

Introducing guided biofilm therapy

Guided biofilm therapy (GBT) is the systematic, predictable solution for dental biofilm management in professional prophylaxis using state-of-the-art air flow technologies.

It was created by EMS, a Swiss-based market leader in professional prophylaxis and a pioneer in modern biofilm management.

It consists of treatment protocols based on individual patient diagnosis and risk assessment in order to achieve optimal results. The treatment is given in the least invasive way, with the highest level of comfort, safety and efficiency.

The therapy also includes oral hygiene instruction, patient education and motivation to maintain natural teeth and implants for as long as possible.

The great thing about GBT is that it is a fast, efficient and comfortable way for dental professionals to work and can be divided into eight simple steps:

1. Assess – probe and screen every clinical case
2. Disclose – make biofilm visible
3. Motivate – raise awareness and teach
4. AirFlow – remove biofilm, stains and early calculus
5. PerioFlow – remove biofilm in >4 to 9 mm pockets



6. 'No Pain' Piezon – remove remaining calculus
7. Check – make your patient smile
8. Recall – a healthy patient equals a happy patient.

As the creators of GBT, EMS are dedicated to creating equipment and protocols that are backed by ever-growing scientific evidence and GBT is no exception. EMS' online scientific evidence library can be accessed free of charge at www.ems-dental.com.

It is also worth noting that GBT follows the European Federation of Periodontology

(EFP) recommendations on Professional Mechanical Plaque Removal (PMPR) and Oral Hygiene Instructions (OHI) for home care. In relation to general prophylaxis, GBT minimises the use of power and hand instrumentation. AirFlow with Plus Powder is minimally invasive on all types of dental tissues: dentine, cementum, enamel and gums. Minimal abrasion equals maximum comfort for patients.

Explore GBT applications further at www.ems-dental.com and visit <https://int.sda-swissdentalacademy.com> for training information.

HR and complaints workshops this May

Healthcare Conferences UK have two virtual workshops coming up in May: Employment Law and HR Update on 7 May and Complaints Resolution and Mediation on 9 May.

The Employment Law and HR Update highly interactive online workshop will provide you with a complete guide to recent changes in HR and employment law, as well as anticipating future changes on the horizon.

This one-day masterclass has been designed to give leaders with the responsibility for HR and staff management a comprehensive update to help you ensure your HR practice remains efficient, up to date and compliant. The course is perfect for anyone involved in HR management, designed to ensure that you are up to date with current law and best practice.

You'll come away understanding your legal obligations in these complex areas, ready to make any necessary changes to your policies

and procedures. You will also be prepared for any forthcoming changes to guidance and legislation for 2024.

Visit <https://www.healthcareconferencesuk.co.uk/virtual-online-courses/employment-law-hr-update> or email frida@hc-uk.org.uk.

The Complaints Resolution & Mediation online course is suitable for anybody who deals with complaints as part of their job role, or anybody who may have to handle a complaint. This includes dedicated complaints teams and customer support teams and managers.

A highly interactive and effective workshop to improve confidence and consistency in handling complaints. A simple model to facilitate effective responses will be demonstrated, and delegates will have the opportunity to practise the use of the unique AERO approach.

With complaint volumes increasing, and individual complaints rising in term of conflict and emotional impact, early resolution and de-escalation are key objectives within

healthcare complaints. Mediation is a highly effective alternative dispute resolution approach, and the skills deployed by mediators provide useful tools for diffusing complaint situations arising at the point of delivery/interaction. Developing the skills and confidence to explore perspective, seek to understand the root and true cause of the patient's concerns (the complaint 'iceberg') and introducing resolution techniques empowers teams to increase the chances of achieving a resolution with less detrimental impact on their own and the healthcare team's wellbeing. Mediation techniques also produce a clearer understanding of the complaint and why the situation escalated. For more information visit <https://www.healthcareconferencesuk.co.uk/virtual-online-courses/complaints-resolution-and-mediation> or email kerry@hc-uk.org.uk.

BDJ readers can obtain a 20% discount on the cost of a course by using the code [hcuk20bdj](#).