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Bright continuously tunable vacuum ultraviolet source for ultrafast spectroscopy

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Ultrafast electron dynamics drive phenomena such as photochemical reactions, catalysis, and light harvesting. To capture such dynamics in real-time, femtosecond to attosecond light sources are extensively used. However, an exact match between the excitation photon energy and a characteristic resonance is crucial. High-harmonic generation sources are advantageous in terms of pulse duration but limited in spectral tunability in the vacuum ultraviolet range. Here, we present a monochromatic femtosecond source continuously tunable around 21 eV photon energy utilizing the second harmonic of an optical parametric chirped pulse amplification laser system to drive high-harmonic generation. The unique tunability of the source is verified in an experiment probing the interatomic Coulombic decay in doped He nanodroplets across the He absorption bands. Moreover, we achieved intensities sufficient for driving collective processes in multiply excited helium nanodroplets, which have been previously observed only at free electron lasers.

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bservation and control of ultrafast electron and nuclear dynamics in atoms, molecules, and extended systems using ultrashort light pulses are highly important for advancing atomic and molecular physics, physical chemistry, and material sciences. Recent developments of vacuum ultraviolet (VUV) ultrafast pump-probe schemes have brought fascinating discoveries, like identifying pathways of photo-triggered chemical reactions^{1–3}, tracking electron correlations in real-time^{4–6}, or controlling the optical properties of semiconductors⁷. At the same time, through their ability to deliver high intensity on target, laser sources drive the research into collective and non-linear phenomena based on high-intensity light-matter interactions and particle acceleration.

Following a period when ultrafast laser science was heavily dominated by Ti:Sapphire lasers, the last decade has seen the emergence of new laser technologies that challenge the Ti:Sapphire domination. Two such techniques are optical parametric chirped pulse amplification (OPCPA) and post compressed Yb lasers. These technologies are in many ways complementary⁸ with post compressed Yb systems offering exceptional peak and average power, tunable repetition rates and, recently, tunability of the photon energy also at high peak and average power^{9,10}. OPCPA systems offer exceptional temporal contrast, a wide range of repetition rates, operation at different wavelengths¹¹, sub-20 fs pulse duration with a pulse energy of several 10 s of mJ at kHz repetition rates¹², with a potential for further increase using a combination of high average power pump lasers and chirped mirror compression; features that make them highly suitable for a wide range of applications including High-order harmonic generation (HHG)^{13,14}, relativistic light-matter interaction¹⁵, few-cycle pulse generation^{13,16}, and kHz electron acceleration¹⁷.

HHG in gases driven by femtosecond laser pulses is a well-established technique enabling tabletop sources of femto- and attosecond VUV to soft X-ray radiation 14,18-22. These sources traditionally exhibit outstanding properties in terms of ultra-short pulse duration, coherence, and polarization control. However, as the frequencies of the comb of generated harmonics are directly related to the wavelength of the driving laser, continuous spectral tunability is not straightforward to achieve.

As many applications require VUV energies in resonance with specific excitations in the sample^{4,5,23-28} to initiate a distinct reaction pathway or decay process, several approaches to realize spectral selectivity or tunability have been developed. For specific applications, grating monochromators^{29,30} that allow individual harmonics to be selected over a wide range of energies are used. A grating monochromator has limited throughput and is often used in a forward-focusing geometry that yields a large focal spot resulting in limited intensity on target. For applications where continuous tunability is necessary, other ways to realize spectral tuning of HHG sources have been investigated, e.g., using optical parametric amplifiers^{31,32}, controlling the laser pulse spectrum and chirp^{4,33}, mixing two different driving wavelengths³⁴, controlling the nonlinear propagation of the driving laser pulse^{35–37} or using double pulses 38-40. Recently, a broadband OPCPA laser system has been used to generate tunable pulses between 25 to 50 eV⁴¹. However, this approach has so far been limited to a high repetition rate and low-intensity applications. In the present work we demonstrate a continuously tunable high-intensity VUV HHG source and benchmark its capabilities against other VUV light sources (synchrotrons and Free Electron Lasers (FELs)).

Achieving high flux and high intensity on target with an HHG source is challenging. Also under ideal conditions, the conversion efficiency of the HHG process is typically of the order of 10^{-5} . The highest reported conversion efficiency to the VUV region is of the order of 10^{-4} reaching a photon flux of 10^9 photons per

pulse (at the source) at ≈ 1 MHz repetition rate^{42,43}. Indeed, several concepts for generating high-flux single harmonic beams in the VUV region (up to 108 photons/pulse) have been reported^{44,45}, however, without the ability of spectral tuning. At lower repetition rates, VUV intensities from HHG of the order of 10¹⁴ W/cm² have been reported⁴⁶⁻⁴⁹ showing that an HHG beamline, when optimized for this, can reach intensities sufficient for highly non-linear VUV science. For these high-intensity applications, back-focusing multilayer (ML) optics with energyselective reflectivity^{50,51} are often used to achieve tight focusing of the HHG beam. This approach minimizes the number of optical elements in the VUV beam propagation and maintains the ultrashort pulse duration from the source. However, it has been reported that difficulties in focusing all the harmonic orders in one focal spot may significantly decrease XUV intensity on the target^{52,53}.

In this work, we present an approach to HHG and VUV beam focusing that simultaneously meets the requirements for continuous spectral tunability and monochromaticity of the highharmonic source while preserving high VUV flux out of the source and reaching an intensity on target high enough to trigger many-body processes in nanoscale systems. This combination of parameters has until now only been reported for seeded FELs^{54–56}. The capabilities of our source are demonstrated in a series of experiments on pure and doped helium nanodroplets as these systems are well known model objects for investigations into a range of nanoscale phenomena, such as spectroscopy of embedded molecules, dynamics of transient nanoplasmas, formation of long-lived complexes⁵⁷, interatomic Coulombic decay (ICD)^{24,25,58} or novel collective ionization mechanisms based on resonant excitation⁵⁹. Ion time-of-flight (TOF) mass spectra and electron velocity map imaging (VMI) spectra of resonantly excited pure and doped helium nanodroplets show a resonant activation of (ICD) at the He 1s2p ¹P resonance at 21.5 eV and an onset of a collective autoionization (CAI) as the dominant decay mechanism at the highest intensities.

Results

Generation of spectrally tunable monochromatic high-flux VUV pulses: Experimental implementation. We present a method for generating high-order harmonics in the VUV region with photon energy that is continuously tunable over an energy range greater than 2 eV (Fig. 1). To achieve this, we drive HHG in krypton gas with the second harmonic (SH) of the high-intensity IR beam from the in-house developed Allegra broadband OPCPA laser system⁶⁰. The experimental setup is shown in Fig. 2. For the experiment, the Allegra laser was set to deliver pulses at a 1 kHz repetition rate with a pulse energy of 20 mJ compressible down to 13 fs and a broadband spectrum spanning between 750 nm and 930 nm (shaded area of Fig. 3). The central wavelength of the OPCPA can be tuned by a slight adjustment of the pump delay relative to the amplified chirped pulse. In addition, an adjustment of the group delay dispersion (GDD) in the presence of a small amount of third-order dispersion (TOD) of the IR pulse allows tuning of the central wavelength of the second harmonic generation (SHG) output. For the SHG, we used a beta-barium borate (BBO) crystal optimized for high conversion efficiency while preserving the short pulse duration (see Methods). Widerange spectral tuning of the SHG is then achieved by changing the phase-matching in the conversion crystal combined with adjusting the amplification of the OPCPA laser system (see Methods). The spectra of the SH beam used to drive the HHG for various angles of the frequency-doubling crystal are shown in Fig. 1b together with the corresponding spectra of the generated 7th harmonic (Fig. 1a).

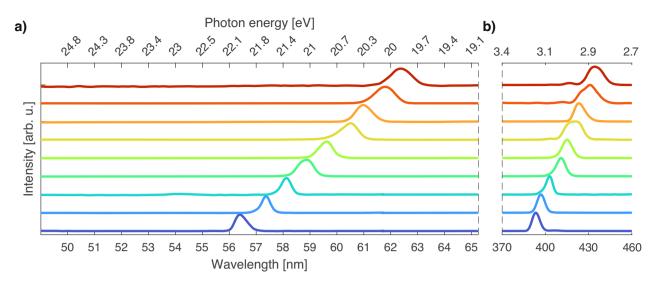


Fig. 1 Continuously tunable experimental HHG spectra within >2 eV range. The spectrum of the 7th harmonic tunable in the range from 20 eV to 22 eV generated in a Kr gas target (**a**) by the second harmonic of the IR laser (**b**). The spectra are vertically offset for clarity.

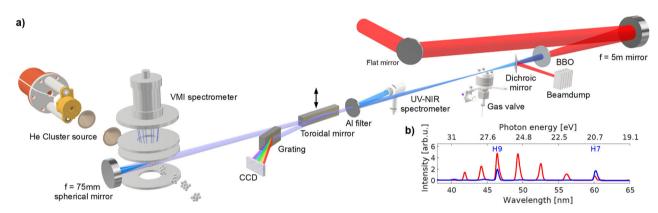


Fig. 2 Experimental setup. a The experimental setup for tunable high-order harmonic generation (HHG) implemented into the HHG beamline at ELI Beamlines¹⁴. The infra-red laser beam is apertured by a motorized iris and focused by a spherical mirror at almost normal incidence on a Kr gas target. A beta-barium borate (BBO) crystal in the beam path is used for the second harmonic generation, and a thin dichroic mirror is used to separate SH from IR. Thin metallic filters separate the generated VUV from residual pump light. The partially reflected pump beam from the metallic filters is characterized by a UV-NIR spectrometer. A wavelength-calibrated flat-field spectrometer can be used to characterize the VUV beam, or the beam is sent to the user end-station MAC. The MAC station⁶¹ is set up to investigate He nanodroplets, including a cryo-cooled pulsed He source, heated cells for doping the droplets with evaporated substances, and a velocity map imaging detector for either electrons or ions detection. **b** Typical spectra obtained when VUV pulses are generated by HHG from both the fundamental and SH as a drive, i.e., without the dichroic mirror (red line), and when only the SH pulses are used to drive HHG, i.e., with the dichroic mirror (blue line).

We note that the bandwidth of the SH spectrum increases with the central wavelength from 140 meV on the blue side to 280 meV on the red side (Fig. 1b). The expected pulse duration of the SH driving pulses should always be shorter than 30 fs. The bandwidths of the SH pulses measured experimentally (Fig. 1) are in full agreement with our numerical modeling of SHG in the BBO crystal. In Fig. 3, the calculated phase-matching curves are shown for two extreme cases featuring similar bandwidths to the ones observed experimentally. The phase-matching bandwidth of the BBO crystal was significantly narrower than the spectral width of the primary laser pulses (see Fig. 3), which provided the opportunity to change the central wavelength of the SHG by tilting the crystal (θ). Note, that SHG for broadband pulses might be considered as a sum-frequency generation of various spectral components. This results in high conversion efficiency even if the phase-matching bandwidth of SHG is narrower than the bandwidth supported by the full laser spectrum, allowing for efficient continuous tuning in a wide range.

The generated UV radiation was spectrally cleaned from the residual IR component by a thin dichroic mirror and focused on the Kr gas target for HHG. The generated VUV beam is then filtered from residual driving laser radiation by a set of aluminum metallic filters and either characterized by a wavelength-calibrated flat-field spectrometer or sent to the user end-station of (see Fig. 2).

In the application chamber (the Eli Beamlines MAC station⁶¹) the VUV beam is back-focused by a broadband multilayer spherical mirror with a focal length of 75 mm at normal incidence. Using the SH to drive the HHG results in a 6 eV energy separation between adjacent harmonic orders. This can allow us to efficiently monochromatize the VUV beam employing a multilayered focusing mirror with a coating chosen so that the 9th harmonic order is outside of the reflectivity band and the 5th harmonic order is blocked by a 200 nm thin aluminum filter in the VUV beam path (see Methods). As a result, for the present setting of the beamline, we obtain a monochromatized VUV beam without a grating monochromator.

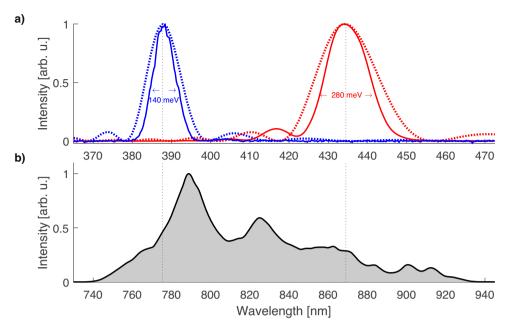


Fig. 3 Spectrum of Allegra laser and phase-matching of beta-barium borate crystal. a Blue and red lines: Comparison of measured second harmonic spectra (solid line) and two theoretical phase-matching curves (dashed lines) of the beta-barium borate crystal calculated numerically for two extreme values of the angle θ used during the spectral tuning. Second harmonic generation can be achieved in the whole range between these two curves by continuously tuning the phase-matching window. **b** Shaded area: a typical infra-red spectrum produced by the OPCPA laser system used.

The overall conversion efficiency from IR laser pulses via SHG to the single $7^{\rm th}$ harmonic pulses was measured to be approximately 10^{-5} in the source region with a VUV beam divergence of 0.6 mrad. The single-harmonic photon flux was measured to be 2×10^7 photons/pulse on target (corresponding to a VUV pulse energy of about 80 pJ). A conservative estimate of the intensity achieved on target obtained from simulations of the VUV beam generation and propagation through the beamline optics is in the order of 7×10^{11} W/cm² (see Methods).

The target consists of a pulsed beam of pure or Li-doped He nanodroplets interacting with the HHG beam at the center of a VMI detector (see Methods), which was used to acquire electron spectra or ion TOF traces from the VUV-irradiated nanodroplets.

VUV spectroscopy of He nanodroplets by tuning a single harmonic. The scientific relevance of our continuously tunable high-intensity VUV source is demonstrated in a proof-ofprinciple experiment on He nanodroplets doped with alkali metal atoms (Li). By resonant excitation of He nanodroplets below the ionization potential of He ($E_i \approx 24.6 \text{ eV}$), we have studied their autoionization by ICD, which is traditionally termed Penning ionization⁶². In this process, the photon-energydependent absorption of one VUV photon by a He atom creates a He* excited state within the He nanodroplet. The absorbed energy is then transferred from the photo-excited He* to a Li atom attached to the surface of the same He nanodroplet, thereby producing a Li⁺ ion and an electron with characteristic kinetic energies given by the reaction $He^* + Li \rightarrow He + Li^+ + e^-$. The ICD process of Li-doped He nanodroplets has been studied using synchrotron radiation and is discussed in detail elsewhere⁶³. This process is generally an ultrafast and efficient decay mechanism in different weakly bound systems, such as rare gas clusters, hydrogen-bonded molecular complexes, and liquids⁶⁴. An essential aspect of ICD is the production of low-energy electrons, which are genotoxic when created in living tissues⁶⁵

The ions produced by ICD of resonantly excited Li-doped He nanodroplets are measured by TOF mass spectrometry. The inset

of Fig. 4 shows TOF mass spectra recorded at a photon energy tuned to the peak of the 1s2p ¹P resonance at 21.5 eV^{66,67}. The mass spectrum recorded with an unfocused VUV beam is shown as a blue line, and the one recorded with a back-focused beam is represented as a gray-shaded area. When the unfocused beam interacts with Li-doped He nanodroplets, only Li ions of the two isotopes ⁶Li and ⁷Li, as well as ⁷Li₂⁺ dimers produced by ICD are detected (Fig. 4 inset, blue line). The significant broadening of the peaks is explained by the large ionization volume of the unfocused VUV beam, which impairs the resolution of the mass spectrometer. No He ions are present, except for a tiny He⁺ peak (4 amu), which is related to the presence of the 9th harmonic (hv = 27.6 eV) in the unfocused beam. When the VUV beam is back-focused (and the 9th harmonic is suppressed by the multilayer mirror), additional sharp peaks appear in the mass spectrum. We attribute the appearance of He_n^+ , n=1, 2, 3 ions to the collective autoionization process (CAI), which will be discussed in the following section. The ⁷Li⁺ signal comprises a broad feature from the unfocused beam and a superimposed small sharp peak from the back-focused beam. As ICD from He* to Li is a process driven by the absorption of one photon per droplet, the integrated signal of the unfocused beam is much larger than that of the focused beam due to the larger interaction volume of the unfocused beam.

Here, we exploit the Li⁺ ion yield generated by ICD as a sensitive probe for resonant excitation of He nanodroplets²⁵. Fig. 4 shows the VUV photon energy-dependent integrated yield of Li ions produced by irradiation of Li-doped He nanodroplets by VUV pulses at photon energies tuned across the dominant optical absorption band of He nanodroplets in the range 20.0–22.0 eV in steps of 0.15 eV (red circles). The photon flux generated by our source is sufficiently strong even in an unfocused beam, so to avoid absorption of several photons by the same droplet, which would generate He²⁺ signal that overlaps with the ⁷Li⁺ signal, these measurements are performed with the unfocused beam by removing the back-focusing mirror. As described above, a small contribution from a distant 9th harmonic present in an unfocused beam is not relevant. The gray-shaded

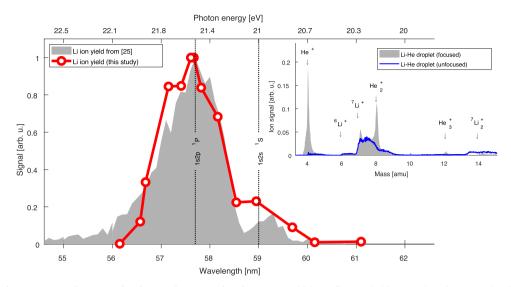


Fig. 4 VUV absorption spectrum of He nanodroplets at the 1s2s/p band. Li+ ion yield (in red) recorded from Li-doped He nanodroplets that are excited by a spectrally tuned 7^{th} order harmonic radiation. The statistical variation of the signal at each data point is always lower than 12%; error bars are omitted for clarity. The gray shaded area is a reference Li+ ion yield spectrum recorded for Li-doped He nanodroplets by absorption of VUV light from synchrotron²⁵. The vertical dashed lines indicate the energy of the nanodroplet He* 1s2p 1 P and 1s2s 1 S absorption lines. **Inset**: Ion yield spectra recorded for Li-doped He nanodroplets with focused (shaded) and unfocused (in blue) beam at $h\nu = 21.5 \, \text{eV}$.

area in the main part of Fig. 4 shows the Li⁺ ion yield measured by resonant excitation of Li-doped He nanodroplets with synchrotron radiation²⁵. The main absorption band with a maximum around $hv = 21.5 \,\mathrm{eV}$ is associated with the 1s2p ¹P excited state of He. The side band around $hv = 21.0 \,\mathrm{eV}$ is related to the lowest optically accessible 1s2s ¹S state. The Li⁺ ion signal measured with tunable VUV pulses using our HHG scheme closely follows the reference Li spectra from²⁵. The results in Fig. 4 show that our HHG scheme provides a source of continuously tunable VUV radiation over a wide wavelength range without significant loss in efficiency. Note that the energy resolution of 0.15 eV is limited by the bandwidth of the 7th harmonic (see Fig. 1).

Multiple excitations of He nanodroplets by intense monochromatic VUV pulses. To assess the on-target VUV intensity achieved by tightly focusing the VUV beam, we have investigated the TOF ion mass and electron spectra of pure He nanodroplets. Fig. 5a shows a typical mass spectrum measured with the backfocused VUV beam at the absorption resonance of He nanodroplets, hv = 21.5 eV. He_n⁺, n = 1, 2, 3, mass peaks with similar strengths as for the case of Li-doped He droplets (shaded area in the inset of Fig. 4) indicate autoionization of the He nanodroplets following resonant excitation by the intense VUV pulses. Under our conditions, the focused VUV intensity is high enough to create two or more He* excitations in one nanodroplet, which can decay by the ICD-type reaction $He^* + He^* \rightarrow He + He^+ +$ e_{ICD}^{56,68}. For sufficiently high VUV intensities, inducing a large number of He* excitations per nanodroplet, the decay is dominated by a CAI mechanism involving many excited centers and various scattering processes. This process has previously been reported only for He nanodroplets irradiated by intense FEL pulses^{56,59,69}. It has not been observed in experiments with synchrotrons^{25,58}. Thus, the observation of the CAI process shows that we reach a VUV intensity comparable to that used in FEL experiments.

More detailed information about the autoionization processes occurring in multiply excited He nanodroplets are obtained from electron VMIs and electron kinetic energy distributions extracted from the images using the Abel inversion method MEVELER⁷⁰.

Fig. 5b, c show the background-subtracted electron velocity-map images recorded for pure He nanodroplets with 1200 He atoms per droplet. The image in Fig. 5b is taken with a focused VUV beam, and the one in Fig. 5c with an unfocused beam. For the unfocused beam, only one circular structure is visible, which is attributed to photoelectrons directly released upon absorption of photons from the 9th harmonic component. The nonhomogeneous center-symmetric structure of the images is caused by the reduced sensitivity of the phosphor screen. Photoelectrons from the 9th harmonic are also present in the image recorded with the focused beam (Fig. 5b) with equal intensity. In addition, a larger ring and a central bright spot are visible in the upper image. To identify these features, we inspect the electron spectrum generated from the difference between the two images, shown as a red line in Fig. 5d. The peak at about 16.6 eV results from the ICD reaction mentioned above, which generates an ICD electron with an energy of 16.6 eV assuming that the two He* excitations are in their 1s2s ¹S atomic states⁶⁸. The sharp feature close to zero electron kinetic energy is indicative of electron emission of thermalized multiply excited He nanodroplets which evolve into nanoplasmas by CAI⁵⁶. The gray shaded area shows an electron spectrum previously measured at the FEL FERMI with a beam intensity of about 1010 W/cm2, three times longer pulses, and at a similar He droplet size (2500 He atoms per droplet)⁵⁶. The appearance of a CAI signal in our electron spectrum with similar intensity as in the FEL experiment confirms the high VUV intensity on a target of about 3 × 10¹⁰ W/cm². We note that the intensity level estimated from comparing these two data sets is more than one order of magnitude lower than the maximum intensity estimated from our experimental parameters (see Methods). We assume that this discrepancy is mainly due to the very short Rayleigh length of the focused VUV beam (10 µm) compared to the diameter of the nanodroplet beam (4 mm). Consequently, the effective intensity contributing to the measured signal is reduced by averaging over the focal volume. The CAI signal strongly depends on the size of the nanodroplets because it is a many-body process that relies on the absorption of many photons by a nanodroplet⁵⁶. As seen from the inset of Fig. 5d, it rises approximately linearly by a factor of 2 in the given range of nanodroplet sizes.

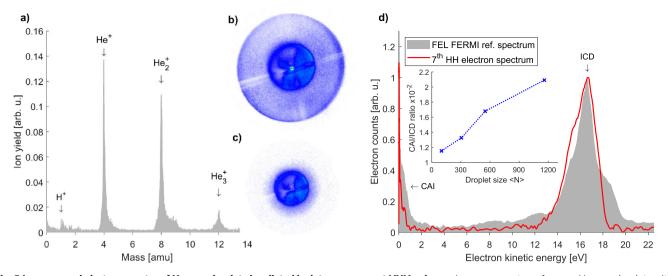


Fig. 5 Ion mass and electron spectra of He nanodroplets irradiated by intense resonant VUV pulses. a Ion mass spectrum for pure He nanodroplets with back-focused VUV beam. **b** Electron velocity-map image (VMI) recorded for pure He nanodroplets of size $N \approx 1200$ with back-focused VUV beam (7th harmonic) tuned to the photon energy $h\nu = 21.5$ eV **c** Electron VMI recorded for the same conditions as the image in **b**, but with unfocused beam. **d** Electron spectrum inferred from the difference between VMI's for back-focused and unfocused beams (red line). For reference, the gray-shaded area shows an electron spectrum measured with VUV pulses generated by the free-electron laser FERMI, taken from 56. **Inset**: The ratio of collective autoionization process versus interatomic Coulombic decay integrated signals measured for variable He nanodroplet sizes.

Discussion

We have demonstrated a technique to produce tunable monochromatic femtosecond VUV pulses with high intensity based on broad spectrum of our high-power 1 kHz OPCPA laser system. Our approach preserves a relatively high conversion efficiency throughout the tuning range. It allows us to achieve an intensity on target sufficient to excite multiple atoms in He nanodroplets, which decay via the CAI mechanism. This process is a manifestation of a collective response of matter to intense VUV irradiation, which has been reported only at FELs^{59,69}, but not at synchrotrons^{25,58}.

The tuning range for a particular harmonic is limited mainly by the available bandwidth of the laser system. It is defined by the system design and the properties of the broadband optics, and especially the high dispersion chirped mirrors for pulse compression. Our present system operates in the 750–930 nm range, but this could be extended with further development of the laser source and optics. In our present work, we have focused on tunability in the 20 eV range, using a focusing geometry optimized to preserve high intensity on target. We note that using the grating monochromator, that is also available at the beamline, together with a broadband focusing optic the present technique can be straightforwardly extended to provide more than 2 eV continuous spectral tuning around the location of each harmonic from the source.

The spectral resolution in the SH driving scheme is determined mainly by the thickness of the non-linear conversion crystal. Increasing the crystal thickness will narrow the bandwidth of the generated high harmonics allowing the spectral resolution of the setup (e.g., as in Fig. 4) to be adjusted according to the specific needs of the application. Furthermore, the tunable VUV source can be employed in a pump-probe setup to perform time-resolved studies of ultrafast phenomena in atoms, molecules, or extended systems^{57,71}, which require precise spectral tunability and high photon flux. As such, it represents a tabletop alternative to seeded FEL facilities for various applications.

Using the SHG driver results in a high conversion efficiency of the HHG process, thereby increasing the photon flux at the desired photon energy by almost two orders of magnitude according to wavelength scaling laws^{44,72}. This is due to the lower dispersion of the electron wave packet driven by a field with a shorter period. With proper geometry setup, the shorter wavelength of the HHG driver also leads to a reduced VUV beam focal spot size of a single back-reflecting ML mirror as the HHG source diameter is downsized. Future upgrades of the laser system⁶⁰ delivering a pulse energy of 100 mJ or beyond, together with an extension of the focal length used in the HHG source (up to 25 m in the E1 experimental hall of the ELI Beamlines facility where it is located) should allow an increase in photon flux according to the appropriate scaling laws⁷³.

The capabilities of our continuously tunable VUV source are shown in a proof-of-principle experiment on ICD in doped He nanodroplets. However, the potential of the setup extends to a wide range of applications where spectral tunability is crucial for exciting specific electronic transitions and accessing resonances. Prospective applications of tunable VUV light sources include new developments in coherent diffractive imaging, where rich features in the diffracted images are expected to arise upon resonant sample excitation²³, monitoring correlated electron dynamics in heterogeneous nanosystems^{24,74} and new regimes of photochemical processes^{1,75}. Thus, the realization of a spectrally tunable HHG source with high conversion efficiency and low-loss VUV beam propagation, where the pulse properties stay primarily unaffected by optical elements (like a grating monochromator), is highly desirable for applications.

The high VUV intensity on the target was verified by observing characteristic features in the electron spectra of He nanodroplets which are indicative of multiple excitations leading to binary autoionization by ICD and even to CAI by many-body interactions. We benchmark our present results to previous FEL studies and confirm that the central results are reproduced when the yields of electrons generated by ICD and CAI were measured systematically for variable He droplet sizes. The linear increase of the CAI electron yield relative to that of ICD electrons reflects the higher absorption cross-section of larger droplets leading to an increased probability of absorption of many photons. CAI becomes the dominant decay mechanism when the fraction of excited atoms in a He droplet exceeds about 1%⁶¹.

Directly related research topics that can be addressed with the developed setup include; (i) studies of correlated and collective decay processes in multiply excited molecular complexes, nanoparticles and other mesoscopic systems, (ii) probing of the dynamics of transient states of matter such as nanoplasmas where the absorption cross section is weak and substantial signal levels are needed, and (iii) studying and controlling non-linear optical effects in the XUV range such as two-photon inner-shell excitation and ionization, coherent control schemes and stimulated emission.

The instruments described in this publication are available to the international user community through an open-access application procedure.

Methods

Tuning of the OPCPA. The laser system used for the experiment consists of 5 OPCPA amplification stages, each pumped by 3 ps pump pulses at 515 nm. For this particular experiment, the delay of the pump was adjusted relative to the seed providing more energy in the portion of the spectrum used at the moment. In addition, the compression in the spectral range of interest was optimized using a Dazzler, which allowed us to achieve the desired shape of the SHG spectrum.

Second harmonic generation. A 200 micron-thick BBO crystal type I cut at the angle of 29.2° was placed 220 cm from the focus of a spherical mirror with a focal length of 5 m (f-number of 150). The estimated laser intensity on the frequency-doubling crystal was 1 TW/cm². The conversion efficiency across the tuning range was estimated to be between 30%–40%, with estimated SH pulse duration shorter than 30 fs. Optimal conversion efficiency at the desired central wavelength of SH was achieved by adjusting the OPCPA system as described above.

VUV beam characterization. Spectral characterization of the generated VUV beam used for the He resonances measurement is done at the beginning and the end of the measurements for each data point to ensure the beam properties remain the same. For this, we have used our wavelength-calibrated VUV flat-field spectrometer that can be inserted into the beam under vacuum to keep the same stable generation conditions when switching between characterization and application. As an online method to check the proper UV pump setting during the measurements, we have implemented an online UV-NIR spectrometer collecting the residual pump beam from a reflection of the metallic aluminum filters used for separating the VUV light. The reflection was collected by a collimator and transported by an optical fiber for characterization by a UV-NIR spectrometer HR4000 (OceanInsight). By this method, we ensure that the spectral properties of the UV beam remain the same during the experiments, indirectly verifying the stability of the VUV during the measurement

Calibration of VUV spectrometer. The VUV flat-field spectrometer is wavelength-calibrated through the measurement of high-harmonic spectra driven by IR laser. A set of specific metallic filters (Al and Mg) was used for calibration. The calibration has been performed by observing the spectral absorption edges and their higher diffraction orders. By this method, we obtained a set of defined photon energies used as fit parameters to obtain a precise VUV spectrometer calibration.

Conversion efficiency and VUV intensity on the target. For the calibration of the photon flux delivered on the target, we placed a VUV CCD camera in the direct beam in the position of the

back focusing mirror (see Fig. 2). By this method, we obtained the VUV beam profile on the focusing mirror. From the calibration of the camera signal, we deduced the number of photons from all harmonics transmitted through the 200 nm thick Al filter. The number of photons in the 7th harmonic is then deduced from the measured VUV spectrum. Using the HHG source distance, the measured beam profile on the backfocusing mirror, and the geometrical shape of the mirror, we have performed a raytracing combined with physical optics propagation simulation and we obtained a focal spot size of about 1 μ m diameter at $1/e^2$. VUV pulse duration is estimated from the high-harmonic bandwidth to be always shorter than 30 fs. The number of photons is corrected to the reflectivity of the multilayer back-focusing mirror with a high reflectivity coating up to 27 eV. From that, we obtained an estimated value of 2×10^7 photons/shot delivered on the target at a 1 kHz repetition rate. In combination with the estimated focal spot size, the maximum peak intensity on the target was about $7 \times$ 10¹¹ W/cm². Note that the Rayleigh range of the focused beam is only around 10 µm; thus, the VUV intensity averaged over the interaction region with He droplets is lower. Estimating the transmission of the used aluminum metallic filter, we could also calculate the conversion efficiency in the source from IR to the 7^{th} harmonic to be of the order of 10^{-5} .

Generation of He nanodroplets. A beam of pure He nanodroplets was produced by the expansion of high-pressure He gas (50 bar) through a pulsed (repetition rate = 50 Hz), cryogenically cooled Even-Lavie nozzle with an inner diameter of 80 µm. The generated He nanodroplet beam was then propagated through a first 1 mm skimmer, a vacuum chamber for doping purpose, and a second 3 mm skimmer before crossing the VUV beam in the VMI spectrometer. By varying the expansion conditions (backing pressure and nozzle temperature), the mean droplet size is varied in the range of $\langle N \rangle = 100-1500$ He atoms per droplet. Titration measurements determined the He nanodroplet sizes following the procedure reported in^{76,77}. To measure the Li⁺ ion signal generated by ICD, the He nanodroplets were doped with Li atoms evaporated from a heated cell with a length of 10 mm, as in²⁵. The doping level of Li is adjusted slightly lower than the maximum probability for doping He nanodroplets with single atoms by setting the temperature of the heated cell to 360 °C.

Electron and ion detection. Electrons or ions coming from the VUV-irradiated He nanodroplets were detected on a single-shot basis (at 50 Hz) using a VMI spectrometer (Photek, VID275). The maximum voltage applied to the electrodes of the VMI spectrometer allowed the detection of electrons with kinetic energy up to 28 eV. The signal related to He-droplets was measured with the opening time of the Even-Lavie valve temporarily synchronized to the arrival time of the VUV pulses. The background signal due to photoionization of the residual gas and He and Li atoms effusing into the MAC chamber was measured by delaying the opening period of the Even-Lavie valve with respect to the arrival time of the VUV pulses. For each experimental run, 3000 single-shot TOF traces and velocity map images are recorded and then averaged. All ion and electron signals recorded as a function of the wavelength of the 7th harmonic are normalized in each step to the photon flux measured by a CCD camera placed directly at the position of the back-focusing mirror.

Data availability

All relevant data are available upon reasonable request from the corresponding author.

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Author contributions

M.K., M.M., J.N. and J.A. conceived the project, L.J. designed tunable VUV source, L.J., O.H., O.F., M.A., J.N. contributed to the development and operation of the HHG

beamline, R.A., A.G., A.Š., W.S. contributed to the development and operation of the L1 laser, A.H.R., Z.H., E.K., M.K. and J.A. contributed to the development and operation of the MAC station, L.J., L.B.L., A.H.R., Z.H., E.K., A.S., M.M. performed the experiment, L.J., L.B.L., A.H.R., A.S., M.M. analyzed the data, L.J. wrote the manuscript with contributions from L.B.L., R.A., M.K., M.M., J.N., J.A. All authors reviewed the manuscript.

Competing interests

The authors declare no competing interests.

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