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# Dressed-state control of effective dipolar interaction between strongly-coupled solid-state spins

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Strong interactions between defect spins in many-body solid-state quantum systems are a crucial resource for exploring non-classical states. However, they face the key challenge of controlling interactions between the defect spins, since they are spatially fixed inside the host lattice. In this work, we present a dressed state approach to control the effective dipolar coupling between solid-state spins and demonstrate this scheme experimentally using two strongly-coupled nitrogen vacancy (NV) centers in diamond. Through Ramsey spectroscopy on the sensor spin, we detect the change of the effective dipolar field generated by the control spin prepared in different dressed states. To observe the change of interaction dynamics, we deploy spin-lock-based polarization transfer measurements between the two NV spins in different dressed states. This scheme allows us to control the distribution of interaction strengths in strongly interacting spin systems, which can be a valuable tool for generating multi-spin correlated states for quantum-enhanced sensing.

npj Quantum Information (2023)9:77; <https://doi.org/10.1038/s41534-023-00743-3>

## INTRODUCTION

Understanding and engineering of strongly-coupled solid-state quantum spin systems is a key challenge for quantum technology. Such systems could be utilized to observe and generate collective quantum behavior, leading to highly sought-after applications ranging from quantum simulation of non-equilibrium phases<sup>1–3</sup> to quantum-enhanced sensing applications beyond the classical limit<sup>4–6</sup>. In particular, recent work using nitrogen vacancy (NV) centers in diamond have addressed challenging problems such as the observation of critical thermalization in a three dimensional ensemble<sup>1</sup>, and a Discrete Time Crystal (DTC) state subject to a periodic drive in a disordered spin ensemble<sup>2</sup>. Realization of a strongly interacting, many-spin system was possible through the fabrication of dense NV ensembles in diamond samples with both large nitrogen density ([N]) and high [N] to [NV] conversion yield<sup>1,7</sup>. In this regime, NV-NV dipolar couplings are the dominant spin interactions<sup>1,8</sup>, with robust control possible for an ensemble of NV spins at ambient temperature.

To build on this progress and realize the aforementioned applications, it is crucial to have deterministic control of interactions between the strongly-coupled solid-state spins. To date, such control has not been possible in a scalable manner, due to variation in spin-spin separation from the stochastic process by which quantum defects are fabricated in the host solid<sup>9</sup>. Nanoscale spatial precision of defect formation has recently been demonstrated<sup>10,11</sup>, yet the generation of ensembles of solid-state spins still largely depends on the stochastic methods of ion implantation<sup>12,13</sup> and chemical vapor deposition<sup>14</sup>, leading to an order of magnitude variation in the distribution of spin-spin interactions. The lack of control over such spin-spin interactions limits the utility of solid-state spin systems for many-body

simulations and the generation of multipartite entanglement for quantum-enhanced sensing<sup>15</sup>.

In this work, we present a method to deterministically tune the dipolar coupling between strongly-coupled spin-1 qutrits through the manipulation of dressed states. We use a strongly-coupled pair of NV centers in diamond as a testbed to demonstrate the approach. The negatively charged NV center is effectively a two-electron system<sup>16</sup>, forming an  $S = 1$  spin qutrit. The present study builds on past work where pairs of strongly interacting electronic spins in diamond were utilized to study coherent manipulation of an electronic dark spin<sup>17</sup>, as well as generation of a room temperature entangled state<sup>18</sup>. Here, we employ two Rabi driving fields to induce an oscillating NV spin population between both the  $m_s = 0$  and  $-1$  level and the  $m_s = 0$  and  $+1$  level, thereby generating spin qutrit dressed states. With such doubly-dressed states, an effective dipolar coupling between the two NV spins (labeled NV<sub>A</sub> and NV<sub>B</sub>) can be modulated by careful apportionment of the relative Rabi driving field magnitudes. In future work, this technique may enable robust tuning of interactions within an NV ensemble spin system, allowing quantum-enhanced sensing, and engineering of the NV-NV coupling dynamics or local disorder amplitude to study transitions of non-equilibrium phases<sup>1,2</sup>.

Generating dressed states in an interacting spin-1/2 system via introducing driving fields to decouple dipolar interactions (also referred to as motional narrowing) has been extensively studied in diverse systems such as NMR<sup>19,20</sup> and superconducting qubits<sup>21</sup>. For spin defects in diamond, a single Rabi driving field was applied to spin-1/2 nitrogen electronic spins (P1s) to suppress the overall dipolar field noise on NV spins<sup>22,23</sup>. However, more complicated dynamics can arise for strongly-coupled spin-1 qutrits<sup>24</sup>, thereby requiring further analysis and experimental investigation, as presented here.

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To begin, we consider a simple two qutrit spin Hamiltonian with driving terms. With the spin flip-flop terms neglected for the dipolar interaction between the NV electronic spins<sup>1</sup>, the effective time-dependent Hamiltonian of the system with resonant driving fields is given by:

$$\begin{aligned} \mathbf{H}(t) = & D(S_A^z)^2 + \gamma B_A S_A^z + D(S_B^z)^2 + \gamma B_B S_B^z \\ & + \sum_{i \in \{+, -\}} \Omega_i^A \cos(\omega_i^A t) S_{A,i}^x \\ & + \sum_{i \in \{+, -\}} \Omega_i^B \cos(\omega_i^B t) S_{B,i}^x + v_{\text{dip}} S_A^z S_B^z \end{aligned} \quad (1)$$

where  $D$  denotes the zero-field splitting;  $\mathbf{S}_A$  and  $\mathbf{S}_B$  are the NV electronic spin operators;  $\gamma B_i$  is the bias magnetic field Zeeman splitting for each NV spin with field projection  $B_i$  on each NV and gyromagnetic ratio  $\gamma$ ;  $v_{\text{dip}}$  parameterizes the magnetic dipolar coupling between the two NV spins; and  $\Omega_{\pm}^{A,B}$ ,  $\omega_{\pm}^{A,B}$  are the Rabi and carrier frequencies, respectively, of external microwave fields that resonantly drive the  $|m_s = 0\rangle \leftrightarrow |m_s = +1\rangle$  and  $|m_s = 0\rangle \leftrightarrow |m_s = -1\rangle$  transitions for  $\text{NV}_A$  and  $\text{NV}_B$ . Hyperfine and transverse Zeeman terms are neglected in the above Hamiltonian, as their effect is greatly suppressed given the large NV zero-field splitting ( $D = 2.87$  GHz), as well as the bias magnetic field and Rabi drive frequency conditions used in the present experiment. One exception is energy level splitting of the NV spin sub-levels due to the non-secular hyperfine interaction, as observed in Ramsey measurements and discussed below. (See additional discussion in Supplementary Information).

In our experiment, we apply Rabi driving to the “control” spin  $\text{NV}_B$  while detecting the resulting effect with the second “sensor” spin  $\text{NV}_A$ , with the bias magnetic field aligned with  $\text{NV}_A$ . By taking  $\Omega_{+,-}^A = 0$  and  $\Omega_{+,-}^B = \Omega_{+,-}$ , the overall Hamiltonian can be diagonalized in a double-rotating frame with the rotating wave approximation. The effective dipolar coupling term can then be analytically solved, under the condition of  $v_{\text{dip}} \ll \Omega_{+,-}$ , yielding (see Supplementary Information):

$$v_{\text{eff}} \approx \frac{1}{2} \frac{(\Omega_+^2 - \Omega_-^2)}{(\Omega_+^2 + \Omega_-^2)} v_{\text{dip}} \in \left[ -\frac{v_{\text{dip}}}{2}, \frac{v_{\text{dip}}}{2} \right] \quad (2)$$

The resulting doubly-dressed states can be projected onto an effective spin-1/2 system, as follows:

$$\begin{aligned} |+\rangle_d &= \frac{1}{\sqrt{2}} \left( \frac{\Omega_+}{\sqrt{\Omega_+^2 + \Omega_-^2}} |+\rangle + \frac{\Omega_-}{\sqrt{\Omega_+^2 + \Omega_-^2}} |-\rangle + |0\rangle \right), \\ |-\rangle_d &= \frac{1}{\sqrt{2}} \left( \frac{\Omega_+}{\sqrt{\Omega_+^2 + \Omega_-^2}} |+\rangle + \frac{\Omega_-}{\sqrt{\Omega_+^2 + \Omega_-^2}} |-\rangle - |0\rangle \right) \end{aligned} \quad (3)$$

In this framework, we define new eigenvectors, denoted as  $\frac{\Omega_+}{\sqrt{\Omega_+^2 + \Omega_-^2}} |+\rangle + \frac{\Omega_-}{\sqrt{\Omega_+^2 + \Omega_-^2}} |-\rangle$  and  $|0\rangle$ , for the rotated Pauli operator  $S_R^z$ . The effective spin coupling can be interpreted as the projection of the lab frame interaction component,  $v_{\text{dip}} S_A^z \otimes S_B^z$ , onto  $v_{\text{eff}} S_A^z \otimes (S_{B,R}^z)^2$ , where  $v_{\text{dip}}$  is transformed to  $v_{\text{eff}}$  due to the projection factor  $\frac{1}{2} \frac{(\Omega_+^2 - \Omega_-^2)}{(\Omega_+^2 + \Omega_-^2)}$ . Equation (2) indicates that by tuning  $\Omega_{+,-}$ , we can deterministically vary the effective dipolar coupling strength between  $-v_{\text{dip}}/2$  and  $+v_{\text{dip}}/2$ . Equation (2) is a generalized formula that provides different driving conditions; e.g.,  $\Omega_+ = \Omega_-$ ,  $v_{\text{eff}} = 0$ ;  $\Omega_- = 0$ ,  $v_{\text{eff}} = \frac{v_{\text{dip}}}{2}$ ; and  $\Omega_+ = 0$ ,  $v_{\text{eff}} = -v_{\text{dip}}/2$ .

## RESULTS

To demonstrate the tunable effective coupling via a doubly-dressed state scheme within the solid-state spins, we use two strongly-coupled NV qutrit spins as a simple model system (with  $v_{\text{dip}} > \Delta_{\text{bath}} \approx 1/T_2^*$ , where  $\Delta_{\text{bath}}$  is the effective coupling strength between the NV and bath spins). To realize an isolated two

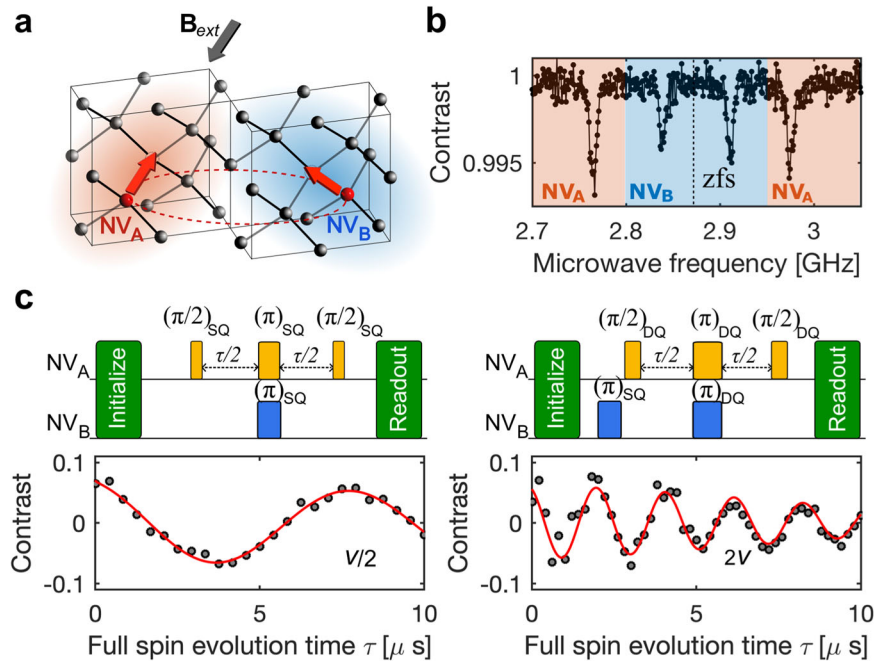
strongly-coupled NV spins, we use a molecular implantation technique<sup>17,25</sup>. More details on the diamond sample is discussed in the methods. We first deploy a double electron-electron resonance (DEER) measurement protocol to measure the intrinsic coupling strength between two neighboring and strongly-coupled NV spins. Due to DEER’s spin echo-based pulse scheme, the  $\text{NV}_A$  sensor spin accumulates net phase only due to the repeated inversion of the  $\text{NV}_B$  control spin, filtering out other possible magnetic signal sources at frequencies lower than the  $\text{NV}_B$  spin modulation. We then perform Ramsey spectroscopy on  $\text{NV}_A$  for different polarizations and dressed states of  $\text{NV}_B$ : this measurement characterizes the effective NV-NV dipolar field under different dressed states. To directly observe the change of NV-NV interaction dynamics under different dressed states, NV-NV polarization transfer via a spin-lock pulse sequence is used (Fig. 4). Note that the roles of  $\text{NV}_A$  and  $\text{NV}_B$  can be interchanged in all the results presented here. Finally, we employ Monte Carlo simulations to estimate variations in the interaction dynamics of the ensemble spin system utilizing the doubly-dressed state method.

### Measuring the dipolar coupling using DEER

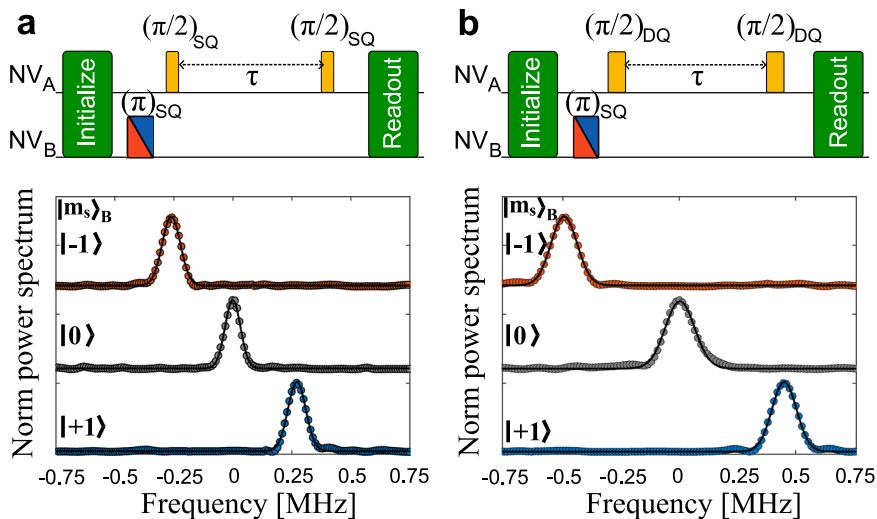
We deploy a DEER pulse sequence to determine the strength of the bare dipolar coupling between two strongly interacting NV spins. We select neighboring NVs with different quantization axes (Fig. 1a), which allows us to distinguish the two NV spins in the ODMR frequency domain (Fig. 1b), thereby allowing individual NV spin control. The DEER technique measures the dynamic phase accumulated by the sensor spin ( $\text{NV}_A$ ) due to the dipolar magnetic field generated by the control spin ( $\text{NV}_B$ ). First, we performed a DEER measurement in the single quantum (SQ) basis of  $|0\rangle$  and  $|+1\rangle$  states. The  $\text{NV}_A$  and  $\text{NV}_B$  interaction is given by an Ising term with coupling strength  $v_{\text{dip}}$  (Eq. (1)). The accumulated phase is projected back to the  $|0\rangle$  spin state for  $\text{NV}_A$  via a probability measurement  $P_{\text{SQ}} \propto \cos(v_{\text{dip}}\tau/2)$ . Meanwhile, under the double quantum (DQ) basis of  $|B\rangle = \frac{|+1\rangle + |-1\rangle}{\sqrt{2}}$  and  $|D\rangle = \frac{|+1\rangle - |-1\rangle}{\sqrt{2}}$  for  $\text{NV}_A$ , and  $|+1\rangle, |-1\rangle$  states for  $\text{NV}_B$ , the accumulated phase projected back to  $|0\rangle$  for  $\text{NV}_A$  is given by  $P_{\text{DQ}} \propto \cos(2v_{\text{dip}}\tau)$ . In the SQ basis of sensor spin  $\text{NV}_A$  with the control spin  $\text{NV}_B$  flipped to  $|+1\rangle$  after being initialized to  $|0\rangle$ , we measure a DEER signal oscillation of  $v_{\text{dip}}/2 = 0.125 \pm 0.01$  MHz (see Fig. 1c, left). In the DQ basis of sensor spin  $\text{NV}_A$  with the control spin  $\text{NV}_B$  flipped to  $|+1\rangle$  after being initialized to  $|-1\rangle$ , we measure a DEER signal oscillation of  $2v_{\text{dip}} = 0.495 \pm 0.031$  MHz (see Fig. 1c, right). From both these measurements, we extract the  $\text{NV}_A$ - $\text{NV}_B$  dipolar coupling parameter  $v_{\text{dip}} = 0.250 \pm 0.015$  MHz.

### Measuring the dipolar coupling using Ramsey

Similar to DEER, Ramsey interferometry also allows the sensor spin  $\text{NV}_A$  to accumulate a dynamic phase due to the static dipolar field produced by the control spin  $\text{NV}_B$ . We can further extend the Ramsey method to measure the change in effective coupling strength by transforming  $\text{NV}_B$  into different dressed states. In past work, Ramsey spectroscopy has been used as a spectroscopic tool to measure the effective coupling strengths between an ensemble of NV spins and a bath of paramagnetic P1 spins<sup>26</sup>. In contrast to DEER, there is no  $\pi$  pulse applied to  $\text{NV}_B$  during a Ramsey measurement; therefore, the dipolar field is constant for an initially prepared  $m_s$  state of  $\text{NV}_B$  during the phase accumulation of the  $\text{NV}_A$  spin. For a Ramsey measurement on the  $\text{NV}_A$  SQ basis of  $|0\rangle$  and  $|+1\rangle$ , when  $\text{NV}_B$  is prepared in  $|0\rangle$ , no dynamic phase is accumulated on  $\text{NV}_A$  due to the zero longitudinal dipolar coupling. However, for  $\text{NV}_B$  prepared in  $|\pm 1\rangle$  with non-zero longitudinal dipolar coupling,  $\text{NV}_A$  exhibits a phase modulation of  $\pm \gamma v_{\text{dip}}\tau$  during a Ramsey measurement. When a similar Ramsey measurement is performed using the  $\text{NV}_A$  DQ basis of  $|B\rangle$  and  $|D\rangle$ , the effective magnetic moment of the  $\text{NV}_A$  spin is doubled and



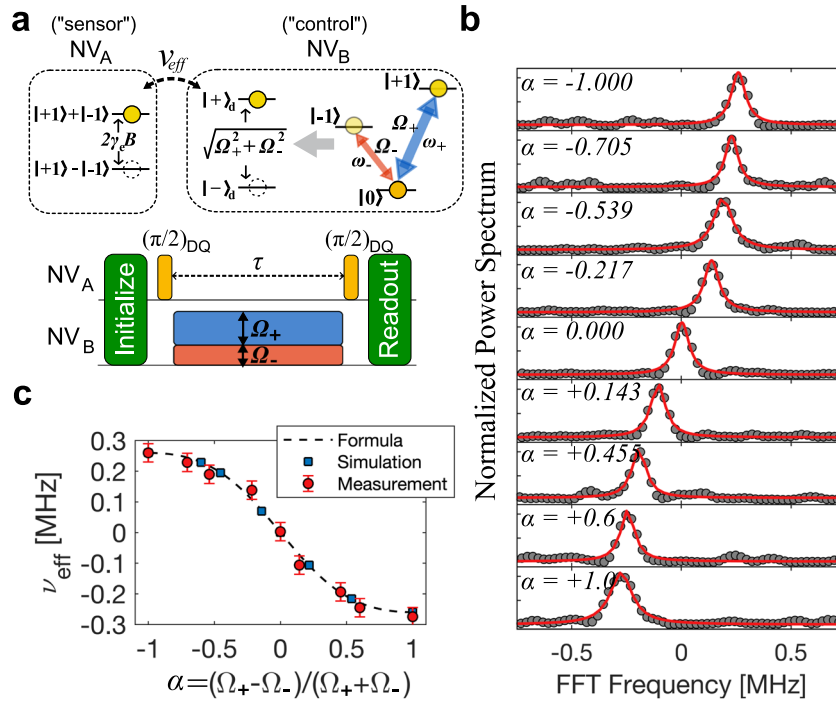
**Fig. 1 Characterization of two NV qutrit spin system.** **a** Schematic of two strongly-coupled NVs inside the diamond lattice, separated by  $\sim 10$  nm. External bias magnetic field  $\mathbf{B}_{\text{ext}}$  is aligned with the quantization axis of the sensor spin  $\text{NV}_A$  (red); the control spin  $\text{NV}_B$  (blue) has a different quantization axis. **b** Optically detected magnetic resonance (ODMR) measurement of NV pair system. With different Zeeman splittings due to different  $\mathbf{B}_{\text{ext}}$  field projections on each NV quantization axis,  $\text{NV}_A$  and  $\text{NV}_B$  are resolved in the frequency domain. **c** Double electron-electron resonance (DEER) measurement pulse sequences and measurement results.  $\text{NV}_A$  is used as a sensor spin in both the single quantum (SQ, left) and double quantum (DQ, right) basis.  $\text{NV}_B$  is used as a control spin,  $\pi$  flipped from  $m_s = 0$  to  $m_s = +1$  (left) and double  $\pi$  flipped from  $m_s = -1$  to  $m_s = +1$  (right). From the resulting modulation frequencies of the SQ and DQ DEER measurements, we extract the  $\text{NV}_A$ - $\text{NV}_B$  dipolar coupling strength of  $v_{\text{dip}} = 0.250 \pm 0.015$  MHz.



**Fig. 2 Ramsey spectroscopy for sensing dipolar coupling strength of two NV qutrit system.** **a** Single quantum (SQ) Ramsey spectroscopy pulse sequence varies the evolution time  $\tau$  of the sensor spin  $\text{NV}_A$  with the control spin  $\text{NV}_B$  initialized to  $|0\rangle$  (gray),  $|+1\rangle$  (blue) and  $|-1\rangle$  (red) states. Relative shifts in the peak of the power spectrum of the Ramsey signal as a function of the state of  $\text{NV}_B$  give the dipolar coupling strength  $v_{\text{dip}} = 0.26 \pm 0.02$  MHz. **b** Repeat of the same measurement for the double quantum (DQ) basis of  $\text{NV}_A$ . Due to doubling of the effective magnetic moment of spin  $\text{NV}_A$  in the DQ basis, twice larger shifts are observed in the Ramsey signal power spectrum, yielding  $2v_{\text{dip}} = 0.52 \pm 0.02$  MHz.

there is thus a twice faster phase accumulation. A fast Fourier transformation (FFT) applied to the Ramsey signal then reveals the phase modulation frequency and hence the dipolar coupling magnitude between the two spins. Our NV spin is accompanied by a  $^{14}\text{N}$  ( $I = 1$ ) host nuclear spin; and throughout the measurement analysis, we focus on a spin state projection measurement on the

$m_l = 0$  state, one of the three NV hyperfine peaks in the ODMR spectrum. In the  $\text{NV}_A$  SQ basis, we find Ramsey resonance peak shifts of  $\pm v_{\text{dip}} = 0.26 \pm 0.02$  MHz; see Fig. 2a. In the DQ basis, we determine peak shifts of  $\pm 2v_{\text{dip}} = 0.52 \pm 0.02$  MHz, relative to the Ramsey resonance peak for the non-interacting case; see Fig. 2b. Uncertainty here is given by the frequency resolution of the FFT.



**Fig. 3 Tuning effective coupling strength of two NV qutrit system via doubly-dressed state.** **a** Left inset box shows the double quantum state energy level of the sensor spin  $NV_A$ . Right inset box shows the ground state energy level of the control spin  $NV_B$ . Microwave control fields at resonance frequencies  $\omega_+$  (between  $|0\rangle$  and  $|+1\rangle$  states) and  $\omega_-$  (between  $|0\rangle$  and  $|-1\rangle$  states) are driven with Rabi frequencies  $\Omega_{\pm}$ , which results in an effective two-level doubly-dressed state  $|+\rangle_d, |-\rangle_d$  shown in the right inset box. Below is the pulse sequence for DQ Ramsey spectroscopy on the sensor spin  $NV_A$  with  $NV_B$  driven by microwave control fields at  $\Omega_{\pm}$ . **b** Normalized power spectrum of the Ramsey signal for  $NV_A$ . Gray dots are measurement and red solid lines are Lorentzian fits to the data. Dressed-state control parameter  $\alpha = \frac{(\Omega_+ - \Omega_-)}{(\Omega_+ + \Omega_-)}$ . For  $NV_B$  driven on only a single transition, i.e., for  $\alpha = \pm 1$ , a modulation peak is observed at the bare dipolar coupling strength between the two NVs ( $\pm v_{\text{dip}}$ ) because phase is accumulated in  $NV_A$ 's DQ basis. For  $NV_B$  driven on both transitions with the same Rabi frequency, i.e., for  $\alpha = 0$ , a peak appears at FFT frequency = 0. As  $\alpha$  is swept from  $-1$  to  $+1$  with  $\Omega_{\pm} > 2 \text{ MHz} > v_{\text{dip}}$ , the modulation peak continuously shifts from  $v_{\text{eff}} = +v_{\text{dip}}$  to  $v_{\text{eff}} = -v_{\text{dip}}$ . Here, the twice larger variation in measured  $v_{\text{eff}}$ , compared to Eq. (2), is due to the Ramsey measured in DQ basis. **c** Variation of  $v_{\text{eff}}$  with dressed-state control parameter  $\alpha$ . Red dots are measurements, blue dots are from a numerical simulation, and black dashed line is from DQ corrected Eq. (2). Simulation is from numerically solving Eq. (1). Error bar is given as a  $\delta f$  frequency step size in the FFT plot.

Note that the dipolar coupling strength extracted from SQ and DQ Ramsey spectroscopy agrees with the DEER measurements described above. This coupling strength implies a separation of the two NVs of about 6 nm.

### Doubly-dressed state control of effective dipolar coupling

We next introduce a driving field on the control spin  $NV_B$  to generate a doubly-dressed state, as outlined above; and then perform Ramsey detection in the DQ basis of  $NV_A$  to sense the resulting interaction dynamics. In a semi-classical spin picture, double driving of the  $NV_B$  spin transitions with Rabi frequencies of  $\Omega_+$  and  $\Omega_-$  transfer population into each spin state  $|+1\rangle$  and  $|-1\rangle$  proportional to  $\Omega_+^2$  and  $\Omega_-^2$ , respectively. In the fast-driving limit of  $v_{\text{dip}} \ll \Omega_{\pm}$ , each population is time-averaged to its half, and the overall net spin population becomes  $\frac{1}{2}(\Omega_+^2 - \Omega_-^2)$ . Normalizing to the total population  $\Omega_+^2 + \Omega_-^2$ , we get a time-averaged effective spin number of  $m_s^{\text{eff}} \approx (\Omega_+^2 - \Omega_-^2) / 2(\Omega_+^2 + \Omega_-^2)$ ; hence, the effective coupling between  $NV_A$  and  $NV_B$  becomes  $v_{\text{eff}} = m_s^{\text{eff}} v_{\text{dip}}$ , which is in agreement with Eq. (2). In the simplified Hamiltonian framework (see Supplementary Information), the doubly-dressed  $NV_B$  can be regarded as an effective spin-1/2 system with the dressed states denoted as  $|+\rangle_d, |-\rangle_d$ ; the coupling strength between  $NV_A$  and  $NV_B$  is given by Eq. (2), which includes the time-averaging effect. See Fig. 3a.

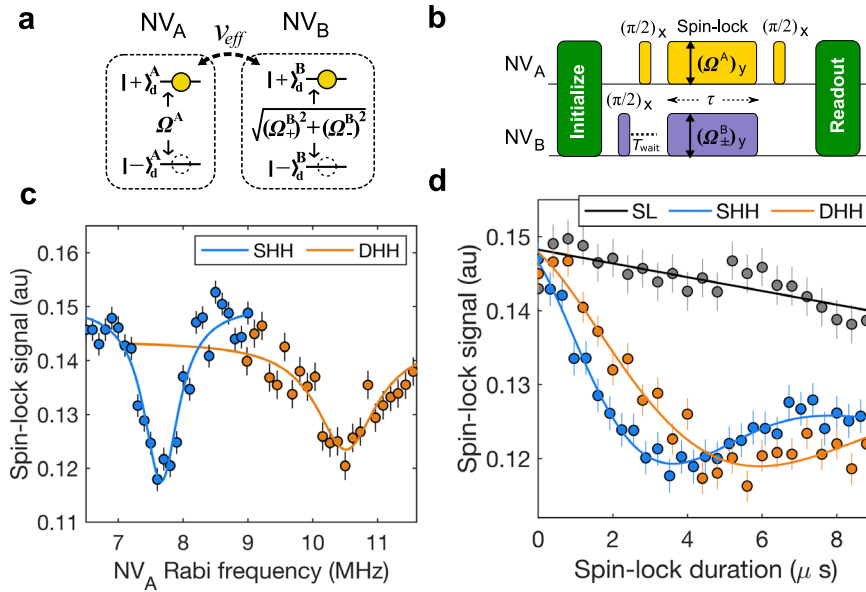
For detection, we monitor the DQ Ramsey power spectrum of one of the  $NV_A$  hyperfine peaks in the frequency domain as we

change  $\Omega_+$  and  $\Omega_-$ . To satisfy the  $v_{\text{dip}} \ll \Omega_{\pm}$  condition, all measurements are done with  $2 \text{ MHz} < \Omega_{\pm}$ . We define  $\alpha = \frac{(\Omega_+ - \Omega_-)}{(\Omega_+ + \Omega_-)}$  as a control parameter that indicates the degree of relative driving strengths. For example,  $\alpha = 0$  for equal Rabi frequencies ( $\Omega_+ = \Omega_-$ ), and  $\alpha = +1$  when driving only the single transition  $|0\rangle \leftrightarrow |+1\rangle$  ( $\Omega_+ \neq 0, \Omega_- = 0$ ). As  $\alpha$  is swept from  $-1$  to  $+1$ , the Ramsey power spectrum peak transitions from  $v_{\text{eff}} = +v_{\text{dip}} = +0.26 \text{ MHz}$  to  $v_{\text{eff}} = -v_{\text{dip}} = -0.26 \text{ MHz}$  (Fig. 3b). Note that the twice larger variation in measured  $v_{\text{eff}}$ , in contrast to Eq. (2), is due to the Ramsey spectrum being measured in the DQ basis. We confirm that the effective coupling extracted from Eq. (2) and our numerical simulation, based on Eq. (1), lie within the measurement error bound (Fig. 3c). The detuning between each NV spin's resonance frequency  $\approx 60 \text{ MHz}$ ; therefore, the cross-talk effect from  $NV_B$ 's driving field on  $NV_A$  is negligible (see further discussion below).

### Polarization transfer in dressed states

To validate the applicability of the doubly-dressed state scheme for controlling spin-spin interactions deterministically, we employ a dressed state spin polarization measurement<sup>27</sup> with a spin-lock (SL) pulse sequence by varying the  $|\pm 1\rangle$  transitions relative Rabi frequencies. Polarization transfer measurements are a useful tool for exploring interaction dynamics within strongly-coupled systems<sup>1</sup>. In a two-spin-1/2 system, the cross-polarization transfer rate is given by half the bare dipolar coupling strength when the





**Fig. 4 Spin polarization transfer measurement under singly- and doubly-dressed state Hartmann–Hahn conditions (SHH and DHH).** **a** Effective spin-1/2 model for cross-polarization between singly-dressed  $NV_A$  and doubly-dressed  $NV_B$ . **b** Polarization transfer pulse sequence.  $NV_B$  is first prepared in a  $|0\rangle, |+1\rangle$  mixed state and then Rabi driven to dressed states, while  $NV_A$  is spin-locked along the y-axis. **c**  $NV_A$  spin-lock (SL) coherence signal measurement. While sweeping the  $NV_A$  Rabi frequency,  $NV_B$  is driven to SHH or DHH by controlling the  $NV_B$  Rabi frequency  $\Omega_B^\pm$ . Once either matching condition is satisfied,  $\Omega^A = \sqrt{(\Omega_+^B)^2 + (\Omega_-^B)^2}$ , polarization from  $NV_A$  is lost, as shown as dips in the SL signal. SHH is when  $NV_B$  is singly driven, and DHH is when  $NV_B$  is doubly driven. **d** Polarization transfer dynamics measured via the  $NV_A$  SL coherence signal over the duration of  $NV_A$  spin-lock driving.  $NV_A$  Rabi frequencies are fixed at the SHH or DHH matching frequencies with  $NV_B$ . Error bars are  $1\sigma$  photon shot-noise.

Rabi frequencies are matched. For the doubly-dressed state in a two-spin qutrit system, the effective coupling strength can be tuned within the effective spin-1/2 framework (Fig. 4a) via the interaction term  $\frac{V_{\text{eff}}}{2} S_A^x \otimes S_B^x$ , which implies that one can control the transfer rate deterministically (see Supplementary Information Eqn. (30)).

We choose  $NV_A$  as the polarization delivering spin and  $NV_B$  as the polarization target spin and observe polarization transfer within the  $|0\rangle \leftrightarrow |+1\rangle$  subspace.  $NV_B$  is first initialized and prepared in a fully dephased state in the  $|0\rangle, |+1\rangle$  basis by applying a  $(\frac{\pi}{2})_x$  pulse and a wait time  $T_{\text{wait}} \gg T_2^2$ . The purpose of using a dephased  $NV_B$  as a target polarization transfer state was to showcase the potential of off-axis NVs as a tunable source of spin bath noise in ensemble spins for many-body simulations, utilizing the double driving scheme introduced in this study. Then  $NV_B$  is driven with single or double transition driving fields by tuning  $\Omega_+^B (|0\rangle \leftrightarrow |+1\rangle)$  and  $\Omega_-^B (|0\rangle \leftrightarrow |-1\rangle)$ , inducing a change in the effective dipolar coupling between the two NVs in a dressed state picture (Fig. 4b).  $NV_A$  is initialized and spin-locked along the y-axis with driving field  $\Omega^A (|0\rangle \leftrightarrow |+1\rangle)$ . Once the two NVs satisfy either the singly- or doubly-dressed state Hartmann–Hahn matching conditions (SHH or DHH)<sup>28</sup>, only the  $\frac{V_{\text{eff}}}{2} S_A^x \otimes S_B^x$  term (see Supplementary Information Eqn. (30)) survives in the rotating frame Hamiltonian, inducing transfer of polarization from  $NV_A$  to  $NV_B$ . For a two-level spin picture, this can be understood as generating resonant energy levels between the two dressed-state spin qubits. The Rabi frequency for each spin corresponds to the energy level splitting in the rotating frame, and by tailoring the Rabi frequency matched dressed states between the two spins, polarization can be exchanged in the double-rotating frame. For an  $S=1$  spin system, a doubly-dressed state generates an effective two-level system with energy splitting of  $\sqrt{\Omega_+^2 + \Omega_-^2}$ . Therefore, energy-conserving polarization exchange can occur once the singly driven qutrit spin's Rabi frequency matches the

other qutrit spin's doubly-driven Rabi frequency  $\sqrt{\Omega_+^2 + \Omega_-^2}$ . For a given  $NV_B$  singly- or doubly-dressed state, the Rabi frequency of  $NV_A$  and the SL duration determine the degree and rate of polarization loss(gain) of  $NV_A$  ( $NV_B$ ).

With a fixed spin-lock time  $\tau$ , Rabi frequency  $\Omega^A$  is swept to verify the Hartmann–Hahn (HH) matching condition (see Supplementary Information Eqn. (30)) for the dressed state scheme. We apply a  $|0\rangle \leftrightarrow |+1\rangle$  single transition driving field to  $NV_B$  with Rabi frequency of  $\Omega_+^B = 7.56$  MHz and sweep the  $NV_A$  Rabi frequency between  $|0\rangle \leftrightarrow |+1\rangle$  from  $\Omega^A = 6$  to 9 MHz. Here, the SL duration is set to be the inverse of the estimated effective dipolar coupling between the two NVs. A Lorentzian dip is observed in the  $NV_A$  SL coherence measurement (Fig. 4c), indicating a loss of polarization from  $NV_A$ ; the dip is located at  $\Omega^A = 7.66 \pm 0.1$  MHz, which coincides with the expected SHH matching condition. Next, we apply a double driving field to  $NV_B$ , with Rabi frequencies of  $\Omega_+^B = 9.59$  MHz and  $\Omega_-^B = 4.13$  MHz, to induce a change in polarization transfer dynamics. Again, the  $NV_A$   $|0\rangle \leftrightarrow |+1\rangle$  transition Rabi frequency is swept from  $\Omega^A = 9$  to 12 MHz. The

DHH matching condition is given by  $\Omega^A = \sqrt{(\Omega_+^B)^2 + (\Omega_-^B)^2}$  and the measurement result shows a dip appearing at  $\Omega^A = 10.51 \pm 0.1$  MHz (Fig. 4c). This result matches well with the calculated DHH condition of  $\Omega^A = 10.44$  MHz. Broadening of the DHH polarization transfer dip, compared to that of SHH, may be due to heating of the coplanar waveguide used to deliver microwave signals. Note that the Rabi drive cross-talk error between the NV transitions is on the order of  $O\left(\frac{\Omega^2}{\Delta_{A,B}^2}\right)$ . For our

experiments,  $\Delta_{A,B} \approx 60$  MHz is the frequency detuning between the two NV  $|0\rangle \leftrightarrow |+1\rangle$  resonance peaks; hence the cross-talk error  $\approx 0.03$  is negligible for the present study (see additional discussion in Supplementary Information).

Next, to investigate the dependence of the polarization transfer rate on different dressed states, we park the Rabi frequencies at the HH matching conditions and vary the spin-lock (SL) duration. First, without any driving field applied on  $NV_B$ , the  $NV_A$  SL signal is measured by sweeping the SL duration time as a reference. Under the SHH matching condition, driven by  $\Omega_+^B = 7.56$  MHz,  $NV_A$  SL coherence is drastically lost at a rate of  $119 \pm 10$  kHz, which is extracted from a fit to the data (Fig. 4d). For  $\Omega^A \gg v_{dip}$ , the calculated effective dipolar coupling strength from Eq. (2) is  $v_{eff} \approx v_{dip}/2 \approx 130$  kHz, which agrees well with our measurement. Under the DHH matching condition, driven by  $\Omega_+^B = 9.59$  MHz and  $\Omega_-^B = 4.13$  MHz,  $NV_A$  SL coherence is lost with a reduced rate of  $73 \pm 10$  kHz compared to the SHH condition. This result indicates a reduced effective coupling between  $NV_A$  and  $NV_B$ ; the calculated effective coupling strength is  $v_{eff} \approx 89$  kHz, which is roughly consistent with our measurement. Note that the measured polarization transfer rates are somewhat lower than the calculated values; also polarization return back to  $NV_A$  does not happen with full contrast. We suspect such non-ideal behavior is due to imperfect HH matching conditions resulting from coplanar waveguide heating and drift of the external bias magnetic field during the measurements.

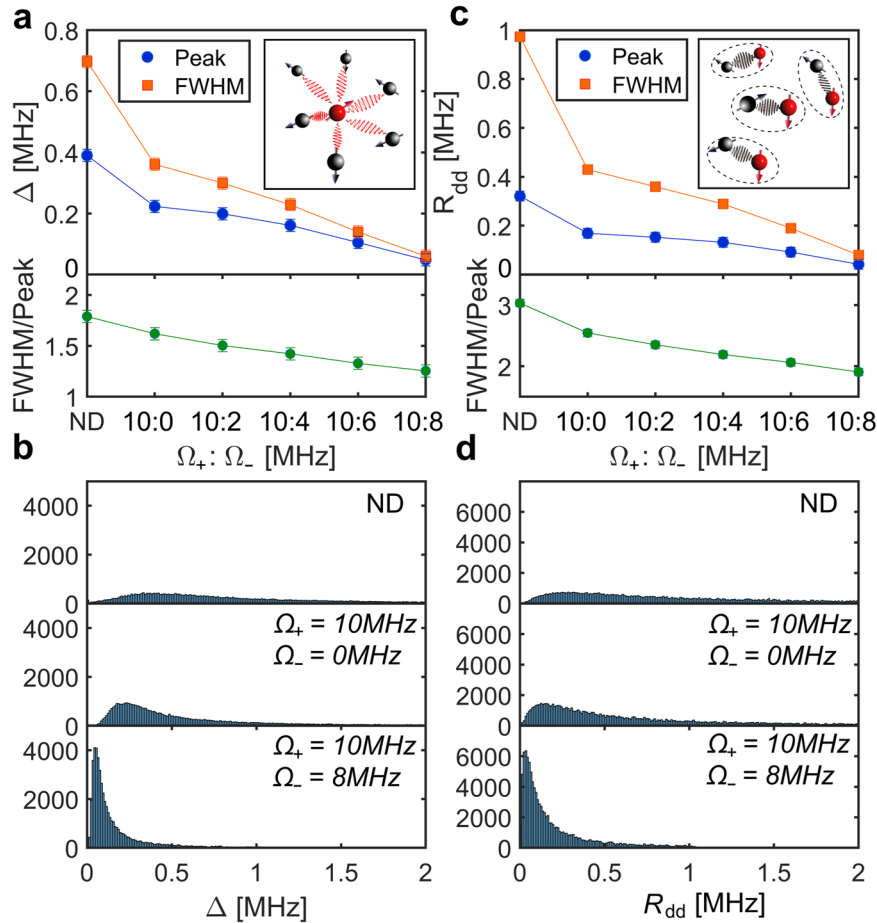
### Simulation of interaction dynamics in a spin ensemble

We simulate strongly-coupled NV spin ensemble dynamics for the doubly-dressed state, using a semi-classical model. The doubly-dressed state scheme induces a homogeneity of spin interaction strengths, which can enhance the fidelity of generating many-spin entangled states<sup>29</sup>. Here, we assume a 50 ppm NV concentration with no other defect spin species present; implying a mean distance between NV spins of  $\sim 5$  nm, which is in the strong coupling regime for a Carr-Purcell-Meiboom-Gill (CPMG) pulse enhanced decoherence rate  $1/T_2 < 0.2$  MHz<sup>30</sup>. In reality, this 50 ppm NV-diamond sample also carries significant concentrations of unwanted bath electronic defect spins causing short NV  $T_2 < 1$   $\mu$ s. However, the doubly-dressed scheme, realized via the SL sequence, largely decouples the NV spins from the bath spins<sup>1</sup>, facilitating observation of NV-NV spin interaction dynamics. Note that NV many-body interactions can lead to inhomogeneous detuning of individual NV centers from the globally applied Rabi driving field's central frequency, which can affect (reduce) the effective dipolar coupling strength. We find that this detuning effect is limited and dominated by the coupling strength distribution of the NV spin ensemble (see Supplementary Information). One way to understand the ensemble spin dynamics is to adopt a spin bath spectral density model, parameterized with  $\Delta$ , the spin to bath coupling, and  $R_{dd}$ , the pairwise bath spin-spin coupling<sup>26</sup>. In the simulation, NV ensemble spins are simplified into a collection of two-spin pairs, similar to the approximation applied in a second order cluster correlation expansion (CCE) calculation<sup>31,32</sup> (see Supplementary Information). Including higher-order spin correlations in the simulation could, in principle, better estimate the ensemble spin dynamics. However, due to the complexity of the problem, only pairwise clusters are considered here. Microscopic understanding of clusters of three or more electronic spins has been proposed using the CCE method<sup>33</sup>. However, the coherence function between spin pairs sometimes becomes 0, which causes a divergence in triple or higher spin correlations, making calculations very challenging. We note that an approximate treatment of higher-order spin correlations is as a mean-field detuning induced by long-range interactions on each spin pair<sup>33</sup>. With the doubly-dressed state scheme, this mean-field detuning can be easily adjusted, which may offer a promising avenue to study higher-order spin correlation dynamics in future work.

We use a central spin model and extract an overall effective dipolar interaction  $\Delta^2 = \sum_k v_{eff,k}^2$  between the central NV and off-axis NV bath spins<sup>26</sup>. We only consider interactions with off-axis NV spins because for spins with the same axis, spin exchange is highly suppressed in the dressed state due to the NV's spin-1 nature and the energy conservation in the rotating frame<sup>1</sup>. Different lattice configurations are simulated and contribute to a statistical distribution of  $\Delta$  values. The effect of the doubly-dressed state scheme is included by adding driving field terms to the spin pair Hamiltonian. The effective dipolar interaction strength distribution follows a probability density function (PDF); and by assessing the resulting PDF peak position and full width half maximum (FWHM) values, we can estimate the overall spin interaction dynamics. With single transition driving of Rabi frequency  $\Omega_+ = 10$  MHz ( $|0\rangle \leftrightarrow |+1\rangle$ ), both the PDF peak and FWHM are reduced by almost half compared to that for the not driven (ND) case (Fig. 5a). This trend continues as an additional second driving field  $\Omega_-$  ( $|0\rangle \leftrightarrow |-1\rangle$ ) is introduced, pushing  $\Delta$  from the strongly-coupled to weakly coupled regime. With  $\Omega_+ = 10$  MHz and  $\Omega_- = 8$  MHz,  $\Delta$  is peaked at  $48 \pm 10$  kHz, compared to the expected effective coupling of 43 kHz deduced from the Eq. (2) using a bare dipolar coupling of 390 kHz extracted from the ND case (Fig. 5b). Next, we select pairs of off-axis NVs with the strongest coupling over the ensemble of spins and simulate the statistical distribution of pairwise dipole interaction strengths,  $\max(v_{ij}) = R_{dd}$ . Among the four different NV crystalline axis classes, one class is fixed with no driving and the three other off-axis classes are driven. With single transition driving of  $\Omega_+ = 10$  MHz, both the PDF peak and FWHM are reduced almost in half (Fig. 5c); and the trend continues as a second driving field  $\Omega_-$  is applied. For example, the FWHM for doubly-dressed states is  $80 \pm 10$  kHz with  $\Omega_+ = 10$  MHz,  $\Omega_- = 8$  MHz; whereas the effective dipolar coupling value from Eq. (2) is  $v_{eff} \approx 107$  kHz for a ND FWHM of 973 kHz, implying more uniformity in collective coupling strengths (Fig. 5d). For both  $\Delta$  and  $R_{dd}$ , we also confirm the homogenization of coupling strengths through the convergence of FWHM/Peak values for doubly-dressed states at higher double transition Rabi frequencies (Fig. 5a, c). From the simulation results, the doubly-dressed state scheme is expected to both suppress interactions between the central NV spin and off-axis NV bath spins, and reduce variation of spin-spin coupling strengths, making the ensemble spin system more uniform for coherent manipulation. Such a homogenized interaction distribution, combined with the extended long spin coherence time due to the SL measurement, may improve the fidelity of non-classical state generation and extend spin entanglement lifetimes (see Supplementary Information).

### DISCUSSION

To summarize, we demonstrate experimentally the use of dressed-state techniques to control the effective dipolar interaction in a strongly-coupled, solid-state electronic spin-1 system. Using a strongly-coupled pair of nitrogen vacancy (NV) centers in diamond as a model system, with  $v_{dip}$  being the bare NV-NV dipolar coupling strength, we induce Rabi driving between different ground spin state sub-levels ( $|0\rangle \leftrightarrow |\pm 1\rangle$ ) and employ a doubly-dressed state to tune the effective coupling strength between  $-v_{dip}/2 < v_{eff} < +v_{dip}/2$ , which is spectroscopically observed via Ramsey measurements. Other pulse schemes<sup>5,34</sup> to manipulate or suppress effective couplings are comparatively more complicated, with the duration and fidelity of the engineered Hamiltonian typically limited by pulse errors. In contrast, the doubly-dressed state scheme provides a robust method to tune the effective coupling dynamics in a qutrit system once the driving strength is larger than the bare dipolar coupling strength  $v_{dip}$ . Furthermore, since the effective coupling strength depends only on the ratio of driving field amplitudes, systematic effects due to



**Fig. 5** Semi-classical simulation of effective dipolar couplings for an NV spin ensemble in the doubly-dressed state. **a** Using a central spin model (inset), the effective coupling strength  $\Delta$  between the central NV and the off-axis NV spin bath is calculated for multiple lattice configurations by varying the double transition driving field Rabi frequencies. The resulting  $\Delta$  probability peak and full width at half maximum (FWHM) are then extracted and displayed (upper panel). Lower panel shows a  $\Delta$  trend towards greater homogenization at higher double transition Rabi frequencies, as illustrated in the ratio of the FWHM/Peak for the doubly-dressed states. **b** Probability distribution function (PDF) for  $\Delta$  when off-axis bath NV spins are not driven (ND); singly driven  $\Omega_+ = 10$  MHz,  $\Omega_- = 0$ ; and doubly driven with  $\Omega_+ = 10$  MHz,  $\Omega_- = 8$  MHz. **c** Upper panel: Extracted PDF properties for pairwise flip-flop rates  $R_{dd}$  by varying  $\Omega_{\pm}$ . As shown in the inset figure, among 4 different NV crystalline axis classes, one class (red) is fixed with no driving and 3 other off-axis classes (black) are driven. Lower panel shows homogenization trend of  $R_{dd}$ 's FWHM/Peak (green) for the doubly-dressed states. **d** PDF for  $R_{dd}$  when pairwise off-axis NV spins are not driven (ND); singly driven with  $\Omega_+ = 10$  MHz,  $\Omega_- = 0$ ; and doubly driven with  $\Omega_+ = 10$  MHz,  $\Omega_- = 8$  MHz.

inhomogeneous Rabi driving amplitudes over the spin ensemble are highly suppressed. In principle, the doubly-dressed state scheme should be applicable to a larger number of spin clusters, particularly when each NV spin can be selectively controlled. We envision tuning the higher-order interaction dynamics by utilizing different dressed states for different NV spins. This method could be used to control the order parameter in a disordered spin system to study the transition of non-equilibrium phases<sup>1</sup>. Furthermore, reducing the local distribution of spin couplings could be used to increase fidelity in the generation of collective non-classical states. For example, creating an emergent Greenberger–Horne–Zeilinger (GHZ) state via quantum domino dynamics<sup>35</sup> in an Ising spin chain largely depends on the interaction uniformity<sup>29,36</sup>. Also, better fidelity generation of a many-spin Schrodinger cat state could be a valuable resource for enhanced quantum sensing or quantum information applications.

## METHODS

### Experimental setup

Measurements are conducted using a home-built NV-diamond confocal microscope setup. An acousto-optic modulator (Isomet

Corporation) allows time-gating of a 400 mW, 532 nm diode-pumped solid-state laser (Changchun New Industries). The laser beam is coupled to a single-mode fiber, then delivered to an oil-immersion objective (100x, 1.3 NA, Nikon CFI Plan Fluor), and focused onto a diamond sample. The diamond sample is fixed on a three-axis motorized stage (Micos GmbH) for precise position control. NV red fluorescence (FL) is collected back through the same objective, then passes through a dichroic filter (Semrock LP02-633RS-25). A pinhole (diameter 75  $\mu\text{m}$ ) is used with a  $f = 150$  mm telescope to spatially filter the FL signal, which is detected with a silicon avalanche photodetector (Perkin Elmer SPCM-ARQH-12). A signal generator (SG, Agilent E4428C) provides the carrier microwave signal. A  $1 \text{ G s}^{-1}$  rate arbitrary waveform generator (AWG, Tektronix AWG 5014 C) phase and amplitude modulates the carrier signal via an IQ mixer (Marki IQ 1545 LMP). Two resulting output microwave signals are amplified (Mini-circuits ZHL-16W-43-S+), combined, and sent through a gold coplanar waveguide fabricated on a glass cover-slip by photo-lithography and mounted directly on the diamond sample in order to manipulate the NV spins.

**Table 1.** Measured spin lifetimes for the two strongly-coupled off-axis NVs used in the reported experiments.

	NV <sub>A</sub>	NV <sub>B</sub>
$T_1$	$4.3 \pm 0.2$ ms	$4.3 \pm 0.2$ ms
$T_2$	$49.7 \pm 4.5$ $\mu$ s	$13.3 \pm 1.2$ $\mu$ s
$T_2^*$	$7.2 \pm 0.5$ $\mu$ s	$2.1 \pm 0.2$ $\mu$ s

Dressed-state control of effective dipolar interaction between strongly-coupled solid-state spins

## Diamond sample

Creation of a strongly-coupled NV pair is done by molecular ion implantation (Innovion corp), with a 6 keV energy  $^{+28}\text{N}$  molecular beam and an implantation dosage of  $1 \times 10^9 \text{ cm}^{-2}$  applied to a diamond substrate. The diamond is CVD grown,  $^{12}\text{C}$  isotopically purified to 99.99%, and has dimensions of 2 mm  $\times$  2 mm  $\times$  0.5 mm. After ion implantation, the diamond is annealed at 800 °C for 8 h and at 1000 °C for 10 h to enhance conversion of N to NV and optimize NV optical and spin properties. Statistical measurement of NV FL intensity reveals that  $\sim 5\%$  of the NVs consist of proximal (few nm separation) NV pairs, limited by the conversion of N to NV. 6 keV ion implantation creates NV pairs with an average separation of  $\sim 6$  nm<sup>1</sup>; this corresponds to  $\sim 0.2$  MHz magnetic dipolar coupling strength between the two NV spins. Using the DEER measurement technique described in the main text, the NV pair coupling strength in the diamond sample ranges from about 0.050 MHz to 0.8 MHz, for several strongly-coupled NV pairs studied. The specific NV pair used in the reported measurements has spin lifetimes given in Table 1.

## Calibrations

We applied a bias magnetic field of approximately 45 G, aligned with one of the NV spins, to ensure that the detuning between the two NV spins ( $\Delta > 60$  MHz) was sufficiently large to suppress the cross-talk error effect. The driven Rabi frequency was carefully selected to satisfy the conditions  $\Delta \gg \Omega_{\pm} \gg \nu_{\text{dip}}, h$ , where  $h$  denotes the hyperfine constant, so that the interaction dynamics could follow the simple picture provided in Eq. (1). Calibration of the Rabi frequencies for each NV spin was achieved by initializing one of the NV spins and fitting the Rabi nutation measurement to a simple Hamiltonian model with a  $^{14}\text{N}$  hyperfine interaction. To mitigate the temperature, rise issue during the continuous Rabi driving, we set the duty cycle of the microwave signal to 10%.

## DATA AVAILABILITY

The data supporting the findings of this study are available from the corresponding author upon reasonable request.

## CODE AVAILABILITY

The codes used in this study are available from the corresponding author upon reasonable request.

Received: 23 November 2022; Accepted: 15 July 2023;

Published online: 01 August 2023

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## ACKNOWLEDGEMENTS

The authors would like to thank Keigo Arai, Huiliang Zhang, and Hosung Seo for helpful discussions. This material is based upon work supported by, or in part by, the US Army Research Laboratory and the U.S. Army Research Office under contract/grant numbers W911NF1510548 and W911NF1110400; the NSF Electronics, Photonics, and Magnetic Devices program under Grant No. ECCS-1408075; the NSF Physics of Living Systems program under Grant No. PHY-1504610; the Integrated NSF Support Promoting Interdisciplinary Research and Education program under Grant No. EAR1647504; the Army Research Laboratory MAQP program under Contract No. W911NF-19-2-0181; and the University of Maryland Quantum Technology Center. This work was performed in part at the Center for Nanoscale Systems, a member of the National Nanotechnology Coordinated Infrastructure Network, which is supported by the NSF under Grant No. 1541959. J.L. was supported by an ILJU Graduate Fellowship and the KIST open research program (2E32241). MT is supported by JSPS fellowship (JSPS KAKENHI Grant No. 20J01757).

## AUTHOR CONTRIBUTIONS

J.L. conceived the idea and R.L.W. supervised the project. J.L., M.T., and A.X. developed analytical and numerical simulations. J.L. performed the measurements and analyzed the data. All authors discussed the results and participated in writing the manuscript.

## COMPETING INTERESTS

The authors declare no competing interests.

## ADDITIONAL INFORMATION

**Supplementary information** The online version contains supplementary material available at <https://doi.org/10.1038/s41534-023-00743-3>.

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