


Cardioimmunology of arrhythmias: the role of autoimmune and inflammatory cardiac channelopathies

Pietro Enea Lazzerini , Franco Laghi-Pasini, Mohamed Boutjdir and Pier Leopoldo Capecchi

We have read with great interest the excellent review on cardioimmunology by Filip K. Swirski & Matthias Nahrendorf (Cardioimmunology: the immune system in cardiac homeostasis and disease. *Nat. Rev. Immunol.* 18, 733–744 (2018))¹. The authors extensively discussed the role of immune cells in normal and diseased heart, specifically in myocardial infarction, myocarditis and endocarditis, heart failure and rhythm disorders¹. Regarding rhythm disorders, they speculated that the immune

system could contribute to arrhythmias through two mechanisms — a crosstalk between immune cells and fibroblasts and/or myocytes, leading to insulating fibrosis, or a direct participation of leukocytes (macrophages) in the electrical regulation of conducting cells, by interacting through connexin 43 (CX43)-containing gap junctions¹.

However, the authors substantially disregarded a third important mechanism of arrhythmias in this new field of

immuno-cardiac electrophysiology. In fact, accumulating data indicate that the immune system can promote cardiac arrhythmias by means of autoantibodies and/or inflammatory cytokines that directly affect the function of specific ion channels on the surface of cardiomyocytes^{2–4}.

Several autoantibodies have been described that target cardiac Ca^{2+} , K^{+} or Na^{+} channels and that have arrhythmogenic effects in the absence of evident histological changes in the heart; these are known as autoimmune cardiac channelopathies^{2,4}. Indeed, it is well recognized that anti-Sjögren's-syndrome-related antigen A (anti-SSA) antibodies (also known as anti-Ro/SSA antibodies) can cross react with the pore region of both L-type Ca^{2+} channels ($\text{Ca}_v1.2$ and $\text{Ca}_v1.3$) and T-type Ca^{2+} channels ($\text{Ca}_v3.1$ and $\text{Ca}_v3.2$). By inhibiting the related Ca^{2+} currents, these antibodies promote conduction disturbances, such as sinus bradycardia and atrioventricular (AV) block^{5,6} (FIG. 1a). Similar clinical consequences were also shown for autoantibodies recognizing the extracellular loop of domain

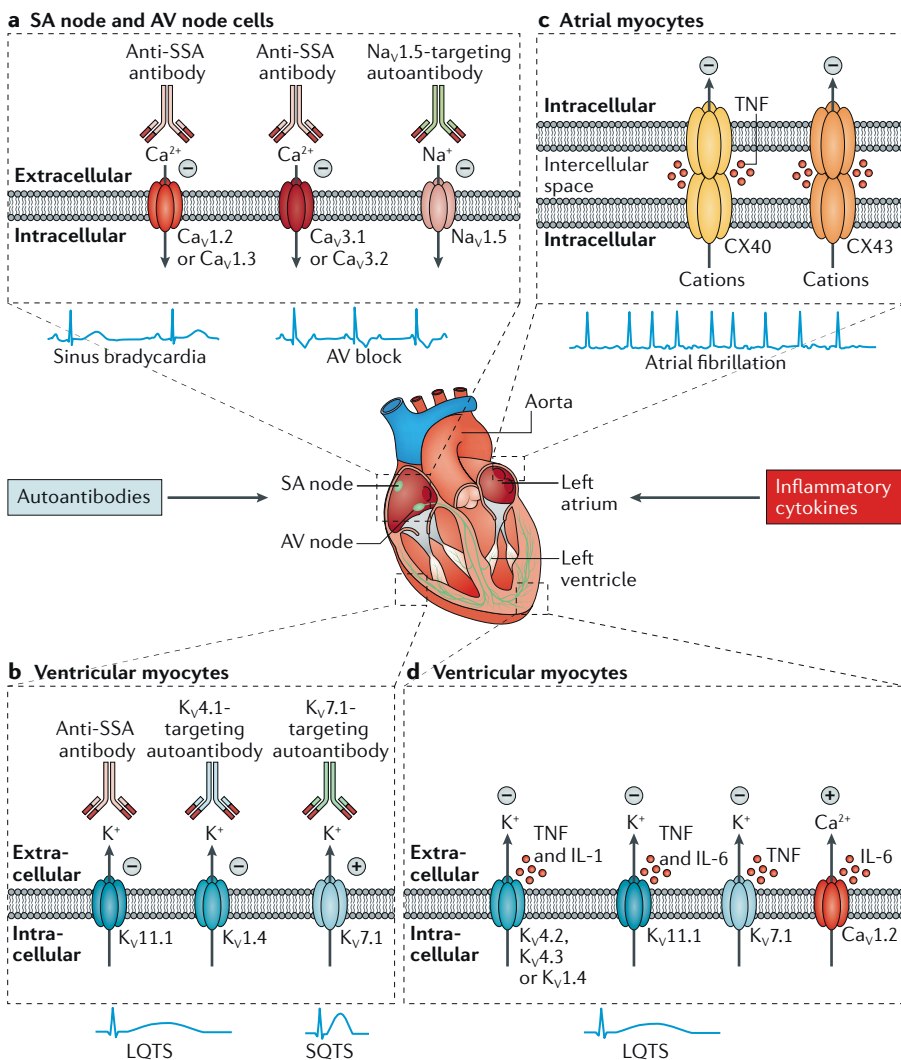


Fig. 1 | Autoimmune and inflammatory cardiac channelopathies and arrhythmias: molecular basis. Autoantibodies and inflammatory cytokines can modulate the function of cardiac ion channels and promote arrhythmias. **a** | Bradyarrhythmias and conduction disturbances can be induced by anti-Sjögren's-syndrome-related antigen A (anti-SSA) antibodies (also known as anti-Ro/SSA antibodies), which target the L-type and/or T-type Ca^{2+} channels and inhibit the related currents, or by autoantibodies targeting the $\text{Na}_v1.5$ Na^{+} channel, which inhibit the Na^{+} current, in cells of the sinoatrial (SA) node and atrioventricular (AV) node. **b** | Long-QT syndrome (LQTS) can be induced by anti-SSA antibodies, which target the $\text{K}_v11.1$ K^{+} channel (also known as hERG) and inhibit the rapidly activating repolarizing component of the delayed rectifier K^{+} current, or by autoantibodies targeting the $\text{K}_v1.4$ K^{+} channel, which might inhibit the transient outward K^{+} current in ventricular myocytes. Short-QT syndrome (SQTS) can be induced by autoantibodies targeting the $\text{K}_v7.1$ K^{+} channel, which increase the slowly activating repolarizing component of the delayed rectifier K^{+} current in ventricular myocytes. **c** | Atrial fibrillation can be induced by tumour necrosis factor (TNF), which impairs the expression and/or distribution of connexin 40 (CX40) and connexin 43 (CX43) and inhibits the function of gap junctions in atrial myocytes. **d** | LQTS can be induced by TNF, which targets $\text{K}_v4.2$, $\text{K}_v4.3$, $\text{K}_v11.1$ and $\text{K}_v7.1$ K^{+} channels and inhibits the respective currents; by IL-1, which inhibits the transient outward K^{+} current; or by IL-6, which targets the L-type Ca^{2+} channel ($\text{Ca}_v1.2$) and increases the L-type Ca^{2+} current, in ventricular myocytes. For simplicity, IL-6 and TNF receptors are not shown in panel d.

I S5–S6 of the Na_v1.5 Na⁺ channel⁷. These antibodies, which can be detected in patients with idiopathic AV block, inhibit Na⁺ currents and induce conduction disturbances in experimental models⁷.

Other autoantibodies that target ion channels can affect the action potential duration (APD) of ventricular myocytes, leading to long-QT syndrome (LQTS) or short-QT syndrome (SQTS) and associated malignant arrhythmias². LQTS can be induced by anti-SSA antibodies, which inhibit the rapidly activating repolarizing K⁺ current by targeting the extracellular pore loop of the K_v11.1 K⁺ channel (also known as hERG)^{8,9}, as well as by autoantibodies targeting K_v1.4 K⁺ channels, possibly through blockade of the transient outward K⁺ current¹⁰. Conversely, agonist-like autoantibodies targeting K_v7.1 K⁺ channels that enhance the slowly activating repolarizing K⁺ current were associated with SQTS¹¹ (FIG. 1b).

Moreover, inflammatory cytokines — in particular, tumour necrosis factor (TNF), IL-1 and IL-6 — can be arrhythmogenic by directly affecting the function of cardiac ion channels; these are known as inflammatory cardiac channelopathies¹. Specifically, it has been shown that TNF induces dysfunction of gap junctions in atrial myocytes through impaired expression and/or distribution of CX40 and CX43 and that these changes promote atrial fibrillation by favouring a slow and heterogeneous conduction in the atria¹² (FIG. 1c). In addition, cytokines can favour the development of LQTS by decreasing specific cardiac K⁺ currents and/or increasing L-type Ca²⁺ currents^{3,4}. TNF inhibits transient outward, rapidly activating repolarizing and slowly activating

repolarizing K⁺ currents as a result of the downregulation of channel expression and/or alterations in channel-gating kinetics, which are also associated with prolongation of the APD and/or QT interval^{4,13}. Similar effects are mediated by IL-1, which reduces the transient outward K⁺ current¹⁴, and by IL-6, which enhances the L-type Ca²⁺ current through Ca_v1.2 phosphorylation¹⁵ and inhibits the rapidly activating repolarizing K⁺ current through a pathway involving the IL-6 receptor and Janus kinase¹⁶ (FIG. 1d).

In terms of translational medicine, emphasizing the role of autoimmune and inflammatory cardiac channelopathies in arrhythmogenesis may lead to innovative anti-arrhythmic therapies based on the targeted modulation of the immune–inflammatory system, such as cytokine-targeting monoclonal antibodies or short decoy peptides that divert autoantibodies from their binding sites on ion channels.

There is a reply to this letter by Swirski, F. K. & Nahrendorf, M. *Nat. Rev. Immunol.* <https://doi.org/10.1038/s41577-018-0099-y> (2018).

Pietro Enea Lazznerini^{1*}, Franco Laghi-Pasini^{1,4}, Mohamed Boutjdir^{2,3,4} and Pier Leopoldo Capecchi^{1,4}

¹Department of Medical Sciences, Surgery and Neurosciences, University of Siena, Siena, Italy.

²VA New York Harbor Healthcare System, SUNY Downstate Medical Center, New York, NY, USA.

³NYU School of Medicine, New York, NY, USA.

⁴These authors contributed equally: Franco Laghi-Pasini, Mohamed Boutjdir, Pier Leopoldo Capecchi.

*e-mail: lazznerini7@unisi.it

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Competing interests

The authors declare no competing interests.