scientific reports

Check for updates

OPEN Altered patterns of fractional amplitude of low-frequency fluctuation and regional homogeneity in abstinent methamphetamine-dependent users

An Xie^{1,6}, Qiuxia Wu^{2,3,6}, Winson Fu Zun Yang³, Chang Qi⁴, Yanhui Liao⁵, Xuyi Wang², Wei Hao², Yi-Yuan Tang³, Jianbin Liu¹, Tiegiao Liu² & Jinsong Tang⁵

Methamphetamine (MA) could induce functional and structural brain alterations in dependent subjects. However, few studies have investigated resting-state activity in methamphetaminedependent subjects (MADs). We aimed to investigate alterations of brain activity during resting-state in MADs using fractional amplitude of low-frequency fluctuation (fALFF) and regional homogeneity (ReHo). We analyzed fALFF and ReHo between MADs (n = 70) and healthy controls (HCs) (n = 84) and performed regression analysis using MA use variables. Compared to HCs, abstinent MADs showed increased fALFF and ReHo values in the bilateral striatum, decreased fALFF in the left inferior frontal gyrus, and decreased ReHo in the bilateral anterior cingulate cortex, sensorimotor cortex, and left precuneus. We also observed the fALFF values of bilateral striatum were positively correlated with the age of first MA use, and negatively correlated with the duration of MA use. The fALFF value of right striatum was also positively correlated with the duration of abstinence. The alterations of spontaneous cerebral activity in abstinent MADs may help us probe into the neurological pathophysiology underlying MA-related dysfunction and recovery. Since MADs with higher fALFF in the right striatum had shorter MA use and longer abstinence, the increased fALFF in the right striatum might implicate early recovery during abstinence.

Methamphetamine (MA) remains the primary illicit drug threat in China, with over 5 million users in 2018¹. The use of MA is increasing in parts of Asia and North America, and the number of treatment admissions for MA use disorder also increased in recent years². Chronic MA use has negative consequences on both physical and mental health, which causes a considerable global disease burden³. Despite increasing studies on the treatment of MA use disorders, including pharmacotherapy, psychotherapy, and transcranial direct current stimulation, the efficiency in reducing relapse remains unsatisfactory $^{4-6}$.

Relapse is one of the important characteristics of addiction. Indeed, 34% to 77% of patients treated for MA had relapsed at different time points during their treatment programs⁷⁻¹¹. Even though the overall relapse rate is high, there is evidence suggesting that longer abstinence/treatment period correlates with a lower relapse rate^{7,8,10,11}. In China, rehabilitation for drug addiction can be classified as three types: voluntary detoxification, community drug treatment, and incarcerated isolated detoxification. Due to privacy, voluntary detoxification remains the main choice for individuals with MA use disorder. Cumulative evidence shows individuals with addiction have deficits

¹Department of Radiology, Hunan Provincial People's Hospital, First Affiliated Hospital of Hunan Normal University, Changsha 410005, China. ²National Clinical Research Center for Mental Disorders, and Department of Psychiatry, The Second Xiangya Hospital of Central South University, Changsha, Hunan 410011, China. ³Department of Psychological Sciences, Texas Tech University, Lubbock, TX, USA. ⁴Department of Psychiatry, Zhejiang Provincial People's Hospital, People's Hospital of Hangzhou Medical College, Hangzhou, China. ⁵Department of Psychiatry, Sir Run Run Shaw Hospital, School of Medicine, Zhejiang University, Hangzhou, Zhejiang, China. ⁶These authors contributed equally: An Xie and Qiuxia Wu. [⊠]email: binban24@163.com; liutieqiao123@csu.edu.cn

	Abstinent MADs (n=70)	Healthy controls (n=84)	р
Age (years)*	27 (25,33.00)	29 (26,45)	0.089
Gender (male/female)	59/11	66/18	0.486
Education (years)*	12 (9,14)	12 (9,18)	0.160
BMI*	24.22 (21.73,25.92)	22.41 (20.03,24.64)	0.007
CPD*	20 (10,20)	0 (0,15)	< 0.001
Head motion (mm)#	0.112 ± 0.092	0.092 ± 0.049	0.097
Age started using MA (years old) $^{\sharp}$	23.51 ± 5.58	N/A	N/A
Duration of MA use (months)*	60.0 (36.5,76.50)	N/A	N/A
Abstinence from using MA (days)*	38.5 (26.0,47.0)	N/A	N/A

Table 1. Demographic characteristics of subjects. *Median (interquartile range) and Mann–Whitney test are presented. #Mean (standard deviation) and two sample t-test are presented.

in self-control or self-regulation¹²⁻¹⁵, which is important for regulating habitual behavior. In a forced environment (e.g., hospitalization, incarceration), chronic MA users are abstinent for some time before a relapse opportunity presents. Furthermore, some studies have shown that longer duration of abstinence/treatment predicts lower relapse rates and better performance in decision-making tasks in different substance use disorders¹⁶⁻¹⁸, with study reported a positive relationship between self-regulation scores and length of abstinence¹³. Taken together, these results indicate the importance of self-control during abstinence and addictive behavior change. According to the self-regulation theory proposed by Baumeister and Heatherton¹⁹, the ability to effectively regulate behavior is dependent on a limited resource, which is depleted by effortful attempts at self-regulation, leaving individuals more vulnerable to addiction. In an environment where there is no access to addiction drugs, such as a forced environment, less effort is needed to regulate behavior and more resources are retained, which may help individuals resist temptation to drugs when they are discharged.

Resting-state functional magnetic resonance imaging (rs-fMRI) has been used to measure brain activity by detecting low-frequency blood-oxygen-level-dependent (BOLD) signal changes in many psychiatric disorders. Compared to task-based fMRI, rs-fMRI is easily implemented, more tolerable, and captures intrinsic functional brain differences between patients and healthy controls more conveniently²⁰. Most existing rs-fMRI studies among MADs exploring resting-state brain activity focused on functional connectivity (FC)²¹⁻²³. FC measures the temporal coincidence of BOLD signals from two spatially distant brain regions, reflecting global characteristics of brain function²⁴. While amplitude of low-frequency fluctuations (ALFF) and regional homogeneity (ReHo) are particular methods to reveal different regional characteristics of rs-fMRI data and have been used in many psychiatric disorders²⁵⁻²⁸, but few in addiction²⁹⁻³¹. ReHo calculates the temporal homogeneity of the BOLD signal between a given voxel with neighboring voxels³², reflecting local neural activity while ALFF detects the strength of regional intensity of spontaneous fluctuations in BOLD signal³³. ALFF may be more effective at measuring local spontaneous activity, and ReHo may be complementary to ALFF in measuring regional abnormalities³⁴. While ALFF is sensitive to physiological noise, fractional amplitude of low-frequency fluctuations (fALFF) improves the sensitivity and specificity of spontaneous brain activity detection by measuring the ratio of the power spectrum of low-frequency fluctuations within a specific frequency range to the whole frequency range³⁵. Thus, combining ReHo and fALFF to access the spontaneous brain activity among abstinent methamphetamine-dependent subjects (MADs) may provide more information about the underlying brain mechanism during abstinence.

Previous study reported that self-control circuitry mainly included anterior cingulate cortex (ACC), medial prefrontal cortex (mPFC), and striatum¹⁴. In this study, we aimed to combine ReHo and fALFF to investigate the spontaneous brain activity during resting-state in MADs compared to healthy control subjects (HCs). We hypothesized that the ReHo and fALFF of the resting state would be different between abstinent MADs and HCs in brain areas related to self-control, such as ACC, striatum, and mPFC. We also hypothesized the differences of ReHo or fALFF may relate to the MA use, such as age first started using MA, the duration of MA use, and the duration of abstinence.

Results

Demographic characteristic. Twelve participants (5 MADs and 7 HCs) were excluded for analysis due to excessive head motion. A total of 70 MADs and 84 HCs were included in the final analysis. The groups did not differ in gender, age, years of education, or head motion (Table 1). The cigarette smoking per day (CPD) (p < 0.001) and body mass index (BMI) (p = 0.007) in MADs were significantly higher than those in HCs. The MADs had an abstinence period for 38.5 (26.47) days.

fALFF results between groups. Compared to HCs, MADs showed significantly increased fALFF in the left caudate extending to left putamen, right pallidum extending to right putamen, and right caudate (Fig. 1, Table 2). MADs showed significantly decreased fALFF in left inferior frontal gyrus (IFG) compared to HCs.

ReHo results between groups. MADs showed significant increased ReHo in the left caudate extending to left putamen, and the right putamen extending to right caudate, and decreased ReHo in the bilateral anterior



Figure 1. fALFF analysis. Two-sample t-test results are presented, voxel-level p < 0.001, cluster level p < 0.05, two-tailed, voxel size > 9, corrected by GRF. The area in blue represents significantly decreased ALFF value; the area in yellow and red represents significantly increased fALFF value. Created with DPABI_V4.3_200401 (http:// rfmri.org/dpabi).

				Peak MNI coordinates (mm)		
Condition	Area	Cluster	T (peak)	x	у	z
fALFF						
MADesHCo	Left caudate/putamen	39	4.7529	-9	12	-6
MADs>HCs	Right pallidum/putamen	19	4.6989	15	6	3
MADs < HCs	Left inferior frontal gyrus	11	-4.9418	-18	21	- 27
ReHo						
MADs>HCs	Left caudate/putamen	55	5.5531	-9	12	-6
	Right putamen/caudate	65	5.315	15	12	-3
	Right postcentral gyrus/precentral gyrus	237	-5.3121	57	-6	24
MADs < HCs	Bilateral anterior cingulate	29	-4.027	3	36	12
	Left postcentral gyrus/precentral gyrus/precuneus	182	-4.6663	- 42	- 36	51
	Left postcentral gyrus	30	- 4.191	- 54	-9	24

 Table 2.
 Significant between-group differences in fALFF and ReHo maps. MADs methamphetaminedependent subjects, HCs health control subjects, MNI Montreal Neurological Institute.

cingulate cortex (ACC), right postcentral gyrus extending to right precentral gyrus, and the left postcentral gyrus extending to left precentral gyrus and left precuneus, compared to HCs (Table 2, Fig. 2).

Regression and correlation analysis results. fALFF of the right striatum (adjusted $R^2 = 0.231$, p = 0.002) negatively correlated with natural log of duration of MA use (B = -0.156, p = 0.044), positively correlated with age started using MA (B = 0.020, p = 0.024) and natural log of duration of abstinence (B = 0.161, p = 0.035) (Table 3, Fig. 3). fALFF of the left striatum (adjusted $R^2 = 0.157$, p = 0.029) negatively correlated with the natural log of the duration of MA use (B = -0.268, p = 0.035), and positively correlated with age started using MA (B = 0.023, p = 0.035). Model p values were corrected with Bonferroni correction and predictor p values were corrected with BH procedure. A similar pattern was observed in the left IFG; however, it did not survive corrections for multiple comparisons. Other results were not significantly but they were reported in the Supplementary Materials.

Discussion

This study is the first to compare the fALFF and ReHo differences between abstinent MADs and HCs in a large sample. Compared to HCs, abstinent MADs showed significantly increased fALFF and ReHo in the bilateral striatum (caudate and putamen), decreased fALFF in the left IFG and decreased ReHo in the bilateral ACC, precentral and postcentral gyrus, and left precuneus. Furthermore, fALFF values of the right striatum cluster and the left striatum cluster were negatively correlated with the natural log of the duration of MA use and positively correlated with the natural log duration of abstinence.

A few of studies with a small sample size used a single method (ReHo^{36–38} or ALFF³⁹) to explore resting state brain activity among MADs. Some studies had combined ALFF and ReHo among individuals with psychiatric



Figure 2. ReHo analysis. Two-sample t-test results are presented, voxel level p < 0.001, cluster level p < 0.05, two-tailed, voxel size > 29, corrected by GRF. Area in blue with significantly decreased ReHo value; area in yellow and red with significantly increased ReHo value. Created with DPABI_V4.3_200401 (http://rfmri.org/dpabi).

	Regression 1: fALFF of the right striatum			Regression 2: fALFF of the left striatum			
Regression variables	В	Raw p-value	Corrected p-value	В	Raw p-value	Corrected p-value	
Natural log of duration of MA use	-0.156	0.037	0.044	-0.268	0.012	0.035	
Age started using MA	0.020	0.004	0.024	0.021	0.023	0.035	
Natural log of duration of abstinence	0.161	0.022	0.035	0.107	0.268	0.268	

 Table 3.
 Regression results.

.....

disorders⁴⁰⁻⁴² and other addiction disorders^{43,44}, but not in MADs. As fALFF and ReHo could be complementary to each other, combining these two methods to explore resting state brain activity among a relatively large sample of MADs may reveal more information regarding to the pathophysiological framework in the brain during abstinence.

In this study, increased fALFF and ReHo in the bilateral striatum for MADs may indicate higher amplitude of BOLD signals and increased spontaneous regional neural activity in these two brain regions. The altered fALFF and ReHo in the bilateral striatum not only revealed abnormal and non-synchronous spontaneous neural activity in these two regions but also highlights them as core brain regions that are altered in the resting brains of abstinent MADs. Only a few rs-fMRI studies have investigated the alternation of spontaneous brain activity and synchronization using fALFF or ReHo among individuals with addiction disorders. Active heroin users showed decreased ALFF in the right caudate, which was negatively correlated with the duration of heroin use³¹. A study compared heroin users with and without relapse found that relapsed heroin users had increased ReHo in the right caudate⁴⁵. Among individuals with internet gaming disorder, ALFF values of the bilateral putamen were higher before cognitive based treatment (CBT), while ALFF of left putamen was lower after CBT compared to HCs⁴⁶. Chronic active smokers showed significantly increased fALFF in the right caudate, relative to HCs^{47,48}. Although our results are not quite consistent with these studies, which may be due to the heterogeneity of samples (i.e., different addiction, different state of patients at data acquisition, and different sample size), these results consistently indicate the bilateral striatum as key areas in addiction disorders, in line with previous studies. Furthermore, the values of fALFF and ReHo may change during the course of abstinence. Both addictions and obsessive-compulsive disorder (OCD) show abnormalities in striatum, which is related to impaired selfcontrol⁴⁹. OCD patients exhibited lower ReHo in the bilateral caudate before treatment and increased ReHo in



Figure 3. Correlation figures. (a) Relationship between the fALFF value of the right striatum and the age started using MA. (b) Relationship between the fALFF value of the right striatum and the natural log of duration of MA use. (c) Relationship between the fALFF value of the right striatum and the natural log of duration of abstinence. (d) Relationship between the fALFF value of the left striatum and the age started using MA. (e) Relationship between the fALFF value of the natural log of duration of abstinence.

.....

the left caudate after CBT, along with the clinical improvement⁵⁰. Abnormalities such as enlarged volumes^{51,52}, lower metabolism^{53,54}, down-regulation of levels of stored dopamine⁵⁵, dopamine release, dopamine transporter and receptor availability in the striatum^{56,57} in abstinent MADs have been reported in previous studies. These findings revealed the important roles of striatum in the pathology of MA dependence. Since these results are observed during abstinence, some of the neurotoxic effects of MA appear to be persistent, while some studies reported partial recovery in MADs with protracted abstinence⁵⁴, some even with rapid recovery⁵⁵. Thus, the increased fALFF and ReHo values of bilateral striatum in the present study may indicate partial recovery of striatum function in abstinent MADs.

Importantly, we found that the fALFF value of the right striatum was positively correlated with duration of abstinence, which may suggest that long-term abstinence is beneficial for the recovery of striatum function, such as self-control. MADs living in an environment where there is no access to MA do not have to make as many effort as those who have access to MA, thus more resources retained for better self-control¹⁹, which may be related to the increased fALFF value of the striatum. Moreover, the fALFF values of bilateral striatum were negatively correlated with the duration of MA use, which may further suggest that the increased fALFF values of bilateral striatum, especially the right striatum, are associated with abstinence, or even early recovery, rather than only MA impairments. Within this context, the present findings suggest that the fALFF and ReHo values of

the bilateral striatum change over the course of abstinence. The fALFF values of bilateral striatum may decrease during active MA use and early stages of abstinence, possible due to MA acute effects, then increase with longer periods of abstinence due to partial recovery or a compensatory reaction. Thus, fALFF values of bilateral striatum, especially the right striatum, may be sensitive to the change of state between active use and abstinence. While the fALFF and ReHo values of bilateral striatum may not continually increase or even may decrease to levels the same as healthy controls at some timepoint, this is only a speculation as the current study did not have a long abstinent follow-up data to test this. Further work is needed to demonstrate these dynamic changes.

Adolescents are more vulnerable to drug use-related alterations than adults^{58–66}. Animal studies showed a similar pattern whereby the younger the age of exposure to MA, the more vulnerable and long-lasting the impairment is^{61,62}. These findings are largely consistent with our present results, in which the increased fALFF values of bilateral striatum were positively correlated with the age of first MA use. This indicates that the younger the age of first MA use, the less the fALFF recovery during abstinence.

In our study, MADs showed decreased fALFF in the left IFG. The IFG is thought to play an important role in response inhibition⁶³. Both MADs and individuals with other addiction disorders exhibited lower activation in IFG during response inhibition-related task and decision-making task^{64–66}, which correlated with impairment of inhibition control. Decreased grey matter volume of the left IFG was found in both MADs⁶⁷ and alcohol-dependent patients compared to HCs⁶⁸. Moreover, early abstinent MADs had reduced cerebral blood flow (CBF) of the IFG⁶⁹. A previous study demonstrated both ReHo and ALFF are reliably correlated with regional CBF in most brain regions⁷⁰. Therefore, decreased fALFF in the left IFG is suggestive of MA-related impairment.

The decreased ReHo in the bilateral ACC in the present study is consistent with previous studies among abstinent MADs³⁸, alcohol use disorder subjects⁷¹, and betel quid dependence subjects⁴³, compared to HCs. ACC is recognized as an important area in addiction. Previous studies of MADs have shown decreased glucose metabolism⁷², abnormal metabolite levels⁵⁹, decreased cerebral blood flow⁷³, and hypoactivation during decision-making tasks^{74,75}, which are associated with deficits in attentional control, cognitive functions of behavior monitoring, risk-related processing, and self-control¹⁴. ACC is actively involved in cognitive control, emotional regulation, and self-control⁷⁶. These results lead us to speculate that the functional changes in the ACC may underlie impaired cognitive function and self-control in MADs.

As a key functional region of the DMN^{77,78}, the precuneus is involved in the awareness of the perception of environmental stimuli (exteroception)⁷⁹. Exteroception contributes to hyper-sensitivity to self-relevant external cues associated with their drug use in addiction. In alignment with this theory, increased precuneus activation when exposed to drug cues is widely-reported in different addicted populations^{80–82}, which elicit craving related to cue reactivity. Precuneus has been considered as a vulnerable region in addiction as it is a core region of the exteroception network⁷⁹. For example, individuals with MA associated psychosis showed stronger ReHo in the right precuneus than individuals with schizophrenia³⁷. The inconsistency with our present result is reasonable due to different samples. In addition, decreased glutamate + glutamine was observed in the precuneus in early abstinent MADs⁸³. Cortical thickness trended smaller in precuneus in MADs⁸⁴. Consequently, we speculate that the decreased ReHo in the left precuneus is related to dysregulation of the exteroception process due to MA use.

It is noteworthy that decreased ReHo was found in the bilateral precentral gyrus and postcentral gyrus, i.e., the sensorimotor cortex. The effects of drug exposure on the sensorimotor cortex have not been fully investigated yet. While smokers showed fALFF decreased left postcentral gyrus⁸⁵, MADs showed decreased glucose metabolism⁷² and lower grey matter volume in the precentral gyrus⁸⁶. Although few studies have looked specifically at MA effects within the sensorimotor cortex, they have extensive connections. Previous studies report putamen-sensorimotor circuits play an important role in habitual responding⁸⁷ and relapse⁸⁸. The abnormal ReHo values of bilateral precentral gyrus and postcentral gyrus may suggest that these regions play an important role in MA-related impairment.

There are several limitations in the neuroimaging study. First, this is a cross-sectional study, so we could not confirm the causal relationship between these alterations with MA consumption, or abstinence, or a combination of MA consumption and abstinence. Second, we focused on resting state and did not apply any cognitive tasks, so we could not show whether brain alterations were correlated with cognitive impairment. Third, the MADs and healthy controls were not matched exactly regarding BMI or CPD. During the abstinence, MADs could not access to MA, and may lead to withdrawal symptoms like anxiety; many would increase cigarette use, sleep a lot, decrease physical activity, and eat more snacks, which may increase body weight. Therefore, both BMI and CPD of MADs were higher than HCs. Although both CPD and BMI showed influence in ReHo and fALFF in several brain regions^{47,85,89-91}, these alterations could not explain all the results in our study. Furthermore, we included BMI and CPD as covariates to control these effects in the analysis. Finally, most of the subjects were male, a possible gender difference was unexplored. Therefore, future studies should recruit more female MADs, match subjects' CPD, and BMI, include cognitive function tests, and measure alterations during different stages (i.e., active MA use, early abstinence, and long-term abstinence).

Nevertheless, this first study showed abstinent MADs had abnormal resting-state function in cortical and subcortical regions in bilateral striatum, left IFG, bilateral ACC, precentral gyrus, postcentral gyrus, and left precuneus in a large sample. These brain alterations may relate to self- and cognitive control and exteroception. We also observed increased fALFF in striatum were correlated with duration of MA use, age of first MA use and duration of abstinence. We speculate that the decreased fALFF and ReHo may be the result of MA consumption and the increased fALFF and ReHo in the bilateral striatum may result from abstinence. These findings may help to elucidate the pathophysiology in MADs.

Methods

Subjects. The data were collected as a part of the brain imaging study on methamphetamine-induced psychotic symptoms, a study hosted at the Hunan Provincial People's Hospital and the Second Xiangya Hospital of Central South University. One hundred and sixty-six subjects (75 MADs and 91 drug-free HCs matched for age, gender and education level, age 18-45) were enrolled in this study. MADs were recruited from the Kangda Voluntary Drug Rehabilitation Centers in Hunan Province. All MA users fulfilled the Diagnostic and Statistical Manual of Mental Disorders, fourth edition (DSM-IV)92 criteria for lifetime MA dependence assessed by the Structured Clinical Interview (SCID)93. MADs were excluded if they met criteria for other substance dependence (excluding nicotine dependence) at any time. Subjects were required to abstain from MA for at least 48 h before scanning. Drug-free HCs were recruited from the community through advertising. Participants were excluded if they (i) had any general medical condition or neurological disorders, including infectious, hepatic, or endocrine disease; (ii) had a history of severe head injury with skull fracture or loss of consciousness of more than 10 min; (iii) had any current or previous psychiatric disorder; (iv) had a family history of psychiatric disorder; (v) women during pregnancy or breast-feeding stage; (vi) had contraindications for MRI. Two licensed psychiatrists, at MD level, conducted all clinical interviews. Subjects were fully informed about the measurement and MRI scanning in the study. Written informed consent was given by all subjects. This study was approved by the Ethics Committee of the Second Xiangya Hospital, Central South University (No. S095, 2013), and was carried out in accordance with the Declaration of Helsinki. The demographic characteristics are shown in Table 1.

Magnetic resonance data acquisition. The images were acquired using standard sequences with a Siemens Magnetom Trio 3.0 T MRI scanner (Siemens, Erlangen, Germany) equipped with an eight-channel head coil at the Magnetic Resonance Center of Hunan Provincial People's Hospital, China.

Three-dimensional T1-weighted structural brain images were acquired with a gradient echo sequence: repetition time = 2,000 ms, echo time = 2.26 ms, field of view = 256×256 mm, flip angle = 8° , matrix size = 256×256 , number of slices = 176, slice thickness = 1 mm.

The functional images were collected using an echo-planar imaging sequence with the following parameters: number of slice = 32, repetition time = 2,000 ms, echo time = 30 ms, slice thickness = 4.00 mm, flip angle = 90°, matrix = 64×64 , field of view = 220×220 mm².

Data preprocessing. Functional and structural images were processed by Data Processing & Analysis of Brain Imaging (DPABI)⁹⁴ using Data Processing Assistant for Resting-State fMRI (DPARSF)⁹⁵. The first ten volumes were discarded to allow for signal stabilization and subjects adaptation. The remaining volumes were corrected for slice time differences, realigned to correct for small movements, and corrected for head motion. Subjects with head motion exceeding 2.0 mm in any dimension or 2° of any angular rotation were excluded from further analysis. Individual functional images were then coregistered to T1-weighted MR images, which were segmented and normalized to the standard structural MRI template in the Montreal Neurologic Institute space using nonlinear transformation. Spatially normalized images were then detrended to remove linear trends and remove nuisance signals, including white matter, cerebrospinal fluid signals, mean global signal, and 24 motion parameters.

Calculation of FALFF and ReHo. fALFF and ReHo values were calculated based on previous studies^{32,33} using DPABI. For fALFF analysis, the detrended functional images were smoothed with a Gaussian kernel of 4 mm full-width at half-maximum (FWHM). Power spectrum were computed by transforming time series of each voxel to the frequency domain via Fast Fourier Transform. The average square root of the power spectrum at each voxel across 0.01–0.1 Hz was taken as the ALFF. fALFF was obtained as the division of ALFF by the whole frequency range observed in the signal.

ReHo calculation was performed on a voxel-by-voxel basis by calculating Kendall's coefficient of concordance (KCC) of the time series of a given voxel with its nearest 26 voxels³². Then the individual ReHo maps were smoothed with a Gaussian kernel of 4 mm FWHM.

A whole-brain mask was used to remove the nonbrain tissues. Prior to subsequent analyses, individual fALFF and ReHo maps were standardized into z-score maps by dividing the global mean fALFF and mean KCC within the whole-brain mask.

Statistical analysis. Statistical analysis was performed in R 3.6.1 within Rstudio⁹⁶. Differences between MADs and HCs in demographic variables, i.e., age, gender, duration of education, marriage, CPD, and head motion were tested using two-sample t-tests, Mann–Whitney tests, and Pearson's chi-squared tests using R, and a p < 0.05 was set as significant.

Analysis of fALFF and ReHo maps were performed with voxel-wise two-sample t-tests in DAPBI. We included age, CPD, BMI, head motion, and grey matter volume as covariates. Significant differences in the analysis were reported using the criteria of multiple comparisons with the Gaussian Random Field theory correction (GRF) (voxel-wise p < 0.001, cluster-wise p < 0.05, two-tailed) and with a minimum extent threshold of 30 voxels for ReHo, 10 voxels for fALFF.

Regions where the MADs showed significant differences over the HCs for ReHo or fALFF properties were determined as regions of interest (ROIs). ReHo/fALFF values of these regions were extracted, averaged, and regressed against MA use parameters (i.e., age started using MA, duration of MA use, duration of abstinence). MA use parameters that were not normally distributed were natural log-transformed for the regression analyses⁵¹. We corrected the model p value for each regression model by using Bonferroni correction⁹⁷. Models with corrected p value less than 0.05 would be considered as there was a significant relationship between the value of

fALFF or ReHo and MA use parameters. Then Benjamini–Hochberg (BH) procedure was applied to control the false discovery rate (FDR)⁹⁸ to correct the p value of MA use parameters in the models with corrected model p value less than 0.05.

Received: 21 July 2020; Accepted: 22 March 2021 Published online: 08 April 2021

References

- Shao, X. T. et al. Methamphetamine use in typical Chinese cities evaluated by wastewater-based epidemiology. Environ. Sci. Pollut. Res. 27, 8157–8165 (2020)
- United Nations Office on Drugs and Crime. World Drug Report 2019 (2019). https://wdr.unodc.org/wdr2019/prelaunch/WDR19_ Booklet_4_STIMULANTS.pdf. Accessed 10 April 2020.
- Degenhardt, L. et al. The global burden of disease attributable to alcohol and drug use in 195 countries and territories, 1990–2016: A systematic analysis for the Global Burden of Disease Study 2016. Lancet Psychiatry 5, 987–1012 (2018).
- Chan, B. et al. Pharmacotherapy for methamphetamine/amphetamine use disorder—A systematic review and meta-analysis. Addiction 114, 2122–2136 (2019).
- Harada, T., Tsutomi, H., Mori, R. & Wilson, D. B. Cognitive-behavioural treatment for amphetamine-type stimulants (ATS)-use disorders. Cochrane Database Syst. Rev. 12, CD011315 (2018).
- Lupi, M. et al. Transcranial direct current stimulation in substance use disorders: A systematic review of scientific literature. J. ECT 3 (3), 203–209 (2017).
- Brecht, M. L. & Herbeck, D. Time to relapse following treatment for methamphetamine use: A long-term perspective on patterns and predictors. *Drug Alcohol Depend.* 139, 18–25 (2014).
- McKetin, R. et al. Predicting abstinence from methamphetamine use after residential rehabilitation: Findings from the methamphetamine treatment evaluation study. Drug Alcohol Rev. 37, 70–78 (2018).
- Rawson, R. A., Gonzales, R., Greenwell, L. & Chalk, M. Process-of-care measures as predictors of client outcome among a methamphetamine-dependent sample at 12- and 36-month follow-ups. J. Psychoact. Drugs 44, 342–349 (2012).
- Moeeni, M. et al. Predictors of time to relapse in amphetamine-type substance users in the matrix treatment program in Iran: A cox proportional hazard model application. BMC Psychiatry. https://doi.org/10.1186/s12888-016-0973-8 (2016).
- 11. Petzold, J. *et al.* Effectiveness of the first German-language group psychotherapy manual to accompany short-term treatment in methamphetamine dependence. *Front. Psychiatry.* https://doi.org/10.3389/fpsyt.2020.00130 (2020).
- Remmerswaal, D., Jongerling, J., Jansen, P. J., Eielts, C. & Franken, I. H. A. Impaired subjective self-control in alcohol use: An ecological momentary assessment study. *Drug Alcohol Depend.* 204, 107479 (2019).
- Ferrari, J. R., Stevens, E. B. & Jason, L. A. The role of self-regulation in abstinence maintenance: effects of communal living on self-regulation. J. Groups Addict. Recov. 4, 32-41 (2009).
- Tang, Y. Y., Posner, M. I., Rothbart, M. K. & Volkow, N. D. Circuitry of self-control and its role in reducing addiction. *Trends Cogn. Sci.* 19, 439–444 (2015).
- 15. Baler, R. D. & Volkow, N. D. Drug addiction: The neurobiology of disrupted self-control. Trends Mol. Med. 12, 559-566 (2006).
- Nunes, E. V. et al. Relapse to opioid use disorder after inpatient treatment: protective effect of injection naltrexone. J. Subst. Abuse Treat. 85, 49–55 (2018).
- Andersson, H. W., Wenaas, M. & Nordfjærn, T. Relapse after inpatient substance use treatment: A prospective cohort study among users of illicit substances. *Addict. Behav.* 90, 222–228 (2019).
- Wang, G. et al. Effects of length of abstinence on decision-making and craving in methamphetamine abusers. PLoS ONE 8, e68791 (2013).
- 19. Baumeister, R. F. & Heatherton, T. F. Self-regulation failure: An overview. Psychol. Ing. 7, 1-15 (1996).
- 20. Fornito, A. & Bullmore, E. T. What can spontaneous fluctuations of the blood oxygenationlevel-dependent signal tell us about psychiatric disorders? *Curr. Opin. Psychiatry* 23, 239–249 (2010).
- Ipser, J. C. *et al.* Distinct intrinsic functional brain network abnormalities in methamphetamine-dependent patients with and without a history of psychosis. *Addict. Biol.* 23, 347–358 (2018).
- 22. Li, X. *et al.* Aberrant resting-state cerebellar-cerebral functional connectivity in methamphetamine-dependent individuals after six months abstinence. *Front. Psychiatry* **11**, 191 (2020).
- Kohno, M., Morales, A. M., Ghahremani, D. G., Hellemann, G. & London, E. D. Risky decision making: prefrontal function and mesocorticolimbic resting-state connectivity in methamphetamine users. *JAMA Psychiat.* 1, 812–820 (2014).
- 24. Friston, K. J. Functional and effective connectivity in neuroimaging: A synthesis. *Hum. Brain Mapp.* **2**, 56–78 (1994).
- Li, H. et al. Enhanced baseline activity in the left ventromedial putamen predicts individual treatment response in drug-naive, first-episode schizophrenia: Results from two independent study samples. EBioMedicine 46, 248–255 (2019).
- Ou, Y. *et al.* Increased coherence-based regional homogeneity in resting-state patients with first-episode, drug-naïve somatization disorder. *J. Affect. Disord.* 235, 150–154 (2018).
- Wang, S. et al. Abnormal regional homogeneity as a potential imaging biomarker for adolescent-onset schizophrenia: A restingstate fMRI study and support vector machine analysis. Schizophr. Res. 192, 179–184 (2018).
- Sun, H. et al. Regional homogeneity and functional connectivity patterns in major depressive disorder, cognitive vulnerability to depression and healthy subjects. J. Affect. Disord. 235, 229–235 (2018).
- Tang, Y. Y., Tang, R. & Posner, M. I. Brief meditation training induces smoking reduction. Proc. Natl. Acad. Sci. U.S.A. 110, 13971–13975 (2013).
- Liao, Y. et al. Alterations in regional homogeneity of resting-state brain activity in ketamine addicts. Neurosci. Lett. 522, 36–40 (2012).
- 31. Wang, Y. et al. Altered fronto-striatal and fronto-cerebellar circuits in heroin-dependent individuals: A resting-state fMRI study. PLoS ONE 8, e58098 (2013).
- 32. Zang, Y., Jiang, T., Lu, Y., He, Y. & Tian, L. Regional homogeneity approach to fMRI data analysis. Neuroimage 22, 394-400 (2004).
- Zang, Y. F. *et al.* Altered baseline brain activity in children with ADHD revealed by resting-state functional MRI. *Brain Dev.* 29, 83–91 (2007).
- An, L. et al. Local synchronization and amplitude of the fluctuation of spontaneous brain activity in attention-deficit/hyperactivity disorder: A resting-state fMRI study. Neurosci. Bull. 29, 603–613 (2013).
- Zou, Q. H. et al. An improved approach to detection of amplitude of low-frequency fluctuation (ALFF) for resting-state fMRI: Fractional ALFF. J. Neurosci. Methods 172, 137–141 (2008).
- Yu, H. et al. Identifying methamphetamine dependence using regional homogeneity in BOLD signals. Comput. Math. Methods Med. 2020, 1–5 (2020).
- Zhang, S. et al. Changes in gray matter density, regional homogeneity, and functional connectivity in methamphetamine-associated psychosis: A resting-state functional magnetic resonance imaging (fMRI) study. Med. Sci. Monit. 24, 4020–4030 (2018).

- Li, H. et al. Methamphetamine enhances the development of schizophrenia in first-degree relatives of patients with schizophrenia. Can. J. Psychiatry 59, 107–113 (2014).
- Liu, Y. et al. Differences in the amplitude of low-frequency fluctuation between methamphetamine and heroin use disorder individuals: A resting-state fMRI study. Brain Behav. 10, 1–9 (2020).
- Liang, S. et al. Altered brain function and clinical features in patients with first-episode, drug naïve major depressive disorder: A resting-state fMRI study. Psychiatry Res. Neuroimaging 303, 111134 (2020).
- Cui, Y. et al. Altered spontaneous brain activity in somatic symptom disorder: A resting-state fMRI study. Clin. Neurophysiol. 126, 1–16. https://doi.org/10.21203/rs.3.rs-72364/v1 (2020).
- 42. Cui, L. B. et al. Putamen-related regional and network functional deficits in first-episode schizophrenia with auditory verbal hallucinations. Schizophr. Res. 173, 13–22 (2016).
- Liu, T. et al. Altered spontaneous brain activity in betel quid dependence: A resting-state functional magnetic resonance imaging study. Medicine 95, e2638 (2016).
- Gerber, H. et al. Abnormal functional integration of thalamic low frequency oscillation in the BOLD signal after acute heroin treatment. Hum. Brain Mapp. 36, 5287–5300 (2015).
- Chang, H. *et al.* Regional homogeneity changes between heroin relapse and non-relapse patients under methadone maintenance treatment: A resting-state fMRI study. *BMC Neurol.* https://doi.org/10.1186/s12883-016-0659-3 (2016).
- 46. Han, X. et al. Resting-state activity of prefrontal-striatal circuits in internet gaming disorder: Changes with cognitive behavior therapy and predictors of treatment response. Front. Psychiatry. https://doi.org/10.3389/fpsyt.2018.00341 (2018).
- Wang, C. et al. Altered spontaneous brain activity in chronic smokers revealed by fractional ramplitude of low-frequency fluctuation analysis: A preliminary study. Sci. Rep. https://doi.org/10.1038/s41598-017-00463-7 (2017).
- Feng, D. et al. Intra-regional and inter-regional abnormalities and cognitive control deficits in young adult smokers. Brain Imaging Behav. 10, 506–516 (2016).
- 49. Martijn, F. et al. Compulsivity in obsessive-compulsive disorder and addictions. Eur. Neuropsychopharmacol. 26, 856 (2016).
- Yang, X. Y. et al. Regional homogeneity of spontaneous brain activity in adult patients with obsessive-compulsive disorder before and after cognitive behavioural therapy. J. Affect. Disord. 188, 243–251 (2015).
- Chang, L. *et al.* Enlarged striatum in abstinent methamphetamine abusers: A possible compensatory response. *Biol. Psychiatry* 57, 967–974 (2005).
- Brooks, S. J. et al. Psychological intervention with working memory training increases basal ganglia volume: A VBM study of inpatient treatment for methamphetamine use. NeuroImage Clin. 12, 478–491 (2016).
- Volkow, N. D. et al. Higher cortical and lower subcortical metabolism in detoxified methamphetamine abusers. Am. J. Psychiatry 158, 383–389 (2001).
- Wang, G. J. et al. Partial recovery of brain metabolism in methamphetamine abusers after protracted abstinence. Am. J. Psychiatry 161, 242–248 (2004).
- Boileau, I. et al. Rapid recovery of vesicular dopamine levels in methamphetamine users in early abstinence. Neuropsychopharmacology 41, 1179–1187 (2016).
- Yuan, J. et al. Comparison of striatal dopamine transporter levels in chronic heroin-dependent and methamphetamine-dependent subjects. Addict. Biol. 22, 229–234 (2017).
- Ashok, A. H., Mizuno, Y., Volkow, N. D. & Howes, O. D. Association of stimulant use with dopaminergic alterations in users of cocaine, amphetamine, or methamphetamine a systematic review and meta-analysis. JAMA Psychiat. 74, 511–519 (2017).
- Crews, F., He, J. & Hodge, C. Adolescent cortical development: A critical period of vulnerability for addiction. *Pharmacol. Biochem. Behav.* 86, 189–199 (2007).
- Kim, J. E. et al. Metabolic alterations in the anterior cingulate cortex and related cognitive deficits in late adolescent methamphetamine users. Addict. Biol. 23, 327–336 (2018).
- Lyoo, I. K. *et al.* Predisposition to and effects of methamphetamine use on the adolescent brain. *Mol. Psychiatry* 20, 1516–1524 (2015).
- Ye, T., Pozos, H., Phillips, T. J. & Izquierdo, A. Long-term effects of exposure to methamphetamine in adolescent rats. Drug Alcohol Depend. 138, 17–23 (2014).
- 62. Sherrill, L. K., Stanis, J. J. & Gulley, J. M. Age-dependent effects of repeated amphetamine exposure on working memory in rats. *Behav. Brain Res.* 242, 84–94 (2013).
- 63. Swick, D., Ashley, V. & Turken, U. Are the neural correlates of stopping and not going identical? Quantitative meta-analysis of two response inhibition tasks. *Neuroimage* 56, 1655–1665 (2011).
- 64. Stewart, J. L. *et al.* You are the danger: Attenuated insula response in methamphetamine users during aversive interoceptive decision-making. *Drug Alcohol Depend.* **142**, 110–119 (2014).
- Zheng, H. et al. Meta-analyses of the functional neural alterations in subjects with internet gaming disorder: Similarities and differences across different paradigms. Prog. Neuro-Psychopharmacol. Biol. Psychiatry 94, 109656 (2019).
- Nestor, L. J., Ghahremani, D. G., Monterosso, J. & London, E. D. Prefrontal hypoactivation during cognitive control in early abstinent methamphetamine-dependent subjects. *Psychiatry Res. Neuroimaging* 194, 287–295 (2011).
- 67. Hall, M. G. et al. Gray matter abnormalities in cocaine versus methamphetamine-dependent patients: A neuroimaging metaanalysis. Am. J. Drug Alcohol Abuse 41, 290–299 (2015).
- Wiers, C. E. et al. Decreased gray matter volume in inferior frontal gyrus is related to stop-signal task performance in alcoholdependent patients. Psychiatry Res. Neuroimaging 233, 125–130 (2015).
- 69. Li, Y. *et al.* Support vector machine-based multivariate pattern classification of methamphetamine dependence using arterial spin labeling. *Addict. Biol.* 24, 1254–1262 (2019).
- 70. Li, Z., Zhu, Y., Childress, A. R., Detre, J. A. & Wang, Z. Relations between BOLD fMRI-derived resting brain activity and cerebral blood flow. *PLoS ONE* 7, e44556 (2012).
- Kim, H. et al. Resting-state regional homogeneity as a biological marker for patients with internet gaming disorder: A comparison
 with patients with alcohol use disorder and healthy controls. Prog. Neuro-Psychopharmacol. Biol. Psychiatry 60, 104–111 (2015).
- 72. Vuletic, D. *et al.* Methamphetamine dependence with and without psychotic symptoms: A multi-modal brain imaging study. *NeuroImage Clin.* **20**, 1157–1162 (2018).
- 73. Hwang, J. et al. Decreased cerebral blood flow of the right anterior cingulate cortex in long-term and short-term abstinent methamphetamine users. Drug Alcohol Depend. 82, 177–181 (2006).
- 74. Gowin, J. L. *et al.* Altered cingulate and insular cortex activation during risk-taking in methamphetamine dependence: Losses lose impact. *Addiction* **109**, 237–247 (2014).
- 75. Salo, R. et al. Attentional control and brain metabolite levels in methamphetamine abusers. Biol. Psychiatry 61, 1272–1280 (2007).
- Posner, M. I., Rothbart, M. K., Sheese, B. E. & Tang, Y. The anterior cingulate gyrus and the mechanism of self-regulation. *Cogn. Affect. Behav. Neurosci.* 7, 391–395 (2007).
- 77. Tomasi, D. & Volkow, N. D. Functional connectivity hubs in the human brain. Neuroimage 57, 908–917 (2011).
- Utevsky, A. V., Smith, D. V. & Huettel, S. A. Precuneus is a functional core of the default-mode network. J. Neurosci. 34, 932–940 (2014).
- DeWitt, S. J., Ketcherside, A., McQueeny, T. M., Dunlop, J. P. & Filbey, F. M. The hyper-sentient addict: An exteroception model of addiction. *Am. J. Drug Alcohol Abuse* 41, 374–381 (2015).

- Courtney, K. E., Ghahremani, D. G., London, E. D. & Ray, L. A. The association between cue-reactivity in the precuneus and level of dependence on nicotine and alcohol. *Drug Alcohol Depend.* 141, 21–26 (2014).
- Liao, Y. et al. Cue-induced brain activation in chronic ketamine-dependent subjects, cigarette smokers, and healthy controls: A task functional magnetic resonance imaging study. Front. Psychiatry. https://doi.org/10.3389/fpsyt.2018.00088 (2018).
- Grodin, E. N., Courtney, K. E. & Ray, L. A. Drug-induced craving for methamphetamine is associated with neural methamphetamine cue reactivity. *J. Stud. Alcohol Drugs* 80, 245–251 (2019).
- Liu, Y. et al. Decreased resting-state interhemispheric functional connectivity correlated with neurocognitive deficits in drug-naive first-episode adolescent-onset schizophrenia. Int. J. Neuropsychopharmacol. 21, 33–41 (2018).
- MacDuffie, K. E. et al. Effects of HIV infection, methamphetamine dependence and age on cortical thickness, area and volume. NeuroImage Clin. 20, 1044–1052 (2018).
- Chu, S. *et al.* Spontaneous brain activity in chronic smokers revealed by fractional amplitude of low frequency fluctuation analysis: A resting state functional magnetic resonance imaging study. *Chin. Med. J. (Engl.)* 127, 1504–1509 (2014).
- Morales, A. M., Lee, B., Hellemann, G., O'Neill, J. & London, E. D. Gray-matter volume in methamphetamine dependence: Cigarette smoking and changes with abstinence from methamphetamine. *Drug Alcohol Depend.* 125, 230–238 (2012).
- 87. Yin, H. H. & Knowlton, B. J. The role of the basal ganglia in habit formation. Nat. Rev. Neurosci. 7, 464-476 (2006).
- Kalivas, P. W. Addiction as a pathology in prefrontal cortical regulation of corticostriatal habit circuitry. *Neurotox. Res.* 14, 185–189 (2008).
- Yu, R. et al. Regional homogeneity changes in heavy male smokers: A resting-state functional magnetic resonance imaging study. Addict. Biol. 18, 729–731 (2013).
- 90. Tang, J. et al. Altered spontaneous activity in young chronic cigarette smokers revealed by regional homogeneity. Behav. Brain Funct. 8, 44 (2012).
- 91. Chen, H. & Mo, S. Regional homogeneity changes in nicotine addicts by resting-state fMRI. PLoS ONE 12, e0170143 (2017).
- 92. American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders* 4th edn. (American Psychiatric Association, 1994).
- First, M. B., Williams, J. B., Spitzer, R. L. & Gibbon, M. Structured Clinical Interview for DSM-IV-TR Axis I Disorders, Research Version, Patient Edition with Psychotic Screen (SCID-I/P W/ PSY SCREEN) (New York State Psychiatric Institute, 1996).
- Yan, C. G., Wang, X. D., Zuo, X. N. & Zang, Y. F. DPABI: Data processing & analysis for (resting-state) brain imaging. *Neuroinformatics* 14, 339–351 (2016).
 Chao, Y. & Yu, Fang, Z. DPAPSE: A MATLAP toolbay for 'mineling' data analysis of neuring state (MRL Front State).
- Chao-Gan, Y. & Yu-Feng, Z. DPARSF: A MATLAB toolbox for 'pipeline' data analysis of resting-state fMRI. Front. Syst. Neurosci. 4, 13 (2010).
- 96. R Core Team. R: A language and environment for statistical computing. In *R Foundation for Statistical Computing, Vienna, Austria* (2019).
- 97. Walker, E. Regression modeling strategies. Technometrics 45, 170 (2003).
- Benjamini, Y. & Hochberg, Y. Controlling the false discovery rate: A practical and powerful approach to multiple testing. J. R. Stat. Soc. Ser. B (Methodol.) 57, 289–300 (1995).

Acknowledgements

This study was supported by the Provincial Natural Science Foundation of Hunan (Grant No. 2014JJ4075 to J.L..), Provincial Natural Science Foundation of Hunan (grant no. 2020JJ5306 to A.X.), National Key R & D Program of China (2017YFC1310400 to T.L.), National Natural Science Foundation of China (Grant No. 81671324 and 81371465 to T.L.), Provincial Natural Science Foundation of Hunan (Grant No. 2020JJ4795 to T.L.) and Hunan Provincial Innovation Foundation for Postgraduate (Grant No. CX2017B071 to Q.W.). We acknowledge all the professionals in Kangda Voluntary Drug Rehabilitation Centers who helped a lot in data collection. The authors thank all the subjects who participated in this study. The support provided by the China Scholarship Council (CSC) during a visit of Q.W. to Texas Tech University is acknowledged.

Author contributions

Y.L., J.T., X.W., J.L. and T.L. contributed to the conception and design of the study. A.X., Q.W. and C.Q. participated in the data collection. A.X., Q.W. and W.Y. performed the statistical analysis. A.X. and Q.W. wrote the manuscript. W.Y., X.W., Y.T., Y.L. and J.T. revised the manuscript. T.L., J.L., W.H. and Y.T. advised on the statistical analysis and interpretation of findings and reviewed drafts of the manuscript. T.L. and J.L. supervised the study.

Competing interests

The authors declare no competing interests.

Additional information

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1038/s41598-021-87185-z.

Correspondence and requests for materials should be addressed to J.L. or T.L.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author (s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2021