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Characterization of exhaled e-cigarette aerosols in a vape shop using a field-portable holographic on-chip microscope

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The past decade marked a drastic increase in the usage of electronic cigarettes. The adverse health impact of secondhand exposure due to exhaled e-cig particles has raised significant concerns, demanding further research on the characteristics of these particles. In this work, we report direct volatility measurements on exhaled e-cig aerosols using a field-portable device (termed c-Air) enabled by deep learning and lens-free holographic microscopy; for this analysis, we performed a series of field experiments in a vape shop where customers used/vaped their e-cig products. During four days of experiments, we periodically sampled the indoor air with intervals of ~16 min and collected the exhaled particles with c-Air. Time-lapse inline holograms of the collected particles were recorded by c-Air and reconstructed using a convolutional neural network yielding phase-recovered microscopic images of the particles. Volumetric decay of individual particles due to evaporation was used as an indicator of the volatility of each aerosol. Volatility dynamics quantified through c-Air experiments showed that indoor vaping increased the percentage of volatile and semi-volatile particles in air. The reported methodology and findings can guide further studies on volatility characterization of indoor e-cig emissions.

Electronic cigarettes (e-cigs) experienced widespread use in the past few years, with never-smoking adolescents and young adults being the prominent consumer base^{1,2}. These small handheld devices generally vaporize e-cigarette liquids (e-liquids) that contain nicotine and flavorings dissolved in Propylene Glycol (PG) and Vegetable Glycerin (VG), with various volumetric ratios of these two chemicals³. The usage of an e-cig (or 'vaping') produces a cloud of rapidly evaporating particles. The potential adverse health effects due to inhalation of these particles triggered numerous research studies⁴. Laboratory-based studies revealed that the particle concentration, size and mass distribution and chemical composition of the emitted aerosols are linked to the e-liquid type⁵⁻⁹, power ratings of the vaporizer¹⁰⁻¹³ and environmental factors like room temperature and humidity¹⁴⁻¹⁷. Earlier studies also quantified the dynamic changes of e-cig emissions by measuring particle volatility using different methods^{18,19}; for example, a portable computational imaging device, termed c-Air, demonstrated a direct, high-throughput measurement method^{20,21}. The c-Air device collects e-cig emitted particles using an impactor-based sampler and a miniaturized pump. In-line holograms²²⁻²⁴ of collected particles are recorded at a frame rate of 2 fps (frames/sec) and these time-lapse holograms are further processed using a trained neural network^{25,26} that simultaneously performs auto-focusing and phase recovery. The recovered microscopic images are used to estimate each particle's volume as a function of time thus enabling us to quantify the volatility of particles. These previous c-Air based studies were performed in laboratory settings (without any human vaping) and revealed that the volatility of e-cig particles changed as a function of the chemical composition of the e-liquids, such as the volumetric ratio of PG and VG, as well as the amount of nicotine found in the e-liquid²⁰.

In addition to these laboratory-based experiments, several additional studies focused on the exhaled e-cig aerosols inside vape shops²⁷⁻³¹. Vape shops are retail establishments where e-cig products are sold and consumed.

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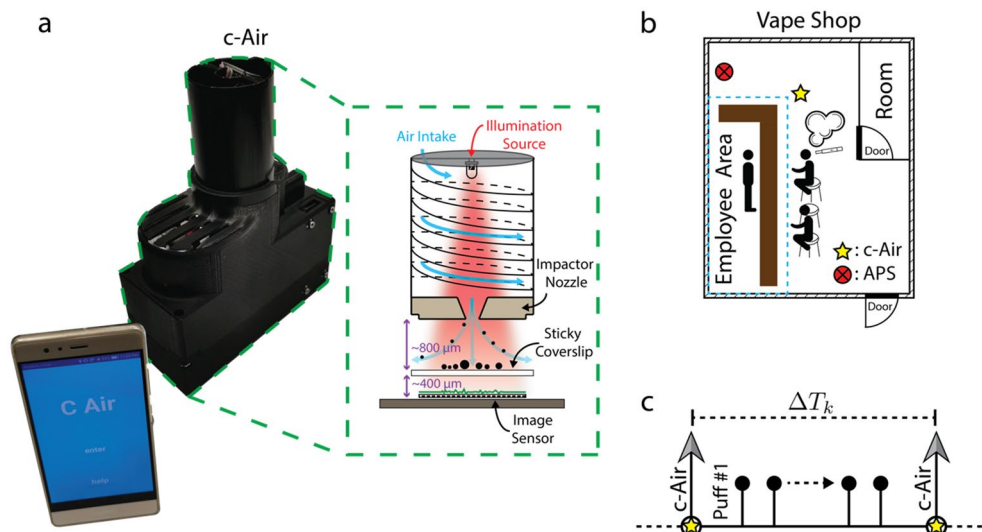


Figure 1. The c-Air device and the field experiments in a vape shop for aerosol volatility measurements. **(a)** A photograph of the c-Air device and the mobile phone application to interface with the device. The schematic of the c-Air device. **(b)** Floor plan of the vape shop, marking the measurement devices and e-cig users. **(c)** A schematic timing diagram of vaping events and c-Air measurements.

Different from in-lab studies that focus on aerosols directly emitted from an e-cig device, e-cig aerosols found in vape shops are exhaled particles that went through human lungs (also known as secondhand e-cig aerosol). Compared to in-lab studies, the dynamics of e-cig aerosols in vape shops are much more complex due to human vaping, the usage of various e-cig products and the presence of non-homogenous air in the room. Additionally, less-controlled environmental variables such as the room temperature and humidity add other factors of complexity to the dynamics of these aerosols. To provide a better understanding of e-cig dynamics, these experiments could be done in a setting where these environmental variables are monitored periodically.

In this work, we report direct volatility measurements on exhaled e-cig aerosols in a vape shop using the c-Air device (Fig. 1a). In a randomly selected vape shop in Los Angeles, USA, we performed periodic sampling of the indoor air quality every ~16 min, and analyzed the exhaled particles within the vape shop with c-Air device, which recorded time-lapse inline holograms of the detected aerosols. Using the phase information channel of the reconstructed holograms, the volumetric decay of each captured particle was measured as a function of time, inferring the volatility information of e-cig aerosols within the vape shop. Through these volatility dynamics measured with our c-Air device in the vape shop, we showed that indoor vaping resulted in an increase in the percentage of volatile and semi-volatile particles in air. Our results and analyses highlight the complex temporal dynamics of e-cig related particle emission within indoor spaces, and the presented method can be used to guide regulations on indoor vaping and secondhand e-cig aerosol.

Results and discussion

The field experiments were conducted in a vape shop that was randomly selected (refer to the Methods section for details). This vape shop occupies a single room with an employee-only area on one side of the room. Approximately two meters away from where customers and employees vaped (Fig. 1b), the c-Air device was placed on the display countertop to capture e-cig generated aerosols. In addition to the c-Air device used within the vape shop, an Aerodynamic Particle Sizer (APS) was configured to take samples every two minutes to provide an independent measurement of the particle size distribution within the vape shop. The measured mean particle diameters are reported in Supplementary Fig. S1. Note that the particle sizing resolution of the APS device is < 500 nm. Therefore, the relatively large variations of the mean particle diameter shown in Supplementary Fig. S1 reflect the complexity and rapid changes of the indoor environment dynamics.

During these field experiments, c-Air was controlled by our team to collect air samples, with additional, on-demand measurements done upon the observation of vaping activities. The time between two consecutive c-Air measurements ΔT_k was kept between 5 and 30 min (Fig. 1c) with an average of ~16 min. Measurements were also done when no vaping was observed to ensure that ΔT_k was smaller than 30 min. Occasionally, multiple customer vaping events (e.g., continuous e-cig puffing in short periods of time) occurred between two consecutive c-Air measurements and these time instances were marked for further analysis. During each measurement step, c-Air sampled the indoor air for 60 s (sampling ~13L of air) and simultaneously recorded time-lapse inline holograms of the collected particles at 2 fps. After the initial 60-s time window, the vacuum pump stopped and the hologram recording continued for an additional 30 s, totaling 90 s of imaging time at 2 fps. A deep neural network^{20,25} was designed to reconstruct the captured time-lapse holograms (Fig. 2a), providing 180 complex-valued reconstructed images, each with independent amplitude and phase channels. At each time frame, the individual particles were detected via thresholding of both the amplitude and phase channels with an adaptive threshold of five standard deviations above the mean value of each image. The union of these binary spatial masks

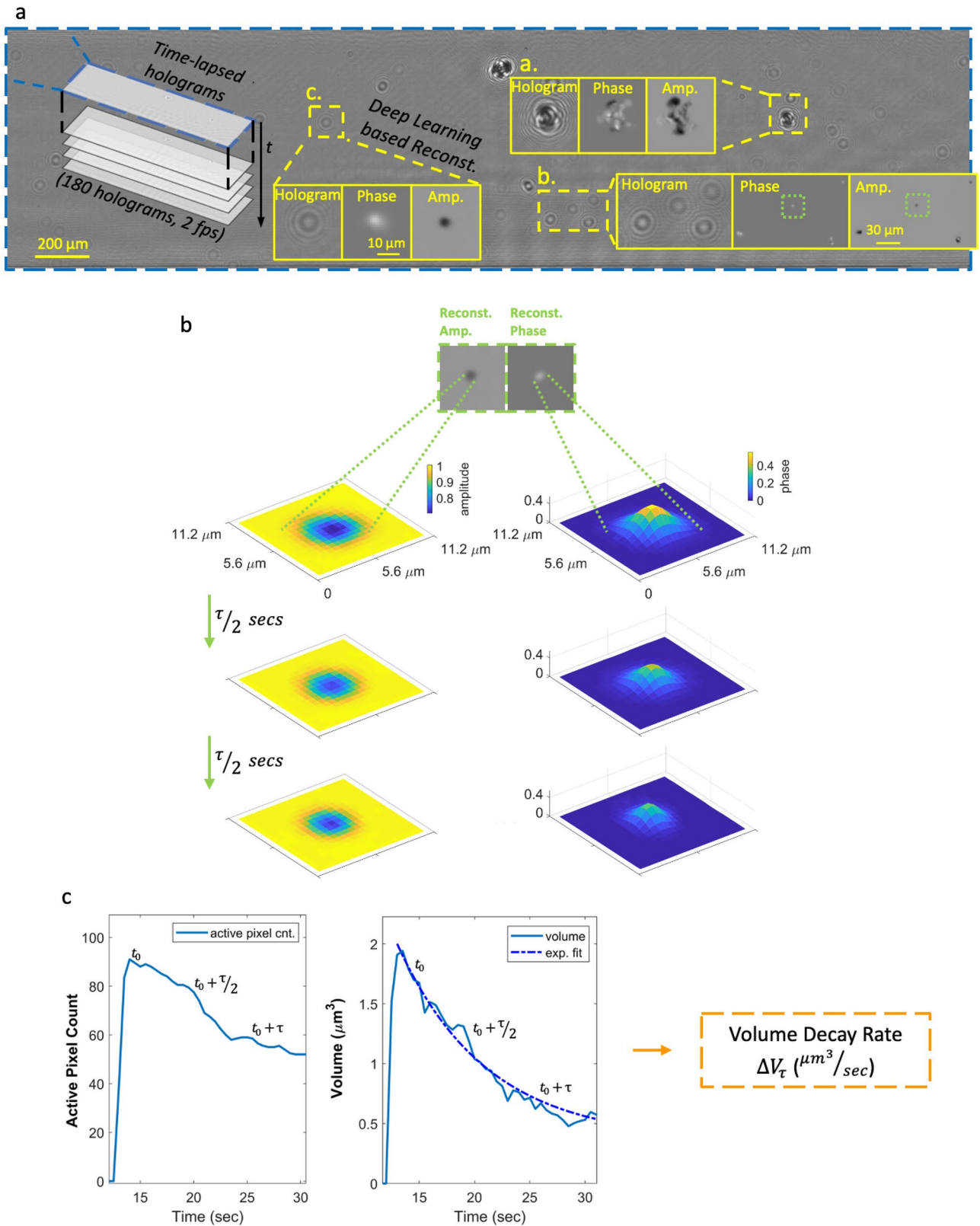


Figure 2. Calculation of the volatility of each detected aerosol: from raw holograms to volume decay rate. (a) A full field-of-view raw inline hologram and some example reconstructions showing the phase and amplitude channels separately. (b) An example aerosol image and the evolution of its holographic phase and amplitude channels at time points 0, $\tau/2$ and τ , where τ is the exponential time constant (see Eq. (3)). (c) The plot of the active pixels in the amplitude channel as a function of time (left) and the exponential decay of the particle volume (right).

from both the amplitude and the phase channels provides an approximate boundary for each detected particle's region-of-interest (ROI) at each time point. Having detected a collection of ROIs for all the captured aerosols, the particle volume at any time point t (see e.g., Supplementary Videos 1–3) was estimated by integrating the phase values (ϕ) within each one of these ROIs, i.e.,

$$V(t) = \frac{\lambda}{2\pi \Delta n} \cdot \sum_{i,j} \phi(I(i,j;t)) \quad (1)$$

where we assumed a refractive index difference of $\Delta n = 0.4$ with respect to air/vacuum; this is a reasonable assumption as it reflects the typical refractive index value for PG and VG^{32,33}. The phase values were unwrapped and the majority of the particles had phase values between $[0, 2\pi]$. In this equation, λ is the illumination wavelength (850 nm) and I is the reconstructed complex image of each particle within the ROI. The summation in Eq. (1) is carried over a set of lateral pixels $\{i,j\}$ defined by an additional spatial mask generated specifically for the particles of interest. These binary masks were created by taking the pixels that are at least one standard deviation above the mean value of all the pixels in the ROI.

Based on Eq. (1), the volume decay of each aerosol was approximated using an exponential fit:

$$V(t) = \alpha e^{-\kappa t} + b \quad (2)$$

In Eq. (2), the exponential term was optimized to fit the volume decay of the particle, whereas the second term was optimized to match any time-invariant term, representing some of the particles that do not fully evaporate (see e.g., Supplementary Videos 2 and 3). The lifetime of the particle, τ , is further defined as:

$$\tau = \frac{1}{\kappa} \quad (3)$$

To a first-order approximation, the retrieved κ value does not depend on the initial particle size and volume, and therefore can be considered a figure of merit for the volatility of an evaporating particle.

To be able to quantify particles with different sizes, the initial volume of a particle, $V(t_0)$, right after it lands on the collection substrate of c-Air is divided by its corresponding lifetime τ :

$$\Delta V_{\tau} = \frac{V(t_0)}{\tau} \quad (4)$$

giving us the *volume decay rate* ΔV_{τ} ($\mu\text{m}^3/\text{sec}$) (see Fig. 2b, c).

During the four days of c-Air experiments in the vape shop, we conducted a total of 115 different measurements, whereas the APS sampled the air at a much faster rate of one sample per two minutes. The particle emission due to human vaping is depicted by the sharp rises in particle concentration measured by APS (see the red bars in Fig. 3). To reveal the dynamic changes of all the collected particles (usually on the order of hundreds to thousands of particles per c-Air measurement), the average volume decay rate of each measurement was calculated and plotted in Fig. 3, blue dotted lines. Fourteen of these measurements were taken when there was no vaping observed, and these pre-vaping points were marked using solid dots in the plots. The volume decay rate ($\mu\text{m}^3/\text{sec}$) quantifies a particle's evaporation speed, and therefore higher volume decay rates indicate faster evaporation and higher volatility. The correlation that is observed in Fig. 3 between the dynamics of the mean volume decay rate and the APS measurements reports a link between the e-cig emissions of vapers and aerosol volatility (Fig. 3). Also, note that the majority of local minimums and maximums of the c-Air measured volume decay rates reported in Fig. 3 for different measurement days match the corresponding local extreme points in our APS measurements. The mismatch between APS measurements and our c-Air analysis results might be due to the nonhomogeneous air circulation within the room, since these devices were placed at different spatial locations.

Given the complex chemical composition of the captured e-cig aerosols (from various e-liquids), we defined three categories of aerosols according to the volumetric evolution of the imaged particles: volatile, semi-volatile and non-volatile particles (see Fig. 4 and Supplementary Videos 1–4). A particle is defined to be volatile if it fully evaporates (i.e., its volume gets smaller than an empirical threshold of $0.1 \mu\text{m}^3$ before the end of each measurement) and its volume exhibits a smooth exponential decay (see e.g., Supplementary Video 1). Since the c-Air device records an additional set of 60 frames after the air sampling is complete, all the volatile particles that were captured by c-Air fully evaporated within our observation time window. The mean and standard deviation of the volume decay rates of all the volatile particles captured in 115 measurements were used to further differentiate the remaining particles, forming an empirical definition for semi-volatile particles, i.e., they exhibit an initial volume decay, followed by a second phase where they remain larger than $0.1 \mu\text{m}^3$ in volume. Semi-volatile particles can be coagulated particles or particles with solid cores^{10,34} (see e.g., Supplementary Videos 2 and 3). The remaining particles that did not exhibit detectable evaporation were defined as non-volatile particles. These particles exhibited a very small volume decay rate which was empirically found to be less than $0.05 \mu\text{m}^3/\text{sec}$. For these non-volatile particles, the subtle changes in their measured volumes as a function of time might be related to the deformation of the sampling pad after the particle's impaction (see Supplementary Video 4). Also, the changes in moisture, especially with humectants like PG and VG, might also result in subtle differences in the measured volumes. For each c-Air measurement point, the percentage of volatile and semi-volatile particles combined is color-coded and shown in Fig. 3. The change in the ratio of the volatile particles to other detected particles was observed to be similar to the time dynamics of the volume decay rate that we measured using c-Air (see the colorbar in Fig. 3 for each measurement day). This indicates that the percentage of the volatile particles within the detected aerosols can be used as an indirect measure of aerosol volatility and volume decay rate.

To further expand our analysis, we compared the statistical distribution of the volume decay rate of the particles captured post-vaping and pre-vaping by applying a Wilcoxon rank-sum test³⁵, as shown in Supplementary

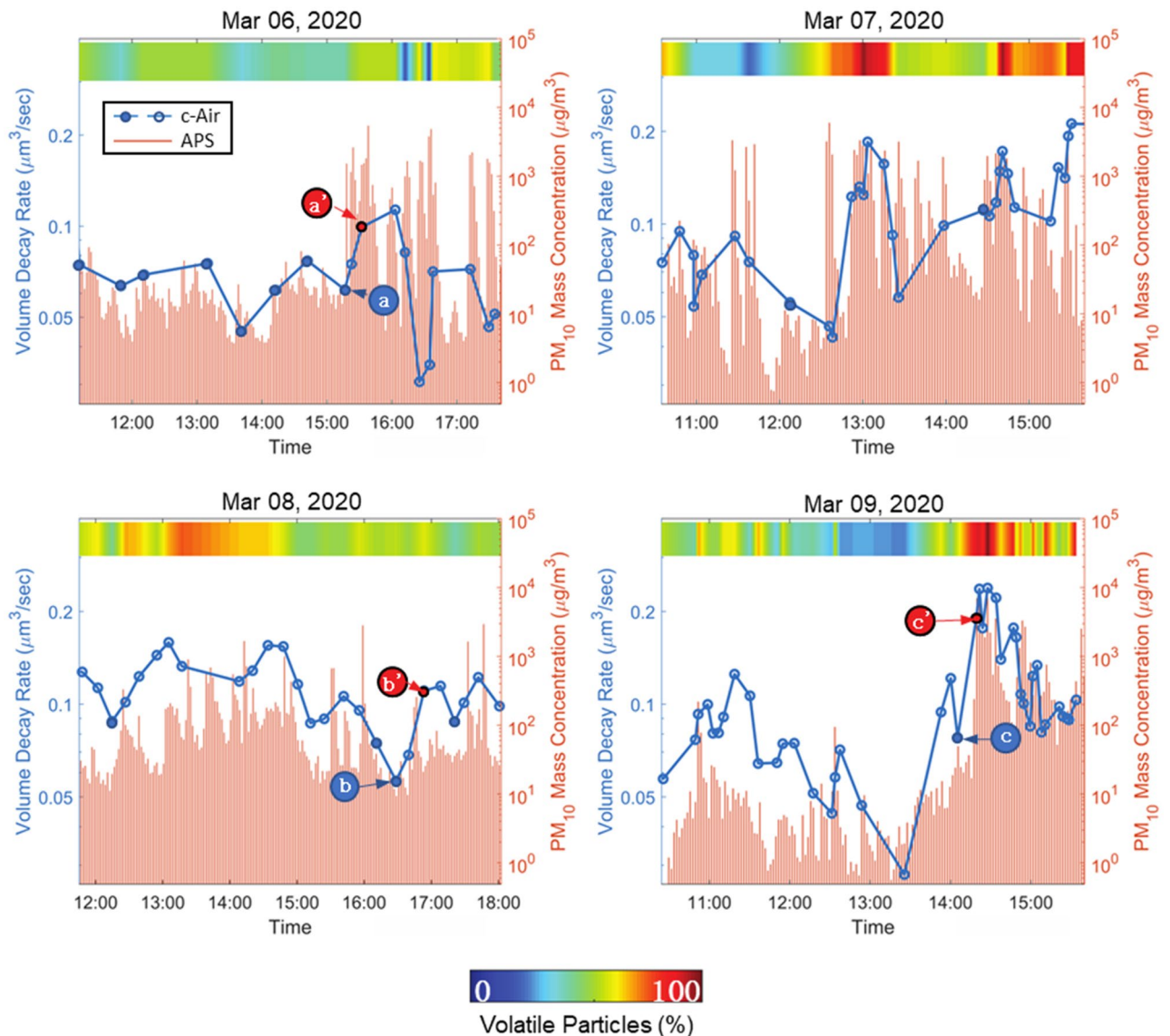


Figure 3. The change of the mean volume decay rate and the percentage of volatile aerosols throughout different days of experiments. Solid points refer to the pre-vaping measurements. *a*, *b* and *c* mark the data points where there was no observation of a vaping event prior to *c*-Air sampling, whereas, *a'*, *b'* and *c'* mark the measurement points where vaping was observed in the vape shop.

Fig. S2, which tests the null hypothesis that the volume decay rates are sampled from continuous distributions with equal medians. A statistically significant increase in the volume decay rate of post-vaping aerosol measurements was observed with $p < 0.05$. As part of this analysis, we focused on three pre-vaping measurements, i.e., *a*, *b* and *c* marked in Fig. 3, that were conducted while no human vaping was observed in the vape shop. Given the dynamic indoor environmental conditions throughout a day, in terms of e.g., temperature, humidity and opening/closing of the outside door, these vape-free measurements within the vape shop can be considered as a background state for comparison purposes. An increase in aerosol volatility and volatile particle ratio can be clearly seen in the following three subsequent measurements points *a'*, *b'* and *c'* (see Fig. 3) during which the customers in the shop vaped, significantly increasing the e-cig generated aerosols. Note that these time spots were not the only vaping events observed in our field testing. Furthermore, dense and rapid vaping events within the vape shop also increased the aerosol volatility that we measured. For example, a continuous burst of vaping was observed close to our *c*-Air device on March 9th, at around 14:30 PM (Fig. 3). As a result of this continuous vaping within the shop, a sharp rise in PM_{10} emission, particle volatility, as well as volatile particle ratio, is clearly observed in Fig. 3. In this case, *c*-Air measurements revealed that $> 95\%$ of the particles fell in the category of volatile particles and the measured volume decay rates were also notably higher compared to other measurement points within the same day, which shows how dense, successive vaping events can significantly increase the aerosol volatility within a room.

Several limitations of the presented research might affect its generalizability. First, the chemical composition of secondhand e-cig aerosols remained unknown during the field testing (involving unknown, random

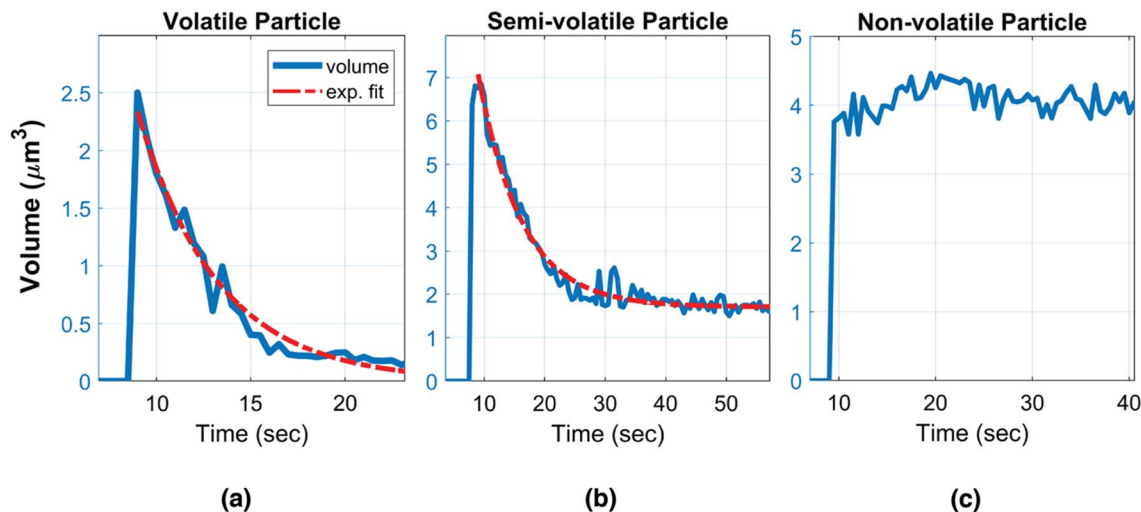


Figure 4. Characteristic volume changes of a (a) volatile, (b) semi-volatile and (c) non-volatile particle, sampled within the vape shop.

customers/vapors), and the environmental variables such as the room temperature and humidity were not measured/controlled. Second, the devices we used (APS and *c-Air*) were placed at different spatial locations. Without sufficient ventilation, the measurement results of the two devices might not be exactly comparable. Third, the sampling using *c-Air* device was manually controlled, providing variable time intervals between vapes and measurements. Finally, the interactions between the droplets and the sampling substrate remained uncontrolled; liquid diffusion inside the sampling pad might generate some uncertainty on our estimation of volatility. Further improvements of the *c-Air* device and more controlled experiments (without impacting the cost-effectiveness and the field-portability of the measurement system) can be used to provide more insightful information regarding indoor vaping.

In conclusion, we conducted field experiments in a vape shop to characterize the volatility of e-cig emission using a field-portable, high-throughput device which can sample aerosols at a rate of 13 L/min and continuously image the collected particles on an impaction-based sampler. These field experiments were carried out in a vape shop where the customers and employees vaped their own e-cigs, resulting in the vaporization of e-liquids with different chemical constituents. The *c-Air* device enabled us to image these microscale particles generated by e-cigs during their evaporation lifetimes, allowing us to quantify their numbers, size and volatility. These field experiments revealed that vaping in the vape shop resulted in an increase in the percentage of volatile and semi-volatile aerosols during the successive post exhalation time.

Methods

Vape shop selection. The vape shop was randomly selected from 67 candidate vape shops in Los Angeles County, USA. The candidate list was generated by a Yelp search of ‘vape shop’, while only keeping the stores that provide *solely* e-cigs. This selected vape shop, located in Santa Clarita, California (USA), has a total store volume of 205 m³ and is in a multi-unit plaza with a central ventilation that was not in use during our experiments.

Portable holographic microscope for aerosol collection and quantification. The *c-Air* device captures the aerosols in the vape shop and records time-lapse inline holograms of the collected aerosols. A miniaturized vacuum pump inside the *c-Air* device creates an air stream at a flow rate of 13 L/min towards a disposable impactor (Air-O-Cell Sampling Cassette, Zefon International, Inc.), providing a cut-off diameter of 2 μm. A portion of the aerosols in the air stream are collected on the sticky transparent coverslip due to inertial impaction²¹. The collected particles are illuminated using a vertical-cavity surface-emitting laser (VCSEL) diode (OPV300, TT Electronics, $\lambda_{peak} = 850$ nm) to create in-line holograms of the deposited aerosols on the transparent substrate. The holograms are digitally recorded at 2 fps using a complementary metal–oxide–semiconductor (CMOS) image sensor chip (Sony IMX219PQ, pixel pitch 1.12 μm). A Raspberry Pi Zero W single-board computer within *c-Air* is used for interfacing with the CMOS image sensor, the illumination source and the vacuum pump.

PM₁₀ mass concentration estimation. An Aerodynamic Particle Sizer (APS 3321, TSI Inc.) was also used in our field tests to provide real-time measurements of particulate matter mass concentration. The APS device provides a measurement of the particle size distribution, covering the particles ranging from 0.5 to 19.8 μm. PM₁₀ (i.e., particulate matter with an aerodynamic diameter of ≤ 10 μm) mass concentration was estimated using APS data in the size range of 0.5–10 μm by assuming spherical particles with a density of 1.1 g/cm^{336,37}.

Data availability

The deep-learning models reported in this work used standard libraries and scripts that are publicly available in TensorFlow. All the data and methods needed to evaluate the conclusions of this work are present in the main text and supplementary information. Additional data can be requested from the corresponding author (A.O.).

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Author contributions

E.C. and Y.L. contributed to the algorithms. E.C., Y.L., C.N., Y.G. L.L. and A.O. contributed to the analyses. E.C., Y.L., C.N., and Y.G. performed the experiments. All the authors contributed the manuscript editing. A.O. and Y.Z. supervised the research. A.O. initiated the project.

Competing interests

The authors declare no competing interests.

Additional information

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