Deanery in the same way as a VT post. There is no incentive for trainees. There are still people I know who have not secured a VTE post three or four years after passing the ORE, despite their efforts. I have actually set up a website to share my experience and answer questions to help those finishing ORE (<http://lifeafterore.wordpress.com/>).

In October this year I spoke at the Clinical Cosmetic & Reconstructive Expo (CCR Expo). The topic was 'Dentistry and facial aesthetics - a perfect match?' It focused on how dentists can expand easily into aesthetics, by sharing my experience. It went very well. At the moment aesthetic medicine is still new and a rapidly growing industry, so it creates a lot of interest. Dentists are in an excellent position to integrate aesthetic medicine into their practice.

In January 2015 I will be joining the team at Cosmetic Courses in Buckinghamshire as a trainer. I think they are one of the best training bases in aesthetics here in the UK and I'm very much looking forward to the challenge and developing as a good trainer. I have been invited to speak at the World Aesthetic Congress in June 2015 and am looking forward to that too. I'm also planning to do my Diploma in Restorative Dentistry.

I usually get home from work about 5.30 pm, unless I have aesthetic clinic, in which case it's 8 or 9 pm. At the moment I feel like I am busier than ever in my life, so, any free time that I have I spend with my family and my little boy. I love fashion and clothes shopping and enjoy sport. When I was younger I competed in Latin American dancing at a national level for eight years. Now I visit a gym when I have time, go to yoga classes and run.

We always cook fresh meals at home. Everyone in our family cooks. Although I'm Ukrainian my favourite cuisines are Japanese and Italian. In Ukraine dumplings are a traditional dish and I love those made by my Mum the most!

INTERVIEW BY KATE QUINLAN

VIEW FROM MY WINDOW

Dental therapist Rebecca Young writes: 'This was the view from my surgery at the start of 2013 whilst on placement in Lochboisdale in the Western Isles.'

Send the view from your workplace window to the News Editor at k.quinlan@nature.com.

HONOURS AND AWARDS

BSPD president

Janice Fearne is the new President of the British Society of Paediatric Dentistry (BSPD). Dr Fearne is NHS Consultant in Paediatric Dentistry at Queen Mary's University, Barts and the London NHS Trust.

King James IV Professorship

Professor Crispian Scully CBE was awarded the King James IV Professorship at the Royal College of Surgeons of Edinburgh in October.

Oral Prize

Dr Gerry McKenna was this year's winner of the British Society of Prosthodontics' Schottlander Oral Prize. Dr McKenna is a newly appointed Senior Clinical Lecturer and Honorary Consultant in Restorative Dentistry at the Centre for Dentistry, Queen's University Belfast.

Prestigious fellowship

Dr Mervyn Druian has been awarded a Fellowship by the American Society of Dental Aesthetics, only the second dentist in the UK to be presented with this honour. It is given to dentists who have demonstrated a commitment to the highest standards of care and advancement in the field of aesthetics.

BOOK REVIEW

CLINICAL REVIEW OF ORAL AND MAXILLOFACIAL SURGERY: A CASE-BASED APPROACH, 2ND EDITION

S. C. Bagheri (ed)

Elsevier

price £85.99; pp 576

ISBN 9780323171267

This is a great book for those with an interest in maxillofacial surgery, with a very straightforward layout. The first part discusses pharmacology and anaesthesia and their involvement with oral and maxillofacial surgery. The remainder of the book details the various conditions found in the head and neck, with each chapter clearly covering a specific area. The book takes you through oral and maxillofacial infections, conditions and pathology.

An excellent feature of this book is that the discussion in each chapter is carried out through example cases, with each case having the same layout. The cases are informative yet succinct with relevant photographs, radiographs and diagrams to help the reader visualise the condition.

Junior trainees within oral and maxillofacial surgery would benefit greatly from the cases discussed throughout this book as they are clearly laid out and easily understandable. This book could act as a good starting point for young trainees looking for clearly explained conditions in oral and maxillofacial surgery and their management.

Overall, I found this book expressly informative. It is not overly technical and therefore easily understood. I like the case-based approach as it helps in retaining the information given. These cases can easily be applied to every day clinical scenarios within oral and maxillofacial surgery and are therefore great learning tools. I would most definitely recommend this book.

N. GALLIGAN