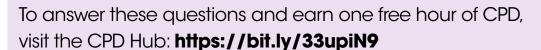
## **BDJ Team** CPD

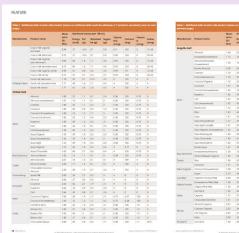
## **CPD questions** June 2021





#### Article: Plant-based milks: the dental perspective







FEATURE

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#### 1. Why might a consumer choose plant-based milk?

A. for environmental reasons

B. due to lactose intolerance

C. because a member of their household has cow's milk protein allergy

D. all of the above

#### 2. Select the false statement regarding children and milks.

A. cow's milk may be given to a baby once they turn one-year-old

B. plant-based milk may be given exclusively to a baby who has turned one-year-old

C. rice milks should not be given to children under five-years-old

D. UK guidance recommends that infants are exclusively breastfed until six months old where possible

### 3. Which of the following is true?

A. organic cow's milk contains more iodine than regular cow's milk

B. skimmed milk can be given to children from age two

C. cow's milk has negligible cariogenic potential

D. UK cow's milk is fortified with vitamin D



# 4. Which plant-based milk is regarded to have the lowest environmental impact, compared to other plant-based milks?

A. almond milk

B. rice milk

C. soya milk

D. oat milk

To answer these questions and earn one free hour of CPD, visit the CPD Hub: https://bit.ly/33upiN9.