



David Westgarth, Editor, BDJ Student

Almost eight years ago, I had the pleasure of being named the editor of *BDJ Student*. In that time, there have been many changes, but one thing has remained constant: the value of the student voice.

Take the student editor, for example. In *BDJ Student's* previous life as *Launchpad*, the student editor was Jonathan Lewney, who today finds himself as Associate Editor of the *BDJ Portfolio*, overseeing submissions to *BDJ Open*. Having a voice, being active, being engaged with the BDA and the *BDJ* pays off. I have lost count of the number of authors who published in *BDJ Student*,

YOUR VOICE MATTERS



PROFESSIONAL
HOW TO BE AN ALLY
By Hira Chandhry, University of Glasgow

PROFESSIONAL
'Unlike having a cake, there is no end to the success regarding quality, documentation and inclusivity. But there are steps we can take.'

have then gone on to *BDJ In Practice* and have seen their articles published in the *BDJ*. That applies to those who have held the role of student editor, too.

Taking a view from 30,000ft, you may not think – or even know about – the current political debate and commentary regarding dentistry, but those debates are

taking place to safeguard the future of the profession, your future. The BDA's Future Leaders Programme, the BDA Student Committee, the BDA Young Dentist Committee, the BDSA – all programmes, committees and

organisations designed to give you a platform, a voice and a say in dentistry of today and for tomorrow.

Fast forward to today and this issue of *BDJ Student*, we're focusing on careers and professional development to be another

branch of that preparation. As ever, we cannot do it without you. Are you a first year student with burning thoughts about the profession you've embarked on? Are you a fifth year student about to attach a larger set of training wheels and feel like you could impart wisdom on your younger colleagues? We always want to hear from you. We are published for students by students; your voice matters to us.

If you have an idea, drop me a line. If you've nailed down your article, submit it through our manuscript portal. If you want to see what we're up to at *BDJ* towers, follow us on social. To coin a phrase from a well-known supermarket, every voice helps.

David Westgarth ■



'I AM EXTREMELY PROUD OF AND CONTINUALLY INSPIRED BY THE ACHIEVEMENTS OF OUR VIBRANT DENTAL STUDENT COMMUNITY'



DCT 2 EQUIVALENCE: EVERYTHING YOU NEED TO KNOW!



A STUDENT'S GUIDE TO TREATING PATIENTS DURING DENTAL SCHOOL

By May Firoozmand, Medical University Varna, Bulgaria

'Prepare in advance prior to seeing every patient. By accumulating general with the patient, medical history and taking care of any underlying diseases or malocclusions. This approach will certainly improve your productivity.'



FLUORIDE

By Laura Wade, Arrows Park Hospital



THE YOUNG DENTIST: HOW DO YOU KNOW WHAT YOU DON'T KNOW?

By Laura Wade, Arrows Park Hospital

Further information

Want to discuss an idea? Email david.westgarth@bda.org

Want to submit your article? You can do so here: <https://mts-bdjstudent.nature.com/cgi-bin/main.plex>

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