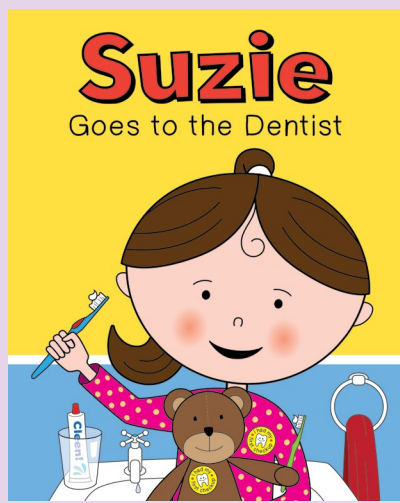


SUPPORTING CHILDREN TO VISIT THE DENTIST

The children's book 'Suzie goes to the dentist' helps children prepare and cope with everyday situations and scenarios. The book is part of a series of 'Suziebooks' written by Charlotte Olson, a teaching assistant whose son William was diagnosed with Asperger's syndrome, a form of autistic spectrum disorder (ASD) when he was in year 5 at school.

For more information on Suziebooks or to order copies visit www.suziebooks.co.uk.



DENTAL GROUP SUPPORTS WORKFORCE TO BUILD HAPPIER CAREERS

The rise in mental health awareness is well reported within the dental profession. Despite this, little action is taken to help prepare dental students for such a high-pressure job and many report a lack of support whilst working in the dental practice.

Real Good Dental, however, is looking to support its workforce and recently hosted an event for its employees called Mental Health within Dentistry with Dr Mahrukh Khwaja, founder of Mind Ninja.

Lizzy Holden, social media manager at Real Good Dental, said: 'We've had a few conversations with dentists and dental nurses previously and they've said they

have struggled with their mental health. Many dentists suffer from burnout; it's a risk much higher than any other profession. It's a statistic we want to tackle.

'Now we're offering Real Good Dental team members gym memberships, access to mental wellbeing apps, discounts for various wellbeing support. So, we're trying to tackle it in a few different ways.'

The day gave attendees tools to better understand their mental health and recognise when to rest and focus on themselves, as well as giving them the tools to be more resilient to external forces.

With breakout sessions throughout the day, it gave delegates the opportunity to

network, discuss their own experiences and help support each other.

If you are looking for help to achieve and maintain clinical excellence for patients, as well as access to a network of experts to support you at every turn, visit www.realgooddental.com, email tom.corcoran@realgooddental.com or call 0131 374 7825 for further information.



ULTIMATE PROTECTION AGAINST PATHOGENS

Antibiotic resistant pathogens are on the rise. To help slow the rate of these pathogens evolving, it is vital that all healthcare settings practice an excellent standard of infection control. The Signature Hand and Surface Sanitiser from Initial Medical is a trusted choice.

This versatile spray is suitable for use on both surfaces and hands, rapidly killing 99.99% of pathogens. Plus, its dermatologically tested formula is kind on skin, making it ideal for repeated use.

To find out more, get in touch at 0870 850 4045 or visit the website today: www.initial.co.uk/medical.



BANISH BAD BREATH

Mouthwash plays a crucial role in preventing bad breath – an embarrassing, yet highly preventable issue. The Breath Co provides a refreshingly different solution that will help your patients tackle unpleasant odour, including mouthwash solutions – The Breath Co 12-hour Fresh Breath Oral Rinse in mild and icy mint.

Formulated by a dentist, these solutions are alcohol-free for no harsh afterburn, and support (not strip!) the natural balance of the mouth for 12 hours after use. Unconditionally guaranteed to stop bad breath, the patented formula utilises the natural germ fighting power of oxygen to get to the source of bad breath and gum irritation.

Many patients suffer from bad breath – with The Breath Co oral rinses, you can help them smile with confidence.

For more information about The Breath Co, visit <http://www.thebreathco.com/>.

