SCIENTIFIC REPORTS

natureresearch

OPEN

Rapid detection of terbinafine resistance in *Trichophyton* species by Amplified refractory mutation system-polymerase chain reaction

Shamanth A. Shankarnarayan¹, Dipika Shaw¹, Arunima Sharma¹, Arunaloke Chakrabarti¹, Sunil Dogra², Muthu Sendhil Kumaran², Harsimran Kaur¹, Anup Ghosh ¹² & Shivaprakash M. Rudramurthy ¹*

Dermatophytosis has gained interest in India due to rise in terbinafine resistance and difficulty in management of recalcitrant disease. The terbinafine resistance in dermatophytes is attributed to single nucleotide polymorphisms (SNPs) in squalene epoxidase (SE) gene. We evaluated the utility of amplified refractory mutation system polymerase chain reaction (ARMS PCR) for detection of previously reported point mutations, including a mutation C1191A in the SE gene in *Trichophyton* species. ARMS PCR was standardized using nine non-wild type isolates and two wild type isolates of *Trichophyton* species. Study included 214 patients with dermatophyte infection from March through December 2017. Antifungal susceptibility testing of isolated dermatophytes was performed according to CLSI-M38A2 guidelines. Among dermatophytes isolated in 68.2% (146/214) patients, *Trichophyton* species were predominant (66.4%). High (>2 mg/L, cut off) minimum inhibitory concentrations to terbinafine were noted in 15 (15.4%) *Trichophyton mentagrophytes* complex isolates. A complete agreement was noted between ARMS PCR assay and DNA sequencing. C to A transversion was responsible for amino acid substitution in 397th position of *SE* gene in terbinafine resistant isolates. Thus, the ARMS PCR assay is a simple and reliable method to detect terbinafine-resistant *Trichophyton* isolates.

Dermatophytosis, the commonest cutaneous fungal infection has drawn attention in recent years in India due to a change in the clinical profile and an upsurge in the number of chronic/recurrent/recalcitrant dermatophytosis cases¹. Extensive infection, atypical presentation, poor response or non-responsiveness to the recommended antifungals has made dermatologists perplexed about management and control of the disease. Although antifungal resistance has been proposed as one of the causes for treatment unresponsiveness, there may be other reasons as well, as treatment failure cases outnumber the number of resistant cases. The current guidelines for management of the chronic/recurrent/recalcitrant cases recommend accurate dermatophyte identification and antifungal susceptibility testing². Terbinafine being a fungicidal drug, is recommended for systemic therapy. However, recent reports from the subcontinent has revealed an emerging trend of terbinafine resistance in *Trichophyton* species. A recent study from India demonstrated low cure rates of 2% at 2 weeks duration and 30.6% at 4 weeks in patients treated with terbinafine³. Terbinafine resistance in *Trichophyton mentagrophytes* complex and *Trichophyton rubrum* has been ascribed to point mutation in the squalene epoxidase (*SE*) gene, the gene essential for the ergosterol biosynthesis⁴⁻⁶.

With the advent of the molecular techniques, identification of the dermatophytes to the species level can now be achieved rapidly and accurately. However, antifungal susceptibility testing (AFST) of the dermatophytes is still not well standardized. The current recommendations of Clinical and Laboratory Standard Institute (CLSI) lack consistency in correlating *in vitro* minimum inhibitory concentration (MIC) data with the clinical outcome. However, with the increasing burden of terbinafine resistance among *Trichophyton* species, it is essential to identify the resistant isolates early for appropriate management.

¹Department of Medical Microbiology, Postgraduate Institute of Medical Education and Research, Chandigarh, 160012, India. ²Department of Dermatology, Venerology & Leprology, Postgraduate Institute of Medical Education and Research, Chandigarh, 160012, India. *email: mrshivprakash@yahoo.com

The allylamine resistance mechanism among *Trichophyton* species is attributed to single nucleotide polymorphisms (SNPs) in the *SE* gene. Point mutations in the *SE* gene lead to the amino acid substitution in one of the four positions (Leu393, Phe397, Phe415, His440), which correspond to elevated MICs to terbinafine *in vitro*⁴. On the contrary, novel missense mutations leading to H440Y/F484Y and I121M/V237I substitutions in *SE* gene were reported in isolates with low level resistance⁷. Multiple molecular methods have been developed and evaluated for the effective detection of SNPs of interest in other fungi⁸. Among those methods' DNA sequencing is the best genotyping tool, but it is expensive, time consuming and not available in majority of the routine diagnostic laboratories.

Amplification refractory mutation system polymerase chain reaction (ARMS PCR), also known as allele specific polymerase chain reaction, is an efficient technique for identification of SNPs and deletion mutations^{9,10}. Tetra primer ARMS PCR has been used for the detection of inherent and acquired mutations^{11,12}. ARMS PCR technique uses a set of allele-specific PCR primers that allows amplification of alleles carrying mutation and do not amplify the wild type allele. The PCR generates two amplicons with one large sized product serving as an internal control and the other shorter amplicon as the allele-specific product. The positive amplification of this allele-specific PCR product is diagnostic of the target allele. In the present study, we evaluated the utility of ARMS PCR for the detection of SNPs in the *SE* gene responsible for terbinafine resistance from the genomic DNA isolated from *Trichophyton* species.

Results

Patient details and identification. Dermatophytes were isolated from the skin scrapings of 146/214 (68.2%) patients; *T. mentagrophytes* complex from 97 (66.4%) patients; *T. rubrum* from 41 (28.0%) patients and other dermatophytes in 8 (5.6%) patients. Tinea corporis (64, 43.8%) was the predominant clinical form followed by tinea cruris (31,21.2%), tinea pedis (n = 4, 2.7%), tinea faciei (3, 2.1%), tinea mannum (2, 1.4%) and tinea barbae (1, 0.7%). Multiple sites were involved in 41 (28.1%) patients. AFST revealed rise in MICs (2–16 mg/L) to terbinafine in 15 *T. mentagrophytes* complex isolates. Details on prior exposure to antifungal agents and relapse cases are presented in Table 1. The sequencing of ITS portion of ribosomal DNA of the 15 isolates showed similarity with the neotype *T. mentagrophytes* (IHEM 4268NT, 595/597 base pairs) and neotype *T. interdigitale* (CBS428.63NT, 593/597 base pairs). The sequencing of 28 S region (accession Nos. MK967531 to MK96755) as well as partial β -tubulin gene region (accession Nos. MK982906-MK982925) could not conclusively differentiate *T. mentagrophytes* and *T. interdigitale*.

Antifungal susceptibility testing and SE gene sequencing. The terbinafine-resistant *T. mentagrophytes* complex isolates obtained in this study had MIC range between 2 to 16 mg/L. There was no difference in the MIC of the sequential isolates from two patients isolated at two different time points. Analysis of the SE gene showed two important mutations in the coding region responsible for the changes in the amino acid sequence. In addition to the previously described point mutation at T1189C in SE gene, we also observed mutation at 1191th position leading to same amino acid substitution at 397th position in the SE gene of *T. mentagrophytes* complex. Among 15 *T. mentagrophytes* complex isolates with higher MICs to terbinafine, 10 isolates had T1189C mutation, whereas 5 isolates had C1191A mutation. The SE gene sequence of clinical isolates with lower MICs (NCCPF 800035, 800036, 800038) to terbinafine exhibited wild type genotype.

Standardization and validation of ARMS PCR assay. A simple and reliable modified ARMS PCR assay was developed for the rapid detection of the most common mutations associated with the terbinafine resistance in SE gene of T. mentagrophytes complex and T. rubrum. The assay was evaluated against previously reported mutations and the mutation identified in this study. Using the designed primers, an amplicon of 611 base pair (bp) was amplified from the internal control primers in both mutant and wild type strains. In addition, the mutated isolates produced a second amplicon of 449 bp with mutation primer (MP) -1 and 451 bp with MP-2 primer (Figs. 1 and 2A). Reproducibility of the assay was also tested in three independent PCR reaction on three different days by different personnel. For each tested reaction one positive and negative control were included (data not shown). We observed 100% reproducibility with each test. We also evaluated the analytical sensitivity of the modified ARMS PCR assay by diluting the template DNA of four samples. After standardizing the modified ARMS PCR protocol, remaining Trichophyton isolates with higher MICs and lower MICs to terbinafine were included in the assay (Fig. 2B). While validating the assay, both the primers (MP-1 and MP-2) were incorporated in the PCR master mix and used for a total of 12-T. mentagrophytes complex isolates with higher terbinafine MICs and 10-T. mentagrophytes complex isolates with lower MICs to terbinafine. The isolates harbouring mutation in the SE gene and the wild type isolates were successfully differentiated by the ARMS PCR assay. Post-validation, sequencing of SE gene was performed, which showed 100% agreement between ARMS PCR assay and DNA sequencing. Further, in the view of several inherent inhibitors in the simple PCR techniques, the samples were blindly tested independently by two other laboratory experts. These results were consistent with our earlier findings. The average time taken by the modified ARMS PCR assay to detect the terbinafine resistance after obtaining pure culture of Trichophyton species was approximately 24-32 hours in comparison to approximately 5-10 days taken by the susceptibility testing followed by sequencing.

Discussion

In addition to the increased prevalence of dermatophytosis over the past 4–5 years across India, a rise in recurrent (dermatophytosis that runs a protracted course with episodes of remission and exacerbation) and chronic dermatophytosis cases has also been observed¹³. Antifungal resistance in dermatophytes is also emerging rapidly, especially to allylamines. In the present study, a rapid, simple and reliable ARMS PCR assay was developed for screening of mutations in *SE* gene conferring resistance to terbinafine. The study also reports the presence of a novel mutation (C1191A) among *T. mentagrophytes* complex isolates responsible for causing dermatophytosis in

Patient ID	Organism	NCCPF No./ITS accession No/SE gene accession No.	Antifungal exposure	Relapse	MIC(mg/L) Terbinafine	Amino acid substitution	Nucleotide substitution
27/17	T. mentagrophytes complex	800052/MH517546/MH618757	Terbinafine	No	2	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
50/17	T. mentagrophytes complex	800053/MH517547/MH618758	Terbinafine	No	2	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
60a/17	T. mentagrophytes complex	800060/MH517548/MH618759	No	Yes	2	F397L	$^{1189}\mathrm{TTC}\!\rightarrow\!\mathrm{CTC}$
60b/17	T. mentagrophytes complex	800061/MH517549/MH618760	Terbinafine	Yes	2	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
69/17	T. mentagrophytes complex	800054/MH517550/MH618761	No	Yes	8	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
91/17	T. mentagrophytes complex	800066/MH517551/MH618762	Terbinafine	No	8	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{TTA}$
100/17	T. mentagrophytes complex	800059/MH517552/MH618763	No	No	8	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
110b/17	T. mentagrophytes complex	800065/MH517553/MH618764	Terbinafine	Yes	16	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{TTA}$
134b/17	T. mentagrophytes complex	800057/MH517554/MH618765	Luliconazole	No	8	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
134c/17	T. mentagrophytes complex	800058/MH517555/MH618766	Terbinafine	No	8	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
135/17	T. mentagrophytes complex	800056/MH517556/MH618767	No	No	4	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
54/17	T. mentagrophytes complex	800063/MH517557/MH618768	No	No	2	F397L	$^{1189} TTC {\rightarrow} TTA$
138/17	T. mentagrophytes complex	800055/MH517558/MH618769	No	No	16	F397L	$^{1189}\mathrm{TTC}{\rightarrow}\mathrm{CTC}$
176/17	T. mentagrophytes complex	800064/MH517559/MH618770	No	Yes	8	F397L	$^{1189} TTC {\rightarrow} TTA$
200/17	T. mentagrophytes complex	800062/MH517560/MH618771	No	Yes	8	F397L	$^{1189} TTC {\rightarrow} TTA$

Table 1. Salient features of dermatophytosis due to terbinafine resistant *Trichophyton* species.

.....

India^{6,14} These new mutant isolates harbour mutation at the 1191th position leading to change in amino acid from phenylalanine to leucine at 397th position. Other than the mutation identified in this study, two studies from India have reported on amino acid substitution at 397th position^{5,6}. In both the reports, ¹¹⁸⁹CTC codon encoding leucine was responsible for amino acid substitution. However, in the present study, transversion from cytosine to adenine at third base of the codon (¹¹⁸⁹TTA) was observed, leading to the amino acid substitution. Due to redundancy in the genetic code, both CTC and TTA codes for leucine. Previous reports emphasized that the mutation in this region modify the protein structure leading to interference in binding of the terbinafine to the target enzymes and decreased susceptibility in *Trichophyton* species^{4,6,15}. In the present study, the earlier reported mutation responsible for amino acid substitution at 393rd position was not detected in any terbinafine-resistant *T. mentagrophytes* complex isolates⁵. Till now 10 missense mutations (A1179T, T1178C, C1191A, T1189C, T1189A, T1189G, T1305A, T1305G, T1306C, C1380T) are attributed for amino acid substitution at four positions (Leu393, Phe397, Phe415, His440) of SE protein and resistance to terbinafine^{4,14,16}. In a recent study, Saunte *et al.*, identified L393S, H440Y/F484Y and I121M/V237I substitutions responsible for low to moderate terbinafine resistance⁷.

As majority of the reports highlighted the role of missense mutations responsible for allylamine resistance in dermatophytes, we developed ARMS PCR assay for rapid detection of SNPs. The SNPs can be detected by high end techniques like MLPA assay, MALDI TOF MS spectrophotometry, real time PCR assays, probe-based assays and direct DNA sequencing. But these techniques are either not available in majority of routine laboratories or not feasible because of the complexity and high cost associated with these methods. For diagnostic purposes, a fast, reliable and cheaper tests with reasonable specificity are required. In the present study, we standardized and evaluated ARMS PCR assay for genotyping terbinafine-resistant *T. mentagrophytes* complex and *T. rubrum* isolates harboring mutation. The ARMS PCR assay could easily differentiate wild type isolates from non-wild type isolates with a consensus gene specific internal control¹⁷.

Internal control used in this assay is gene specific, which serve as template for the subsequent amplification. This would help in amplification even in condition of low quantity of template DNA. Multiplexing primers for the detection of various reported mutations in the *SE* gene may further increase the sensitivity of detecting terbinafine-resistant *Trichophyton* species. This study could serve as a prelude to diagnosis of terbinafine resistant cases directly from the skin scrapings of patients with dermatophytosis. Further application of this technique directly to the clinical samples with appropriate controls (to check for PCR inhibitors) could reduce the turn-around time in the detection of resistant species, which needs further evaluation. The ARMS PCR assay is a rapid reliable technique compared to other currently employed methods for the detection of terbinafine resistance. This technique bypasses AFST and sequencing of *SE* gene and reduces the cost and time. The results of ARMS PCR will help the dermatologist to decide appropriate antifungal therapy for management of dermatophytosis. The only drawback of the test is that it could not delineate two bands in agarose gel, as the difference between two non-wild type genotypes were only two nucleotides. However, as both the mutations are associated with resistant phenotype, the inability to differentiate these mutations becomes insignificant and may not affect the management.

In conclusion, the ARMS PCR assay developed in this study is a simple, reliable and can be easily be employed in routine laboratories for detection of terbinafine-resistant isolates. This test also has potential to detect terbinafine resistance in dermatophytes directly in clinical samples.

Material and Methods

Clinical and microbiological characteristics of *Trichophyton* **isolates.** The work was approved by the Institutional Ethical Committee of Postgraduate Institute of Medical Education and Research, Chandigarh, India (Ethical approval number- IEC-05/2017–649). Informed consent was obtained from the patients before collecting clinical samples. All methods used in this study were performed in accordance with the relevant guide-lines and regulations^{18,19}.

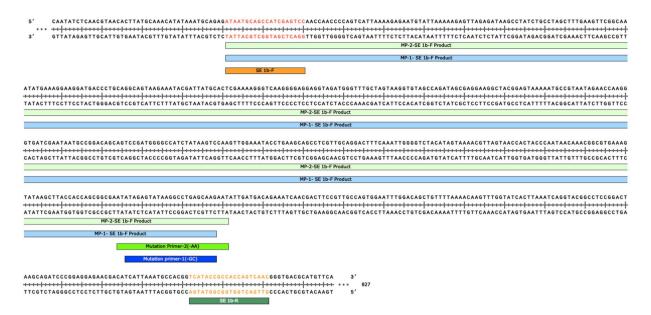


Figure 1. Primer sequences and positions used in the ARMS PCR assay for wild type and non-wild type genotyping of *Trichophyton* species. During the amplification reaction a 611 bp region of *SE* gene was amplified with common primers that operated as internal control for the quality of the PCR amplification. The mutant specific amplification obtained 449 bp and 451 bp PCR products specific for T1189C and C1191A mutant types respectively.

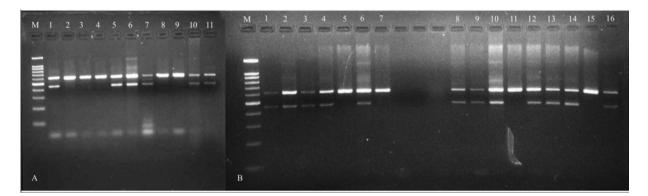


Figure 2. (A) Standardization of modified ARMS PCR assay from the genomic DNA of Trichophyton mentagrophytes complex and Trichophyton rubrum; Lane 1 = Trichophyton rubrum (NCCPF 900041) with higher MICs to terbinafine having T1189C mutation; Lane 2, 3, 4 = Trichophyton mentagrophytes complex (NCCPF 800035, 800036, 800038) with low MICs to terbinafine. Lane 5, 6 = Trichophyton mentagrophytes complex (NCCPF 800022, 800023) with higher MIC's to terbinafine having T1189C mutation; Lane 7,10,11 Trichophyton mentagrophytes complex (NCCPF 800062, 800063, 800064) with higher MICs to terbinafine having C1191A mutation; Lane 8, 9 = Trichophyton mentagrophytes complex (NCCPF 800035, 800036) with low MICs to terbinafine. Lane 1-6 were amplified using mutation primer-1 and lane 7-11 amplified using mutation primer-2. (M = 100 base pair ladder). (B) Validation of the modified ARMS PCR assay against genomic DNA of representative T. mentagrophytes complex with higher MICs to terbinafine. Lane 1, 2, 3, 4, 6 = Trichophyton mentagrophytes complex (NCCPF 800062, 800063, 800064, 800065, 800066) with high terbinafine MIC's and C1191A mutation; lane 5, 7 = Trichophyton mentagrophytes complex (NCCPF 800043, 800044) with low MICs to terbinafine; Lane 8, 9, 10, 12, 13, 14, 16 = Trichophyton mentagrophytes complex (NCCPF 800055, 800056, 800052, 800053, 800060, 800061, 800057) with T1189C mutation; Lane 11, 15, = Trichophyton mentagrophytes complex (NCCPF 800043, 800044) with low terbinafine MICs. Lane 1-7 were amplified using mutation primer-2 and Lane 8–16 amplified with mutation primer-1. (M = 100 base pair ladder).

A total of 214 patients with suspected dermatophyte infection were included in the study during March 2017 to December 2017. Skin scrapping was collected from these patients according to standard procedure and subjected to direct microscopic examination on 10% potassium hydroxide and calcofluor wet mount. Culture was performed on Sabouraud dextrose agar (HiMedia, Mumbai, India) containing chloramphenicol and cycloheximide and incubated at 28 °C up to four weeks. Any growth observed was presumptively identified on the basis of phenotypic characters and confirmed by DNA sequencing⁶. Additionally, six isolates of *Trichophyton* species (*T*. *mentagrophytes* complex, n = 4; and *T. rubrum*; n = 2) isolated during our earlier study and having high MIC to terbinafine along with point mutation (T1189C) in the *SE* gene were included in this study as control⁶.

Antifungal susceptibility testing. AFST was performed for all the *Trichophyton* species against terbinafine (Sigma Aldrich) according to micro-broth dilution technique as per Clinical Laboratory Standards Institute (CLSI) M38 A2 protocol with minor modifications. Approximately 10⁶ CFU/ml conidia were harvested and counted microscopically by haemocytometer. The suspension was then diluted to 1:100 according to primary concentration. Double the final concentration (10³ CFU/ml) of the conidia was adjusted before adding to the drug plates. The initial inoculum corresponded to 65–70% transmittance at 530 nm in spectrophotometer^{6,20}. The inoculated plates were incubated at 28 °C for a minimum of 96 hours before reading was taken. The test was read visually with endpoint as 100% growth inhibition compared to growth control. To check the purity of the inoculated plates, 10 µl of the growth from the growth control well was inoculated onto Sabouraud dextrose agar. *Candida parapsilosis* (ATCC 22019), *Candida krusei* (ATCC 6258) and *Aspergillus flavus* (ATCC 204304) were included as quality control strains.

Sequencing of ITS region and SE gene. The genomic DNA of the isolates were extracted by the phenol-chloroform-isoamyl alcohol method²¹. For molecular identification, amplification and sequencing of the complete ITS region was performed using universal primer pair ITS4 and ITS5 (ITS 4-5' -TCCTCCGCTTATTGA TATGC- 3' and ITS 5-5'-GGAAGTAAAAGTCGTAACAAGG-3'). The 28 s region of rDNA and beta tubulin gene were also sequenced. To identify the mutations responsible for the terbinafine resistance in the SE gene, complete gene was sequenced applying primer walking technique and primer pairs SE1aF-5' CAGAGATAATGCA ĞCCĂTCG 3'; SĔ1aR-5' CČĠĠĂŤTGATGTTCČTAGGŤ 3'; SE2aF-5' ČCACCAGCGGCGAATATAGA 3'; SE2aR-5' AGTCCAGTGCCAGACTGATG 3'; SE3aF- 5' AGTCTGGCACTGGACTCCAA 3'; and SE3aR-5' ATGATGCAGCGACGGTGACA 3' (Sigma) as described earlier⁶. Sequencing PCR was performed for both strands using the above-mentioned primers and BigDye Terminator Cycle sequencing kit version 3.1 (Applied Biosystems, Foster City, CA). Amplicons were purified and analysed on an ABI 3130 genetic analyser (Applied Biosystems). Consensus sequence was generated using forward and reverse sequences from ITS primers and SE primers in Bionumerics software v 7.6 (Applied Maths, Ghent, Belgium). The sequences were compared with the GenBank DNA database using the BLAST tool, the ISHAM ITS database, and the CBS database (https://blast. ncbi.nlm.nih.gov, http://its.mycologylab.org/ BioloMICSSequences.aspx, and http://www.westerdijkinstitute.nl/ Collections/BioloMICSSequences.aspx)6.

Primer design for modified ARMS PCR. The primers for the ARMS PCR were designed according to previously described method using Snap Gene Viewer software (GSL Biotech, Chicago, IL). The NCBI 'BLAST' program (http://www.ncbi.nlm.nih.gov/blast) was used to check the specificity of the primers. To increase the specificity of the reaction, a mismatch was introduced at -2 position of the 3' end of each of the mutation specific primers^{10,22}. The primers used for the ARMS PCR were SE 1bF- 5' ATAATGCAGCCATCGAGTCC 3' and SE 1bR-5'GTTGACT-GGTGGCGGTATGA 3' as internal control. Mutation specific primer for T1189C is MP -1- 5' CTTGCTCAGG CCTTATACTCTATAGC 3' whereas for C1191A is MP - 2- 5' ATTCTTGCTCAGGCCTTATACTCTATATAA 3' (Fig. 1)

Standardization and validation of ARMS PCR assay. Terbinafine-resistant isolates of T. mentagrophytes complex (n = 2; NCCPF 800022, 800023), T. rubrum (NCCPF 900041) with known mutation in the SE gene (T1189C transition) preserved in our culture collection, and terbinafine-resistant T. mentagrophytes complex (n = 3; NCCPF 800062, 800063, 80064) isolates from the present study with C1191A transversion in SE gene were used for standardization. Terbinafine-susceptible T. mentagrophytes complex (n = 3; NCCPF 800035, 800036, 800038) without any mutation in the SE gene were included as control. The reaction was set up in a total volume of 20 µl containing approximately 100 ng DNA, 1x PCR buffer, 2.5 mM MgCl₂, 0.2 mM dNTPs, 0.05 and 0.5 pMol of internal control primers and mutation specific primers respectively, and 1 U of Taq polymerase (GeNei, Bengaluru). The PCR program on the thermal cycler (Eppendorf, Hamburg, Germany) was as follows: an initial denaturation step at 94 °C for 10 min, followed by 35 cycles of 1 min at 94 °C, 1 min at annealing temperature 58 °C, 1 min at 72 °C, and a final extension step of 10 min at 72 °C. The PCR product (10µl) was electrophoresed on 3% agarose gel at 100 V and 400 mAmp for 45 min. The fragments were visualized under UV light in gel documentation system. To check the specificity of the primers, we performed the PCR with the DNA of an isolate with C1191A mutation and primer designed to detect T1189C mutation and also with DNA of an isolate with T1189C mutation and primer designed to detect C1191A mutation. To validate the ARMS PCR assay, 12 T. mentagrophytes complex isolates (includes 3 isolates NCCPF 800062, 800063, 800064 used for standardization) with higher terbinafine MICs (2 to 16 mg/L) and 10 isolates with lower terbinafine MICs ($\leq 0.125 \text{ mg/L}$) were used. Post-validation, the SE gene was sequenced to check for the agreement between mutated isolates and ARMS PCR assay results.

Data availability

The data set of ITS sequences are deposited in the GenBank database with the accession number MH517546-MH517560. The *SE* gene sequences are deposited with the accession number-MH618757-MH618771. The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

Received: 27 November 2018; Accepted: 13 January 2020; Published online: 28 January 2020

References

- 1. Bishnoi, A., Vinay, K. & Dogra, S. Emergence of recalcitrant dermatophytosis in India. Lancet. Infect. Dis. 18, 250-251 (2018).
- 2. Rajagopalan, M. *et al.* Expert Consensus on The Management of Dermatophytosis in India (ECTODERM India). *BMC Dermatol.* **18**, 6 (2018).
- Singh, S. & Shukla, P. End of the road for terbinafine? Results of a pragmatic prospective cohort study of 500 patients. Indian J. Dermatol. Venereol. Leprol. 84, 554–557 (2018).
- 4. Yamada, T. *et al.* Terbinafine Resistance of Trichophyton Clinical Isolates Caused by Specific Point Mutations in the Squalene Epoxidase Gene. *Antimicrob. Agents Chemother.* **61** (2017).
- Singh, A. et al. High terbinafine resistance in Trichophyton interdigitale isolates in Delhi, India harbouring mutations in the squalene epoxidase gene. Mycoses 61, 477–484 (2018).
- 6. Rudramurthy, S. M. et al. Mutation in the Squalene Epoxidase Gene of Trichophyton interdigitale and Trichophyton rubrum Associated with Allylamine Resistance. Antimicrob. Agents Chemother. 62 (2018).
- Saunte, D. M. L. et al. Emerging Terbinafine Resistance in Trichophyton: Clinical Characteristics, Squalene Epoxidase Gene Mutations, and a Reliable EUCAST Method for Detection. Antimicrob. Agents Chemother. 63 (2019).
- 8. Kim, S. & Misra, A. SNP Genotyping: Technologies and Biomedical Applications. Annu. Rev. Biomed. Eng. 9, 289-320 (2007).
- 9. Ye, S., Humphries, S. & Green, F. Allele specific amplification by tetra-primer PCR. Nucleic Acids Res. 20, 1152 (1992).
- Newton, C. R. et al. Analysis of any point mutation in DNA. The amplification refractory mutation system (ARMS). Nucleic Acids Res. 17, 2503–2516 (1989).
- Piccioli, P. et al. Multiplex tetra-primer amplification refractory mutation system PCR to detect 6 common germline mutations of the MUTYH gene associated with polyposis and colorectal cancer. Clin. Chem. 52, 739–43 (2006).
- 12. Peruzzi, B. *et al.* Easy genotyping of complement C3 'slow' and 'fast' allotypes by tetra-primer amplification refractory mutation system PCR. *Mol. Cell. Probes* 24, 401–2 (2010).
- Verma, S. & Madhu, R. The Great Indian Epidemic of Superficial Dermatophytosis: An Appraisal. Indian J. Dermatol. 62, 227–236 (2017).
- 14. Osborne, C. S. *et al.* Biological, biochemical, and molecular characterization of a new clinical Trichophyton rubrum isolate resistant to terbinafine. *Antimicrob. Agents Chemother.* **50**, 2234–6 (2006).
- Nowosielski, M. *et al.* Detailed mechanism of squalene epoxidase inhibition by terbinafine. *J. Chem. Inf. Model.* 51, 455–462 (2011).
 Osborne, C. S., Leitner, I., Favre, B. & Ryder, N. S. Amino acid substitution in Trichophyton rubrum squalene epoxidase associated
- with resistance to terbinafine. *Antimicrob. Agents Chemother.* **49**, 2840–4 (2005). 17. Etlik, O., Koksal, V., Arican-Baris, S. T. & Baris, I. Development and validation of a cost-effective in-house method, tetra-primer
- ARMS PCR assay, in genotyping of seven clinically important point mutations. Mol. Cell. Probes 25, 177-81 (2011).
- National Centre for Disease Control. Government of India Ministry of Health. Biosafety Manual for Public Health Laboratories (2016).
- Mathur, R. & Swaminathan, S. National ethical guidelines for biomedical & health research involving human participants, 2017: A commentary. Indian Journal of Medical Research 148 (2018).
- CLSI. Reference Method for Broth Dilution Antifungal Susceptibility Testing of Filamentous Fungi; Approved Standard CLSI document M38-A2. Clinical and Laboratory Standards Institute (CLSI) 28, 52 (2008).
- Baghela, A., Thungapathra, M., Shivaprakash, M. R. & Chakrabarti, A. Multilocus microsatellite typing for Rhizopus oryzae. J. Med. Microbiol. 59, 1449–55 (2010).
- 22. Old, J. M., Varawalla, N. Y. & Weatherall, D. J. Rapid detection and prenatal diagnosis of beta-thalassaemia: studies in Indian and Cypriot populations in the UK. *Lancet (London, England)* **336**, 834–7 (1990).

Acknowledgements

This work was funded by Indian Council of Medical Research (ICMR), (Grant number – AMR/TF/51/2013-ECD-II).

Author contributions

S.A.S.-Designed primers and conceptualized the technique, conducted the experiments and prepared the figures, D.S. and A.S. collected clinical samples processed and put up experiments, A.C. provided scientific input and reviewed the manuscript, S.D. and M.S.K.- screened the patients and provided clinical consultation, H.K. and A.G. provided scientific input and reviewed the manuscript, S.M.R. conceptualized, provided scientific input and written the manuscript. All authors reviewed the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Correspondence and requests for materials should be addressed to S.M.R.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2020