Book reviews

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PERIODONTICS AND RESTORATIVE MAINTENANCE: A CLINICAL ATLAS



N. Sato UK: Quintessence price £258.00; pp 504 ISBN 9781850971948

On beginning to read this book by Dr Naoshi Sato, I had reservations with regard to its daunting size. However, I am happy to report my concerns were unfounded, as this book is a worthwhile and easy read.

The text emphasises the importance of aftercare and proper follow up using reference to many of Dr Sato's own patients. The clinical photographs, radiographs and treatment outcomes somehow make more of an impact knowing it is the author's own experiences being discussed. The book is divided into five easy-to-read chapters encompassing all aspects of periodontal treatment in conjunction with other specialities.

Today's buzzwords of 'evidence based dentistry' are well suited to this clinical atlas. Dr Sato provides trials and studies supporting each of the treatments mentioned, and the information provided seems to take the form of an informal, non-biased, evidence-based discussion. He navigates through the pros and cons of the different treatment modalities with relevant clinical information, using helpful, uncomplicated diagrams and tables. The atlas also includes indications and contra-indications for different treatment options as well as useful

comparisons between treatment methods, supported with appropriate brief synopses of related trials and studies and excellent relevant clinical photos and radiographs. This helpful approach is something which can only help to steer GDPs in consistently performing the safest and most reliable methods in daily practice.

The text assumes a basic level of understanding of periodontal treatment although the terminology is explained in an easy, comprehensive manner in the form of glossaries, scattered in amongst the relevant 'territories' in the book. The glossaries, photos and radiographs of innovative techniques I found particularly educational, as I would look upon these procedures as 'uncharted lands' which I would not be particularly au fait with.

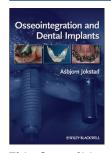
Dr Sato provides excellent longterm follow up clinical cases (some over 20 years) that he has treated over his career. Each of these cases has a useful, simple time chart of treatment provided at the side of the page providing a quick visual reference guide as you read through the text. Dr Sato's commentary of treatment carried out is truly enriched with excellent correlating clinical photographs and radiographs at relevant stages which really aid visualisation of treatment.

The book itself reminds the GDP of the importance of the basic principles of periodontics in securing success with innovative procedures. It also emphasises that the appropriate method and objective of periodontal treatment is determined by the specific needs of the individual patient, ie tooth preservation *vs.* aesthetic improvement *vs.* restorative occlusal function.

Periodontal conditions can prove a minefield of problems especially when complicated with restorative factors, which is the case with most patients these days (and will only increase with an ageing dentate population). This atlas is a very successful guide to navigating through frequently encountered periodontal problems. I would not only recommend this book to those with a special interest in periodontal treatment but to all dentists in daily practice.

P. Barry-Murphy

OSSEOINTEGRATION AND DENTAL IMPLANTS



A. Jokstad UK: Wiley-Blackwell price £75.00; pp 419 ISBN 9780813813417

This first edition publication is based upon the 2008 Toronto Osseointegration Conference Revisited (TOCR). It puts forth a comprehensive guide to current day practices in implant dentistry according to the speakers at the TOCR.

The book consists of 24 chapters over 380 pages. It begins by discussing the different implant types as well as a comprehensive review of the literature regarding success rates of different implant retained prostheses compared with other conventional tooth borne restorations. This chapter is very informative and useful to all clinicians when considering treatment options and their potential lifespan, as well as providing