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# **REVIEW ARTICLE** Noncoding RNAs in doxorubicin-induced cardiotoxicity and their potential as biomarkers and therapeutic targets

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Anthracyclines, such as doxorubicin (DOX), are well known for their high efficacy in treating multiple cancers, but their clinical usage is limited due to their potential to induce fatal cardiotoxicity. Such detrimental effects significantly impact the overall physical condition or even induce the morbidity and mortality of cancer survivors. Therefore, it is extremely important to understand the mechanisms of DOX-induced cardiotoxicity to develop methods for the early detection of cytotoxicity and therapeutic applications. Studies have shown that many molecular events are involved in DOX-induced cardiotoxicity. However, the precise mechanisms are still not completely understood. Recently, noncoding RNAs (ncRNAs) have been extensively studied in a diverse range of regulatory roles in cellular physiological and pathological processes. With respect to their roles in DOX-induced cardiotoxicity, microRNAs (miRNAs) are the most widely studied, and studies have focused on the regulatory roles of long noncoding RNAs (lncRNAs) and circular RNAs (circRNAs), which have been shown to have significant functions in the cardiovascular system. Recent discoveries on the roles of ncRNAs in DOX-induced cardiotoxicity have prompted extensive interest in exploring candidate ncRNAs for utilization as potential therapeutic targets and/or diagnostic biomarkers. This review presents the frontier studies on the roles of ncRNAs in DOX-induced cardiotoxicity, and prospects of using ncRNAs as diagnostic biomarkers or therapeutic targets, and discusses the possible reasons for related discrepancies and limitations of their use.

Keywords: noncoding RNAs; doxorubicin; cardiotoxicity; biomarkers

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## INTRODUCTION

Doxorubicin (DOX), as a representative of the anthracycline family, is widely used in clinical settings for a variety of malignancies, such as breast cancer, lymphomas and leukemia [1]. DOX is also well known for its serious cardiotoxicity, manifesting as irreversible degenerative dilated cardiomyopathy (DCM) and the consequent congestive heart failure (CHF), which impacts long-term antitumor therapy outcomes [2]. In recent decades, researchers have extensively studied and addressed the mechanisms of DOX-induced cardiotoxicity, including DNA damage, excessive reactive oxygen species (ROS) generation, mitochondrial dysfunction, endoplasmic reticulum (ER)-mediated apoptosis, and disturbances to calcium homeostasis [3–7]. However, the whole picture is still far from being complete.

In recent years, the roles of noncoding RNAs (ncRNAs) in DOXinduced cardiotoxicity have attracted great attention and are considered a promising field to explore. NcRNAs have been reported to regulate gene expression and protein functions, thereby participating in cell proliferation, apoptosis, differentiation, metabolism and many other biological processes [8]. Unsurprisingly, with the depth of current research, ncRNAs have been shown to play key roles in DOX-induced cardiotoxicity, which is associated with multiple mechanisms [9, 10]. Thus, we summarize the updated research on DOX-induced cardiotoxicity related to ncRNAs and discuss their potential as diagnostic biomarkers and therapeutic targets. The goal of this review is to provide a new perspective for viewing cardiotoxicity prevention and intervention approaches during chemotherapy.

## MICRORNAS AND DOX-INDUCED CARDIOTOXICITY Introduction to microRNAs

MicroRNAs (miRNAs) are a class of endogenous single-stranded ncRNA molecules that are ~20 nucleotides in length, and their sequences are highly conserved among different species [11]. MiRNA regulation is mainly realized through base pairing, with miRNA binding to specific sites of target gene messenger RNAs (mRNAs), to exert their function of negatively regulating gene expression [8, 12]. Clinical trials and animal experiments have shown that miRNAs take part in various cardiovascular diseases, such as coronary heart disease, ischemia-reperfusion injury, heart failure and DOX-induced cardiotoxicity [9, 13–15]. Regarding DOX-induced cardiotoxicity, many miRNAs have been reported to participate in multiple pathological processes (Fig. 1) [9, 10, 16]. These miRNAs target different protein mRNAs and damage heart cells by inducing apoptosis, mitochondrial dysfunction, ROS and ER stress (Table 1).

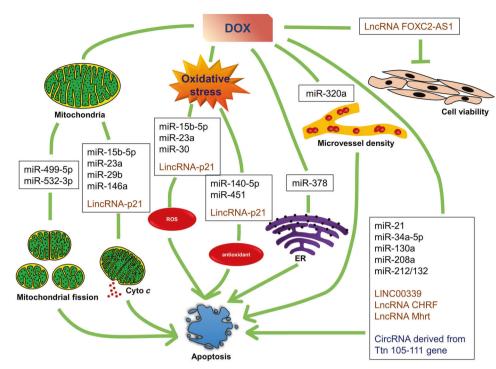
MiRNAs and DOX-induced mitochondrial-mediated apoptosis Several studies have suggested that apoptosis is the predominant cellular event in DOX-induced cardiotoxicity, as evidenced by

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**Fig. 1** NcRNAs involved in different mechanisms of DOX-induced cardiac cell apoptosis. MiR-499-5p and miR-532-3p regulate DOX-induced mitochondrial fission; miR-15b-5p, miR-23a, miR-29b, miR-146a and LincRNA-p21 regulate the DOX-induced decline in mitochondrial membrane potential and cytochrome *c* release; miR-15b-5p, miR-23a, miR-30 and LincRNA-p21 regulate DOX-induced ROS production; miR-140-5p, miR-451 and LincRNA-p21 regulate DOX-induced change of antioxidant levels; miR-378 regulates DOX-induced ER stress; miR-320a regulates the DOX-induced impact on microvessel density; miR-21, miR-34a-5p, miR-130a, miR-208a, miR-212/132, Linc00339, LncRNA CHRF, LncRNA Mhrt and CircRNA derived from the Ttn 105-111 gene regulate DOX-induced apoptosis with no clearly indicated mechanisms; and LncRNA FOXC2-AS1 regulates DOX-induced reduction in cell viability.

morphological changes and the results of TdT-mediated dUTP nick end-labeling (TUNEL) assays, as cardiomyocytes are terminally differentiated and cannot regenerate [17, 18]. Among the many pathways of apoptosis, mitochondrial-dependent apoptosis has been intensively studied. DOX-induced cardiotoxicity is closely associated with mitochondrial morphological changes and dysfunction, as mitochondria are enriched in cardiomyocytes [3, 4]. DOX binds to abundant mitochondrial cardiolipin and forms the DOX-cardiolipin complex. This complex disrupts the electron transport chain (ETC), and less free cardiolipin is available for anchoring cytochrome c [19]. In addition, DOX may directly intercalate into mitochondrial genome-mtDNA to form adducts. These adducts disturb normal mitochondrial functions and alter the functions of protein subunits within a mitochondrion [20]. Additionally, DOX induces cytochrome c release from a mitochondrion. Cytochrome c is involved in the activation of cytoplasmic apoptotic protease activation factor-1 (Apaf-1), ATP/dATP and caspase-9, resulting in the initiation of the caspase cascade, which ultimately leads to cardiomyocyte apoptosis [21].

Structurally, mitochondria are constantly undergoing fission and fusion to maintain their functions, and excessive fission has been shown to contribute to cardiac injury under certain conditions, such as ischemia and DOX treatment [22, 23]. Our previous studies focused on mitochondrial fission and DOXinduced cardiotoxicity, and we have identified the regulatory roles of miRNA-532-3p in DOX-induced cardiotoxicity [9]. Upon DOX treatment, miR-532-3p is upregulated and participates in DOXinduced mitochondrial fission and apoptosis by directly targeting ARC, an apoptosis suppressor. Our team reported that ARC was downregulated in pathological heart conditions, whereas the overexpression of ARC inhibited DOX-induced mitochondrial division, thereby attenuating myocardial apoptosis [9]. Another study by our team showed that miR-499-5p regulates mitochondrial fission during myocardial infarction [24]. Interestingly, in our most recent study, we found that miR-499-5p expression was reduced upon DOX treatment, which led to the upregulation of the target p21, a transcription factor involved in heart injury, subsequently causing mitochondrial fission and apoptosis in DOX-induced cardiotoxicity [25]. In addition, therapeutically enhanced miR-499-5p expression enhanced cardiac functions, suggesting that the downregulation of miR-499-5p may be the cause of DOX cardiotoxicity [25].

Functionally, DOX-related mitochondrial injury is characterized by the loss of mitochondrial membrane permeability and cytochrome c release [4, 21]. Heart-abundant miR-146a, which had previously been reported to be upregulated by NF-KB, showed an increase in neonatal rat cardiac myocytes after DOX exposure [26]. MiR-146a enhanced the DOX-induced decrease in mitochondrial membrane potential and cardiomyocyte apoptosis by targeting ErbB4, which belongs to the epidermal growth factor receptor (EGFR) family and is well known for its essential roles during cardiac and neuronal development [26]. However, this study did not explore whether this DOX-triggered miR-146a dysregulation was found in vivo. In addition, the downregulation of miR-29b negatively affected the proapoptotic protein Bax by directly binding the Bax 3'UTR region, which activates the mitochondria-mediated intrinsic apoptotic pathway [27]. MiR-29b agomir ameliorated DOX-induced cardiac injury, which showed that a decrease in miR-29b levels may be the causal factor in DOX-induced cardiotoxicity.

#### MiRNAs and DOX-induced ROS-related apoptosis

Mitochondria and oxidative stress are inextricably linked in DOXinduced cardiotoxicity, and their relationship creates a vicious circle. DOX metabolism produces semiquinone radicals, which then form superoxide and ROS in a series of reactions known as

NcRNA	Regulation	Targets	Biological effects	Cell type	Reference
miRNAs					
miR-15b-5p	Up	Bmpr1a	Mitochondrial dysfunction, ROS & apoptosis	Cardiomyocyte	[33]
miR-21-5p <sup>a</sup>	Up	BTG2	Apoptosis	Cardiomyocyte	[44]
miR-23a-3p	Up	PGC-1a	Mitochondrial dysfunction, ROS & apoptosis	Cardiomyocyte	[34]
miR-29b-3p	Down	Bax	Mitochondrial dysfunction & apoptosis	Cardiomyocyte	[27]
miR-30e-5p	Down	β1AR,β2AR,Gia-2 & BNIP3L	ROS & apoptosis	Cardiomyocyte	[35]
miR-34a-5p	Up	Sirt1/P66shc	Apoptosis	Cardiomyocyte	[45]
miR-130a-3p	Up	PPARγ	Apoptosis	mESC-derived cardiac cells	[46]
miR-140-5p	Up	Nrf2 & Sirt2	Increase of ROS	Cardiomyocyte	[10]
miR-146a-5p	Up	ErbB4	Mitochondrial dysfunction & apoptosis	Cardiomyocyte	[26]
miR-208a-3p	Up	GATA4	Apoptosis	Cardiomyocyte	[43]
miR-212-3p/miR-132-3p	Down	Fitm2	Apoptosis & atrophy	hiPSC-derived cardiomyocyte	[42]
miR-320a-3p	Up	VEGF-A	Reduce cardiac microvessel density & apoptosis	HUVEC	[48]
miR-378a-5p	Down	LDHA & PPIA	Energy metabolism disturbance & ER stress	Cardiomyocyte	[16]
miR-451-5p	Up	Cab39	ROS & apoptosis	Cardiomyocyte	[39]
miR-499-5p	Down	p21	Mitochondrial fission and apoptosis	Cardiomyocyte	[25]
miR-532-3p	Up	ARC	Mitochondrial fission & apoptosis	Cardiomyocyte	[9]
Let-7g-5p	Down	-	-	Cardiomyocyte	[47]
LncRNAs					
LINC00339	Up	miR-484	Apoptosis	Cardiomyocyte	[60]
lincRNA-p21	Up	Wnt/β-catenin	Oxidative stress & cardiac senescence	Cardiomyocyte	[59]
LncRNA CHRF	Up	TGF-β/Smads TGF-β/p38	Apoptosis	Cardiomyocyte	[ <mark>6</mark> 1]
LncRNA FOXC2-AS1	Down	WISP2 (intermediators in between)	Reduce viability	Cardiomyocyte	[63]
LncRNA Mhrt	Down	Nrf2	Apoptosis	Cardiomyocyte	[62]
CircRNA					
CircRNA derived from Ttn 105-111 gene		<b>Upstream</b> Qki5- an RNA-binding protein (RBP)	Apoptosis & atrophy	Cardiomyocyte	[68]

<sup>a</sup>MiRNAs in Tables 1 and 2 were indicated with the -3p or -5p suffix according to their sequences in the latest version of miRBase (The miRBase Sequence Database - Release 22.1) to keep consistent with miRNA nomenclature. And the in-text miRNAs nomenclature is kept same with their original research articles.

the redox cycle [3]. During the redox cycle, ROS are continuously formed, and they interact with some intracellular components and induce oxidative damage to biological macromolecules, eventually resulting in tissue injury [28, 29]. Mitochondria are the major sites at which ROS are produced in the heart, and the binding of DOX to mitochondrial cardiolipin leads to the hampers of the activity of complex I and disrupts the ETC, resulting in increased ROS production [30]. Elevated ROS levels can cause mtDNA damage, which can lead to the downregulation of ETC proteins encoded by mtDNA, exacerbating mitochondrial dysfunction [31]. In addition, excessive ROS alter the mitochondrial permeability transition pore (mPTP) opening, resulting in the loss of mitochondrial membrane potential, which in turn causes the release of cytochrome *c* to trigger apoptotic factors [32].

The involvement of miR-15b-5p and miR-23a in DOX-induced cardiomyocyte apoptosis was investigated not only in the

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mitochondria-related pathway but also with respect to ROSrelated mechanisms. MiR-15b-5p significantly enhanced the effects of DOX on mitochondrial membrane permeability impairment and ROS production [33]. Both the overexpression of miR-15b-5p or the inhibition of its target, Bmpr1a, exacerbates DOX-induced cardiomyocyte apoptosis by causing a decrease in the Bcl-2/Bax ratio (an antiapoptotic indicator) [33]. Similarly, miR-23a is upregulated upon DOX treatment, which can induce excessive mitochondrial fission, leading to enhanced phosphorylation of dynamin-related protein-1 (Drp1), suppression of mitofusin 2 (Mfn2) and mitochondria pathway-dependent cardiomyocyte apoptosis [34]. An miR-23a inhibitor demonstrated protective effects on DOX-treated cardiomyocytes by restoring the mitochondrial membrane potential and suppressing oxidative stress by targeting PGC-1a and repressing Drp1 phosphorylation [34]. Unfortunately, neither miR-15b-5p nor miR-23a has been studied for its role in regulating cardiac function.

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MiR-30a, miR-30d, and miR-30e were found to be downregulated upon DOX treatment, and they share the same basal sequences, which is predicted to target the same genes. MiR-30e showed the greatest dysregulation among these miRNAs and has been shown to target  $\beta$ 1AR,  $\beta$ 2AR, Gia-2 and BNIP3L/NIX [35]. Additionally, activation of the BNIP3 gene led to mPTP opening, loss of mitochondrial membrane potential and cardiomyocyte death [36]. Hence, overexpression of miR-30 reduced DOX-triggered ROS, the Bax/Bcl-2 expression ratio, and caspase activity, which confirmed the benefit of high miR-30 levels in cardiomyocytes [35].

Moreover, DOX also markedly decreases endogenous antioxidants, which accelerates oxidative stress. Therefore, the overexpression of antioxidants shows beneficial effects [37, 38]. In vitro and in vivo studies revealed that DOX caused an elevation of miR-140-5p and a decrease in its targets Nrf2 and Sirt2, which control oxidative stress by binding with antioxidant response elements and activating FOXO3a, respectively [10]. Applying miR-140-5p agomir to DOX-treated mice resulted in a decrease in superoxide dismutase (SOD) activity, while an antagomir did not affect SOD activity or enhance cardiac functions, which indicated that upregulation of miR-140 may be critical for DOX-induced cardiotoxicity [10]. Recently, a study revealed that miR-451 inhibition restored antioxidant-SOD activity and protected against DOX-induced cardiomyocyte apoptosis by activating the AMPK signaling pathway. In addition, a miR-451 inhibitor also ameliorated DOX-induced cardiac dysfunction [39].

### MiRNAs and DOX-induced ER stress-related apoptosis

In response to DOX treatment, increased ROS levels and calcium overload trigger myocardial ER stress, and in severe and persistent conditions, excessive calcium can affect the mitochondrial membrane potential and activate a range of distinct cell apoptotic signaling pathways [40, 41]. In a study by Wang et al., miR-378 played a cardioprotective role by affecting energy metabolism and ER stress, changing the mitochondrial membrane potential, which correspondingly repressed mitochondria-related gene-lactate dehydrogenase A (LDHA) and ER stress-related gene-cyclophilin A (PPIA) expression. As a result, miR-378 promoted cardiomyocyte viability and decreased the apoptosis rate [16].

## MiRNAs and other DOX-induced mechanisms

In addition, the pro-hypertrophic miR-212/132 family attenuated DOX-induced apoptosis and atrophy in primary rodent- and human-induced pluripotent stem cell (hs-iPSC)-derived cardiomyocytes [42]. DOX-treated experimental animals demonstrated that the overexpression of the miR-212/132 cluster improved the ejection fraction. In addition, a DOX-triggered decrease in the wall thickness of the myocardium, which is a parameter for atrophy, was alleviated by enhancing the miR-212/132 level. These findings revealed that lower miR-212/132 levels may be related to DOXinduced cardiotoxicity. At the cellular level, the overexpression of the miR-212/132 cluster led to a decreased apoptosis rate by directly enhancing its downstream target Fitm2, which is localized in the endoplasmic reticulum and is involved in lipid droplet accumulation [42]. Moreover, miR-21, miR-34a-5p, miR-130a, and miR-208a were also shown to be involved in the regulation of DOX-induced cardiomyocyte apoptosis, but no specific mechanisms were investigated (Table 1) [43-46]. Additionally, the downregulation of let-7g upon DOX treatment had an effect on DOX-induced cardiac injury [47].

In addition to the majority of studies being focused on cardiomyocyte apoptosis, Yin and colleagues investigated DOX-induced cardiotoxicity in endothelial cells and its impact on vascular homeostasis. MiR-320a was first reported to contribute to atherogenesis and was markedly increased in human umbilical vein endothelial cells (HUVECs) than it was in H9c2 cells upon DOX stimulation [48]. DOX increased the apoptosis rate and hampered the proliferation of HUVECs and impaired endothelial cell function.

The inhibition of miR-320a attenuated DOX-induced endothelial cell damage and enhanced microvessel density by targeting vascular endothelial growth factor (VEGF)-A, an important factor in vascular homeostasis, especially in regulating new vessel formation [48]. Endothelial cells promote cardiomyocyte survival via the paracrine secretion of vascular bioactive molecules [49]. For instance, a decrease in endothelial cell-derived nitric oxide (NO) was observed in DOX-treated HUVECs and mouse hearts, and restoration of cardiac NO levels preserved cardiac function in doxorubicin-treated mice [48, 50]. Moreover, endothelial cells act as a barrier to prevent the exposure of cardiomyocytes to harmful substances; however, the damage of DOX to the endothelium affects tight junctions, resulting in an increase in microvascular permeability, and in vivo studies have shown that increased permeability significantly decreases contractility and cardiac function [51, 52]. Hence, microvascular injury may be a preceding and contributory event to DOX-induced cardiotoxicity. In addition, miR-320a suppression also improved cardiac function, suggesting that DOX-induced upregulation of miR-320a may be the cause of cardiotoxicity.

## LNCRNAS AND DOX-INDUCED CARDIOTOXICITY

Introduction to IncRNAs

Long ncRNAs (IncRNAs) differ from miRNAs in that they are composed of more than 200 nucleotides, have mRNA-like structures, with some having poly-A tails [53]. LncRNAs can exert their biological functions through epigenetic modification, transcriptional regulation, and posttranscriptional regulation, and they can modulate the localization and function of proteins [54, 55]. Moreover, IncRNAs also serve as "miRNA sponges/decoys" and interact with miRNAs as competitive endogenous RNAs (ceRNAs) [56]. Recently, an increasing number of studies have focused on IncRNA regulation in cardiac development and remodeling [57, 58]. Additionally, IncRNA roles in DOX-induced cardiotoxicity have gained attention (Fig. 1) (Table 1).

#### LncRNAs in regulating DOX-induced cardiotoxicity

Similar to those of miRNAs, the mechanisms of lncRNAs in regulating DOX-induced cardiotoxicity are also involved in mitochondrial dysfunction and ROS generation. LincRNA-p21 plays a regulatory role in DOX-induced cardiomyopathy, and suppressing lincRNA-p21 attenuates the DOX-induced loss of mitochondrial membrane potential, oxidative stress and cardiomyocyte senescence by negatively modulating the  $\beta$ -catenin pathway, which has been shown to play an important role in age-related heart conditions [59].

Apoptosis remains the main focus of IncRNA- and DOX-induced cardiotoxicity. LncRNA LINC00339 was upregulated in response to DOX treatment and enhanced DOX-induced apoptosis by competitively sponging heart-enriched miR-484, which has been shown to inhibit mitochondrial fission and apoptosis [60]. LncRNA cardiac hypertrophy-related factor (CHRF), known to be involved in regulating cardiac hypertrophy, was also elevated upon DOX treatment. The inhibition of IncRNA CHRF ameliorated DOXinduced cardiomyocyte apoptosis via the TGF- $\beta$ /Smads and TGFβ/p38 pathways [61]. The IncRNA Mhrt level was decreased upon DOX treatment, a finding that was also observed in other heart conditions. The overexpression of Mhrt facilitated the binding of H3 histone to the Nrf2 promoter, thereby positively regulating Nrf2 expression and consequently abrogating DOX-induced cardiomyocyte apoptosis [62]. In addition, IncRNA FOXC2-AS1 and WNT1-inducible signaling pathway protein-1 (WISP1) levels were both decreased and positively correlated in DOX-induced cardiotoxicity [63]. The overexpression of FOXC2-AS1 promoted cardiomyocyte viability by increasing WISP1 upon DOX treatment. However, the study did not further explore whether there are intermediators involved during the FOXC2-AS1- and WISP1mediated regulation of DOX cardiotoxicity [63].

Table 2.         MiRNAs as potential biomarkers and their clinical significance.						
MiRNA	Heart tissue	Circulating blood	Clinical significance			
miR-34a-5p	Upregulated in mice	Not tested	<ul> <li>♦ Superior to cTnT</li> <li>♦ Positively related to DOX dose</li> </ul>			
miR-150-5p	Downregulated in mice	Not tested				
miR-133a-3p/miR-133b-3p	Not tested	Upregulated in mice & patients	<ul> <li>Possible due to skeletal muscle injury</li> <li>No difference between cardiotoxic and non-cardiotoxic patients</li> </ul>			
miR-1-3p	Not tested	Upregulated in patients downregulated in mice	$\diamond$ Superior to cTnl $\diamond$ Correlated with LVEF changes			
miR-29b-3p	Downregulated in mice	Upregulated in patients	$\diamond$ Higher in patients with acute elevated cTnT			
miR-29c-3p	Not tested	Upregulated in patients	$\diamond$ Initiation of anthracycline			
miR-499-5p	Downregulated in mice	Upregulated in patients downregulated in mice	<ul> <li>Higher in patients with acute elevated cTnT</li> <li>Positively correlated to decline in LVEF from initiation to completion of anthracycline</li> </ul>			
miR-208a-3p	Downregulated in mice	No changes in patients				
miR-208b-3p	Upregulated in mice	No changes in patients				

### **CIRCRNAS AND DOX-INDUCED CARDIOTOXICITY**

#### Introduction to circRNAs

Circular RNAs (CircRNAs) have a specific structure with exons and/ or introns back-splicing formed loops, without 5' end caps or 3' end poly-A tails, they are mostly present in the cytoplasm and derived from exons [64]. Some circRNAs can be translated into proteins, but the majority are noncoding RNAs [65]. In addition to interacting with various proteins, similar to other ncRNAs, circRNAs play regulatory roles similar to ceRNAs, thereby abolishing the effect of miRNAs on their target genes [66, 67]. Although studies on circRNAs are still in the early phase, the results of some studies have suggested that circRNAs are closely related to cardiovascular development and disease, and they drawing attention because their extensive expression and sustained stability are highly suitable for use as biomarkers [66, 68, 69].

## CircRNAs regulating DOX-induced cardiotoxicity

Qki5, an RNA-binding protein (RBP), is the most abundant Quaking family member in the heart, and it has been reported to regulate the formation of numerous circRNAs during the epithelial to mesenchymal transition and to suppress cardiomyocyte apoptosis in an ischemia-reperfusion model [70, 71]. DOX-induced downregulation of Qki5 suppressed circRNAs derived from Ttn, Fhod3 and Strn3 in mouse cardiomyocytes, which increased the DOXinduced apoptosis rate and extent of cell atrophy [68] (Fig. 1). On the other hand, simultaneous lentiviral-mediated Qki5 overexpression and knockdown of Ttn 105-111 did not reverse DOXinduced caspase activation. These findings indicate that Qki5derived circRNAs may be downstream protective mediators in Qki5-regulated DOX cardiotoxicity. Further in vivo studies revealed that the nuclear localization and moderate overexpression of Qki5 may be a requirement for its protective role in DOX-induced cardiotoxicity in mice (Table 1) [68].

# NCRNAS ARE PROMISING DIAGNOSTIC BIOMARKERS AND THERAPEUTIC TARGETS

#### MiRNAs as diagnostic biomarkers

The current diagnostic methods for DOX-induced cardiotoxicity are mainly based on echocardiography, which can only detect heart dysfunction or tissue damage after it has occurred. Circulating biomarkers such as troponin I, atrial-type and braintype natriuretic peptides (ANP and BNP) are also used to detect early signs of cardiac abnormalities [72, 73]. However, these diagnostic methods are neither specific nor sufficiently sensitive to diagnose preclinical DOX-related cardiomyopathy [72]. The more

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precise diagnostic method, endomyocardial biopsy, is invasive and costly and thus rarely used [74]. MiRNAs are drawing great attention as biomarkers of cardiac diseases, especially for early detection and for the possible prediction of DOX-induced myocardial injuries (Table 2). The initial studies on miRNAs as DOX-induced cardiotoxicity biomarkers were based on tissue miRNAs. A study conducted on different cumulative doses in DOXtreated mice showed that cardiac miR-34a was upregulated with cumulative doses of 6 mg/kg, and its expression level was positively related to DOX dose. This elevation of miR-34a occurred earlier than that of cardiac troponin T (cTnT), which was upregulated at a cumulative dose of 18 mg/kg [75]. In addition, miR-150 was markedly decreased at a dose of 12 mg/kg and was decreased further at higher doses, which might suggest sensitivity to DOX cardiotoxicity [75]. These findings provide guidance for developing miRNAs as biomarkers to detect DOX-induced cardiotoxicity prior to tissue damage. However, human tissue testing requires invasive procedures that make it impractical to use in clinical settings.

Subsequently, researchers have shifted their focus to circulating miRNAs, as several advantages make microRNAs suitable biomarkers: high stability, presence in almost all body fluids (blood, urine, saliva, serum, etc.), tissue-specific expression, and advanced measuring techniques [76, 77]. In the extracellular space and body fluids, miRNAs are resistant to degradation because they are formed and transported in complexes with protein Argonaute 2 (AGO2) or high density lipoproteins (HDLs) [78, 79]. On the other hand, circulating miRNAs are packed into extracellular vesicles (EVs), predominantly exosomes [80]. These major extracellular carriers make miRNAs highly stable and readily detected in blood samples. In a rat model, the elevated serum miRNA level postacute myocardial infarction (AMI) was downregulated in heart tissue, indicating that miRNAs were released into the bloodstream during cardiac injury [81]. In view of the variety of myocardial cells that may be affected during heart injury, a recent study revealed that the expression of plasma miRNAs is not cell-specific, but cardiomyocytes remain the main source of cells during the response to injury and stress [82]. Hence, plasma miRNAs as biomarkers for DOX-induced cardiotoxicity may be a promising research area.

Circulating miR-133a (heart- and skeletal muscle-specific) is increased earlier than cTnT in myocardial infarction patients [83]. In DOX-treated rats, both plasma miR-133a and miR-133b were also upregulated 24 h after a single dose was administered, which makes them possible biomarkers for DOX-induced cardiomyopathy [84]. However, this increase was possibly due to skeletal muscle injury, as indicated by heart-specific miR-208 levels remaining unchanged under the same conditions [85]. In 2016, 56 female breast cancer patients were enrolled in a clinical study, and the results demonstrated an increase in circulating miR-133b, but no obvious differences were observed for patients with induced cardiotoxicity and those without induced cardiotoxicity, which suggests that miR-133 is not a sensitive diagnostic marker [86].

Circulating miR-1 levels consistently increase in DOX-treated breast cancer patients with induced cardiotoxicity beginning during the second cycle of chemotherapy. In addition, this upregulation correlated with left ventricular ejection fraction (LVEF) changes, and the receiver operating characteristic (ROC) curve revealed that circulating miR-1 was more reliable than cardiac troponin I (cTnI) in identifying cardiotoxicity in terms of its sensitivity and specificity [86]. With results consistent to these outcomes, Leger et al. demonstrated that plasma miR-1 levels were elevated as early as 6 h post-anthracycline administration in children and young adult patients [87]. These findings make miR-1 a potential sensitive biomarker in the detection of DOX-induced cardiotoxicity. However, a recent study was conducted on mice treated with intraperitoneal injections of DOX (4 mg/kg) 3 times per week for 2 weeks (a total of 24 mg/kg) to screen differentially expressed circulating miRNAs in DOX-induced cardiac impaired mice with respect to those in mice unaffected by DOX. Surprisingly, the plasma miR-1-3p level was significantly decreased in the DOX-treated mice with measurable heart impairment [73]. Hence, more studies should consider these contradictory results to develop precise biomarkers.

In children and young adult patients receiving anthracyclines, plasma miR-29b and miR-499 are both increased. Moreover, patients with acute cardiac injury had higher plasma miR-29b and miR-499 levels compared with those with chronically elevated or normal cTnT levels, which suggests that the increases in miR-29b and miR-499 may be indicators of anthracycline-induced acute cardiac injury [87]. However, this study did not provide an assessment of LVEF. Another study conducted on pediatric patients receiving anthracycline chemotherapy revealed that serum miR-29c-3p and miR-499a-5p were upregulated during the initiation and completion of an anthracycline course, respectively. Additionally, the change in miR-499a-5p levels from initiation to completion of the anthracycline regimen was positively correlated with a decline in LVEF [88]. These findings may suggest that miR-499a-5p can serve as a biomarker of LVEF decline in pediatric patients receiving anthracycline. Interestingly, in mice treated with a total DOX dose of 24 mg/kg, similar to miR-1, the plasma miR-499-5p level was found to be decreased in DOXinduced cardiac impaired mice [73]. Additionally, as described above in this review, both miR-29b and miR-499-5p expression in cardiac tissue is downregulated in DOX-treated mouse models [25, 27].

MiR-208a and miR-208b show different expression trends in DOX-treated mice that are similar to those of the host transcripts (Myh6 and Myh7, respectively) [89]. However, neither miR-208a nor miR-208b was detectable in an experiment with breast cancer patients receiving DOX treatment [86]. Taken together, these data suggest that the potential for using miRNAs as biomarkers showed contrasting results in different studies, especially between species. The precise reasons for the differential expression of these circulating miRNAs are unclear. Species heterogeneity, animal model representativeness, and patients' basic medical condition may partially explain the discrepancies. Whether different signals are triggered following a few doses of DOX over 2 weeks in a mouse model versus cumulative doses over months in patients requires further study. It is also uncertain whether the time frames evaluated in most animal studies are comparable to those evaluated in clinical studies. Hence, there is a clear need for increased consistency in the research model used. Moreover,

miRNA (e.g., miR-133b mentioned previously) perturbation was also observed during DOX-induced cardiac impairment and nonimpairment, suggesting that miRNA regulatory roles in different phases of DOX cardiotoxicity still need to be explored. Additionally, whether patients' other medical conditions interfere with the mechanisms of DOX cardiotoxicity, resulting in inaccurate findings, also needs further investigation. Patients' preexisting medical conditions may contribute to the alteration of miRNA expression. For example, serum miR-29a is significantly upregulated in type 2 diabetes mellitus; miR-29b positively correlates with nonalcoholic fatty liver disease in a Chinese population; miR-29a, miR-29b, and miR-29c show higher expression levels in hypertensive patients compared with healthy control individuals [90–92]. In these cases, an elevation of miR-29 may not reflect the effectiveness of DOX in the patients receiving DOX treatment. All these findings affect the validity and reliability of the studies on miRNAs as biomarkers.

In addition, the current definition of cancer treatment-associated cardiovascular toxicity is characterized by LVEF reduction of more than 10% and less than 50% based on echocardiography, while changes in plasma troponins can be used only as adjunctive measurements to identify patients at risk for long-term cardiotoxicity [93]. Thus, studies comparing the sensitivity of miRNAs to troponins can address only the early detection of subclinical cardiac diseases. Further studies should focus more on the clinical relevance of using miRNAs as biomarkers and the extent of LVEF decline. Notably, studies have revealed that chronic progressive cardiac dysfunction is still observed in pediatric patient survivors years after anthracycline treatment, and in the one year after anthracycline treatment, 17% of pediatric patients still showed declined LVEF [94, 95]. Thus, exploring the specific and sensitive biomarkers for DOX-induced myocardial injury in this population needs more attention.

## MiRNAs as therapeutic targets

Although some plasma miRNAs are not consistently expressed, others are stable and are considered therapeutic targets for DOXinduced cardiotoxicity because they have normalized dysregulated miRNAs in mouse models. MiRNA agomirs and antagomirs have been used in animal studies to achieve short-term gain- or loss-of-function [96]. The antagomir was injected into the experimental mice to therapeutically silence miR-208a, which resulted in cardiac function improvements following DOX treatment [43]. Rats that were pretreated with miR-29b agomir displayed improved cardiac functions and lower mortality post-DOX treatment [27]. Treatment with miR-140-5p antagomir prior to DOX treatment markedly alleviated the abnormal histopathology of the myocardium and aberrant ECG induced by DOX [10]. Regarding the study of delivering miRNA to humans, miravirsen is a leading nucleic acid-modified DNA phosphorothioate antisense oligonucleotide that inhibits miR-122 for the treatment of hepatitis C that has completed a multicenter phase 2a trial [97]. However, there are restrictions to using antisense oligonucleotides. For example, the targeted miRNAs must be exquisitely designed for tissue specificity, as ubiquitously expressed miRNAs can be internalized by several organs (mainly the liver and kidney) upon systemic administration; however, studies insufficiently measure the effects on nontargeted tissues, ignoring off-target effects [97, 98]. In addition, high doses of synthetic oligonucleotides are required for systemic administration, which may elicit an immune response that could compromise safety [99].

Adeno-associated virus (AAV) vectors enhanced miR-499-5p expression in mouse hearts and attenuated DOX cardiotoxicity [25]. AAV-mediated miR-212/132 administration improved cardiac function and prevented cardiac apoptosis and atrophy in a DOX-induced cardiotoxic mouse model [42]. A combination of AAV vectors with miRNA decoys (tough decoys) achieved long-term miR-320a inhibition in mice and attenuated cardiac dysfunction [48].

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However, AAV can be possibly transduced in other organs, and prolonged expression of miRNAs may last a lifetime, which may cause harm [100]. These concerns about AAVs limit their applications. A new method for delivering miRNA mimics through direct intracardiac injection was proposed for use in myocardial infarcted mice, and this transient miRNA delivery was sufficient to drive a significant cardiomyocyte regenerative response [100]. Recently, CRISPR/Cas9 technology was used to edit miRNAs and was shown to be efficient and stable in the control of crossorganelle off-target effects [101]. New delivery methods are emerging, including negatively charged calcium phosphate nanoparticles, localized injection of miRNA-enriched extracellular vesicles, and ultrasound-based and microbubble-targeted delivery [102–104]. Overall, miRNA-based therapeutics for cardiovascular disorders are still in the preclinical phase. Hopefully, exploring tissue/cell-specific delivery techniques will provide more efficient and harmless methods for use in miRNA therapeutic interventions.

## FUTURE PERSPECTIVES AND CONCLUSIONS

Cancer therapies have continuously improved malignant patient outcomes and prognosis. However, DOX-induced irreversible cardiomyopathy is still a main concern and obstacle for clinical applications, which have gained increasing awareness. Despite years of investigations, the exact mechanisms of DOX-induced cytotoxicity are not fully elucidated. Moreover, advances in treatments have increased the number of survivors with lateoccurring, treatment-related cardiovascular complications, especially children or young patients, making it extremely difficult to detect and prevent. However, the majority of the current in vitro studies provide only short-term stimuli and investigate these acute changes, which might involve different mechanisms and signaling pathways than are involved in people who received DOX years ago. In addition, whether cardiomyocytes can represent all patient age groups is an issue to be considered. These issues may be the reasons that several potential biomarker miRNAs show different expression trends in mice and humans. In addition, in vivo studies lack definitive methods for detecting the early signs of cardiomyopathy in addition to the formation of tissue damage. Another concern is that the tumor itself may cause diverse expression of ncRNAs involved in the regulation of DOX cardiotoxicity. For instance, a study to identify the circulating miRNA signatures in breast cancer patients (without indicating their treatment status) showed that miR-1, miR-92a, miR-133a and miR-133b were upregulated in patient serum [105]. However, miR-1 and miR-133b showed the same trend in study of breast cancer patients who received DOX treatment introduced above. Therefore, although plasma miRNAs are easily accessible, measurable and possibly sensitive, thus showing great potential as diagnostic biomarkers, more specific studies are needed in the future. The protection of the heart without reducing the effect of DOX on tumors while exploring the use of ncRNAs as therapeutic targets is another problem to be solved. In addition, other anticancer agents have also been reported to cause cardiac events and dysregulation of ncRNAs, especially emerging targeted therapies and immune checkpoint inhibitors [106-109]. However, research in this field is still in its infancy, and further research is needed to distinguish the dysregulated ncRNAs caused by specific drugs. Finally, effective methods for therapeutically manipulating dysregulated miRNAs to reverse or prevent DOX-induced cardiotoxicity need to be explored.

Among the three types of ncRNAs, miRNAs are the most extensively studied, while the understanding the roles of lncRNAs and circRNAs in DOX-induced cardiotoxicity is still at an initial stage. However, mounting evidence suggests that both lncRNAs and circRNAs are associated with many cardiovascular diseases, such as the lncRNA HOX transcript antisense RNA (HOTAIR) and the circRNA transcribed from the sodium/calcium exchanger 1 (ncx1) gene (circNCX1), both of which play regulatory roles in myocardial infarction [110, 111], and the IncRNA taurine upregulated gene 1 (TUG1) and the heart-related circRNA (HRCR), which participate in the regulation of cardiac hypertrophy [69, 112]. Hence, the above mentioned ncRNAs possibly play functional roles in DOX cardiotoxicity, which requires further study. Increasing research suggests that IncRNAs and circRNAs are promising diagnostic/therapeutic targets because they are mostly tissue-specific and stably expressed. The LncRNA cardiac hypertrophy-associated transcript (CHAST), myocardial infarctionassociated circular RNA (MICRA) and hsa\_circ\_0124644 have also been tested for their potential roles as biomarkers for cardiovascular conditions [113–115]. These studies indicated that certain IncRNAs and circRNAs can be employed as biomarkers for heart diseases. Nevertheless, to determine whether they show the identical indications or can be identified as diagnostic tools in DOX-induced cardiotoxicity, further investigation is needed. In summary, future studies on ncRNAs in early-stage detection and preservation of cardiac structure and function upon DOX treatment while maintaining their roles in tumor cells will broaden the prospects for the clinical utilization of DOX.

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#### **ADDITIONAL INFORMATION**

Competing interest: The authors declare no competing interests.

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