# Flapless dental implant surgery and use of cone beam computer tomography guided surgery

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#### **Key points**

Provide an overview of flapless implant surgery and CBCT guided flapless implant surgery.

Describe the advantages, disadvantages, clinical indications, contraindications of using flapless implant surgery.

Provide the evidence on implant survival and complications associated with flapless implant surgery and CBCT guided implant surgery where possible.

Flapless implant surgery is increasing in popularity, particularly due to advances and increased usage of cone beam computed tomography (CBCT) and dental implant treatment planning software allowing three-dimensional assessment of the implant site. It is the aim of the article to provide an overview of flapless implant surgery and CBCT guided flapless implant surgery and summarise the literature with regard to the effectiveness of this surgical technique.

#### Introduction

The surgical placement of a dental implant fixture is constantly changing and in recent years, there has been some interest in developing techniques that minimise the invasive nature of the procedure, with flapless implant surgery being advocated. The original surgical protocol as proposed by Brånemark involved placing incisions in the oral vestibule and mucosa in an attempt to prevent infection by placing the incisions away from the implant fixture site. A mucoperiosteal flap was then raised to expose and visualise the underlying bone for implant placement, and then closed, burying the implant fixtures for a period of time to allow osseointegration to occur before restoration.1 Since then a variety of incisions and flap designs have been described in the literature for surgical implant placement to optimise soft tissue aesthetics and improve

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Refereed Paper. Accepted 24 January 2018 DOI: 10.1038/sj.bdj.2018.268

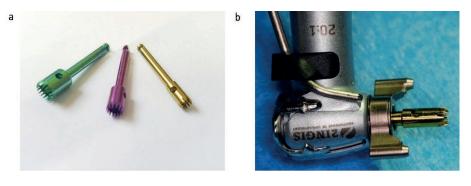


Fig. 1 Burs used to resect the tissue using a flapless technique and a bur in the surgical handpiece

tissue healing to create a healthy and aesthetic peri-implant soft tissue profile.2-8 However, the raising of a mucoperiosteal flap has been associated with a degree of morbidity, discomfort and requires subsequent suturing. There is also evidence to demonstrate that bone resorption and subsequent soft tissue recession can occur as a result.9-13 Flapless implant surgery has been suggested to alleviate these issues and involves placing an implant fixture without elevation of the epithelium, connective tissue or periosteum covering the alveolar bone. In recent years, flapless implant surgery has increased in popularity as a result of technological advances in radiographic imagery such as cone beam cross-sectional tomography (CBCT) and implant planning software.

These advances have allowed the clinician to place and even restore the dental implants virtually before surgical placement, with an ability to produce surgical guides transferring these planned CBCTs into the surgical field. A flapless implant surgical technique can be used to place single or multiple implants, with immediate, early and delayed implant placement and varying loading protocols being reported within the literature.<sup>14</sup>

It is the aim of this article to provide an overview of flapless implant surgery and CBCT guided flapless implant surgery and report on the advantages and disadvantages, implant survival rates, patient satisfaction and complications associated with this surgical technique.

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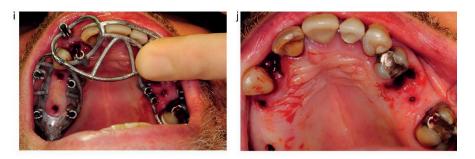


Fig. 2 Soft tissue management with resection of the soft tissue as part of a flapless implant surgical technique using a mucosa and tooth supported surgical guide (ImplantPilot system) constructed from a planned CBCT with immediate placement at the 12, 25 sites and delayed placement in the 26, 14 and 16 sites

#### Flapless surgical technique

Flapless implant surgery involves placing an implant fixture without elevation of the epithelium, connective tissue or periosteum overlying the alveolar bone. However, to place the implant fixture, surgical access to the underlying bone is required and a variety of soft tissue techniques have been utilised. These include, a soft tissue punch excision,<sup>15–18</sup> a small/mini incision or by direct preparation through the soft tissue when preparing the osteotomy site.<sup>19,20</sup>

The soft tissue punch technique excises a small specific diameter of overlying soft tissue which corresponds to the planned diameter of the implant fixture. It is resective in nature and (Figs 1 and 2) is commonly carried out using a soft tissue punch or bur. Another resective method is the direct soft tissue technique and involves removal of the soft tissue during the preparation of the implant bed using the surgical osteotomy drills. As these techniques are both resective in nature they do not allow primary closure and submergence of the implant fixture and as such can only be used when a single stage surgical technique is desired and appropriate. Their resective nature means that careful assessment of the quality and quantity of the keratinised tissue is required. A minimum of 1.5 mm of circumferential periimplant keratinised tissue is needed around the implant after surgery to provide epithelial and connective tissue elements for soft tissue integration and the development of biological width<sup>21</sup> (Figs 3 and 4); it also provides tissues that are more stable and resistant to soft tissue recession which in turn helps facilitate good oral hygiene measures,<sup>22-25</sup> thereby minimising the risk of peri-implant disease.26

The mini-incision technique is non-resective and involves placing a small incision to access the underlying alveolar bone. This incision should be of an adequate size to accommodate the osteotomy drills and allow placement of the implant fixture. Due to this being a nonresective technique it can be used as either a single or two-stage surgical procedure as the soft tissue is still present to cover the surgical site and submerge the implant fixture during healing. It is particularly useful when there is limited peri-implant keratinised tissue which is preserved using this technique and can alleviate the need for further surgical intervention such as a connective tissue graft.

When considering surgical flap design for the surgical placement of dental implants, Sclar<sup>27</sup> proposed a set criteria which is shown in Box 1. However, Sclar's criteria cannot be



fully met when a flapless implant surgical technique is used and it is therefore imperative that surgeons are aware of the limitations that a flapless surgical technique has in comparison to raising a mucoperiosteal flap which should be considered very early in the planning stages of treatment to ensure optimal and predictable treatment outcomes are achieved.

## Advantages and disadvantages of a flapless surgical technique

A number of advantages and disadvantages of using a flapless surgical technique over raising a mucoperiosteal flap have been proposed in the literature and are summarised in Table 1. The majority of the advantages of using a flapless technique pertain to the minimally invasive nature of the surgical technique and the majority of the disadvantages are related to the lack of direct visualisation of the surgical site at the time of the surgery.

#### CBCT-guided flapless implant surgery

The planning and placement of dental implants and their subsequent prosthodontic restoration needs to be carefully considered and planned three-dimensionally. With decreasing cost and increased access of CBCT imagery to dental practitioners this type of imagery is being readily used in implant dentistry. CBCT imagery allows a 3D volumetric image of potential implant sites to be visualised and allows a more accurate assessment of the bone quantity, quality and topography as well as the proximity to adjacent structures in comparison to conventional radiographs.<sup>39</sup> Interactive CBCT implant planning software can be used to virtually plan the placement of implant fixtures to optimise their position and avoid adverse trauma to adjacent structures (Fig. 5). These planned CBCTs can then be transferred to the

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#### Box 1 Sclar's proposed surgical flap design for implant dentistry

Preserve circulation and alveolar ridge topography Provide access for required implant instrumentation Allow identification of vital structures Provide access for modifying osseous contours and/or local bone harvest when indicated Provide for closure away from submerged fixture installation or augmentation sites Minimise post-surgical bacterial contamination Facilitate flap elevation, retraction, and wound closure Achieve circumferential adaptation of good-quality tissues around the emerging implant restoration

patient via surgical guides which are produced by a variety of automated manufacturing processes (CAD/CAM) (Figs 6 and 7). These surgical guides are manufactured in such a way that the location, trajectory, and depth of the planned implant fixture can be transferred from the planned CBCT to the surgical guides with a high degree of precision,40 and enables accurate and consistent positioning and orientation of the implants (Figs 8-13). These guides can be used in the preparation of the implant bed (Figs 6, 14 and 16) and/or the placement of the implant fixtures (Figs 15 and 16).41-43 Use of computer-assisted surgery is advocated as being more predictable, precise and safer in flapless dental implantology,41,44 and has been the driving force behind the increasing use of this surgical technique.<sup>45</sup> Despite this, however; these systems are not 100% accurate and errors in the positioning and angulation of the implant

fixtures can occur.<sup>49,50</sup> Tahmaseb *et al.*,<sup>49</sup> (as part of the Fifth International Team of Implantology Consensus conference) reviewed the literature assessing the accuracy and clinical performance of static computer-assisted implant surgical guides and carried out a meta-analysis of a number of *in-vitro* and *in-vivo* studies. This meta-analysis revealed a total mean error in the position of the implant fixture of 1.12 mm at the entry point (with a maximum of 4.5 mm) and 1.39 mm at the apex (with a maximum of 7.1 mm). This working group also reported that of the 38 studies included, ten studies reported changes in the surgical plan at the time of surgery, with an overall implant incidence of 2.0%.49 These issues have also been reported by Van Assche et al.,50 who as part of a working group for the European Association of Osseointegration (EAO) carried out a review and a meta-analysis on the accuracy

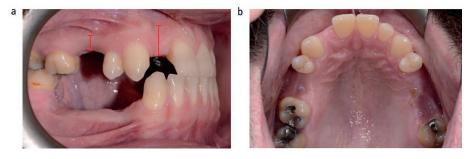


Fig. 3 Assessment of keratinised tissue (marked in red) – in this case there is ample keratinised tissue available



Fig. 4 Assessment of keratinised tissue (marked in red) – in this case there is a lack of keratinised tissue available. Measurements with a graduated periodontal probe are being taken to measure the amount of available keratinised tissue before implant placement and simultaneous connective tissue grafting



Advantages <sup>14,28–35</sup>	Disadvantages <sup>9,29,36-38</sup>			
Preservation of hard tissues	Inability to save keratinised mucosa – when a resective soft tissue surgical flap technique is used.			
Maintenance of the vascular supply	Increased planning with a flapless technique – which often entails the use of CBCT radiographic imagery (to ide any potential complications/risks that could have been visualised/assessed clinically by raising a mucoperiosteal			
Decreased surgical procedure time and the potential need for suturing.	Inability to visualise the drilling depth – due to difficulties in visualising depth indicators on the drills at the bone creparticularly if surgical guides are used.			
Reduced clinical work load.	Inability to visualise the vertical endpoint of the implant fixture placement.			
Reduction of postoperative complications such as pain, swelling, infection, or dehiscence.	Inability to visualise the location of the implant – as there is no direct visualisation of the bone.			
Reduction of intraoperative bleeding.	Inability to visualise the true topography of the underlying bone – increasing the risk of complications such as unwanted bone perforations.			
Potential for reduced peri-implant tissue loss and thus the need for soft and hard tissue management (for example, grafting)	Decreased access to bony contours that may require an alveoloplasty			
	Difficulties in performing an internal sinus lift with a stabilised template (screw fixated)			
	Inability to correct peri-implant defects – as these areas are not exposed during surgery.			
	Potential for thermal damage secondary to reduced access for external irrigation during osteotomy preparation.			
	Reduced ability to manipulate the soft tissue – particularly in aesthetic areas where raising a mucoperiosteal flap ma be advantageous.			
	Medico-legal issues – the ability to justify using a flapless technique if complications or sub-optimal/failure of treatment were to occur particularly if a conventional surgical flap technique would have alleviated such issues.			

## Box 2 Proposed factors that can lead to errors and inaccuracies in the production of CBCT surgical implant guides $^{\rm 13,40,49-56}$

CBCT scan quality.<sup>51</sup>

File conversion and reformatting of the CBCT scan.<sup>51</sup>

The CBCT implant planning software used.51

The type of production methods used for the surgical guide – with CAM manufactured CBCT surgical guides having been shown to be more accurate than lab constructed guides (non-CAM).<sup>49</sup>

The material used to construct the surgical guides – as there are reports of surgical guide fracturing during surgical use. $^{54}$ 

The ability to position the surgical guide accurately at the time of surgery.40

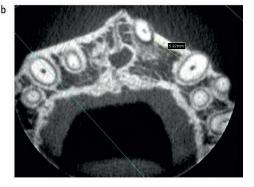
The type of support of the surgical guide has (tooth, bone or mucosa/soft tissue born) with tooth-supported guides being shown to have more accurate implant positioning in comparison to bone-supported guides.<sup>13,52,53</sup> The ability of the surgical guide to remain stable during use with increasing use of fixation screws having been shown to reduce implant deviations (Fig. 17).<sup>50</sup>

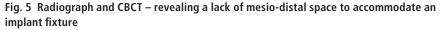
The surgeon's experience of using such guides.51,55,56

Ability to access to the surgical site/position of the edentulous area have also been reported as sources of inaccuracies leading to implant deviations.<sup>51,55,56</sup>

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of computer-aided implant placement. The meta-analysis revealed a positioning mean error of 0.99 mm at the entry point (ranging from 0 to 6.5 mm) and 1.24 mm at the apex (ranging from 0 to 6.9 mm) at the apex with a mean angular deviation of 3.81° (ranging from 0 to 24.9°).50 The causes of such errors leading to inaccurate implant positioning when using a CBCT surgical implant guide can occur at any stage of treatment and include: the planning and diagnostic work up of the patient; the design and production of the surgical guide; and/or the surgical processes involved in the placement of the implant fixture. Greater deviations and inaccuracies in the positioning of the implant fixture are generally seen when the degree of the error is large or when multiple errors have occurred potentiating to a greater overall error.49 A number of causes leading to such errors have been proposed and are summarised in Box 2.13,40,49-56 Clinicians therefore need to be aware of the potential sources of error that can lead to inaccuracies and deviations in the placement of the implant fixtures when using a CBCT surgical guide and where possible minimise or reduce these potential errors. Clinicians should also consider the potential for inaccuracies and deviations in implant positioning during the planning and surgical stages of treatment<sup>46-50</sup> as a failure to give due consideration to these potential issues can lead to a variety of surgical and prosthodontic complications including damage to vital structures.55,57,58

### **CLINICAL**

#### **Implant survival**

High implant survival rates have been reported for flapless implant surgery with implant survival rates of over 90% reported in a number of studies<sup>9,29,31,37,59-67</sup> review and systematic review articles<sup>29,36,68,69</sup> (see Tables 2 and 3). Two separate systematic reviews by Lin *et al.*,<sup>69</sup> and Chracnovic *et al.*,<sup>36</sup> reported on implant survival rates comparing conventional and flapless implant surgery. Both reported higher implant failure rates when using a flapless surgical technique with Lin *et al.*,<sup>69</sup> reporting implant survival rates of; 97.0% for flapless implant surgery and 98.6% for conventional open flap surgery; however, this was not found to be statistically significant. Chracnovic *et al.*,<sup>36</sup> reported a higher implant failure when using

Table 2 Reported implant survival using a flapless technique: studies								
Author and year of publication	Type of study	Patient no. (where applicable)	Implant no. (where applicable)	Follow up	Survival (%)/reported failure			
Campelo <i>et al.</i> (2002) <sup>9</sup>	Retrospective	359	770	Up to 10 Years	91%(Cumulative survival at 10 years)			
Van Steenberhe <i>et al.</i> (2005) <sup>62</sup>	Prospective	24	164	12 months	100%			
Cannizzaro <i>et al.</i> (2007) <sup>63</sup>	Prospective	35	202	12 months	2 Implant failures			
Sanna <i>et al.</i> (2007) <sup>64</sup>	Retrospective	30	183	Mean average: 2.2 years	91.5% (Cumulative survival at 5 years)			
Wittwer <i>et al.</i> (2007) <sup>65</sup>	Prospective	22	88	24 months	97.7% (Cumulative survival at 2 years)			
Sennerby <i>et al.</i> (2008) <sup>59</sup>	Retrospective	N/A	N/A	1-18months	Flapless higher failure rate 7.9% and 0% into flap			
Malo <i>et al.</i> (2008) <sup>60</sup>	Prospective	20	32	Between 6-12months	98.6% (Cumulative survival at 1 year)			
Becker <i>et al</i> . (2009) <sup>66</sup>	Retrospective	57	79	Mean average: 3 years 8 months	98.7% (Cumulative survival at 3-4 years			
Rosseau <i>et al.</i> (2010) <sup>67</sup>	Retrospective	121	174	Up to 2 years	98.3%			
Berdougo <i>et al.</i> (2010) <sup>61</sup>	Retrospective	99	271	Between 1-4 years	96.3% (Cumulative survival)			
Sunitha <i>et al.</i> (2013) <sup>37</sup>	Retrospective	20	20	Up to 2 years	100%			

Table 3 Reported implant survival using a flapless technique: review articles

Author and year of publication	Type of study	Title	Results	Conclusion
Brodala (2009) <sup>29</sup>	Review article	Flapless Surgery and Its Effect on Dental Implant Outcomes	Overall implant survival for collective: Prospective cohort studies -98.6%. Retrospective studies or case series – 95.9%.	Flapless surgery appears to be a plausible treatment modality for implant placement, demonstrating both efficacy and clinical effectiveness. However, these data are derived from short-term studies with a mean interval of 19 months. A successful outcome with this technique is dependent on advanced imaging, clinical training, and surgical judgement
Chrcanovic <i>et al.</i> (2014) <sup>36</sup>	Review article	Flapless versus Conventional Flapped Dental Implant Surgery: A Meta-Analysis	The test for overall effect showed that the difference between the procedures (flapless vs. open flap surgery) significantly affected ( $P = 0.03$ ) the implant failure rates with high implant failure when flapless implant surgery was used, with a RR of 1.75 (95% Cl 1.07–2.86).	There was a statistical difference between flap vs flapless procedure on implant survival with flapless implant surgery having a higher implant failure rate. However, the results must be interpreted carefully, as a sensitivity analysis revealed differences when the groups of studies of high and low risk of bias were pooled separately.
Lin <i>et al.</i> (2014) <sup>69</sup>	Systematic review	The Effect of Flapless Surgery on Implant Survival and Marginal Bone Level: A Systematic Review and Meta-Analysis	Average implant survival rate: - 97.0% (range: 90%-100%) for flapless procedures - 98.6% (range: 91.67%-100%) for flap procedures.	This systematic review revealed that the survival rates and radiographic marginal bone loss of flapless implant surgery was comparable with conventional (flap) surgery approach.
Moraschini <i>et al.</i> (2015) <sup>68</sup>	Systematic review	Implant survival rates, marginal bone level changes, and complications in full-mouth rehabilitation with flapless computer-guided surgery: a systematic review and meta- analysis	Overall survival rate of 97.2% and a mean marginal bone loss of 1.45 mm were found during 1–4 years of follow up. However, associated complications were common.	A high implant survival rate and minimal marginal bone loss was found. However, associated complications such as implant loss, low primary stability and fracture of the prosthesis and the surgical guides were often found. There was also a reported learning curve by the clinician to attain treatment success when using a flapless surgical approach.



a flapless surgical technique in comparison to open flap surgery which was found to be statistically significant (P = 0.03). They also reported a risk ratio of 1.75 which implies that implants inserted using a flapless technique are 1.75 times likely to fail in comparison to those implants placed when using an open flap technique.<sup>36</sup>

#### Marginal bone loss

It has been suggested that marginal bone loss can be minimised around the implant fixture during the initial stages of healing by using a flapless implant surgical technique with this being attributed to a reduction in the

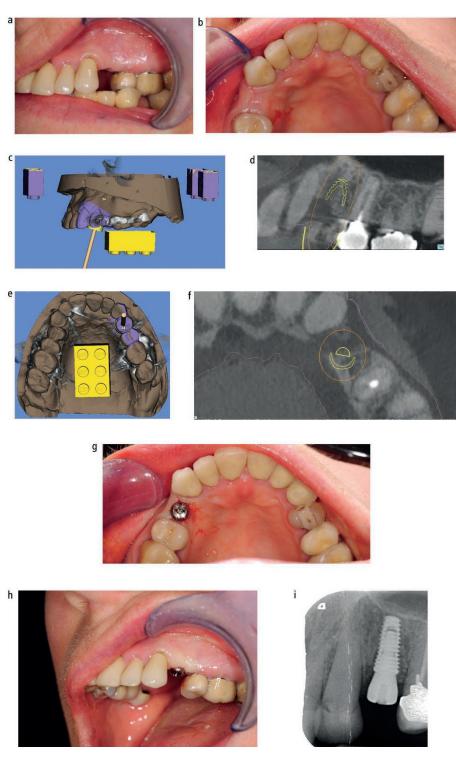


Fig. 6 Single implant placement in the 24 site using CBCT guided flapless implant surgery (ImplantPilot system). A CBCT scan of the patient and a CBCT scan of a waxed-up study cast model have been combined as a dual scan to plan this case. (To approximate the two CBCT scans a LEGO brick has been used)

disturbance of the blood supply at the surgical site. The vascularisation of bone at an edentate site is provided by blood vessels of the periosteum and the alveolar bone. A flapless technique reduces the disturbance to the periosteal blood supply (as a mucoperiosteal flap is not raised) and thus minimises bone resorption during the initial stages of healing9 with this being shown in both animal and human studies.70-73 When reviewing studies assessing marginal bone loss around implant fixtures placed using a flapless implant technique, the results are variable. Studies by Kan et al.,<sup>75</sup>, Becker et al.,<sup>20,31</sup>, Cosyn et al.,<sup>76</sup>, Sennerby et al.,<sup>59</sup> and a systematic review by Moraschini et al.,68 all reported favourable minimal crestal bone loss when a flapless technique was used. Cosyn et al.,<sup>76</sup> also concluded that there was enhanced papilla soft tissue regrowth which resulted in an improved aesthetic outcome in single implant placement when using a flapless technique.<sup>76</sup> However, a comparative randomised control trial by Pisoni et al.,74 comparing conventional flap to flapless implant surgery reported no influence on bone resorption when comparing the two surgical techniques.74 Furthermore, a systematic review by Chrcanovic et al.,36 reported that five studies60,77-80 (included in their systematic review) reported increased marginal bone loss around the implant fixture when a flapless technique was used. The proposed explanation for this was that that the implant fixture could have been placed more apical than the desired position due to reduced visibility at the time of surgery,<sup>77,80</sup> with the transmucosal portion of the implant being slightly below the crestal bone causing rearrangement/resorption of the periimplant bone around the neck of the implant.80

#### Osseointegration and contamination of the implant fixture

It has been hypothetically proposed that osseointegration can be impaired when using a flapless surgical technique due to the risk of soft tissue contamination of the implant bed and/or implant fixture during the process of implant surgery due to the close proximity of the soft tissues during surgery.<sup>18,61</sup> However, evidence for this is lacking and an animal study by Becker *et al.*,<sup>81</sup> who evaluated the histology of implants placed using conventional and flapless implant surgery in dogs found no histological evidence of gingival tissue or foreign body intrusion at the implant site using either surgical technique.<sup>81</sup>

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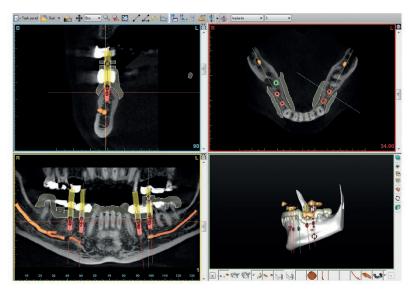


Fig. 7 CBCT Simplant planning software used to plan implant placement in a patient with hypodontia

#### Irrigation of osteotomy site

Another concern of using a flapless implant surgical technique is the minimal and reduced surgical access for irrigation of the implant bed38 which is necessary to cool and prevent heat generation at the surgical site. This heat generation can lead to the risk of heat induced necrosis of the bone<sup>82</sup> which can subsequently lead to bone resorption and implant failure. This may also be particularly true when a surgical drilling guide is used which can further impede and restrict delivery of irrigant to the osteotomy site (Figs 10 and 18 - the surgical guide design in Figure 18 also improves access for irrigation and visualisation at the implant bed site).45 There are a number of factors which can contribute to heat generation during the preparation of the implant bed which include; the presence and temperature of irrigant,82 the amount of bone being prepared,83 drill sharpness and design,84 the preparation time, the depth of the osteotomy,85 pressure on the drill,84 drill speed<sup>86</sup> and the thickness of the cortical bone.<sup>87</sup> On reviewing the literature relating to heat generation during the preparation of the implant bed using a flapless implant surgical technique, there are very few studies reporting on this. An in-vitro study by Jeong et al.,88 who assessed heat generation at implant osteotomy sites when using a surgical drilling guide comparing open flap and flapless implant surgery reported a greater temperature increase when a flapless surgical technique was used in comparison to open flap surgery, but this was not found to be statistically significant (This study however, only carried out 20 drilling procedures in total).

#### Surgical technique: Free-hand, CBCT-guided and CBCT-guided and navigated flapless implant surgery

There are a variety of flapless implant surgical techniques which can be used for flapless implant surgery, these include, free hand, CBCT guided and CBCT guided and navigated flapless implant surgery. A systematic review by Voulgarakis et al.,89 compared the outcomes of these three different flapless surgical procedures assessing implant survival rates and marginal bone loss. Twenty-three studies with a minimum of 1-year follow-up were included. The following results were reported; free hand flapless implant surgery demonstrated implant survival rates of 98.3-100% and mean marginal bone loss of between 0.09 and 1.40 mm at 1-4 years after implant insertion. Flapless CBCT guided surgery (without 3D navigation) had an implant survival rate of between 91-100% and mean marginal bone loss of 0.89 mm after an observation period of 2-10 years and CBCT guided and navigated flapless surgery showed implant survival rates of between 89-100% and mean marginal bone loss of between 0.55-2.6 mm over a follow-up period of 1-5years. This systematic review concluded that there are several methods to facilitate implant placement via a flapless approach and that none of the methods demonstrated has advantages over the other with regard to implant survival and marginal bone loss.89 However, D'hase et al.,54 suggested that free hand flapless implant surgery can only be advocated in specific pre-planned cases by experienced surgeons where there is adequate bone volume.54

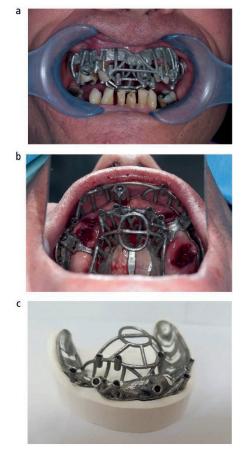


Fig. 8 Tissue supported surgical implant guide – pre and post- extraction (ImplantPilot system)

#### Loading protocols

Immediate, early and delayed loading protocols have been reported with flapless implant surgery. A systematic review by Xu et al.,14 compared immediate and early loading of implants placed using a flapless technique. The review reported on six articles which included four randomised controlled trials with 180 patients cumulatively included within their analysis. The review reported an implant failure rate of 0% to 3.3% for both immediate and early loaded implants when using a flapless surgical technique. The review reported no statistically significant outcome with regard to implant failure rates, peri-implant marginal bone levels or complications between the two groups. The only reported differences between the groups was that patients preferred immediate rather than early implant loading.14 A retrospective study by Doan et al.,103 reported on predictors for implant survival based on 1,241 consecutive implants placed using a flapless implant surgical technique. They reported on early (6-8 weeks and at 10-12 weeks) and delayed

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(at six months) loading protocols; however, the loading protocols were not reported as being predictors for implant survival.<sup>103</sup> Additionally, a study by Oh et al.,<sup>104</sup> reported on soft tissue changes on implants placed in the anterior maxilla using a flapless surgical technique comparing immediate and delayed loading (after four months). Patients were followed up for six months with no statistical significance in the soft tissue profile being found between the two groups. However, statistical significance in the papillary index score was found in the immediate loading group where score increased from baseline to month two which was maintained at month six and could indicate that creeping attachment (that is, soft tissue recovery) might occur within two months after immediate loading.104

#### Complications associated with flapless implant surgery

The most commonly reported complication when using a flapless implant surgical technique is the perforation or fenestration of the peri-implant bone during surgery.<sup>90,91</sup> This is due to the procedure effectively being carried out blind without direct visualisation of the surgical site. A review by Brodala *et al.*,<sup>29</sup> reported an overall incidence of intraoperative complications of 3.8% for flapless implant

surgery. All of these were related to perforation or dehiscences, with four of the 16 studies included within this review reporting on such complications.<sup>29</sup> Of these four studies, two used CBCT surgical stents for all patients,65,92 whilst the other two studies did not routinely use them;9,93 this demonstrates that this surgical complication can occur even with the use of CBCT surgical guides and should not be solely relied upon to alleviate this complication. There is also the strong possibility that the incidence of such events could be much higher due to such complications not being readily apparent to the clinician as a consequence of the lack of direct visualisation of the surgical site at the time of implant placement. To minimise the risk of this occurring, care must be taken when planning and placing the implants to ensure correct positioning and angulation. This is particularly true at high risk sites such as those with reduced alveolar ridge width and where bony concavities are present which commonly occur on the lingual aspect of the posterior mandible and the buccal aspect of the anterior maxilla.94 Where such anatomical risks are present and in the presence of inadequate bone volume,<sup>9</sup> a flapless technique is not recommended. CBCT guided implant surgery can be used to minimise such risks, however, as discussed earlier these risks can and do still occur and should not be solely

relied on to alleviate such risks.<sup>46,47,49,95</sup> Other reported complications include: reduced primary stability of the implant fixture; suboptimal implant positioning and angulation; implant failure; challenges in restoring the implant fixtures; fracture of surgical guide and complications associated with the implant prosthesis,<sup>68</sup> however, such complications also occur when a conventional surgical technique is utilised with a review article by Brodala *et al.*,<sup>29</sup> reporting that the immediate postoperative and delayed complications appear to be similar for both flap and flapless implant surgery.<sup>29</sup>

#### Training and experience

There are a number of articles that state that there is a learning curve to achieving treatment success when using a flapless implant surgical technique.<sup>9,68</sup> This was reported by Campelo *et al.*,<sup>9</sup> who attributed their improved implant survival rate over a ten-year follow up period to their increased clinical experience of using a flapless surgical technique.<sup>9</sup> This was also suggested by Jain *et al.*,<sup>96</sup> who stated that placing implants without raising a mucoperiosteal flap requires a certain level of experience, fine



Fig. 9 Tooth and mucosa supported surgical implant guide (ImplantPilot system)



Fig. 10 A stereolithographic tooth supported surgical guide



Fig. 11 Stereolithographic tooth supported Simplant surgical guides used to accommodate each osteotomy drill used in the drilling sequence for placement of Straumann implants (from planned CBCT Fig. 15)



Fig. 12 CBCT guided surgical guide with interchangeable sleeves to accommodate each osteotomy drill used in the drilling sequence

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Fig. 13 Shows a ImplantPilot system surgical stent constructed from cobalt chromium which utilises bilateral tubes to guide the preparation of the implant bed/implant placement to minimise deviation from the planned CBCT implant position

motor skills, and sensitivity of the surgeon's hand, which only can come with practice.96 Clinical experience has also been reported as being vital when using CBCT implant surgical guides for flapless implant surgery by Höckl et al.,97 stating that 'in the hands of an inexperienced clinician there can be a blind reliance on surgical guides when using a flapless technique.'97 It makes perfect sense that clinicians with less clinical experience of using such surgical techniques are more likely to have a lack of insight to identify any potential issues or errors and also a lack of experience to be able to alleviate or deal with these as they present themselves, with this being particular true in clinicians with limited implant surgery experience.97 For example, one of the ways to deal with a surgical complication may be to abandon a flapless surgical technique and to raise a mucoperiosteal flap to visualise the site.

#### Patient satisfaction and perceived pain

A flapless implant surgical technique is minimally invasive in comparison to conventional flap surgery and has been shown to have improved rates of healing due to reduced surgical trauma and, with this, reduced postoperative complications such as pain, infection, swelling or dehiscence. It has also been suggested that bleeding is reduced both at the time of surgery (allowing a clean surgical field) and also postoperatively.98 When assessing patients' satisfaction with using a flapless technique, a review article by Poomer et al.,99 reporting on patients' preferences towards minimally invasive treatment alternatives for implant rehabilitation of edentulous jaws reported that patient satisfaction was high for implant surgery (average 91% [range: 77 to 100%]).99 when using a flapless surgical technique.99 This was also reported by Youk

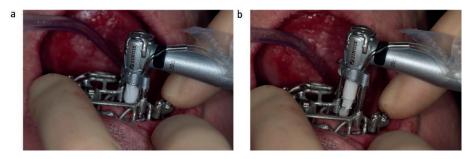


Fig. 14 An ImplantPilot surgical guide used for the preparation of the implant bed using zirconia drills

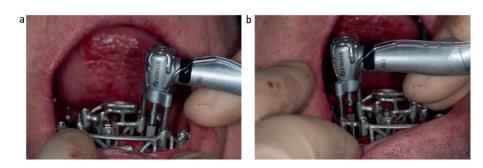


Fig. 15 An ImplantPilot surgical guide used to guide the position and angulation of the implant fixture placement

et al.,100 who reported that patients who had undergone computer-guided flapless implant surgery employing a surgical template felt less pain and had higher satisfaction than those who had undergone conventional implant surgery.<sup>100</sup> When assessing patients' perceived pain and discomfort, studies by Nkenke et al.,101 and Fortin et al.,18 both reported reduced patient morbidity and a reduction in the intensity of pain for shorter periods of time when using a flapless technique.18,101 This is weakly backed up by a Cochrane systematic review by Esposito et al.,102 who concluded that there is limited weak evidence to suggest that flapless implant surgery shows reduced postoperative discomfort in adequately selected patients.102

#### Conclusion

Flapless implant surgery is increasing in popularity with its use being driven by advances in CBCT guided implant surgery. However, this surgical technique requires further education, training and experience to enable clinicians to learn and apply the requisite skills necessary for this surgical approach as there is a learning curve to achieving treatment success.<sup>9,68</sup> Clinicians using CBCT surgical guides should have a good understanding of the system being used and appreciate potential inaccuracies and deviations (both average and maximal) for each specific system used and consider this in the planning and surgical stages of treatment to minimise potential risks and complications occurring.



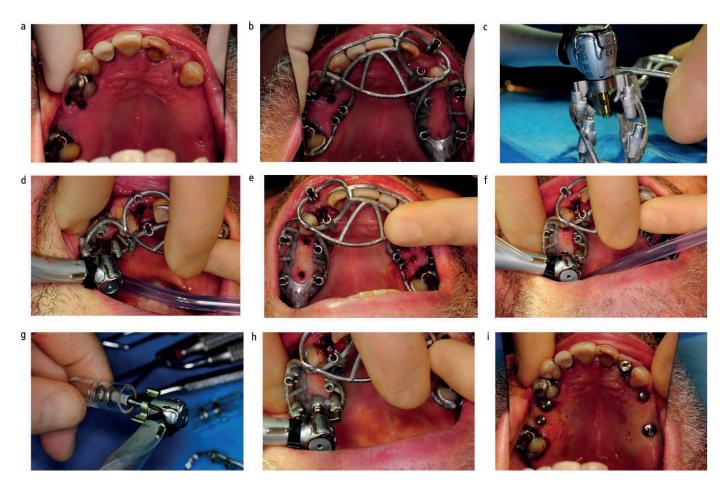
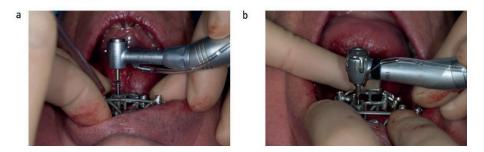


Fig. 16 Multiple implant placement (including immediate placement) in the 25, 26, 12, 14 and 16 sites using the ImplantPilot system



## Fig. 17 Placement of a fixation screw to stabilise the surgical stent during preparation of the implant bed (ImplantPilot system)

Like any aspect of implant surgery, careful patient selection, proper diagnosis and appropriate treatment planning<sup>29</sup> are key factors in achieving predictable treatment outcomes;<sup>9,29,31</sup> this is particularly true for flapless implant surgery as this technique is effectively a 'blind procedure'. It has been suggested that a flapless implant surgical technique should only be considered where there is sufficient bone volume, adequate keratinised soft tissue, (when resection of the soft tissue is planned), an absence of significant hard tissue undercuts<sup>5,9,16,75</sup> and when the clinician is appropriately aware of the anatomy and location of vital structures.<sup>31</sup>

This surgical technique has promise, however, for more definite conclusions further well-designed long-term clinical trials need to be carried out to determine the real effect of flapless implant surgery on patient outcome variables. Further research and development is also needed to improve the accuracy of CBCT surgical guides with this improvement being predicted to increase the usage and uptake of this surgical technique by dental practitioners.

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Fig. 18 External irrigation system being used during flapless implant surgery

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