



OPEN

SUBJECT AREAS: MICROBIOLOGY TECHNIQUES

Received 20 September 2013

APPLIED MICROBIOLOGY

Accepted 23 January 2014

Published 12 February 2014

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Short RNA indicator sequences are not completely degraded by autoclaving

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Short indicator RNA sequences (<100 bp) persist after autoclaving and are recovered intact by molecular amplification. Primers targeting longer sequences are most likely to produce false positives due to amplification errors easily verified by melting curves analyses. If short indicator RNA sequences are used for virus identification and quantification then post autoclave RNA degradation methodology should be employed, which may include further autoclaving.

uantitative PCR is a commonly used technique in microbiology as it employs a rapid, sensitive and specific detection of microbes that are difficult to culture or are non-culturable. One of the major limitations of this technique is the inability to differentiate between active and inactive viruses. Fully or partially intact genomes of inactivated viruses may produce positive PCR signals¹⁻⁴. This can lead to overestimation of the quantity of active viruses in samples.

Autoclaving at 121.1°C induces cell and viral particle lysis and failure to recover viable organisms is considered as an evidence of its efficiency⁵. Degradation of genetic material is also assumed to occur and thus often PCR methods are used as verification in experimentation with autoclaved materials including autoclaved waters and wastewaters⁶. While many of these PCR methods target relatively larger indicator gene sequences, occasionally, most commonly for viruses, the target indicator genetic sequence may be a shorter sequence⁷⁻¹². If degradation is incomplete, PCR signals due to non-degraded RNA sequences and false positive signals may confound subsequent experimentation and PCR based tests.

Previous reports have indicated that eukaryotic DNA 13,14 or enveloped viruses DNA and RNA 15,16 might survive standard autoclaving. These reports targeted sequences >100 bps and did not include sequencing verification of amplicons. However indicator viral RNA sequences, especially for non-enveloped viruses, are often short. If the longer sequences were more sensitive to degradation and fragmentation then it would be expected that shorter sequences might preferentially persist.

We have comprehensively verified the post-autoclave persistence of non-degraded RNA sequences of variable lengths for MS2 bacteriophage (ATCC® 15597-B1TM) using quantitative reverse transcriptase PCR (qRT PCR) followed by verification of the amplicons melting behavior, their sequence size and identity. For this we employed 16 primer sets that were expected to produce amplicons in the 70 bp to 2953 bp range and a series of three autoclaving cycles. Following quantitation by qRT PCR putative sequence identity was verified by melting curve analysis and gel electrophoresis amplicon size visualization. Amplicons were cloned into plasmids and their identity further confirmed by sequencing. MS2 is an icosahedral positive sense-, single stranded, non-enveloped RNA coliphages¹⁷ and is a common viral surrogate used in environmental water quality research⁸.

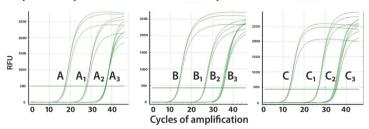
Results

After the 1^{st} autoclave cycle plaque assays were negative, confirming inactivation of MS2. However three commonly used indicator primer sets (listed here as A, B and C, Figure 1 and Supplementary materials), producing amplicons in the 70 to 77 bp range, permitted qRT PCR quantification at 0.18%, 0.015% and 0.009% respectively, of the original concentration. After the 2^{nd} and 3^{rd} autoclave cycles the genetic material degraded such that qRT PCR quantification could only be obtained after more than 35 quantification cycles (Cq) (Figure 1.i.). Primer set A targeted the RNA replicase β chain while primer sets B and C targeted assembly proteins on the RNA genome of MS2 bacteriophage.

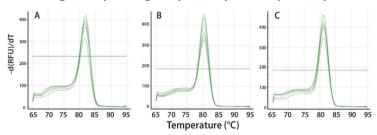
After one autoclaving, amplicons in the 100 through 900 bps range (nine primer sets, D, E, F, G, H, I, J, L and O) could either not be quantified via qRT PCR or required over 35 Cq's (Supplementary information, Table 1).



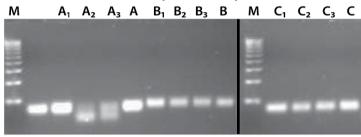




ii. Melting curve profiling for qRT PCR product specificity

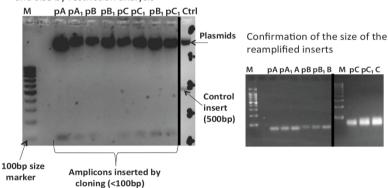


iii. Verification of size of qRT PCR amplicons



iv. Cloning of qRT PCR products and insert size verification

Postcloning verification of the insert presence and size by restriction analysis



v. Identity of cloned amplicons from autoclaved samples



Figure 1 | Quantification and quality control steps for three amplicons that were consistently recovered after repeated autoclaving. (A), (B) and (C) indicate amplicons commonly employed as indicator sequences for the presence and quantification of MS2 coliphage⁷. Numeric subscripts indicate the number of autoclave cycles (e.g. A_1 , B_1 , C_1). If no numeric subscript is present then the capital letter indicates results obtained from non-autoclaved positive controls. 1.i. The horizontal line represents the threshold Cq 40. The quantification cycles of A2 & A3, B2 & B3 and C2 & C3 are overlapping. 1.iv. Plasmid extracts are indicated by the subscript "p" (e.g. pA₁, pB₁, pC₁). 1.v. is a paired comparison of A₁, B₁, C₁ (bottom sequence in each pair) to A, B, C (top sequence in each pair). The first two pairs are sequenced in the 3'-5' direction and the third pair in the 5'-3' direction. The gels shown in this image have been cropped for convenience. The borders between separate gels have been marked with a black line.



Table 1 | List of tested primer sets. Primer sets A, B and C were adapted from O'Connel et al., 2006^7 . Primers E, G, I, J and O were adapted from Pecson et al., 2009^3 . All other primers were designed by Primer-Blast¹⁹ at http://www.ncbi.nlm.nih.gov/tools/primer-blast/. The Tm and GC% were calculated by Oligoanalyzer 3.1 (Integrated DNA Technologies, Inc., Corralville IA). ΔG 's were calculated on the mfold Web server^{20,21}

Forward and reverse primers				Amplicon			
ID	Sequence	Tm (°C)	GC%	Length (bp)	Tm (°C)	GC%	ΔG (kcal mol $^{-1}$)
A	5'-GCTCTGAGAGCGGCTCTATTG-3'	60.6	57.1	70	80	60	-25.1 (±0)
	3'-CGTTATAGCGGACCGCGT-5'	59.97	61.1				
В	5'-TGTGGAGAGACAGGGCACTG-3'	61.48	60	77	79	55	$-26.9 (\pm 0)$
	3'-CAGTTGTTGGCCATACGGATT- 5'	58.91	47.6				
С	5'-GTCGCGGTAATTGGCGC-3'	59.62	64.7	77	79	56	$-21.9 (\pm 0.6)$
	3'-GGCCACGTGTTTTGATCGA- 5'	58.76	52.6				
D	5'-CCAGGTGCCTTCGATGTTCT-3'	60.04	55	1 <i>57</i>	86	62	-64.1 (±0.7)
	3'-TCGAGCGATACGAGCAAGAC-5'	59.97	55				
E	5'-GAAATCACCGACAGCATGAA-3'	56.43	45	244	89	64	$-120.6 (\pm 1.1)$
	3'-AATCCCGGGTCCTCTTTA- 5'	57.44	50				
F	5'-TGCTCGTATCGCTCGAGAAC-3'	59.97	55	324	88	62	$-160.1 (\pm 1.3)$
	3'-TCCCGGGTCCTCTTTAGG-5'	60.03	60				
G	5'-GGTCGGTGCTTTCATCAGA-3'	57.47	52.6	307	83	50	$-118.4 (\pm 1.4)$
	3'-TGCCCAGAATATCATGGACTC- 5'	57.22	47.6				
Н	5'-GGCACTTGCCTACTACGGTT-3'	60.04	55	325	85	54	$-133.7 (\pm 1.4)$
	3'-GGTGTATACCGAGACTGCCG- 5'	59.97	60				
I	5'-AAGGTGCCTACAAGCGAAGT-3'	59.6	50	335	87	58	$-141.7 (\pm 1.5)$
	3'-TTCGTTTAGGGCAAGGTAGC- 5'	57.9	50				
J	5'-ATGTCAGATCCACGCCTCTA-3'	57.93	50	287	86	57	$-128.1 (\pm 1.5)$
	3'-TTCATGCTGTCGGTGATTTC- 5'	56.43	45				
K	5'-GACTGGGGCCAAAACGAAAC-3'	59.97	55	2952	86	51	-1191.2 (±2.4)
	3'-TCGAGCGATACGAGCAAGAC-5'	59.97	55				
L	5'-ATAGAGCCCTCAACCGGAGT-3'	60.03	55	841	84	48	$-288.5 (\pm 2.7)$
	3'-AGAACGTGCATTGCCCAAAC- 5'	59.97	50				
M	5'-CTGGGGCCAAAACGAAACAG-3'	59.97	55	1880	85	51	$-722.8 (\pm 2.7)$
	3'-AGAACGTGCATTGCCCAAAC- 5'	59.97	50				
Ν	5'-GCTCCTATGGGGCACAAGTT-3'	60.03	55	993	85	51	$-403.7 (\pm 3.0)$
	3'-GGTGTATACCGAGACTGCCG-5'	59.97	60				
0	5'-GCATGGTTGTCGTCTCTAGGT-3'	59.8	52.38	301	84	53	$-119.2 (\pm 3.9)$
	3'-ACTTTACGTACGCGCCAGTT- 5'	60.32	50				
Р	5'-GTTTGGGCAATGCACGTTCT-3'	59.97	50	1021	85	52	-412.9 (±4.5)
	3'-GGTGTATACCGAGACTGCCG-5'	59.97	60				

Moreover the quantifiable amplicons were shorter than expected (<100 bps and as short as ~50 bps; see Supplementary Figure 3) and generally melted at lower temperatures. While for the non-autoclaved controls these primers produced amplicons with melting peaks (Tm) in the range of 80–90°C, after autoclaving they produced amplicons exhibiting melting peaks in the range of 65-80°C (see Supplementary Materials). The positive controls for the amplicons obtained with these nine primer sets were 100% identical to their expected sequence whereas all the autoclaved controls were unable to be sequenced because of their extremely small size. An exception was a medium sized amplicon (I, 335 bps) that, while barely recoverable after autoclaving (>35 Cq's) could still be recovered as intact sequence after autoclaving. Another four targeted sequences (primer sets, K, M, N and P), aimed at producing amplicons longer than 900 bps, while amplifiable in-vitro, could not be amplified in-vivo even from the positive control.

No non-specific amplification was observed after the $1^{\rm st}$ autoclave cycle for any of the A, B and C amplicons as described by the peak melting temperature alignment. The Tm of the positive controls and the quantified amplicons from these 3 primer sets were in the same range of $75–85\,^{\circ}\mathrm{C}$ (Figure 1. ii.). The amplicon sizes for these three primer sets were confirmed at <100 bps by agarose gel electrophoresis (Figure 1. iii.). After the $2^{\rm nd}$ and $3^{\rm rd}$ autoclave cycles recovered amplicons A produced only very diffuse wide bands on the electrophoresis gels. Diffuse electrophoretic bands were not observed for amplicons obtained from the non-autoclaved control samples.

The three short amplicons A, B and C obtained after the 1st autoclave cycle as well as their respective positive controls were cloned and sequenced. Restriction digests of plasmids confirmed inserts shorter than 100 bp (Figure 1. iv.). Presence of the inserts in the plasmids was also verified by PCR (Figure 1. iv.). Subsequent sequencing confirmed the identity of the amplified sequences (Figure 1. v.). This indicates that short RNA regions were not completely degraded after the 1st cycle of autoclaving and could still be quantified by qRT PCR.

Discussion

These results suggests that short MS2 indicator gene sequences, of less than 100 bp, commonly used to quantify MS2 abundance $^{7-10,12}$, may lead to false abundance estimates. A combination of culture based plaque assay and possibly targeting of larger indicator sequences in qRT PCR would therefore be recommended for an accurate quantitation of virions in environmental samples. Pecson et al.³ have shown that short heating events, 72°C for 3 min, do not eliminate MS2 amplifiable genomic fragments of 240–340 bp range. However simple PCR amplification does not guarantee an amplicon's identity. Susceptibility to degradation through heat of different genomic regions varies due to both the particularities of the secondary structure and the level of genomic association with proteins³. The genome of MS2 has a complex secondary structure¹8. Melting temperatures (Tm) and the level of energy required to degrade secondary structures, expressed as changes in the Gibbs free energy (Δ G), pro-



vide a qualitative thermodynamic understanding of the structure of the amplicons. As expected amplicons'ΔG values had a significant positive correlation with their Tm (adjusted $R^2 = 66.8\%$, p = 0.001), and length (adjusted $R^2 = 95.4\%$, p < 0.001). Our results suggest that longer amplicon sequences have a tendency to produce non-specific amplifications evident on electrophoresis gels and through melting curve analyses (see Supplementary materials) but that shorter RNA fragments are not completely degraded by autoclaving and may be recovered intact by molecular amplification techniques. However while most of the tested > 100 bps amplicons were likely fragmented (see gel sizing in Supplementary Figure 3) at least one of the medium sized amplicon (I) was still recoverable at the expected size, supporting some of the earlier reports obtained for eukaryotic DNA^{13,14} or enveloped viruses DNA and RNA^{15,16}, and with its sequence intact as confirmed by Sanger sequencing (data not shown). Nevertheless all > 100 bps amplicons required > 35 Cq's to be quantified.

Methods

Study design. Ten mL of the MS2 virus stock of 10^{10} pfu mL $^{-1}$ was autoclaved three times with 3 mL of the sample removed after each autoclave cycle. Each autoclave cycle was verified to maintain a temperature of $121\,^{\circ}\mathrm{C}$ and pressure of 21 psi (144.8 kPa) for 20 minutes. Each autoclave cycle took a total of 50 minutes to complete. Non-autoclaved virus culture was used as positive control. Detection and enumeration of the virus was carried out by plaque assay and qRT PCR. The latter employed multiple primer sets that targeted 16 different RNA regions of the MS2 genome. The identity of the amplified PCR products was verified by cloning and subsequent sequencing. All experiments were carried out in triplicate.

MS2 bacteriophage. MS2 bacteriophage stock was obtained from the laboratory of Dr. C. Gerba at the University of Arizona and propagated using the double layer agar USEPA method 1601 (2001). *Escherichia coli*HS (pFamp)R host strain was purchased from American Type Culture Collection (ATCC-700891).

Primer design. A total of 16 different primer sets were selected based on amplicon length, GC%, and melting temperature to produce amplicons in the 69 to 2953 base pairs range (Methods Table 1). MS2 bacteriophage has a genome size of 3569 bp¹⁸. Primers were synthesized by Eurofins MWG Operon (Huntsville, AL).

Quantitative reverse transcriptase polymerase chain reaction (qRT PCR). MS2 target copies were estimated by qRT PCR. RNA was extracted with the Invitrogen PureLink RNA/DNA viral extraction kit (Invitrogen, Carlsbad, CA) without the use of carrier RNA according to the manufacturer instructions. Extracts were stored at -80°C and qRT PCR was performed within 48 h of sampling. The iScript TM One-Step qRT PCR kit with SYBR Green (Bio-Rad, Hercules, CA) was used for the assay. Primers were added to a final concentration of 400 nM. The reaction was set up for $25~\mu\text{L}$ with $5~\mu\text{L}$ of template RNA. Non-template controls (NTC's) were included, where RNA template was replaced by nuclease free water. Assays were carried out on a Bio-Rad CFX Connect detection system (Biorad, Hercules CA). Thermocycling was carried out with an initial cycle of 50°C for 10 min to synthesize cDNA and 95°C for 5 min followed by 40 cycles of 95°C for 10 s and 60°C for 30 s. This was followed by development of melting curves from 65°C to 95°C with 0.05 seconds incremental steps of 0.5°C . All tests were run in triplicate.

 $\bar{R}NA$ standards were prepared from total genomic RNA extracted from a high titer of purified MS2. The RNA extracted was quantified as 40 ng μL^{-1} with a NanoDrop ND-1000 spectrophotometer (Thermo Fisher Scientific, Waltham, MA). This was diluted into four 10-fold dilution standards ranging between 1 ng μL^{-1} and 1 pg μL^{-1} . A genome size of 3,569 nucleotides with an average molecular mass of 330 Da per nucleotide² was assumed. Thus a 1 ng μL^{-1} RNA was calculated to contain 5 × 10^8 copies μL^{-1} . The quantification cycle (Cq) values of all 15 sets (4 set of standards and 1 NTC with 3 replicates each) were averaged using the Bio-Rad's CFX Connect software. The standards were run using primer sets A, B and C with efficiencies of 91.7%, 99.7% and 98.2% and R^2 of 0.9928, 0.9991 and 0.9951 respectively. A linear regression master curve was created to correlate the Cq values to copy numbers.

Plaque assay. Infective MS2 virions were quantified by standard double agar layer plaque assay (USEPA Method 1601). Samples were vortexed for 60 s. An aliquot of 500 μ L was mixed into 5 mL of 0.7% Tryptic Soy Agar, 0.015% Ampicillin sodium salt, and 0.015% Streptomycin sulphate. To this 100 μ L of log-phase growth *E. coli* ATCC 700891 host were added. The mix, maintained at 46°C, was vortexed for 5 s and then overlayed onto a 1.5% Tryptic Soy Agar layer with the same composition of antibiotics. After the agar solidified, it was incubated at 37°C for 24 h. Infective MS2 was calculated in terms of plaque forming units (pfu) per mL. Four replicates were tested for each sample.

Cloning and sequencing. The amplified products from qRT PCR were analyzed on 3% agarose gel (50 V for 3 hrs), purified using QIAquick PCR purification kit (Qiagen), as per manufacturer's instructions, followed by elution in 100 μ L of sterilized distilled water. Eluate concentrations were measured with a NanoDrop

ND-1000 spectrophotometer (Thermo Fisher Scientific, Waltham, MA). Purified PCR products were ligated into pGEM T Easy vector (Promega). The ligation reaction mix contained 7.5 µL of 2X Rapid Ligation buffer, 1 µL of pGEM T easy vector, $5.5~\mu L$ of purified PCR product and $1~\mu L$ of T4 DNA Ligase with a final volume of 15 μL. Ligations were carried out at 16°C in a water bath, overnight. Transformation was carried out with 15 μL ligation mix added to 200 μL of freshly prepared E. coli XL1 Blue competent cells and 3.4 μL of 10% β-Mercaptoethanol solution. Transformation mixes were kept on ice for 30 min followed by heat shock at 42°C for 90 sec and then placed immediately on ice for 5 min. Upon transformation 1000 uL of pre-warmed Luria Bertani (LB) broth was added and the mix was incubated at 37°C for 11/2 hrs on a horizontal shaker set at 180 rpm. The transformed cells were centrifuged at 4000 rpm for 10 min. The pellet was resuspended in 100 μL of the supernatant and plated on LB agar amended with carbenicillin (100 μg mL⁻¹), 20% Isopropyl β-D-1-thiogalactopyranoside (IPTG), and 2% X-gal. Plates were incubated at 37°C for 14–18 h. Colonies picked from plates were used for plasmid extraction (QIAprep Spin Miniprep Kit, Qiagen). Plasmids were quantified on a NanoDrop ND-1000 spectrophotometer. Positive clones were confirmed by visualization of EcoR1 restriction digests of the extracted plasmids on a 3% agarose gel (50 V run for 3 h). Plasmids with a confirmed insert were sequenced at Functional Biosciences (Madison, WI).

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Acknowledgments

This work was supported by the New Mexico State University Agricultural Experiment Station, by the U.S. Department of Energy under contract DE-EE0003046 awarded to the National Alliance for Advanced Biofuels and Bioproducts and by NIH through grant R25GM061222.

Author contributions

V.V.U. and A.U. designed the experiment, V.V.U. and V.J. carried out the experiment, V.V.U. and A.U. analyzed the data, V.V.U., A.U. and G.S. wrote the manuscript. All authors reviewed the manuscript.

Additional information

Supplementary information accompanies this paper at http://www.nature.com/scientificreports Competing financial interests: The authors declare no competing financial interests.

How to cite this article: Unnithan, V.V., Unc, A., Joe, V. & Smith, G.B. Short RNA indicator sequences are not completely degraded by autoclaving. *Sci. Rep.* 4, 4070; DOI:10.1038/srep04070 (2014).

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