

# Notes on coronectomy

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VERIFIABLE CPD PAPER

## IN BRIEF

- Outlines the indications for coronectomy.
- Outlines the potential consequences of coronectomy.
- Increases awareness of the coronectomy technique among general dental practitioners.

Coronectomy involves removal of a crown from roots of a healthy tooth in healthy patients indicated to prevent inferior alveolar nerve injury in a high risk case. Since the original paper in 2005 (*Br J Oral Maxillofac Surg* 2005; **43**: 7–12) describing a prospective randomised study on coronectomy, there has been a lot of interest in this procedure and it has become routine practice in many oral surgery departments within the UK and USA. A significant variance in thresholds for pre-prescribing coronectomy and also for the technique of its delivery has been highlighted by a recent review. This has resulted in frequent queries about the technique and which patients may be suitable. Thus this paper aims to highlight some finer points of the coronectomy technique and how to avoid potential pitfalls.

## INTRODUCTION

A recent review of coronectomy procedures<sup>1</sup> has brought to light the significant variance in thresholds for not only pre-prescribing coronectomy, but the technique of delivering the procedure. Third molar surgery related to inferior alveolar nerve injury is reported to occur in up to 3.6% cases permanently and 8% cases temporarily.<sup>2,3</sup> Factors associated with inferior alveolar nerve injury (IANI) are age, difficulty of surgery and proximity to the IAN canal. If the tooth is closely associated with the IAN canal radiographically, 20% of patients having these teeth removed are at risk of developing temporary IAN nerve injury and 1–4% are at risk of permanent injury.<sup>2–6</sup>

Radiographic signs indicative of possible IAN risk include:

- Diversion of the canal
- Darkening of the root
- Narrowing of the root/canal
- Interruption of the canal lamina dura
- Interruption of the juxta-apical area.

If these plain film radiographic risk factors are identified (Figs 1a and 1b), removal

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Fig. 1a DPT High risk left M3M with juxta apical area and darkened roots

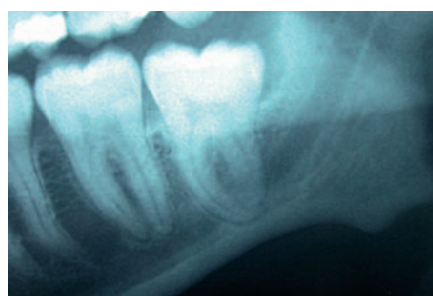


Fig. 1b DPT high risk left M3M with darkening of roots

of the third molar will result in elevated risk of IANI (2% permanent and 20% temporary).<sup>3–6</sup> If the tooth is 'high risk', carious and/or the patient is medically compromised, the tooth must be extracted and the patient must be informed about the elevated risk of nerve injury.

Coronectomy reduces the likelihood of nerve injury by ensuring retention of the vital roots when they are close to the



Fig. 2a DPT preoperative coronectomy left M3M



Fig. 2b DPT left M3M post operative coronectomy

inferior alveolar canal (as estimated on radiographs or CBCT). The method aims to remove only the crown (all enamel) of an impacted mandibular third molar while leaving the root and pulp undisturbed, thereby avoiding direct or indirect damage to the IAN (Figs 2a and 2b).

The six latest articles on coronectomy consist of two randomised controlled trials, two prospective cohort studies, one case

control study and one retrospective study.<sup>6-13</sup> Three of the six articles investigate the fate of third molars deemed at high risk on a DPT radiograph that have been coronected.<sup>7-9</sup> The remaining three articles compare the techniques of coronectomy *versus* complete removal of the high risk third molar tooth.<sup>6,10,11</sup> Interestingly, Dolanmaz *et al.*<sup>11</sup> did not have a high risk control group for comparison as they deemed this unethical. All six articles suggested that the technique of coronectomy had merit and many practitioners regularly use the coronectomy approach in order to minimise IANIs.

## TECHNIQUE

### Preoperative assessment

#### The patient

Coronectomy is an alternative procedure to complete extraction when a tooth is deemed 'high risk' (crossing both lamina dura of the ID canal on a plain film) but vital and in a patient who is not medically compromised (not immune compromised [diabetic, long term steroids, chemotherapy, HIV]; or potential poor healing [previous irradiation]). Patients should be fully cognisant of the potential risks of a 'dry socket' (incidence 5%) and the additional possibility of a second surgical procedure either early or late postoperatively.

#### Radiography

The mandibular third molar is identified as high risk based on routine plain film radiography (Figs 1a and 1b). Once identified as a high risk, a cone beam CT is essential in confirming the relationship of the tooth to the inferior alveolar canal (Figs 3a-d).

A recent study has explicitly highlighted the link between the plain radiographic features and cone beam CT findings.<sup>15</sup> Umar *et al.* reviewed 50 cases that had been identified as high risk on plain films and then correlated the CBCT findings with their appearance. Loss of lamina dura of the canal was linked to contact with the canal in all cases, darkening was related to canal cortical loss in 78% of cases, contact with the nerve in 60% and grooving of the root in one case. This study may reinforce the possibility that plain film assessment and planned coronectomy may negate the need for additional CBCT scanning and its related irradiation. However, as the tooth roots may be mobilised during the coronectomy procedure it

may be argued that the surgeon should be fully cognisant of the relationship between the tooth roots and IAN canal to ensure minimal morbidity of the nerve should the roots be mobilised and require removal. In addition, if CBCT confirms that the mandibular third molar roots are distinct from the ID canal (Figs 3a and 3b) or inextricably involved with the IAN canal (Figs 3c and 3d) the surgeon may elect to ensure mobilisation of the roots is prevented by extended sectioning of the crown from the roots, but this technique may be associated with increased risk to the lingual nerve.<sup>9</sup>

CBCT has provided an additional indication for elective coronectomy, which is when there is loss of the lingual cortex (identified in 30% of cases) and IDC buccally with a mandibular third molar root apex 'sandwiched' in between (Fig. 4). This minimises injury to the IDC (IAN) during attempted elevation of the root, with a high risk of loss of the tooth fragment into the submandibular space.

Also if the patient or tooth is compromised the CBCT scan will enable appropriate planning for removal of the high risk mandibular third molar with an appropriate consent.

CBCT does involve the additional radiation dose of 60-120 µSv which must not be forgotten but is appropriate in planning to minimise IAN injury in relation to mandibular third molar surgery.

The routine use of CBCT with its attendant high radiation dose is justified in that, based on CBCT findings, only 5-15% of the high risk M3M cases will proceed to coronectomy, depending on the surgeon involved. Thus significantly fewer patients will have coronected retained roots, for protection of their inferior alveolar nerve, without the additional risk of future infection and resultant necessary additional surgery for root removal.

#### Consent

Taking into account the above, the patient therefore must be consented with the words 'it is intended for a coronectomy to be undertaken, however, if the roots are mobilised during surgery they will require removal with the heightened risk of nerve injury'.<sup>6</sup> The patient must also be aware that there is a risk of early and late infection that will necessitate the removal of the roots, which in most cases occurs once



Fig. 3a CBCT right M3M distant with ID canal inferior and corticated. Remove M3M

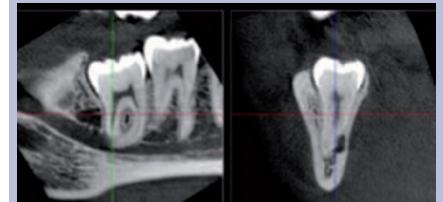


Fig. 3b CBCT nerve proximal and lingual with decortication of ID canal. Remove M3M

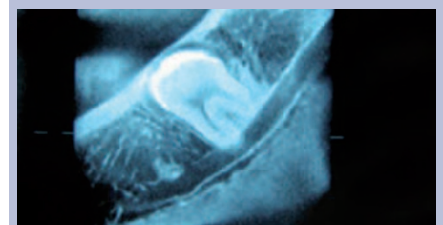


Fig. 3c CBCT left M3M roots straddling ID canal

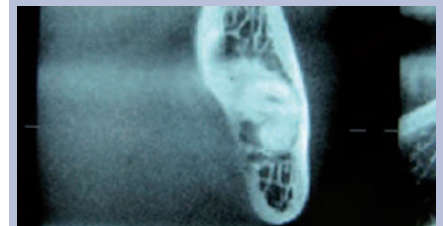


Fig. 3d CBCT of bifid ID nerve winding between roots of left M3M. Coronectomy

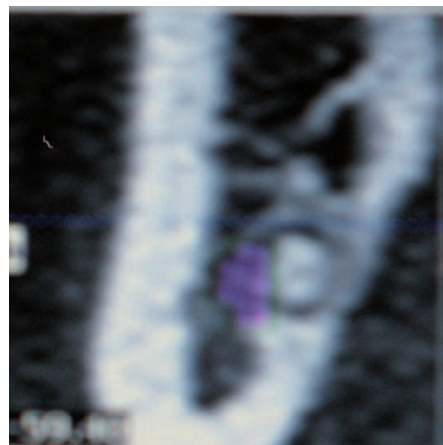


Fig. 4 CBCT close up left M3M root sandwiched between ID nerve (purple) and loss of lingual plate

the tooth root has erupted away from the IAN canal but in some cases when the root is perforated by the nerve, dragging the nerve superiorly as it erupts.<sup>14</sup>



Fig. 5a Coronectomy preop left DPT high risk M3M



Fig. 5e Coronectomy with section into pulp chamber for decoronation of crown



Fig. 5b Coronectomy preop partially erupted M3M



Fig. 5f Coronectomy illustrating cut surface of retained roots with pulpal exposure



Fig. 5c Coronectomy elevated small buccal triangular flap with bone exposure

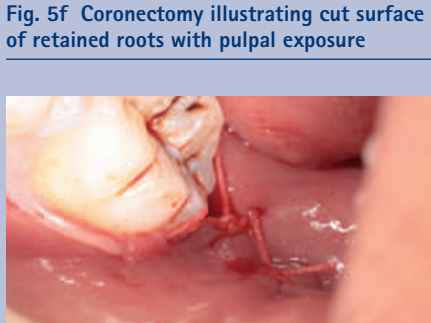


Fig. 5g Coronectomy after wound toilet and irrigation the buccal triangular flap is replaced with 40 vicryl rapide suture



Fig. 5d Coronectomy with buccal bone removal using fissure bur



Fig. 5h Coronectomy crown fragment, always inspect root surface to ensure all enamel is removed

### The operative technique (a coronectomy case as illustrated in Fig. 5)

1. Long buccal infiltration and anterior buccal infiltration (4 ml articaine 4%) is given as with routine lower third molar surgery. An inferior dental block (lidocaine 2%) may be used in addition if necessary
2. A buccal triangular mucoperiosteal full thickness flap is raised to expose the third molar tooth (no lingual access)
3. A fissure bur is used to create a buccal

gutter of bone adjacent and buccal to the tooth (not distal) and to expose the amelo-cemental junction (ACJ). This would be similar access as that gained for application points for third molar elevation but in this scenario we are trying to gain access to cut through the ACJ into the pulp

4. A fissure bur is then used and drilled directly into the pulp at the buccal groove intersection with the ACJ. This cut is then lateralised to create a narrow horizontal groove in the tooth just below the ACJ. The depth of this cut needs to be into the pulp then lateralised but no more than the length of the fissure bur so has to avoid perforation of the lingual cortical plate, the distal and mesial confines of the tooth (in other studies the whole crown is sectioned from the roots, eg Pogrel *et al*)<sup>9</sup>
5. A small elevator instrument such as a Coupland No. 1 or a straight Warwick James is used to fracture off the crown from the roots. Care must be taken not to apply too much torque to the tooth at this point, so the risk of root mobilisation is minimised. The crown of a mesioangularly or horizontally impacted third molar may need further sectioning to avoid damage to the lower second molar tooth
6. If at any time the roots are mobilised they should be removed
7. A rose-head bur is then used, if necessary, to remove any enamel spurs and to take the level of the remaining root a few millimetres below the alveolar crestal bone level. The pulp chamber tissue should be left untouched and untreated during smoothing of the root surface in order to maintain vitality of the root. Ideally there should be alveolar bone above the root edges but this is not always possible where bone levels are absent (for example the missing lingual plate)
8. The area is then closed primarily with resorbable sutures, usually a single suture (4/0 vicryl)
9. The author prefers pre- and postoperative chlorhexidine mouth wash or gel. Antibiotics are not prescribed unless there is a concurrent pericoronal infection.

## Postoperatively

### Early

Should the patient return with 'dry socket' symptoms, treat as one would a dry socket with irrigation using chlorhexidine solution and placement of a resorbable dressing (Alvogyl). If the patient returns with persistent or recurrent infection then consideration should be given to removing the roots. In the author's experience, two cases have had early postoperative infection with IAN neuritis (intermittent lip paraesthesia resolving with antibiotics) due to proximal apical infection to the IAN canal and in both cases this resolved with extraction of the infected roots.

### Late

It is estimated that eruption of the 'coronectomised' roots may occur in 2-5% of cases at 2-5 years. Often the roots will have erupted away from the IAN canal thus minimising IAN morbidity, however, in some cases the root may be intricately involved with the nerve and careful

surgery is required to separate the root from the nerve.<sup>14</sup>

Remember it is possible for any mandibular posterior tooth to be proximal to the IAN. Be aware that any mandibular tooth that is crossing the IAN canal and displays the radiographic signs is associated with increased risk of IAN injury. In these circumstances, the patient must be assessed, consented and treated similarly to high risk third molar teeth.

*Coronectomy clinical photography provided by Dr G Umar, Associate Specialist in Oral Surgery, KHP.*

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