#### ARTICLE



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# Immune imitation of tumor progression after anti-CD19 chimeric antigen receptor T cells treatment in aggressive B-cell lymphoma

Ivetta Danylesko (b<sup>1,2</sup> · Roni Shouval (b<sup>1,2</sup> · Noga Shem-Tov<sup>1,2</sup> · Ronit Yerushalmi<sup>1,2</sup> · Elad Jacoby (b<sup>2,3</sup> · Michal J. Besser<sup>2,4</sup> · Avichai Shimoni<sup>1,2</sup> · Tima Davidson<sup>2,5</sup> · Katia Beider<sup>1,2</sup> · Dror Mevorach<sup>6</sup> · Shalev Fried (b<sup>1,2</sup> · Arnon Nagler (b<sup>1,2</sup> · Abraham Avigdor<sup>1,2</sup>)

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#### Abstract

We present three patients with aggressive non-Hodgkin's B-cell lymphoma (NHL) who received anti-CD19 chimeric antigen receptor T (CAR T) cells therapy after failure of several lines of chemotherapy that developed pseudo-progression. One-week clinical and radiological findings were consistent with tumor progression. Positron emission tomography-computed tomography (PET-CT) at 1 month post CAR T cells administration was consistent with treatment response. The rapid tumor growth and subsequent resolution are suggestive of tumor pseudo-progression mediated secondary to infiltration and immune activation of CAR T cells. Overall, 56 adult patients with NHL were enrolled in a phase 1b/2 in house clinical study with CD19 CAR T cells. Out of them 22/56 patients progressed as per PET-CT the 1 month post CAR T cells. In 14 patients, signs of progression started 7–10 days after CAR T cells infusion. In 11/14 patients, it was true progression, while in 3 it was pseudo-progression. Additional studies are warranted to describe the extent of this phenomenon and evaluate correlation with the CAR T activity and long-term disease control.

# Introduction

Immunotherapies have considerably changed treatment strategies in advanced cancers and lymphomas [1, 2]. The evaluation and understanding of antitumor responses in the era of immuno-oncology are becoming increasingly important with the rapid expansion of indications and

☑ Ivetta Danylesko alexivetta@gmail.com

- <sup>1</sup> Division of Hematology and Bone Marrow Transplantation, Sheba Medical Center, Ramat Gan, Israel
- <sup>2</sup> Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel
- <sup>3</sup> Division of Pediatric Hematology and Oncology, The Edmond and Lily Safra Children's Hospital, Sheba Medical Center, Ramat Gan, Israel
- <sup>4</sup> Ella Lemelbaum Institute of Immuno-Oncology, Sheba Medical Center, Ramat Gan, Israel
- <sup>5</sup> Department of Nuclear Medicine, Sheba Medical Center, Ramat Gan, Israel
- <sup>6</sup> Department of Medicine, Rheumatology Research Center, Hadassah-Hebrew University Medical Center, Jerusalem, Israel

approvals of checkpoint inhibitors and chimeric antigen receptor T cells (CAR T cells). These immunotherapies might enhance the accumulation of inflammatory cells, which may translate into the enlargement of a target lesion [3–8]. Enlargement of a primary or new region in the positron emission tomography-computed tomography (PET-CT) scans after chemotherapy is interpreted as a progressive disease, where a treatment change is usually recommended [9].

However, with the advent of immunotherapy, tumor growth is no longer straightforward and requires an individual approach [4]. Pseudo-progression following immunotherapy has been described in some oncological diseases, including high-grade glioblastomas, non-small-cell lung carcinoma, and melanoma [10–17], but less commonly in hematological malignancies as chronic lymphocytic leukemia (CLL), lymphomas, and Waldenstrom macroglobulinemia [13, 14, 18–20]. Table 1 summarizes previous publications of pseudo-progression for solid tumors and lymphomas. As a result, modified response criteria were proposed for use when assessing the response to ipilimumab: the immune-related response criteria [6], Lugano criteria were adapted to immune-based therapy in lymphoma patients [4].

Table 1 Previous pul	blications of tumor	pseudo-progression: key finding	s.		
Drug	Disease	Pseudo-progression (PP) %	Conclusions	Response for pts with PP vs. pts without PP $\%$	References
Lenalidomide	CLL	58%	No predisposing clinical features for development of the flare reaction. No correlation with the extent of disease	No correlation with response to therapy	Chanan-Khan et al. [13]
Lenalidomide	CLL	15-53%	Higher rate of flare with lymph nodes larger than 5 cm than in the remaining patients (53 vs.15%). No prediction of higher response rate in pts with and without a tumor flare reaction.	No correlation with response to therapy (38 vs. 34%)	Ferrajoli et al. [14]
Rituximab	DLBCL MCL	Mid-therapy PET-CT 32.5% positive Post-therapy PET-CT 18.7% positive	Addition of rituximab to CTX resulted in reduced PPV and sensitivity of mid PET-CT.	PPV 33%, sensitivity 68%	Han et al. [19]
Rituximab	WM	10/11 pts a rise in serum IgM levels, >25% increase occurring in 73% pts	Elevation of IgM level with an increase in viscosity commonly occurs in WM patients following rituximab treatment. Particularly if patients have pre-therapy IgM level of >5000 mg/dl.	ΝΑ	Teron et al. [20]
Ipilimumab	Melanoma	22/227 pts (9.7%)	NA	Similar responses to the typical response	Wolchok et al. [6]
Ipilimumab	Pretreated advanced melanoma	12/155 pts (7.7%)	NA	NA	0'Day et al. [11]
Nivolumab	Melanoma	4/107 pts (4%)	3 pts with PP received nivolumab at 1 mg/kg, one patient 10 mg/kg	NA	Topalian et al. [15]
Nivolumab + Ipilimumab	Melanoma	4/52 pts (7.7%)	NA	NA	Wolchok et al. [16]
Pembrolizumab	Melanoma	24/327 pts (7%): early PP— 15 (5%), delayed PP—9 (3%)	Conventional RECIST might underestimate the benefit of pembrolizumab in $\sim 15\%$ of patients. Modified criteria that permit treatment beyond initial progression per RECIST v1.1 might prevent premature cessation of treatment.	2-year-OS rate—37.5% in pts with progressive disease per RECIST but nonprogressive disease per irRC; 17.3% in patients with progressive disease per both criteria ( $n = 177$ )	Hodi et al. [8]
Nivolumab	NSCLC	14%	NA	Response rate is identical between irRECIST1.1 and RECIST1.1	Nishino et al. [17]
Nivolumab	НĻ	105/276 pts disease progression. 70/105 progressed pts— TBP.	Five patients TBP (7%) had achieved CR, and 31 (44%) had achieved PR	1-year OS after initial progression was higher in patients who continued to receive treatment beyond progression (84 vs. 61%)	Armand et al. [18]
CAR T cells	DLBCL	3/19 pts (16%)	PP with CAR T cells more rapid and significant than checkpoint inhibitors	NA	Wang et al. [36]
CLL chronic lymphe Evaluation Criteria I. NSCLC non-small ce CAR T cells chimeric	ocytic leukemia, <i>P1</i> n Solid Tumor, <i>irR</i> Il lung carcinoma, <i>i</i> : antigen receptor T	<ul> <li>pseudo-progression, pts patien ECIST immune-related RECIST 9L Hodgkin lymphoma, CR con cells, OS overall survival.</li> </ul>	its, WM Waldenstrom's macroglobulinemia, PP ', irRC immune-related response criteria, TBP tre nplete response, PR partial response, PET-CT pos	/ positive predictive value, CTX chemotherapy, I attment beyond progression, DLBCL diffuse large tron emission tomography-computed tomography,	<i>EECIST</i> Response B-cell lymphoma, <i>NA</i> non available,

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Therapy with CAR T cells targeting CD19 has been approved for NHL, following several institutional and international clinical trials [21–24]. The optimal timing for imaging post-CAR T has yet to be determined and differs across trials from 1 to 3 months after CAR T infusion [25–27]. Until recently, it was not clear if CAR T cells could cause pseudo-progression. We report here three patients having early imaging findings indicating progression of disease, later determined as pseudo-progression.

Unusual response patterns during immunotherapy make it difficult to differentiate responders from nonresponders early on in treatment. Interleukin-8 (IL-8) is a member of the CXC chemokine family originally identified as a chemotactic factor for neutrophils [28]. IL-8 is secreted by malignant cells and tumor stroma cells across many different tumor types including solid tumors (brain, breast, cervical, colon, gastric, lung, melanoma, mesothelioma, ovarian, prostate, renal, and thyroid) and hematological malignancies (acute myeloid leukemia, CLL, and Hodgkin's lymphoma) [29]. Serum IL-8 levels reflect tumor burden and allow to monitor response to BRAF inhibitors (vemurafenib), an anticytotoxic T lymphocyte antigen-4 monoclonal antibodies (ipilimumab), anti-programmed cell death protein 1 in metastatic melanoma and non-small lung carcinoma patients [30, 31]. Interestingly, despite imaging-assessed increases in the target lesion size during pseudo-progression, serum IL-8 levels decreased and remained lower than baseline at subsequent imaging evaluations. Moreover, serum IL-8 levels steadily increased when patients eventually developed true progression [31]. We advocate that lymphoma patients who develop immune imitation of progression (pseudo-tumor progression) after CAR T cells therapy are behaving similarly to the previously reported cancer patients following immunotherapy. Probably IL-8 level decreases during pseudo-progression unlike true progression. In order to verify this hypothesis, we retrospectively assessed serum IL-8 levels in the three patients who developed immune imitation of progression during CAR T cells therapy compared to the IL-8 levels in the patients with true progression for whom we could allocate blood samples.

## Methods

Patients included in the analysis were part of a phase 1b/2 trial (NCT02772198) conducted at the Sheba Medical Center, Tel-Hashomer Israel. The study was approved by the Institutional Review Board and the Israeli Ministry of Health in accordance with the Declaration of Helsinki. The full protocol is described elsewhere [32]. Briefly, patients underwent a single leukapheresis procedure; peripheral blood mononuclear cells were isolated, activated, and transduced with a gamma retrovirus encoding for a CD19

CAR (based on an FMC63-derived ScFv, a CD28 costimulatory domain, and CD3-zeta signaling domain). Lymphodepletion included fludarabine  $25 \text{ mg/m}^2 \times 3$  days (days -4 to -2) and cyclophosphamide 900 mg/m<sup>2</sup> × 1 day (day -2), followed by infusion (day 0) of  $1 \times 10^6$  CAR+ transduced cells per kilogram recipient.

Neurologic adverse events and cytokine release syndrome (CRS) were graded initially according to the CARTOX-10 guidelines [33] and then according to the American Society for Blood and Cellular Therapy (ASTCT) [34] consensus grading once they were published. This applies only for the first patient with pseudo-tumor progression who received CAR T cells before the ASTCT guidelines were published. The conversion was possible as he had grade IV central nervous system (CNS) toxicity.

Serum IL-8 measurement from frozen samples was performed in total of 12 patients using the Luminex MAGPIX system (Luminex Corp, Texas, USA) and analyzed with Milliplex analysis software (Millipore, MA, USA).

#### Results

Between January 2017 and December 2019, 56 adult patients with aggressive non-Hodgkin's B-cell lymphoma were treated in our phase 1b/2 in house clinical study with CD19 CAR T cells (NCT02772198). Twenty-two patients had disease progression 1 month after CAR T cells infusion according by PET-CT. In total, 14 patients (3 with pseudoprogression and 11 patients with true progression) developed signs of progression rather early within 7-10 days post CAR T cells infusion (Figs. 1-3). All these 14 patients developed rapid clinical deterioration during hospitalization. Out of them, in three it turns out it was not true progression but immune imitation of progression (pseudotumor progression). In the three patients we checked retrospectively from frozen samples IL-8 serum levels at day of CAR T cells infusion (day 0) and subsequent weekly until 2 months (Fig. 4). In 1/3 only three samples were available. Compared with three naive controls two patients had similar low IL-8 serum levels after CAR T-cell therapy that corresponds to response to therapy. While the third patient had initially higher IL-8 level that decline (this patient had only three time points' samples).

We could allocate frozen serum samples from 5/11 patients who showed high IL-8 level through the weekly follow-up until day 30 post CAR T cells infusion (Fig. 4B). These patients had early disease progression as per PET-CT that was performed 28–30 days following the CAR T cells infusion. In addition, we could allocate samples for four additional patients. These four patients showed early response in their days 28–30 PET-CT but then progressed (>day 60). In these four patients the early (during the 1st

Fig. 1 Case 1: a 23-year-old male with diffuse large B-cell lymphoma, A. B PET-CT before and after CAR T cells. FDG-PET/CT: maximum intensity projection (MIP) (a), representative PET (b), and CT (c) axial slices with 21 days/ 2 months/2 months interval (A: row-before and B: rowafter treatment). C-F X-ray imaging during CAR T cells. C Before CAR T cell. D, E Pseudo-progression. D Day 6 after CAR T cells. E Day 8 after CAR T cells. F Day 22 after CAR T cells-resolution of previous findings.



month after CAR T cells infusion) IL-8 levels were relatively low (Fig. 4C), correlating with our hypothesis of low IL-8 level in responding patients. Thereby we concluded that the IL-8 level could be a marker of true immediate progression and not the marker of future progression. It helps to separate the rapid immune response from the early true progression and in some cases, it can prevent unnecessary and even dangerous chemotherapy intervention. Further studies will show if it could be a marker of coming progression for patients with late relapse and if the IL-8 level will increase before clinical deterioration and PET-CT changes.

## **Case presentation**

## Case report 1

A 23-year-old man presented with weight loss, malaise, fever, itching, and lymphadenopathy in February 2017. A comprehensive diagnostic workup including PET-CT and lymph node biopsy revealed germinal center B-cell-type diffuse large B-cell lymphoma (DLBCL), stage 4B with extensive nodal and extranodal involvement (liver, stomach, lung, and pancreas). The disease was resistant both to three cycles of rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisone (R-CHOP), which were followed by one cycle of dexamethasone, cytarabine, and cisplatin (Fig. 1A–C). In June 2017, the patient received  $1.5 \times 10^{6}$ /kg autologous transduced CAR T cells following lymphodepletion. Six days after CAR T cells infusion he developed severe dyspnea. Chest X-rays on days 6 and 8 showed rapid extension of preexisting masses in the right upper lobe of lung and mediastinum with the evolution of left-sided pleural effusion (Fig. 1D, E). Consistent findings were seen in day 9 by CT, with rapid enlargement of the mediastinal mass, a mediastinal shift, enlargement of lung and liver masses, new pleural effusions, and expansion of bone lytic lesions (Fig. 1D, E). Concomitantly, the patient developed grade 3 CRS with fever and hypotension and grade 4 CNS toxicity characterized by convulsions and stupor, which lasted 7 days. He was treated with broad-spectrum antibiotics, low-dose norepinephrine, three doses of tocilizumab, and dexamethasone  $10 \text{ mg} \times 4/\text{day}$  [33].

We deferred a tissue biopsy since the patient was unstable, assuming that the radiographic progression is

consistent with a phenomenon of immune activation and tumor infiltration by effector immune cells rather than lymphoma cells [7]. The patient's condition gradually improved; 3 weeks after CAR T cells infusion, he was afebrile and free of hemodynamic and respiratory support. Furthermore, the pleural effusion had resolved and the mediastinal mass regressed to their pretreatment size (Fig. 1B, F) without any additional lymphoma-directed therapy. PET-CT at 28 days post CAR T showed significant improvement with partial resolution of previous FDG-avid lesions: mediastinal mass decreased from 8.9 to 5.8 cm, left upper lung nodule from 3.2 until 2.5 cm, with only peripheral FDG uptake in these findings, consistent with a partial metabolic response (PMR). Per institutional protocol, the patient underwent an allogeneic stem cell transplantation 2 months following CAR T infusion. He received a peripheral blood stem cell graft from a matched unrelated donor following conditioning with fludarabine and treosulfan. The transplant course was uneventful and PET-CT 40 days after stem cell infusion was consistent with a complete remission (CR). Unfortunately, 7 months later his lymphoma progressed again, the patient received multiple chemotherapy and immunotherapy salvage treatments including second haploidentical transplantation. Eight

months after the second transplantation the patient died from the disease progression.

#### Case 2

A previously healthy 27-year-old male presented with dyspnea, chest pain, and cough. PET-CT showed a localized mediastinal mass and the biopsy was consistent with primary mediastinal B-cell lymphoma. The patient received six cycles of R-CHOP and attained a CR. Six months following completion of therapy relapse in the mediastinum was documented. The disease was refractory to chemotherapy-based salvage therapies, including ifosfamide, carboplatin, etoposide and hyper-cyclophosphamide, vincristine, adriamycin, dexamethasone. He had a shortlived response to pembrolizumab and was referred to CAR T therapy at our institution. Due to rapid progression, which presented by pericardial tamponade, urgent pericardiocentesis was performed, draining 800 ml of effusion, containing numerous lymphoma cells. Patient received two cycles of rituximab, bendamustine, and ibrutinib resulted in clinical improvement and PMR (Fig. 2A, C). Following lymphodepletion, the patient received an infusion of  $1.0 \times 10^6$ /kg autologous CAR T cells. Six days after infusion, he

Fig. 2 Case 2: a 27-year-old male with primary mediastinal B-cell lymphoma. A, B PET-CT before and after CAR T cells.FDG-PET/CT: maximum intensity projection (MIP) (a), representative PET (b), and CT (c) axial slices with 21 days/2 months/2 months interval (A: row-before and B: rowafter treatment). C-F X-ray imaging during CAR T cells. C Before CAR T cell. D, E Pseudo-progression. D Day 7 after CAR T cells. E Day 9 after CAR T cells. F Day 16 after CAR T cellsimprovement of previous findings.



developed hypoxic respiratory failure and atrial fibrillation. Chest X-rays on day 7 showed a rapid extension of preexisting mediastinum mass and worsening of right-sided pleural effusion (Fig. 2D). A total of 3000 ml of pleural fluid was drained in 2 consecutive days (Fig. 2E). The fluid was brown colored with exudative features. Gram stain and cultures were unremarkable. Numerous T cells, mostly cytotoxic type (CD19 and CD20 negative, CD3-95%, CD4-17%, CD8-83%), were identified by flow cytometry test in the pleural effusion. There was no evidence of lymphoma cells by cytology and flow cytometry examinations. Concomitantly, the patient developed grade 3 CRS with fever and hypotension, and grade 3 CNS toxicity characterized by convulsions and stupor. He was treated with broad-spectrum antibiotics, low-dose norepinephrine, two doses of tocilizumab (8 mg/kg per dose), dexamethasone 10 mg ×4/day for 1 day. Due to a persistent confusional state, he was switched to high-dose methylprednisolone 500 mg IV every 12 h for 3 days, followed by a quick taper. His mental status and dyspnea gradually improved. CT scan of the chest carried out on day 19 after CAR T cells infusion showed marked improvement of pleural effusion and mediastinal mass (from 12 to 9 cm on diameter). PET-CT scan done 28 days after infusion of CAR T cells, the residual mass was not FDG avid and the amount of pleural effusion decreased significantly (Fig. 2B). Given the fact that lymphoma cells were absent in the pleural effusion coupled with the follow-up imaging studies, the patient was considered to have pseudo-progression and was followed closely. Unfortunately, PET-CT scan carried out 2 months after the infusion of CAR T cells showed new FDG uptake (SUV 4.8) in a 1.4 cm residual mediastinal mass. The patient was referred directly to an allogeneic stem cell from an HLA-matched sister, which was performed 80 days after the infusion of CAR T cells. One month after the transplantation PET-CT scan was compatible with complete metabolic response (CMR).

#### Case 3

A 37-year-old female with refractory relapsed primary mediastinal large B-cell lymphoma, treated with multiple immunochemotherapeutic agents, including R-CHOP, dose-adjusted etoposide, prednisone, vincristine, cyclopho-sphamide, and doxorubicin, high-dose cytosine arabinoside and mitoxantrone, and autologous stem cell transplantation. PET-CT before CAR T-cell therapy showed a large mediastinal mass with high FDG uptake (12.3 SUV). An additional nodule was noted in the right lung with low FDG uptake 1.9 SUV (Fig. 3A, B). The patient received  $1.0 \times 10^6$ /kg autologous transduced CAR T cells after standard lymphodepletion. Two days after CAR T cells infusion, she developed dyspnea and chest pain. An anterior chest wall

mass extending from the mediastinum was noted (Fig. 3C, D). The findings significantly worsened until day 16 after the infusion of CAR T cells. An X-ray on day 8 and chest CT on day 10 showed enlargement of the mediastinal tumor from  $7 \times 4$  cm to  $11.4 \times 5$  cm, with involvement of the pericardium, brachiocephalic, and superior vena cava veins. The tumor mass penetrated through the chest wall to subcutaneous layer. Multiple new lung nodules and ground glass appearance were also noted (Fig. 3D, E).

Concomitantly, the patient developed grade 1 CRS grade with fever and weakness. She was treated with broadspectrum antibiotics and antipyretics. Her clinical condition gradually improved and she was discharged from the hospital. PET-CT scan, carried out 30 days after CAR T cells infusion showed a CMR. The mediastinal mass regressed from  $14.7 \times 9$  cm to  $9 \times 3$  cm, the pericardial effusion resolved and there was no evidence for tumor extension to the chest wall (Fig. 3B, F). A repeated PET-CT scan done 3 months after the infusion of CAR T cells was compatible with CMR.

#### Discussion

The advent of targeted immunotherapies into oncology has brought new hope to patients with chemo-resistant diseases. Toxicities of checkpoint blockade, including tumor flares, are well characterized [35]. However, while the features of CRS and neurotoxicity related to CAR T-cell therapy are well known, the characterization of tumor pseudoprogression associated with CAR T-cell therapy is lacking. Fifty-six adult patients with NHL received locally produced CAR T cells. Twenty-two patients had disease progression 1 month after infusion as per PET-CT. In total, 14 patients developed the signs of progression 7-10 days after CAR T cells infusion. We report here a case series of 3 patients out of these 14 adult patients with DLBCL and mediastinal involvement, developing rapid tumor enlargement and regression following infusion of CAR T cells, concomitant with an immune activation phenotype. Overall, this sequence of events seems to define a syndrome of "tumor pseudo-progression," resembling tumor flares seen with checkpoint blockade.

Tumor pseudo-progression is a term that comes from the treatment of solid tumors and lymphomas with other immunological agents, such as checkpoint inhibitors [1]. CD19 CAR T-cell therapy has shown impressive efficacy in patients with relapsed/refractory NHL. However, it has been associated with severe immune-related adverse effects, such as CRS and neurotoxicity [33]. Tumor pseudo-progression post-CAR T-cell therapy is also likely to be an immuno-logic complication. Though histologic confirmation is not available, we assume that similar to checkpoint blockade,



**Fig. 3 Case 3: a 37-year-old female with primary mediastinal B-cell lymphoma. A, B** PET-CT before and after CAR T cells. FDG-PET/CT: maximum intensity projection (MIP) (a), representative PET (b), and CT (c) axial slices with 21 days/2 months/2 months interval

(A: row—before and B: row—after treatment). C–F X-ray imaging during CAR T cells. C Before CAR T cell. D, E Pseudo-progression. D Day 2 after CAR T cells. E Day 8 after CAR T cells. F Day 55 after CAR T cells—improvement of previous findings.

CAR T cells infiltrate the tumor and evoke systemic and local inflammation, resulting in tumor inflation and regression, once malignant cells volume is reduced [7].

In a literature review, we found only one previous description of tumor pseudo-progression post-CAR T-cell therapy for NHL. Wang et al. [36] reported three NHL patients with tumor flare and local immune activation on FDG-PET-CT scanning 1 week post CAR T-cell therapy. Clinical features of patients and their PET/CT results from our and Wang et al. case series are summarized in Table 2. Co-stimulatory domains differed (CD28 vs. 4–1BBB, respectively), suggesting that pseudo-progression is a class effect rather than dependent on a specific construct. From the available information CRS seems to be a common feature. Of the four patients with CRS two had grade 3 and were treated with tocilizumab and the other two had grade 1.

An alternative mechanism for the tumor enlargement and subsequent regression observed in our case series would be frank progression immediately after infusion of CAR T cells with a later response to therapy or simply response to steroids. Delayed responses to CAR T-cell therapy have been reported up to 17 months post infusion [26]. However, the typical kinetics of response in such

patients would be an initial achievement of a partial response with evolution to a complete response later in the course. The rapidity of tumor inflation and resolution would suggest a "tumor flare" rather than progression. Furthermore, the demonstration of T cells, without malignant cells, in the pleural effusion of patient number 2 coupled with radiologic enlargement of tumor, would also support an immune-based phenomenon. Tumor response to steroids is also not likely, since patients have been exposed to steroids before, without any significant response. In addition, the responses reported here were observed nearly 1 month post infusion, exceeding the typical time frame for steroid activity. In the setting of checkpoint blockade, pseudo-tumor progression usually occurs after more than 3 weeks from treatment [37], while in the six cases reported to date (Table 2), it was earlier (range 2-6 days). Differences are likely related to the distinct mechanisms of action. While radiologic follow-up with chest x-ray and CT is readily available, other unknown reliable biomarkers distinguishing between pseudo-progression and actual progression may be beneficial for early interventions. Furthermore, revision of early response criteria may be required to account for tumor flares.

Our findings are similar in part to those described in patients with solid tumors [29–31], somewhat strengthening our assumption that in the three described patients the early tumor progression we observed is an immune imitation of progression, and not a true progression as we observed low IL-8 levels in 2/3 patients with pseudo-tumor progression and in the third patient the initially relatively high IL-8 level decreased on day 14 in parallel with the beginning of the clinical response. In contrast, in patients with true early but not late tumor progression with available samples we observed high IL-8 levels.

In addition to the 3 patients with pseudo-progression (or immune mediated semi tumor progression), we had serum frozen samples of 5 from the 11 patients who developed early progression after CAR T cells infusion; all demonstrating increased levels of IL-8 through the weekly followup until day 30 post CAR T cells infusion (Fig. 4B). In contrast, relatively low IL-8 levels post CAR T cells infusion were demonstrated in patients with late progression (Fig. 4C). These data support the hypothesis that serum IL-8 levels may serve as surrogate marker of lymphoma response to CAR T cells, being low in responding patients and high in true progressing patients, respectively. Furthermore, it may help in separating true progression from the rapid immune response, which is clinical importance as it may help preventing unnecessary intervention.

Unfortunately, IL-8 measurements were performed retrospectively on stored frozen samples serum samples and we do not have samples pre lymphodepletion. It is advisable that future prospective randomized studies will monitor IL-8 levels to help to differentiate true vs. pseudoprogression of lymphoma in NHL patients treated with CAR T cells.

In conclusion, we described a new syndrome of tumor pseudo-progression after CAR T-cell treatment. From our data, it seems that this syndrome is expected in patients with high disease burden, mediastinal mass, and concomitant CRS. The syndrome usually manifests itself several days after the infusion of CAR T cells, and in some cases, the patient's condition may rapidly deteriorate. Clinically, the patients suffer from dyspnea, chest pain, and hypoxia. These hazardous symptoms may be misdiagnosed as true progression and lead to emergency treatment with steroids or chemotherapy, potentially impeding CAR T-cell activity. While tumor pseudo-progression is not common, it should certainly be considered upon rapid decompensation of patients following infusion of CAR T cells. Given the lack of reliable markers for establishing the diagnosis of tumor pseudo-progression and the risks of obtaining tissue biopsies at the time of symptoms, clinical reasoning remains critical in managing these patients. With the expansion of CAR T-cell therapies, we expect an increase in the number of pseudo-progression observed. Therefore, clear criteria for

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	)		5	0		doses mln/kg		T cells	CAR T (days)	
China [36]	51	М	Transf. FL → DLBCL	5	2	1.6	NA	S	06	PR
China [36]	33	ц	DLBCL	4	б	32.7	NA	5	30	CR
China [36]	50	Μ	DLBCL	4	n	6.3	Grade 1	4	NA	PR
Israel Sheba	23	М	DLBCL	4	2	1.5	Grade 3	6	30	PR
Israel Sheba	27	М	PMBL	2E	6	1	Grade 3	6	28	CR
Israel Sheba	37	ц	PMBL	2	5	1	Grade 1	2 starting, maximal 10	30	CR
-	China [36] China [36] China [36] Israel Sheba Israel Sheba Israel Sheba	China [36]         51           China [36]         33           China [36]         33           China [36]         50           Israel Sheba         23           Israel Sheba         27           Israel Sheba         37	China [36]51MChina [36]33FChina [36]50MIsrael Sheba23MIsrael Sheba27MIsrael Sheba37F	China [36]51MTransf. $FL \rightarrow$ China [36]51MDLBCLChina [36]33FDLBCLChina [36]50MDLBCLIsrael Sheba23MDLBCLIsrael Sheba27MPMBLIsrael Sheba37FPMBL	China [36]51MTransf. $FL \rightarrow$ 2China [36]51M $DLBCL$ 4China [36]33F $DLBCL$ 4China [36]50M $DLBCL$ 4Strael Sheba23M $DLBCL$ 4Israel Sheba27M $PMBL$ 2EIsrael Sheba37F $PMBL$ 2					



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IL-8 µg/ml	Control	Day 0	Day 7	Day 14	Day 21	Day 30	Day 60
Control 1	6						
Control 2	14						
Control 3	8.5						
Patient 1		16.6	206	178			
Patient 2		5.66	23.5	8.9	9.65	6.45	7.77
Patient 3		25	15	10.6	16.5	12.2	6.84



- Patient 4 - Patient 5 - Patient 6 - Patient 7 - Patient 8

IL-8 µg/ml	Day 0	Day 7	Day 14	Day 21	Day 30
Patient 4	1.2	48	30	148	250
Patient 5	48	99	99	107	
Patient 6		25	229		
Patient 7	14	57	112		
Patient 8		79	345		



IL-8 µg/ml	Day 0	Day 7	Day 14	Day 21	Day 30
Patient 9		14.5	6.5	25	25
Patient 10		16	9	3.5	
Patient 11	0.7	15	8	5	
Patient 12	19	43	13		

**Fig. 4 Serum IL-8 level after CAR T-cell therapy.** A Serum IL-8 level after CAR T-cell therapy for patients with pseudo-progression. Day 0—day is CAR T cells infusion. **B** Serum IL-8 level after CAR T-cell therapy for early true progressed patients. **C** Serum IL-8 level after CAR T-cell therapy for early responded and late progressed patients.

diagnosis and guidelines for monitoring and treatment are warranted.

SPRINGER NATURE

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# Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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