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Negative association between multiple sclerosis immunogenetic profile and in silico immunogenicities of 12 viruses

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Human Leukocyte Antigen (HLA) is involved in both multiple sclerosis (MS) and immune response to viruses. Here we investigated the virus-HLA immunogenicity (V-HLA) of 12 viruses implicated in MS with respect to 17 HLA Class I alleles positively associated to MS prevalence in 14 European countries. Overall, higher V-HLA immunogenicity was associated with smaller MS-HLA effect, with human herpes virus 3 (HHV3), JC human polyoma virus (JCV), HHV1, HHV4, HHV7, HHV5 showing the strongest association, followed by HHV8, HHV6A, and HHV6B (moderate association), and human endogenous retrovirus (HERV-W), HHV2, and human papilloma virus (HPV) (weakest association). These findings suggest that viruses with proteins of high HLA immunogenicity are eliminated more effectively and, consequently, less likely to be involved in MS.

Multiple sclerosis (MS) is a chronic autoimmune inflammatory disease which affects the central nervous system and is characterized by multifocal demyelinating lesions, axonal loss, and atrophy¹. MS is the most common neurological disorder among young adults and its global prevalence is increasing for unclear reasons^{2,3}. The etiology of MS is uncertain although viruses have long been purported to contribute to the disease, particularly in genetically vulnerable individuals. For example, human herpes viruses (HHV) including Epstein-Barr virus (EBV/HHV4), roseolavirus (HHV6), and varicella zoster virus (VZV/HHV3) as well as human endogenous retroviruses (HERVs) have been commonly implicated in MS⁴⁻⁷. In addition, human polyoma JC virus (JCV), a human polyomavirus, is associated with MS and particularly in complications stemming from immunosuppressive treatment for MS^{8-10} . The primary genetic influence on MS is attributed to human leukocyte antigen (HLA) genes which are centrally involved in the human immune response to viruses and other foreign antigens and have been implicated in both MS risk and protection¹¹⁻¹⁶. In a recent immunogenetic epidemiological study, we evaluated the association between the population frequencies of 127 HLA alleles and the population prevalence of MS across 14 European countries and found a preponderance of negative (i.e., protective) associations between HLA allele frequencies and MS prevalence, particularly for Class I HLA alleles¹⁶. Given the role of HLA in elimination/suppression of viruses and other foreign antigens, we hypothesized that negative (i.e., protective) associations between Class I HLA and MS are likely attributable to superior pathogen elimination afforded by those alleles, and that, conversely, positive (i.e., susceptibility) HLA-MS associations may be attributable to insufficient immunogenetic protection against certain pathogens, thereby hindering their suppression and possibly contributing to downstream effects associated with MS. Here, in an effort to test this hypothesis and bridge separate lines of research implicating exposure to pathogens and HLA in MS, we evaluated the virus-HLA (V-HLA) immunogenicity of viruses implicated in MS with respect to HLA alleles that are positively associated with MS prevalence.

Results

MS-HLA susceptibility scores

The MS-HLA Susceptibility scores are epidemiological measures of association between MS prevalence and HLA allele frequency. Of the 69 HLA Class I alleles investigated, 24 were positive, indicating a positive association

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Immunogenicity of viral proteins for HLA Class I alleles

In silico virus-HLA immunogenicity scores (V-HLA scores) are estimates of T-cell epitope prediction, indicating the likelihood that the complex between a given epitope and a specific HLA Class I allele will engage T-cell receptor and, hence, activate CD8 + cytotoxic lymphocytes to kill the infected cell. V-HLA immunogenicity varied appreciably among the 12 viruses studied (Table 2, Fig. 2), being highest for HHV4 (V-HLA = 13.639) and lowest for HHV6A (V-HLA = 2.563), a $5.32 \times$ differential. V-HLA was highest for allele C*03:03 (V-HLA = 12.686) and lowest for A*03:01 (V-HLA = 3.486) (Table 3, Fig. 3).

Association between MS-HLA susceptibility and V-HLA immunogenicity

Overall, MS-HLA susceptibility scores and V-HLA immunogenicity scores were negatively associated, such that MS-HLA susceptibility scores decreased as the V-HLA immunogenicity increased (Fig. 4; r = -0.512, P = 0.035, N = 17), indicating a protective effect of viral immunogenicity. In order to evaluate the association of MS-HLA scores with V-HLA immunogenicity of individual viruses in a robust, uniform and nonparametric way, correlations were computed between data converted to normal scores using Blom's formula¹⁷. The results are shown in Figs. 5, 6, 7 and 8 as scatterplots of the normalized MS-HLA susceptibility scores vs. normalized V-HLA



Figure 1. MS-HLA susceptibility scores are plotted against their rank. Red, scores of alleles used I further analyses; gray, scores at the tail of the distribution, not used hereafter. The red line demarcates these two groups. See text for details.

Index	Allele	MS-HLA PScov score (×1000)
1	A*03:01	1.890
2	B*07:02	1.606
3	B*15:01	1.435
4	B*27:05	1.171
5	B*40:01	0.993
6	C*07:02	0.726
7	A*24:02	0.612
8	A*31:01	0.538
9	C*05:01	0.465
10	C*03:03	0.380
11	B*40:02	0.331
12	B*37:01	0.273
13	C*16:01	0.204
14	B*08:01	0.127
15	C*01:02	0.079
16	A*25:01	0.066
17	A*68:02	0.051

Table 1. MS-HLA PScov scores for the 17 susceptibility Class I alleles investigated.

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Rank	Virus	Mean	SEM	Minimum	Maximum
1	HHV4	13.639	1.295	7.348	24.922
2	HHV8	10.959	1.200	3.886	19.738
3	HHV5	9.697	1.185	3.722	17.744
4	HHV3	7.965	1.026	2.708	18.002
5	HHV6B	6.869	0.644	3.960	13.480
6	HHV2	6.532	0.894	2.612	14.420
7	HERVW	6.223	0.709	1.854	11.350
8	HHV7	6.049	0.931	1.422	12.198
9	JCV	5.439	0.651	1.004	11.228
10	HPV	5.421	0.616	1.590	8.994
11	HHV1	5.027	0.577	1.966	9.484
12	HHV6A	2.563	0.316	0.460	4.632

Table 2. Descriptive statistics of V-HLA immunogenicities across the 17 HLA Class I alleles in Table 1 (N = 17). *SEM* standard error of the mean.



Figure 2. Mean (\pm SEM) of V-HLA immunogenicity scores for each one of the 12 viruses investigated (N = 17 alleles in Table 1).

Rank	Allele	Mean	SEM	Minimum	Maximum
1	C*03:03	12.686	1.633	3.794	24.922
2	C*01:02	11.937	1.398	4.246	20.882
3	C*16:01	11.674	1.343	3.790	21.294
4	A*68:02	10.290	1.447	3.472	18.002
5	C*05:01	8.957	1.088	3.898	15.304
6	C*07:02	8.706	1.209	3.338	16.462
7	A*25:01	8.112	1.398	3.208	17.744
8	B*07:02	7.219	0.803	2.076	13.208
9	A*24:02	5.911	0.688	2.830	10.240
10	B*37:01	5.771	0.987	1.734	11.688
11	B*15:01	5.595	0.773	2.556	11.482
12	A*31:01	5.267	0.828	0.474	12.432
13	B*08:01	4.763	0.514	2.030	8.116
14	B*40:01	4.217	0.671	1.594	8.540
15	B*40:02	4.120	0.707	1.640	9.272
16	B*27:05	3.665	0.639	1.124	8.746
17	A*03:01	3.486	0.539	0.460	7.348

Table 3. Descriptive statistics of V-HLA immunogenicities across the 12 viruses investigated for the 17 Class Ialleles in Table 1.. SEM standard error of the mean.



Figure 3. Mean (\pm SEM) of MS-HLA susceptibility scores for each one of the 17 alleles in Table 1. (N = 12 viruses in Fig. 2).







Figure 5. Negative association of MS-HLA susceptibility scores of the 17 alleles (Table 1) vs. corresponding V-HLA immunogenicity scores for the viruses indicated (HHV3, JCV, HHV1). See Table 4 for detailed statistics.



Figure 6. Negative association of MS-HLA susceptibility scores of the 17 alleles (Table 1) vs. corresponding V-HLA immunogenicity scores for the viruses indicated (HHV4, HHV7, HHV5). See Table 4 for detailed statistics.



Figure 7. Negative association of MS-HLA susceptibility scores of the 17 alleles (Table 1) vs. corresponding V-HLA immunogenicity scores for the viruses indicated (HHV8, HHV6A, HHV6B). See Table 4 for detailed statistics.



Figure 8. Negative association of MS-HLA susceptibility scores of the 17 alleles (Table 1) vs. corresponding V-HLA immunogenicity scores for the viruses indicated (HERVW, HHV2, HPV). See Table 4 for detailed statistics.

immunogenicity scores for each of the 12 viruses investigated. It can be seen that all associations were negative, such that MS-HLA susceptibility decreased as V-HLA immunogenicity increased, indicating a protective effect of the latter. The strength of this association differed across viruses (Fig. 9), as reflected in the order of the figures, with Fig. 5 illustrating the case with the strongest association (HHV3), Fig. 8 the case with the weakest association (HPV), and the rest (Figs. 6, 7) in between. Detailed association statistics are given in Table 4, where the strength of MS-HLA susceptibility vs. V-HLA immunogenicity is formalized as the percent of variance in MS-HLA susceptibility scores explained by the corresponding (to each allele) V-HLA immunogenicity. It can be seen (Table 4, Fig. 9) that HHV3 had the highest PVE (43.56%) and HPV the lowest (5.11%), a 8.52 × differential.

Discussion

It is largely accepted that MS is a result of complex genetic and environmental interactions. Here we focused on the role of viruses and HLA in MS. Specifically, we evaluated the association between immunogenicity of 12 viruses with respect to 17 HLA Class I alleles that we found to be associated with susceptibility to MS by analyzing population-level epidemiological data. Our findings documented a negative association between the viral V-HLA immunogenicity of all 12 viruses and MS-HLA susceptibility across the 17 MS-HLA Class I susceptibility alleles above. Although the strength of this association varied across viruses, the systematic negative association between viral V-HLA immunogenicity and MS-HLA susceptibility highlight a key role of HLA-mediated virus elimination and/or suppression in influencing MS risk, both at the initial infection and at later relapses caused by reactivation of a latent virus.

MS is presumed to result from exposure to ubiquitous infectious agents in the context of permissive genetic traits¹⁸. In addition to Class II HLA alleles that have long been implicated in MS¹¹, the present findings suggest that the interaction between several common viruses including human herpes viruses and JCV with Class I HLA



Figure 9. Percent of MS-HLA susceptibility variance explained by V-HLA immunogenicity of the 12 viruses investigated.

Rank	Virus	r	SE	Lower 95% CI	Upper 95% CI	P value (1-tailed)	r ²	PVE (%)
1	HHV3	- 0.660	0.004	- 0.866	- 0.262	0.002	0.436	43.56
2	JCV	- 0.626	0.007	- 0.851	- 0.208	0.004	0.392	39.19
3	HHV1	- 0.522	0.031	- 0.802	- 0.056	0.016	0.272	27.25
4	HHV4	- 0.499	0.041	- 0.790	- 0.025	0.021	0.249	24.90
5	HHV7	- 0.487	0.047	- 0.784	- 0.008	0.024	0.237	23.72
6	HHV5	- 0.476	0.054	- 0.778	0.006	0.027	0.227	22.66
7	HHV8	- 0.455	0.067	- 0.767	0.033	0.033	0.207	20.70
8	HHV6A	- 0.442	0.075	- 0.761	0.048	0.038	0.195	19.54
9	HHV6B	- 0.386	0.126	- 0.731	0.116	0.063	0.149	14.90
10	HERVW	- 0.330	0.195	- 0.700	0.179	0.195	0.098	10.89
11	HHV2	- 0.267	0.300	- 0.663	0.245	0.300	0.071	7.13
12	HPV	- 0.226	0.384	- 0.637	0.286	0.384	0.192	5.11

Table 4. Association statistics between MS-HLA susceptibility scores and immunogenicities of the 12 viruses investigated (N = 17 HLA Class I alleles, Table 1). r Pearson correlation, *SE* standard error of r, *CI* confidence interval, *PVE* percent of the MS-HLA susceptibility scores variance explained by virus immunogenicity. See text for details.

influences MS prevalence. In light of the role of HLA in antigen elimination and virus suppression, the effect of exposure to certain viruses on MS appears to be moderated by a given HLA allele's ability to bind and eliminate viral antigens that may otherwise contribute to MS or other conditions. Indeed, HHVs have been implicated in a number of human diseases including MS⁴⁻⁷. Following initial infection, typically in childhood, HHVs establish latency and may be periodically reactivated by various triggers and/or waning immunity. Notably, patterns of reactivation have been shown to correspond to MS relapse^{19,20}. Similarly, JCV persists in a latent state in the brain, is detectable in human brain tissue, and has also been linked to MS^{7,21,22}. The mechanisms underlying the influence of HLA on virus-MS associations are unclear, although several mechanisms including molecular mimicry, persistent viral antigens, bystander activation, superantigen activation, adjuvant effects, epitope spreading, and viral support of autoreactive cell survival have been proposed to explain how viruses might induce autoimmunity in MS^{17,23-26}. We have suggested that exposure to pathogens in the absence of HLA that can bind and eliminate those antigens results in antigen persistence and deleterious long-term effects including low-grade chronic inflammation and downstream autoimmunity, apoptosis, and atrophy, thereby setting the groundwork for various conditions including MS^{16,27}.

With regard to specific viruses, the strongest effects observed here were for HHV3/VZV, JCV, HHV1/HSV1, HHV4/EBV, HHV7, and HHV5/CMV. Each of these viruses have been previously linked with MS although the findings have been somewhat inconsistent, even for EBV which is considered the leading viral candidate for MS^{7,18,21,25,28-38}. For instance, recent evidence demonstrated that although EBV antibodies were higher in MS patients than in controls, neither EBV antibodies nor salivary EBV DNA load were associated with radiological or clinical disease activity in patients with MS³⁹. Like many HHVs, EBV is also commonly detected in the healthy adult population⁴⁰ suggesting infection with EBV or other HHVs is insufficient to cause MS in the absence of other factors, including HLA^{41,42}. Furthermore, even among HLA alleles that were positively associated with MS risk in the present study, there was considerable variability in HLA-virus immunogencities, MS-HLA susceptibility scores, and their associations.

Additional contributions

In addition to the contributions of the Class I HLA-virus immunogenicities on MS susceptibility documented here, there are likely other contributing factors. Class II HLA has been strongly linked to MS risk¹⁰; thus, it is likely that HLA Class II alleles, which are involved in formation of antibodies and immunological memory and often form haplotypes with other HLA alleles including those of Class I, contribute to MS and particularly to autoimmunity associated with MS²⁶. Beyond viruses, several other environmental and lifestyle factors also appear to play a role in MS susceptibility including geography, smoking, sun exposure/vitamin D, and adolescent obesity^{43–45}. Notably, some of these factors have been shown to interact with HLA to influence MS risk⁴³. For example, smoking has been shown to increase the odds of MS in individuals lacking the protective HLA-A*02:01 allele or in carriers of the high-risk Class II HLA-DRB1*15:01 allele⁴⁶. Similar interactions have been documented for obesity⁴⁷. Thus, other HLA x environmental/lifestyle factor interactions not evaluated here may account for some of the unexplained variance in the HLA-MS profile.

Limitations

Our findings provide novel insights highlighting the interaction of viral exposure and host immunogenetics on MS; however, there are several study limitations that must be considered. First, the analyses here are based on MS diagnosis without regard to subtype; as such, it is unclear to what extent the present findings apply to different forms of the disease. Second, the data utilized here was derived from populations of Continental Western European countries and may not extend to other geographic locations given the global variation in HLA^{48,49}, MS prevalence², and virus-MS associations^{50,51}. Third, it would be informative to evaluate immunogenicity of these viruses with regard to Class II HLA, particularly in light of the extensive literature documenting the relevance of Class II HLA in MS; however, we are not aware of any in silico application that allows for examination of both binding affinity and immunogenicity for Class II alleles akin to the approach we used here for Class I. Finally, we exclusively focused on the role of viruses in MS and on specific viral proteins, from several possible. The interplay between various environmental factors that have been linked to MS⁴³⁻⁴⁵ and the HLA-related MS-viral associations remains to be investigated.

Materials and methods

Prevalence of MS

The population prevalence of MS was computed for each of 14 countries in Continental Western Europe (Table 5). For each country, we identified the total number of people with each condition in 2019 from the Global Health Data Exchange⁵², a publicly available catalog of data from the Global Burden of Disease study, divided those values by the total population of each country in 2019⁵², and expressed the prevalence as percentage.

HLA alleles

We obtained the population frequency in 2019 of 69 common HLA Class I alleles from 14 Continental Western European Countries (Austria, Belgium, Denmark, Finland, France, Germany, Greece, Italy, Netherlands, Portugal, Norway, Spain, Sweden, and Switzerland)⁵³. The alleles and their mean frequencies (across countries) are given in Table 6.

MS-HLA susceptibility scores

We computed the covariance between the prevalence of MS and the population frequency of the 69 HLA Class I alleles of Table 6:

	Country	MS prevalence (%)
1	Austria	0.1060
2	Belgium	0.0968
3	Denmark	0.1513
4	Finland	0.1081
5	France	0.1164
6	Germany	0.1194
7	Greece	0.0463
8	Italy	0.1218
9	Netherlands	0.1182
10	Norway	0.1830
11	Portugal	0.0439
12	Spain	0.1090
13	Sweden	0.2051
14	Switzerland	0.1253

Table 5. Prevalence of multiple sclerosis in 14 CWE countries in 2019.

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MS – HLA susceptibility score =
$$\frac{1}{N-1} \sum_{i=1,N}^{i=1,N} (f_i - \overline{f})(p_i - \overline{p})$$
 (1)

where f_i , p_i denote allele frequency and MS prevalence for the *i*th country, respectively, and \overline{f} , \overline{p} are their means. A positive covariance indicates a positive association between MS prevalence and allele frequency, indicating MS susceptibility.

Viral antigens

For a given allele, we estimated the immunogenicity of typical proteins of 12 viruses that have been implicated in MS to varying degrees, namely 9 human herpes virus species (HHV1-HHV8), human polyoma JC virus (JCV), human endogenous retrovirus (HERV-W), and human papilloma virus (HPV), the latter of which has not been implicated in MS, to our knowledge, and serves as a negative control, Details of the proteins analyzed are given in Table 7 and their amino acid (AA) sequences are given in the Appendix, together with a short description of their function.

Determination of immunogenicity of HLA Class I alleles

The INeo-Epp method⁵⁴ was used for T-cell receptor (TCR) epitope prediction using the INeo-Epp web tool via the INeo-Epp web form interface⁵⁵. For that purpose, we split a given viral antigen (Table 6) to all possible 9-mer (nonamer) AA residue epitopes using a sliding window approach^{56–58} (Fig. 10) and submitted each epitope to the web-application together with a specific HLA allele. More specifically, we paired all epitopes with all alleles and obtained for each pair its percentile rank, a measure of binding affinity of the epitope-HLA allele complex; smaller percentile ranks indicate higher binding affinity. The web-application gave as an outcome a TCR predictive score for pairs with high binding affinities (percentile rank < 2); scores > 0.4 indicated positive immunogenicity and were analyzed further. We computed the following as a comprehensive measure of immunogenicity for quantitative analyses. Let K be the number of nonamers that showed positive immunogenicity (score > 0.4); then, K weighted by their average score \overline{w} , would serve as a good estimate of the overall effectiveness of a given allele, *I*, to induce immunogenicity for a given protein:

$$V - HLA \text{ immunogenicity score} = \overline{w}K$$
(2)

Association of V-HLA immunogenicities with MS-HLA susceptibility scores

We evaluated the association between MS-HLA susceptibility scores Eq. (1) and V-HLA immunogenicity scores Eq. (2) by computing the Pearson correlation between them for each HLA allele. The correlation coefficient obtained for each virus was squared and multiplied \times 100 to provide the percent of MS-HLA susceptibility explained (PVE) by the viral protein immunogenicity:

$$PVE = 100r^2 \tag{3}$$

Implementation of analysis procedures

The IBM-SPSS statistical package (version 27) was used for implementing standard statistical analyses, including descriptive statistics and measures of associations. Since we were testing explicitly only a negative association between virus immunogenicity and MS-HLA covariance, one-sided P-values were used. We did not correct for multiple comparisons because these were planned comparisons.

Class I								
Gene A Gene B Gene C						С		
	Allele	Frequency		Allele	Frequency		Allele	Frequency
1	A*01:01	0.1170	1	B*07:02	0.1009	1	C*01:02	0.0370
2	A*02:01	0.2715	2	B*08:01	0.0791	2	C*03:03	0.0506
3	A*02:05	0.0122	3	B*13:02	0.0238	3	C*04:01	0.1349
4	A*03:01	0.1501	4	B*14:01	0.0091	4	C*05:01	0.0716
5	A*11:01	0.0527	5	B*14:02	0.0275	5	C*06:02	0.0829
6	A*23:01	0.0237	6	B*15:01	0.0544	6	C*07:01	0.1472
7	A*24:02	0.1051	7	B*15:17	0.0104	7	C*07:02	0.1020
8	A*25:01	0.0139	8	B*15:18	0.0043	8	C*07:04	0.0146
9	A*26:01	0.0356	9	B*18:01	0.0609	9	C*12:02	0.0160
10	A*29:01	0.0058	10	B*27:02	0.0070	10	C*12:03	0.0678
11	A*29:02	0.0315	11	B*27:05	0.0435	11	C*14:02	0.0231
12	A*30:01	0.0165	12	B*35:01	0.0690	12	C*15:02	0.0370
13	A*30:02	0.0132	13	B*35:02	0.0187	13	C*16:01	0.0303
14	A*31:01	0.0295	14	B*35:03	0.0261			
15	A*32:01	0.0368	15	B*35:08	0.0111	1		
16	A*33:01	0.0116	16	B*37:01	0.0136	1		
17	A*33:03	0.0066	17	B*38:01	0.0276]		
18	A*36:01	0.0063	18	B*39:01	0.0146]		
19	A*68:01	0.0353	19	B*39:06	0.0069	1		
20	A*68:02	0.0220	20	B*40:01	0.0474	1		
			21	B*40:02	0.0212	1		
			22	B*41:01	0.0087	1		
			23	B*41:02	0.0056	1		
			24	B*44:02	0.0623	1		
			25	B*44:03	0.0431	1		
			26	B*44:05	0.0054	1		
			27	B*45:01	0.0090	1		
			28	B*47:01	0.0043	1		
			29	B*49:01	0.0220	1		
			30	B*50:01	0.0164	1		
			31	B*51:01	0.0640	1		
			32	B*52:01	0.0158	1		
			33	B*55:01	0.0129	1		
			34	B*56:01	0.0075	1		
			35	B*57:01	0.0278	1		
			36	B*58:01	0.0141	1		



Virus	Protein description	UniprotKB ID	N (AA)
HHV1	Envelope glycoprotein D	Q69091	394
HHV2	Envelope glycoprotein D	P03172	393
HHV3	Envelope glycoprotein E	Q9J3M8	623
HHV4	Envelope glycoprotein B	P03188	857
HHV5	Envelope glycoprotein B	P06473	906
HHV6A	Glycoprotein Q2	P0DOE0	214
HHV6B	Glycoprotein Q1	Q9QJ11	516
HHV7	Envelope glycoprotein H	P52353	690
HHV8	Envelope glycoprotein H	F5HAK9	730
JCV	Major capsid protein VP1	P03089	354
HPV	Major capsid protein L1	Q81007	494
HERV-W	Envelope protein	Q9UQF0	538

Table 7. Viral proteins used. HHV human herpes virus, JCV human polyomavirus, HPV human papillomavirus, HERV human endogenous retrovirus.



Figure 10. The sliding nonamer window approach used to determine exhaustively in silico the immunogenicity of all possible consecutive nonamers in a protein, illustrated here for HHV3.

Ethical approval

This article does not contain any studies with human participants performed by any of the authors.

Data availability

All data used were retrieved from freely accessible websites [⁵²; http://ghdx.healthdata.org/gbd-results-tool], [⁵³; http://allelefrequencies.net/hla6006a.asp], and, as such, are publicly and freely available.

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Author contributions

L.M.J. extracted disease prevalence and populations data. A.P.G. extracted allele frequencies and performed data analysis. L.M.J. and A.P.G. wrote and reviewed the paper.

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Competing interests

The authors declare no competing interests.

Additional information

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