Ethnic identity and engagement with genome sequencing research

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Purpose: We examined the role of ethnic identity (which measures the degree to which individuals identify with their ethnic group) in beliefs about, and intentions to learn, genomic results.

Methods: A longitudinal cohort was recruited to implement genome sequencing among healthy participants self-identifying as African, African American, or Afro-Caribbean, 40–65 years old ($n = 408$). Before receiving genomic results, participants completed a survey assessing social and behavioral constructs related to health, genomics, and ethnic identity.

Results: Ethnic identity was positively correlated with perceived value of genomic results and expected benefits from genomic research participation. Among participants with stronger ethnic identity, cognitive beliefs (perceived value of results [$b = 0.63$, 95% confidence interval: 0.29, 0.98, $p < 0.001$] and expected benefits from genomic research participation [$b = 0.32$, 95% confidence interval: 0.12, 0.53, $p = 0.002$]) were associated with intentions to

receive results. Among those with weaker ethnic identity, there was no such association.

Conclusion: Individuals with stronger ethnic identity seem to attend more to cognitive beliefs such as the value of genomic results when deliberating receipt of results compared with those with weaker ethnic identity. Understanding ethnic identity variation and its influence on genome sequencing perceptions and intentions can inform future research opportunities using ethnic identity to explore specific practical, clinical questions.

Genetics in Medicine (2019) 21:1735–1743; <https://doi.org/10.1038/s41436-018-0410-0>

Keywords: genome sequencing; diversity; ethnic identity; ethnicity; race

INTRODUCTION

With evidence of disparities in genomic testing and research among racial and ethnic groups^{1,2} there is a critical need to better understand the experiences of diverse participants in genomic research, i.e., studies involving exome/genome sequencing. At the group level (e.g., European American compared with African American), African Americans have lower awareness, and fewer positive and more negative attitudes about genetic testing.³ There are racial and ethnic group differences in how individuals respond to genetic information, such as discussing results with family and changing health behaviors.⁴ Although these studies have yielded important findings at the group level, it is necessary to investigate heterogeneity within groups.

In a health-care context, aligned with federal guidelines,⁵ ethnicity is defined solely as “Hispanic or Latino” or “not Hispanic or Latino.” In common usage, however, ethnicity is a social categorization, defined by a wide variety of factors including culture, heritage, or national origin.⁶ In contrast,

race is mostly aligned with continental origin. The term “racial identity” has some overlap, but in other contexts is distinct from ethnic identity. Evidence suggests both race and ethnicity, regardless of how they are defined, relate to health disparities.⁷ Here we combine those constructs into a single attribute called ethnicity.

The degree to which individuals identify with their ethnic group is a quantifiable trait. The multigroup ethnic identity measure (MEIM) is a tool used to measure this trait. MEIM captures ethnic identity by asking participants questions that relate to knowledge about membership in one’s ethnic group and the value and emotional significance related to that membership.⁸ Note that ethnicity in the MEIM parallels the definition used in our study. Among African Americans, measures of ethnic identity have been shown to be correlated with more adaptive health behaviors and outcomes such as lower blood pressure,⁹ reduced drug use,¹⁰ and higher levels of exercise.¹¹ Ethnic identity appears to affect health behaviors via the buffering of stress and resulting health consequences

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Submitted 10 August 2018; accepted: 5 December 2018

Published online: 20 December 2018

of discrimination.^{12,13} However, evidence in the health context is limited, and a contradictory theory posits that strong ethnic identity may intensify stress from discrimination.¹⁴

As the field of genomics moves toward increasing numbers of participants from minority ethnic groups, investigators must be mindful of the heterogeneity within ethnic groups to promote multicultural practices.¹⁵ Further, acknowledgement of such heterogeneity may mitigate overgeneralizations or the adoption of “one-size-fits-all” approaches that could result in further disparities across ethnic groups. Prior research in one genetic testing study found an association between ethnic identity and perceptions about genetic testing; among African American women, ethnic identity was found to be positively related to perceived benefits of genetic testing for cancer risk.¹⁶ Studying heterogeneity in terms of ethnic identity in the context of genomic research may add to our understanding of the experiences of minority ethnic groups in genomic research studies.

The common sense model (CSM) of self-regulation has been applied to aid understanding about perceptions, preferences, and behavior in relation to genetic test results.¹⁷ This theory recognizes the importance of both cognitive and affective beliefs about health information in determining what people want to learn about their health and the actions they take with that information. The CSM has been widely used to study health behavior, most often in predominantly European populations, though to a limited degree among minority ethnic groups. For example, a study of New Zealanders with diabetes found that illness beliefs were associated with health behaviors in different ways, depending on ethnic group (Pacific Islanders compared with Europeans).¹⁸ Although a causal link between ethnic identity and illness beliefs has not been elucidated, understanding how variation within ethnic groups (for example, ethnic identity) interacts with the CSM constructs could contribute to understanding the origin of these group differences.

To our knowledge, no prior study has investigated ethnic identity among African American individuals participating in genomic research. At the group level, available evidence and theory are mixed, suggesting that variation in ethnic identity within groups could be positively or negatively related to interest and beliefs about genomic research. For example, compared with European Americans, African Americans have higher intentions to discuss their genetic test results with family members, suggesting that ethnic identity could contribute positively to interest in and beliefs about genomic results.⁴ In contrast, ethnic identity may have a negative effect on beliefs and intentions about genomic information, given the historical context of African Americans in genetic research and medical research more generally.^{19,20} For example, those with stronger ethnic identity may be more skeptical of the value of genomic results and thus have lower intentions to receive such information. Two prior studies found that the proportion of individuals who choose not to

receive genomic results is higher in African Americans compared with European Americans.^{21,22}

In this study, we evaluated the relationship of ethnic identity to cognitive and affective beliefs about genomic research and how these constructs may be associated with intentions to learn genomic results. Cognitive beliefs included perceptions about the value of genomic results and the expected benefits and harms from genomic research participation.¹⁷ For affective beliefs, we studied affective risk perception, which is also conceptualized as how worried individuals are about their risk of having a genetic condition.²³

Considering both the theoretical evidence above, and the aforementioned empirical evidence showing the association of ethnic identity and perceived benefits of genetic testing for cancer risk,¹⁶ we hypothesized that stronger ethnic identity is associated with more positive beliefs about genomic research. We further hypothesized that higher ethnic identity strengthens the relationship of beliefs with intentions to learn genomic results.

MATERIALS AND METHODS

Participants and procedures

ClinSeq®, a longitudinal exome sequencing study, has been conducted at the National Institutes of Health (NIH) for over a decade.²⁴ Participants do not necessarily enroll to learn sequencing results, although they are informed they may have an opportunity to learn health-related results throughout the duration of the study. Early recruitment efforts resulted in a cohort of 1001 predominantly European American, well-educated, and mostly healthy participants, although the cohort was oversampled for individuals at risk of cardiovascular disease.²⁵ In 2011, efforts began to recruit a more diverse sample, resulting in recruitment of 467 healthy participants who self-identified as African, African American, or Afro-Caribbean.²⁶ Participants were ages 40–64 at the time of consent, nonsmokers over the past year, and lived in the Washington, DC metro area.

Recruitment from 2011 onward was coordinated by a full-time African American outreach coordinator. Passive recruitment strategies included posting flyers in businesses and advertisements on radio stations. The most common active recruitment strategies included in-person recruitment at health fairs and church groups. Individuals who were interested in participating gave their information to the outreach coordinator who contacted these individuals for eligibility screening. If eligible for the study, participants gave consent and subsequently were invited to complete a baseline survey (before receiving any sequencing results) with a range of social and behavioral constructs related to genomic research.²⁶ Surveys were completed online, on paper, or verbally during the enrollment session whereby a staff member entered responses into an electronic format. The National Human Genome Research Institute institutional review board (IRB) approved the parent study.

Measures

Ethnic identity was assessed using the MEIM.⁸ The mean of 12 items was computed for a total MEIM score. Example items included “I have a strong sense of belonging to my own ethnic group” and “I have a lot of pride in my racial/ethnic group.” On a four-point scale, responses ranged from strongly disagree (1) to strongly agree (4). Higher scores indicate a stronger ethnic identity. Cronbach’s alpha was 0.81.

Perceived value of genomic results was measured through a previously published three-item scale.²⁷ The items had the stem “my sequencing results will be...” and consisted of the following: “valuable for maintaining my future health,” “valuable for maintaining my family’s future health,” and “useful to my physician.” Response options appeared on a five-point scale from strongly disagree (1) to strongly agree (5). The mean of the three items was used for the total score. Higher scores indicated higher perceived value of sequencing results. Cronbach’s alpha was 0.80.

Expected benefits from genomic research participation were collected through two items adapted from a previously published scale²⁸ with the stem “please rank how likely the following outcomes are from learning your sequence results” followed by “how likely is it that you will experience...”. The two items were “health benefits from learning sequence results?” and “health benefits from receiving standard medical care?” Response options were a seven-point scale from extremely unlikely (1) to extremely likely (7). Total scores were the mean of these two items. Correlation between the two items was 0.50, $p < 0.001$.

Expected harms from genomic research participation were collected through two items with the stem “please rank how likely the following outcomes are from learning your sequence results” followed by “how likely is it that you will experience...”. The two items were “health harms from learning sequence results?” and “health harms from receiving standard medical care?” Response options were a seven-point scale from extremely unlikely (1) to extremely likely (7). Total scores were the mean of these two items. Correlation between the two items was 0.70, $p < 0.001$.

Affective risk perception was measured by computing the mean of two items where participants indicated how worried they were about the following outcomes: “that your genes put you at increased risk for developing a common chronic disease, like cancer or heart disease” and “that you already have a health condition that was caused primarily by your genes.” Responses were given on a seven-point scale from not at all worried (1) to extremely worried (7). Correlation between the two items was 0.73, $p < 0.001$.

Intentions to receive genomic results were assessed by two items. The first item referred to *actionable* disease risk results: “by participating in the ClinSeq® study and having your genome sequenced you could learn about a gene variant that predisposes you to a disease that can be prevented or treated. How likely is it that you will choose to learn about such as result?” The second item referred to *nonactionable* disease risk results: “by participating in the ClinSeq® study and having

your genome sequenced you could learn about a gene variant that predisposes you to a disease that cannot be prevented or treated. How likely is it that you will choose to learn about such as result?” Intentions were collected on a seven-point scale from extremely unlikely (1) to extremely likely (7). We asked about “expected likelihood” as this phrasing is more predictive of actual behavior than directly asking about “intentions.”²⁹

Covariates tested in the moderation analyses included the following participant characteristics: age, sex, education level, and income.

Analysis

We calculated descriptive statistics of participant characteristics and main measures. Bivariate analyses (Pearson correlation for continuous participant characteristics, one-way analysis of variance [ANOVA] for categorical characteristics) were used to test the association of participant characteristics with MEIM. Main effects were tested with Pearson correlations for normal data, and Spearman correlations for nonnormal data, controlling for any participant characteristics that were significant in bivariate analyses. A Holm–Bonferroni correction was applied to control for familywise error.

We investigated whether ethnic identity moderated the relationship of the independent variables: (1) perceived value of genomic results, (2) expected benefits, (3) expected harms, and (4) affective risk perception; with the outcome variables: (1) intentions to receive actionable disease risk results and (2) intentions to receive nonactionable disease risk results. SPSS software facilitated analyses (SPSS for Mac, Version 21.0. Released 2012. Chicago, IL, USA). The PROCESS plug-in was used for moderation analyses.³⁰ We used Model 1 (for moderation analysis) to estimate the conditional indirect effects for the mean $\pm$ one SD of the moderator (MEIM). This model mean centers the variables and uses bias-corrected bootstrap confidence intervals (CIs) with 5000 bootstrap samples. To conduct post hoc probing of MEIM as a moderator and to plot moderator effects, a dummy code variable was created to compare three levels of MEIM. The discrete values were low (1 SD below the mean), average (the mean), and high (1 SD above the mean).

RESULTS

Descriptive results

The majority of the participants were female (75.0%) and educated at the college level or beyond (65.4%). Of the 408 participants, 37% had an annual household income of over \$100,000. Participants ranged in age from 43 to 72 years at the time of completing the survey. Descriptive statistics for participant characteristics and all measures appear in Table 1.

Main effects

Among the demographics tested, ethnic identity was positively associated with older age ($r = 0.20$, $p < 0.001$) and higher level of education ($F[5, 362] = 6.26$, $p < 0.001$).

Table 1 Participant characteristics and descriptive statistics for variables tested

Variable	Survey respondents (<i>n</i> = 408)		Mean (SD)
	<i>n</i>	%	
Female	306	75.0	
College graduate or beyond	267	65.4	
Annual household income > \$100,000	151	37.0	
Hispanic or Latino	4	1.0	
Age at survey completion			57.5 years (6.2)
	Possible range	Actual range	
MEIM total	1–4	1.2–4	3.29 (0.53)
Intentions: actionable	1–7	1–7	6.21 (1.50)
Intentions: nonactionable	1–7	1–7	5.93 (1.60)
Perceived value	1–5	1–5	4.31 (0.74)
Affective risk perception	1–7	1–7	2.26 (1.23)
Expected benefits	1–7	1–7	5.54 (1.15)
Expected harms	1–7	1–7	2.41 (1.34)

MEIM multigroup ethnic identity measure.

As hypothesized, strong ethnic identity was associated with high perceived value of genomic results ($r = 0.204$, $p = 0.0003$) and expectations for benefits from genomic research participation ($r = 0.177$, $p = 0.002$). Although strong ethnic identity was negatively associated with expectations for harms from genomic research participation, this association was not conventionally significant when controlling for age and education. MEIM was not associated with affective risk perception ($r = 0.076$, $p = 0.2$). (Table 2)

Moderating role of ethnic identity

Independent variable: perceived value of genomic results

Overall, there was a significant interaction between MEIM and perceived value of genomic results for intentions to learn actionable ($b = 0.68$, 95% CI: 0.28, 1.08, $p = 0.0008$) or nonactionable ($b = 0.55$, 95% CI: 0.12, 1.00, $p = 0.015$) disease results.

Among participants with stronger ethnic identity (≥ 1 SD above the mean), there was a positive association of perceived value of genomic results with intentions to receive results for both actionable ($b = 0.63$, 95% CI: 0.29, 0.98, $p = 0.0003$) and nonactionable disease ($b = 0.79$, 95% CI: 0.38, 1.20, $p = 0.0002$). The pattern was the same for participants with average ethnic identity: there was a positive association of perceived value of genomic results with intentions to receive results for both actionable ($b = 0.28$, 95% CI: 0.036, 0.51, $p = 0.02$) and nonactionable disease ($b = 0.50$, 95% CI: 0.21, 0.79, $p = 0.0007$).

In contrast, among participants with weaker ethnic identity (≤ 1 SD below the mean), there was no association of perceived value of genomic results and intentions to learn

actionable ($b = -0.084$, 95% CI: -0.37, 0.21, $p = 0.57$) or nonactionable ($b = 0.21$, 95% CI: -0.11, 0.53, $p = 0.20$) disease results (Fig. 1).

Independent variable: expected benefits from genomic research participation

Similarly, there was a significant interaction between MEIM and expected benefits from genomic research participation for intentions to learn actionable ($b = 0.29$, 95% CI: 0.04, 0.54, $p = 0.02$) or nonactionable ($b = 0.17$, 95% CI: 0.02, 0.08, $p = 0.001$) disease results.

As above, among participants with stronger ethnic identity, there was a positive association of expected benefits with intentions to receive results for actionable ($b = 0.32$, 95% CI: 0.12, 0.53, $p = 0.002$) and nonactionable disease ($b = 0.29$, 95% CI: 0.07, 0.52, $p = 0.01$). Among participants with average ethnic identity there was also a positive association of perceived value of genomic results with intentions to receive results for both actionable ($b = 0.17$, 95% CI: 0.031, 0.31, $p = 0.02$) and nonactionable disease ($b = 0.17$, 95% CI: 0.02, 0.33, $p = 0.03$).

Among participants with weaker ethnic identity, however, there was no association of expected benefits with intentions to learn actionable ($b = 0.02$, 95% CI: -0.16, 0.20, $p = 0.84$) or nonactionable ($b = 0.05$, 95% CI: -0.14, 0.24, $p = 0.61$) disease results (Fig. 2).

Independent variable: expected harms from genomic research participation

Overall, the interaction between MEIM and expected harms from genomic research participation was not conventionally significant for intentions to learn actionable ($b = -0.10$, 95% CI: -0.06, 0.003, $p = 0.07$) or nonactionable ($b = -0.09$, 95% CI: -0.07, 0.004, $p = 0.08$) disease results.

Although the interaction was not significant overall, there was a similar pattern as for other cognitive beliefs, MEIM, and intentions. Among participants with stronger ethnic identity, there was a negative association of expected harms with intentions to receive results for actionable ($b = -0.17$, 95% CI: -0.32, -0.020, $p = 0.03$) or nonactionable disease ($b = -0.19$, 95% CI: -0.37, -0.0062, $p = 0.04$). Among participants with average ethnic identity there was a negative association of expected harms and intentions to receive results for actionable disease ($b = -0.11$, 95% CI: -0.22, -0.0086, $p = 0.03$), though no association of expected harms and intentions to receive results for nonactionable disease ($b = -0.12$, 95% CI: -0.24, 0.0008, $p = 0.05$).

Again, among those with weaker ethnic identity, there was no association of expected harms and intentions to learn actionable ($b = -0.05$, 95% CI: -0.18, 0.090, $p = 0.50$) or nonactionable ($b = -0.066$, 95% CI: -0.22, 0.085, $p = 0.39$) disease results (Fig. 3).

Independent variable: affective risk perception

Ethnic identity did not moderate the association of affective risk perception with intentions (Figure S1).

Table 2 Correlation matrix showing Pearson coefficients for relationship between individual measures

MEIM ^b	MEIM	Intentions: actionable ^a	Intentions: nonactionable ^a	Perceived value ^a	Expect benefits ^a	Expect harms ^a	Affective risk perception
<i>r</i> (bivariate), <i>p</i>	1	0.145, 0.006 ^d	0.126, 0.02	0.152, 0.003 ^d	0.181, 0.0005 ^d	-0.142, 0.007 ^d	0.097, 0.06
<i>r</i> (multivariate) ^c , <i>p</i>		0.08, 0.2	0.111, 0.05	0.204, 0.0003 ^d	0.177, 0.002 ^d	-0.111, 0.05	0.076, 0.2
Intentions: actionable							
<i>r</i> (bivariate), <i>p</i>	1		0.784, ≤0.0001 ^d	0.223, ≤0.0001 ^d	0.274, ≤0.0001 ^d	-0.236, ≤0.0001 ^d	0.038, 0.5
<i>r</i> (multivariate) ^c , <i>p</i>			0.775, ≤0.0001 ^d	0.238, ≤0.0001 ^d	0.239, ≤0.0001 ^d	-0.269, ≤0.0001 ^d	0.030, 0.6
Intentions: nonactionable							
<i>r</i> (bivariate), <i>p</i>			1	0.275, ≤0.0001 ^d	0.275, ≤0.0001 ^d	-0.226, ≤0.0001 ^d	0.006, 0.9
<i>r</i> (multivariate) ^b , <i>p</i>				0.289, ≤0.0001 ^d	0.239, ≤0.0001 ^d	-0.265, ≤0.0001 ^d	0.035, 0.5
Perceived value							
<i>r</i> (bivariate), <i>p</i>				1	0.486, ≤0.0001 ^d	-0.140, 0.005 ^d	-0.065, 0.2
<i>r</i> (multivariate) ^b , <i>p</i>					0.495, ≤0.0001 ^d	-0.130, 0.02	-0.012, 0.8
Expect benefits							
<i>r</i> (bivariate), <i>p</i>					1	-0.305, ≤0.0001 ^d	-0.029, 0.6
<i>r</i> (multivariate) ^b , <i>p</i>						-0.278, ≤0.0001 ^d	0.043, 0.5
Expect harms							
<i>r</i> (bivariate), <i>p</i>						1	0.201, ≤0.0001 ^d
<i>r</i> (multivariate) ^b , <i>p</i>							0.143, 0.01 ^d
Affective risk perception							
<i>r</i> (bivariate), <i>p</i>							1
<i>r</i> (multivariate) ^b , <i>p</i>							

^aSpearman correlation for data that are not normally distributed used for these variables.
^bMEIM: multigroup ethnic identity measure.
^cMultivariate controlling for demographics correlated with MEIM in bivariate analyses (age and education).
^dCorrelation is significant after applying the Holm–Bonferroni correction for multiple comparisons.

Fig. 1 Simple slopes (regression of the outcome on the predictor at a specific value of the moderator) of perceived value of genomic results predicting intentions to receive actionable or nonactionable disease risk results for 1 SD below the mean of ethnic identity (low), the mean of ethnic identity (average), and 1 SD above the mean of ethnic identity (high). The predictor variable is displayed as low (1 SD below the mean), average (the mean), and high (1 SD above the mean).

Fig. 2 Simple slopes (regression of the outcome on the predictor at a specific value of the moderator) of expected benefits from genomic research participation predicting intentions to receive actionable or nonactionable disease risk results for 1 SD below the mean of ethnic identity (low), the mean of ethnic identity (average), and 1 SD above the mean of ethnic identity (high). The predictor variable is displayed as low (1 SD below the mean), average (the mean), and high (1 SD above the mean).

DISCUSSION

In our study of US individuals of African descent in a genomic research study we found that ethnic identity was positively associated with perceived value of results and expected benefits from participation in such a study. Importantly, these beliefs about the value and benefits were associated with intentions to receive results only among those with average-to-strong ethnic identity, and not among those with weak ethnic identity. Ethnic identity has been found to

be related to a variety of health outcomes,¹² consistent with our findings. It is thought that ethnic identity has a positive impact on health outcomes through buffering the stress of discrimination, though the process is not well understood. It is possible that identifying with a particular ethnic group provides individuals with an understanding that negative stereotypes result from societal injustices, thus allowing individuals to avoid personally internalizing those negative stereotypes.³¹

Fig. 3 Simple slopes (regression of the outcome on the predictor at a specific value of the moderator) of expected harms from genomic research participation predicting intentions to receive actionable or nonactionable disease risk results for 1 SD below the mean of ethnic identity (low), the mean of ethnic identity (average), and 1 SD above the mean of ethnic identity (high). The predictor variable is displayed as low (1 SD below the mean), average (the mean), and high (1 SD above the mean).

Prior research has focused on comparing beliefs about genetics and genomics at the group level, and suggests that African Americans have less positive beliefs as compared with European Americans.^{3,4} However, our results suggest the link between ethnicity and beliefs may be more nuanced due to the presence of within-group heterogeneity. The only previous study offering genetic testing to participants that investigated ethnic identity and perceptions about genetic testing reported similar findings. They found that African American individuals with stronger ethnic identity perceived more benefits about genetic testing for cancer risk.¹⁶ In addition to replicating these findings in a larger sample and different testing context, our moderation analyses extend these findings, suggesting that compared with those with weak ethnic identity, those with average-to-strong ethnic identity attend to cognitive beliefs such as the value of results and benefits of genomic testing when deliberating whether to receive both actionable and nonactionable results. Among those with lower ethnic identity, there may be unmeasured variables that have more important influence on intentions to receive results in a genomic research study. For example, unmeasured variables could include benefits and harms to African Americans more broadly. While this was outside the scope of our study, which focused on personal benefits and harms and receipt of results, qualitative data suggest some members of our cohort were motivated to enroll to counter underrepresentation from minority populations in genomics research.²⁶

Although others have reported associations between affective risk perceptions and health behavior and intentions,^{32,33} we did not identify an association here with intentions to learn results, nor did ethnic identity have a moderating role in the association of affective risk perceptions

with these intentions. This perhaps represents a difference in the link between affective risk perceptions and health behaviors among African Americans as compared with prior studies of predominantly European Americans. Indeed, others have found at the group level that cancer worry is associated with more frequent breast self-examinations among European American and English-speaking Caribbean women, whereas the association was not detected for African American women.³⁴ Taken together, our results suggest that the association of both cognitive and affective beliefs with engagement in genomic research as posited by the CSM may not be consistent across individuals with different ethnic identities.

The results of our study should be interpreted in light of limitations. The sample was more highly educated than the overall US population of people of African descent, which may affect generalizability of our results. Overall, participants' intentions to receive actionable results were skewed; however, our sample likely has higher intentions and more positive attitudes about genome sequencing compared with the general population, given that they possess some of the characteristics of early adopters.²⁶ We expect intentions to receive actionable results are more varied among the general population, which may in fact strengthen the findings we observed here. The measures in this study have largely not been validated with African Americans, which may account for the lack of associations (e.g., expected harms, affective risk perception and MEIM). Although the patterns from our analyses are consistent with our hypotheses, future work is needed to determine how to appropriately measure these constructs in diverse populations. Lastly, the cross-sectional nature of our study limits the interpretation of the associations of our findings, and actual health behavior and decisions

were not assessed. Follow-up studies with this sample are planned and will allow us to better understand ethnic identity and health behaviors in genomics. Despite these limitations, strengths include the composition of our sample, including a sizeable number of individuals of African descent as compared with prior studies, and collection of a unique combination of variables (cognitive and affective beliefs, intentions, and MEIM).

Clinical and research implications

Our results contribute to ongoing efforts to develop genetic testing processes and materials that are culturally sensitive^{15,35} and to recent discourse about the importance of conducting genomic research in diverse populations.^{36,37} In considering this evolution toward multiculturalism in genomic research, it is crucial to consider the heterogeneity among ethnic groups, rather than adopting universal approaches to multicultural practices.

While direct clinical benefits from our work are limited at this time, our findings can be used to frame specific questions to test in future research. Interventions tailored to particular racial or ethnic groups have been studied in genetics.^{38,39} Consideration of the heterogeneity within groups should be a focus of future work given our study findings. For example, in collaboration, genetics researchers and social and behavioral scientists designing interventions for genomic result disclosure and education may consider the role of ethnic identity. Drawing from research in a different health context, there is a moderating effect of ethnic identity in participants' responses to culturally targeted interventions to increase colorectal cancer screening rates.⁴⁰ This prior work shows that those with lower ethnic identity would respond more strongly to positively framed messages (e.g., "by participating in recommended screening you could remain free from cancer...") whereas those with higher ethnic identity would respond more strongly to negatively framed messages (e.g., "by not participating in recommended screening you could neglect a treatable cancer..."). We hypothesize a similar moderating role of ethnic identity in message framing about genomics. Although it is outside the scope of a team consisting only of genetics researchers and clinicians, it may be feasible through partnering with social and behavioral scientists for genetics research teams to consider the role of ethnic identity when designing genomic research study materials. In particular, for materials to explain and disclose actionable results, ethnic identity may interact with decisions to receive actionable results and subsequent preventive behaviors.

Though somewhat more challenging, it may be possible to design interventions that foster strong ethnic identity—given that ethnic identity may not be a static phenomenon⁸—thus strengthening the association of cognitive beliefs with participants' intentions. Future work could investigate return of ancestry results to participants and the potential to positively influence ethnic identity. This was not explored in the study reported here as only 6% of our sample indicated having previously received ancestry results, though this

hypothesis may be tested in the future given the longitudinal design of our project, which involves periodic return of results from a variety of categories.

In conclusion, our results emphasize the importance of within-group variation, and the associations of ethnic identity with various psychosocial genomic concepts. In addition, our findings highlight that investigators recruiting participants from diverse backgrounds should consider the influence of ethnic identity on participants' cognitive beliefs about genomic research participation and their intentions to receive medically actionable and nonactionable disease results.

ELECTRONIC SUPPLEMENTARY MATERIAL

The online version of this article (<https://doi.org/10.1038/s41436-018-0410-0>) contains supplementary material, which is available to authorized users.

ACKNOWLEDGEMENTS

The authors acknowledge Ilana Miller and Sandra Epps for ongoing support in recruitment of this cohort. The ClinSeq® study is supported by the Intramural Research Program of the National Human Genome Research Institute grant HG200387 04.

DISCLOSURE

The authors declare no conflicts of interest.

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