

# Book reviews

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## INVISIBLE CERAMIC ESTHETIC RESTORATIONS



S. Kina, A. Bruguera  
UK: Scion  
price £215.00; pp 420  
ISBN 9788536700854

This book is described by the publisher as a 'remarkable book which combines cutting-edge dental techniques with the production values of the finest art books'. Initially I was sceptical; however, I am pleased to report that it is indeed true.

The first chapters discuss beauty and aesthetics but the bulk of the book is essentially clinically based, covering all the stages in the provision of a ceramic restoration. This includes a detailed chapter on 'Light & Colour' and a chapter on 'Dental Ceramics' that summarises quite well the different systems available. Later chapters discuss tooth preparation, aesthetic post preparation, impression taking and resin cements. This book, by its own admission, is not a comprehensive manual of all ceramic restorations and techniques available. The author generally describes all the options but mainly focuses on the system or technique they use and demonstrates the high quality results achieved. Take for example, the discussion of the 'molding' techniques; they only discuss their preferred method, which is 'The single step molding technique and double mixture associated with the gingival retraction technique using double wire'.

The production quality of this book really is outstanding. There are over 1,750 clinical pictures, demonstrating a high level of clinical photographic skill. Furthermore, there are numerous complete clinical cases discussed that help to illus-

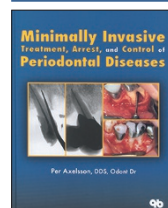
trate each topic. The ceramic systems used in the clinical cases are: IPS Empress 2, IPS e.max Press, IPS e.max Ceram, IPS Empress Esthetic, IPS d.Sign, IPS e.max ZirCad, In- Ceram Alumina, Procera Alumina, Procera Laminate Alumina, Nobel-Rondo Alumina and Procera Zirconia.

The book is well translated with less than a handful of minor errors.

Finally, who would I recommend this book for? With a retail price of over £200 this is a significant investment. This book is mainly aimed at the 'high end' private dentist or restorative specialist. Saying that, however, this book is useful for all dentists who provide indirect restorations or dental technicians involved in their construction. I picked up several techniques and tips that I will be using in my clinical practice. This book would also be ideal for demonstrating a procedure to a patient by showing 'before and after' photographs as well as step-by-step stages for several clinical situations. However, with the superb quality of the dental work shown, care would have to be taken in not giving patients' unobtainably high expectations.

R. Holliday

## MINIMALLY INVASIVE TREATMENT, ARREST AND CONTROL OF PERIODONTAL DISEASES



P. Axelsson  
UK: Quintessence  
price £134.00; pp 312  
ISBN 9780867153651

This book forms part of the Axelsson series on preventative dentistry, providing a clinical atlas which focuses on risk

prediction and evidence-based prevention for the minimally invasive treatment of periodontal disease. As a self-proclaimed 'clinical cookbook' this 'DIY' guide for general dental practitioners, hygienists and undergraduates offers a step by step practical guide for treatment based on best current practice and research. It effortlessly combines the scientific with the clinical, through clear photographs and radiographs, evidence-based text and patient case studies. It extensively covers all stages of periodontal treatment with an impressive focus on prevention and global health promotion which encompasses all members of the dental team.

This 300 page book is divided into five large chapters that are further subdivided into smaller sections. The chapters follow the natural progression of treatment once a diagnosis of periodontal disease has been made, although there is no specific section on formulating your diagnosis. Quite refreshingly, the author is not afraid of taking the reader through the real basics including patient positioning, instrument selection and demonstration. However, despite explaining the foundations, the book is by no means basic. The text refers to research throughout, in a non-obtrusive manner that allows the reader to be reassured of its evidence based advice approach while not being bewildered with references and p values.

There is an excellent chapter on supplementary therapies in treatment which explains coherently when to recognise the need for systemic or local antibiotics, their action, timing of antibiotic delivery and application dependent on the clinical forms of periodontal disease. It also provides summaries of care instructions for patients on each method of delivery.