nature food

Brief Communication

Multi-omics resources for targeted agronomic improvement of pigmented rice

Received: 5 July 2022	Khalid Sedeek 🛛 ^{1,2} , Andrea Zuccolo 🗇 ^{2,3} , Alice Fornasiero 🖓 ² ,			
Accepted: 24 March 2023	Annika M. Weber ¹ , Krishnaveni Sanikommu ^{1,2} , Sangeetha Sampathkumar ^{1,2} , Luis F. Rivera ² , Haroon Butt ^{1,2} ,			
Published online: 11 May 2023	Saule Mussurova ² , Abdulrahman Alhabsi ^{1,2} , Nurmansyah Nurmansyah 🕲 ⁵ ,			
Check for updates	Elizabeth P. Ryan 🖲 ⁴ , Rod A. Wing ^{2,6,7} & Magdy M. Mahfouz 🖲 ^{1,2} 🖂			

Pigmented rice (*Oryza sativa* L.) is a rich source of nutrients, but pigmented lines typically have long life cycles and limited productivity. Here we generated genome assemblies of 5 pigmented rice varieties and evaluated the genetic variation among 51 pigmented rice varieties by resequencing an additional 46 varieties. Phylogenetic analyses divided the pigmented varieties into four varietal groups: *Geng-japonica, Xian-indica, circum*-Aus and *circum*-Basmati. Metabolomics and ionomics profiling revealed that black rice varieties are rich in aromatic secondary metabolites. We established a regeneration and transformation system and used CRISPR– Cas9 to knock out three flowering time repressors (*Hd2, Hd4* and *Hd5*) in the black Indonesian rice Cempo Ireng, resulting in an early maturing variety with shorter stature. Our study thus provides a multi-omics resource for understanding and improving Asian pigmented rice.

Rice landraces show great genetic and phenotypic diversity. Many forms have pigmented pericarps due to anthocyanins and proanthocyanidins¹⁻⁴. These metabolites, as well as other micronutrients, fatty acids, pre-biotics, antioxidants and fibre, account for the tremendous nutritional value of whole-grain pigmented rice⁵. Despite its nutritional value, most pigmented rice varieties have long life cycles (4 to 6 months) and suboptimal plant height⁶⁷. We also lack a detailed analysis of the nutrient composition of these diverse rice varieties⁸.

Our first step in enabling efforts to improve pigmented rice was to provide comprehensive genomic information. Although the genomes of several different *japonica* and *indica* rice varieties have been assembled over the past decade, full genome sequences are available for only a handful of pigmented varieties^{9,10}, limiting their usage in gene discovery and genome editing. Here we selected three black (Cempo Ireng, Pulut Hitam-2 and Balatinaw) and two red (Zag and Cempo Abang) rice varieties for whole-genome sequencing using the PacBio Sequel IIe platform. A total of 1.21–1.63 million high-quality circular consensus sequencing reads were obtained with a sequencing depth of 41.5–59.8-fold coverage (Supplementary Table 1). The reads were assembled using HiFi ASM¹¹, and contigs were ordered, oriented and, if needed, scaffolded using the *Oryza sativa* Nipponbare reference genome (IRGSP RefSeq) as a guide. The five genome assemblies showed remarkable contiguity, as shown by the high N50 values and the small number of sequence gaps, and the genome sizes are comparable to the previously reported genome size of the IRGSP RefSeq¹². The completeness of the five genome assemblies was assessed with the Benchmarking Universal Single-Copy Orthologue tool¹³, and this analysis was carried out using the gene dataset specific for Poales (poales_odb10.2020-08-05.tar.gz). This analysis identified 98.4% to 98.6% complete genes (Supplementary Table 2 and Supplementary

¹Laboratory for Genome Engineering and Synthetic Biology, Division of Biological Sciences, King Abdullah University of Science and Technology, Thuwal, Saudi Arabia. ²Center for Desert Agriculture, Biological and Environmental Sciences and Engineering Division, King Abdullah University of Science and Technology, Thuwal, Saudi Arabia. ³Crop Science Research Center, Sant'Anna School of Advanced Studies, Pisa, Italy. ⁴Department of Environmental and Radiological Health Sciences, Colorado State University, Fort Collins, CO, USA. ⁵Department of Agronomy, Faculty of Agriculture, Universitas Gadjah Mada, Yogyakarta, Indonesia. ⁶Arizona Genomics Institute, School of Plant Sciences, University of Arizona, Tucson, AZ, USA. ⁷International Rice Research Institute, Strategic Innovation, Los Baños, Philippines. *Centerling Constructed Science* Science Research Centerling Constructed Sciences, Colorado State Centerling Constructed Sciences, University of Arizona, Tucson, AZ, USA. ⁷International Rice Research Centerling Constructed Sciences, Colorado Science Centerling Constructed Sciences, Colorado, Science Centerling Constructed Sciences, Colorado Science, Colorado State University, Fort Collins, CO, USA. ⁵Department of Agronomy, Faculty of Agriculture, Universitas Gadjah Mada, Yogyakarta, Indonesia. ⁶Arizona Genomics Institute, School of Plant Sciences, University of Arizona, Tucson, AZ, USA. ⁷International Rice Research Institute, Strategic Innovation, Los Baños, Philippines. *Centerling Constructed Science* Centerling Constructed Sciences Centerling Constructed Sciences Centerling Constructed Sciences, Centerling Constructed Sciences, Centerling Centerling

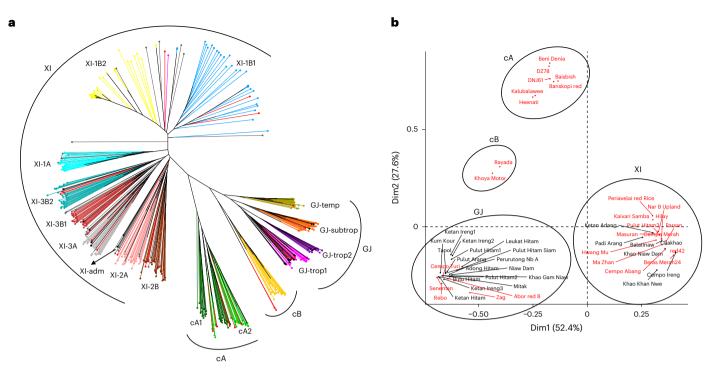


Fig. 1 | **Population genomic analysis of pigmented rice. a**, Neighbour-joining tree for *K* = 15 subpopulations and one admixture group. The phenogram shows the clustering of the 474 accessions selected from the 3K-RG dataset (clockwise: GJ-temperate (okra), GJ-subtropical (orange), GJ-tropical2 (dark magenta), GJ-tropical1 (magenta), cB (goldenrod), cA1 (dark green), cA2 (light green), XI-2B (brown), XI-2A (pink), XI-adm (dark grey), XI-3A (light grey), XI-3B1 (brick red), XI-3B2 (turquoise), XI-1A (cyan), XI-1B2 (yellow) and XI-1B1 (sky blue))

as described by Zhou et al.¹⁴. **b**, Principal component analysis plot showing the clustering of the pigmented varieties into the four main groups of *O. sativa*. The analysis was performed on 51 pigmented varieties and 474 accessions selected from the 3K-RG dataset, but only the 51 pigmented varieties are shown. Red and black names represent red and black pigmented varieties, respectively.

and the 51 pigmented varieties (the red and black branches represent red- or

black-pigmented varieties, respectively). O. sativa subpopulations are defined

Fig. 1), and these values were on par with or better than those obtained for the 16 platinum standard reference genomes recently assembled for *O. sativa* (95.7–98.6%)¹⁴.

AUGUSTUS software¹⁵ predicted more than 38,000 protein-coding genes per genome, consistent with previous rice genome annotations^{16,17} (Supplementary Table 1). The predicted protein-coding genes were unevenly distributed over the 12 chromosomes, with more genes on the chromosome arms/ends than towards the centromere (Supplementary Fig. 2). More than 70.6% of the genes had functional descriptions, including protein domains, motifs and homologues among the amino acid products annotated in IRGSP RefSeq. Gene ontology analyses assigned most of the genes to molecular functions (45–47%), followed by biological processes (38–41%) and functions associated with cellular components (14–15%) (Supplementary Data 1).

Insertions and deletions longer than 50 base pairs (bp) were identified by comparing the five assembled genomes with the IRGSP Ref-Seq using an ad hoc pipeline based on the long-read mapper NGMLR (https://github.com/philres/ngmlr) and the structural variant caller SVIM¹⁸. The number of genomic regions not shared between each of the five varieties and the IRGSP RefSeq ranged from 10,689 to 37,176 (Supplementary Table 3), probably reflecting the relative distance between the sequenced varieties. The overall content of transposable elements (TEs) and repetitive sequence of the five genome assemblies was 46.4–49.4% (Supplementary Data 2). The most represented TE class was the long terminal repeat retroelements, including the superfamily Ty3-gypsy.

To detect genetic variation among pigmented rice, we resequenced an additional 46 varieties (2×150-bp paired-end reads) using the Illumina NovaSeq 6000 platform and generated an average of 42.35 million high-quality reads per variety (Supplementary Table 4). Resequencing depth ranged from a 10.37-fold to 60.56-fold genome coverage, and a 22.32-fold average mapping coverage was obtained by aligning the filtered reads to the IRGSP RefSeq (Supplementary Table 4). The Illumina reads along with in-silico-generated 2×150-bp paired-end reads from the five high-quality genome assemblies were used for single nucleotide polymorphism (SNP) calling. Comparing the pigmented rice genomes with the IRGSP RefSeg identified 3.788.476 SNPs. The SNPs were used to assess the phylogenetic relationships of the pigmented varieties, taking advantage of the population structure and diversity revealed by the 3,000 Rice Genomes (3K-RG) project¹⁹. The 51 pigmented varieties were assigned to subpopulations on the basis of their genetic similarity to the 3K-RG dataset (Fig. 1a and Supplementary Tables 5 and 6). Most of the varieties were assigned to *Geng-japonica* (GJ) and Xian-indica (XI) groups (22 and 20 varieties, respectively). Seven varieties clustered into circum-Aus (cA), and two clustered into circum-Basmati (cB). The varieties assigned to GJ or XI clustered irrespective of the grain pigmentation. This result is consistent with the principal component analysis, which differentiated the varieties into the four major varietal groups (Fig. 1b).

Our next step in enabling the improvement of pigmented rice was to comprehensively characterize the metabolites and elemental composition of these varieties; these data allow us (and other researchers aiming to improve these varieties) to identify varieties with superior nutrition for further improvement and to identify key traits to improve in selected varieties. To this end, we screened the metabolome profiles of 63 diverse pigmented Asian rice varieties to elucidate their composition. In total, 625 biochemicals were identified (Supplementary Data 3). About 60% of the compounds (375) significantly differed in abundance between black rice (BR) and red rice (RR), with the vast majority of these being higher in BR, especially secondary metabolites from

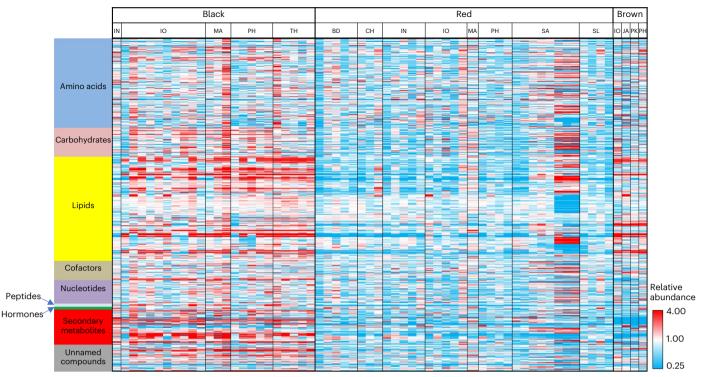


Fig. 2 | **Global non-targeted metabolic screening of pigmented rice.** Heat map visualization of differences in the median-scaled relative abundance of the identified metabolites in pigmented rice. Each cell represents a specific metabolite. Red cells indicate abundances higher than the median value, while

blue cells indicate abundances below the median; white cells are abundances similar to the median. IN, India; IO, Indonesia; MA, Malaysia; PH, Philippines; TH, Thailand; BD, Bangladesh; CH, China; SA, Saudi Arabia; SL, Sri Lanka; JA, Japan; PK, Pakistan.

the phenylpropanoid pathways and lipids (Fig. 2 and Supplementary Fig. 3). We identified 212 significantly different compounds between BR and brown rice (BrR) and 158 between BrR and RR. BR exhibited much higher levels of flavonoids from the proanthocyanin class, while RR had higher concentrations of proanthocyanidin pigments (Supplementary Fig. 3). The elevated production of other phenylpropanoid intermediates and chlorogenic acids were also associated with the BR group (Supplementary Fig. 4). Less expected were findings that lipid metabolism differed between the genotype groups, specifically that both BR and BrR contained similarly high levels of several classes of lipid catabolic products in comparison with RR, suggesting more active lipolysis in BR and BrR (Supplementary Fig. 5). In addition, a subset of the rice varieties was found to contain fagomine, an imino sugar alkaloid that has not been previously identified in rice. (Supplementary Data 3). This compound, first identified in buckwheat, has favourable bioactivities related to blood glucose management and insulin resistance^{20,21}. Overall, our analysis reveals that BR is the most nutritious type of rice across a comprehensive suite of secondary metabolites, carbohydrates, amino acids, lipids, peptides and vitamins (Supplementary Fig. 3).

Moreover, we screened the metal ion profiles of the same rice varieties and identified and quantified 22 metal ions (Supplementary Data 4 and Supplementary Fig. 6). Essential microelements, such as Fe, Zn, Cu, Mn and Se, play key roles in numerous metabolic processes in the body. They are needed in trace amounts for proper human growth and development and are therefore considered potential candidates for crop biofortification to improve nutritional value and reduce the risk of deficiency-related diseases²². Fe and Zn deficiency is the most prevalent micronutrient deficiency, affecting more than two billion people globally, and is a major cause of early childhood mortality, mainly in developing countries²³. Our analysis shows that dehusked, whole-grain pigmented rice, especially BR genotypes, are rich in these essential microelements. In particular, Cempo Ireng (the richest rice in Fe and the richest BR genotype in Zn) could provide the daily requirements of these essential elements.

We next used our metabolic and metal ion profiling data to identify several nutrient-rich varieties with higher levels of antioxidants and other healthy compounds and beneficial elements-namely, Pulut Arang, Pulut Hitam Siam, Cempo Ireng, Leukat Hitam, Pulut Hitam-2, Ketan Ireng-1 and Kum Kour. These can be considered candidate rice varieties for trait improvement. Cempo Ireng was the variety richest in Fe and vitamin B₂ and was the BR variety with the highest Zn content. Despite its pest and disease resistance^{7,24}, farmers are reluctant to cultivate Cempo Ireng due to its long life cycle (about five months) and long lax culm (up to 130 cm), making it prone to yield loss from lodging and bird attack. Flowering time (heading date in cereal crops) is one of the most important agronomic traits for rice cultivation and is controlled by several genetic and environmental factors. Three major photoperiodic flowering suppressors in the Early heading date 1(Ehd1) pathway of rice are Hd2/DTH7, Hd4/Ghd7 and Hd5/Ghd8/DTH8 (refs. 25-29). These loci also affect plant height; therefore, we can improve flowering time and lodging resistance simultaneously.

Here we targeted the individual knockout of all three genes in Cempo Ireng using CRISPR–Cas9-mediated genome editing. To this end, we first established efficient regeneration and *Agrobacterium*– mediated transformation protocols for Cempo Ireng (Supplementary Sections 4 and 5). Although efficient methods for regeneration and transformation have been established for the *japonica* variety Nipponbare, the germplasm of other rice varieties (especially those used in agriculture) varies significantly in its response to callus induction, regeneration and transformation^{30,31}. We next used this system to introduce CRISPR–Cas reagents into this variety (Supplementary Table 7). Fifteen homozygous T₁mutants (five for each target) and five wild-type plants were analysed for their heading date and other phenotypic traits. The mutant plants flowered and set seeds normally but significantly earlier than the wild-type control. The heading dates of *hd2*, *hd4* and *hd5* were decreased by about 27, 33 and 32 days, respectively (Supplementary Fig. 9), indicating the ability of CRISPR technology to accelerate the maturation cycle of BR. In addition, the mutant lines were 8–16 cm shorter than the wild type; however, this reduction was significant only for the *hd4* mutants.

This work provides important resources that give a clear roadmap for stakeholders (including crop bioengineers and breeders) to install desirable traits of value and to introduce pigmented rice into the food chain to improve human health and reduce the burden of malnutrition in developing and developed countries. However, whether these engineered traits can successfully co-exist with the traits of value in pigmented rice remains to be tested. Moreover, we identified several nutritious BR varieties worthy of further investigation as priorities for improvement by the targeted change of undesirable agronomic traits to enhance their overall productivity. However, more work is needed to establish Cempo Ireng and other pigmented rice varieties as superfoods. For example, the overall yield can be improved by targeting genes enhancing yield-related traits, such as GS3, GW2 and Gn1a, thereby encouraging farmers/investors to cultivate large areas. Also, heavy-metal uptake can be reduced by avoiding cultivation in contaminated soil and using clean water resources, or using genome-editing technology to alter membrane channels to selectively take up beneficial but not toxic metals. Other technologies may help expedite the generation of pigmented rice with these traits of value, including speed breeding³². Although improving the productivity and shortening the life cycle of pigmented rice requires multiple steps, our work enables efforts to support human health via an improved diet that includes pigmented rice rich in micronutrients and vitamins.

Methods

PacBio sequencing

We selected three BR (Cempo Ireng, Pulut Hitam-2 and Balatinaw) and two RR (Cempo Abang and Zag) varieties for genome sequencing. Leaf tissue (~20 g) was used for genomic DNA extraction using the CTAB method³³. The DNA was gently sheared into fragments (10–30 kbp) using Covaris g-TUBE, followed by bead purification with PB Beads (PacBio). The sequencing libraries were then constructed following the manufacturer's protocol using the SMRTbell Express Template Prep kit v.2.0. Sequencing was performed using SMRT Cell 1M chemistry v.3.0 on a PacBio Sequel II system in circular consensus sequencing mode. The genome assemblies were carried out using HiFi Asm v.0.7 (ref. 11) with the default settings. Contigs from the primary assemblies were then mapped onto the O. sativa Nipponbare reference genome using the Mashmap tool³⁴. The results were visualized as dot-plot comparisons, and the contigs were arranged into pseudomolecules. All reassembled genomes were compared with Nipponbare to search for structural variants using the ad hoc devised pipeline described by Zhou et al.¹⁴. Searching for TEs and repetitive sequences was carried out using RepeatMasker (http://www.repeatmasker.org/) run under the default parameters (except the qq option) and the rice TE library 7.0.0.liban described by Zhou et al.¹⁴. Gene prediction was carried out using the OmicsBox tool³⁵, which relies on AUGUSTUS software¹⁵. The gene predictions were made by referencing the publicly available training set devised for O. sativa, along with extrinsic data, including 77,217 sequences and 67,138,695 paired-end RNA-seq sequences collected from four different tissues of O. sativa. The predictions were filtered using a 0.6 threshold for posterior probability, as provided by AUGUS-TUS. Gene annotation was performed according to the best match for each predicted protein against the non-redundant National Center for Biotechnology Information protein database using Diamond BLASTp (v.0.9)³⁶. A gene ontology analysis was performed using InterProScan v.5.39 with the default settings³⁷. We sequenced another 46 pigmented rice varieties using the NovaSeq 6000 S1 Reagent Kit v.1.5 (Illumina) (Supplementary Section 1).

Non-targeted global metabolic screening

We screened the metabolic profiles of 24 BR. 35 RR and 4 BrR varieties. The mature grains were ground in liquid nitrogen and lyophilized for 30 h, after which the samples were prepared by Metabolon Inc. Several recovery standards were added prior to the extraction process. The samples were extracted with 80% methanol under vigorous shaking for 2 min (Glen Mills GenoGrinder 2000). The resulting extract was divided into four fractions: two for analysis by reversed-phase ultra-performance liquid chromatography-tandem mass spectrometry (RP/UPLC-MS/MS) methods using positive ion mode electrospray ionization (ESI), one for analysis by RP/UPLC-MS/MS using negative ion mode ESI and one for analysis by HILIC/UPLC-MS/MS using negative ion mode ESI. All methods utilized a Waters ACQUITY UPLC and a Thermo Fisher Scientific O-Exactive high-resolution/accurate mass spectrometer interfaced with a heated ESI (HESI-II) source and an Orbitrap mass analyser operated at 35,000 mass resolution. Each sample extract was dried and then reconstituted in solvents compatible with each of the four methods. Each reconstituted solvent contained a series of standards at fixed concentrations to ensure injection and chromatographic consistency. The MS analysis alternates between MS and data-dependent MSⁿ scans using dynamic exclusion. The scan range varies slightly between methods but covers approximately 70-1,000 m/z. Raw UPLC-MS/MS data were extracted and filtered to remove those representing system artefacts, misassignments, redundancy and background noise. Peaks and compounds were identified by comparison to library entries of the purified standards, and the peaks were quantified as area-under-the-curve detector ion counts; Welch's two-sample t-test was used to analyse the data.

Metal ion profiling

We quantified the metal ion content of the same 63 rice varieties. The grain powder was homogenized in water, and 4 mg per sample was mixed with 250 µl of nitric acid (16 M) and incubated for 2 h at 25 °C. Then, 25 µl of hydrochloric acid (12 M) was added, and the samples were centrifuged for 1 min at 1,500 g. The samples were heated at 90 °C for 1 h and then cooled before adding 100 µl of hydrogen peroxide (9.8 M). The samples were dried at 90 °C and were reconstituted with 1 ml of 0.5% nitric acid. In addition to the experimental samples, quality control samples including six blanks (diH₂O), eight technical replicates made from pooled experimental samples and two samples of well-characterized pooled human plasma were included in the digestion and analysis. The samples were introduced into the inductively coupled plasma MS via an ESI Prep-Fast autosampler. The Thermo Fisher Scientific ICAP-RQ instrument was operated in positive ionization and used a KED cell to reduce polyatomic interference. Quantitation was performed using a multi-point external calibration curve (Mn, Co and Mg used a 16-point curve to accommodate this specific matrix), and internal standards were used to account for sample-specific suppression³⁸.

CRISPR-Cas9-targeted modification

We designed one single guide RNA to knock out Cempo Ireng *Hd2*, *Hd4* and *Hd5* genes and cloned it into the pRGEB32 vector under the Os*U3* promoter (Supplementary Table 8). All binary vectors were used for rice transformation by *Agrobacterium tumefaciens* strain EHA105. We genotyped the transformed plants by PCR using transfer-DNA-sequence-specific primers (Cas9-F7 and Nos-R7). The PCR amplicons encompassing the targeted region were cloned into a pJET vector (Thermo Fisher Scientific). We conducted Sanger sequencing for individual clones to determine the nature of sequence modification. We phenotyped the modified plants for heading date and yield-related traits (Supplementary Section 4).

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

The data supporting the findings of this study are included within the article and its Supplementary Information files. The raw genomics sequences and assemblies have been deposited to the National Center for Biotechnology Information under the BioProject accession code PRJNA942452. The MS metabolomic data have been deposited to the MetaboLights database with the identifier number MTBLS3320.

Code availability

All custom code used in this study is available from the corresponding author upon request.

References

- 1. Furukawa, T. et al. The *Rc* and *Rd* genes are involved in proanthocyanidin synthesis in rice pericarp. *Plant J.* **49**, 91–102 (2007).
- Sanghamitra, P. et al. Characterization of red and purple-pericarp rice (Oryza sativa L.) based on physico-chemical and antioxidative properties of grains. Oryza 54, 57–64 (2017).
- Min, B., McClung, A. M. & Chen, M.-H. Phytochemicals and antioxidant capacities in rice brans of different color. *J. Food Sci.* 76, C117–C126 (2011).
- 4. Zhang, Q. Purple tomatoes, black rice and food security. *Nat. Rev. Genet.* **22**, 414 (2021).
- 5. Nealon, N. J. & Ryan, E. P. in *Whole Grains and Their Bioactives* (eds Johnson, J. & Wallace, T.) 63–112 (2019).
- Purwestri, Y. A., Susanto, F. A. & Fauzia, A. N. Flowering gene expression in Indonesian long harvest black rice ('Oryza sativa' L. 'Cempo Ireng'). Aust. J. Crop Sci. 13, 874–880 (2019).
- Susanto, F. A. et al. Establishment of a plant tissue culture system and genetic transformation for agronomic improvement of Indonesian black rice (*Oryza sativa* L.). *Plant Cell Tiss. Org. Cult.* 141, 605–617 (2020).
- 8. Zarei, I. et al. Comparative rice bran metabolomics across diverse cultivars and functional rice gene-bran metabolite relationships. *Metabolites* **8**, 63 (2018).
- 9. Qin, P. et al. Pan-genome analysis of 33 genetically diverse rice accessions reveals hidden genomic variations. *Cell* **184**, 3542–3558.e3516 (2021).
- Shang, L. et al. A super pan-genomic landscape of rice. *Cell Res.* 32, 878–896 (2022).
- Cheng, H., Concepcion, G. T., Feng, X., Zhang, H. & Li, H. Haplotype-resolved de novo assembly using phased assembly graphs with hifiasm. *Nat. Methods* 18, 170–175 (2021).
- Ohmido, N., Kijima, K., Akiyama, Y., de Jong, J. H. & Fukui, K. Quantification of total genomic DNA and selected repetitive sequences reveals concurrent changes in different DNA families in *indica* and *japonica* rice. *Mol. Gen. Genet.* **263**, 388–394 (2000).
- Simão, F. A., Waterhouse, R. M., Ioannidis, P., Kriventseva, E. V. & Zdobnov, E. M. BUSCO: assessing genome assembly and annotation completeness with single-copy orthologs. *Bioinformatics* **31**, 3210–3212 (2015).
- 14. Zhou, Y. et al. A platinum standard pan-genome resource that represents the population structure of Asian rice. *Sci. Data* **7**, 113 (2020).
- Stanke, M., Schöffmann, O., Morgenstern, B. & Waack, S. Gene prediction in eukaryotes with a generalized hidden Markov model that uses hints from external sources. *BMC Bioinf.* 7, 62 (2006).
- 16. Yu, J. et al. The genomes of *Oryza sativa*: a history of duplications. *PLoS Biol.* **3**, e38 (2005).
- 17. Itoh, T. et al. Curated genome annotation of *Oryza sativa* ssp. *japonica* and comparative genome analysis with *Arabidopsis thaliana*. *Genome Res.* **17**, 175–183 (2007).
- Heller, D. & Vingron, M. SVIM: structural variant identification using mapped long reads. *Bioinformatics* 35, 2907–2915 (2019).

- Wang, W. et al. Genomic variation in 3,010 diverse accessions of Asian cultivated rice. *Nature* 557, 43–49 (2018).
- Gómez, L. et al. D-Fagomine lowers postprandial blood glucose and modulates bacterial adhesion. *Br. J. Nutr.* **107**, 1739–1746 (2012).
- 21. Masahiro, K. & Sakamura, S. The structure of a new piperidine derivative from buckwheat seeds (*Fagopyrum esculentum* Moench). *Agric. Biol. Chem.* **38**, 1111–1112 (2008).
- White, P. J. & Broadley, M. R. Biofortification of crops with seven mineral elements often lacking in human diets—iron, zinc, copper, calcium, magnesium, selenium and iodine. *New Phytol.* 182, 49–84 (2009).
- 23. Black, M. M. Micronutrient deficiencies and cognitive functioning. *J. Nutr.* **133**, 3927S–3931S (2003).
- 24. Nuringtyas, T. R. & Ismoyowati, D. Development of pigmented rice for the rural community. *Agric. Dev. Notes* **8**, 1–4 (2018).
- Li, X. et al. Combinations of Hd2 and Hd4 genes determine rice adaptability to Heilongjiang Province, northern limit of China. J. Integr. Plant Biol. 57, 698–707 (2015).
- Xue, W. et al. Natural variation in *Ghd7* is an important regulator of heading date and yield potential in rice. *Nat. Genet.* 40, 761–767 (2008).
- 27. Wei, X. et al. *DTH8* suppresses flowering in rice, influencing plant height and yield potential simultaneously. *Plant Physiol.* **153**, 1747–1758 (2010).
- 28. Yan, W. et al. Natural variation in *Ghd7.1* plays an important role in grain yield and adaptation in rice. *Cell Res.* **23**, 969–971 (2013).
- 29. Li, X. et al. High-efficiency breeding of early-maturing rice cultivars via CRISPR/Cas9-mediated genome editing. *J. Genet. Genom.* **44**, 175–178 (2017).
- Hiei, Y. & Komari, T. Agrobacterium-mediated transformation of rice using immature embryos or calli induced from mature seed. *Nat. Protoc.* 3, 824–834 (2008).
- Sedeek, K. E. M., Mahas, A. & Mahfouz, M. Plant genome engineering for targeted improvement of crop traits. *Front. Plant Sci.* 10, 114 (2019).
- 32. Watson, A. et al. Speed breeding is a powerful tool to accelerate crop research and breeding. *Nat. Plants* **4**, 23–29 (2018).
- Porebski, S., Bailey, L. G. & Baum, B. R. Modification of a CTAB DNA extraction protocol for plants containing high polysaccharide and polyphenol components. *Plant Mol. Biol. Report.* 15, 8–15 (1997).
- Jain, C., Koren, S., Dilthey, A., Phillippy, A. M. & Aluru, S. A fast adaptive algorithm for computing whole-genome homology maps. *Bioinformatics* 34, i748–i756 (2018).
- 35. OmicsBox—bioinformatics made easy. *BioBam Bioinformatics* https://www.biobam.com/omicsbox (2019).
- 36. Buchfink, B., Xie, C. & Huson, D. H. Fast and sensitive protein alignment using DIAMOND. *Nat. Methods* **12**, 59–60 (2015).
- 37. Jones, P. et al. InterProScan 5: genome-scale protein function classification. *Bioinformatics* **30**, 1236–1240 (2014).
- 38. Vanhaecke, F., Vanhoe, H., Dams, R. & Vandecasteele, C. The use of internal standards in ICP–MS. *Talanta* **39**, 737–742 (1992).

Acknowledgements

We thank the International Rice Research Institute for providing many of the pigmented rice grains. We thank N. Hassan and all members of the Laboratory for Genome Engineering and Synthetic Biology at King Abdullah University of Science and Technology (KAUST) for critical discussion and technical help in this work. This work is funded by KAUST-baseline funding to M.M.M.

Author contributions

M.M.M. and K. Sedeek conceived the project. K. Sedeek, K. Sanikommu, S.S., H.B. and A.A. conducted the experiments. K. Sedeek, A.Z., A.F., L.R., A.M.W., E.P.R., S.M., N.N. and M.M.M. analysed the data. K. Sedeek, A.Z., A.F., A.M.W., E.P.R., R.A.W. and M.M.M. wrote the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Supplementary information The online version contains supplementary material available at https://doi.org/10.1038/s43016-023-00742-9.

Correspondence and requests for materials should be addressed to Magdy M. Mahfouz.

Peer review information *Nature Food* thanks Xuehui Huang and the other, anonymous, reviewer(s) for their contribution to the peer review of this work.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit http://creativecommons. org/licenses/by/4.0/.

© The Author(s) 2023

nature portfolio

Corresponding author(s): Magdy M. Mahfouz

Last updated by author(s): Mar 16, 2022

Reporting Summary

Nature Portfolio wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Portfolio policies, see our <u>Editorial Policies</u> and the <u>Editorial Policy Checklist</u>.

Statistics

For	all st	atistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.
n/a	Cor	nfirmed
	\boxtimes	The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement
	\square	A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
		The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.
\boxtimes		A description of all covariates tested
	\boxtimes	A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
	\boxtimes	A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
		For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted Give <i>P</i> values as exact values whenever suitable.
\ge		For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
\boxtimes		For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
\boxtimes		Estimates of effect sizes (e.g. Cohen's d, Pearson's r), indicating how they were calculated
		Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.

Software and code

 Policy information about availability of computer code

 Data collection
 All of the software used in this study is publicly available, and codes are available on request.

 Data analysis
 Prism files and Excel worksheets were used for analyzing data

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

Data

Policy information about availability of data

All manuscripts must include a data availability statement. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our policy

The data supporting our findings of this study are included within the article and supplementary information files. The raw genomics sequences and assemblies have been deposited to the National Center for Biotechnology Information under the BioProject accession code PRJNA942452. Mass spectrometry metabolomic data have been deposited to the MetaboLights database with the identifier number MTBLS3320.

Human research participants

Policy information about studies involving human research participants and Sex and Gender in Research.

Reporting on sex and gender	Our study does not include any human research participants.		
Population characteristics	NA		
Recruitment	NA		
Ethics oversight	NA		

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

 Life sciences
 Behavioural & social sciences
 Ecological, evolutionary & environmental sciences

 For a reference copy of the document with all sections, see nature.com/documents/nr-reporting-summary-flat.pdf

Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	For metabolome and ionome profiling, we used rice grains of 24 black, 35 red and four brown Asian rice. For genome sequencing, we collected DNA samples from the leaf of 51 individual plants (24 black, and 27 red).
Data exclusions	No data was excluded.
Replication	For metabolome and ionome profiling, 20 grains were grinded for each verity that were collected from a batch of grains collected from several individual plants, Three independent technical replicates were performed by Metabolon. For genome sequencing, a single seed per verity was grown for DNA collection.
Randomization	Grains were selected randomly and sample injection was also randomized in the UPLC–MS, and ICP–MS platforms. CRISPR-edited and wild type plants were selected in a random manner for harvesting and phenotyping.
Blinding	Blinding is not common practice for this type of experiments.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

N	1e	tł	າດ	d	S
1 V	IC	ιı	IU	u	С

- n/a
 Involved in the study

 Antibodies

 Eukaryotic cell lines

 Palaeontology and archaeology

 Animals and other organisms

 Clinical data

 Dual use research of concern
- n/a Involved in the study
- ChIP-seq
- Flow cytometry
- MRI-based neuroimaging