

CASE REPORT

Motor evoked potential and voluntary EMG activity after olfactory mucosal autograft transplantation in a case of chronic, complete spinal cord injury: case report

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The efficacy of olfactory mucosal autografts (OMAs) for chronic spinal cord injury (SCI) has been reported, but there is no report documenting electrophysiological conductivity via the emergence of motor evoked potentials (MEPs). We report the case of a 39-year-old man with chronic, complete SCI at T8, who exhibited MEPs after OMA transplantation, and, with intensive rehabilitation, was ultimately able to ambulate with short leg braces and Lofstrand crutches. The initial injury occurred in a motor vehicle accident in November 1999 and resulted in a complete loss of sensorimotor function below T8. OMA transplantation to the injury site was performed in March 2010 in combination with intensive pre- and postoperative rehabilitation. The patient exhibited voluntary electromyograph (EMG) activity and MEPs at 96 and 144 weeks after transplantation and he was ambulatory with short leg braces and Lofstrand crutches at 144 weeks after transplantation. We were able to elicit MEPs after OMA with intensive rehabilitation. To our knowledge, this is the first report of recovery of electrophysiological conductivity in the spinal cord after any type of treatment for chronic, complete SCI.

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The olfactory mucosa is an excellent source of autologous adult neuronal precursor cells. The neurons and sustentacular cells of the olfactory mucosa continuously renew themselves throughout life by proliferation of basal global stem cells.^{1,2} The ensheathing cells of the olfactory mucosa have gained much attention because of their potential application in the repair of SCI.^{3,4} Olfactory tissue is easily accessible and can be obtained by a simple biopsy performed through the external nares.⁵

Recent studies of spinal cord axonal regeneration have produced good long-term results using various types of tissue scaffolds,^{6,7} and we have previously reported that olfactory mucosa grafts were effective in restoring functional recovery in rats following spinal cord transection, with histological evidence of neuronal regeneration.^{8–10} In a clinical trial of OMA in humans with chronic traumatic SCI, Lima *et al.* reported restoration of voluntary EMG responses in 15 of 20 patients (75%) with mean American Spinal Injury Association motor score improvements of 4.95 ± 7.1 points during a mean follow-up period of 27.7 months.¹¹ However, these authors did not examine recovery of electrophysiological conductivity by MEP.

Here, we report a case of MEP detection after OMA accompanied by intensive rehabilitation.

A 39-year-old man sustained a T8 spinal cord injury (SCI) in a motor vehicle accident in November 1999. He presented with a complete loss of sensorimotor function below T8. At the time of the injury, he received emergency treatment and standard rehabilitation followed by additional locomotor training. The patient was referred to our hospital in April 2009. After nearly 10 years of gait and standing training with long leg braces, he had no

contraction of the leg muscles or anal sphincter and no sensation below T8. His neurological deficit was American Spinal Injury Association (ASIA) Impairment Scale (AIS) A. There was no EMG response in the leg muscles during leg-upward tasks, and transcranial motor evoked potential (MEP) elicited no leg muscle response. Magnetic resonance imaging showed an injured cord segment of 2.94 cm long with myelomalacia and atrophy (Figures 1a and b). The patient was scheduled for olfactory mucosa autograft (OMA) transplantation to the injury site. He underwent intensive in-hospital rehabilitation for 2 months before transplantation, during which his neurological deficit did not improve. The rehabilitation schedule is shown in Table 1.

The surgery was performed in March 2010. Glial scar tissue was surgically resected from the injured cord after laminectomy and the OMA was transplanted to the injury site. The olfactory mucosa was removed under endoscopy and grated into the lesion site at the time of surgery, without prior cell or tissue culture. To avoid contamination with respiratory mucosa, olfactory mucosa was taken from the area of the upper nasal cavity where the olfactory nerve sensory fibers pass through perforations in the cribriform plate. Microbiological specimens were taken from the olfactory mucosa before and during the operation. The patient resumed rehabilitation (6.5 h per day and about 40 h per week) at 2 weeks after transplantation. Rehabilitation consisted of passive and assisted range of motion and strengthening exercises, functional training for balance, posture, and standing, and gait activities (Table 1). At 48 weeks, EMG biofeedback training and other measures described below were added to the rehabilitation program.

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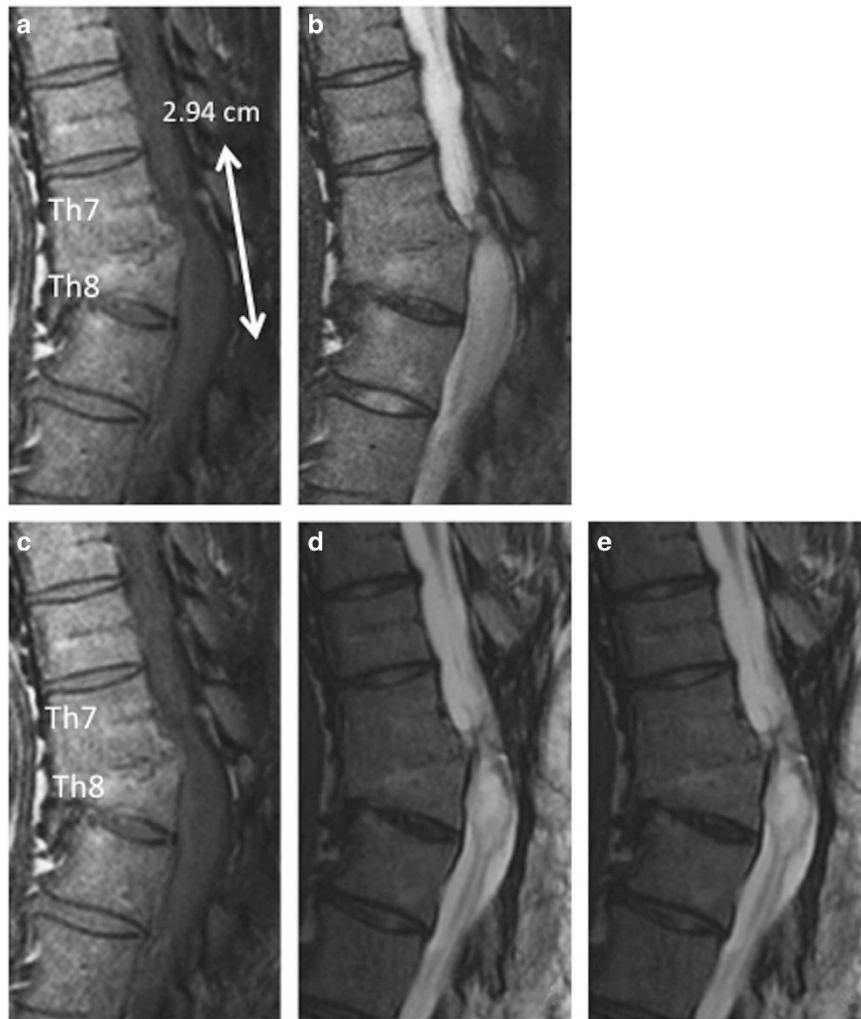


Figure 1. Magnetic resonance imaging (MRI). (a) T1-weighted sagittal image before transplantation shows atrophic change of the thoracic spinal cord. (b) T2-weighted sagittal image before transplantation shows an intramedullary high-intensity area. MRI at 48 weeks after transplantation shows fairly complete filling of cavities with heterogeneous intensity on T1- (c) and T2-weighted (d) images. (e) Gadolinium-enhanced images also show heterogeneous enhancement of the grafts. No evidence of neoplastic tissue overgrowth was observed during the initial follow-up period.

Table 1. Daily rehabilitation schedule (6 days per week)

0930–1000 hours	Stretching exercise of extremities
1000–1130 hours	Standing and gait training with long leg braces
1400–1530 hours	Creeping training on all fours
1530–1600 hours	Trunk muscle strengthening exercises
1600–1800 hours	Standing and gait training with long leg brace
1800–1830 hours	Trunk muscle strengthening exercises

The safety and efficacy measures for OMA transplantation at our institution are listed in Table 2. Neurological examinations were performed preoperatively and at 4, 12, 24, 36, 48, 96 and 144 weeks after OMA and the patient was evaluated for MEPs at 96 and 144 weeks, respectively. Preoperative and postoperative examinations included ASIA neurological assessment in accordance with the International Standards for Neurological Classification of Spinal Cord Injury (ISNCSCI),¹² standard EMG with recordings during voluntary muscle movements, somatosensory evoked potentials recorded cortically after tibial nerve stimulation, urodynamic studies, full spinal cord magnetic resonance imaging

and otolaryngological evaluation including a general ear, nose and throat examination, nasal endoscopy, and olfactory evaluation, and computed tomography of the nose and paranasal sinuses. No serious adverse events were reported in the present case.

MEP response to bifocal transcranial magnetic stimulation was evaluated bilaterally in the rectus femoris muscles. TMS was performed using a 7-cm diameter coil from MagVenture A/S, Denmark (MagPro 100), and navigation-guided TMS (Brainsight Frameless 1.5, Rogue Research Inc., Montreal, Canada) was used to determine the optimal position of each stimulation point (stimulation hot spots), starting about 4 cm rostral to Cz (vertex).¹³ TMS was delivered every 5–6 s. The duration of the monophasic transcranial single-pulse stimulus was 100 μ s, the sample frequency was 2000 Hz, and a band-pass filter was set at 30 Hz–1 kHz. When the patient was unable to produce force, he was asked to exert as much volitional stimulation as possible. If there was a well-defined response, 3–5 representative MEPs at the desired stimulus intensity were recorded, and when there was a visible but poorly defined muscle response, up to 10 stimuli were delivered in order to realize three responses that could be stored offline for further analysis.^{14,15} The onset of the fastest response from four repeated MEP trials was identified as the onset latency,

Table 2. Olfactory mucosa autograft transplant outcome measures

<i>Safety measures</i>	
	Postoperative subcutaneous fluid collection
	Postoperative meningitis
	Postoperative nasal bleeding
	Postoperative infection in the nasal cavity
	Impaired olfaction
	Neoplastic tissue overgrowth at the transplantation site
	New sensory disturbance
	Involuntary muscle spasm
<i>Efficacy measures</i>	
	Improved AIS
	Extent of change in ASIA score
	EMG
	MEP
	SSEP
	Urological improvement
Abbreviations: AIS, American Spinal Injury Association Impairment Scale; ASIA, American Spinal Injury Association; EMG, electromyograph; MEP, motor evoked potential; SSEP, somatosensory evoked potential.	

MEP amplitude was calculated from baseline to the negative peak for the largest response out of four trials, and the intensity of the magnetic stimulus was expressed as a percentage of the maximal stimulator output.

The patient did not have any notable improvement in his ASIA sensory score, and we could not elicit somatosensory evoked potentials responses from the tibial nerve. There was no urological improvement during the follow-up period. However, at 24 weeks the patient's ASIA motor score had improved from 50 to 52, and it further improved to 56 at 144 weeks (Figure 2).

At 12 weeks, the quadriceps, hamstrings, anterior tibialis and gastrocnemius muscles produced EMG responses during the leg-upward task. By 36 weeks, the patient was able to crawl on his hands and knees and at 48 weeks he was ambulating with long leg braces and Lofstrand crutches. We did not detect EMG signals in the leg during walking, but we did detect EMG signals bilaterally upon voluntary contraction of the quadriceps, hamstrings, anterior tibialis, gastrocnemius, gluteus and thenar muscles (Figure 3).

The patient received EMG biofeedback training and practiced knee walking in a warm-water pool from weeks 48 to 96 after transplantation. The goal of the EMG biofeedback training was to identify triggers of voluntary action by detecting neuromuscular contractions and providing feedback signals to the patient in order to establish learned voluntary control.¹⁶ During this training, surface electrodes were placed over the quadriceps muscles and the patient was instructed to attempt knee extension while watching the EMG signals on a monitor. By 96 weeks, he was able to extend his knees on his own and to walk on his knees in the parallel bars, and MEPs were elicited in both quadriceps muscles at 96 and 144 weeks, respectively (Figure 4). The patient used iliopsoas for thigh flexion in the swing phase, but he did not use the hamstrings for knee flexion. He could not push off his toes because he had no use of tibialis anterior or gastrocnemius. At 144 weeks, the patient was ambulatory with short leg braces and Lofstrand crutches. The patient's condition was documented pre- and postoperatively, and this is shown in a video recording that accompanies this report.

In terms of the SCI, magnetic resonance imaging at 48 weeks after OMA showed fairly complete filling of cavities with heterogeneous signal intensities on T1- and T2-weighted images. Gadolinium-enhanced magnetic resonance imaging also showed heterogeneous enhancement of the graft. No evidence of neoplastic tissue overgrowth was observed (Figures 1c–e).

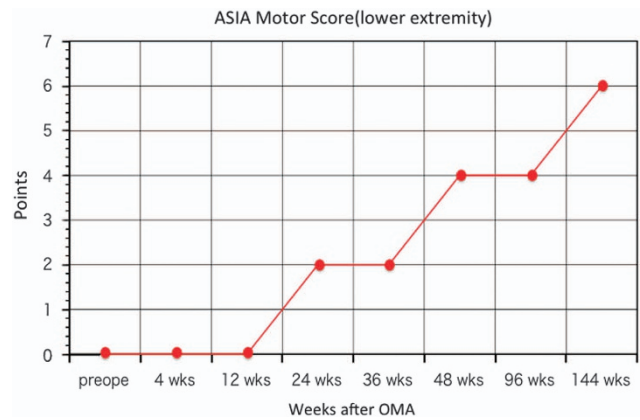


Figure 2. ASIA motor scores (lower extremity). The patient's score improved from 0 to 2 by week 24, 0 to 4 by week 48 and 0 to 6 by week 144, respectively.

Elicitation of MEPs and improved ambulation have not been observed in any previously reported treatment for patients with sensorimotor-complete SCI.¹⁷ In the present case, as suggested by elicitation of MEPs in the quadriceps muscles, OMA, in combination with intensive rehabilitation and EMG biofeedback training, facilitated restoration of severely damaged neural circuits in a patient with chronic sensorimotor-complete SCI.

This patient was a participant in an ongoing clinical trial of OMA transplantation for patients with chronic SCI at our institution (eight patients in total). We are reporting this case after an adequate follow-up period because we believe that OMA transplantation combined with intensive rehabilitation, including EMG biofeedback training, has the potential to provide further advances in treatment for patients with chronic, complete SCI.

Information about OMA derived from the studies of Lima *et al.* has been invaluable to basic and clinical researchers who are investigating regeneration in chronic SCI. Their pioneering clinical trials have demonstrated that OMA transplantation is 'feasible, relatively safe, and potentially beneficial.'^{11,18} OMA is advantageous in that it involves transplantation of whole tissue that is rich in factors associated with neuronal regeneration. To achieve significant functional reconstruction of the spinal cord after SCI, it is necessary to either populate lesion sites with tissue-specific regeneration-competent cells or to activate endogenous neural progenitor cells to replace or rescue dying cells.¹⁹ Olfactory mucosa contains neurons and sustentacular cells that renew themselves throughout life,^{1,2} as well as olfactory ensheathing cells that have shown promise in the repair of SCIs.^{3,4} In human adults, the olfactory mucosa seems to be an excellent source of autologous neuronal precursor cells that can be taken from an easily accessible site.⁵ These considerations have made the olfactory mucosa an attractive tissue among the several that have been studied for potential applications in axonal regeneration. Inclusion criteria for OMA transplantation in Lima *et al.*¹⁸ were as follows: AIS A or B, age 18 to 40 years, cervical spinal cord lesion < 3 cm long or thoracic spinal cord lesion < 4 cm, absence of significant nasal and paranasal sinus pathology, and absence of additional serious medical problems, brain disease or psychological disturbance. MEPs were not included among the outcome measures in their trial. The MEP reflects conductivity in the central nervous system, including corticospinal pathways.²⁰ MEPs induced with TMS allow objective assessment of the integrity of the motor circuitry comprising both the corticospinal tract and the peripheral motor nerves.^{21,22} To our best knowledge, ours is the first case report to demonstrate elicitation of MEPs indicative of electrophysiological conductivity in the human spinal cord after any treatment for chronic,

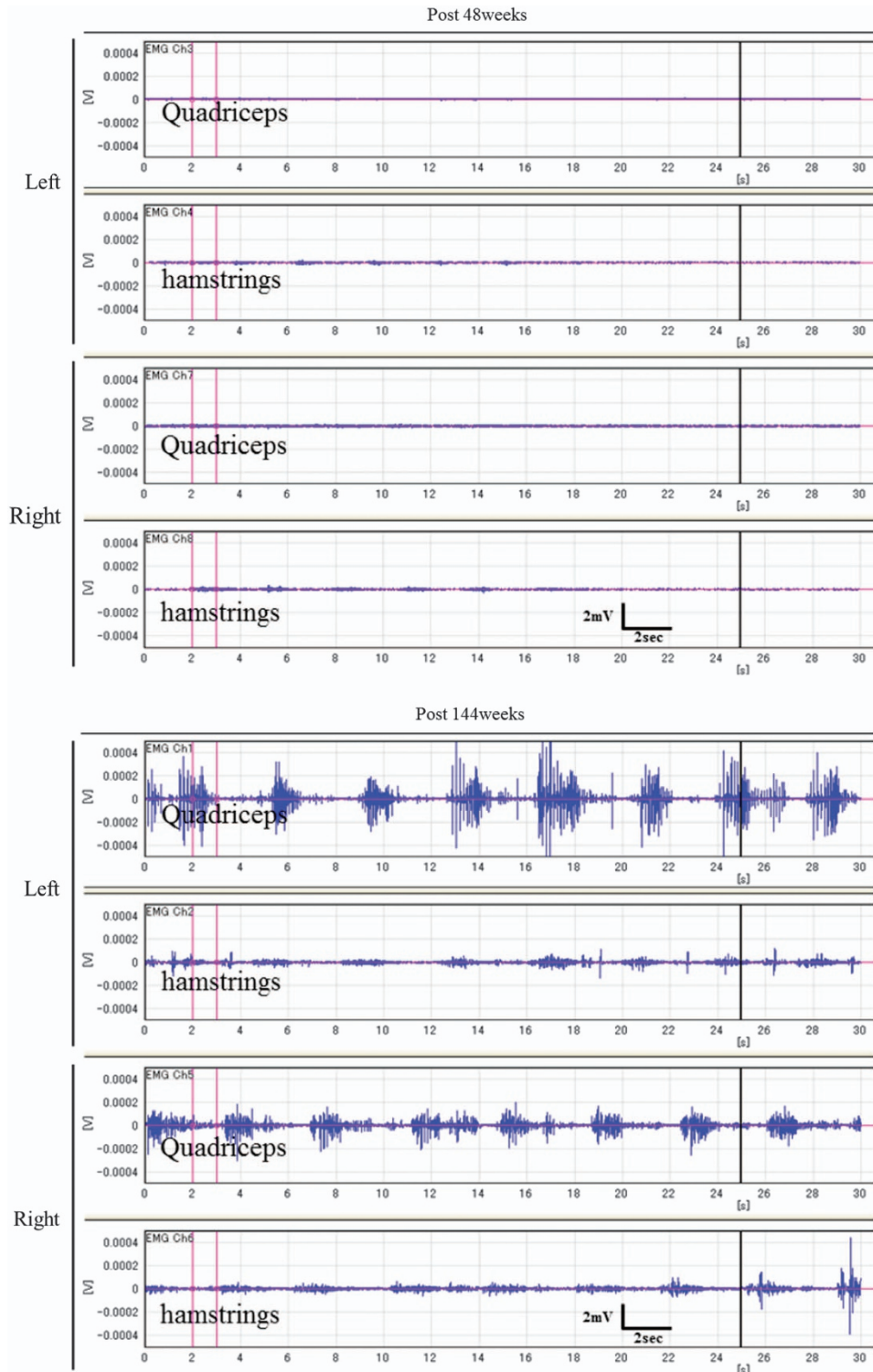


Figure 3. Upper: we did not detect EMG signals in the leg during walking at 48 weeks after OMA transplantation. Lower: we detected EMG signals in the leg during walking at 96 and 144 weeks after OMA transplantation. EMG signals at 144 weeks after OMA transplantation are shown.

complete SCI. We have previously reported that transplanted olfactory mucosa provides a scaffold for axonal regeneration in a rat model, and that there was transsynaptic and non-transsynaptic neuronal formation in the experimental model. We propose that the outcomes in the present case may be indicative of a similar

pathway of neuronal regeneration.^{9,23,24} Our current clinical trial could provide further evidence to support this hypothesis.

COMPETING INTERESTS

The authors declare no conflict of interest.

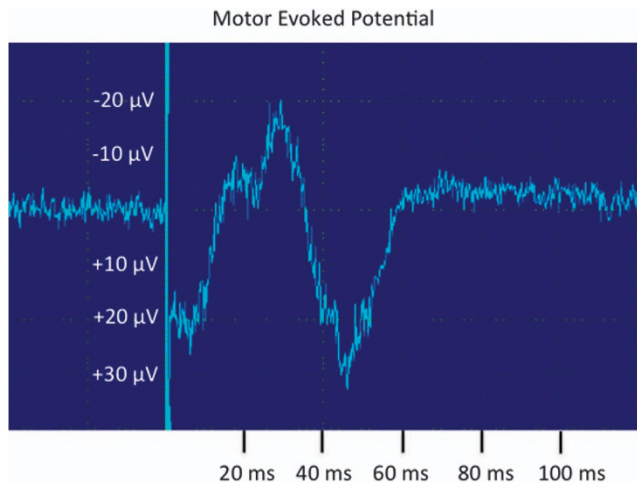


Figure 4. This image represents the motor evoked potential that was elicited in response to bifocal transcranial magnetic stimulation of the rectus femoris muscles.

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