

New chairside guide focuses on caries prevention

The FDI World Dental Federation has issued a chairside guide to advise clinicians on restorative interventions with their patients.

The *Caries Prevention and Management Chairside Guide* was released on the opening day of the FDI World Dental Congress in Madrid, Spain (29 August – 1 September) under the umbrella of the Caries Prevention Partnership (CPP), supported by Colgate.

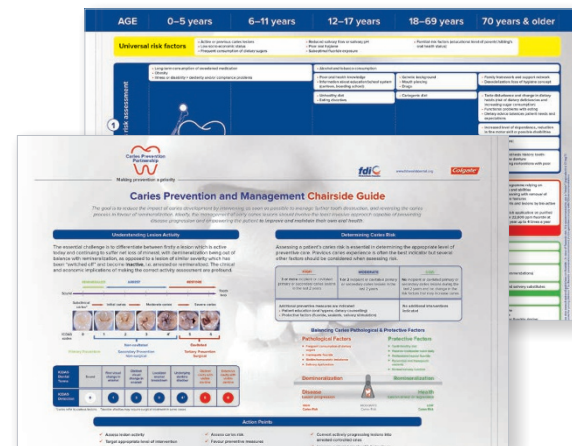
The guide is conceived as a visual support with easy-to-follow guidelines suitable for the dental practice. The goal is to reduce the impact of caries as early as possible, by preventing further tooth destruction and reversing the caries process in favour of remineralisation, and ultimately empower the patient to improve and maintain their own oral health.

Sophie Darteville, a member of the Public Health Committee at FDI, said: 'We believe this chairside guide is an easy reference tool for practising clinicians and facilitates their decision-making on treatment options. Dentists see numerous patients in one day all with their specific needs and anticipated

outcomes. The guide is a reminder of the objective of patient care for caries, which has to be the least invasive and must necessarily involve the patient in the maintenance process.'

The guide will provide greater understanding of lesion activity and guidance in determining caries risk according to varying risk factors throughout life. These universal risk factors – which consider socio-economic status, sugars consumption and poor oral hygiene, among others – are classified in a context of five age groups: three covering children and adolescents, one adults, and one older adults. For each age group, there is a caries risk assessment, recommendations for professional maintenance, and suggestions for patient and education maintenance.

Launched in 2015, the CPP is an international effort to help shift the focus of dental practitioners from a restorative approach to preventive dental medicine. It seeks to enhance oral disease prevention through high quality caries educational



communication materials and activities that target professionals, patients and the general public. Available resources include a *White Paper on Dental Caries Prevention and Management* released last year and complimentary webinars, summit workshop proceedings, and an advocacy toolkit.

To download the two-page Chairside Guide visit <http://www.fdiworlddental.org/resources/toolkits/caries-prevention-and-management-chairside-guide>.

Class of 1966 holds milestone reunion

A recent reunion of former dental students from King's College Hospital Dental School celebrated no fewer than 50 years since their graduation. The group organised the milestone event which included a gala dinner and dance, an outing on the Bluebell Railway and the collation of a brochure with photos, memories and biographies of those present, unable to attend or deceased from the class of 1962-1966.



Back row: David Brown, Chris Hibbert
Middle row: John Wolffe, Brian Williams, John Savage, Neil Thompson, Howard Lunn, Susan Perkins née Wright, Martin Miller, Roger Knowles, John Kay
Front row: Elizabeth Flett née Heslop, Cheryl McLean Wong, Maggie Webster née Wyborn