scientific reports



OPEN Detection of extended spectrum beta-lactamase genes in Pseudomonas aeruginosa isolated from patients in rural **Eastern Cape Province, South** Africa

Mojisola C. Hosu¹, Sandeep D. Vasaikar¹, Grace E. Okuthe² & Teke Apalata¹

The proliferation of extended spectrum beta-lactamase (ESBL) producing Pseudomonas aeruginosa represent a major public health threat. In this study, we evaluated the antimicrobial resistance patterns of *P. aeruginosa* strains and characterized the ESBLs and Metallo- β -lactamases (MBL) produced. Strains of P. aeruginosa cultured from patients who attended Nelson Mandela Academic Hospital and other clinics in the four district municipalities of the Eastern Cape between August 2017 and May 2019 were identified; antimicrobial susceptibility testing was carried out against thirteen clinically relevant antibiotics using the BioMérieux VITEK 2 and confirmed by Beckman autoSCAN-4 System. Real-time PCR was done using Roche Light Cycler 2.0 to detect the presence of ESBLs; *bla*_{SHV}, bla_{TEM} and bla_{CTX-M} genes; and MBLs; bla_{IMP}, bla_{VIM}. Strains of P. aeruginosa demonstrated resistance to wide-ranging clinically relevant antibiotics including piperacillin (64.2%), followed by aztreonam (57.8%), cefepime (51.5%), ceftazidime (51.0%), piperacillin/tazobactam (50.5%), and imipenem (46.6%). A total of 75 (36.8%) multidrug-resistant (MDR) strains were observed of the total pool of isolates. The bla_{TEM} , bla_{SHV} and $bla_{\text{CTX-M}}$ was detected in 79.3%, 69.5% and 31.7% isolates (n = 82), respectively. The bla_{IMP} was detected in 1.25% while no bla_{VIM} was detected in any of the strains tested. The study showed a high rate of MDR P. aeruginosa in our setting. The vast majority of these resistant strains carried bla_{TEM} and bla_{SHV} genes. Continuous monitoring of antimicrobial resistance and strict compliance towards infection prevention and control practices are the best defence against spread of MDR P. aeruginosa.

Pseudomonas aeruginosa is an opportunistic pathogen causing infections especially in immunocompromised patients. It is the leading cause of nosocomial infections such as urinary tract infections, surgical site infections, pneumonia, bacteremia and septicaemia^{1,2}. It is one of the ESKAPE pathogens that is most medically and epidemiologically significant and has been implicated as a principal cause of chronic lung infections in cystic fibrosis (CF) patients and severe infections in burn victims^{3,4}. The World Health Organization (WHO) has categorized P. aeruginosa as a critical priority pathogen, which needs urgent novel antibiotics intervention and was given a serious threat level due to multidrug resistance displayed to many antibiotics^{5,6}. The growing resistance of *P. aeruginosa* to several antibiotics, as a result of excessive antibiotic administration, has resulted to the accumulation of antibiotic resistance and cross-resistance between antibiotics and the advent of multidrugresistant (MDR) forms of P. aeruginosa. P. aeruginosa infections are generally linked with high mortality; this is due to its innate resistance to several antimicrobial agents and acquired resistance via mutation and horizontal transfer^{7,8} Various mechanisms involved in the resistance of *P. aeruginosa* include over expression of efflux pump,

¹Division of Medical Microbiology, Department of Laboratory Medicine and Pathology, Faculty of Health Sciences, Walter Sisulu University and National Health Laboratory Services, Mthatha, Eastern Cape, South Africa. ²Department of Biological and Environmental Sciences, Walter Sisulu University, Mthatha, Eastern Cape, South Africa. [⊠]email: ruffinapalata@gmail.com

acquisition of Extended-Spectrum β-Lactamases (ESBLs) and Metallo-β-Lactamases (MBLs)⁹. ESBLs are a cluster of β -lactamases that inactivates β -lactams especially oxymino- β -lactams and monobactams, and are repressed by β -lactamase inhibitors, such as clavulanic acid. They are encoded on plasmids and can easily be conveyed from one organism to another¹⁰. ESBL enzymes according to Ambler classification are categorized into two, A and D. The most prevalent enzymes in class A include bla_{TEM} , $bla_{\text{CTX-M}}$ and bla_{SHV} , and has been described in *P. aeruginosa* strains^{10,11}. The emergence of beta-lactamase enzymes is majorly due to chromosomal mutation and procurement of resistance genes which are moved about on various mobile genetic elements (MGEs) such as-bacteriophages, genomic islands, integrons, plasmids and insertion sequences¹². The production of these enzymes is a going concern for infection control supervision because it restricts therapeutic choices. Continuous monitoring and timely detection of ESBL and MBL producing organisms is critical to establish suitable antimicrobial therapy and to thwart their spread¹³. Polymerase chain reaction (PCR)-based methods are critical to establish the prevalence and characterization of beta lactamases due to the presence of multiple resistance genes in some microorganisms¹⁴. Real-time PCR (rPCR) detection of ESBL enhances faster diagnosis and timely management of epidemiological information for monitoring outbreak situations¹⁵. Studies on ESBL-producing P. aeruginosa in South Africa have been documented from other provinces¹⁶⁻¹⁸ but scarce data exist in the Eastern Cape particularly in the former Transkei region on the molecular detection of ESBLs and MBLs in P. aeruginosa.

Antibiotic surveillance studies are important for the design of control strategies for preventing bacterial resistance and establishing therapeutic guidelines as well as for a better understanding of bacterial epidemiology. The first reported National antimicrobial resistance (AMR) surveillance in South Africa¹⁹ reported ESKAPE organisms causing bacteremia hence not much data for -comparative analysis. The data from the comprehensive view of AMR in blood cultures for ESKAPE pathogens revealed that 20% and 25% of *P. aeruginosa* bloodstream isolates were resistant to piperacillin/tazobactam and carbapenems respectively. To the best of our knowledge, there are few reports on surveillance of antimicrobial resistance (AMR) in clinical isolates of *P. aeruginosa* from all samples obtainable particularly from the Eastern Cape. The aim of this study was to examine the antimicrobial susceptibility profiles of clinical strains of *P. aeruginosa* obtained from patients attending healthcare facilities in the four district municipalities in Eastern Cape and to investigate their ESBL and MBL resistance mechanisms.

Results

Identification of P. aeruginosa and demographics. During the study period, a total of 204 *P. aeruginosa* isolates were identified from a range of clinical specimens of patients who attended various healthcare facilities in the OR Tambo district municipality, Alfred Nzo, Joe Gqabi and Amathole districts in the Eastern Cape Province. The strains were identified by Vitek 2 system (bioMérieux, Inc., USA), and confirmed by both Microscan autoscan-4 system (Beckman Coulter, Inc. USA) and rPCR using specific primer and probes targeting *gyr*B. The majority of the strains were from male patients (60%) while 40% belonged to female patients. The strains were predominantly from pus and wound swabs (80.4%), with surgical wounds constituting 43.3%, burn wounds 3.7% and others accounted for 53.0%. These samples originated from Surgical (33.3%), General (18.1%) and Paediatrics (11.3%) wards.

The mean age of patients was 32.8 years ranging from 6 days to 84 years. The male population have a mean age of 30.5 years ranging from 6 days to 83 years while the female mean age was 36.2 years with age ranging from 22 days to 84 years. These patients were drawn from four district municipalities with OR Tambo having the most at 80.4% with the least patient drawn from Joe Gqabi at 0.5% (Table 1).

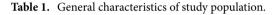
Antimicrobial susceptibility. Out of 204 isolates tested to various antibiotics, there was resistance observed in piperacillin (64.2%), followed by aztreonam (57.8%), cefepime (51.5%), ceftazidime (51.0%), piperacillin/tazobactam (50.5%), and imipenem (46.6%). Other percentages of resistance included gentamicin (35.3%), meropenem (24.0%) and amikacin (20.1%). Tobramycin was the most potent antibiotic with susceptibility of 91.7% followed by both doripenem and ciprofloxacin (88.7%) and levofloxacin (80.1%) (Fig. 1). The study also revealed a total of seventy-five isolates (36.8%) were multidrug-resistant out of the tested strains of which the majority was drawn from the OR Tambo district municipality (82.7%), Alfred Nzo (12%) and the least from Amathole (5.3%); while non-MDR constituted 63.2% of the total.

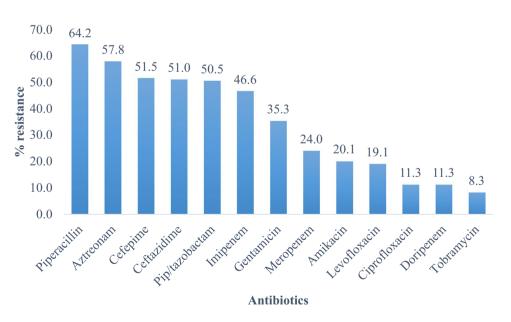
Molecular Detection of ESBL- and MBL-encoding genes. Of 204 *P. aeruginosa* isolates, 82 were tested by singleplex rPCR for detection of ESBL and MBL. These data revealed that ESBL—genotypic resistance is driven by bla_{TEM} (79.3%) followed by bla_{SHV} (69.5%) and lastly $bla_{\text{CTX-M}}$ (31.7%). MBL-genotypic resistance, bla_{VIM} , was not detected in all strains tested while only one bla_{IMP} (1.25%) was detected (Table 2). The most common ESBL-genotype combination among the *P. aeruginosa* was a combination of $bla_{\text{TEM}} + bla_{\text{SHV}}$ (40.5%).

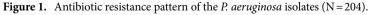
Discussion

The current study revealed that antibiotic resistance was observed in piperacillin (64.2%), aztreonam (57.8%), Cephalosporins (cefepime 51.5% and ceftazidime 51.0%), antipseudomonal penicillins + β -lactamase inhibitor (piperacillin/tazobactam 50.5%) and imipenem (46.6%). (Fig. 1). Others included gentamicin (35.3%), meropenem (24.0%) and amikacin (20.1%). Tobramycin was found to be the most potent antibiotic with a susceptibility of 91.7% followed by both doripenem and ciprofloxacin (88.7%) and levofloxacin (80.9%). Data from surveillance on isolates of *P. aeruginosa* in the South African public sector is not in agreement with the present study²⁰. They reported much lower resistance rates of 15%, 16%, 24%, 23% and 19% in cefepime, ceftazidime, imipenem, meropenem and piperacillin/tazobactam respectively. The isolates were recovered from blood cultures only, possibly this might account for the variations in resistance rate, alternatively this might be due to regional variations in the empirical use of these antimicrobials²⁰. This also underscores the importance of continuous

Variable	Number, n (%)			
Gender				
Male	122 (59.8)			
Female	82 (40.2)			
Age (years) (mean ± SEM)				
$\leq 15 \ (7.4 \pm 0.6)$	44 (21.6)			
16-30 (23.9±0.7)	48 (23.5)			
31-45 (37.2±0.6)	44 (21.6)			
46-60 (54.1±0.8)	30 (14.7)			
>60 (71.7±1.3)	21 (10.3)			
Specimen source				
Pus and wound swab	164 (80.4)			
Sputum	22 (10.8)			
Fluid aspirate	7 (3.4)			
Catheter tip	6 (2.9)			
Urine	3 (1.5)			
Tissue	2 (1.0)			
MDR status				
MDR	75 (36.8)			
Non-MDR	129 (63.2)			
District municipality				
Alfred Nzo	27 (13.2)			
dAmathole	12 (5.9)			
Joe Gqabi	1 (0.5)			
OR Tambo	164 (80.4)			







local antimicrobial resistance surveillance for appropriate antibiotic treatment recommendations at the local and facility level since the data only accounted for bacteremic isolates, as there is no national surveillance data to facilitate comparison. In this study, the percentage of resistance of 11.3% to ciprofloxacin was within the same range of 13.4% described by Ramsamy et al.¹⁸. The data obtained were from nine public sector hospitals in KwaZulu-Natal Province. Additionally, gentamicin resistance of 17% and imipenem resistance of 13% as reported in the study was lower in comparison with resistance reported in the current study at 35.3% and 46.6% respectively. The susceptibility ranges of 75%-92% of *P. aeruginosa* isolates in this study to some routine

Positive by PCR for ESBL genes	Number amplified (N=82)	Total (%)
A. Single ESBL gene		
bla _{TEM}	65	79.3
bla _{SHV}	57	69.5
bla _{CTX-M}	26	31.7
bla _{IMP}	1	1.25
bla _{VIM}	0	0
B. Two or more ESBL genes	121	
$bla_{\rm TEM} + bla_{\rm SHV}$	49	40.5
$bla_{\text{TEM}} + bla_{\text{CTX-M}}$	22	18.2
$bla_{\rm SHV} + bla_{\rm CTX-M}$	26	21.5
$bla_{\text{TEM}} + bla_{\text{IMP}}$	1	0.8
$bla_{\text{TEM}} + bla_{\text{SHV}} + bla_{\text{CTX-M}}$	22	18.2
$bla_{\text{TEM}} + bla_{\text{SHV}} + bla_{\text{IMP}}$	1	0.8
$bla_{\text{TEM}} + bla_{\text{SHV}} + bla_{\text{CTX-M}} + bla_{\text{IMP}}$	0	0

 Table 2. ESBL genotypes in P. aeruginosa strains.

antibiotics considered for therapy is encouraging but the increase in resistance exhibited to cephalosporins and imipenem is concerning. This might be due to selective pressure to those antibiotics and it will be important to monitor the prescription of these antibiotics. Owing to endless alteration, resistance exhibited to range of β -lactam antibiotics is challenging, thus making β -lactamase production the commonest cause of drug resistance and antimicrobial treatment failure^{7,21}. This study detected an average resistance of 51.3% to the cephalosporins (ceftazidime and cefepime). Piperacillin and gentamicin resistance was 64.2% and 35.3% respectively similar to the findings of Uc-Cachon et al.²². The emerging level of resistance displayed to the cephalosporins highlight the development of cephalosporinases among resistant strains of these organisms. The cephalosporins due to their wide spectrum of activity are a significant class of antimicrobials used in controlling several infections however; the emergence of cephalosporinases can in effect hamper their clinical usefulness²³. The reported increasing penicillinase-producing β -lactamases strains among these organisms validates the noticeably observable high rate resistance of our isolates to piperacillin²³. Piperacillin is a penicillin beta-lactam antibiotic with in-vitro activity against Gram-positive and Gram-negative aerobic and anaerobic bacteria but because it is prone to hydrolysis by β -lactamase enzymes, its combination with tazobactam, a β -lactamase inhibitor, enhances the in-vitro activity of piperacillin to bacterial cells. This was noticed in the differences in the resistance to the two antibiotics with piperacillin having a higher resistance of 64.2% as compared to 50.5% in piperacillin/tazobactam.

Antibiotic resistance is a public health menace with an alarming proportion that is receiving collective attention more so that several studies have found a correlation between level of antibiotic prescription with the prevalence of antibiotic resistance^{24,25}. Patients with resistant *P. aeruginosa* infections have a poor prognosis hence it is imperative that *P. aeruginosa* strains presenting severe drug resistance is monitored²⁶. The swift spread and the emergence of MBL- and ESBL-producing *P. aeruginosa* of clinical origin is distressing and of great threat. Furthermore, level of antibiotic usage, horizontal gene transfer (HGT) event and environmental factors may account for variations in resistance patterns among strains isolated from diverse countries and regions. In the present study, 36.8% of the strains were MDR (defined as non-susceptibility to at least one agent in three or more antimicrobial categories). Studies have indicated that multidrug resistance often results into limited treatment options and adverse clinical and economic outcomes^{27,28}.

Antimicrobial treatment is further hampered by the production of extended spectrum beta-lactamases and metallo beta-lactamases. The emergence of ESBL-producing P. aeruginosa is increasingly reported as a major cause of health-care associated infections. In the hospital locale, infections resulting from these resistant organisms are increasingly challenging to treat due to the intensity of resistance exhibited to the most commonly recommended antibiotics14,29. This study found out that the most prevalent genotype for ESBL production was bla_{TEM} , which was detected in 65 (79.3%) strains followed by bla_{SHV} (69.5%) and $bla_{\text{CTX-M}}$ (31.7%) (Table 2). It has been reported that ESBL genes show variation depending on the geographical location, the findings of Erhlers et al.³⁰, Chen et al.³¹ and Miranda et al.³², from South Africa, China and Brazil respectively corroborated our results of the prevalent genotype as bla_{TEM} while in contrast Jamali et al.³³ reported the prevalent gene to be bla_{SHV}. The predominant ESBL and MBL genes detected in a study conducted in Durban on MDR P. aeruginosa isolates were GES-2, OXA-21, and VIM-2³⁴. The least detected ESBL genotype from this study was bla_{CTX-M} (31.7%) similar to Miranda et al.³². Although no bla_{VIM} was detected in our study, MDR P. aeruginosa encoding bla_{VIM-2} gene have been reported in a tertiary hospital in Cape Town, which was responsible for an outbreak, and in a public hospital in Port Elizabeth^{35,36}. The phenotypic resistance displayed to the carbapenems particularly imipenem which is not validated by the genotypic MBL result may be due to other resistance mechanism such as efflux over expression or forfeiture of exterior membrane protein³⁷.

Several researchers have reported on the concurrence of different β -lactamase genes found in the same strains^{38,39}. The most common ESBL combination in this study was a combination of $bla_{\text{TEM}} + bla_{\text{SHV}}$ (40.5%) contrary to Chen et al.³¹, who reported the commonest to be $bla_{\text{SHV}} + bla_{\text{CTX-M}}$. The second most common genotype combination was $bla_{\text{SHV}} + bla_{\text{CTX-M}}$. This study showed the most predominant ESBL gene was bla_{TEM} , which

is corroborated by other studies. Prior to now, bla_{TEM} used to be the most prevalent but recent reports suggest that the CTX-M-type group of ESBLs may now be the most predominant type globally⁴⁰. These discrepancies may be due in part to varied geographic location, different levels of healthcare facilities involved, varied levels of exposure to healthcare settings, antibiotic use and antibiotic stewardship practices.

Conclusions

This study is the first surveillance report on antimicrobial susceptibility testing and molecular detection of resistant genes of *P. aeruginosa* strains from clinical samples of patients attending healthcare facilities in four district municipalities of Eastern Cape Province, South Africa. The study showed a high rate of MDR *P. aeruginosa* in our setting. The vast majority of these resistant strains carried *bla*_{TEM} and bla_{SHV} genes. Early detection and characterization of ESBLs is critical to contain their dissemination, prevent outbreak and optimise therapy. Continuous monitoring of antimicrobial resistance and strict compliance towards infection control practices are the best defence against continuous spread of MDR *P. aeruginosa*.

The limitation of this study is the fact that we could not screen *P. aeruginosa* isolates for the presence of all reported genes (GES-2 and OXA-21 genes) from other South African provinces due to funding constraints.

Methods

Study design and settings. A prospective, cross-sectional descriptive study. Samples from patients were collected from August 2016 to May 2019. All methods were performed in accordance with the relevant guidelines and regulations and ethics approval certificate from the Faculty of Health Sciences Human Research Committee at Walter Sisulu University was obtained, bearing the registration number 024/2016. This laboratory-based study involved collection of a range of clinical specimens of patients who attended various healthcare facilities in the OR Tambo district municipality, Alfred Nzo, Joe Jqabi and Amathole districts in the Eastern Cape Province. Five local municipalities (King Sabata Dalindyebo, Nyandeni, Mhlontlo, Port St Johns, and Ingquza Hill) form the OR Tambo district municipality with an estimated total population of 1,760,389. Patients' clinical samples were collected from 1 Academic Central Hospital (Nelson Mandela Academic Hospital), 1 Regional Hospital (Mthatha regional hospital), 12 District Hospitals; and 11 Community Health Centers. These samples were sent for culture and susceptibility testing in the Department of Medical Microbiology at the National Health Laboratory Services (NHLS), located in the Nelson Mandela Central Hospital in Mthatha, Eastern Cape. Clinical samples from those various hospitals and clinics were sent as part of the patients' routine standard of care.

Specimen collection and analysis. Non-duplicate *P. aeruginosa* isolates were collected from clinics and hospitals from the four district municipalities. Specimens included throat swabs, wound swabs, swabs from abscesses, sputum, urine, blood culture and catheter tips. Demographic characteristics of patients and medical histories were collected from medical records including date of specimen collection, gender and age. All samples were routinely cultured on MacConkey and Blood agar plates. Blood and sputum were also cultured on chocolate agar. Suspected colonies were plated on Cetrimide agar and identified by gram staining, colony characteristics, motility, pyocyanin production and characteristics grape-like odour⁴¹. Strains were identified to the species level with Vitek 2 GN (bioMérieux, Inc. USA) ID cards and confirmed by Microscan NID 2 panels (Beckman Coulter, Inc. USA). Specific primers and probes targeting *gyrB* were amplified by singleplex *rPCR* and were also used to confirm identity of the isolates.

Antimicrobial susceptibility. Antimicrobial susceptibility was obtained by determining MIC using Microscan dehydrated broth microdilution method with negative MIC Panel Type 44 (NM44) (Beckman Coulter, Inc. USA) following the manufacturer's guidelines⁴² MICs were interpreted following CLSI guidelines (M100-S27 breakpoints)⁴³. The following antibiotics were tested in the panels: amikacin, aztreonam, cefepime, ceftazidime, ciprofloxacin, doripenem, gentamicin, imipenem, levofloxacin, meropenem, piperacillin/tazobac-tam, piperacillin and tobramycin.

Criterion for multidrug resistance. The classification of MDR was performed according to Magiorakos et al.⁴⁴. (MDR was defined as non-susceptibility to at least one agent in three or more antimicrobial categories).

Molecular ESBL and MBL detection by singleplex rPCR. Genomic DNA was extracted using Roche MagNA Pure Bacteria lysis buffer, MagNA Pure Compact Nucleic Acid Isolation kit and PCR grade water (Roche Applied Science, Indianapolis), following manufacturer's instructions. The DNA was used as a template in the rPCR analysis. Real time PCR for bla_{CTX-M} , bla_{SHV} , bla_{TEM} , bla_{IMP} and bla_{VIM} was carried out in the Light Cycler 2.0 instrument (Roche Applied Science, Germany) using Fast start Light Cycler 480 Hybridization probes Master kit (Roche Diagnostics, USA). The choice of testing for these genes was the result of scarcity of data in our setting. Specific primers and probes (Table 3) targeting the genes bla_{CTX-M} , bla_{SHV} , bla_{TEM} , bla_{TEM} , bla_{IMP} and bla_{VIM} were amplified by singleplex rPCR. Primers were designed by TIB-Molbiol (Berlin, Germany). rPCR assay was performed in a 32 carousels using 20 µL capillaries with each capillary containing a total volume of 20 µL including 2 µL of Light Cycler FastStart DNA Master Hybridization Probe, 2 µL of primers (0.5 mM for each forward and reverse), 2.4 µL of MgCl₂, 2 µL of extracted DNA, and water to make up the volume of 20 µL. DNA amplification was carried out with the following run conditions: Pre-incubation for 5 min at 95 °C, followed by 45 cycles of amplification with denaturation at 95 °C for 30 s, annealing and extension for 1 min at 60 °C, and then a single cycle of cooling for 30 s at 40 °C¹¹. Absolute quantification was carried out using the Light Cycler software 4.05.

Target gene	Primers	Primers sequences (5'-3')	Tm in 0 °C	References
bla _{CTX-M}	CTX-M forward primer	ATGAGYACCAGTAARGTKATGGC	58.7	45
	CTX-M reverse primer	ATCACKCGGRTCGCCIGGRAT	59.3	45
	CTX-M Probe	FAM-CCCGACAGCTGGGAGACGAAACGT-BBQ	70.2	45
bla _{SHV}	SHV forward primer	TCCCATGATGAGCACCTTTAAA	56.8	46
	SHV reverse primer	TCCTGCTGGCGATAGTGGAT	58.6	46
	SHV Probe	FAM-TGCCGGTGACGAACAGCTGGAG-BBQ	68.3	46
bla_{TEM}	TEM forward primer	GCATCTTACGGATGGCATGA	56.6	46
	TEM reverse primer	GTCCTCCGATCGTTGTCAGAA	57.7	46
	TEM Probe	FAM-CAGTGCTGCCATAACCATGAGTGA-BHQ1	62.2	46
bla _{IMP}	IMP forward primer	GGGCGGAATAGAGTGGCTTA	57.6	47
	IMP reverse primer	GGCTTGAACCTTACCGTCTTTTT	59.3	47
	IMP Probe	FAM-CGATCTATCCCCACGTATGCATCTGAATTAACA-BHQ1	67.4	47
bla _{VIM}	VIM forward primer	TGCGCTTCGGTCCAGTAGA	59.0	47
	VIM reverse primer	TGACGGGACGTATACAACCAGAT	58.5	47
	VIM Probe	FAM-CTTCTATCCTGGTGCTGCGCATTCG-BHQ1	67.6	47
gyrB	gyrB forward primer	CCT GAC CAT CCG TCG CCA CAA		48
	gyrB reverse primer	CGC AGC AGG ATG CCG ACG CC		48
	gyrB probe	6-FAM-CCG TGG TGG TAG ACC TGT TCC CAG ACC-BHQ 6-FAM-CCG TGG TGG TAG ACC TGT TCC CAG ACC-BBQ		This study

Table 3. Primer sequences for detection of bla_{CTX-M} , bla_{SHV} , bla_{TEM} , bla_{IMP} , bla_{VIM} genes and gyrB.

Organism	ATCC/NCTC number	Inherent resistant gene
Pseudomonas aeruginosa	ATCC 27853	gyrB
Escherichia coli	NCTC 13461	bla _{CTX-M}
Klebsiella pneumoniae	ATCC 700603	bla _{SHV}
Escherichia coli	NCTC 13351	bla _{TEM}
Escherichia coli	NCTC 13476	bla _{IMP}
P. aeruginosa	NCTC 13437	bla _{VIM}

Table 4. Control strains used for rPCR amplification.

Positive control strains were used in the rPCR run (Table 4) These were obtained from the National Institute of Communicable Diseases (NICD), Johannesburg, South Africa.

Statistical analysis. The data was coded and entered into a database on an Excel spreadsheet and analyzed using Statistical Package for the Social Sciences (SPSS) version 23.0. The descriptive analysis was performed to calculate the frequency and categorical variables were expressed as proportions (%). All statistical analysis was done with statistical significance set at ≤ 0.05 .

Ethics approval and consent to participate. Ethical approval for the study was granted by the Health Research Ethics and Biosafety Committee of the Faculty of Health Sciences, Walter Sisulu University (WSU) bearing the reference number 024/2016 while permission to conduct the study was obtained from the National Health Laboratory Services (NHLS). Informed consent was obtained from all study participants aged 18 years and above. However, for participants aged below 18 years, the consent was sought from a parent and/or legal guardian.

Data availability

All data generated or analysed during this study are included in this published article.

Received: 10 May 2020; Accepted: 24 February 2021 Published online: 29 March 2021

References

- Breidenstein, E. B., de la Fuente-Núñez, C. & Hancock, R. E. Pseudomonas aeruginosa: all roads lead to resistance. Trends Microbiol. 19(8), 419–426 (2011).
- 2. Yayan, J., Ghebremedhin, B. & Rasche, K. Antibiotic resistance of *Pseudomonas aeruginosa* in pneumonia at a Single University Hospital Center in Germany over a 10-year period. *PLoS ONE* **10**(10), e0139836 (2015).

- Subedi, D., Vijay, A. K., Kohli, G. S., Rice, S. A. & Willcox, M. Comparative genomics of clinical strains of *Pseudomonas aeruginosa* strains isolated from different geographic sites. Sci. Rep. 8, 15668 (2018).
- Rocha, A. J. et al. Pseudomonas Aeruginosa: virulence factors and antibiotic resistance genes. Braz. Arch. Biol. Technol. 62, e19180503 (2019).
- 5. Frieden, T. Antibiotic resistance threats in the United States, 2013. Centers for Disease Control and Prevention, US Department of Health and Human Services 23, 11–28 (2013).
- Tacconelli, E., Magrini, N., Kahlmeter, G. & Singh, N. Global priority list of antibiotic-resistant bacteria to guide research, discovery, and development of new antibiotics. World Health Organ. 27, 318–327 (2017).
- Farhan, S. M., Ibrahim, R. A., Mahran, K. M., Hetta, H. F. & El-Baky, R. M. Antimicrobial resistance pattern and molecular genetic distribution of metallo-β-lactamases producing *Pseudomonas aeruginosa* isolated from hospitals in Minia, Egypt. *Infect. Drug Resist.* 12, 2125 (2019).
- 8. Hwang, W. & Yoon, S. S. Virulence characteristics and an action mode of antibiotic resistance in multidrug-resistant *Pseudomonas* aeruginosa. Sci. Rep. 9, 487 (2019).
- Chaudhary, M. & Payasi, A. Rising Antimicrobial Resistance of *Pseudomonas aeruginosa* Isolated from clinical specimens in India. J. Proteom. Bioinform. 6(1), 005–009 (2013).
- Laudy, A. E. et al. Prevalence of ESBL-producing Pseudomonas aeruginosa isolates in Warsaw, Poland, detected by various phenotypic and genotypic methods. PLoS ONE 12(6), e0180121 (2017).
- 11. Vasaikar, S., Obi, L., Morobe, I. & Bisi-Johnson, M. Molecular characteristics and antibiotic resistance profiles of *Klebsiella* isolates in Mthatha, Eastern Cape province, South Africa. *Int. J. Microbiol.* **7**, 8486742 (2017).
- Founou, R. C., Founou, L. L. & Essack, S. Y. Extended spectrum beta-lactamase mediated resistance in carriage and clinical gramnegative ESKAPE bacteria: a comparative study between a district and tertiary hospital in South Africa. Antimicrob. Resist. Infect. Control 7, 134 (2018).
- Bharti, N. M. & Sharma, P. C. Molecular characterization of *Pseudomonas aeruginosa* isolates recovered from human patients in Himachal Pradesh (India) for selective genes: extended spectrum β-lactamase (ESBL) Ampicillin Class C (AmpC) and metallo β-lactamase (MBL) genes. *IJPSR* 7(12), 4905–4916 (2016).
- 14. Khurana, S., Mathur, P., Kapil, A., Valsan, C. & Behera, B. Molecular epidemiology of beta-lactamase producing nosocomial Gram-negative pathogens from North and South Indian hospitals. *J. Med. Microbiol.* **66**, 999–1004 (2017).
- 15. Alfaresi, M. S. & Elkoush, A. A. Real-time polymerase chain reaction for rapid detection of genes encoding SHV extended-spectrum β -lactamases. *Indian J. Med. Microbiol.* **28**(4), 332–336 (2010).
- Poirel, L., Weldhagen, G. F., De Champs, C. & Nordmann, P. A. Nosocomial outbreak of *Pseudomonas aeruginosa* isolates expressing the extended-spectrum β-lactamase GES-2 in South Africa. J. Antimicrob. Chemother. 49(3), 561–565 (2002).
- 17. Mudau, M. *et al.* Outbreak of multi-drug resistant *Pseudomonas aeruginosa* bloodstream infection in the haematology unit of a South African Academic Hospital. *PLoS ONE* **8**(3), e55985 (2013).
- Ramsamy, Y., Essack, S. Y., Sartorius, B., Patel, M. & Mlisana, K. P. Antibiotic resistance trends of ESKAPE pathogens in Kwazulu-Natal, South Africa: a five-year retrospective analysis. *Afr. J. Lab Med.* 7(2), a887 (2018).
- 19. National Department of Health Surveillance report. Surveillance for antimicrobial resistance and consumption of antibiotics in South Africa. 2018
- 20. Ismail, H. *et al.* Surveillance and comparison of antimicrobial susceptibility patterns of ESKAPE organisms isolated from patients with bacteraemia in South Africa, 2016–2017. S. *Afr. Med. J.* **109**(12), 934–940 (2019).
- 21. Pitout, J. D. Enterobacteriaceae producing ESBLs in the community: are they a real threat?. Infect. Med. 24(2), 57-65 (2007).
- Uc-Cachón, A. H., Gracida-Osorno, C., Luna-Chi, I. G., Jiménez-Guillermo, J. G. & Molina-Salinas, G. M. High prevalence of antimicrobial resistance among gram-negative isolated bacilli in intensive care units at a tertiary-care hospital in Yucatán Mexico. *Medicina* 55(9), 588 (2019).
- Osundiya, O. O., Oladele, R. O. & Oduyebo, O. O. Multiple Antibiotic Resistance (MAR) Indices of *Pseudomonas* and *Klebsiella* species in Lagos Teaching Hospital. *Afr. J. Cln. Exper. Microbiol.* 14(3), 164–168 (2013).
- Goldstein, E., MacFadden, D. R., Lee, R. S. & Lipsitch, M. Outpatient prescribing of four major antibiotic classes and prevalence of antimicrobial resistance in US adults. *bioRxiv*. 456244 (2018).
- Sanz-García, F., Hernando-Amado, S. & Martínez, J. L. Mutational evolution of *Pseudomonas aeruginosa* resistance to ribosometargeting antibiotics. *Front. Genet.* 9, 451 (2018).
- Dou, Y., Huan, J., Guo, F., Zhou, Z. & Shi, Y. Pseudomonas aeruginosa prevalence, antibiotic resistance and antimicrobial use in Chinese burn wards from 2007 to 2014. J. Int. Med. Res. 45(3), 1124–1137 (2017).
- 27. Nathwani, D., Raman, G., Sulham, K., Gavaghan, M. & Menon, V. Clinical and economic consequences of hospital-acquired resistant and multidrug-resistant *Pseudomonas aeruginosa* infections: a systematic review and meta-analysis. *Antimicrob. Resist. Infect. Control* **3**, 32 (2014).
- Nørgaard, S. M. et al. Choice of therapeutic interventions and outcomes for the treatment of infections caused by multidrugresistant gram-negative pathogens: a systematic review. Antimicrob. Resist. Infect. Control 8, 170 (2019).
- Amirkamali, S., Naserpour-Farivar, T., Azarhoosh, K. & Peymani, A. Distribution of the bla OXA, bla VEB-1, and bla GES-1 genes and resistance patterns of ESBL-producing *Pseudomonas aeruginosa* isolated from hospitals in Tehran and Qazvin Iran. *Rev. Soc. Bras. Med. Trop.* 50(3), 315–320 (2017).
- Ehlers, M. M. *et al.* Detection of *bla*_{SHV}, *bla*_{TEM} and *bla*_{CTX-M} antibiotic resistance genes in randomly selected bacterial pathogens from the Steve Biko Academic Hospital. *FEMS Immunol. Med. Microbiol.* 56(3), 191–196 (2009).
- Chen, Z. et al. Prevalence of ESBLs-producing Pseudomonas aeruginosa isolates from different wards in a Chinese teaching hospital. Int. J. Clin. Exp. Med. 8(10), 19400 (2015).
- 32. Miranda, C. Č. et al. Genotypic characteristics of multidrug-resistant *Pseudomonas aeruginosa* from hospital wastewater treatment plant in Rio de Janeiro Brazil. J. Appl. Microbiol. **118**(6), 1276–1286 (2015).
- 33. Jamali, S., Shahid, M., Sobia, F., Singh, A. & Khan, H. M. Phenotypic and molecular characterization of cefotaximases, temoniera, and sulfhydryl variable β-lactamases in *Pseudomonas* and *Acinetobacter* isolates in an Indian tertiary health-care center. *Indian J. Pathol. Microbiol.* **60**, 196–201 (2017).
- 34. Adjei, C. B., Govinden, U., Moodley, K. & Essack, S. Y. Molecular characterisation of multidrug-resistant *Pseudomonas aeruginosa* from a private hospital in Durban, South Africa. S. Afr. J. Infect. Dis. **33**(2), 38–41 (2018).
- Jacobson, R. K., Minenza, N., Nicol, M. & Bamford, C. VIM-2 Metallo-β-lactamase-producing *Pseudomonas aeruginosa* causing an outbreak in South Africa. J. Antimicrob. Chemother. 67(7), 1797–1798 (2012).
- Govender, S., Masunda, T. & Black, J. VIM-2 carbapenemase-producing *Pseudomonas aeruginosa* in a patient from Port Elizabeth South Africa. S. Afr. Med. J. 105(5), 328–333 (2015).
- Polloto, M. et al. Detection of P. aeruginosa harboring blaCTX-M-2, blaGES-1 and blaGES-5, blaIMP-1 and blaSPM-1 causing infections in Brazilian tertiary-care hospital. BMC Infect. Dis. 12, 176 (2012).
- Zafer, M. M., Al-Agamy, M. H., El-Mahallawy, H. A., Amin, M. A. & Ashour, M. S. Antimicrobial resistance pattern and their betalactamase encoding genes among *Pseudomonas aeruginosa* strains isolated from cancer patients. *BioMed Res. Int.* 2014, 101635 (2014).
- Bahrami, M., Mohammadi-Sichani, M. & Karbasizadeh, V. Prevalence of SHV, TEM, CTX-M and OXA-48 β-lactamase genes in clinical isolates of *Pseudomonas aeruginosa* in Bandar-Abbas Iran. Avicenna J. Clin. Microbiol. Infect. 5(4), 86–90 (2018).

⁷

- Sahoo, S., Otta, S., Swain, B. & Kar, S. K. Detection and genetic characterization of extended-spectrum beta-lactamases producers in a tertiary care hospital. J. Lab Phys. 11, 253–258 (2019).
- Solomon, F. B., Wadilo, F., Tufa, E. G. & Mitiku, M. Extended spectrum and metallo beta-lactamase producing airborne *Pseu-domonas aeruginosa* and *Acinetobacter baumanii* in restricted settings of a referral hospital: a neglected condition. *Antimicrob. Resist. Infect. Control* 6(1), 106 (2017).
- 42. Lutgring, J. D. *et al.* Evaluation of the MicroScan colistin well and gradient diffusion strips for colistin susceptibility testing in Enterobacteriaceae. *J. Clin. Microbiol.* **57**(5), e01866-e1918 (2019).
- Clinical and Laboratory Standards Institute (CLSI). Performance Standards for Antimicrobial Susceptibility Testing; 20th Informational Supplement. CLSI document M100-S20, 2010. CLSI, Wayne, PA: Clinical and Laboratory Standards Institute.
- 44. Magiorakos, A. P. *et al.* Multidrug-resistant, extensively drug-resistant and pandrug-resistant bacteria: an international expert proposal for interim standard definitions for acquired resistance. *Clin. Microbiol. Infect.* **18**(3), 268–281 (2012).
- 45. Angeletti, S. *et al.* Real-time polymerase chain reaction with melting analysis of positive blood culture specimens in bloodstream infections: diagnostic value and turnaround time. *New Microbiol.* **36**, 65–74 (2013).
- Roschanski, N., Fischer, J., Guerra, B. & Roesler, U. Development of a multiplex real-time PCR for the rapid detection of the predominant beta-lactamase genes CTX-M, SHV, TEM and CIT-type AmpCs in Enterobacteriaceae. PLoS ONE 9(7), e100956 (2014).
- Wendel, A. F. et al. Genetic characterization and emergence of the metallo-β-lactamase GIM-1 in Pseudomonas spp. and Enterobacteriaceae during a long-term outbreak. Antimicrob. Agents Chemother. 57(10), 5162–5165 (2013).
- Anuj, S. N. et al. Identification of Pseudomonas aeruginosa by a duplex real-time polymerase chain reaction assay targeting the ecfX and the gyrB genes. Diagn. Microbiol. Infect. Dis. 63(2), 127–131 (2009).

Acknowledgements

The authors are grateful to the Research Directorate of the Walter Sisulu University for their support. The support of the staff of Nelson Mandela Academic Hospital (NMAH) and the Microbiology Laboratory at the National Health Laboratory Services (NHLS) at NMAH during sample collection is greatly acknowledged. The supply of reference strains by the National Institute of Communicable Diseases (NICD) is appreciated. The considerable assistance of Dr. Ndebia J. in data analysis is highly appreciated. M.C.H received PhD bursary from National Research Foundation (NRF). The study was conducted within the Thuthuka Rating Track, [Ref. No. TTK150625121238; UID: 99307] project funded by NRF. Any opinions, findings and conclusion expressed in this manuscript are those of the authors. The funders had no role in the study design, data collection and analysis, preparation of the manuscript nor decision to publish.

Author contributions

M.C.H., T.A., S.V. Conceived and designed the experiment. M.C.H., S.V. performed the experiments: M.C.H., T.A. analysed the data: M.C.H., T.A. wrote the manuscript: M.C.H., T.A., S.V., G.E.O analysed and performed the interpretation of data as well as the proof reading of manuscript. All authors read and approved the final manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Correspondence and requests for materials should be addressed to T.A.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2021