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OPEN The consequences of tetraploidy on Caenorhabditis elegans physiology and sensitivity to chemotherapeutics

Kelly R. Misare^{1,4}, Elizabeth A. Ampolini^{1,4}, Hyland C. Gonzalez¹, Kaitlan A. Sullivan¹, Xin Li², Camille Miller², Bintou Sosseh², Jaclyn B. Dunne¹, Christina Voelkel-Johnson³, Kacy L. Gordon² & Jessica H. Hartman^{1⊠}

Polyploid cells contain more than two copies of each chromosome. Polyploidy has important roles in development, evolution, and tissue regeneration/repair, and can arise as a programmed polyploidization event or be triggered by stress. Cancer cells are often polyploid. C. elegans nematodes are typically diploid, but stressors such as heat shock and starvation can trigger the production of tetraploid offspring. In this study, we utilized a recently published protocol to generate stable tetraploid strains of C. elegans and compared their physiological traits and sensitivity to two DNAdamaging chemotherapeutic drugs, cisplatin and doxorubicin. As prior studies have shown, tetraploid worms are approximately 30% longer, shorter-lived, and have a smaller brood size than diploids. We investigated the reproductive defect further, determining that tetraploid worms have a shorter overall germline length, a higher rate of germ cell apoptosis, more aneuploidy in oocytes and offspring, and larger oocytes and embryos. We also found that tetraploid worms are modestly protected from growth delay from the chemotherapeutics but are similarly or more sensitive to reproductive toxicity. Transcriptomic analysis revealed differentially expressed pathways that may contribute to sensitivity to stress. This study reveals phenotypic consequences of whole-animal tetraploidy that make C. elegans an excellent model for ploidy differences.

Polyploidy—the presence of more than two full sets of chromosomes in a cell—can be brought about during stress to the cell/tissue/organism or arise due to programmed developmental events. Programmed polyploidization has been widely recognized as important in evolution and fitness¹, development², tissue repair³, and regeneration⁴. In vertebrates, most tissues are mainly diploid, but a high frequency of polyploidy occurs in vascular smooth muscle⁵, brain⁶, heart⁷, and liver^{8,9}.

In both heart and liver, polyploidy occurs in the forms of mononucleated and multinucleated cells and has suggestive ties to regenerative potential of these tissues. Interestingly, there is wide species-level variation in the extent of heart polyploidy. Mammals exhibit 90-99% polyploidy in the adult heart while zebrafish and newts have just 1-2% polyploid cardiomyocytes. It has been suggested that high rates of polyploidy in the heart may be responsible for the lack of regeneration in this tissue in mammals⁷. By contrast, the liver contains approximately 30–50% polyploid hepatocytes in adult humans and 90% polyploid hepatocytes in adult mice⁹, and an impressive capacity for regeneration has been observed in both species.

In addition to developmentally programmed polyploidy, spontaneous polyploidization can occur as a result of stress or injury. Liver regeneration after a partial hepatectomy of two-thirds of the liver results in increased polyploidy through mechanisms distinct from those acting during development¹⁰. Other stressors can drive polyploidization in liver, including non-alcoholic fatty liver disease¹¹ and hepatotoxicant exposures such as carbon tetrachloride⁹. There is evidence that ploidy changes in the liver are linked to hepatocellular carcinogenesis¹² and can drive recurrence/relapse of some tumors¹³. For example, Polyploid Giant Cancer Cells (PGCC) are a

¹Department of Biochemistry and Molecular Biology, College of Medicine, Medical University of South Carolina, Charleston, SC 29425, USA. ²Department of Biology, College of Arts and Sciences, University of North Carolina, Chapel Hill, NC 27599, USA. ³Department of Microbiology and Immunology, College of Medicine, Medical University of South Carolina, Charleston, SC 29425, USA. ⁴These authors contributed equally: Kelly R. Misare and Elizabeth A. Ampolini. ^{III}email: hartmanj@musc.edu

heterogenous, senescent population of cells that contain a > 4n genome, evade radiation or chemotherapeutic treatments, and can later repopulate the tumor and metastasize¹³. PGCCs are thought to form due to stress from hypoxia, interstitial fluid pressure in tumors, or cancer chemo- and radiation therapies themselves. The development of PGCCs supports the notion that polyploid cells have a higher capacity to respond to and survive in stressful environments. Collectively, diverse studies of polyploidization suggest that it may be a conserved mechanism for stress mitigation.

Studies dating back over 70 years establish that full-body polyploidization can be induced in *Caenorhabditis elegans* by stressing the animals via starvation or heat shock¹⁴. Recently, a new method for inducing and culturing stable polyploid *C. elegans* lines was developed. The method uses RNAi to knock-down a gene encoding a meiosis-specific cohesion protein, *rec-8*, for two generations and produces tetraploid progeny in the third generation. Tetraploid worms are longer than diploid worms, which allows for visual selection of tetraploids and the establishment of stable lines with 100% transmission of tetraploidy. *C. elegans* is a particularly attractive model to study the cellular and organismal effects of polyploid given the genetic tools available, its fully sequenced and highly annotated genome, and the ability to grow large, genetically homogenous populations under different experimental conditions. Furthermore, the transparent body of *C. elegans* allows visualization of tissue architecture and fluorescent stains and proteins in living animals.

In this study, we use this powerful polyploid *C. elegans* model to further our understanding of the physiological effects of polyploidy. We first evaluated the physiological and metabolic consequences of tetraploidy in worms by measuring their body size, lifespan, transcriptional profiles, and mitochondrial respiration. We then explored the relative sensitivity of these tetraploid worms (compared to diploid) when exposed to genotoxic chemotherapeutics cisplatin and doxorubicin. We tested two exposure paradigms: the effect on growth of a developmental drug exposure beginning at the L1 larval stage, and the effect on reproduction of a late L4 larval exposure. Together, the results of our study reveal key differences between diploid and tetraploid *C. elegans* and lay the foundation for future work in the study of polyploidy—especially interactions of ploidy and resilience to genotoxic stress—using *C. elegans* as a model.

Materials and methods

C. elegans strains

The N2 (wild-type, diploid) *C. elegans* strain was provided by the *Caenorhabditis* Genetics Center (CGC), which is funded by NIH Office of Research Infrastructure Programs (P40 OD010440). Stable tetraploid N2 *C. elegans* lines were generated using methods previously published^{15,16}. In short, wild-type N2 worms were fed HT115 *E. coli* transformed to contain *rec-8* RNAi (sequence W02A2.6, Ahringer library¹⁷) to knock down a gene required for proper pairing and disjunction of chromosomes during meiosis. Inhibition results in *C. elegans* polyploidy within two generations. Tetraploid worms in the third generation were identified by visual inspection due to their *lon* phenotype (they are 20–30% longer than diploid worms). Singled tetraploid worms were allowed to self-fertilize, and the degree of tetraploidy was determined in the offspring. Three independent lines with high penetrance (100%) of long offspring were propagated by picking long worms, until 100% transmission of the long phenotype was obtained (after 15–35 generations). Tetraploidy was confirmed in each generation by counting DAPI stained chromosomes in unfertilized oocytes of at least 25 gravid adult worms using a Leica DMi8 Thunder Imager inverted microscope. Once stable tetraploid lines were established with 100% tetraploid offspring, all worms were maintained on OP50 K-agar plates¹⁸ at 15 °C. One stable tetraploid line HAR001 (*jhh417*) was selected for downstream analysis.

Chemotherapeutics and dosing C. elegans

The chemotherapeutics (Cisplatin, Teva Pharmaceuticals and Doxorubicin, Hikma Pharmaceuticals) used in this study were obtained from the Medical University of South Carolina Hospital Pharmacy at concentrations of 1 mg/mL for cisplatin and 2 mg/mL for doxorubicin. *C. elegans* were exposed to external doses of 500, 250, 100, 50, 25, and 0 μ M cisplatin and 250, 100, 50, 25, 5, and 0 μ M doxorubicin diluted in 9 mg/mL sodium chloride solution pH 3.6 (the diluent in the commercial infusions). Briefly, 1.2 mL of the cisplatin solutions and 1 mL of doxorubicin solutions were added to 6 cm OP50 K-agar plates and allowed to absorb/dry at 33 °C for approximately 1 h, or until the surface was completely dry. Appropriate stage *C. elegans* were then cultured on these plates for 24–48 h (depending on the experiment).

Size and growth assessments

Diploid and tetraploid *C. elegans* populations were synchronized via egg lay. Briefly, gravid adults were plated on OP50 K-agar plates and allowed to lay eggs for 4 h at 15 °C. Adults were then washed off the plates with K-medium¹⁸ leaving unhatched eggs behind; they were incubated at 15 °C for 23 h allowing eggs to hatch. At 24 h post egg lay, L1 larvae were washed off plates, counted in liquid droplets, and plated at approximately 100 worms per plate on control or drug-treated 6 cm OP50-seeded K-agar plates. For growth assays the control plates (0 μ M) were treated with the chemotherapeutic drug diluent 9 mg/mL sodium chloride, pH 3.6. Worms were incubated on the specified treatment plates for 3 days and subsequently imaged using a Leica M165 FC dissecting microscope. The Image J WormSizer plugin¹⁹ was used to measure length and volume of each worm.

For developmental staging experiments, age-matched embryos were obtained by egg lay (4-h egg lay at 15 °C) and allowed to develop for 96 h. Following, ~ 50 worms were picked onto 2% agarose pads on microscope slides and paralyzed with 10 mM sodium azide for 5 min before a coverslip was placed on the slide. The worms were then visualized with a Leica DMi8 Thunder Imager with brightfield under a $20 \times$ objective, allowing close visual inspection of vulval morphology as described²⁰.

Worm gonad images for length and – 1 oocyte area measurements were taken of young adult animals aged 24 h post mid-L4 in DIC with a Leica DMI8 with a x63 Plan-Apochromat (1.4 NA) objective and an ORCAFusion GenIII sCMOS camera (Hamamatsu Photonics) controlled by microManager²¹ and measured manually in FIJI²².

DAPI staining

DAPI staining was done by modifying standard protocols (Francis and Nayack, 2000), with the cold methanol fixation done for a shorter time (2.5 min) and the concentration of DAPI higher at 1 μ g/mL in 0.01% Tween in PBS in the dark for 5 min, washed once with 0.1% Tween in PBS. Samples were briefly stored at 4 °C in 75% glycerol and imaged directly in glycerol solution on a Leica DMi8 with an xLIGHT V3 confocal spinning disk head (89 North) with a ×63 Plan-Apochromat (1.4 NA) objective and an ORCAFusion GenIII sCMOS camera (Hamamatsu Photonics) controlled by microManager (Edelstein et al. 2010). DAPI was excited with a 405 nm laser. Worms were mounted on agar pads in 75% glycerol.

Proliferative zone and DAPI body measurements

Images of DAPI-stained young adult worm gonads (above) were analyzed for proliferative zone length and number of mitotic figures. Measurements were made in FIJI from the distal end of the gonad to the transition zone, which is the distal-most row of germ cells with more than one crescent-shaped nucleus. Mitotic figures were counted manually as metaphase or anaphase DAPI bodies. Observations of 0 mitotic figures were counted in the analysis. In the proximal gonad, the -1 oocyte (when visible) was imaged and DAPI bodies in the nucleus were counted.

Embryo in eggshell measurements

Gravid adult hermaphrodites were cut with hypodermic needles in depression slides in M9 to release embryos, and embryos were mounted on agar pads in M9, coverslipped, and imaged on the Leica confocal system described above. Cross-sectional area was measured in FIJI in a central plane of focus.

Reproduction measurements

Diploid and tetraploid *C. elegans* populations were synchronized via egg lay as described above. Egg plates were incubated at 15 °C for approximately 3 days to allow larvae to develop to L4 stage. L4 stage worms were then washed off the plates, counted by liquid droplet, and plated at approximately 100 worms per plate to control or drug-treated 6 cm OP50-seeded K-agar plates (freshly-made as described above on the same day worms reached L4 stage). The worms were incubated on these plates at 15 °C for 24 h.

To measure brood size and any reproductive defects brought about by ploidy differences and/or drug exposure, worms were picked and individually housed on normal OP50 plates (5 worms per group with experiments performed in triplicate). Each worm was transferred to a new plate every 48 h. The eggs on the plates were allowed to hatch for 48 more hours and then counted for viability (hatched larvae vs. unhatched eggs). This process was continued for the duration of the original worm's reproduction. Because of the 15 °C rearing temperature, the timing of this brood size assay is different than a typical brood size assay conducted at 20 °C rearing temperature.

To measure relative apoptosis in the germline, we adapted a previously published protocol for acridine orange staining²³. Briefly, after 24 h of drug-exposure as described above, approximately 50 worms were picked to a normal OP50 plate and allowed to recover for two days. At this point 0.5 mL of 75 μ g/mL acridine orange (abbreviated AO, Invitrogen, Fisher Scientific, Waltham, MA) solution was added dropwise and spread to coat the plate. Worms were incubated in the stain for 1 h then promptly picked to a fresh OP50 plate and allowed to recover (de-stain) for at least 3 h. 15–25 stained worms were then mounted to a 2% agarose pad on a microscope slide, paralyzed using 2.5 mM levamisole and imaged using a Leica DMi8 Thunder Imager inverted microscope (ex. 470 nm/em. 510 nm). The worms were examined and scored for apoptotic bodies in the germline.

Lifespan studies

Diploid and tetraploid *C. elegans* populations were synchronized via egg lay as described above. Egg plates were incubated at 15 °C until larvae had developed to L4 stage (approximately 3 days). At L4 stage, 40 worms for each group were picked to new OP50 plates at 15 °C and monitored daily until natural death. Individuals that were lost from the plate or that died due to manipulation or bagging were censored. Worms were considered dead upon no response to three harsh touches with a platinum wire. During reproduction, they were transferred every three days to avoid confusion with any adult offspring. At 15 °C, offspring take ~75 h to reach adulthood and ~90 h to lay their first egg²⁴ and will not be confused with the parent if the parent is transferred every three days.

Mitochondrial respiration

Oxygen consumption rates (OCR) were collected as a measure of mitochondrial respiration using Resipher by Lucid Scientific, Inc. The Resipher system consists of a Resipher $32\times$ device for continuous OCR measurement, sensing lids for use on standard 96-well plates, and a central hub computer for real time data streaming. Raw oxygen concentration gradient of the liquid culture media is collected in real time as well as temperature and humidity conditions. Oxygen flux calculations are made continuously after a 2 h initial equilibration period during which the media oxygen concentration gradient is established. The Resipher instrument allows for real time OCR measurement in living *C. elegans* in liquid culture. For these experiments, wells were seeded with age-synchronized L4-stage *C. elegans* at a density of 20 worms per well with complete K+ media, OP50 *E. coli* as a food source, and either vehicle (DMSO) or the ATP synthase inhibitor DCCD at 5 or 20 μ M. *E. coli* was seeded into LB from a frozen glycerol stock and allowed to grow to saturation in 16 h at 37 °C with shaking at 200 rpm.

Following overnight growth, the cultures were centrifuged to remove LB and resuspended in K+ and added to wells at $0.4 \times$ concentration from the original saturated culture, as is standard for our liquid cultures^{25–27}. Media blanks including *E. coli* were also included in all experiments. Worms were dosed in quadruplicate and oxygen consumption was collected by the Resipher continuously for 24 h. Lethality was assessed visually and manually (worms were prodded with a platinum wire) following the experiments. Experiments were repeated a total of five times and data pooled.

Transcriptional analysis with RNA-seq

To determine the transcriptional changes underlying the phenotypic differences between tetraploid and diploid worms, whole-genome transcriptomic analysis was done by RNA-seq. Worms were synchronized by egg lay, after first determining that the development is not significantly different between ploidy groups (Fig. 1e). In each group, 3000 worms were pooled in each replicate for three biological replicates. Twenty-four hours after egg lay, L1 stage worm exposures were carried out to vehicle, $5 \,\mu$ M cisplatin, and $5 \,\mu$ M doxorubicin for 72 h at 15 °C as described earlier, except on large 10 cm plates to accommodate larger numbers of worms. In this amount of time, both the diploid and tetraploid animals are at the L4 larval stage, and none have developing embryos inside of them. This time point was selected to avoid measuring embryonic gene expression.

Following exposure, worms were washed off plates into 15 mL centrifuge tubes and washed three times to remove bacteria. Wild-type young adult worms clear their guts of bacteria in less than 2 min in liquid²⁸, therefore the L4-stage worms would have cleared their guts during these washing steps (~10 min). Worms were transferred to 1.7 mL Axygen tubes, allowed to gravity settle and as much liquid as possible removed from the tube. The worms were then suspended in 1 mL RLT buffer (Qiagen RNeasy kit) containing β -mercaptoethanol and flash-frozen in liquid nitrogen. After all replicates were complete and frozen, the samples were thawed and homogenized using a Bullet Blender by Next Advance (product number Storm Pro BT24M) at power setting 8 with 0.5 mm Zirconia/Silica beads. Samples were homogenized in five consecutive cycles with 30 s homogenization, 1 min cooldown on ice until complete homogenization was observed under a dissecting microscope. The homogenate was then transferred to a new microcentrifuge tube and incubated at room temperature for 5 min to promote dissociation of nucleoprotein complexes. Next, homogenates were centrifuged at $12,000 \times g$ for 15 min at 4 °C and the supernatant (approx. 600 μL) was mixed with an equal volume of 70% ethanol and loaded onto an RNA purification column (RNeasy, Qiagen). The purification was then carried out according to manufacturer's instructions, including the optional on-column digestion with DNaseI to remove genomic DNA contamination. RNA quality check (yield, purity, and integrity), cDNA library construction, and Illumina sequencing were performed by NovoGene (Beijing).

Raw data of fastq format were processed by Novogene to remove adapter reads and low-quality reads. The clean paired-end reads were then mapped to the reference genome (wbcel235) using Hisat2 v2.0.5. Mapped reads were assembled by StringTie (v1.3.3b) and featureCounts v1.5.0-p3 was used to count the reads numbers mapped to each gene. Finally, the FPKM of each gene was calculated based on gene length and reads counts. Differential expression was performed using the DESeq2 R package (1.20.0). Genes were considered as differentially expressed if they had an absolute log₂fold change of >0.5 and q (adjusted p-value) <0.05. Gene Set Enrichment Analysis was performed using the easy Visualization and Inference Toolbox for Transcriptome Analysis (eVITTA), which been validated in *C. elegans* datasets²⁹ and uses up-to-date and species-specific databases for gene ontology. Pathways were considered to be enriched if the q (adjusted p-value) <0.05. Raw RNA-seq data have been deposited in the National Center for Biotechnology Information's GEO and are accessible through GEO series accession number GSE232747.

Statistical analyses

GraphPad Prism was used to perform statistical analysis. For all analyses, one- or two-way ANOVA tests were used, as appropriate, to determine the effect of ploidy and/or ploidy vs. treatment. Survival curves were generated using GraphPad Prism and statistical significance was determined using the Log-rank (Mantel-Cox) test. For RNA-seq data, differentially expressed genes were considered to be significant if they had a log₂ fold change greater than 0.5 and an FDR-adjusted p-value less than 0.05. In eVITTA GSEA pathway analysis, enrichment was considered significant if the p and q values were less than 0.05.

Results

Tetraploid C. elegans are larger and shorter-lived compared to diploid worms

After establishing stable tetraploid lines (Fig. 1a,b), we first evaluated the size of the animals relative to the genotype-matched diploid strain. The tetraploid worms were approximately 30% longer at young adulthood: the average length of Day 1 adult tetraploid worms was 1433 μ m while diploid was 1119 μ m. (Fig. 1c). This accords with previously published results^{15,16}. We also observed that the lifespan of tetraploid worms was significantly reduced compared to diploid worms (Fig. 1d, individual traces shown in Supplemental Data Fig S1). The combined curves from all four replicates show a significant (p < 0.001) reduction in median lifespan from 20 to 17 days (Fig. 1d). Given the reduced lifespan, we also measured the developmental rate by allowing populations of synchronized embryos to develop to the L4 stage, which can be easily identified by vulval morphology visualized in brightfield microscopy²⁰. We found that at 96 h post-egg lay, both diploids and tetraploids were mostly L4 stage, with no significant difference in the staging between the ploidy groups (Fig. 1e).



Figure 1. Tetraploid worms are longer and shorter-lived than diploid worms. (**a**,**b**) Fluorescence image of DAPIstained diploid and tetraploid worm mid-bodies, respectively. Insets highlight the two most mature unfertilized oocytes, during which stage the chromosomes condense into DAPI bodies that can be counted. Hermaphrodite diploid worms have 5 autosomes and 1 X-chromosome for a total of 6 DAPI bodies, while tetraploid worms have double (12). (**c**) Length of worms was determined using brightfield microscopy images and the WormSizer plugin on ImageJ. Data are compiled from > 8 biological replicates and > 150 worms per ploidy group. Asterisks represent p < 0.001, Student's unpaired *t*-test. (**d**) Lifespan curves for diploid and tetraploid worms are combined from four biological replicates (total N = 142 (diploid) and N = 128 (tetraploid); for individual traces, see Supplemental Fig. S1). Asterisks represent significantly different survival curves p < 0.001, Mantel–Cox Log-rank test. (**e**) Developmental staging at 96 h post egg-lay. Age-matched embryos were obtained via egg lay with gravid adults, then allowed to develop for 96 h before larval staging was determined using morphological analysis of vulval development²⁰. The distribution of stages was not significantly different between ploidies (p = 0.32, Chi squared test).

Despite a larger body size, tetraploid worms do not respire more and are not more sensitive to inhibition of ATP synthase

We anticipated that due to the larger size of tetraploid worms, they may require a higher rate of mitochondrial respiration. To test this, we measured the real-time oxygen consumption rate beginning at the L4 stage for 24 h (Fig. 2a). During this stage of development into adulthood, the oxygen consumption increased throughout the 24 h period. However, we discovered there is not a significant difference in tetraploid *C. elegans* respiration compared to diploid animals (Fig. 2b). Respiration was similar at all timepoints spanning L4 to young adult stages, and respiration of both strains was similarly inhibited by the ATP synthase inhibitor DCCD. Inhibition of ATP synthase by DCCD allows for the indirect measurement of oxygen consumption coupled to ATP production³⁰. We also evaluated survival following the respiration measurements and observed that both strains were sensitive to lethality from ATP synthase inhibition by DCCD to a similar degree (Fig. 2c). We observed high variability in lethality at the 5 µM dose, but no consistent differences between the ploidy groups. Taken together these



Figure 2. Despite larger size, polyploid worms do not have higher respiration than diploid worms. (a) Timeline of dosing and measurements. For experiments, age-matched embryos were obtained via egg lay with gravid adults, then raised to the L4 stage at 15 °C. Worms were then picked into 96-well plates for Resipher (Lucid Scientific) analysis at a density of 20 worms/well in a volume of 100 μ L containing OP50 *E. coli* bacteria for food and vehicle (0.5% DMSO), 5 μ M, or 20 μ M DCCD (ATP synthase inhibitor). OCR was measured continuously for 24 h, following which lethality was visually assessed under the microscope after a harsh touch with a platinum wire. (b) Shows OCR at 4 h time intervals throughout the measurement, normalized per worm. Each data point shown is the average of 4 technical replicates. Experiments were carried out in 4 biological replicates. Bars and error bars show the mean and SEM, respectively. No significant differences were observed between ploidy groups in a two-way ANOVA with Bonferroni-adjusted post testing for individual comparisons. (c) Shows the lethality following DCCD exposure in the Resipher plate. No significant differences were observed between ploidy groups.

results indicate that while tetraploid worms are approximately 30% larger, they are not increasing mitochondrial respiration to compensate for their larger size.

Diploid and polyploid worms do not differentially express genes related to mitochondrial function or energy metabolism

We performed mRNA sequencing to examine transcriptional differences between the ploidies. Pathway analysis revealed the most up- and down-regulated pathways (Table 1). Interestingly, many pathways involved in DNA and RNA synthesis and handling and nuclear division were downregulated in tetraploid worms, while upregulated pathways included signaling pathways, unfolded protein response, major sperm protein, and structural pathways involving collagen.

In agreement with our findings that tetraploid worms do not respire at higher rates than diploid worms, we did not see significant enrichment in genes related to mitochondrial function between diploid and tetraploid worms, or enrichment of other energy metabolism pathways such as glycolysis or fatty acid oxidation. We did see a trending significance of sphingolipid pathways, which have been previously implicated in polyploid cancer cells³¹. In contrast to studies in cancer cells, we observed no change or downregulation of the ceramides in our study (Supplemental Fig. S2). Together, these results suggest that there is not a dramatic difference in energy requirements between diploid and tetraploid worms.

Polyploidy reduces reproductive output and robustness of chromosomal segregation while not affecting key features of the germline proliferative zone

We evaluated the reproductive fitness of tetraploid worms compared to diploids by measuring total brood size and reproductive defects (dead unhatched embryos and sterility, Fig. 3a). We observed a significant reduction in brood: approximately 70%, in viable offspring, ~100 offspring per tetraploid worm compared to ~300 for diploid worms (Fig. 3b), which agrees with previous findings³². Additionally, the percentage of unhatched embryos was significantly increased in tetraploid worms, >13%, compared to just ~3% in the diploids (Fig. 3c). While tetraploid worms lay fewer eggs in total, this alone does not account for the decrease in viable offspring; tetraploid worms also experience increased frequency of nonviable fertilized eggs.

Some dead embryos are suspected to be an euploid (having inherited the wrong number of chromosomes.) We therefore examined the embryos and went upstream to examine the germline for defects. Apparently healthy tetraploid embryos (eggs laid on the plate with an embryo visible inside and not an older unhatched egg) are $\sim 1.50 \times larger$ in cross-sectional area than diploid embryos (Fig. 4b), implying the size difference that persists throughout life is evident from embryogenesis. The -1 oocyte (the oocyte next to the spermatheca, which is the most mature oocyte in the gonad arm and is about to be ovulated) of tetraploids is $\sim 1.33 \times larger$ (Fig. 4c).

Since physiological apoptosis in the germ line serves a nurse-cell-like function in oogenesis, we hypothesized that larger oocytes might be correlated with more apoptosis. We used acridine orange staining to evaluate any differences in the number of apoptotic germ cells between the groups (Fig. 3d-f). Our experiments showed a significant increase in germline apoptosis in tetraploid *C. elegans* compared to the diploids. There is evidence that binucleate germ cells are removed by physiological apoptosis in *C. elegans* diploids³³, so it is possible that aneuploidy in the meiotic germline is responsible for the elevated rates of apoptosis we observe. These hypotheses—that aneuploidy causes elevated apoptosis and elevated apoptosis increases oocyte size—are not mutually exclusive.

While we interpret decreased brood size and increased embryonic death as evidence for an euploidy, these fertility defects may be attributable to other causes. We next assayed an euploidy directly in the -1 oocyte by DAPI staining, in which DAPI bodies can be individually counted. Normalizing to the expected number of bivalents (six for diploids and 12 for tetraploids, see Fig. 4d), the tetraploids (N = 30) display significantly more an euploidy than diploids (N = 39, mean difference from expected is 15.8% vs. 6.5% for diploids, Welch's *t*-test, t = 3.4206, df = 49.924, p-value = 0.001254).

An euploidy is also reflected in the frequency of male offspring because the male sex is specified in *C. elegans* by a 0.5:1 X:Autosome ratio (hermaphrodites have a 1:1 ratio). In diploid worms, hermaphrodites have two X chromosomes, and males spontaneously arise via an euploidy of the X. We observed a tenfold increased rate of males in the tetraploid lines (mean frequency 1.43%, \pm 0.33% standard error of the mean, compiled counts from 14 independent plates with n > 100 adults/plate) compared to diploid wild-type animals, which have a frequency of males between 0.1–0.3%^{34–36}. A higher incidence of males provides additional support for the higher rate of aneuploidy in the tetraploid lines.

Going further upstream in the gonad, we found that tetraploid gonads were nearly 20% shorter than diploid gonads (single gonad arm measured from distal tip to spermatheca, Fig. 4a,e). The proliferative zones (between the distal tip and the crescent-shaped pachytene nuclei in the meiotic region) were not significantly different in length (Fig. 4f), and the incidence of germ cell division also did not differ (Fig. 4g). Taken together, tetraploids have roughly the same amount of germ cell proliferation in the same size gonad region, followed by significantly more apoptosis in a germline making larger eggs and embryos. This leads to the gonad length being diminished.

Polyploidy modestly protects against drug-induced growth delay

After evaluating the physiological differences between tetraploid and diploid worms, we wanted to test their resilience in the face of stressors. At the simplest level, polyploidy may protect cells during stress by buffering DNA damage with more functional copies of each gene. Therefore, we tested the impact of tetraploidy on sensitivity to DNA damage-inducing chemotherapeutic drugs cisplatin and doxorubicin. Cisplatin and doxorubicin both intercalate into DNA and cause DNA lesions through alkylating nucleotides, and in the case of cisplatin, causing DNA crosslinks. We exposed diploid and tetraploid worms to these agents by adding the drugs to agar

Pathway	P value	Q value	Affected genes (leading edge)*
Down-regulated in tetraploids compared to diploids			
DNA replication	0.00282	0.0175	orc-1,2,4,5; mcm-2,3,4,5,6,7,10; evl-18; mus-101; cdc-6; div-1; colt-1; pole-1; pola-1; pri-1,2; rfc-1,3,4; crn-1; psf-1,2,3; dna-2; sld-5
Nuclear pore complex disassembly/SUMOylation	0.00334	0.0156	npp-2,3,5,10,11,12,14,15,16,18,19,22,23; cyb-1,2.1,2.2; rae-1, ran-5
Mitotic spindle assembly	0.00297	0.0175	rsa-1; ds-3; icp-1; hcp-3,4; air-1; klp-15, 16; tpxl-1; mdf-1; spd-2; znf-207; bmk-1
Mismatch repair	0.00306	0.0213	rfc-1,2,3,4: rpa-1,2: lig-1; pcn-1; msh-2,6; exo-1; mlh-1; pms-2
Polar body extrusion after meiosis	0.00312	0.0175	zen-4; klc-1; egg-3,4.5; plk-1; kca-1; fzy-1; cyp-31a2; ani-1; cyk-4, ify-1
Embryonic digestive tract morphogenesis	0.00304	0.0175	mom-2,4,5; mig-5,14; lin-35,36,53; dsh-2; had-1; eft-1; let-418; ubc-18; src-1; mes-1
mRNA processing	0.00324	0.0156	cpsf-1,2,3,4; ncbp-1,2; fjpp-1; symk-1; pabp-1; pap-2,3; cfim-1; clpf-1; cpf-1,2; suf-1; pcf-11
Signaling: WNT	0.00321	0.0266	s)s-1; mom-2,4; mig-5,14; dsh-2; hmp-1,2; sop-3
Up-regulated in tetraploids compared to diploids			
Peptidyl serine phosphorylation	0.00107	0.0175	sgk-1; spe-6; ttbk-2; unc-431 tpa-1; rskn-2; kin-20
Peptidyl tyrosine phosphorylation	0.00118	0.0175	fık-1; kin-5,14,21,24,26; spe-8; egl-15, src-2
Cytoskeleton: microtubule	0.00108	0.0222	ttbk-2,5; rmd-3,6; ptl-1; tba-7; ttll-15
Peptidyl tyrosine dephosphorylation	0.00112	0.0175	moa-1; ptp-1,5.1,5.2; dep-1; cdc-25.4; tns-1; vhp-1
Negative regulation of endopeptidase activity	0.00125	0.0175	mlt-11; spi-1; mig-6; tep-1; bli-5
Molting cycle, collagen and cuticle-based	0.00125	0.0175	qua-1; nas-36,38; ptr-1,3,4,10,11,14,18,23; noah-1,2; bed-3; daf-6; toh-1; nyrf-1; pan-1
Signaling: Hedgehog-like	0.00118	0.0222	grd-2,6,14; qua-1, ptr-18; wrt-6,8,10; hhat-1; grl-4,5,7,10,16,21,27; hog-1; daf-6
Endoplasmic reticulum unfolded protein response	0.00132	0.0175	pqn-74; abu-6,7,8,10,11; col-109; uggt-2
Collagen and cuticulin-based cuticle development	0.00296	0.0175	sqt-1,3; dpy-5,18; bit-1,2; col-14,34
PERK-mediated unfolded protein response	0.00301	0.0175	nas-38; lgmn-1; acl-12; cbp-3; tbb-6
Major sperm protein	0.00135	0.0222	msp-3,19,31,33,36,38,40,45,49,50,51,53,55,56,57,59,64,76,77,78,79,81,113,142,152
Anatomical structure development/collagen	0.00106	0.0175	col-3,14,33,38,41,46,48,58,62,68,71,76,77,92,97,104,107,109,110,111,113,115,118,125,131,133,137,138,146,147,149,150,154,157,166,167,168,169,170,172,174,180; nam-2; sqf-3; bli-1,2,6; dpy-3,7,9; rol-8
Table 1. Significantly enriched pathways i Supplemental Data.	in tetraploi	d vs. diple	id worms. *Unnamed genes annotated with only genomic positions are not shown for space and clarity, but are available in

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Figure 3. Polyploidy reduces reproductive fitness. (a) Timeline of reproduction measurements. For experiments, age-matched embryos were obtained by an egg lay with gravid adults on day 1. On day five worms were singled (five per group) to individual plates and allowed to lay eggs. They were moved to new plates every 48 h a total of three times, and the eggs were allowed to hatch for an additional 48 h before the plates were counted. Live embryos were counted and summed for brood size; eggs unhatched after 48 h were considered dead embryos. Worms that did not produce any eggs at all were counted as sterile. (b) Brood size for diploid and tetraploid worms compiled from 5 to 6 biological replicates (N=15–20 for each dose). Each data point represents the summed total living offspring from a single worm. (c) Percent unsuccessful reproduction events calculated from the same 5–6 biological replicates. Unhatched eggs (dead embryos) were counted and divided by the total eggs laid (viable larvae + unhatched eggs). Each data point represents the percent of unhatched eggs from a single worm. (d,e) Representative images of acridine orange staining. Germ cells undergoing apoptosis are indicated with arrowheads. On day 5 worms not picked for reproduction experiments were exposed to 75 µg/mL AO for 1 h, then removed and allowed to recover for 3 h prior to imaging. (f) Quantification of AO positive cells per worm in diploid and tetraploid worms. ***p<0.001, **p=0.002, Student's unpaired *t*-test.

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Figure 4. Tetraploid worms produce larger offspring with a shorter total germline length. (a) Schematic representation of the two symmetrical U-shaped arms of the *C. elegans* hermaphrodite germline that join at a common uterus. Key features are annotated including the distal tip cell, spermatheca, – 1 oocyte, and proliferative zone. Figure created using Biorender.com. (b) Area of embryos (Diploid N=49, Tetraploid N=58). (c) Area of – 1 oocyte (Diploid N=19, Tetraploid N=25). (d) Observed number of bivalents, expected number of bivalents shown by the black dotted line for diploids (6) and red dotted line for tetraploids (12). Normalizing to the expected number of bivalents, the tetraploids (N=30) display significantly more aneuploidy than diploids (N=39, mean difference from expected is 15.8% vs. 6.5% for diploids, Welch's *t*-test, t=3.4206, df=49.924, p-value=0.001254. (e) Length of gonad measured from distal tip to the spermatheca (Diploid N=21, Tetraploid N=27). (f) Length of proliferative zone (Diploid N=59, Tetraploid N=54). (g) Observed mitotic figures (Diploid N=24, Tetraploid N=41). ****p<0.0001, Student's unpaired *t*-test.



Significantly Enriched Pathways Altered by Drug Exposure

Figure 5. Tetraploid worms are modestly protected from growth delay at high doses of chemotherapeutics. (a) Timeline of dosing and measurements. For experiments, age-matched embryos were obtained by an egg lay with gravid adults on day 1. Eggs were allowed to hatch for 24 h and larvae were counted and moved to plates containing cisplatin or doxorubicin. The worms developed at 15 °C on drug plates for 72 h (until the L4 stage), at which point they were either imaged for size determination or frozen down for RNA isolation. (**b**,**c**) Show dose-dependent effects on growth for cisplatin and doxorubicin, respectively (N = 50–104 worms for each dose, compiled from 4 independent replicates). Growth data is shown as relative size compared to the control (due to size differences between diploid and tetraploid control worms). Asterisks represent significance in a two-way ANOVA (ploidy vs. dose) with Bonferroni-corrected p <0.05 in multiple comparison post testing. (**d**) Gene Set Enrichment Analysis relative to each ploidy and treatment to the untreated control of the same ploidy using eVITTA revealed top significant pathways altered in drug-exposed L4-stage worms with FDR-adjusted p <0.05. Figure shows overlaps in these altered pathways among all treatment groups.

plates and placing the worms on those plates for 72 h beginning at the L1 stage. After 72 h, we imaged the worms and measured their length (Fig. 5a).

Both drugs caused a dose-dependent decrease in growth in both ploidy groups with cisplatin being more growth-inhibiting than doxorubicin (Fig. 5b,c); at the highest dose (500 μ M), cisplatin caused L1 larval arrest for both diploids and tetraploids, so that dose was discarded in further analysis. For the highest dose of both drugs that caused growth inhibition without developmental arrest, tetraploidy was modestly protective (250 μ M cisplatin and 250 μ M doxorubicin).

For cisplatin, a two-way ANOVA revealed a significant effect of dose (p < 0.0001) and a significant interaction between ploidy and dose (p = 0.0465). Multiple comparison analysis revealed significant protection in tetraploid worms (p = 0.0193) at the 250 μ M dose (Fig. 5b). In the case of doxorubicin, there was a significant effect of dose (p < 0.0001) and a significant interaction term (p = 0.0278) in the two-way ANOVA. Multiple comparison analysis revealed protection of tetraploid worms at the highest dose of 250 μ M (p = 0.0061, Fig. 5c). Together, these results show that tetraploid worms are somewhat protected from growth inhibition at doses that cause roughly 50% growth delay in diploid strains.

Tetraploid worms respond less robustly at the transcriptional level than diploid worms to low doses of chemotherapeutics

Following up on the growth experiments, we wanted to characterize responses to chemotherapeutics using mRNA sequencing. Based on our growth delay experiments, we selected doses of each drug that would not cause dramatic (>10%) growth delay (5 μ M) to avoid any confounding effects of developmental differences on gene expression. Overall, we found that the tetraploid worms had fewer differentially expressed genes related to the chemotherapeutic exposure than the diploid worms, which is apparent in the Principal Component Analysis plot (Supplemental Fig. S3). In diploid animals, both DNA-damaging chemotherapeutics triggered differential expression of pathways related to development, signaling, DNA replication, and the mitochondrial UPR, while cisplatin alone triggered many transcriptional changes in diploid animals including DNA repair, cytoskeleton, muscle function, ER stress and proteostasis, and mRNA processing (Fig. 5d). Full pathway analysis is given in Supplemental Materials.

Polyploidy does not protect worms from reproductive toxicity from cisplatin and doxorubicin

In *C. elegans*, the germline is the most mitotically active post-embryonic tissue. While the number of somatic cells will not quite double between hatching and adulthood, the number of germ cells increases by a factor of over 1000. Since both cisplatin and doxorubicin inhibit DNA replication, we hypothesized that the effects of these drugs on the germline and the soma of *C. elegans* might be different.

While the growth delay we observed may reflect drug toxicity inhibiting mitotic cell divisions during development, we also wanted to test how these drugs impact *C. elegans* reproduction. To test this, we exposed worms for 24 h bridging from the L4 larval stage to young adulthood to target a vulnerable period of germline expansion and measured total brood size and reproductive defects in drug-exposed worms (Fig. 6a).

Exposure to cisplatin, but not doxorubicin, caused a dose-dependent decrease in brood size for both diploid and tetraploid worms (Fig. 6b,c). A two-way ANOVA for cisplatin revealed significant effects of ploidy, dose, and the interaction (p < 0.0001 for all terms). Bonferroni-corrected multiple comparison analysis revealed significant reduction in brood size at 100 and 500 µM for both ploidy groups (p < 0.001 in all cases), and only for tetraploid worms at 25 µM cisplatin (p = 0.0183). For doxorubicin, two-way ANOVA analysis revealed a significant effect of ploidy (p < 0.0001), and a significant effect of dose (p = 0.0488), but no significant interaction. Furthermore, there was a significant reduction in brood size at the highest dose 250 µM in diploids only (p = 0.0179).

In addition to counting live offspring, we also counted unhatched eggs on the plates and noted two diploid and three tetraploid sterile worms in the cisplatin exposed groups (Fig. 6d,e). Two-way ANOVA analysis for cisplatin revealed a significant effect of ploidy and dose (p < 0.001) but no significant interaction (p = 0.13). We observed that in the cisplatin 100 μ M dose, there was a higher rate of unsuccessful reproduction (dead embryos) in the exposed tetraploid worms compared to the diploid worms. There was a dose-dependent increase in dead embryos for both ploidies with cisplatin, causing the most dramatic effect at the 500 μ M dose (Fig. 6d). There were no successful reproduction events among either diploids or tetraploids at this dose (i.e. none of the eggs laid hatched to larvae). For doxorubicin, two-way ANOVA was not significant for ploidy, dose, or interaction terms. Accordingly, we observed dramatically higher rates of unsuccessful reproduction in the tetraploid worms compared to the diploid worms but did not observe any significant dose-dependent increases in that rate (Fig. 6e).

Induction of DNA damage is known to increase germline apoptosis in diploid *C. elegans*³⁷, so we tested whether we would see differential induction of apoptosis between the ploidy groups. For cisplatin, two-way ANOVA revealed significant effects of ploidy and dose (p < 0.001) but no significant interaction (p = 0.14). For doxorubicin, there was no significant effect of ploidy or dose or interaction in the two-way ANOVA. Both drug treatments increased the relative number of apoptotic germ cells in diploid worms to a greater degree than in tetraploid worms, though the effect was only significant for cisplatin (Fig. 6f,g).

Together, these results suggest that tetraploidy is not at all protective against DNA-damaging agents administered during reproductive adulthood, and that tetraploidy may predispose embryos to damage by cisplatin. Thus, DNA-intercalating agents may impose a higher cost on mitotically active polyploid cells than diploid cells.

Discussion

In this study, we used a recently published method to generate stable lines of tetraploid worms as an in vivo model of polyploidy. We then used this model to study the gene expression and physiological consequences of polyploidy, with an application of how stress from chemotherapeutic drugs affect polyploid vs. diploid organisms.



Figure 6. Tetraploid worms are more sensitive to cisplatin and doxorubicin-induced reproductive toxicity. (**a**) Timeline of dosing and reproduction measurements. For experiments, age-matched embryos were obtained by an egg lay with gravid adults on day 1, and transferred to agar plates containing cisplatin or doxorubicin for 24 h at the L4 stage at 15 °C. Following exposure, worms were singled (5 per group) to individual plates and allowed to lay eggs. They were moved to new plates every 48 h a total of three times, and the eggs were allowed to hatch for an additional 48 h before the plates were counted. Live embryos were counted and summed for brood size; eggs unhatched after 48 h were considered dead embryos. Worms that did not produce any eggs at all were counted as sterile. Worms that crawled off the plate were censored. (**b**,**c**) Brood size for diploid and tetraploid worms at varying doses of cisplatin and doxorubicin. Each data point represents the summed total living offspring from a single worm, compiled from 3 biological replicates (total N = 13–18 hermaphrodites/group). (**d**,**e**) Frequency of (aneuploid) dead embryos and sterility in cisplatin and doxorubicin-exposed worms, respectively. (**f**,**g**) Relative number of apoptotic germ cells in cisplatin and doxorubicin-exposed worms relative to control. Asterisks represent significance in a two-way ANOVA (ploidy vs. dose) with Bonferroni-corrected p<0.05 in multiple comparison post testing.

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Tetraploid animals have a shortened lifespan, longer bodies, shorter germ lines, and reduced brood size with modest protection from growth effects but not reproductive defects induced by DNA-damaging drugs cisplatin and doxorubicin. We report many transcriptional differences between diploid and tetraploid animals at baseline and after exposure to both drugs. After low doses of both drugs were administered, we saw a strong transcriptional response only in the diploid animals with very little differential gene expression in the exposed vs. unexposed tetraploid animals. Together, these findings suggest that short-term transition to tetraploidy in worms during stress may buffer them against environmental insults.

In the RNA-seq data comparing diploid to tetraploid worms without drug exposure, we observed at least twofold downregulation of all four of the *C. elegans* cyclin B family members that are orthologs of human cyclin B3, the *C. elegans* cyclin D1/D2 homolog *cyd-1*, and similar downregulation of all of the *C. elegans* cyclin-dependent kinases relative to diploids. Interestingly, this did not produce the severe developmental defects that have been observed in RNAi against these genes, perhaps due to differing levels of expression loss. We hypothesize that these genes are expressed at a lower level to permit synthesis of the extra set of chromosomes during developmental cell divisions, but precisely how the system is tuned to allow tetraploidy but prevent deleterious loss of these functions has not yet been investigated.

We observed a \sim 30% increase in worm length in the tetraploid worms compared to diploid. This particular size increase seems to be common, as tetraploid yeast are \sim 30–50% larger than diploid yeast³⁸, and mammalian cells have also been reported to increase in size by approximately \sim 40% when they become tetraploid³⁹. This conserved increase in size is not universal, however. Fankhauser observed that higher ploidy levels in salamander tissues resulted in bigger but fewer cells, in order for organ size to remain the same. Similarly, while tetraploid mouse embryonic cells were increased \sim 2-fold compared to diploid, the embryos themselves were not increased in size. There were less than half the number of cells in the tetraploid tissues as compared to diploids⁴⁰, suggesting a regulation of tissue size independent of cell size regulation. In liver with partial hepatectomy, hypertrophy of cells and increased ploidy accounts for a significant portion of the regenerated tissue mass¹⁰. The mechanisms relating ploidy to cell, organ, and organism size are still not well defined.

It is interesting that the mitochondrial function of the two strains was similar. One of the prevailing theories behind polyploid induction in cells is that it may increase the cell's overall capacity for molecular functions of life. It is hypothesized that multiple copies of DNA allow for more mRNA and protein synthesis, making cells themselves larger in size and allowing for increased functionality. We see the increase in overall organism size, but no concomitant increase in mitochondrial respiration. It is possible that increased respiration may only be utilized on an "as-needed" basis. For example, in this study we did not examine the worms' maximal respiratory and spare respiratory capacity, but this could be tested in future studies. However, previous studies in polyploid giant cancer cells showed very modest differences in respiration including maximal respiratory and spare capacity³¹, suggesting that the increased ploidy does not necessarily increase mitochondrial capacity. In response to both chemotherapeutic drugs, the diploid animals activated the mitochondrial UPR in breast cancer cells has previously been demonstrated to promote resistance to cisplatin⁴¹. This may add a layer of complexity to the comparative sensitivity of diploid vs. tetraploid animals to cisplatin toxicity—while tetraploid animals may have other defenses, they fail to activate this protective mechanism in response to the drug treatments.

We observed rather modest protection from growth delay at medium- to high-dose exposure to DNA damaging agents. The protection was observed at doses that caused significant growth delay, but not arrest, in diploid animals. We observed complete L1 arrest at the highest dose of cisplatin in both ploidy groups, indicating this level of damage cannot be overcome even with more copies of the genome. A previous study showed that in liver and fibroblast cell lines that had been converted to stable tetraploidy, ionizing radiation caused a dramatic increase in the number of γ -H2AX foci in tetraploid cells compared to diploid cells, indicating increased DNA damage. This increase was far greater than the twofold increase in DNA content³⁹. We made a consistent finding, in that tetraploid germlines—the most mitotically active tissue that we have studied—are not protected from DNA damaging agents, and in fact are somewhat more fragile than diploid germlines. This accords with our measurements of the tetraploid gonads in untreated animals, which are proportionally smaller than diploid gonads, have more cell death but no more proliferation, make fewer but larger embryos, and make larger but more often aneuploid oocytes. Our transcriptional data are suggestive of repressed DNA damage machinery in polyploids, a finding which is also supported by microarray experiments in tetraploid vs. diploid primary hepatocytes⁴².

In contrast to the early developmental exposure, the late larval L4 exposure during expansion of the germline did not reveal protection of the tetraploid animals. The tetraploid animals had similar or greater increases in aneuploidy compared to the diploid worms when exposed to cisplatin. Previous studies in tetraploid hepatocytes^{43,44}, *Drosophila melanogaster*^{45,46}, and polyploid cancer cells^{47,48} have demonstrated that polyploid cells are more likely to give rise to aneuploid cells. Our findings support a similar or greater propensity to produce aneuploid embryos in tetraploid nematodes compared to diploid.

Altogether, the findings of this study give an unprecedented view into the physiological consequences of whole-animal tetraploidy in *C. elegans*, including the impacts on gene expression, metabolism, lifespan, reproduction, and response to chemotherapeutic exposures. Surprisingly, although tetraploidy is a stress-induced state, in *C. elegans* tetraploidy afforded only modest protection from DNA damaging agents during development. Further studies in this powerful model of polyploidy are needed to understand the biological causes and consequences of polyploidization and ploidy reduction with natural stressors, and the genetic pathways that underlie those changes.

Data availability

The raw datasets used and analyzed during the current study are available from the corresponding author upon reasonable request. RNA-seq raw data and analysis files have been deposited in the National Center for Biotechnology Information's GEO and are accessible through GEO series accession number GSE232747.

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Author contributions

K.R.M., E.A.A., C.V.J., K.L.G., and J.H.H. conceived and designed the experiments. J.H.H. and C.V.J. conceived and designed the respiration, chemotherapeutic exposures, and transcriptomic study. J.H.H. and K.L.G. conceived and designed the reproduction experiments. K.R.M., E.A.A., H.C.G., K.A.S., X.L., C.M., B.S., J.B.D., K.L.G., and J.H.H. performed the experiments and analyzed the data. K.R.M. and E.A.A. wrote the first manuscript draft. All authors edited, read, and approved the final manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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Correspondence and requests for materials should be addressed to J.H.H.

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