

Dental products and services

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Moisturising mouth gel on prescription

Sixty percent of older adults complain of dry mouth, which may be associated with polypharmacy. With over half of those aged 65 or older taking three or more prescribed medications, dental teams will increasingly see patients suffering from this condition.

Dry mouth can lead to difficulty speaking and swallowing, negatively affect oral health, resulting in tooth loss, and also impact the quality of life of sufferers.

Oralieve Moisturising Mouth Gel provides effective and lasting relief for dry mouth and can now be prescribed by dental healthcare professionals.

Support your patients by recommending Oralieve – the most recommended brand by healthcare professionals for dry mouth relief. For more information or patient samples, visit www.oralieve.co.uk.



For all of your alginates

With over 28,000 individual products in stock, Trycare not only supply all their surgical and general practice specialist products from Adin, Centrix, EVE, Tecnos OsteoBiol, Tokuyama and many more market leading manufacturers, but everything else you need too! This includes everything available from Acteon to Zhermack, including alginate impression materials like Zhermack's Hydrogum 5. You can get it all from Trycare!

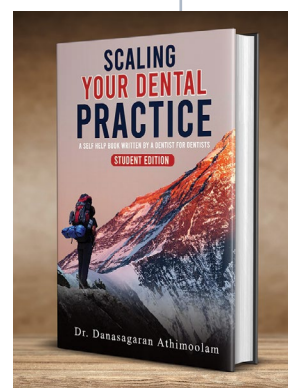
For further information contact your local Trycare representative, call 01274 885544 or visit www.trycare.co.uk.



New book offers advice and wisdom to recent graduates

A new book, *Scaling your dental practice: A self-help book written by a dentist for dentists* is billed as the ultimate self-help book tailored to those taking their first steps into their dental world, enabling readers to navigate the complexities of the profession with confidence and wisdom. The book is written by Dr Danasagaran Athimoolam, a seasoned dental professional with a passion for mentoring the next generation. He promises that the book:

1. Is non-clinical: There are too many books in the field to provide ways to improve your clinical skills already
2. Focuses on effective communication: Master the art of patient communication and team collaboration to create a positive and thriving dental environment
3. Contains financial wisdom: Navigate the financial landscape with practical advice on managing student loans, setting up a practice, and achieving financial stability
4. Provides a career roadmap: From graduation to successful practice ownership, follow a step-by-step roadmap to strategically plan your career trajectory
5. Emphasises work-life harmony: Learn how to strike the right balance between your professional and personal life, fostering wellbeing and long-term success.



Scaling your dental practice is an indispensable guide to conquering the challenges and maximising the opportunities in your dental career, for new graduates and more experienced dentists. It contains:

- Practical strategies: Actionable tips and exercises that turn knowledge into real-world success
- Real-life stories: Inspiring stories from an experienced dental practitioner and his journey from graduation to triumph
- Holistic approach: Covering the essential aspects like communication, leadership, and getting the balance right, so you can compete with a better version of yourself.

The book is a very personal journey by the author who relates his junior and senior experiences in several countries over 33 years.

Make your dream of success a reality with *Scaling your dental practice*. The book is currently available through Amazon UK at a special launch price. Visit www.dentaldevelopmental.com to leave any comments, feedback or suggestions for future editions.