of human adipose-derived mesenchymal stem cells

Received: 17 June 2015  
Accepted: 21 September 2015  
Published: 15 October 2015

Zi Wang\*, Qing Xie\*, Zhang Yu, Huifang Zhou, Yazhuo Huang, Xiaoping Bi, Yefei Wang, Wodong Shi, Hao Sun, Ping Gu & Xianqun Fan

Elucidating the molecular mechanisms responsible for osteogenesis of human adipose-derived mesenchymal stem cells (hADSCs) will provide deeper insights into the regulatory mechanisms of this process and help develop more efficient methods for cell-based therapies. In this study, we analysed the role of miR-26a in the regulation of hADSC osteogenesis. The endogenous expression of miR-26a increased during the osteogenic differentiation. The overexpression of miR-26a promoted hADSC osteogenesis, whereas osteogenesis was repressed by miR-26a knockdown. Additionally, miR-26a directly targeted the 3'UTR of the GSK3 $\beta$ , suppressing the expression of GSK3 $\beta$  protein. Similar to the effect of overexpressing miR-26a, the knockdown of GSK3 $\beta$  promoted osteogenic differentiation, whereas GSK3 $\beta$  overexpression inhibited this process, suggesting that GSK3 $\beta$  acted as a negative regulator of hADSC osteogenesis. Furthermore, GSK3 $\beta$  influences Wnt signalling pathway by regulating  $\beta$ -catenin, and subsequently altered the expression of its downstream target C/EBP $\alpha$ . In turn, C/EBP $\alpha$  transcriptionally regulated the expression of miR-26a by physically binding to the CTDSPL promoter region. Taken together, our data identified a novel feedback regulatory circuitry composed of miR-26a, GSK3 $\beta$  and C/EBP $\alpha$ , the function of which might contribute to the regulation of hADSC osteogenesis. Our findings provided new insights into the function of miR-26a and the mechanisms underlying osteogenesis of hADSCs.

Mesenchymal stem cells (MSCs) have emerged as a promising tool for therapeutic applications in cell therapy and tissue engineering because of their ability to undergo tri-lineage differentiation into osteoblasts, chondrocytes and adipocytes<sup>1-4</sup>. MSCs isolated from various tissues (e.g., bone marrow, adipose tissue and umbilical cord blood<sup>5-7</sup>) have been used in potential treatments for various diseases and injuries including diabetes, graft-versus-host disease, myocardial infarction and spinal cord injury<sup>8-11</sup>. Adipose-derived mesenchymal stem cells (ADSCs) have great potential for use in bone regeneration because of their easy isolation, relative abundance, multipotency and rapid expansion<sup>12</sup>. Determining the molecular mechanisms responsible for osteogenesis of ADSCs will provide deeper insights into the regulatory patterns involved and will allow us to develop more efficient methods of cell-based therapies for treating bone defects.

MicroRNAs (miRNAs) are a class of endogenous, non-coding, single-strand RNAs, each composed of approximately 22–24 nucleotides. MiRNAs have been reported to incompletely complementarily bind

Department of Ophthalmology, Ninth People's Hospital, Shanghai Jiao Tong University School of Medicine, Shanghai, 200011, P.R. China. \*These authors contributed equally to this work. Correspondence and requests for materials should be addressed to P.G. (email: guping2009@hotmail.com) or X.F. (email: fanxq@sh163.net)

to the 3' untranslated region (3'UTR) of target mRNAs and interfere with the translation process, thus inhibiting protein synthesis<sup>13</sup>. Recent studies have revealed that miRNAs are involved in various biological processes including apoptosis, tumour and neuronal differentiation<sup>14–17</sup>. A cohort of miRNAs is differentially expressed in MSCs during the osteogenic differentiation process and has been reported to regulate the osteogenesis pathway through multiple mechanisms<sup>18–20</sup>. The up-regulation of miR-26a in MSCs during osteogenic differentiation has been reported by several research groups, indicating that miR-26a might participate in the regulation of osteogenesis<sup>21,22</sup>. However, the role of miR-26a in the regulation of the osteogenic differentiation of MSCs remains unclear as previous studies have described miR-26a as a negative regulator of osteogenesis<sup>23</sup> but subsequent studies demonstrated that the over-expression of miR-26a promoted osteogenic differentiation<sup>24,25</sup>. Therefore, the role of miR-26a in the osteogenesis of hADSCs requires further investigation, and the regulatory mechanisms involved should also be explored.

Glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ ) is an essential regulator of various biological processes that affect diverse molecular pathways including Wnt, PI3K/Akt and Hedgehog<sup>26–29</sup>. As a key component of the canonical Wnt signalling pathway, GSK3 $\beta$  along with a complex consisting of Axin1/2, APC and casein kinase 1 (CK1) constitutively degrade  $\beta$ -catenin through phosphorylation and the recruitment of the ubiquitin proteasome. Upon its dephosphorylation,  $\beta$ -catenin translocates into the cell nucleus and interacts with the T-cell factor/lymphoid enhancer factor-1 (TCF/LEF1) family of transcription factors, leading to the expression of target genes that are necessary for cell proliferation and differentiation<sup>30–32</sup>. The modulation of GSK3 $\beta$  through its phosphorylation or by chemical inhibitors has been shown to affect Wnt signalling pathway and to subsequently regulate the expression of various downstream target genes<sup>33–36</sup>. Recently, the regulation of GSK3 $\beta$  at the post-transcriptional level by miRNAs has also been demonstrated to impact the Wnt signalling pathway and diverse other biological processes<sup>37,38</sup>. MiR-26a has been demonstrated to be involved in the regulation of GSK3 $\beta$  and subsequently induces human airway smooth muscle hypertrophy and promotes apoptosis in hypoxic rat neonatal cardiomyocytes<sup>39,40</sup>. However, it remains unclear whether GSK3 $\beta$  is regulated by miR-26a in hADSCs and how miR-26a acts upon GSK3 $\beta$ , warranting further investigation. GSK3 $\beta$  has also been considered to participate in the regulation of osteogenic differentiation. Previous studies have demonstrated that the inhibition of GSK3 $\beta$  promotes osteogenic differentiation, but another study has revealed that the overexpression of GSK3 $\beta$  led to a marked increase in osteogenesis of murine ADSCs<sup>41–43</sup>. Thus, an investigation of the role of GSK3 $\beta$  in the regulation of the osteogenic differentiation of hADSCs would expand our knowledge of GSK3 $\beta$ 's diverse regulatory functions and could help explain the underlying mechanisms of miR-26a in the regulation of hADSC osteogenesis.

CCAAT-enhancer binding protein  $\alpha$  (C/EBP $\alpha$ ) has been demonstrated to be a major regulator in diverse physiological and pathological processes<sup>44,45</sup>, and it has been reported to regulate the expression levels of several miRNAs by physically binding to their promoter regions<sup>46,47</sup>. A previous study revealed that miR-26a could be transcriptionally activated by C/EBP $\alpha$  in human airway smooth muscle cells; specifically, a DNA fragment containing C/EBP $\alpha$  responsive elements within miR-26a promoter region could be immunoprecipitated by C/EBP $\alpha$ <sup>40</sup>. However, the transcriptional regulatory effects of C/EBP $\alpha$  on miR-26a in hADSCs remains unknown and requires further exploration to supply more precise information about the responsive elements and binding sites of C/EBP $\alpha$  within the miR-26a promoter region. C/EBP $\alpha$  has also been demonstrated to be one of various downstream target genes of the Wnt signalling pathway, and the activation of Wnt signalling has been shown to repress the expression of C/EBP $\alpha$ <sup>48,49</sup>. This raises the question as to whether GSK3 $\beta$ , a key component of the Wnt signalling pathway, also affects C/EBP $\alpha$  expression in hADSCs.

In this study, we analysed the effects of miR-26a on the osteogenesis of hADSCs by transducing lentiviral expression vectors that either promoted or repressed endogenous miR-26a. We identified GSK3 $\beta$  as one of the direct targets of miR-26a in hADSCs and further investigated the function of GSK3 $\beta$  in the regulation of hADSC osteogenic differentiation by performing gain- or loss-of-function analyses. In addition, we investigated the role of GSK3 $\beta$  in regulating  $\beta$ -catenin and revealed that C/EBP $\alpha$  is one of its downstream targets. C/EBP $\alpha$  was further demonstrated to transcriptionally regulate the expression of miR-26a. Taken together, our data suggested the existence of a feedback regulatory loop consisting of miR-26a, GSK3 $\beta$  and C/EBP $\alpha$  that regulates the osteogenesis of hADSCs.

## Methods and Materials

**Cell culture.** Human adipose-derived mesenchymal stem cells (hADSCs) isolated from fat tissue were obtained from Cyagen Biosciences (Guangzhou, China) as previously described<sup>50</sup>. hADSCs were cultured in DMEM/F12 (Invitrogen, Carlsbad, CA, USA) supplemented with 10% FBS (Invitrogen) and 100 units/mL penicillin and streptomycin (Invitrogen). Passage 3 hADSCs were used for all experiments. hADSCs were cultivated in serum-free conditions for 24 h prior to stimulation with 10 mM lithium chloride (LiCl) from Amresco (Solon, OH, USA) for 24 h<sup>51</sup>. 293T cells were cultured in DMEM/F12 (Invitrogen) supplemented with 10% FBS (Invitrogen) and 100 units/mL each of penicillin and streptomycin (Invitrogen). All cells were incubated at 37°C in a 5% CO<sub>2</sub> humid atmosphere, and the cell medium was changed every 2–3 days.

Genes	Accession No.	Forward (5'-3')	Reverse (5'-3')	Annealing temperature (°C)	Product size (base pairs)
Ocn	NM_199173	cactcctgcctattggc	ccctcctgtggacacaaag	60	112
BSP	NM_004967	cactggagccaatgcagaaga	tgtgggggttaggttcaaa	60	106
Runx2	NM_001015051	tgttactgtcatggcgggta	tgttactgtcatggcgggta	60	101
Osx	NM_152860	cctctgctggactcaacaac	agccattagtctgtaaagg	60	128
OPN	NM_001251830	ctcattgactcgaacgactc	caggtctgcgaactttagat	60	230
GSK3 $\beta$	NM_001146156	ggcagcatgaaagtagcaga	ggcaccagttctctgaatc	60	180
$\beta$ -catenin	NM_001098209	aaagcggctgttagtactgg	cgagtcattgcatactgccat	60	215
C/EBP $\alpha$	NM_004364	gtggagacgcagcagaag	ttccaaggcacaaggttatc	60	450
GAPDH	NM_001256799	ggagcgagatccctccaaat	ggctgtgtcatacttctcatgg	60	197

**Table 1. Primers used for qPCR.**

Name	Forward (5'-3')	Reverse (5'-3')
miR-26a	tgggatccatcctggctgtgctgtgata	ccgctcgaagaacttaaaaaaggcaggagactgattgtg
p-GSK3 $\beta$	tccgctcgagatgtcagggcgccagaac	atgggggtaccgtggtggagttggaagctgatg
p-C/EBP $\alpha$	cgcaaatggcgcttaggcgtg	cgctccgctccagctcaccag
Primer NC	gcctgctggaagccaca	agtggcgccctgag
Primer A	ctgcccactaccg	caaagtcctctcagcct
Primer B	tggccagctccttgc	tgggcatttccgggtgct
Primer C	ctggggccgaatgctgac	gaggggtcccaggagtgag

**Table 2. Primers used for cloning.**

**Reverse transcription and quantitative polymerase chain reaction (qPCR).** Total RNA was extracted from each sample using the RNeasy Mini Kit (Qiagen, Valencia, CA, USA), and first-strand complementary cDNA was synthesized using a PrimeScript™ RT reagent kit (Perfect Real Time, TaKaRa, Dalian, China). The resulting cDNAs were diluted 20-fold in nuclease-free water (Invitrogen) and were used as templates for qPCR. qPCR was carried out in a 20- $\mu$ l solution containing 10  $\mu$ l reaction mixture, 2  $\mu$ l cDNA, and 300 nM of gene-specific primers designed using Primer 3 software (listed in Table 1). qPCR was conducted using a 7500 Real-Time PCR Detection System (Applied Biosystems, Irvine, CA, USA) with an activation at 95 °C for 10 min followed by 40 cycles of amplification (15 s at 95 °C and 1 min at 60 °C). The efficiency of the reaction was measured using primers with serial dilutions of cDNA (1:1, 1:5, 1:25, 1:125, 1:625 and 1:3,125)<sup>52</sup>. For miRNA qPCR, total RNA was extracted using RNeasy Mini Kit (Qiagen), and 1  $\mu$ g of total RNA was reverse-transcribed using stem-loop primers from a BioTNT miRNA qPCR Detection Primer Set (BioTNT Biotechnologies, China). Each sample was tested in triplicate. The relative gene expression levels of mRNA and miRNA were analysed using the Pfaffl method<sup>53</sup> in which GAPDH and U6B were used as endogenous normalization controls.

**Lentiviral construction and transduction.** The lentiviral expression vector expressing hsa-miR-26a was termed miR-26a. Total RNA was first extracted from hADSCs, and cDNA was generated by RT-PCR. The target amplicon was generated using the primer listed in Table 2 and was cloned into a pLenti-Ubi-EGFP vector (Genechem Technology, China). The lentiviral expression vector expressing the reverse complementary sequence of hsa-miR-26a was termed miR-26a inhibitor. The oligonucleotide containing the stem-loop structure was synthesized as shown in Table 3 and cloned into a pLenti-hU6-EGFP vector (Genechem). 293T cells were transfected with the lentiviral expression vectors and packing vectors including Gag-Pol and VSV-G (all from Genechem). Forty-eight hours after transfection, supernatants containing virus were collected and then filtered and concentrated by a Centricon Plus-20 filter device (Millipore Corporation, Billerica, MA, USA). For lentiviral transduction, the cell medium was first changed into Opti-MEM (Invitrogen) with 5  $\mu$ g/mL of polybrene (GeneChem), and an optimal volume of concentrated viral supernatants was added.

**Plasmid construction.** The cDNA of C/EBP $\alpha$  (NM\_004364) was generated by RT-PCR using the primers listed in Table 2, and the cDNA of GSK3 $\beta$  (NM\_001146156) was purchased from GeneChem. The two cDNAs were individually cloned into a pcDNA3.1 vector (Invitrogen) and termed p-C/EBP $\alpha$  and p-GSK3 $\beta$ , respectively; empty pcDNA3.1 vector was termed p-NC and used as a control. To generate

Name	Sequence (5'-3')
miR-26a inhibitor	agctaaaaattcaagtaatccagataggctggatccagcctatcctggattacttgaat
GSK3 $\beta$ -3'UTR-wt	aaggactgtgggtgtatacaaaactattgcaaacctgtgcaaatctgtcttgataaaaggaaaagcaaaactgtataacattattactgaaatgcctctgtgactgatttttttcattttaataataaaactttttgtgaaaagtatgctcaatgttttttcccttccccattccctgtgaaataca
GSK3 $\beta$ -3'UTR-mut	aaggactgtgggtgtatacaaaactattgcaaacctgtgcaaatctgtcttgataaaaggaaaagcaaaactgtataacattattactcaagtttgcctctgtgactgatttttttcattttaataataaaactttttgtgaaaagtatgctcaatgttttttcccttccccattccctgtgaaataca
si-GSK3 $\beta$ -1	Sense: cagcaugaaguagcagadtdt Antisense: ucugcuaacuucaugcugdtdt
si-GSK3 $\beta$ -2	Sense: cauagccgauugcguuadtdt Antisense: auaacgcaaucggacuaugdtdt
si-GSK3 $\beta$ -3	Sense: cucaagaacugcaaguaadtdt Antisense: uuacuugacaguucugadtdt
si- $\beta$ -catenin-1	Sense: acgacuaguucaguugcuudtdt Antisense: aagcaacugaacuaugcugdtdt
si- $\beta$ -catenin-2	Sense: ccugggaaaaaugcuugdtdt Antisense: accaagcauuuaccaggdtdt
si- $\beta$ -catenin-3	Sense: gugcuaucugcugcucuaadtdt Antisense: uagagcagacagauagcactdtdt

**Table 3. Constructed sequences used in this study.**

the luciferase reporter vector, a 199-bp fragment of GSK3 $\beta$  (NM\_001146156) 3'UTR containing the predicted miR-26a binding site (position 4636–4643) and its mutant sequence were synthesized by Genechem and cloned into pGL3-control vector (Promega (Beijing) Biotech Co., Ltd, China); the constructed sequences are listed in Table 3. The full-length GSK3 $\beta$  3'UTR containing either the predicted binding site (position 4636–4643) or its mutant sequence was synthesized by GeneChem and cloned into a pGL3-control vector (Promega); these constructs were termed GSK3 $\beta$  3'UTR-full-wt and GSK3 $\beta$  3'UTR-mut, respectively. The two 1000-bp fragments within the CTDSPL promoter region (-2000/-1001 and -1000/-1 from ATG) were synthesized by GeneChem and inserted upstream into a pGL3-basic vector (Promega); the constructs were termed pGL3-Promoter1 and 2, respectively. Three fragments with some sequences deleted were synthesized and cloned upstream into a pGL3-basic vector (Promega); these constructs were termed pGL3- $\Delta$ A (-1580/-1464, 117-bp deletion), pGL3- $\Delta$ B (-1422/-1301, 122-bp deletion) and pGL3- $\Delta$ C (-1220/-1101, 120-bp deletion). The two 1000-bp (-2000/-1001) sequences containing either the wild type (-1530/-1526, GCAAG) or mutant (-1530/-1526, ATGGA) binding sites of C/EBP $\alpha$  were synthesized and inserted upstream into a pGL3-basic vector (Promega); these constructs were termed pGL3-wild type and pGL3-mutant, respectively. A pRL-TK vector expressing renilla luciferase was obtained from Promega and used as an endogenous normalizer.

**Plasmids and siRNA transfection.** hADSCs were seeded in 6-well plates before transfection. The transfection was conducted in Opti-MEM (Invitrogen), and the transfection mix was composed of 3  $\mu$ g of each plasmid and an optimal volume of Lipofectamine 2000 Reagent (Invitrogen). After 8 h of transfection at 37 °C in a humidified environment containing 5% CO<sub>2</sub>, the medium was changed, and the cells were incubated for another 48 h. Three pairs of small interfering RNAs (siRNAs) were designed and synthesized by Biomics (Biomics Biotechnologies, Shanghai, China) to specifically degrade the mRNAs of  $\beta$ -catenin (NM\_001904) and GSK3 $\beta$  (NM\_001146156). These siRNAs are listed in Table 3 and termed si- $\beta$ -catenin-1, 2 and 3 and si-GSK3 $\beta$ -1, 2 and 3, respectively. Negative control siRNA was used and termed si-NC. The siRNAs were transfected into hADSCs using the same method at a final concentration of 50 nM<sup>50</sup>.

**Western blot analyses.** Western blot analyses were performed using a standard protocol as previously described<sup>54</sup>. Confluent hADSCs were lysed with RIPA lysis buffer (Beyotime Institute of Biotechnology, China) supplemented with 1 nM of PMSF (Invitrogen), after which the collected protein contents were measured using a BCA protein assay kit (Thermo Fisher Scientific Inc., Waltham, MA). Proteins were separated by 10% SDS-PAGE electrophoresis and electro-blotted onto PVDF membranes (Millipore). The membranes were then incubated with optimal concentrations of the following primary antibodies: anti-Runx2 (1:1500, Abcam, Cambridge, MA, USA), anti-Ocn (1:1000, Abcam), anti-BSP (1:1000, Abcam), anti-GSK3 $\beta$  (1:1000, Abcam), anti- $\beta$ -catenin (1:2000, Abcam), anti-C/EBP $\alpha$  (1:1000, Abcam) and anti- $\beta$ -actin (1:3000, Abcam). Immunoreactive bands were detected using anti-rabbit (1:5000) or anti-mouse (1:5000) fluorescein-conjugated secondary antibodies (Abcam) and visualized by Odyssey V3.0 image scanning. All of the procedures were performed three times.

**Quantitative ALP and calcium measurements and ALP and ARS staining.** hADSCs were treated with osteogenic induction medium (StemPro<sup>®</sup> Osteogenesis Differentiation Kit, Invitrogen) for 14 days following lentiviral transduction or plasmid/siRNA transfection. For quantitative alkaline phosphatase (ALP) measurements, cells were first lysed using RIPA lysis buffer (Beyotime), and the cell supernatant was collected into a 96-well plate prior to the addition of substrates and p-nitrophenol from an Alkaline Phosphatase Assay Kit (Beyotime). After 15-minutes incubation at 37 °C, ALP activity was measured at a wavelength of 405 nm. Calcium content measurements were conducted using a Calcium Colorimetric

Assay Kit (Biovision, CA, USA) according to the manufacturer's instructions. Briefly, the cells and extra-cellular matrices were washed and diluted in the buffer solution, and the active solution was added into each well. After 15-minutes incubation, the measurement of calcium was conducted at a wavelength of 575 nm. ALP and alizarin red s (ARS) staining were performed as previously described<sup>54</sup>. Cells were washed and fixed in 4% polyoxymethylene for 10 min, and ALP staining was then performed using an Alkaline Phosphatase Color Development Kit (Beyotime) according to the manufacturer's instructions by incubating the cells for 30 min at 37 °C. For ARS staining, hADSCs were first washed and fixed in cold 95% (v/v) ethanol for 30 min, and the fixed cells were subsequently incubated with staining solution (Sigma-Aldrich, St. Louis, MO, USA) at 37 °C for 30 min.

**Dual luciferase reporter assay.** A total of 0.4 µg of pGL3-control (Promega) plasmid containing either the wild type or the mutant miR-26a binding site, 0.3 µg of pRL-TK (Promega) plasmid containing the renilla luciferase reporter gene, and 0.3 µg of miR-26a expressing vector were co-transfected into 293T cells using the Lipofectamine 2000 Reagent (Invitrogen). A total of 0.2 µg of pGL3-basic (Promega) plasmid containing the CTDSPL promoter region, 0.6 µg of C/EBPα expressing vector and 0.05 µg of pRL-TK were transfected using the same method. For the Wnt signalling pathway, 0.3 µg of pGL4-luc2P/TCF-LEF/Hygro vector containing TCF/LEF responsive elements were purchased directly from Promega and were co-transfected into hADSCs with either 0.6 µg of p-GSK3β or 50 nM of si-GSK3β. For this assay, 0.3 µg of pRL-TK (Promega) was used as a normalizer. Cells were harvested 48 h after transfection and assayed for firefly and renilla luciferase activity using the Dual-Glo™ Luciferase Assay System (Promega). The firefly luciferase activity was normalized to the renilla luciferase activity.

**Cellular immunofluorescence and CLSM imaging.** Cellular immunofluorescence was conducted as previously described<sup>55</sup>. hADSCs were first fixed in 4% paraformaldehyde (Sigma) and then permeabilized with 1% Triton X-100 (Invitrogen). The cells were incubated with an optimal concentration of rabbit anti-β-catenin antibody (1:500, Abcam), anti-Ostrix antibody (1:500, Abcam), anti-SATB2 antibody (1:500, Abcam) and anti-Runx2 antibody (1:500, Abcam) overnight at 4 °C followed by an incubation with anti-rabbit Alexa Fluor 546 secondary antibody (1:2000, Invitrogen), and the cells were subsequently rinsed five times with PBS. Nuclei were stained with Hoechst (Invitrogen) prior to imaging on a Leica TCS SP8 microscope (Leica Microsystems, Germany). Images were constructed using Leica LAS AF software (Leica).

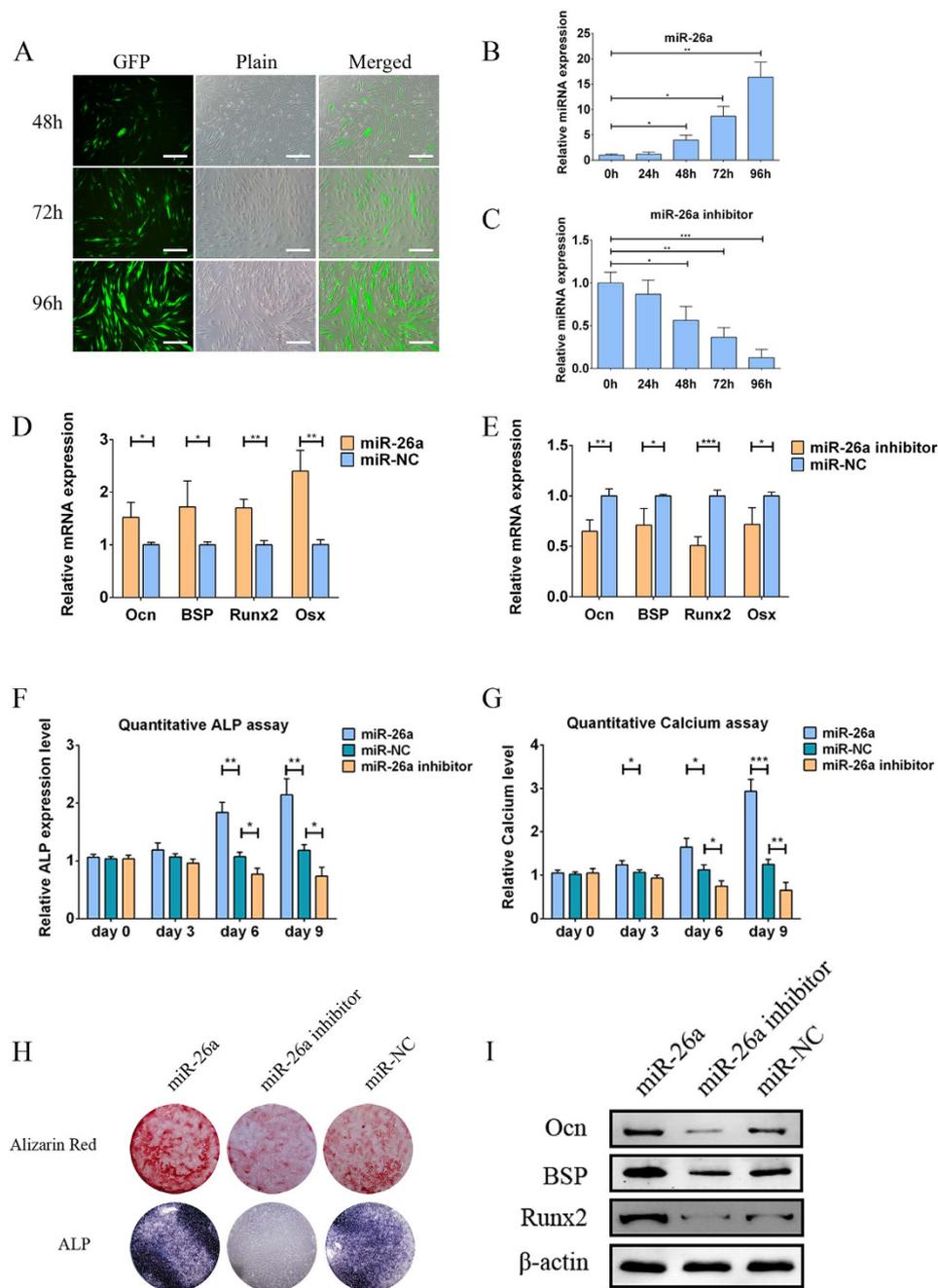
**Chromatin immunoprecipitation (ChIP).** ChIP was performed as previously described<sup>56</sup>. When cellular confluence reached 80%, hADSCs were cross-linked with 1% formaldehyde (Sigma) at 37 °C for 15 min. The cells were then lysed, and DNA-protein complexes were immunoprecipitated. Next, the formaldehyde-cross-linked DNA was reverse cross-linked using a ChIP Assay Kit (Millipore) according to the manufacturer's protocol. DNA-chromatin complexes were immunoprecipitated with anti-C/EBPα (1:300, Abcam) or mouse IgG (Millipore) as an internal control. The primers used for analysing the precipitated DNA are listed in Table 2.

**Bioinformatics predictions.** To predict the target genes of miR-26a during the osteoblast differentiation of hADSCs, we selected scientifically sanctioned miRNA target prediction databases: TargetScan (www.targetscan.org) and miRanda (www.miranda.org); and for the prediction of C/EBPα binding sites, Patch 1.0 (www.gene-regulation.com) was used.

**Statistical analyses.** The results represent the average of three experiments, and the data are presented as the mean ± SD. Each experiment was performed at least three times unless otherwise specified. Statistical significance was determined using the unpaired Student's t-test, and a value of \*P < 0.05 was considered to be statistically significant.

## Results

**miR-26a promotes the osteogenesis of hADSCs.** To investigate the expression pattern of endogenous miR-26a during the osteogenic differentiation process, hADSCs were treated with either osteogenic medium or normal medium, and the expression levels of miR-26a were detected at each time point by qPCR. As shown in Supplementary Fig. S1A online, miR-26a expression was gradually up-regulated in hADSCs cultured in osteogenic medium compared with those cultured in normal medium. To elucidate the role of miR-26a in regulating the osteogenic differentiation of hADSCs, a total of three lentiviral expression systems were constructed: a lentiviral vector overexpressing miR-26a (miR-26a); a lentiviral vector expressing the complementary sequence of mature miR-26a (miR-26a inhibitor); and a lentiviral vector without any insertions of expression sequences (miR-NC), which was used as control. Then, hADSCs were transduced with the lentiviral expression systems, and GFP expression was imaged by a fluorescence microscope to detect the transduction efficiency. As shown in Fig. 1A, the ratio of GFP-positive hADSCs increased in a time dependent manner, reaching  $71.7 \pm 5.63\%$  at 96 hours. qPCR analyses showed that intracellular miR-26a was remarkably elevated by the transduction of miR-26a, whereas its expression was reduced to less than 30% by the transduction of miR-26a inhibitor (Fig. 1B,C). Next, we performed qPCR 7 days after the transduction, which revealed that the overexpression of miR-26a

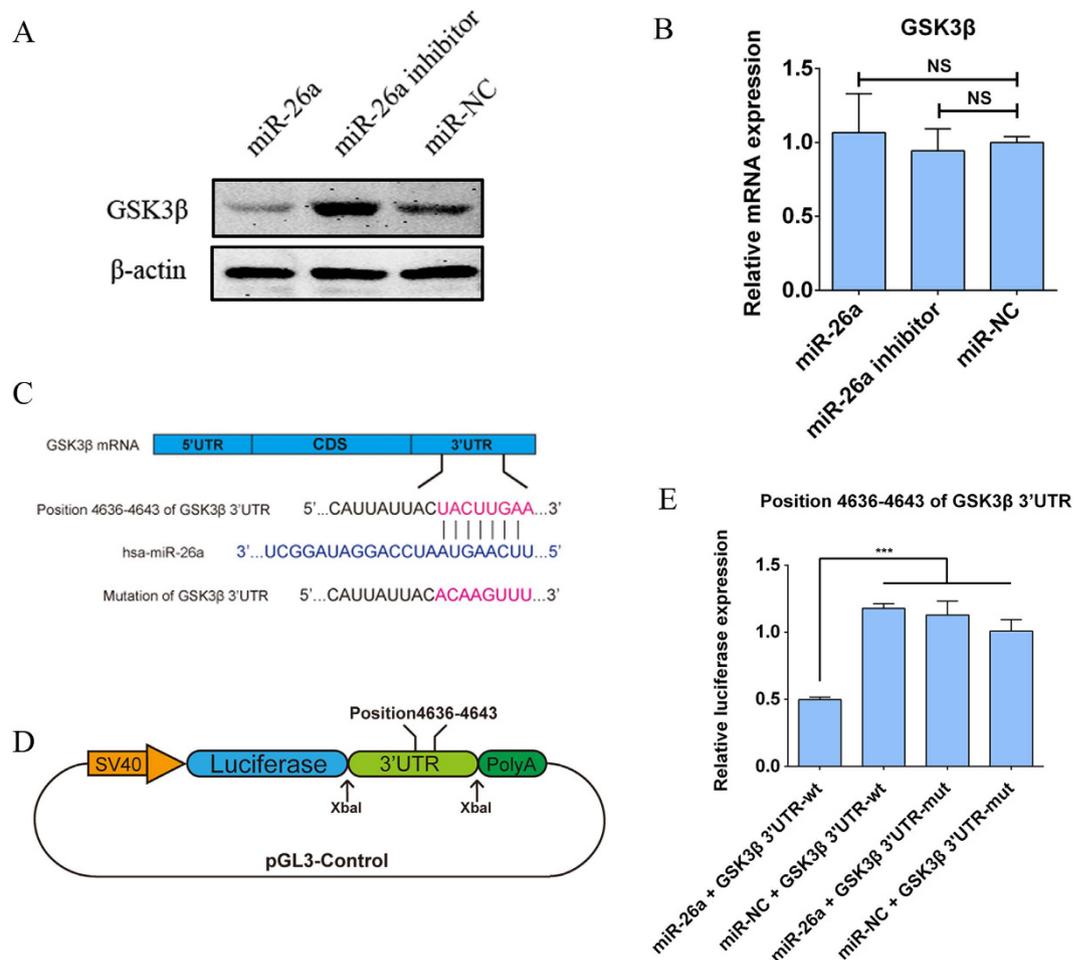


**Figure 1. miR-26a promoted the osteogenesis of hADSCs.** (A) The GFP expression levels hADSCs after lentiviral transduction were imaged by a fluorescence microscope, showing that the ratio of GFP-positive hADSCs was greater than 70% at 96 hours. Scale bars: 500  $\mu$ m. Intracellular miR-26a levels were greatly increased by the lentiviral transduction of miR-26a (B) and were remarkably decreased by a miR-26a inhibitor in a time-dependent manner (C). (D) mRNA expression levels of osteogenic-specific genes such as Ocn, BSP, Runx2 and Osx were increased by miR-26a transduction. (E) The silencing of intracellular miR-26a by transducing miR-26a inhibitor repressed the mRNA levels of the osteogenic-specific genes. Data shown represented the average of three independent experiments and were all normalized to GADPH. (F) A quantitative ALP assay indicated that ALP activity was increased by miR-26a, but decreased by the miR-26a inhibitor compared to the miR-NC group. (G) A quantitative calcium assay indicated that calcium content was increased by miR-26a but was reduced by the miR-26a inhibitor compared to miR-NC. Data from each time point were normalized to the miR-NC group at day 0. (H) ALP and ARS staining revealed that the exogenous overexpression of miR-26a increased intracellular ALP levels and mineralized the extracellular matrix, whereas the miR-26a inhibitor reduced these levels. (I) Western blot showed that the protein levels of the osteogenic-specific genes such as Ocn, BSP and Runx2 were elevated by miR-26a but repressed by the miR-26a inhibitor. These data are representative of at least three independent experiments;  $\beta$ -actin was used as a normalizer. Data are averages of three independent experiments. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

resulted in an increase in the mRNA expression levels of several osteogenic marker genes, such as *Ocn*, *BSP*, *Runx2* and *Osx*, to at least 1.5-fold compared to miR-NC (Fig. 1D). In contrast, the knockdown of miR-26a by the transduction of miR-26a inhibitor decreased those same mRNA levels by as much as 50% compared to miR-NC (Fig. 1E). Important osteogenic marker alkaline phosphatase (ALP) activity was measured by a quantitative ALP assay and showed that the overexpression of miR-26a promoted ALP activity; ALP activity was decreased by the knockdown of miR-26a. Data from each time point was compared to miR-NC at the same time point (Fig. 1F). In addition, we performed a quantitative calcium assay to determine the contents of the mineralized extracellular matrix (ECM), and this assay showed a similar pattern to the ALP assay (Fig. 1G). ALP and alizarin red s (ARS) staining were also performed 14 days after transduction to generally observe miR-26a's effects on ALP activity and mineralization of ECM. As shown in Fig. 1H, miR-26a-transduced hADSCs exhibited both increased ALP activity and more mineralized ECM, whereas the miR-26a inhibitor led to reduction of both. Furthermore, western blot analyses was performed 7 days after transduction to detect the protein levels of genes related to osteogenesis, and the protein levels of *Ocn*, *BSP* and *Runx2* were increased in miR-26a-transduced hADSCs while decreased in miR-26a inhibitor-transduced hADSCs (Fig. 1I). Overall, these data suggested that the overexpression of miR-26a promoted the osteogenic differentiation of hADSCs whereas the knockdown of miR-26a repressed it, indicating that miR-26a was a positive regulator for the osteogenesis of hADSCs.

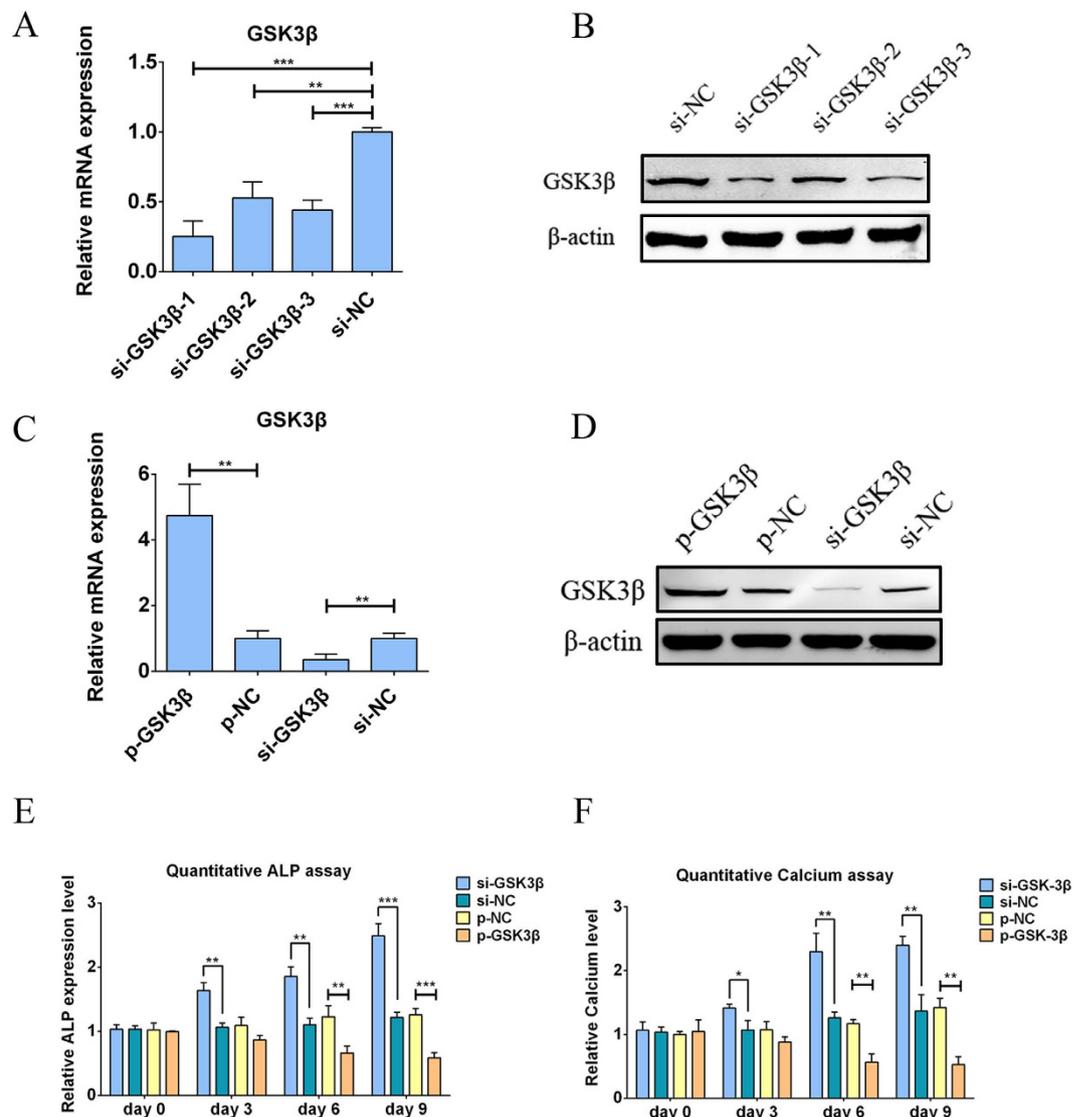
**GSK3 $\beta$  is a direct target of miR-26a.** To test our hypothesis of whether GSK3 $\beta$  is a direct target of miR-26a, hADSCs were transduced with miR-26a, miR-26a inhibitor or miR-NC, and the results of western blot showed that the protein levels of GSK3 $\beta$  was repressed by miR-26a but promoted by miR-26a inhibitor compared to miR-NC (Fig. 2A). Our qPCR analyses detected no significant changes in the levels of GSK3 $\beta$  mRNA (Fig. 2B), suggesting that miR-26a regulated the expression of GSK3 $\beta$  at the post-transcriptional level. To further validate whether miR-26a directly interacted with GSK3 $\beta$  3'UTR and subsequently interfered with the translation process, we searched miRanda and TargetScan, where a more negative score indicates a greater likelihood of being a direct binding site of miR-26a. We found out several miR-26a putative binding sites whose score ranges from  $-0.0022$  to  $-0.7538$  (miRanda) and  $-0.120$  to  $-0.247$  (TargetScan). Among these binding sites, position 4636–4643 had the most negative score ( $-0.7538$  in miRanda, and  $-0.247$  in TargetScan), indicating that miR-26a could directly bind to this site. To test this binding site, a luciferase reporter system was constructed. A 199-bp fragment of the GSK3 $\beta$  3'UTR containing either the wild type or mutant sequences of position 4636–4643 was cloned downstream of the firefly luciferase coding sequence in the pGL3-control vector (Fig. 2D); these constructs were termed GSK3 $\beta$  3'UTR-wt and GSK3 $\beta$  3'UTR-mut, respectively. Then, miR-26a-overexpressing plasmid (miR-26a) or empty plasmid (miR-NC) was individually co-transfected with GSK3 $\beta$  3'UTR-wt or GSK3 $\beta$  3'UTR-mut, and the renilla luciferase plasmid (pRL-TK) was used to normalise the expression. Luciferase assays showed that the co-transfection of miR-26a and GSK3 $\beta$  3'UTR-wt dramatically decreased the luciferase activity compared with the other groups (Fig. 2E), indicating that position 4636–4643 of the 3'UTR of GSK3 $\beta$  was a direct target of miR-26a. To obtain a full picture of the post-transcriptionally repressive effects of miR-26a on GSK3 $\beta$  and to exclude the possibility that secondary structures of the full-length 3'-UTR were hampering the recognition of the particular binding site, we also synthesized the full-length 3'UTR of GSK3 $\beta$  carrying either the wild-type or mutant sequences of position 4636–4643. These sequences were then inserted into the pGL3-control vector, and the constructs were termed GSK3 $\beta$  3'UTR-full-wt and GSK3 $\beta$  3'UTR-full-mut, respectively. As shown in Supplementary Fig. S1B online, the co-transfection of miR-26a and GSK3 $\beta$  3'UTR-full-wt significantly repressed the luciferase expression, whereas the co-transfection of miR-26a and GSK3 $\beta$  3'UTR-full-mut showed little effect on luciferase expression. Taken together, our data showed that miR-26a suppressed the protein levels of GSK3 $\beta$ , whereas the knockdown of miR-26a increased GSK3 $\beta$  protein expression. Furthermore, miR-26a repressed the translation of GSK3 $\beta$  by directly binding to position 4636–4643 of the GSK3 $\beta$  3'UTR. These findings suggested that GSK3 $\beta$  was a direct target of miR-26a.

**GSK3 $\beta$  is a negative regulator of hADSC osteogenesis.** To investigate the effects of GSK3 $\beta$  on the osteogenesis of hADSCs, we constructed a GSK3 $\beta$  overexpression plasmid, termed p-GSK3 $\beta$ , and designed three pairs of siRNA to degrade the mRNA level of GSK3 $\beta$ , called si-GSK3 $\beta$ -1, 2 and 3; empty plasmid (p-NC) and negative control siRNA (si-NC) were used as controls. To test the knockdown efficiency, three pairs of si-GSK3 $\beta$  were individually transfected into hADSCs, qPCR and western blot were performed. Both the mRNA (Fig. 3A) and protein (Fig. 3B) levels of GSK3 $\beta$  were significantly decreased by the transfection of the three pairs of si-GSK3 $\beta$ , among which si-GSK3 $\beta$ -3 showed the strongest inhibition and was selected for subsequent GSK3 $\beta$  knockdown experiments. To validate the effects of p-GSK3 $\beta$  and si-GSK3 $\beta$  on the expression of GSK3 $\beta$  in hADSCs, p-GSK3 $\beta$  and si-GSK3 $\beta$  were individually transfected into hADSCs, and the mRNA and protein expression levels of GSK3 $\beta$  were examined by qPCR and western blot, respectively. As shown in Fig. 3C,D, both the mRNA and protein levels were dramatically elevated by p-GSK3 $\beta$ , whereas these levels were repressed by si-GSK3 $\beta$ , indicating that p-GSK3 $\beta$  and si-GSK3 $\beta$  could be used to modulate intracellular GSK3 $\beta$  levels. Next, p-GSK3 $\beta$  and the si-GSK3 $\beta$  were individually transfected into hADSCs to investigate the role of GSK3 $\beta$  in the regulation of hADSC osteogenesis. Important osteogenic marker ALP activity was determined by a quantitative ALP assay, which showed that intracellular ALP activity (Fig. 3E) was greatly promoted



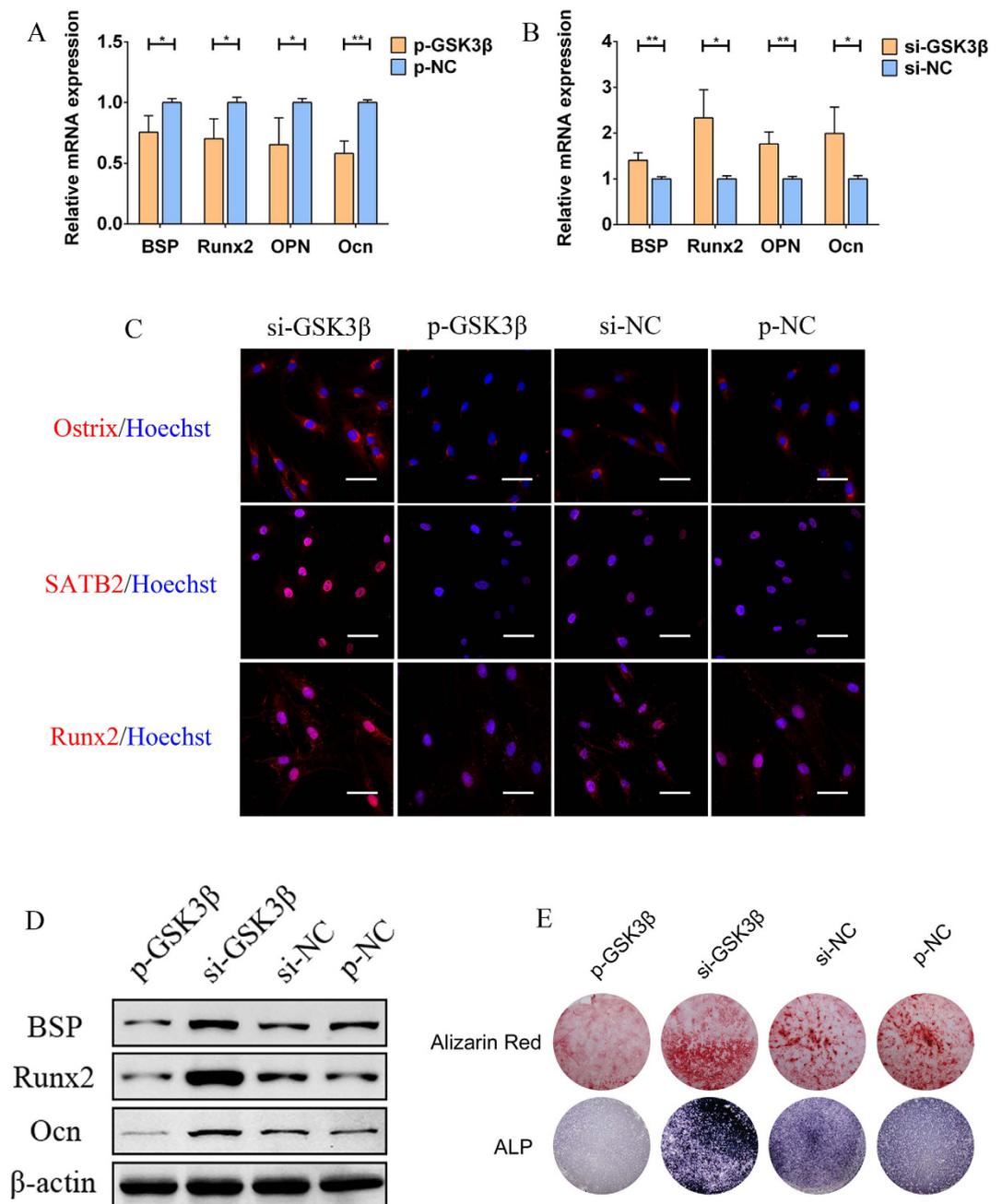
**Figure 2. GSK3 $\beta$  is a direct target of miR-26a.** (A) Western blot analyses indicated that the GSK3 $\beta$  expression level was inhibited by miR-26a but was promoted by miR-26a inhibitor. (B) qPCR showed that neither the exogenous miR-26a nor the miR-26a inhibitor had significant impacts on GSK3 $\beta$  mRNA levels. qPCR data are the averages of three independent experiments and were all normalized to GADPH. NS stands for no significance observed. (C) Position 4636–4643 of the 3'UTR of GSK3 $\beta$  mRNA and its mutated sequence are presented in a schematic diagram. (D) Schematic diagram of the luciferase reporter system that was constructed, which contained either wild type or mutant binding sites. (E) The dual luciferase reporter assay indicated that the co-transfection of miR-26a and the wild-type binding site (GSK3 $\beta$  3'UTR-wt) dramatically reduced luciferase activity, whereas miR-26a had no effects on the mutated binding region (GSK3 $\beta$  3'UTR-mut). All data are averages from three independent experiments. The firefly luciferase activity data were normalized to renilla luciferase activity. \*\*\* $P < 0.001$ .

by si-GSK3 $\beta$  but was significantly repressed by p-GSK3 $\beta$ ; Data from p-GSK3 $\beta$  or si-GSK3 $\beta$  at each time point was individually compared to p-NC or si-NC at the same time point. In addition, quantitative calcium assay was performed to evaluate the mineralization of ECM, which showed a similar pattern as the quantitative ALP assay (Fig. 3F). Furthermore, qPCR at day 7 showed that the mRNA levels of osteogenic marker genes such as BSP, Runx2, OPN and Ocn were repressed by the transfection of p-GSK3 $\beta$  (Fig. 4A) but were elevated by si-GSK3 $\beta$  (Fig. 4B) compared to controls. To evaluate the effects of GSK3 $\beta$  on osteogenic-specific transcription factors in hADSCs, cellular immunofluorescence was conducted 7 days following transfection. As shown in Fig. 4C, the expression levels of Ostrix, SATB2 and Runx2 were repressed by the transfection of p-GSK3 $\beta$  but were elevated in si-GSK3 $\beta$ -transfected hADSCs compared to controls. Seven days after the transfection, the protein levels of osteogenic marker genes such as Ocn, BSP and OPN were also decreased by p-GSK3 $\beta$  while being promoted by si-GSK3 $\beta$  compared to controls (Fig. 4D). ALP and ARS staining (Fig. 4E) was conducted 14 days after the transfection to generally observe the ALP activity and mineralization of ECM, which showed that p-GSK3 $\beta$  decreased both intracellular ALP activity and mineralized ECM in hADSCs; both were increased following si-GSK3 $\beta$  transfection. Collectively, our data suggested that the overexpression of GSK3 $\beta$  enhanced the osteogenic differentiation of hADSCs whereas the knockdown of GSK3 $\beta$  repressed this differentiation, indicating that GSK3 $\beta$  acts as a negative regulator of hADSC osteogenesis.



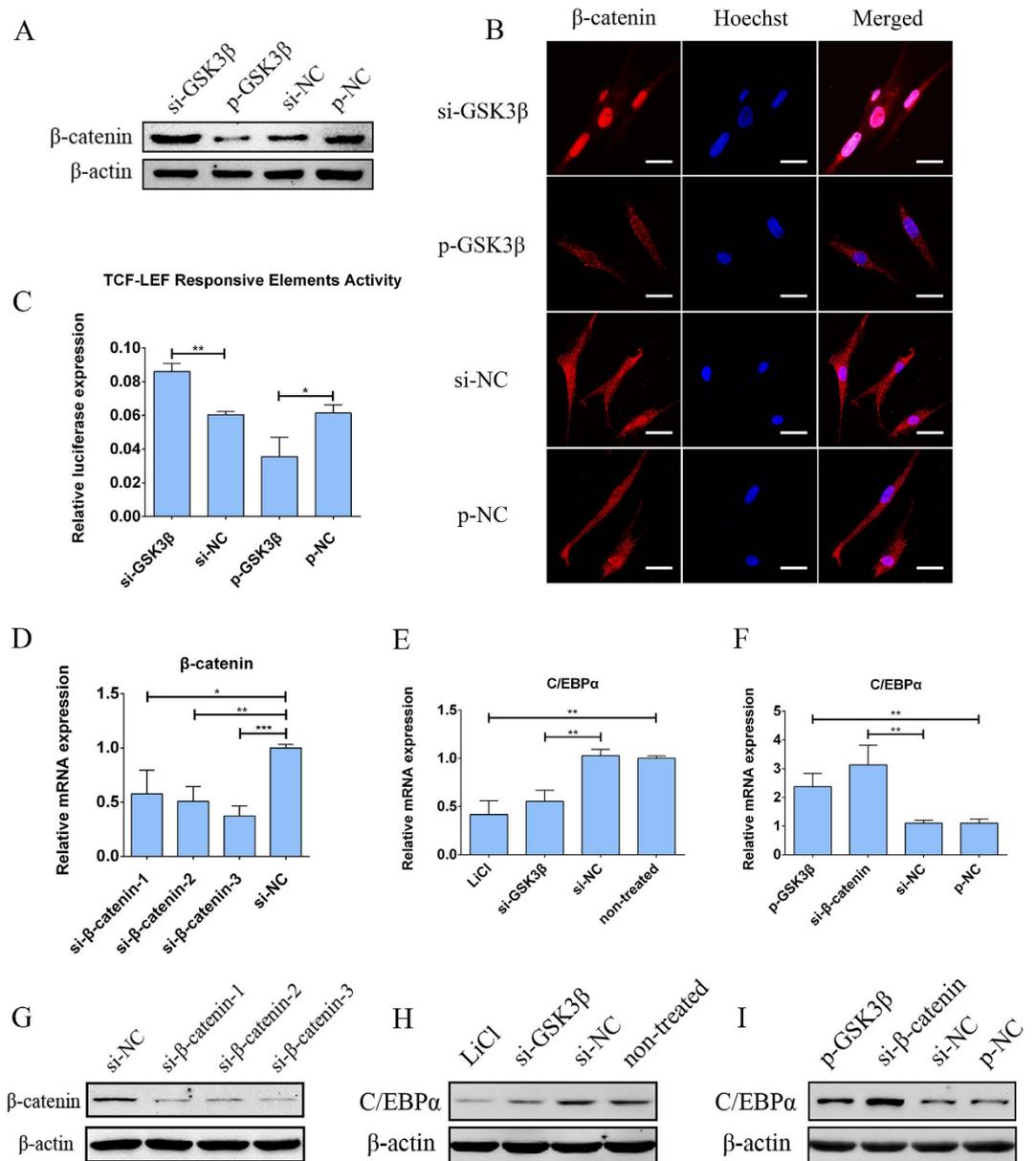
**Figure 3. GSK3 $\beta$  represses the osteogenesis of hADSCs.** (A) qPCR detection showed that the transfection of si-GSK3 $\beta$  resulted in a sharp decrease in the mRNA levels of GSK3 $\beta$ . (B) Western blot indicated that the transfection of si-GSK3 $\beta$  significantly reduced GSK3 $\beta$  protein levels. (C) qPCR showed that the GSK3 $\beta$  overexpression plasmid resulted in a marked increase in the mRNA levels of GSK3 $\beta$ , whereas the transfection of si-GSK3 $\beta$  reduced the mRNA levels of GSK3 $\beta$ . (D) Western blot showed similar results, namely, that GSK3 $\beta$  protein levels were elevated by p-GSK3 $\beta$  and that they were decreased by si-GSK3 $\beta$ . (E) A quantitative ALP assay showed that p-GSK3 $\beta$  decreased ALP activity whereas si-GSK3 $\beta$  increased it. Data from each time point were normalized to p-NC and si-NC, respectively, at Day 0. (F) A quantitative calcium assay showed that the overexpression of GSK3 $\beta$  reduced the calcium content but that si-GSK3 $\beta$  increased it. Data from each time point were normalized to p-NC and si-NC, respectively, at Day 0. Data are averages of three independent experiments. All data of qPCR were normalized to GADPH, p-NC and si-NC were used as the negative control of p-GSK3 $\beta$  and si-GSK3 $\beta$ , respectively. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

**GSK3 $\beta$  regulates  $\beta$ -catenin and its downstream target C/EBP $\alpha$ .** It has been reported that the activation of Wnt signaling pathway leads to intracellular accumulation of  $\beta$ -catenin, and accumulated  $\beta$ -catenin subsequently translocates into the cell nucleus and interacts with the T-cell factor/lymphoid enhancer factor-1 (TCF/LEF1) family of transcription factors, leading to the expression of target genes<sup>29,30</sup>. C/EBP $\alpha$  has been shown to be one of the downstream target genes of the Wnt pathway<sup>48,49</sup>, and we tested whether GSK3 $\beta$ , one of the key components of the Wnt pathway, regulates C/EBP $\alpha$  expression in hADSCs. First to investigate the role of GSK3 $\beta$  in regulating the Wnt pathway, hADSCs were individually transfected with si-GSK3 $\beta$  and p-GSK3 $\beta$ ; empty plasmid (p-NC) and negative control siRNA (si-NC) were used as controls. Western blot analyses showed that intracellular  $\beta$ -catenin levels were elevated following the siRNA-mediated knockdown of GSK3 $\beta$ , whereas intracellular  $\beta$ -catenin levels were



**Figure 4.** GSK3 $\beta$  is a negative regulator of the osteogenesis of hADSCs. (A) qPCR detection revealed that the overexpression of GSK3 $\beta$  reduced the mRNA levels of osteogenic-related genes such as BSP, Runx2, OPN and Ocn. (B) The siRNA-mediated knockdown of GSK3 $\beta$  promoted the mRNA levels of BSP, Runx2, OPN and Ocn. (C) Cellular immunofluorescence imaged by confocal laser scanning microscope (CLSM) showed that the expression levels of Ostrix, SATB2 and Runx2 were repressed by the overexpression of GSK3 $\beta$  but were promoted by the knockdown of GSK3 $\beta$ . Scale bars: 100  $\mu$ m. (D) Western blot analyses showed that p-GSK3 $\beta$  repressed and si-GSK3 $\beta$  enhanced the protein levels of osteogenesis-specific genes such as Ocn, BSP and OPN. (E) ALP and ARS staining indicated that the overexpression of GSK3 $\beta$  reduced the presence of intracellular ALP and of the mineralized extracellular matrix in hADSCs, whereas both were increased by the knockdown of GSK3 $\beta$ . All of the data are averages of three independent experiments. All qPCR data were normalized to GADPH; p-NC and si-NC were set to be the negative controls of p-GSK3 $\beta$  and si-GSK3 $\beta$ , respectively. \* $P < 0.05$ , \*\* $P < 0.01$ .

repressed by the overexpression of GSK3 $\beta$  compared to controls (Fig. 5A). Cellular immunofluorescence showed that si-GSK3 $\beta$  elevated intracellular  $\beta$ -catenin levels and promoted its nuclear aggregation, whereas p-GSK3 $\beta$  reduced  $\beta$ -catenin levels and prevented  $\beta$ -catenin from translocating into the nucleus (Fig. 5B). Next, a luciferase reporter vector containing TCF/LEF responsive elements was co-transfected



**Figure 5. GSK3 $\beta$  regulates  $\beta$ -catenin and its downstream target C/EBP $\alpha$ .** (A) Western blot showed that  $\beta$ -catenin was increased by si-GSK3 $\beta$  and repressed by p-GSK3 $\beta$ . (B) Our cellular immunofluorescence assay indicated that the intracellular content of  $\beta$ -catenin increased and shifted from the cytoplasm to the nucleus when si-GSK3 $\beta$  was transfected but that the overexpression of GSK3 $\beta$  reduced  $\beta$ -catenin levels. Scale bars: 50  $\mu$ m. (C) A luciferase reporter assay with TCF/LEF responsive elements showed that the  $\beta$ -catenin-TCF/LEF-driven luciferase expression level was elevated by si-GSK3 $\beta$  but decreased by p-GSK3 $\beta$ . All data are averages from three independent experiments. p-NC and si-NC were used as the negative controls for p-GSK3 $\beta$  and si-GSK3 $\beta$ , respectively. The firefly luciferase activity data were normalized to renilla luciferase. The transfection of si- $\beta$ -catenin led to a sharp reduction in mRNA (D) and protein (G) levels of  $\beta$ -catenin. qPCR indicated that the mRNA levels of C/EBP $\alpha$  decreased when hADSCs were transfected with si-GSK3 $\beta$  or treated with 10 mM of LiCl, compared with si-NC or non-treated hADSCs, respectively, (E), but that C/EBP $\alpha$  levels were increased following the transfection of si- $\beta$ -catenin or p-GSK3 $\beta$  compared with si-NC or p-NC (F). Western blot also showed that C/EBP $\alpha$  protein levels increased in LiCl-treated or si-GSK3 $\beta$ -transfected hADSCs (H) whereas they decreased in si- $\beta$ -catenin or p-GSK3 $\beta$ -transfected hADSCs (I). All data are averages from three independent experiments, and data of qPCR were all normalized to GADPH. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

with si-GSK3 $\beta$  or p-GSK3 $\beta$  into hADSCs, and a luciferase assay showed that the activity of TCF/LEF responsive elements was significantly increased by the knockdown of GSK3 $\beta$ ; the activity of TCF/LEF elements was decreased by the overexpression of GSK3 $\beta$  (Fig. 5C). These findings suggested that GSK3 $\beta$

regulated both the intracellular level and localization of  $\beta$ -catenin in hADSCs, consequently affecting the Wnt signalling pathway.

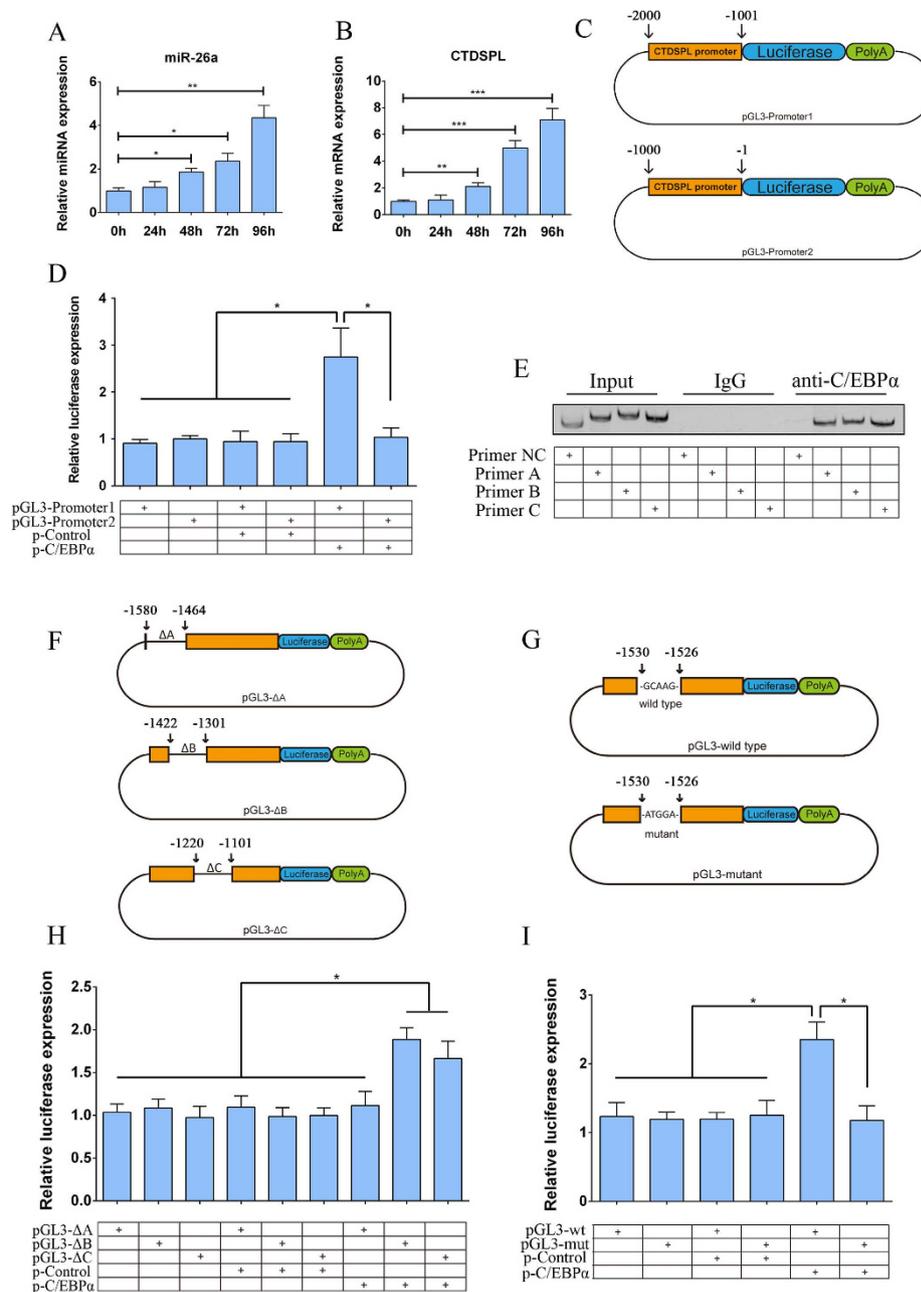
Based on our results that GSK3 $\beta$  regulates  $\beta$ -catenin and Wnt signaling pathway, we further investigated whether GSK3 $\beta$  could regulate C/EBP $\alpha$  expression in hADSCs. According to previous studies, LiCl is a strong activator of the Wnt pathway, and the knockdown of  $\beta$ -catenin using siRNA significantly represses the Wnt pathway<sup>51</sup>, thus they were employed in our study as positive control. First, to select the most effective siRNA that could knockdown  $\beta$ -catenin, we designed three pairs of siRNA termed si- $\beta$ -catenin-1, 2 and 3; negative control siRNA (si-NC) was used as a control. Then, three pairs of si- $\beta$ -catenin were individually transfected into hADSCs; qPCR (Fig. 5D) and western blot (Fig. 5G) analyses showed that both the mRNA and protein levels of  $\beta$ -catenin were significantly decreased by the transfection of three pairs of si- $\beta$ -catenin. Among these, si- $\beta$ -catenin-1 was selected for the following experiments to knockdown  $\beta$ -catenin. To investigate the influence of GSK3 $\beta$  on C/EBP $\alpha$ , p-GSK3 $\beta$  and si-GSK3 $\beta$  were individually transfected into hADSCs. qPCR (Fig. 5E) and western blot (Fig. 5H) analyses showed that the treatment with LiCl or the transfection of si-GSK3 $\beta$  significantly decreased C/EBP $\alpha$  expression compared to non-treated hADSCs and si-NC; the knockdown of  $\beta$ -catenin by si- $\beta$ -catenin or the transfection of p-GSK3 $\beta$  greatly promoted C/EBP $\alpha$  expression compared with si-NC and p-NC, respectively (Fig. 5F,I). These findings suggest that C/EBP $\alpha$  is one of the downstream targets of the Wnt signalling pathway and is negatively regulated by GSK3 $\beta$ . Above all, our data demonstrated that GSK3 $\beta$  has significant impacts on the Wnt signalling pathway by affecting  $\beta$ -catenin and consequently regulates the expression level of its downstream target C/EBP $\alpha$ .

**C/EBP $\alpha$  regulates miR-26a by directly binding to its promoter region.** According to the Ensembl Genome database, the miR-26a gene is located within the intron of the CTD small phosphatase-like protein (CTDSPL) gene. It is likely that the intronic miRNAs are processed from the same primary transcript as the precursor mRNAs, and thus, their expression levels are regulated by the expression of the host mRNA<sup>57,58</sup>. To investigate the regulatory pattern of C/EBP $\alpha$  on miR-26a expression in hADSCs, a C/EBP $\alpha$  overexpression plasmid (p-C/EBP $\alpha$ ) was constructed and then transfected into hADSCs. Our qPCR results showed that the expression levels of miR-26a and CTDSPL were both greatly promoted by the overexpression of C/EBP $\alpha$  (Fig. 6A,B), suggesting that miR-26a is co-transcribed with CTDSPL. Next, the two 1000-bp fragments within the promoter region of CTDSPL (-2000/-1001 and -1000/-1 from the ATG of CTDSPL) were synthesized and inserted upstream of the firefly luciferase encoding sequence of the pGL3-basic vector. These constructs were termed pGL3-Promoter1 and pGL3-Promoter2, respectively (Fig. 6C). Then, pGL3-Promoter1 and pGL3-Promoter2 were individually co-transfected along with p-C/EBP $\alpha$  into 293T cells. Our luciferase assay showed that the co-transfection of p-C/EBP $\alpha$  and pGL3-Promoter1 significantly promoted luciferase expression compared to the other groups (Fig. 6D). In addition, a chromatin immunoprecipitation (ChIP) assay was performed to determine whether C/EBP $\alpha$  physically binds to the promoter region of CTDSPL. As shown in Fig. 6E, C/EBP $\alpha$  could specifically immunoprecipitate fragments containing Primers A (-1580/-1464, 117-bp), B (-1422/-1301, 122-bp) and C (-1220/1101, 120-bp) within the -2000/-1001 region, and Primer NC (-1786/-1683, 104-bp) was used as a negative control. To further investigate whether these immunoprecipitated fragments had a transcriptionally active response to C/EBP $\alpha$ , three luciferase reporter systems were constructed with the above fragments deleted and referred to as pGL3- $\Delta$ A (-1580/-1464, 117-bp deleted),  $\Delta$ B (-1422/-1301, 122-bp deleted) and  $\Delta$ C (-1220/1101, 120-bp deleted) in Fig. 6F. Our luciferase assay results showed that the co-transfection of p-C/EBP $\alpha$  and pGL3- $\Delta$ A (-1580/-1464, 117-bp deleted) could no longer increase luciferase expression compared to pGL3- $\Delta$ B and pGL3- $\Delta$ C. According to the transcription factor binding site prediction software Patch 1.0, a putative binding site for C/EBP $\alpha$  (-1530/-1526, GCAAG) was predicted. Luciferase reporter systems containing either the wild-type (-1530/-1526, GCAAG) or mutant (-1530/-1526, ATGGA) binding sites of C/EBP $\alpha$  were constructed and termed pGL3-wild type and pGL3-mutant, respectively (Fig. 6G). Our luciferase assay showed that the mutant binding site had no response to C/EBP $\alpha$  compared with the wild-type site. Taken together, these findings indicated that C/EBP $\alpha$  transcriptionally activates miR-26a expression by directly binding to the CTDSPL promoter region.

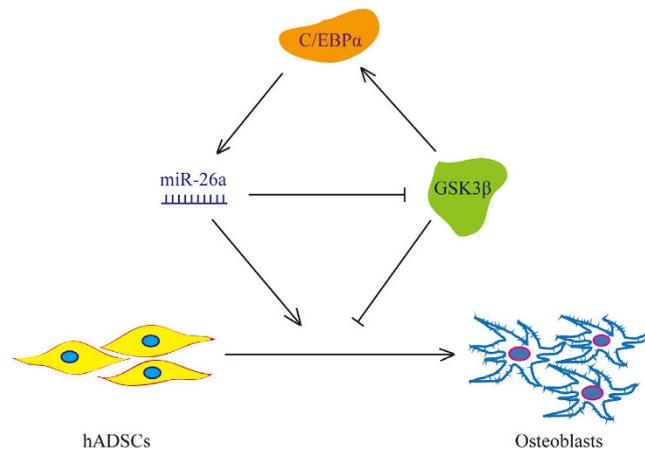
In summary, our data demonstrated that miR-26a is a positive regulator of the osteogenesis of hADSCs. MiR-26a was shown to suppress GSK3 $\beta$  by directly binding to the 3'UTR of its mRNA, and GSK3 $\beta$  was demonstrated to negatively regulate the osteogenesis of hADSCs. GSK3 $\beta$  was also shown to affect the Wnt signalling pathway by regulating  $\beta$ -catenin and subsequently altered the expression of its downstream target C/EBP $\alpha$ . Finally, C/EBP $\alpha$  was demonstrated to transcriptionally regulate the expression of miR-26a by physically binding to the CTDSPL promoter region (Fig. 7).

## Discussion

Human adipose-derived mesenchymal stem cells (hADSCs) have become promising seed cells for bone tissue engineering due to their easy access and availability in large quantities<sup>12,59,60</sup>. Elucidating the underlying molecular mechanisms that control the osteogenesis of hADSCs will provide deeper insights into the regulatory patterns involved in that process and allow us to develop more efficient methods for curing bone defects. Recently, microRNAs (miRNAs) have emerged as important regulators that affect the osteogenesis of MSCs<sup>61,62</sup>. Evidence has indicated that miR-26a is up-regulated in MSCs during



**Figure 6. C/EBP $\alpha$  regulates miR-26a by directly binding to its promoter region.** (A) qPCR detection showed that the exogenous transfection of C/EBP $\alpha$  elevated the expression of miR-26a; data were normalized to U6B. (B) The transfection of C/EBP $\alpha$  promoted the expression of CTDSPL; data were normalized to GADPH. (C) Schematic diagram of the two luciferase reporter systems constructed to assess promoter activity. (D) Our luciferase activity assay indicated that the co-transfection of the pGL3-Promoter1 and p-C/EBP $\alpha$  increased luciferase expression levels. (E) ChIP assays showed that three fragments within the promoter region (-2000/-1001 and -1000/-1 from the ATG of CTDSPL) could be immunoprecipitated by C/EBP $\alpha$  and amplified using Primer A (-1580/-1464, 117 bp), B (-1422/-1301, 122 bp) and C (-1220/1101, 120 bp), Primer NC (-1786/-1683, 104 bp) was set as a negative control. ChIP assays were performed under the following conditions: using no antibody (input), using C/EBP $\alpha$  antibody (C/EBP $\alpha$ ) and using the control IgG antibody (IgG). (F) The schematic diagram represents the three luciferase reporter systems with some sequence deletion constructed to investigate the transcriptional activity of fragments that were immunoprecipitated by C/EBP $\alpha$  in ChIP assays. (G) Luciferase assay showed that co-transfection of pGL3- $\Delta$ A and p-C/EBP $\alpha$  no longer promoted luciferase expression as pGL3- $\Delta$ B and pGL3- $\Delta$ C did. (H) Schematic diagram represents the luciferase reporter systems containing either the wild type (-1530/-1526, GCAAG) or mutant (-1530/-1526, ATGGA) binding site of C/EBP $\alpha$ . (I) Luciferase assay showed that co-transfection of pGL3-mutant and p-C/EBP $\alpha$  no longer promoted luciferase expression as pGL3-wild type did. Data are averages from three independent experiments; the firefly luciferase activity was normalized to renilla luciferase as a control. \*P < 0.05, \*\*P < 0.01.



**Figure 7. The schematic diagram represents the regulatory loop containing miR-26a, GSK3 $\beta$  and C/EBP $\alpha$ .** miR-26a represses GSK3 $\beta$  by directly binding to the 3'UTR of its mRNA. GSK3 $\beta$  affects the intracellular  $\beta$ -catenin content and consequently regulates its downstream target, C/EBP $\alpha$ . C/EBP $\alpha$  reverse transcriptionally regulated miR-26a by physically binding to the CTDSPL promoter region. miR-26a was demonstrated to positively regulate the osteogenesis of hADSCs whereas GSK3 $\beta$  repressed the osteogenic process.

osteogenic differentiation, suggesting that miR-26a could be involved in the regulation of osteogenic differentiation<sup>21,22</sup>. However, researchers have not reached a consensus about the role of miR-26a in that process<sup>23–25</sup>. In the present study, miR-26a was shown to be up-regulated, in a time-dependent manner, in hADSCs during osteogenic differentiation, suggesting that miR-26a might participate in the osteogenic differentiation process of hADSCs. To elucidate the effects of miR-26a on the regulation of osteogenesis in hADSCs, we performed gain- and loss-of function analyses. The overexpression of miR-26a significantly up-regulated the mRNA and protein expression of osteogenic-specific markers and also increased ALP activity and the promotion of extracellular matrix (ECM) mineralization; the knockdown of miR-26a attenuated these processes. Our data indicated that the overexpression of miR-26a promoted osteogenic differentiation, whereas the knockdown of miR-26a repressed osteogenesis in hADSCs, suggesting that miR-26a acts as a positive regulator of hADSC osteogenic differentiation.

Various studies have demonstrated that miRNAs regulate diverse biological processes by affecting key molecules that control cellular behaviours at a post-transcriptional level<sup>61,63–65</sup>. Previous studies have revealed that miR-26a is involved in the regulation of human airway smooth muscle cell hypertrophy and the promotion of hypoxic rat neonatal cardiomyocytes apoptosis through the repression of glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ )<sup>39,40</sup>. GSK3 $\beta$  is one of the key molecules that taking part in diverse molecular pathways, among which Wnt signaling pathway plays important role in regulating the osteogenesis of MSCs<sup>31</sup>. Therefore, we hypothesized that miR-26a might also directly target GSK3 $\beta$  in hADSCs to regulate the osteogenic differentiation process. To test our hypothesis, hADSCs were transduced with miR-26a, miR-26a inhibitor or miR-NC, western blot and qPCR results demonstrated that miR-26a repressed GSK3 $\beta$  protein levels, but did not affect the mRNA expression of GSK3 $\beta$ , indicating that miR-26a repressed GSK3 $\beta$  at a post-transcriptional level. To investigate the regulatory pattern of miR-26a on GSK3 $\beta$ , we identified a putative binding site of miR-26a located at position 4636–4643 of the GSK3 $\beta$  3'UTR. Luciferase assay revealed that co-transfection of miR-26a and luciferase reporter plasmid containing the wild-type binding site potently repressed luciferase expression levels, suggesting that position 4636–4643 of GSK3 $\beta$  3'UTR was one of the direct binding sites of miR-26a. Furthermore, to clarify whether the protein repressive effect of miR-26a on GSK3 $\beta$  was mediated by the specific binding of miR-26a to position 4636–4643 of GSK3 $\beta$  3'UTR and to exclude that secondary structures of the full-length 3'UTR hamper the recognition of the particular binding site, we synthesized the full-length of the 3'UTR of GSK3 $\beta$  carrying either the wild-type or mutant sequence of position 4636–4643. Luciferase assays indicated that the co-transfection of miR-26a and GSK3 $\beta$  3'UTR-full-wt significantly repressed luciferase expression. Collectively, our data suggested that GSK3 $\beta$  was one of the target genes of miR-26a in hADSCs and that miR-26a repressed GSK3 $\beta$  by specifically binding to position 4636–4643 of the GSK3 $\beta$  3'UTR.

Regarding the role of GSK3 $\beta$  in osteogenesis, a previous study has demonstrated that GSK3 $\beta$  positively regulates the osteogenesis of murine ADSCs, but other studies have revealed that the inhibition of GSK3 $\beta$  promotes the osteogenic differentiation of MSCs<sup>42,43,66,67</sup>. Thus, our study attempted to determine the regulatory role of GSK3 $\beta$  in hADSC osteogenic differentiation. After transfecting hADSCs with a GSK3 $\beta$ -overexpressing plasmid and siRNA, we found out that the overexpression of GSK3 $\beta$  not only significantly decreased the mRNA and protein expression levels of osteogenic-related markers, but also repressed the ALP activity and the mineralization of extracellular matrix. Besides, GSK3 $\beta$  also

negatively regulated the expression of osteogenic-specific transcription factors, such as Ostrix, SATB2 and Runx2, which have been proved to be essential in controlling the osteogenesis<sup>68–70</sup>. Collectively, our data revealed that the overexpression of GSK3 $\beta$  repressed the osteogenic differentiation of hADSCs, whereas the siRNA-mediated knockdown of GSK3 $\beta$  promoted osteogenesis, indicating that GSK3 $\beta$  acts as a negative regulator osteogenesis in hADSCs. Combined with the results that miR-26a directly targets GSK3 $\beta$  by binding to the 3'UTR, we speculated that miR-26a might regulate osteogenic differentiation by inhibiting GSK3 $\beta$  in hADSCs.

GSK3 $\beta$  is a well-known key component of Wnt signaling pathway. The inhibition of GSK3 $\beta$  results in the nucleus aggregation of  $\beta$ -catenin, which forms a complex with the TCF/LEF transcriptional factor family to regulate the expression levels of specific downstream genes<sup>26,30,31,55</sup>. In this study, we performed gain- and loss-of-function analyses using GSK3 $\beta$  overexpressing plasmids and siRNA to investigate the role of GSK3 $\beta$  in regulating  $\beta$ -catenin and downstream target genes. The results of our western blot and cellular immunofluorescence analyses revealed that  $\beta$ -catenin levels were increased by the knockdown of GSK3 $\beta$  and that  $\beta$ -catenin shifted from the cytoplasm to the nucleus under these conditions; in contrast, the overexpression of GSK3 $\beta$  decreased  $\beta$ -catenin levels. Next, we used a luciferase reporter vector containing TCF/LEF responsive elements to detect the activation or repression of the Wnt signalling pathway by GSK3 $\beta$ . Our data showed that the knockdown of GSK3 $\beta$  activated the Wnt signalling pathway and that the overexpression of GSK3 $\beta$  repressed this pathway. Because C/EBP $\alpha$  has been demonstrated to be one of the downstream target genes of the Wnt pathway<sup>43,48,49</sup>, we used a GSK3 $\beta$  overexpressing plasmid and siRNA to further test whether GSK3 $\beta$  had an influence on the expression of C/EBP $\alpha$  in hADSCs. LiCl and si- $\beta$ -catenin were used as positive controls in this study because LiCl is able to activate the Wnt signalling pathway, whereas si- $\beta$ -catenin can repress this pathway<sup>51</sup>. Our qPCR and western blot results indicated that both the knockdown of GSK3 $\beta$  and treatment with LiCl significantly reduced C/EBP $\alpha$  expression, whereas the overexpression of GSK3 $\beta$  and si- $\beta$ -catenin elevated its expression. Taken together, our data suggested that GSK3 $\beta$  regulated intracellular  $\beta$ -catenin content and localization, subsequently modulates the expression level of its downstream target, C/EBP $\alpha$ .

C/EBP $\alpha$  has been demonstrated to transcriptionally regulate a series of miRNAs<sup>46,47,71</sup>, and recent studies have revealed that C/EBP $\alpha$  also transcriptionally activate miR-26a in human airway smooth muscle cells by binding to the promoter region of miR-26a<sup>40</sup>. Therefore, we tested whether miR-26a is regulated by C/EBP $\alpha$  in hADSCs and explored the precise regulatory mechanism using luciferase reporter assays and chromatin immunoprecipitation (ChIP). First, according to the Ensembl genome database, miR-26a is located at chromosome 3 and overlaps with CTD small phosphatase-like protein (CTDSPL). Previous research has revealed that intronic miRNAs are produced from the same primary transcript as the precursor mRNAs, and thus, their expression are related to the host mRNA<sup>57,58</sup>. To test the regulatory pattern of C/EBP $\alpha$  on miR-26a expression in this study, a C/EBP $\alpha$  expressing vector was transfected into hADSCs and our data showed that miR-26a, along with the expression level of CTDSPL, were dramatically elevated by C/EBP $\alpha$ , suggesting that miR-26a was co-transcribed with CTDSPL. Next, two 1000-bp fragments (-2000/-1001 and -1000/-1 from the ATG of CTDSPL) of the CTDSPL promoter region were cloned into a luciferase reporter vector. Our luciferase assay results indicated that the co-transfection of p-C/EBP $\alpha$  and pGL3-Promoter1 significantly increased luciferase activity, suggesting that the -2000/-1001 fragment had transcriptional response to C/EBP $\alpha$ . Then, chromatin immunoprecipitation (ChIP) was performed, and our results showed that anti-C/EBP $\alpha$  antibody could specifically immunoprecipitate the DNA fragments containing Primer A (-1580/-1464, 117-bp), B (-1422/-1301, 122-bp) and C (-1220/1101, 120-bp), suggesting that C/EBP $\alpha$  might physically bind to the promoter region of miR-26a. Then, three luciferase reporter systems were constructed with the above immunoprecipitated fragments deleted, and our data showed that co-transfection of p-C/EBP $\alpha$  and pGL3- $\Delta$ A (-1580/-1464 deletion) could no longer elevate luciferase expression compared with the other combination, suggesting that the 117-bp fragments (-1580/-1464) had a transcriptional response to C/EBP $\alpha$ . Furthermore, the transcription factor binding site prediction software Patch 1.0 showed a putative binding site (GCAAG, -1530/-1526) to which C/EBP $\alpha$  might bind. When the two 1000-bp sequences (-2000/-1001) containing either the wild type (GCAAG, -1530/-1526) or mutant binding site (ATGGA, -1530/-1526) were cloned into luciferase reporter systems, our data revealed that the mutant binding site showed no response to C/EBP $\alpha$ . Above all, our data suggested that C/EBP $\alpha$  transcriptionally activates the expression of miR-26a in hADSCs and that this activation was mediated through the direct binding of C/EBP $\alpha$  to the CTDSPL promoter region.

## Conclusions

Our data demonstrated that the overexpression of miR-26a enhanced hADSC osteogenesis, whereas osteogenesis was repressed by miR-26a knockdown. We further revealed that miR-26a interfered with GSK3 $\beta$  by directly binding to the 3'UTR of its mRNA and that GSK3 $\beta$  served as a negative regulator of osteogenesis in hADSCs. GSK3 $\beta$  was also shown to affect the Wnt signalling pathway through the regulation of  $\beta$ -catenin, which subsequently altered the expression of its downstream target C/EBP $\alpha$ . C/EBP $\alpha$  was found to transcriptionally activate the expression of miR-26a by physically binding to the CTDSPL promoter region. Taken together, our data demonstrated a novel feedback regulatory loop consisting of miR-26a, GSK3 $\beta$  and C/EBP $\alpha$  whose function might contribute to the regulation of hADSC

osteogenesis, and our findings will help expand our knowledge about the precise and complex regulatory network controlling cell differentiation.

## References

- Prockop, D. J. Marrow stromal cells as stem cells for nonhematopoietic tissues. *Science* **276**, 71–74 (1997).
- Fischer, E. M. *et al.* Bone formation by mesenchymal progenitor cells cultured on dense and microporous hydroxyapatite particles. *Tissue engineering* **9**, 1179–1188 (2003).
- Florina, M. B. *et al.* Adipocytes Differentiated *In Vitro* from Rat Mesenchymal Stem Cells Lack Essential Free Fatty Acids Compared to Adult Adipocytes. *Stem Cells Dev* **21**, 507–512 (2012).
- Shao, H. J. *et al.* Chondrogenesis of human bone marrow mesenchymal cells by transforming growth factors beta1 through cell shape changes on controlled biomaterials. *Journal of biomedical materials research. Part A* **100**, 3344–3352, doi: 10.1002/jbm.a.34291 (2012).
- Ogura, N. *et al.* Differentiation of the human mesenchymal stem cells derived from bone marrow and enhancement of cell attachment by fibronectin. *Journal of Oral Science* **46**, 207–213 (2004).
- Zeng, Y. *et al.* MicroRNA-100 regulates osteogenic differentiation of human adipose-derived mesenchymal stem cells by targeting BMP2. *FEBS letters* **586**, 2375–2381, doi: 10.1016/j.febslet.2012.05.049 (2012).
- Kim, J. W. *et al.* Mesenchymal progenitor cells in the human umbilical cord. *Annals of hematology* **83**, 733–738, doi: 10.1007/s00277-004-0918-z (2004).
- Davis, N. E. *et al.* Enhanced function of pancreatic islets co-encapsulated with ECM proteins and mesenchymal stromal cells in a silk hydrogel. *Biomaterials* **33**, 6691–6697, doi:10.1016/j.biomaterials.2012.06.015 (2012).
- Ringden, O. *et al.* Mesenchymal stem cells for treatment of therapy-resistant graft-versus-host disease. *Transplantation* **81**, 1390–1397, doi: 10.1097/01.tp.0000214462.63943.14 (2006).
- Maureira, P. *et al.* Repairing chronic myocardial infarction with autologous mesenchymal stem cells engineered tissue in rat promotes angiogenesis and limits ventricular remodeling. *Journal of Biomedical Science* **19**, 93 (2012).
- Quertainmont, R. *et al.* Mesenchymal stem cell graft improves recovery after spinal cord injury in adult rats through neurotrophic and pro-angiogenic actions. *PLoS one* **7**, e39500, doi: 10.1371/journal.pone.0039500 (2012).
- Estes, B. T. *et al.* Isolation of adipose-derived stem cells and their induction to a chondrogenic phenotype. *Nature protocols* **5**, 1294–1311, doi: 10.1038/nprot.2010.81 (2010).
- Ambros, V. The functions of animal microRNAs. *Nature* **431**, 350–355, doi: 10.1038/nature02871 (2004).
- Romano, G. *et al.* MiR-494 is regulated by ERK1/2 and modulates TRAIL-induced apoptosis in non-small-cell lung cancer through BIM down-regulation. *Proc Natl Acad Sci USA* **109**, 16570–16575 (2012).
- Bhatnagar, N. *et al.* Downregulation of miR-205 and miR-31 confers resistance to chemotherapy-induced apoptosis in prostate cancer cells. *Cell death & disease* **1**, e105, doi: 10.1038/cddis.2010.85 (2010).
- Ni, N. *et al.* Effects of let-7b and TLX on the proliferation and differentiation of retinal progenitor cells *in vitro*. *Scientific reports* **4**, 6671, doi: 10.1038/srep06671 (2014).
- Yu, L. *et al.* miR-26a inhibits invasion and metastasis of nasopharyngeal cancer by targeting EZH2. *Oncology letters* **5**, 1223–1228, doi: 10.3892/ol.2013.1173 (2013).
- Wei, J. *et al.* miR-34s inhibit osteoblast proliferation and differentiation in the mouse by targeting SATB2. *The Journal of cell biology* **197**, 509–521, doi: 10.1083/jcb.201201057 (2012).
- Li, Z. *et al.* A microRNA signature for a BMP2-induced osteoblast lineage commitment program. *Proc Natl Acad Sci USA* **105**, 13906–13911, doi: 10.1073/pnas.0804438105 (2008).
- Gong, Y. *et al.* MicroRNA expression signature for Satb2-induced osteogenic differentiation in bone marrow stromal cells. *Molecular and cellular biochemistry* **387**, 227–239, doi: 10.1007/s11010-013-1888-z (2014).
- Trompeter, H. *et al.* MicroRNAs miR-26a, miR-26b, and miR-29b accelerate osteogenic differentiation of unrestricted somatic stem cells from human cord blood. *BMC Genomics* **14** (2013).
- Li, Z. *et al.* Biological functions of miR-29b contribute to positive regulation of osteoblast differentiation. *The Journal of biological chemistry* **284**, 15676–15684, doi: 10.1074/jbc.M809787200 (2009).
- Luzi, E. *et al.* Osteogenic differentiation of human adipose tissue-derived stem cells is modulated by the miR-26a targeting of the SMAD1 transcription factor. *Journal of bone and mineral research: the official journal of the American Society for Bone and Mineral Research* **23**, 287–295, doi: 10.1359/jbmr.071011 (2008).
- Li, Y. *et al.* The promotion of bone regeneration through positive regulation of angiogenic-osteogenic coupling using microRNA-26a. *Biomaterials* **34**, 5048–5058, doi: 10.1016/j.biomaterials.2013.03.052 (2013).
- Wang, Z. *et al.* MicroRNA-26a-modified adipose-derived stem cells incorporated with a porous hydroxyapatite scaffold improve the repair of bone defects. *Molecular medicine reports* **12**, 3345–3350, doi: 10.3892/mmr.2015.3795 (2015).
- Wu, D. & Pan, W. GSK3: a multifaceted kinase in Wnt signaling. *Trends in biochemical sciences* **35**, 161–168, doi: 10.1016/j.tibs.2009.10.002 (2010).
- Ingham, P. W., Nakano, Y. & Seger, C. Mechanisms and functions of Hedgehog signalling across the metazoa. *Nature reviews. Genetics* **12**, 393–406, doi: 10.1038/nrg2984 (2011).
- Nakayama, M. *et al.* Helicobacter pylori VacA-induced inhibition of GSK3 through the PI3K/Akt signaling pathway. *The Journal of biological chemistry* **284**, 1612–1619, doi: 10.1074/jbc.M806981200 (2009).
- Westendorf, J. J., Kahler, R. A. & Schroeder, T. M. Wnt signaling in osteoblasts and bone diseases. *Gene* **341**, 19–39, doi: 10.1016/j.gene.2004.06.044 (2004).
- Logan, C. Y. & Nusse, R. The Wnt signaling pathway in development and disease. *Annual review of cell and developmental biology* **20**, 781–810, doi: 10.1146/annurev.cellbio.20.010403.113126 (2004).
- Wang, Y. *et al.* Wnt and the Wnt signaling pathway in bone development and disease. *Frontiers in bioscience* **19**, 379–407 (2014).
- Gaur, T. *et al.* Canonical WNT signaling promotes osteogenesis by directly stimulating Runx2 gene expression. *The Journal of biological chemistry* **280**, 33132–33140, doi: 10.1074/jbc.M500608200 (2005).
- Fichtner-Feigl, S. *et al.* IL-13 orchestrates resolution of chronic intestinal inflammation via phosphorylation of glycogen synthase kinase-3beta. *Journal of immunology* **192**, 3969–3980, doi: 10.4049/jimmunol.1301072 (2014).
- Kong, X. *et al.* GSK3beta is a checkpoint for TNF-alpha-mediated impaired osteogenic differentiation of mesenchymal stem cells in inflammatory microenvironments. *Biochimica et biophysica acta* **1830**, 5119–5129, doi: 10.1016/j.bbagen.2013.07.027 (2013).
- Sheng, H. *et al.* A novel semisynthetic molecule icaritin stimulates osteogenic differentiation and inhibits adipogenesis of mesenchymal stem cells. *International journal of medical sciences* **10**, 782–789, doi: 10.7150/ijms.6084 (2013).
- Kushwaha, P. *et al.* A novel therapeutic approach with Caviunin-based isoflavonoid that en routes bone marrow cells to bone formation via BMP2/Wnt-beta-catenin signaling. *Cell death and differentiation* **5**, e1422, doi: 10.1038/cddis.2014.350 (2014).
- Wang, Q. *et al.* miR-346 regulates osteogenic differentiation of human bone marrow-derived mesenchymal stem cells by targeting the Wnt/beta-catenin pathway. *PLoS one* **8**, e72266, doi: 10.1371/journal.pone.0072266 (2013).

38. Chen, H. *et al.* MicroRNA-344 inhibits 3T3-L1 cell differentiation via targeting GSK3beta of Wnt/beta-catenin signaling pathway. *FEBS letters* **588**, 429–435, doi: 10.1016/j.febslet.2013.12.002 (2014).
39. Suh, J. H. *et al.* Up-regulation of miR-26a promotes apoptosis of hypoxic rat neonatal cardiomyocytes by repressing GSK-3beta protein expression. *Biochemical and biophysical research communications* **423**, 404–410, doi: 10.1016/j.bbrc.2012.05.138 (2012).
40. Mohamed, J. S., Lopez, M. A. & Boriek, A. M. Mechanical stretch up-regulates microRNA-26a and induces human airway smooth muscle hypertrophy by suppressing glycogen synthase kinase-3beta. *The Journal of biological chemistry* **285**, 29336–29347, doi: 10.1074/jbc.M110.101147 (2010).
41. Gilmour, P. S. *et al.* Human stem cell osteoblastogenesis mediated by novel glycogen synthase kinase 3 inhibitors induces bone formation and a unique bone turnover biomarker profile in rats. *Toxicology and applied pharmacology* **272**, 399–407, doi: 10.1016/j.taap.2013.07.001 (2013).
42. Huh, J. *et al.* Glycogen Synthase Kinase 3b Promotes Osteogenic Differentiation of Murine Adipose-Derived Stromal Cells. *PLoS one* **8**(1), e54551 (2013).
43. Loisselle, A. E. *et al.* Inhibition of GSK-3beta rescues the impairments in bone formation and mechanical properties associated with fracture healing in osteoblast selective connexin 43 deficient mice. *PLoS one* **8**, e81399, doi: 10.1371/journal.pone.0081399 (2013).
44. Park, H. J. *et al.* Centipede grass exerts anti-adipogenic activity through inhibition of C/EBPbeta, C/EBPalpha, and PPARgamma expression and the AKT signaling pathway in 3T3-L1 adipocytes. *BMC complementary and alternative medicine* **12**, 230, doi: 10.1186/1472-6882-12-230 (2012).
45. Lu, G. D. *et al.* C/EBPalpha is up-regulated in a subset of hepatocellular carcinomas and plays a role in cell growth and proliferation. *Gastroenterology* **139**, 632–643, doi: 10.1053/j.gastro.2010.03.051 (2010).
46. Pulikkan, J. A. *et al.* C/EBPalpha regulated microRNA-34a targets E2F3 during granulopoiesis and is down-regulated in AML with CEBPA mutations. *Blood* **116**, 5638–5649, doi: 10.1182/blood-2010-04-281600 (2010).
47. Zeng, C. *et al.* A novel GSK-3 beta-C/EBP alpha-miR-122-insulin-like growth factor 1 receptor regulatory circuitry in human hepatocellular carcinoma. *Hepatology* **52**, 1702–1712, doi: 10.1002/hep.23875 (2010).
48. Bennett, C. N. *et al.* Regulation of Wnt signaling during adipogenesis. *The Journal of biological chemistry* **277**, 30998–31004, doi: 10.1074/jbc.M204527200 (2002).
49. Li, J. *et al.* Dexamethasone shifts bone marrow stromal cells from osteoblasts to adipocytes by C/EBPalpha promoter methylation. *Cell death & disease* **4**, e832, doi: 10.1038/cddis.2013.348 (2013).
50. Xie, Q. *et al.* Effects of miR-31 on the osteogenesis of human mesenchymal stem cells. *Biochemical and biophysical research communications* **446**, 98–104, doi: 10.1016/j.bbrc.2014.02.058 (2014).
51. Teng, Y. *et al.* Wnt/beta-catenin signaling regulates cancer stem cells in lung cancer A549 cells. *Biochemical and biophysical research communications* **392**, 373–379, doi: 10.1016/j.bbrc.2010.01.028 (2010).
52. Hu, Y. *et al.* An *in vitro* comparison study: the effects of fetal bovine serum concentration on retinal progenitor cell multipotentiality. *Neuroscience letters* **534**, 90–95, doi: 10.1016/j.neulet.2012.11.006 (2013).
53. Pfaffl, M. W. A new mathematical model for relative quantification in real-time RT-PCR. *Nucleic acids research* **29**, e45 (2001).
54. Xie, Q. *et al.* Characterization of human ethmoid sinus mucosa derived mesenchymal stem cells (hESMSCs) and the application of hESMSCs cell sheets in bone regeneration. *Biomaterials* **66**, 67–82, doi: 10.1016/j.biomaterials.2015.07.013 (2015).
55. Su, J. *et al.* MicroRNA-200a suppresses the Wnt/beta-catenin signaling pathway by interacting with beta-catenin. *International journal of oncology* **40**, 1162–1170, doi: 10.3892/ijo.2011.1322 (2012).
56. Deng, Y. *et al.* Effects of a miR-31, Runx2 and Satb2 regulatory loop on the osteogenic differentiation of bone marrow mesenchymal stem cells. *Stem Cells Dev*, doi: 10.1089/scd.2012.0686 (2013).
57. Saini, H. K., Griffiths-Jones, S. & Enright, A. J. Genomic analysis of human microRNA transcripts. *Proc Natl Acad Sci USA* **104**, 17719–17724, doi: 10.1073/pnas.0703890104 (2007).
58. Cullen, B. R. Transcription and processing of human microRNA precursors. *Molecular cell* **16**, 861–865, doi: 10.1016/j.molcel.2004.12.002 (2004).
59. Deng, Y. *et al.* The role of miR-31-modified adipose tissue-derived stem cells in repairing rat critical-sized calvarial defects. *Biomaterials* **34**, 6717–6728, doi: 10.1016/j.biomaterials.2013.05.042 (2013).
60. Lin, C. Y. *et al.* The use of ASCs engineered to express BMP2 or TGF-beta3 within scaffold constructs to promote calvarial bone repair. *Biomaterials* **34**, 9401–9412, doi: 10.1016/j.biomaterials.2013.08.051 (2013).
61. Kim, K. M. *et al.* miR-182 is a negative regulator of osteoblast proliferation, differentiation, and skeletogenesis through targeting FoxO1. *Journal of bone and mineral research: the official journal of the American Society for Bone and Mineral Research* **27**, 1669–1679, doi: 10.1002/jbmr.1604 (2012).
62. Eskildsen, T. *et al.* MicroRNA-138 regulates osteogenic differentiation of human stromal (mesenchymal) stem cells *in vivo*. *Proc Natl Acad Sci USA* **108**, 6139–6144, doi: 10.1073/pnas.1016758108 (2011).
63. Hua, D. *et al.* Human miR-31 targets radixin and inhibits migration and invasion of glioma cells. *Oncology reports* **27**, 700–706, doi: 10.3892/or.2011.1555 (2012).
64. Lu, T. X. *et al.* MiR-223 deficiency increases eosinophil progenitor proliferation. *Journal of immunology* **190**, 1576–1582, doi: 10.4049/jimmunol.1202897 (2013).
65. Zhang, J. *et al.* Effects of miR-335-5p in modulating osteogenic differentiation by specifically downregulating Wnt antagonist DKK1. *Journal of bone and mineral research: the official journal of the American Society for Bone and Mineral Research* **26**, 1953–1963, doi: 10.1002/jbmr.377 (2011).
66. Sisask, G. *et al.* Rats treated with AZD2858, a GSK3 inhibitor, heal fractures rapidly without endochondral bone formation. *Bone* **54**, 126–132, doi: 10.1016/j.bone.2013.01.019 (2013).
67. Cook, D. A. *et al.* Wnt-dependent osteogenic commitment of bone marrow stromal cells using a novel GSK3beta inhibitor. *Stem cell research* **12**, 415–427, doi: 10.1016/j.scr.2013.10.002 (2014).
68. Dobrev, G. *et al.* SATB2 is a multifunctional determinant of craniofacial patterning and osteoblast differentiation. *Cell* **125**, 971–986, doi: 10.1016/j.cell.2006.05.012 (2006).
69. Hu, R. *et al.* A Runx2/miR-3960/miR-2861 regulatory feedback loop during mouse osteoblast differentiation. *The Journal of biological chemistry* **286**, 12328–12339, doi: 10.1074/jbc.M110.176099 (2011).
70. Li, D. *et al.* Murine calvaria-derived progenitor cells express high levels of osterix and lose their adipogenic capacity. *Biochemical and biophysical research communications* **422**, 311–315, doi: 10.1016/j.bbrc.2012.04.155 (2012).
71. Hickey, C. J. *et al.* Lenalidomide-mediated enhanced translation of C/EBPalpha-p30 protein up-regulates expression of the antileukemic microRNA-181a in acute myeloid leukemia. *Blood* **121**, 159–169, doi: 10.1182/blood-2012-05-428573 (2013).

## Acknowledgments

This work was supported by the National High Technology Research and Development Program (863 Program) (2015AA020311), National Natural Science Foundation of China (81470662, 81170876, 31271029, 81320108010), and the Shanghai Municipality Commission for Science and Technology

(13DZ0500303, 14JC1493103, 124119a9300, 12441903003). Sincere thanks are given to Dr. Qiao from the Key Laboratory of Medical Molecular Virology, Ministry of Education and Public Health, Shanghai Medical School, Fudan University, for technical assistance with CLSM imaging.

### Author Contributions

Z.W. and Q.X. performed research, manuscript writing, conception and design; Z.Y., H.Z., Y.H. and X.B. performed research; Y.W., W.S. and H.S. collection and/or assembly of the data; P.G. and X.F. conception and design, revised/approved the manuscript. Z.W. and Q.X. contributed equally to this article.

### Additional Information

**Supplementary information** accompanies this paper at <http://www.nature.com/srep>

**Competing financial interests:** The authors declare no competing financial interests.

**How to cite this article:** Wang, Z. *et al.* A regulatory loop containing miR-26a, GSK3 $\beta$  and C/EBP $\alpha$  regulates the osteogenesis of human adipose-derived mesenchymal stem cells. *Sci. Rep.* **5**, 15280; doi: 10.1038/srep15280 (2015).



This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder to reproduce the material. To view a copy of this license, visit <http://creativecommons.org/licenses/by/4.0/>