Book reviews

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REVIEWS

THE ART OF TREATMENT PLANNING: DENTAL AND MEDICAL APPROACHES TO THE FACE AND SMILE

R. Romano
UK: Quintessence
price £188.00; pp 480
ISBN 9781850971979

Edited by Rafi Romano, the book has several co-authors each contributing in detail in their own fields of interest. The result is a book which allows for clinical guidance and theoretical explanation in methods available to achieve optimal dental health.

There are five sections in all. The first deals with innovations in treatment planning, the use of guided surgery in the transfer of implants and superstructures and the space of immediate loading implants in restoring edentulous spaces.

Treatment planning for a missing tooth, tooth whitening and both soft and hard tissue management are thoroughly discussed in the following section, with good quality photos. Clear narratives discuss treatment processes and the science underpinning the various approaches taken to dental care.

The next section addresses the facial aesthetic. Comprehensible diagrams and discussion leads the reader through a thorough clinical evaluation of facial symmetry and proportion. Case studies are presented in abundance to demonstrate the role that the surrounding tissues can have on the aesthetics of the smile.

Having explored the definitions and parameters of facial aesthetics the book provides different treatment options to

achieve facial balance and harmony. The techniques explored include lip repositioning surgery, cosmetic plastic surgery and the use of botulinum toxin.

The book finishes with a final section that covers patient communication and motivation as a means of educating patients about their diagnosis and the treatment options available to gain consent.

The multidisciplinary approach to treatment planning calls for accurate diagnosis and simple treatment is cohered to. This book is well written and heavily referenced. It puts forward many modern techniques that today's patients will enquire about during their assessments to address dental and aesthetic problems whilst meeting personal expectations.

The book is best marketed to the experienced technician who will be able to practise the work demonstrated or to young dentists who would gain an insight into the innovative treatment available to patients which should be considered when compiling a treatment plan.

V. Nahabedian

CURRENT CONCEPTS ON TEMPOROMANDIBULAR DISORDERS

D. Manfredini
UK: Quintessence
price £148.00; pp 320
ISBN 9781850971993

The content of this book is written such that it serves as a comprehensive reference text on the subject of temporomandibular disorders (TMD). The book aims to provide an up to date, evidence-based approach to this difficult and often poorly

understood topic. The author is a Visiting Professor in the TMD Clinic, Department of Maxillofacial Surgery (Padova, Italy) and is credited with authoring over 60 papers in peer reviewed journals within the field of TMD and orofacial pain. Numerous international authors have contributed to provide 33 extensive chapters.

The author systematically begins with a 'Fundamentals' section comprising anatomy, classifications of disease and interrelations to chronic pain disorders. The 'Aetiology' section is clinically useful covering anatomy and habits. I found the 'Diagnosis' and 'Management' sections invaluable as a clinician. 'Diagnosis' incorporates clinical and psychosocial assessment tools, imaging, differential diagnosis with orofacial pain, headaches, otalgia and malocclusion. 'Management' is extremely comprehensive including behaviour modification, bruxism, physical therapy, pharmacology and various surgical techniques.

The publication is ultimately written with current concepts and understandings of TMD in mind, but aims for a fully integrated scientific, medical and dental (surgical, restorative, orthodontic) approach to all aspects of TMD. I found medicine was heavily amalgamated into the text. The book aims to 'bridge the gap' in understanding within a wide ranging readership. I think the inclusion of both basic information progressing to higher level explanations of clinical and management issues will appeal to inexperienced and senior clinicians/specialists alike.

Chapters are easy to read, structured and supplemented with well spaced annotated schematic diagrams, clinical photographs (useful in clinical