

PROFESSIONALLY CLEAN DENTAL APPLIANCES AT HOME

In recent years, the use of clear plastic aligners has soared. As a result of wearing the aligners for up to 22 hours of the day, it's essential to clean them properly to maintain their look and preserve excellent oral health.

Dental Pod offers a precise and effortless solution – ultrasonic cleaning for all dental appliances.

Zima Dental has engineered the Dental Pod to use 42,000 Hz high-frequency sound waves. The sound waves create a vibration producing millions of nano-scale bubbles; this action, called 'cavitation', occurs on average 4,000 times per second, eliminating harmful bacteria and plaque build-up, even in the smallest crevices, with no abrasion.

Ultrasound is a cleaning method used and trusted in dental practices for decades; Dental Pod allows users to utilise this technology from the comfort of their own home in just five minutes.

For more information, visit <https://zimadental.co.uk/products/ultrasonic-retainer-cleaner>.



BEST IN CLASS WATER FLOSSER



GQ magazine recently announced its top 10 water flosser products, with the Waterpik Cordless Plus Water Flosser coming out number one.

The solution was praised for its powerful operation, affordable price and aesthetic design, with the publication dubbing it 'Best Water Flosser'. The Waterpik Whitening Water Flosser was also heralded as the 'Best Whitening Water Flosser' and recommended as a great option for anyone looking to whitening and brighten their smiles.

This is just the latest in a long line of evidence supporting the effectiveness and popularity of the

Waterpik Water Flosser, which is the No. 1 preferred water flosser among consumers around the world and this year is celebrating 60 years of existence.

It is clinically proven to remove up to 99.9% of biofilm from treated areas in just three seconds,¹ up to 50% more effective than traditional dental floss for reducing gingival bleeding² and up to 56%

more effective for reducing whole mouth bleeding than interdental brushes.³

To see for yourself why the product remains a top choice for patients and professionals alike, book a Lunch & Learn with your local Professional Educator today!

For more information on Waterpik products visit www.waterpik.co.uk. Waterpik products are available from Amazon, Costco UK, Argos, Boots, Superdrug and Tesco online and in stores across the UK and Ireland.

References

1. Gorur A, Lyle D M, Schaudinn C, Costerton J W. Biofilm removal with a dental water jet. *Compend Contin Ed Dent* 2009; **30(Special Iss 1)**: 1–6.
2. Rosema N A M, Hennequin-Hoenderdos N L, Berchier C E, Slot D E, Lyle D M, van der Weijden G A. The effect of interdental cleaning devices on plaque biofilm and gingival bleeding. *J Int Acad Periodontol* 2011; **13**: 2–10.
3. Goy C R, Lyle D M, Qaish J G, Schuller R. Comparison of water flosser and interdental brush on reduction of gingival bleeding and plaque: a randomized controlled pilot study. *J Clin Dent* 2016; **27**: 61–65.

JAW MOTION REHABILITATION

The OraStretch Press distributed by Total TMJ is a jaw motion rehabilitation system that patients can use at home.

It provides an anatomically correct stretch – even those with severely extended over or under bites, or those with missing teeth and dentures can use the OraStretch Press comfortably.

Other features:

- Easy to hold handles
- Small and light
- Improved fit – standard, extended and paediatric versions available.

The OraStretch Press can reduce swelling and pain, for example post oral-surgery or for treating trismus. Using different protocols, depending on the scenario, the patient will feel a light stretch, helping to increase bite strength.

For details, contact the distributor today.

For more details about Total TMJ and the products available, call 01202 313701.

<https://www.cranio rehab.com/orastretch>

