

SBDN LAUNCH NEWLY QUALIFIED DENTAL NURSE'S GUIDE

The Society of British Dental Nurses (SBDN), the UK's professional society for dental nurses, has launched a new guide to help dental nurses at the start of their career to navigate all the requirements and key information needed to practise as a dental care professional in the UK.

From ensuring their CPD meets the GDC requirements, to career development and how to access support, this guide is a must-have for those new to dental nursing or those considering a career as a dental care professional, but all dental nurses, new or veteran, may find the information useful.

SBDN Executive Secretary, Nicola Sherlock (pictured), produced the guide and said:

'We wanted to put all the information a dental nurse would need together in an accessible way; something that could be handed out on dental nursing courses or easily downloaded for those studying online.

'At SBDN, we're aware that many dental nurses have come under fire for sometimes seemingly minor discrepancies in their annual CPD submissions which can cause major disruptions to their lives and career.



So, we're aiming this information and advice directly at brand new dental nurses in the hopes that they will never have to experience the consequences of this.'

SBDN has worked with the information provided by the General Dental Council to produce the new guide that provides tips and insight to help dental nurses understand what is expected of them in order to maintain their registration with the General Dental Council.

The guide will help dental nurses to:

- Understand what counts as verifiable eCPD
- Understand what information should be recorded to maintain a good activity log and personal development plan
- Find external resources of eCPD
- Understand what indemnity is and why dental care professionals must have it
- And much more.

Access the guide in full at: www.sbdn.org.uk

GUM HEALTH DAY HIGHLIGHTS THE AESTHETICS OF HEALTHY GUMS

'Healthy gums look good on you! Protect them!' was the slogan for Gum Health Day 2023, a worldwide public-health campaign held on 12 May.



The event was led by the European Federation of Periodontology (EFP) and developed by its national member societies in more than 30 countries in all continents. The initiative aims to inform the general public about the detrimental effects of gum diseases on both oral and overall health, and the advantages – including aesthetic advantages – of keeping their gums healthy.

Spyros Vassilopoulos, Gum Health Day 2023 co-ordinator said: 'This year's campaign focuses on aesthetics and wellbeing, since gum health plays a part in raising each person's personal appearance, self-esteem, and allure, whatever their age, gender, and condition. A healthy smile comprises two major components: our teeth, driven by the white aesthetics, and gums, driven by pink aesthetics. Both of these components need to be healthy for a person to have an appealing smile and, even more importantly, in order to look good because you feel good and healthy.'

'One common regret among patients is that they have lost the tissue between their teeth. These gaps, or "black triangles", make them feel uncomfortable. Unfortunately, trying to regrow that tissue is one of the most challenging and unpredictable tasks in periodontal surgery. It makes much more sense in terms of beauty, cost, time, and outcomes to protect your gums by keeping them healthy rather than trying to undo the damage of periodontal disease once it has already been inflicted.'

'Many devote a lot of time and energy to their appearance – so protecting your gums is the smart move. If your clothes or shoes are important to your looks, so are your gums. Wearing healthy gums greatly contributes to your appearance.'

WHAT ARE THE CHALLENGES OF DENTAL DECONTAMINATION?



Working in collaboration with the British Association of Dental Nurses (BADN) and Dentaaid The Dental Charity, the survey will bring together opinions and experiences from all dental professionals with the aim of improving patient treatment outcomes.

The survey should only take 4-6 minutes.

Participants will be emailed

with a summary of the findings and be in with a chance of receiving a £100 Amazon voucher.

The survey closes on 28 May 2023: <https://bit.ly/3UN7hUN>.

CleanCert Hygiene are conducting a nationwide dental survey to provide an insight into the challenges of dental decontamination for all dental professionals.