

ARTICLE OPEN

Check for updates

Inhibition of nuclear receptor RORa attenuates cartilage damage in osteoarthritis by modulating IL-6/STAT3 pathway

Tongzhou Liang ^{1,5}, Taiqiu Chen^{1,5}, Jincheng Qiu^{1,5}, Wenjie Gao^{1,5}, Xianjian Qiu¹, Yuanxin Zhu¹, Xudong Wang², Yanbo Chen¹, Hang Zhou¹, Zhihuai Deng¹, Pengfei Li¹, Caixia Xu³, Yan Peng¹, Anjing Liang¹, Peiqiang Su^{2,4}, Bo Gao ^{1[×]} and Dongsheng Huang ^{1[×]}

© The Author(s) 2021

Osteoarthritis (OA) is characterized by cartilage destruction, chronic inflammation, and local pain. Evidence showed that retinoic acid receptor-related orphan receptor- α (ROR α) is crucial in cartilage development and OA pathogenesis. Here, we investigated the role and molecular mechanism of ROR α , an important member of the nuclear receptor family, in regulating the development of OA pathologic features. Investigation into clinical cartilage specimens showed that ROR α expression level is positively correlated with the severity of OA and cartilage damage. In an in vivo OA model induced by anterior crucial ligament transaction, intra-articular injection of si-Rora adenovirus reversed the cartilage damage. The expression of cartilage matrix components type II collagen and aggrecan were elevated upon ROR α blockade. RNA-seq data suggested that the IL-6/STAT3 pathway is significantly downregulated, manifesting the reduced expression level of both IL-6 and phosphorylated STAT3. ROR α exerted its effect on IL-6/STAT3 signaling in two different ways, including interaction with STAT3 and IL-6 promoter. Taken together, our findings indicated the pivotal role of the ROR α /IL-6/STAT3 axis in OA progression and confirmed that ROR α blockade improved the matrix catabolism in OA chondrocytes. These results may provide a potential treatment target in OA therapy.

Cell Death and Disease (2021)12:886; https://doi.org/10.1038/s41419-021-04170-0

INTRODUCTION

Osteoarthritis (OA) is one of the most common degenerative orthopedic diseases, affecting 250 million people worldwide [1]. However, due to its unclear etiology, the prediction and early intervention of OA are difficult. The most significant features in degenerated cartilage are the loss of matrix components (type II collagen, aggrecan) and the accumulation of matrix degradation enzymes such as metalloproteinase (MMP) and a disintegrin and metalloproteinase with thrombospondin motifs (ADAMTS) [2, 3]. However, once these pathological features occur, the progression of cartilage damage is usually irreversible. In the later stage of OA, patients may develop joint stiffness, local pain, and limited mobility, which eventually require total knee replacement (TKA) surgery. Hence, in-depth investigation into the common upstream pathogenic factor may contribute to advancements in therapeutic targets for OA.

Orphan nuclear receptors (ONRs), originally named because their endogenous ligands were yet to be found, consist of a complex transcriptional network that regulates cellular activity in different cell types [4]. The retinoic acid receptor-related orphan receptor- α (ROR α) is an important member of the ONR family. Previous studies have shown that ROR α is a relatively evolutionarily conserved protein and participates in multiple biological functions, including lipid metabolism, inflammation, and circadian rhythm [5-7]. Moreover, recent studies indicate that RORa is crucial in osteochondral development and degeneration. The staggerer (sg) mice carry spontaneous Rora gene mutants that cause subsequent RORa deletion. The homozygous (sg/sg) mice exhibit cerebellar ataxia, bone mineral content loss, and osteopenic phenotype [8, 9]. Our studies suggested RORa regulates nucleus pulposus matrix metabolism and apoptosis [10]. Moreover, RORa contributes to chondrocyte hypertrophy during the development of endochondral bone and growth plates, acting as a prehypertrophic marker [11, 12]. Further, a recent study indicates that the cholesterol metabolism pathway is involved in OA pathogenesis, and RORa is a critical regulator of cholesterol metabolism [13]. Despite these studies, the mechanisms and pathways by which RORa elicits its effects in cartilage and whether RORa can serve as a therapeutic target remain poorly understood.

Here, we report that RORa blockade protects against OA development by promoting matrix anabolism and preventing catabolism. Considering the intimate relationship between RORa, cytokines production, and inflammatory response, we sought to determine which pathway is affected by RORa in chondrocytes. In this study, we identified the IL-6/STAT3 pathway was significantly downregulated upon RORa blockade. RORa blockade significantly

Received: 22 April 2021 Revised: 26 August 2021 Accepted: 15 September 2021 Published online: 28 September 2021

¹Department of Orthopedics, Sun Yat-sen Memorial Hospital of Sun Yat-sen University, Guangzhou, Guangdong, China. ²Department of Orthopedics, The First Affiliated Hospital of Sun Yat-sen University, Guangzhou, Guangdong, China. ³Research Centre for Translational Medicine, First Affiliated Hospital, Sun Yat-sen University, Guangzhou, Guangzhou, Guangdong, China. ⁴Guangdong Provincial Key Laboratory of Orthopedics and Traumatology, First Affiliated Hospital, Sun Yat-sen University, Guangzhou, Guangdong, China. ⁵These authors contributed equally: Tongzhou Liang, Taiqiu Chen, Jincheng Qiu, Wenjie Gao. ^{Se}email: gaob5@mail.sysu.edu.cn; hdongsh@mail.sysu.edu.cn Edited by Professor Anastasis Stephanou

reversed the damage in human chondrocytes caused by IL-6 treatment. We further investigated the molecular mechanism by which ROR α blockade regulates IL-6/STAT3 in chondrocytes. Our results indicated the potential therapeutic implications of ROR α in treating cartilage defects and OA.

RESULTS

Increased expression of RORa in articular cartilage of OA patients and surgically induced OA mice

Using cartilage samples collected from amputation or tumor resection surgery as normal control and TKA surgery as OA cartilage, we performed immunohistochemistry (IHC) staining to detect RORa expression level. The expression level of RORa was significantly elevated in human OA cartilage samples compared with normal cartilage, and the high level of RORa protein is positively associated with cartilage damage (Fig. 1A). This result was confirmed by western blotting (Fig. 1B, C). We further divided the patients into three grades of degeneration based on plain radiography findings and the general appearance of the specimen. The specimens were divided into severe and mild degeneration categories according to the Kellgren-Lawrence (KL) scoring and modified Outerbridge classification [14]. Safranin O staining showed that the thickness of articular cartilage was impaired in severely degenerated samples. Moreover, the expression of RORa was increased significantly in the superficial zone of severely degenerated cartilage, whereas the expression of aggrecan decreased (Fig. 1D). A marked increase of RORa-positive cells was observed in severely degenerated cartilage samples (Fig. 1E). This finding was confirmed by Western blotting (Fig. 1F). Next, we constructed an ACLT-induced OA mice model to verify the expression of RORa in mice with surgery-induced OA. The mice were sacrificed 8 weeks after ACLT or sham surgery. Compared with the mice in the sham-surgery group, a significant elevation in RORa expression was observed in the articular cartilage of OA mice. Furthermore, consistent with the finding in human specimens, RORa is especially abundant in the superficial layer of the articular cartilage, indicating that its presence may be associated with cartilage erosion (Fig. 1G). Taken together, these results demonstrated that RORa was upregulated in both mouse and human damaged cartilage samples in OA and might contributes to the development of OA.

RORα knockdown attenuated cartilage damage in OA mouse model

The effect of RORa blockade was then assessed in the ACLTinduced OA mouse model. RORa-specific knockdown in mice was achieved via intra-articular injection of si-Rora adenoviral particles. Two weeks after ACLT surgery, the adenoviral particles of either si-Rora or control siRNA (si-NC) were injected every 7 days. After 6 weeks of treatment, half of the mice were killed, and articular cartilage samples were subjected to histological examination. The remaining mice continued treatment for 6 weeks and were killed at 12 weeks after initial injection (Fig. 2A). The infection and knockdown efficiency was measured after adenovirus injection by immunofluorescence staining of RORa (Fig. 2B and Supplementary Fig. 1A). Histomorphometric features were assessed via safranin O staining and the Osteoarthritis Research Society International (OARSI) scoring system. In line with our expectations, whereas the articular cartilage of the sham-operated mice remained relatively intact, si-Rora injection partially reversed the progression of cartilage damage compared to saline or si-NC injection (Fig. 2C). A similar pattern was observed 12 weeks after injection (Fig. 2D). The severity of synovium inflammation was also alleviated upon si-Rora injection (Fig. 2E). Significant loss of extracellular components was observed in both ACLT and si-NC groups. However, si-Rora injection restored aggrecan and COL2A1 expression in the cartilage (Fig. 2F, G). Furthermore, the expression of MMP13 and ADAMTS4 was decreased in the si-Rora injection group (Fig. 2H, I). Taken together, the result suggested the ROR α blockade promotes chondrocyte anabolism and suppresses chondrocyte catabolism and, therefore, alleviating OA progression in vivo.

RORa regulated the catabolism and anabolism of chondrocyte We then examined the in vitro effect of RORa blockade in human chondrocytes. Primary chondrocytes used in this section were isolated from three OA patients and experiments were performed in different chondrocyte lines as biological replicates. To explore the effect of RORa in regulating chondrocytes extracellular matrix (ECM) production and degradation, we employed two well-established small-molecule regulators of RORa, antagonist SR3335, and agonist SR1078 (Fig. 3A). The binding of these ligands to the ligand-binding domain leads to conformational transformation and subsequent functional alternations. Compared with vehicle-treated chondrocvtes, SR1078 and SR3335 treatment did not affect cell viability at a concentration below 5 µM (Fig. 3B). We found that the protein level of COL2A1 and SOX9 were elevated in human chondrocytes treated with SR3335, whereas SR1078 treatment led to a decrease in COL2A1 and SOX9 expression (Fig. 3C). As expected, the mRNA level of cartilage matrix component COL2A1 and cartilage marker SOX9 elevated. In contrast, the expression level of ADAMTS4 and MMP13 was suppressed upon SR3335 treatment. SR1078 exerted an opposite effect on chondrocytes, promoting the expression of MMP13, ADAMTS4, and ADAMTS5, whereas inhibiting COL2A1 and SOX9 (Fig. 3D). We further investigated whether RORa agonist and antagonist regulated the expression of these proteins in a dosedependent manner and sought to determine the optimal doses of treatment. Consistently, SR3335 treatment resulted in a downregulation of the proteins ADAMTS4, ADAMTS5, and MMP13, whereas aggrecan and COL2A1 were upregulated significantly (Fig. 3E). This effect was dose-dependent and reached a plateau at a concentration of $0.5-1 \mu$ M, suggesting that 0.5 or 1μ M is an optimal concentration for treating chondrocytes. In addition to transcription modulation of RORa, we further investigated the effect of RORa blockade by sh-RORA lentivirus. The infection and knockdown efficacy were confirmed (Fig. 3F and Supplementary Fig. 1B). Similarly, RORA knockdown predominantly downregulated MMP13 and ADAMTS4, whereas the expressions COL2A1 and SOX9 upregulated (Fig. 3G, H). Therefore, these data demonstrated that RORa blockade inhibits cartilage ECM catabolism and promotes anabolism of ECM while exerting a little effect on proliferation.

RORa blockade downregulated the IL-6 response pathway

To identify the key factors in OA pathogenesis that RORa regulates, RNA-seq was employed in human articular chondrocytes obtained from three OA patients after 1 µM SR3335 treatment for 48 hours. A total of 1852 protein-encoding differentially expressed genes (DEGs) were identified (Fig. 4A). Among these DEGs, 902 DEGs were downregulated and 950 DEGs were upregulated. Notably, RORa blockade in chondrocytes upregulated the expression of genes that are known to participate in cartilage development and homeostasis, including ACAN, COL2A1, CCN1, and CCN2 (Supplementary Fig. 2A). Although genes associated with cartilage destruction (COMP), fibroblast-like markers (COL3A1, COL1A2), and matrix degradation enzymes (ADAMTS4, MMP13) were downregulated [15, 16]. Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway analysis identified several pathways that are associated with RORa, including the AGE-RAGE signaling pathway, PPAR signaling pathway, and Hippo pathway (Fig. 4B). GO analysis revealed that ECM organization, cholesterol biosynthetic process, and skeletal system development are among the top five most affected biological processes upon RORa blockade (Fig. 4C). Further examination by gene-set enrichment analysis (GSEA) suggested that the cholesterol metabolic process was strongly upregulated by SR3335 treatment. The expression of cholesterol



Fig. 1 The expression level of ROR α is positively correlated with the severity of OA and cartilage damage in human OA samples and surgery-induced OA mice model. A IHC and safranin O staining for detection of ROR α in OA samples and controls. Boxed areas indicate the typical area of ROR α expression. Scale bars, 500 and 50 µm for ×40 and ×400 images, respectively. **B** Representative western blot images for detection of ROR α and COL2A1 in the cartilage tissue from control and OA patients (n = 3). **C** The quantification of western blot for detection of ROR α and COL2A1 from OA patients and normal control. **D** Representative images of IHC staining for ROR α and aggrecan, Safranin O staining, and the general appearance of different severity of OA samples. Scale bars, 50 µm for Safranin O staining images. **E** The percentage of ROR α -positive cells and aggrecan-positive cells in mild or severe degenerated cartilage samples from OA patients (n = 4). **F** Western blot for detection of ROR α and COL2A1 from the cartilage and meniscus 8 weeks after OA mouse model creation via ACLT surgery (n = 3). Scale bars, 20 µm for the upper and the middle images, respectively. The statistical data in **C** and **E** were analyzed with Student's *t* test. *P < 0.05; **P < 0.01. All data shown above are presented as the mean ± SD.

transportation genes, such as *INSIG1*, *LDLR*, and *SREBF2*, were also upregulated in the SR3335-treated group (Fig. 4D). Besides, hallmarks of the IL-6 response pathway were significantly downregulated (Fig. 4E). IL-6 response pathway included several kinases and factors that participated in signal transduction,

including Janus Kinase (JAK) and signal transducer and activator of transcription (STAT). The result of RNA-seq confirmed that RORa regulated different biological processes in chondrocytes, including cartilage ECM homeostasis, cholesterol metabolism, and inflammation response.



ROR α blockade alleviated IL-6-induced chondrocyte degeneration

To investigate the function of IL-6/STAT3 signaling pathway in OA pathogenesis, we explored whether the phosphorylation state of the key factor of the IL-6 response pathway, STAT3, was altered in OA patients. The expression of STAT3 total protein remained

relatively unchanged, whereas the expression of phosphorylated STAT3 (Tyr705) increased progressively with OA severity in patients (Fig. 5A). The result is consistent with previous research, which showed IL-6/STAT3 pathway activation is positively associated with cartilage damage [17]. Next, we examined whether the expression of phosphorylated STAT3 is affected

Fig. 2 RORa knockdown alleviated surgery-induced osteoarthritis in mice. A Experimental scheme. A total number of 48 female, 12-weekold mice were used in the experiment. Two weeks after ACLT surgery, intra-articular si-Rora or scrambled (negative control) siRNA injection was performed after 6 or 12 weeks. n = 12 for each group, half of the mice (n = 6) were killed at 6 weeks. **B** The immunofluorescence image of ROR α (green) and DAPI (blue) 5 days after intra-articular injection of si-Rora or control siRNA (si-NC). Scale bars, 50 µm. **C** Representative images of safranin O staining and OARSI scoring of the articular cartilage 6 weeks after injection (n = 6). Scale bars, 200 µm. **D** Representative images of safranin O staining and OARSI score of the articular cartilage 12 weeks after injection (n = 6). Scale bars, 200 µm. **D** Representative isating of the synovium and synovial score of mice treated with indicated treatments as shown after 12 weeks after OA surgery (n = 6). Scale bars, 200 µm. **F**–I IHC staining of representative paraffin sections of COL2A1 (**F**), Aggrecan (**G**), MMP13 (**H**), ADAMTS4 (**I**), and their integrated optical density (IOD) scoring respectively. Scale bars, 200 µm for the ×100 image and 50 µm for the ×400 image. The statistical data in **C**–**E** were analyzed with Mann–Whitney *U* test, and data in **F**–**I** were analyzed with Student's *t* test. *P < 0.05, **P < 0.01. All data shown above are presented as the mean ± SD.

in vivo. IA injection of si-Rora adenovirus attenuated the elevated p-STAT3 expression in the cartilage of OA mice (Fig. 5B). Moreover, to explore whether RORa blockade reversed the hostile effect of IL-6, we treated cultured human chondrocytes isolated from three normal control patients with exogenous IL-6. The expression level of ADAMTS4, ADAMTS5, and MMP13 was elevated upon IL-6 stimulation, whereas the expression of ACAN and COL2A1 was downregulated. However, RORa knockdown in chondrocytes restored the dysregulation of these protein levels, suggesting RORa restored the IL-6-induced chondrocyte degeneration (Fig. 5C, D). Next, we examined whether the expression of RORa was altered by IL-6 treatment. We found that the level of RORa was sightly induced upon IL-6 treatment in a long duration of treatment (Fig. 5E). To examine whether inhibiting RORa and the downstream effector STAT3 simultaneously vield a greater extent of inhibiting matrix degradation, we applied Stattic, a wellestablished and high-selective STAT3 inhibitor on chondrocytes. The expression of MMP13 was significantly downregulated in both Sttatic and SR3335-treated groups compared with Sttatic or SR3335-treated alone (Fig. 5F). Together, these results suggest that IL-6/STAT3 signaling pathway are involved in OA pathogenesis and RORa blockade partially ameliorate the chondrocytes dysfunctions.

ROR α attenuated STAT3 phosphorylation via interacting with STAT3 and regulating IL-6 expression

Forming STAT3 dimers after phosphorylation is the major mechanism that STAT3 regulates downstream gene expression and cellular biological processes [18]. The phosphorylation of STAT3 is controlled by the interaction between IL-6 and its receptor gp130 with the assistance of JAK. Therefore, we investigated whether RORa blockade affects the phosphorylation state of STAT3. In chondrocytes, RORa blockade by SR3335 prevented the phosphorylation of STAT3 under IL-6 treatment in a dose-dependent manner (Fig. 6A, B). Besides, RORa knockdown in chondrocytes decreased the phosphorylation of STAT3 (Fig. 6C). Then we explored the phosphorylation status of STAT3 under different concentrations of IL-6 and found that RORa blockade blunted STAT3 phosphorylation under IL-6 stimulation. In contrast, the expression of phosphorylated STAT3 was higher without SR3335 treatment (Fig. 6D, E). Furthermore, immunofluorescence analysis revealed that STAT3 was imported to the nucleus after IL-6 stimulation that was abolished upon SR3335 treatment (Fig. 6F). To elucidate how RORa regulated IL-6/STAT3 pathway, we tried to find out whether RORa interacts with STAT3 via direct binding. We observed colocalization of RORa and STAT3 expression under IL-6 treatment (Fig. 6G). Endogenous immunoprecipitation suggested a possible physical interaction between STAT3 and RORa (Fig. 6H). Next, we evaluated whether the binding of RORa with STAT3 is affected by IL-6 stimulation. Further study suggested that the binding increased under IL-6 treatment and was suppressed under SR3335 treatment (Fig. 6I). These findings demonstrated that RORa affected the phosphorylation of STAT3 through direct interaction with STAT3 protein.

Next, the expression level of several pro-inflammatory cytokines was measured. The mRNA expression of TNF-a, IL-17, and IL-6 was suppressed upon RORA knockdown (Fig. 7A). JASPAR analysis indicated that RORa may control its target gene transcription by binding to RORE sites, and the IL6 gene possesses possible RORE sites (Fig. 7B). CHIP-gPCR assay was applied to confirm RORabinding sites on IL-6 promoter region (Fig. 7C). IA injection of si-Rora adenovirus for 6 weeks inhibited the IL-6 production in articular cartilage in vivo (Fig. 7D). To further confirm the effect of RORa on IL-6 in vitro, we overexpressed RORa in human chondrocytes and the cell cultural supernatant was collected. ELISA assay confirmed the level of IL-6 was upregulated upon RORa and STAT3 overexpression, suggesting that STAT3 and RORa both contributed to the upregulated level of IL-6 (Fig. 7E, Supplementary Fig. 3). Taken together, these results confirmed that RORa is deeply involved in IL-6/STAT3 signaling pathway by interacting with STAT3 protein or regulating the IL6 gene transcriptional activity in chondrocytes.

DISCUSSION

OA has become an increasing burden in an aging society. Identifying the key factors regulating cartilage matrix anabolism and catabolism is an indispensable process in developing diseasemodifying osteoarthritis drug. Our study provided evidence for the potential role of RORa, a member of the nuclear receptor family, in OA pathogenesis. RORa expression increased significantly in OA patients and correlated positively with OA severity. In addition, we found that RORa blockade reversed the cartilage damage and synovium inflammation of OA mice model. Expression of aggrecan of mice articular cartilage in the RORa inhibition group increased, and the levels of MMP13 decreased. In vitro studies suggested that RORg blockade promotes matrix anabolism and inhibits matrix catabolism in human chondrocytes. In addition, RORa blockade suppressed the IL-6/STAT3 pathway, a key pathway in OA pathogenesis. We also investigated in which way RORa regulates IL-6/STAT3 signaling pathway and identified direct binding with STAT3 or interaction with IL6 promoter as a possible mechanism.

Nuclear receptors, such as ERRy, PPARy, and NR1D1, have been implicated to be involved in OA pathogenesis [19-21]. Moreover, GWAS studies suggest that certain single-nucleotide polymorphism of the nuclear receptor coactivator 3 increased patient susceptivity to hip OA and resulted in the disruption of chondrocyte metabolism [22, 23]. Therefore, the nuclear receptor family is deeply involved in the pathogenesis of OA to a complex extent, but the underlying mechanisms are yet to be elucidated [24]. RORa was first discovered to be involved in the onset of cerebellar ataxia [25, 26]. The possible ligand of RORa has been searched for many years. Cholesterol, lipid metabolites, and melatonin have been found to bind with RORa and regulate its transcription activity [27-29]. Moreover, RORa can also regulate the transcriptional activity of the target gene in a ligandindependent way [30]. In this research, we found that RORa blockade by IA injection reversed the cartilage damage by



Fig. 3 Manipulation of RORa via small molecular regulator and siRNA regulated chondrocyte metabolism. A Chemical structures of RORa antagonist SR3335 and agonist SR1078. **B** Primary chondrocytes were treated with different concentrations of SR3335 and SR1078 (0, 1, 5, 10 μ M). After the indicated time points, viable cells were counted using CCK-8 assay. **C** Western blot analysis and quantification of COL2A1 and SOX9 expression, which are regulated by when treated with 1 μ M SR3335 and SR1078 for 48 h. **D** The chondrocytes were treated with vehicle, 1 μ M SR1078, or 1 μ M SR3335 for 48 h. The mRNA level of *COL2A1*, *SOX9*, *ADAMTS4*, and *MMP13* was determined with real-time PCR. **E** Western blot analysis of the indicated proteins in human chondrocytes treated with vehicle or the indicated concentration of compounds for 72 h. **F** The relative expression of RORA gene after infected with sh-RORA or sh-NC lentivirus for 72 h. **G**, **H** Western blot analysis and representative blots and images (*n* = 3). The statistical data in **B** were analyzed with one-way ANOVA, data in **D** and **F** were analyzed with Student's *t* test. **P* < 0.05, ***P* < 0.01, ns = no significance. All data shown above are presented as mean ± SD.

T. Liang et al.



Fig. 4 RORa affected the IL-6-related pathways. A The heatmap of DEGs, as detected by RNA-seq in human articular chondrocytes treated with either SR3335 (1 μ M) or vehicle (DMSO) for 48 h (n = 3 biological replicates). **B** KEGG and **C** GO terms with the most significant *P* values. *BP* biological process, *CC* cellular component, *MF* molecular function. **D** GSEA of positively associated GO terms with SR3335 treatment (left panel) and cholesterol metabolic hallmark genes in chondrocytes treated with ROR α antagonist compared with vehicle (middle and right panel). **E** GSEA of negatively associated GO terms with SR3335 treatment (left panel) and IL-6-associated genes in chondrocytes treated with SR3335 compared with vehicle (middle and right panel).

7



regulating the expression of matrix components and degrading enzymes. However, this study did not reveal the role of the abovementioned RORa endogenous ligands in modulating OA pathogenesis. Further studies should address the clinical relevance between these ligands and OA severity.

IL-6 is a member of the chemokines family and has a central role in inflammation [31]. Increased IL-6 serum level correlates with disease incidence and the severity of knee OA [32]. Many extracellular factors, such as cytokines and mineral crystals, are found to stimulate the secretion of IL-6 [33, 34]. IL-6 binds to

Fig. 5 RORa inhibition reversed IL-6 mediated cartilage degradation in human articular chondrocytes. A IHC staining and positive cell percentage for STAT3 and phosphorylated STAT3 (Y705) of normal and degenerated OA cartilage (n = 6). Scale bars, 50 µm. **B** IHC staining for phosphorylated STAT3 of articular cartilage after 6 weeks of indicated treatment of mice. Scale bars, 50 µm. **C** Cells were infected with sh-RORA or control virus (sh-NC) lentivirus and then treated with 50 ng/ml IL-6 for 48 h. The expressions of *MMP13*, *ADAMTS4*, *ADAMTS5*, *ACAN*, and *COL2A1* in human articular chondrocytes were detected by real-time PCR analysis. **D** Western blot analysis and quantification of ACAN, COL2A1, ADAMT54, ADAMT55, and MMP13 protein level in human chondrocytes. Chondrocytes were infected with sh-RORA sh-NC lentivirus and then treated with 50 ng/ml IL-6 for 48 h. The expression of ROR α in human articular chondrocytes after different durations of IL-6 treatment was detected by western blot. **F** The expressions of MMP13, addeted above. The statical data in **A** were analyzed with Student's *t* test, and data in **C** and **D** were analyzed with one-way ANOVA followed by Dunnett's test. **P* < 0.05, ***P* < 0.01, ns = no significance. All data shown above are presented as mean ± SD.

gp130 receptor complex and activates JAKs, and subsequently phosphorylates and activates STAT3 [35, 36]. In the skeletomuscular system, IL-6/STAT3 pathway is crucial in multiple biological processes like chondrogenesis and ossification [34, 37]. Further studies suggested that IL-6 and STAT3 blockade partially reversed OA damage, mainly by regulating ECM production and degradation [38]. Combining these findings, the IL-6/STAT3 signaling pathway is now reckoned to be a critical target for alleviating cartilage damage.

Accumulating evidence suggested that STAT3 and RORa are closely related transcriptional factors, which respond to the stimulation of IL-6 and TGF- β and initiate Th17 differentiation [39, 40]. RORa regulates certain signaling pathways through direct interaction with key factors, such as β -catenin, YAP, and P65 [7, 41, 42]. However, the exact mechanism that STAT3 cooperated with RORa and aggravates their transcriptional function remains to be investigated. Moreover, RORa could regulate the transcription of IL-6, IL-10, and IL-17 in different cell types [43, 44]. Considering the complex function of RORa, we aim to investigate its interaction with both DNA and protein. This study revealed that RORa could regulate the phosphorylation of STAT3, possibly through transcriptional regulation of the IL6 gene and direct binding with STAT3 (Fig. 8).

In conclusion, RORa blockade exerted a cartilage protection effect by affecting matrix catabolism and anabolism. The IL-6/STAT3 pathway was involved in the regulatory role of RORa deeply, suggesting a potential target for alleviating the cartilage damage in OA.

MATERIALS AND METHODS Mouse OA model

A total of 48 female specific-pathogen-free C57BL/6 mice aged 16 weeks old (East Campus SYSU, Guangzhou, China) were used in the experimental phase of this study. The mice were randomly divided into four groups (n = 12): SHAM group, ACLT group, ACLT + si-NC group, and ACLT + si-Rora group. ACLT surgery was performed in the latter three groups, whereas the sham group underwent anesthesia and skin and joint capsule incision without transaction of the anterior cruciate ligament (ACL). Routine disinfection was performed before the operation. The mice were anesthetized with an intraperitoneal injection of 30 mg/kg (body weight) pentobarbital and then fixed in the supine position. A median skin incision was made using sterilized surgical instruments. The patella was reflected laterally to expose the ACL and femoral condyles. A vertical incision was made to the anterior cruciate ligament without compromising other ligaments under a stereomicroscope. Then, the wound was closed layer by layer to complete the operation. All animal experiments were approved by the Sun Yat-sen University Animal Ethics Committee (Approval no: SYSU-IACUC-2020-B376).

Intra-articular injection in OA mice model

Articular injections were performed using a microsyringe with 34 G insulin needle. Two weeks after ACLT, the indicated adenovirus was injected intraarticularly once a week. An amount of 1×10^9 PFU of adenovirus and a volume of 10 µl was injected. Half of the mice were sacrificed 6 weeks after

the initial injection, and the rest were sacrificed 12 weeks after injection. The knee was collected and subjected to histological analysis afterward.

Antibodies and reagents

These antibodies were obtained from Cell Signaling Technology (Danvers, MA, USA): STAT3 (9139), p-STAT3 (Tyr705, 9145), and SOX9 (82630). Anti-RORa primary antibodies (sc-518081) were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Antibodies against GAPDH (ab8245), COL2A1 (ab188570, ab34712), MMP13 (ab39012, ab237604), ADAMTS4 (ab185722, ab291548), ADAMTS5 (ab41037), and aggrecan (ab3778) were from Abcam (Cambridge, UK). Goat anti-rabbit (SA00001-2) and anti-mouse (SA00001-1) IgG H&L (HRP) secondary antibodies were purchased from Proteintech (Rosemont, IL, USA). Goat anti-rabbit IgG light chain-specific secondary antibodies (A25022) were obtained from Abkine (Wuhan, China). Rabbit IgG (2729) was purchased from CST. SR3335 (HY-14413), SR1078 (HY-14422), and Stattic (HY-13818) were purchased from MCE (Monmouth, NJ, USA).

Collection of human articular cartilage

This study was approved by the Medical Ethics Committee of Sun Yat-sen Memorial Hospital (Approval No: 2021-19). All patients signed a consent form for tissue collection. The OA samples were collected from eight patients with OA (four females and four males; mean age: 66.75 ± 10.13 years). Control samples were obtained from eight patients who underwent amputation or malignant bone tumor resection surgery (three females and five males; mean age: 45.75 ± 23.06 years). Tibial plateau and femoral condyle specimens were collected. All patients were classified according to the K-L scoring system pre-operatively, and the specimens were classified according to the Modified Outerbridge classification. The severe OA was defined as grade III or IV in K-L scoring, and mild OA was defined as grade I or II in K-L scoring.

Isolation and culture of primary articular chondrocytes

Primary articular chondrocytes were separated from the human articular cartilage specimen according to the previous protocol [45]. In brief, the surrounding tissue was dissected under a stereomicroscope (M205FA, Leica, Weztlar, Germany) and the articular cartilage was carefully isolated. Then cartilage tissue was digested with 0.25% trypsin (Thermo Scientific, Waltham, MA, USA) for 30 min, and subsequently digested with 200 U/ml of collagenase type II (Sigma-Aldrich, St. Louis, MO, USA) for 4 h at 37 °C with continuous mixing. The chondrocytes were then seeded and cultured in Dulbecco's modified Eagle medium/F-12 medium (HyClone) supplemented with 10% fetal bovine serum (Thermo Scientific).

Cell viability assay

For the cell viability assay, we seeded the cell suspension (100 μ L/well) in a 96-well plate and incubate the culture plate in an incubator for 24 h. The indicated treatments were added and incubated for 24 h or 48 h. Next, 10 μ L of CCK-8 solution (MCE) was added to each well. Culture plates were placed in the incubator and incubated for 2 h. The absorbance at 450 nm was measured using a Sunrise microplate reader (TECAN, Männedorf, Switzerland).

Western blot analysis

Cultured cells were washed with ice-cold PBS (Hyclone), and harvested with radioimmunoprecipitation assay (Beyotime, Shanghai, China). An equal amount of protein was loaded with sodium dodecyl sulphate-polyacrylamide gel electrophoresis gel and then transferred to



Fig. 6 RORa regulates STAT3 phosphorylation via binding with STAT3. A, **B** The expression of STAT3 and phosphorylated STAT3 (Y705) in human articular chondrocytes after pretreated with a gradient concentration of SR3335 for 6 h and a 50 ng/ml IL-6 treatment for 30 min was detected by Western blot. Quantification was conducted and the ratio of p-STAT3/STAT3 was calculated. **C** The expression of STAT3 and phosphorylated STAT3 (Y705) in human articular chondrocytes after sh-RORA infection for 72 h and IL-6 treatment for 30 min were detected by western blot. **D**, **E** The expression level and quantification of phosphorylated STAT3 (Y705) in isolated human articular chondrocytes after pretreated with 1 μ M SR3335 for 6 h and then treated with a gradient concentration of IL-6 for 30 min. **F** The chondrocytes were infected with sh-RORA or sh-NC lentivirus for 72 h and treated with IL-6 (50 ng/ml) for 30 min. Slices were harvested after indicated treatment and subjected to fluorescence microscopy of p-STAT3/DAPI staining in formaldehyde-fixed cells. Scale bar = 50 μ m. **G** Slices of human chondrocytes were harvested after indicated treatment and subjected to fluorescence microscopy of ROR α , STAT3, and DAPI staining in formaldehyde-fixed cells. Scale bar = 50 μ m. **H** Immunoprecipitation was performed on chondrocytes after IL-6 treatment for 1 h with anti-ROR α antibody. I Immunoprecipitation was performed with anti-ROR α antibody after treatment with vehicle, 50 ng/ml IL-6, or 50 ng/ml IL-6, and 1 μ M SR3335 for 1 h. Representative blots and images (n = 3). The statistical data in **E** were analyzed with Student's *t* test, and data in **B** were analyzed with one-way ANOVA followed by Dunnett's test. *P < 0.05, **P < 0.01, ns = no significance. All data shown above are presented as mean \pm SD.

nitrocellulose filter membrane (Millipore, Boston, MA, USA). The membranes were then blocked and incubated with the corresponding primary antibodies. Membranes were then incubated with Horseradish peroxidase (HRP)-conjugated secondary antibodies for 1 h. The membranes were visualized using an electrochemiluminescence kit (Millipore). Visualized images were analyzed using the BIO-RAD imaging system (Bio-Rad, Hercules, CA, USA). Semi-quantitative analyses of the images were conducted using ImageJ.

Real-time PCR assay

Total RNA was extracted from chondrocytes according to the previous method described [46]. Real-time polymerase chain reaction (RT-PCR) was performed with SYBR qRT-PCR SuperMix (Novoprotein, Shanghai, China) via a Roche LightCycler 480 System (Roche, Basel, Switzerland). Relative gene expression was determined by the $2^{-\Delta\Delta Ct}$ method. Each experiment was replicated three times for biological replicates, and the results shown



Fig. 7 RORa regulates IL-6 expression by interacting with IL-6 promoters. A Real-time PCR analysis of TNF- α , IL-1 β , IL-6, and IL-17 mRNA in human chondrocytes infected with RORA knockdown lentivirus (sh-RORA) or control lentivirus (sh-NC) (n = 3). **B** Schematic diagram of the potential binding site for ROR α in the promoter region of IL-6 using JASPAR database. **C** ChIP-qPCR enrichment assay was performed on chondrocytes with anti-ROR α antibody or IgG. The chondrocytes were pretreated with vehicle or 1 μ M SR3335 for 6 h. IgG immunoprecipitation was used as a negative control. **D** IHC staining for IL-6 of articular cartilage after indicated adenovirus injection for 6 weeks in mice. Scale bars, 200 μ m for ×100 picture and 50 μ m for ×400 picture. **E** ELISA assay to detect IL-6 protein expression after transfected with RORA overexpression or vector plasmid for 48 h (n = 4). The statistical data in **A**, **C**, and **E** were analyzed with Student's *t* test. *P < 0.05, **P < 0.01, ***P < 0.001, ns = no significance. All data shown above are presented as mean ± SD.

in the figure represent the average ΔCt value of all experiments. The primer sequences used in this study are listed in Supplementary Table 1.

Enzyme-linked immunosorbent assay (ELISA)

The IL-6 level in culture supernatants was measured using ELISA kits (Neobioscience, Shenzhen, China) according to the manufacturer's instructions.

RNA-seq analysis

To generate mRNA-sequencing data, two groups of chondrocytes with different treatments, vehicle, and SR3335 treated, were analyzed by RNA-sequencing. The RNA was extracted with TRIzol and an amount of 1 µg RNA was used as input material for the RNA sample preparations. Sequencing libraries were generated according to the manufacturer's recommendations. Differential expression analysis of control and SR3355 treated groups (three biological replicates) was performed using the DESeq2 R package. The resulting *P* values were adjusted using Benjamini

and Hochberg's approach for controlling the false discovery rate. The adjusted P value <0.05 for certain genes was regarded as differentially expressed. The GSE accession number for the RNA-seq data is GSE172291.

IHC staining

Human and mouse cartilage tissues were fixed in 10% paraformaldehyde for 48 h, then decalcified with ethylenediaminetetraacetic acid decalcifying fluid (pH = 7.2, Solarbio) for 2 months. The decalcified tissues were embedded in paraffin and sectioned at 5 μ m. IHC staining was performed according to our previous protocol [47].

Immunoprecipitation

The cells were lysed with IP lysis buffer (Beyotime, Shanghai, China). For each group, input protein was separated and stored at -80 °C for further detection. An equal amount of protein from the samples was incubated with specific antibodies for 2 h and then incubated with protein A/G magnetic beads (MCE) and spun to mix overnight at 4 °C. The agarose-



Fig. 8 RORa blockade inhibited STAT3 phosphorylation and dampened IL-6/STAT3 pathway in chondrocytes of OA. RORa directly interacts with STAT3 protein or the promoter region of *lL6* gene, thereby accelerating the cartilage depredating effect of inflammatory cytokine. RORa blockade with either SR3335 or small interfering RNA resulted in the decreased level of STAT3 phosphorylation, and subsequently restored the expression of aggrecan, collagen type II, MMP, and ADAMTS. Finally, RORa blockade ameliorated the progression of cartilage damage.

bound protein was washed with wash buffer five times and separated by the magnetic stand.

ChIP assay

In brief, 1×10^7 cells were cross-linked with 1% (w/v) formaldehyde and incubated for 10 min at room temperature. Glycine was added and incubated for 5 min to quench the formaldehyde. Cells were lysed using lysis buffer and cell slurry was collected. Then, the cold shearing buffer was added and then sheared into small chromatin fragments between 150–300 bp. Anti-RORa or rabbit IgG antibodies were incubated with the sonicated chromatin overnight at 4 °C. After overnight incubation, the antibody-chromatin mixtures were separated by the magnetic stand. The anti-rabbit A/G beads were pre-blocked and incubated on a rotating tube rack or platform at 4 °C for 6 h. After discarding the supernatant, the samples were placed at 65 °C overnight for reverse cross-linking.

Oligonucleotide and lentivirus transfection for RORa knockdown

The oligonucleotides for knockdown were synthesized and packaged in virus vectors by Genechem (Shanghai, China). Sequences of singlestranded short interfering hairpin RNA and short hairpin RNA constructs are listed in Supplementary Table 2. For in vitro cell experiments, chondrocytes were infected with lentivirus for 72 h, and the transfection efficiency was observed with fluorescence microscopy. Infection was regarded as successful if the transfection efficiency >80%.

Statistics

All results represent the mean \pm standard deviation. Statistical analysis was performed using the two-tailed independent Student's *t* test for comparisons of two independent groups, two-tailed paired-sample *t* test for comparisons of two matched groups. One-way analysis of variance followed by Dunnett's test for comparisons of three or more groups. Non-parametric data were compared by Mann–Whitney *U* test. For all statistical analyses, differences with *P* values < 0.05 were considered statistically significant, and experiments were repeated for indicted times in the figure legend. GraphPad Prism 8.0 was purchased from GraphPad Software (San Diego, CA, USA) was used for data analysis and chart presentation.

DATA AVAILABILITY

All data generated or analyzed during this study are included in this article and its supplementary files.

REFERENCES

1. Hunter DJ, Bierma-Zeinstra S. Osteoarthritis. Lancet. 2019;393:1745-59.

- Mead TJ, Apte SS. ADAMTS proteins in human disorders. Matrix Biol. 2018;71-72:225–39.
- Cui N, Hu M, Khalil RA. Biochemical and biological attributes of matrix metalloproteinases. Prog Mol Biol Transl Sci. 2017;147:1–73.
- Zhao L, Zhou S, Gustafsson JA. Nuclear receptors: recent drug discovery for cancer therapies. Endocr Rev 2019;40:1207–49.
- Kim K, Boo K, Yu YS, Oh SK, Kim H, Jeon Y, et al. RORalpha controls hepatic lipid homeostasis via negative regulation of PPARgamma transcriptional network. Nat Commun. 2017;8:162.
- Oh SK, Kim D, Kim K, Boo K, Yu YS, Kim IS, et al. RORalpha is crucial for attenuated inflammatory response to maintain intestinal homeostasis. Proc Natl Acad Sci USA. 2019;116:21140–9.
- Lee JM, Kim IS, Kim H, Lee JS, Kim K, Yim HY, et al. RORalpha attenuates Wnt/betacatenin signaling by PKCalpha-dependent phosphorylation in colon cancer. Mol Cell 2010;37:183–95.
- Meyer T, Kneissel M, Mariani J, Fournier B. In vitro and in vivo evidence for orphan nuclear receptor RORalpha function in bone metabolism. Proc Natl Acad Sci USA. 2000;97:9197–202.
- Serra HG, Duvick L, Zu T, Carlson K, Stevens S, Jorgensen N, et al. RORalphamediated Purkinje cell development determines disease severity in adult SCA1 mice. Cell 2006;127:697–708.
- Liang T, Qiu J, Li S, Deng Z, Qiu X, Hu W, et al. Inverse agonist of retinoid-related orphan receptor-alpha prevents apoptosis and degeneration in nucleus pulposus cells via upregulation of YAP. Mediators Inflamm. 2021;2021:9954909.
- Woods A, James CG, Wang G, Dupuis H, Beier F. Control of chondrocyte gene expression by actin dynamics: a novel role of cholesterol/Ror-alpha signalling in endochondral bone growth. J Cell Mol Med 2009;13:3497–516.
- Yan Q, Feng Q, Beier F. Reduced chondrocyte proliferation, earlier cell cycle exits and increased apoptosis in neuronal nitric oxide synthase-deficient mice. Osteoarthritis Cartilage. 2012;20:144–51.
- Choi WS, Lee G, Song WH, Koh JT, Yang J, Kwak JS, et al. The CH25H-CYP7B1-RORalpha axis of cholesterol metabolism regulates osteoarthritis. Nature 2019;566:254–8.
- Cameron ML, Briggs KK, Steadman JR. Reproducibility and reliability of the outerbridge classification for grading chondral lesions of the knee arthroscopically. Am J Sports Med. 2003;31:83–6.
- Lynch TS, O'Connor M, Minkara AA, Westermann RW, Rosneck JT. Biomarkers for femoroacetabular impingement and hip osteoarthritis: a systematic review and meta-analysis. Am J Sports Med. 2019;47:2242–50.
- 16. Duval E, Leclercq S, Elissalde JM, Demoor M, Galera P, Boumediene K. Hypoxiainducible factor 1alpha inhibits the fibroblast-like markers type I and type III collagen during hypoxia-induced chondrocyte redifferentiation: hypoxia not only induces type II collagen and aggrecan, but it also inhibits type I and type III collagen in the hypoxia-inducible factor 1alpha-dependent redifferentiation of chondrocytes. Arthritis Rheum. 2009;60:3038–48.
- Greene MA, Loeser RF. Aging-related inflammation in osteoarthritis. Osteoarthritis Cartilage. 2015;23:1966–71.
- 18. Stark GR, Darnell JJ. The JAK-STAT pathway at twenty. Immunity 2012;36:503-14.
- Son YO, Park S, Kwak JS, Won Y, Choi WS, Rhee J, et al. Estrogen-related receptor gamma causes osteoarthritis by upregulating extracellular matrix-degrading enzymes. Nat Commun 2017;8:2133.
- Zhu X, Chen F, Lu K, Wei A, Jiang Q, Cao W. PPARgamma preservation via promoter demethylation alleviates osteoarthritis in mice. Ann Rheum Dis 2019;78:1420–9.
- Akagi R, Akatsu Y, Fisch KM, Alvarez-Garcia O, Teramura T, Muramatsu Y, et al. Dysregulated circadian rhythm pathway in human osteoarthritis: NR1D1 and BMAL1 suppression alters TGF-beta signaling in chondrocytes. Osteoarthritis Cartilage. 2017;25:943–51.
- Evangelou E, Kerkhof HJ, Styrkarsdottir U, Ntzani EE, Bos SD, Esko T, et al. A metaanalysis of genome-wide association studies identifies novel variants associated with osteoarthritis of the hip. Ann Rheum Dis 2014;73:2130–6.
- 23. Gee F, Rushton MD, Loughlin J, Reynard LN. Correlation of the osteoarthritis susceptibility variants that map to chromosome 20q13 with an expression quantitative trait locus operating on NCOA3 and with functional variation at the polymorphism rs116855380. Arthritis Rheumatol 2015;67:2923–32.
- 24. Lazar MA. Maturing of the nuclear receptor family. J Clin Invest 2017;127:1123-5.
- Hamilton BA, Frankel WN, Kerrebrock AW, Hawkins TL, FitzHugh W, Kusumi K, et al. Disruption of the nuclear hormone receptor RORalpha in staggerer mice. Nature 1996;379:736–9.
- Lo BC, Gold MJ, Hughes MR, Antignano F, Valdez Y, Zaph C, et al. The orphan nuclear receptor RORalpha and group 3 innate lymphoid cells drive fibrosis in a mouse model of Crohn's disease. Sci Immunol 2016;1:f8864.
- Han YH, Shin KO, Kim JY, Khadka DB, Kim HJ, Lee YM, et al. A maresin 1/RORalpha/12-lipoxygenase autoregulatory circuit prevents inflammation and progression of nonalcoholic steatohepatitis. J Clin Invest 2019;129:1684–98.

- Slominski AT, Kim TK, Takeda Y, Janjetovic Z, Brozyna AA, Skobowiat C, et al. RORalpha and ROR gamma are expressed in human skin and serve as receptors for endogenously produced noncalcemic 20-hydroxy- and 20,23-dihydroxyvitamin D. FASEB J. 2014;28:2775–89.
- He B, Zhao Y, Xu L, Gao L, Su Y, Lin N, et al. The nuclear melatonin receptor RORalpha is a novel endogenous defender against myocardial ischemia/reperfusion injury. J Pineal Res 2016;60:313–26.
- Kojetin DJ, Burris TP. REV-ERB and ROR nuclear receptors as drug targets. Nat Rev Drug Discov 2014;13:197–216.
- Rincon M. Interleukin-6: from an inflammatory marker to a target for inflammatory diseases. Trends Immunol. 2012;33:571–7.
- Livshits G, Zhai G, Hart DJ, Kato BS, Wang H, Williams FM, et al. Interleukin-6 is a significant predictor of radiographic knee osteoarthritis: the Chingford Study. Arthritis Rheum. 2009;60:2037–45.
- Nasi S, So A, Combes C, Daudon M, Busso N. Interleukin-6 and chondrocyte mineralisation act in tandem to promote experimental osteoarthritis. Ann Rheum Dis 2016;75:1372–9.
- Wiegertjes R, van Caam A, van Beuningen H, Koenders M, van Lent P, van der Kraan P, et al. TGF-beta dampens IL-6 signaling in articular chondrocytes by decreasing IL-6 receptor expression. Osteoarthritis Cartilage. 2019;27:1197–207.
- Johnson DE, O'Keefe RA, Grandis JR. Targeting the IL-6/JAK/STAT3 signalling axis in cancer. Nat Rev Clin Oncol. 2018;15:234–48.
- Sreenivasan L, Wang H, Yap SQ, Leclair P, Tam A, Lim CJ. Autocrine IL-6/ STAT3 signaling aids development of acquired drug resistance in group 3 medulloblastoma. Cell Death Dis. 2020;11:1035.
- Kondo M, Yamaoka K, Sakata K, Sonomoto K, Lin L, Nakano K, et al. Contribution of the interleukin-6/STAT-3 signaling pathway to chondrogenic differentiation of human mesenchymal stem cells. Arthritis Rheumatol. 2015;67:1250–60.
- Latourte A, Cherifi C, Maillet J, Ea HK, Bouaziz W, Funck-Brentano T, et al. Systemic inhibition of IL-6/Stat3 signalling protects against experimental osteoarthritis. Ann Rheum Dis 2017;76:748–55.
- Tan J, Liu H, Huang M, Li N, Tang S, Meng J, et al. Small molecules targeting RORgammat inhibit autoimmune disease by suppressing Th17 cell differentiation. Cell Death Dis. 2020;11:697.
- Korn T, Bettelli E, Oukka M, Kuchroo VK. IL-17 and Th17 cells. Annu Rev Immunol. 2009;27:485–517.
- Fujita K, Mao Y, Uchida S, Chen X, Shiwaku H, Tamura T, et al. Developmental YAPdeltaC determines adult pathology in a model of spinocerebellar ataxia type 1. Nat Commun. 2017;8:1864.
- Kim H, Lee JM, Lee G, Bhin J, Oh SK, Kim K, et al. DNA damage-induced RORalpha is crucial for p53 stabilization and increased apoptosis. Mol Cell 2011;44:797–810.
- Farez MF, Mascanfroni ID, Mendez-Huergo SP, Yeste A, Murugaiyan G, Garo LP, et al. Melatonin contributes to the seasonality of multiple sclerosis relapses. Cell 2015;162:1338–52.
- Journiac N, Jolly S, Jarvis C, Gautheron V, Rogard M, Trembleau A, et al. The nuclear receptor ROR (alpha) exerts a bi-directional regulation of IL-6 in resting and reactive astrocytes. Proc Natl Acad Sci USA. 2009;106:21365–70.
- Gosset M, Berenbaum F, Thirion S, Jacques C. Primary culture and phenotyping of murine chondrocytes. Nat Protoc. 2008;3:1253–60.
- Wang X, Liang T, Zhu Y, Qiu J, Qiu X, Lian C, et al. Melatonin prevents bone destruction in mice with retinoic acid-induced osteoporosis. Mol Med 2019;25:43.
- Lian C, Wang X, Qiu X, Wu Z, Gao B, Liu L, et al. Collagen type II suppresses articular chondrocyte hypertrophy and osteoarthritis progression by promoting integrin beta1-SMAD1 interaction. Bone Res. 2019;7:8.

ACKNOWLEDGEMENTS

We thank LetPub for its linguistic polish during the writing of this manuscript.

AUTHOR CONTRIBUTIONS

TL, TC, JQ and WG contributed equally to the work. DH and BG designed the experiments. TL, TC, JQ and WG conducted the experiments. XW, JQ and XQ helped analyze the data. YZ, YC, HZ, ZD and PL helped the collection of clinical data. CX, YP, AL and PS helped with the writing of the manuscript. TL, BG and DH organized the manuscript.

FUNDING

This work was supported by grants from the National Natural Science Foundation of China (no. 82072473), General Financial Grant from the China Postdoctoral Science Foundation (no. 2019TQ0377), Guangdong Basic and Applied Basic Research Foundation (no. 2019A1515110122), Guangdong Natural Science Foundation (no. 2018A030313096, no. 2021A1515012619, and no. 2019A030317003).

ETHICS APPROVAL AND CONSENT TO PARTICIPATE

All animal experiments were approved by the Institutional Animal Care and Use Committee of Sun Yat-sen University. The admission of patients and healthy controls and cartilage specimen collection were approved by The Ethics Committee of Sun Yat-sen Memorial Hospital of Sun Yat-sen University.

COMPETING INTERESTS

All authors declare no competing interests.

ADDITIONAL INFORMATION

Supplementary information The online version contains supplementary material available at https://doi.org/10.1038/s41419-021-04170-0.

Correspondence and requests for materials should be addressed to Bo Gao or Dongsheng Huang.

Reprints and permission information is available at http://www.nature.com/ reprints

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit http://creativecommons. org/licenses/by/4.0/.

© The Author(s) 2021