# **REVIEW ARTICLE** The vascular phenotype of BPD: new basic science insights new precision medicine approaches

Wojciech Durlak<sup>1,2,3</sup> and Bernard Thébaud<sup>1,2,4⊠</sup>

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Bronchopulmonary dysplasia (BPD) is the most common complication of preterm birth. Up to 1/3 of children with BPD develop pulmonary hypertension (PH). PH increases mortality, the risk of adverse neurodevelopmental outcome and lacks effective treatment. Current vasodilator therapies address symptoms, but not the underlying arrested vascular development. Recent insights into placental biology and novel technological advances enabling the study of normal and impaired lung development at the single cell level support the concept of a vascular phenotype of BPD. Dysregulation of growth factor pathways results in depletion and dysfunction of putative distal pulmonary endothelial progenitor cells including Cap1, Cap2, and endothelial colony-forming cells (ECFCs), a subset of vascular progenitor cells with self-renewal and de novo angiogenic capacity. Preclinical data demonstrate effectiveness of ECFCs and ECFC-derived particles including extracellular vesicles (EVs) in promoting lung vascular growth and reversing PH, but the mechanism is unknown. The lack of engraftment suggests a paracrine mode of action mediated by EVs that contain miRNA. Aberrant miRNA signaling contributes to arrested pulmonary vascular development, hence using EV- and miRNA-based therapies is a promising strategy to prevent the development of BPD-PH. More needs to be learned about disrupted pathways, timing of intervention, and mode of delivery.

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#### **IMPACT:**

- Single-cell RNA sequencing studies provide new in-depth view of developmental endothelial depletion underlying BPD-PH.
- Aberrant miRNA expression is a major cause of arrested pulmonary development.
- EV- and miRNA-based therapies are very promising therapeutic strategies to improve prognosis in BPD-PH.

#### INTRODUCTION

Bronchopulmonary dysplasia (BPD) is the most common longterm complication of preterm birth.<sup>1</sup> The incidence of BPD is inversely correlated with gestational age and ranges from 23% in children born at 28 weeks of gestation to 73% in extremely preterm babies born at 23 weeks.<sup>2</sup> Additional risk factors for the development of BPD include male sex, chorioamnionitis, intrauterine growth restriction (IUGR), prolonged use of mechanical ventilation, exposure to high concentrations of oxygen, perinatal asphyxia, patent ductus arteriosus, and sepsis.<sup>1,3</sup> Pulmonary hypertension (PH) complicates the course of BPD in 17–37% of preterm infants. Furthermore, 2% of children who do not meet the current criteria for BPD are diagnosed with PH.<sup>4</sup>

The pathogenesis of PH associated with BPD (BPD-PH) is multifactorial and involves maternal, placental, fetal, and postnatal factors that disrupt the fetal maturation of the pulmonary vascular bed and interfere with the postnatal decline in pulmonary vascular resistance, hinting to the possibility of a specific vascular phenotype of BPD. These observations are further supported by a recent meta-analysis that identified prenatal predictors of BPD-PH including oligohydramnios, small for gestational age status and multiple gestations, as well as postnatal indicators—birth weight and gestational age, severity of BPD, history of sepsis, use of high frequency ventilation, duration of mechanical ventilation, duration of neonatal intensive care unit stay.<sup>5</sup>

BPD-PH is associated with additional morbidity, and adverse neurodevelopmental outcome in prematurity survivors. The reported mortality in children with BPD-PH is up to 50% in the first 2 years of life.<sup>6</sup> Currently, there is no treatment with proven efficacy in improving the prognosis of BPD-PH.

In this narrative review, we outline the limitations of currently available treatment methods for BPD-PH, summarize recent advances in understanding of pulmonary vascular maldevelopment, identify new promising treatment modalities with a particular focus on interventions that promote vascular growth, with an outlook on clinical translation.

#### TRADITIONAL VASODILATOR THERAPIES Regulation of the vascular tone

Pioneering work in the early 1980s identified three metabolic pathways involved in the regulation of pulmonary vascular tone. These have led to targeted medications for PH. These pathways include the endothelium-derived factors: nitric oxide (NO),

<sup>&</sup>lt;sup>1</sup>Regenerative Medicine Program, The Ottawa Hospital Research Institute (OHRI), Ottawa, ON, Canada. <sup>2</sup>Department of Cellular and Molecular Medicine, University of Ottawa, Ottawa, ON, Canada. <sup>3</sup>Jagiellonian University Medical College, Krakow, Poland. <sup>4</sup>Neonatology, Department of Pediatrics, Children's Hospital of Eastern Ontario (CHEO) and CHEO Research Institute, Ottawa, ON, Canada. <sup>SI</sup>

prostacyclin, and endothelin. NO activates soluble guanyl cyclase (GC) which increases intracellular cGMP to promote relaxation of vascular smooth muscle cells. The concentration of cGMP is tightly regulated, and it is broken down by phosphodiesterase 5 (PDE5). Prostacyclin, in turn, activates adenyl cyclase (AC) to increase the concentration of cAMP in smooth muscle cells, leading to vasorelaxation. Endothelin is one of the most potent endogenous vasoconstrictors and acts through  $ET_A$  and  $ET_B$  receptors in smooth muscle cells. These metabolic pathways are the target of all medications promoting pulmonary vasodilation used in PH.

#### Therapies targeting vascular tone and their shortcomings

Inhaled NO (iNO) is a potent and selective pulmonary vasodilator with well-documented efficacy in term and near-term newborns with persistent pulmonary hypertension of the newborn (PPHN).<sup>7</sup> The use of iNO in preterm infants <34 weeks of gestation is still under investigation and may be most advantageous in those with confirmed PH.<sup>8</sup>

Sildenafil, a PDE5 inhibitor, is the most widely used medication in the treatment of BPD-PH. However, data on its efficacy in newborns and infants based on randomized controlled trials are lacking. Small retrospective studies demonstrate that sildenafil decreases estimated pulmonary artery pressure,9-12 but improvement in clinically relevant endpoints has not been universally reported. Recently, results of a phase I study have been published, which demonstrate that sildenafil is well tolerated, and its use is only occasionally associated with relevant side effects, including hypotension.<sup>13</sup> Two larger, placebo-controlled studies evaluating the safety of sildenafil in preterm babies are currently recruiting patients (NCT04447989, NCT03142568). Sildenafil has been approved by the European Medicines Agency (EMA) for clinical use in children >1 year of age with pulmonary arterial hypertension (PAH), but not in babies with BPD-PH. Its use is frequently associated with other side effects, such as gastroesophageal reflux.

Riociguat, a recently developed GC stimulator demonstrates promising efficacy in preclinical studies.<sup>14,15</sup> Its off-label use has been occasionally reported in children with PH,<sup>16</sup> including case reports that demonstrate efficacy in severe, treatment-resistant PH.<sup>17</sup> It has not yet been tested in infants with BPD-PH.

The use of prostacyclin derivatives—epoprostenol,<sup>18</sup> iloprost,<sup>19–21</sup> treprostinil<sup>22</sup> has only occasionally been reported in infants with BPD-PH, with no randomized controlled trials published thus far and no ongoing studies registered in ClinicalTrials.gov database.

Similarly, experience with endothelin receptor antagonists bosentan,<sup>23</sup> macicentan, ambrisentan in BPD-PH is limited. Bosentan is mostly used in combination with sildenafil in infants with severe PH, in whom sildenafil does not provide control of symptoms.<sup>24</sup> It is frequently associated with side effects, including liver toxicity.

Traditional vasodilator therapies remain the mainstay of treatment in infants with established BPD-PH, even though they lack data on safety and efficacy. These medications are only effective in mitigating symptoms. They do not address the underlying developmental pathology in the pulmonary vasculature. These limitations support the search for new therapeutic avenues. Recent advances grounded in preclinical research provide a rationale for endothelial progenitor cell-based therapies to specifically target interrupted lung vascular development with the promise to improve the prognosis in BPD-PH.

## PULMONARY VASCULAR MALDEVELOPMENT AS A TARGET FOR THERAPEUTIC INTERVENTIONS

Evidence over the past 20 years indicates the critical role of pulmonary vascular development in normal and impaired lung growth. Fetal pulmonary vascular development is classically driven by two processes: vasculogenesis – the *de novo* formation of blood vessels from angioblasts, and angiogenesis—formation of blood vessels from existing ones. Developing airways not only constitute a structural framework for vascular bed, but epithelial cells send paracrine signals directly stimulating endothelial development, and normal lung development is most likely determined by interactions between both.

#### Angiogenic growth factors

Pulmonary vascular development is tightly regulated by several growth factors. Vascular endothelial growth factor (VEGF), its receptors—FLK1 and FLT1, hypoxia inducible factor (HIF) family, NF-κB, nitric oxide and nitric oxide synthase (NOS), amongst others, play a crucial role in pulmonary vascular development and parenchymal maturation. Genetic and environmental factors that cause disruption of these pathways result in early demise or a severe phenotype associated with arrested pulmonary vascular development and parenchymal simplification.<sup>25–29</sup>

The role of alterations in bone morphogenetic protein receptor type 2 (BMPR2) related signaling has been well described in adult and pediatric PAH.<sup>30,31</sup> Data from preclinical neonatal models confirm these observations in BPD-PH.<sup>32</sup> Higher concentrations of BMP10, a member of the proangiogenic BMP family, were reported in preterm newborns who subsequently developed BPD-PH.<sup>33</sup> Furthermore, impaired BMPR2 signaling is a hallmark of early pulmonary vascular injury.<sup>34</sup>

Many growth factors govern the fetal lung development: TGF- $\beta$ 1 overexpression leads to phenotype similar to BPD,<sup>35</sup> and its downstream target—caveolin 1 is a key regulator of endothelial nitric oxide synthase (eNOS) and extracellular matrix remodeling.  $Cav1^{-/-}$  mice demonstrate reduced lung compliance and airway resistance.<sup>36</sup> Other examples include connective tissue growth factor (CTGF)—another downstream target of TGF-B1 and a potent stimulator of vascular smooth muscle cell proliferation, and fibroblast growth factor 10 (FGF10)—a key stimulator of early branching morphogenesis. Their role was first established in normal lung development. Data from animal models of BPD and genetic knock-out studies confirmed the causative role of abnormal signaling in arrested pulmonary development. The imbalance in other pro- or antiangiogenic molecules, such as angiopoietin 1 and endostatin also impair vascular maturation.<sup>38-40</sup> All of these have been proposed as targets for therapeutic interventions; however, to date, no clinical trials based on modification of these pathways have been initiated. Moreover, several antenatal interventions have been considered as candidate strategies to prevent arrested pulmonary development. Gestational vitamin D deficiency has been linked to pulmonary diseases in children<sup>41</sup> and abnormal lung development.<sup>42</sup> Treatment with vitamin D during the critical period for lung development has recently been demonstrated to attenuate hyperoxia-induced alveolar simplification through increased HIF-1a and VEGF signaling.<sup>43</sup> Other chemical HIF stabilizers have been investigated as potential protective factors in early lung development.4

#### ENDOTHELIAL PROGENITOR CELLS

## Evidence for endothelial progenitor cell depletion and dysfunction

The "new" BPD is characterized by alveolar simplification and vascular paucity typical for arrested lung development. Angiogenic growth factors released during the acute injury stimulate the function and migration of endothelial progenitor cells (EPC) to the injury site and promote repair mechanisms.<sup>46</sup> That makes these cells appealing therapeutic candidates for treatment of BPD-PH. The discovery of adult circulating EPCs by Asahara in 1997 with subsequent characterization of umbilical cord blood-derived endothelial colony-forming cells (ECFCs) and resident pulmonary

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microvascular endothelial progenitor cells paved the way for characterization of their role in pulmonary vascular development.4 These cells are highly proliferative, have self-renewal capacity and robust angiogenic properties. Animal model data confirm that hyperoxia reduces the number of bone marrow, circulating and lung residual endothelial progenitors.<sup>50</sup> Furthermore, ECFCs have been identified in greater numbers in the cord blood of preterm babies compared to term babies, notably though the exposure to hyperoxia impaired the function of preterm ECFCs.<sup>51</sup> Even more intriguing, the number of ECFCs in the cord blood of preterm infants who developed BPD was reduced compared to preterm infants without BPD.<sup>52</sup> This finding supports the role of the antenatal origins of vascular progenitor cell dysfunction in the pathogenesis of BPD. Resident ECFCs were also identified in developing human and rat lungs.<sup>53</sup> Exposure of these cells to hyperoxia alters their vasculogenic properties, which in turn contributes to arrested pulmonary vascular development resulting in the BPD-PH phenotype in these animals. Recently Ren et al. identified a specific population of endothelial progenitors expressing cKIT (cKIT+) that stimulate alveolar maturation and are dependent on FOXF1-a transcription factor that regulates a network of genes involved in pulmonary angiogenesis. These cells lose their proangiogenic properties when exposed to hyperoxia.<sup>5</sup>

## Antenatal triggers of ECFC dysfunction

Previous work has highlighted the critical role of placental vascular abnormalities and the link with BPD<sup>48,49</sup> supporting the vascular hypothesis.<sup>50</sup> The role of ECFCs in vascular development has been explored in the context of adverse prenatal events, such as preeclampsia and IUGR—both known risk factors for neonatal PH. Munoz-Hernandez et al. demonstrated that newborns whose mothers suffer from preeclampsia carry a lower number of ECFCs in their cord blood compared to the control group. They were unable to detect ECFC dysfunction.<sup>55</sup> Differences in the number of ECFCs in cord blood were further confirmed by Gumina et al., moreover, impaired growth and migration of ECFCs in the preeclampsia group were reported.<sup>56</sup> Unlike these two studies, which do not offer any insight into possible mechanisms of this association, recently Schroeder-Heurich et al. identified downregulation of miR-1270 as the mechanism that explains ECFC dysfunction in babies of women with preeclampsia.<sup>57</sup> Similarly, term ECFCs in cord blood of babies born with IUGR, irrespective of the etiology are less abundant and their functional capacity is diminished.<sup>58</sup> These findings demonstrate that dysfunction of endothelial progenitors originates in antenatal period and may be the missing link between both early complications, such as PH, but also long-term cardiovascular sequelae.

# Novel endothelial cell revelations when looking at lung development at the single-cell level

The dissemination of single-cell-based analytical methods has revolutionized our understanding of the complex processes involved in pulmonary vascular development. This resulted in identification of endothelial cell subtypes and their developmental trajectories in the immature lung. Vila Ellis et al.<sup>29</sup> were the first to identify the transcriptionally distinct population of endothelial cells that produce carbonic anhydrase 4. These cells were described by Gillich et al.<sup>59</sup> as aerocytes (aCap) together with a second population of pulmonary capillary cells—general capillary cells (gCap). The first are large, complex cells, spanning across multiple alveoli, equipped with pores. gCap cells, on the other hand, are much smaller, have fewer pores, but are more abundant. Not only do these cells have different morphologies, but they also perform distinct functions. Aerocytes build the surface area for gas exchange and are involved in leukocyte trafficking, whereas gCap cells have the capacity of antigen-presenting cells and serve as progenitor cells to generate aCap cells after injury. Lineage tracing demonstrated that these cells indeed derived from a common progenitor cell. Negretti et al. provided even more in-depth insight into the developmental trajectories of these newly recognized populations of endothelial cells.<sup>60</sup> In their single-cell atlas of lung development they demonstrated that aCap cells first appear in the initial phase of the saccular stage of lung development (E18 in mouse lung) - at the same time as alveolar type 1 (AT1) cells emerge and persist through the alveolar stage in stable numbers. Furthermore, they confirmed that aerocytes arise from gCap cells and that the expression of the vascular endothelial growth factor receptor (VEGFR) increases over time in these cells, much like the expression of VEGF in the neighboring AT1 cells. Dramatic changes in endothelial cell composition of the maturing lungs were demonstrated in a mouse model of hyperoxia-induced lung injury.<sup>61</sup> gCap cells were severely depleted, whereas the number of aCap cells increased, albeit both cell types demonstrated aberrant gene expression. gCap dell depletion may be a hint into the irreversibility of damage to the developing pulmonary microvasculature and further support a rationale for endothelial-cell-derived therapy.

Recently, knowledge gained through single-cell RNA sequencing studies has been synthesized to create a standardized set of lung cell cards that provide functional annotations of all cell types in the healthy lung.<sup>62</sup> The authors suggest changing the terminology of pulmonary endothelial cells and replace the term gCap cells with Cap 1 cells (capillary type 1) and aCap cells with Cap 2 cells (capillary type 2). These exciting discoveries provide unprecedented close-up information on the development of the pulmonary endothelium and open new research directions that aim to characterize the role of abnormal endothelial maturation in lung vascular disease and identify new repair strategies.

## ECFCS AS A THERAPEUTIC MODALITY

Functional impairment of ECFCs offers a strong rationale for studying the effectiveness of ECFCs in the prevention / treatment of perinatal pulmonary vascular complications. A growing number of preclinical studies demonstrate the beneficial effects of ECFCs in disease models, mainly related to ischemia.<sup>63–67</sup> The vasculogenic properties of ECFCs were harnessed in these studies to rescue the limb ischemia,<sup>63,64</sup> ischemic myocardium,<sup>65</sup> acute ischemic kidney injury<sup>66</sup> or endothelial injury of the carotid artery.<sup>67</sup> ECFCs reduced limb tissue necrosis,<sup>63,64</sup> increased capillary density, improved left ventricular function,<sup>65</sup> attenuated renal tubular necrosis, macrophage infiltration and apoptosis<sup>66</sup> and augmented regeneration of the carotid endothelium.<sup>67</sup>

In the case of BPD models, the effectiveness of these cells has only been tested in two controlled preclinical studies so far (Table 1). ECFCs demonstrated capacity to reverse oxygen induced alveolar simplification and PH in newborn mice and rats.53 Furthermore, quantification of the exogenous human ECFCs in the rodent lungs with qPCR revealed a very low level of engraftment. Subsequent experiments confirmed a similar beneficial effect with the administration of ECFC-conditioned medium (ECFC-CM), which strongly suggests that ECFCs exert their regenerative activity through a paracrine mechanism. Similarly, ECFC-CM was effective in enhancing the growth and angiogenesis of pulmonary artery endothelial cells (PAECs) and improving RVH in a rat model.<sup>68</sup> So far, these findings have not been replicated in other studies using similar or large animal models of BPD-PH. Furthermore, the results of a recent systematic review<sup>69</sup> indicate that, although the body of evidence supporting the effectiveness of ECFCs in preclinical models of ischemic diseases is growing rapidly, these studies are often fraught with reporting biases and heterogeneity of cell product characterization. The authors suggest that future studies ought to be conducted with greater rigour to facilitate translation to clinical practice.

ECFCs are immunogenic. This hinders their use as an allogeneic source of cell-based therapies. Many potential solutions are being

Table 1. Summ	ary of preclinical studies explo	ring the efficacy of ECFCs a	nd ECFC-CM in induced	d neonatal pulmor	ary hypertension.		
Author	Animal model (in vivo esperiments); cell culture type (in vitro experiments)	ECFCs source	Intervention (ECFCs, ECFC-CM)	Control	Route of administration	ECFCs dose	Outcome
Alphonse R. <sup>53</sup>	Hyperoxia-exposed (95% O <sub>2</sub> P0-P14) SD rats	1	1	1	1	1	Resident ECFCs isolated from lungs of hyperoxia-exposed rats present a functional dysfunction.
	Hyperoxia-exposed (85% $O_2$ P4-P14) $rag^{-/-}$ mice	Human cord blood	ECFCs	HUVECs	Jugular vein injection	10 <sup>5</sup> ECFCs/ 100 µl DMEM	ECFCs restored lung function and structure and attenuated PH.
	Hyperoxia-exposed (95% O <sub>2</sub> P4-P14) RNU rats		ECFCs and ECFC- CM	HUVECs	Jugular vein injection	2.5 × 10 <sup>5</sup> ECFCs/ 100 µl DMEM	ECFCs restored lung function and structure and attenuated PH.
Baker CD. <sup>68</sup>	Bleomycin-induced neonatal rat lung injury	Human cord blood from term and preterm babies	ECFCs andECFC- CM	HUVECs, DMEM with 2.5% FBS	Right jugular vein injection	2 × 10 <sup>5</sup> ECFCs/ 100 µl DMEM; 100 µl 10× ECFC- CM	ECFCs and ECFC-CM improved right ventricular hypertrophy and reduced PH in bleomycin- induced neonatal rat lung injury.
	Fetal sheep PAECs		ECFC-CM	HUVECs	1	I	Term ECFC-CM augmented fetal PAEC growth in normoxia and hyperoxia.
							Preterm hyperoxia ECFC-CM did not augment PAEC growth in hyperoxia.
	Fetal sheep AT2 cells		ECFC-CM	HUVECs	I	I	Term and preterm ECFC-CM increased fetal AT2-cell growth in hyperoxia.
							AT2 cell growth was not affected by ECFC-CM in room air.
<i>AT2</i> alveolar type umbilical vein en	2 cell, DMEM Dulbecco's Modifie dothelial cells, PAEC pulmonary	d Eagle Medium, <i>ECFCs</i> endoth artery endothelial cells, <i>PH</i> pu	helial colony forming cell. Ilmonary hypertension.	s, ECFC-CM endothe	lial colony forming cell co	nditioned medium, FBS	fetal bovine serum, <i>HUVECs</i> human

Table 2.	Criteria for cells demonstrating proangiogenic properties accordin	g to the consensus statement on the nomenclature of endothelial
progenit	tors. <sup>74</sup>	
ECFCs		MACs

ECFCs	MACs
Positive for: CD31, CD105, CD 146, VE-Cadherin, von Willebrand factor, VEGFR2	Positive for: CD14, CD31, CD45
Negative for: CD45, CD14	Negative for: CD34, CD 146
Significant proliferative potential and capacity to self-assemble into functional blood vessels in vivo	Conditioned media enhances endothelial network formation in vitro and in vivo
Endothelial cell phenotype	Haematogenic origin

ECFCs endothelial colony forming cells, MACs myeloid angiogenic cells.

investigated, including ex vivo genetic modifications, alternative cell sources. Induced pluripotent stem cells (iPSC) have been used to differentiate patient-specific ECFCs (iPSC-ECFCs) with robust angiogenic capabilities.<sup>70</sup> These cells are particularly attractive, as they are phenotype-specific, offer a stable endothelial phenotype and may enable the derivation of clinically relevant numbers of vessel-forming cells for endothelial repair. Recently a FOXF1 + cKIT + gCap cells for the treatment of a mouse model of the alveolar capillary dysplasia with misalignment of pulmonary veins was generated using blastocyst complementation and interspecies mouse-rat chimeras as bioreactors.<sup>71</sup> Finally, ECFCs are present in umbilical and peripheral blood in small number, preventing their routine clinical use without implementing standardized protocols for effective ex vivo expansion.

The potential risk of tumor formation is another limitation of using ECFCs as a therapeutic product. The concern regarding oncologic potential of ECFCs stems from the proliferative capabilities of these cells and associations of higher proliferative potential of these cells in patients with vascular malformations, e.g., Kaposi sarcoma<sup>72</sup> or infantile haemangiona.<sup>73</sup> To our knowledge this has never been corroborated in preclinical studies. Longterm safety in rodents was confirmed with follow-up up to 10 months.

#### Enhancing rigor in defining endothelial progenitors

Preclinical studies of ECFCs are frequently burdened with poor characterization and lack of unified reporting. To address this issue, a consensus statement on the nomenclature of endothelial progenitors has been published.<sup>74</sup> To improve the quality of data reported in future controlled trials, the authors suggest a set of minimal criteria for the cells demonstrating pro-angiogenic properties (summarized in Table 2.). For ECFCs, these criteria include: endothelial cell phenotype, significant proliferative potential, capacity to self-assemble into functional blood vessels in vivo, and a precise immunophenotype defined as positive for: CD31, VE-Cadherin, von Willebrand factor, CD146, VEGFR2 and negative for CD45 and CD14. These cells are the only true endothelial progenitors and should be distinguished from myeloid angiogenic cells (MACs). While pro-angiogenic, these cells have a haematopoietic origin and do not give rise to endothelial cells. This document offers a set of standard, minimal criteria for defining ECFC and is by no means exhaustive. Recent advances in cell characterization and single-cell techniques will most likely result in further evolution of this definition, as recently reviewed.

#### **CELL-FREE THERAPIES**

#### Extracellular vesicles: from trash-can to cell-cell communicator to therapy

The discovery of paracrine mechanisms involved in the beneficial effects of stem cells generated a lot of interest. Utilizing a cell-free therapeutic product that offers the same clinical benefit allows to overcome immunogenicity of allogeneic cells and the risk of embolus or tumor formation.<sup>67</sup> Extracellular vesicles (EVs), first described in 1981, are small, membrane-coated spherical particles. They carry a wide array of bioactive agents, including proteins, enzymes, lipids, DNA, mRNA, and miRNA. Originally believed to be the cell's trash-can, EVs are now recognized as critical in cell-to-cell communication. The molecular mechanisms involved in EVmediated intercellular crosstalk are not yet fully understood. Exosomes, a subpopulation of small EVs (30–100 nm in diameter) are secreted through endosomal pathway and have been implicated as mediators of paracrine activity of stem cells.

The data on ECFC-derived EVs, their role in conveying their angiogenic capacity, and the precise characterization of their cargo, are limited. ECFCs-CM has been demonstrated to ameliorate hyperoxia-induced and bleomycin-induced pulmonary hypertension in animal models in two controlled studies.<sup>53,68</sup> These studies were the first to demonstrate that the therapeutic effect of ECFCs in PH associated with perinatal insults is mediated by paracrine mechanisms. However, neither of these studies identified EVs as the carrier of the therapeutic cargo. Importantly, the long-term safety and efficacy of ECFC therapy was demonstrated based on preserved alveolar architecture, improved exercise capacity and echocardiographic parameters in hyperoxic animals treated with ECFCs at 10 months of age, as well as lack of structural organ abnormalities in room air-housed animals treated with ECFCs.

EVs originating from endothelial progenitors promote angiogenesis by improving cell proliferation, migration, and tube formation based on in vitro evaluation of pulmonary microvascular endothelial cells exposed to hyperoxia.<sup>76</sup> In a more recent study cord blood derived EVs of preterm babies enhanced angiogenic activity of human umbilical vein endothelial cells.<sup>77</sup> EVs from cord blood of babies who later developed BPD were isolated and their cargo compared with babies who did not develop BPD. Based on differentially expressed miRNAs the authors created a miRNAmRNA network and transfected three miRNA mimics: miR-103a-3p, miR-185-5p and miR-200a-3p to the endothelial cells, demonstrating that overexpression of miR103a-3p and miR-185-5p promotes endothelial cell proliferation, migration, and tube formation, whereas overexpression of miR200-a-3p has an opposite effect. These results confirm that the EVs present in the cord blood of preterm babies who develop BPD inhibit endothelial angiogenic properties. That in turn hints to the antenatal origins of arrested pulmonary vascular development. Second, this effect is mediated by differentially expressed miRNA. Finally, modifying miRNA expression in endothelial cells alone could be a promising therapeutic target in the prevention of BPD-PH. Importantly, the isolation of EVs in the cord blood does not allow to confirm their cellular origin and these results need to be replicated with a more optimally characterized therapeutic product.

### MiRNA—the long-awaited intermediary?

MicroRNAs, first described in 1993<sup>78</sup> are short (21-25 bp), singlestranded, noncoding RNA molecules. They are involved in posttranscriptional control of gene expression by binding with

Table 3. Studies in animal models	s and humans demonstrating	the role of miRNA in perturbe	d pulmonary vascular develd	opment.	
Model	miRNA source/location	Differentially expressed miRNA in diseased group	Pathway/factor involved in pulmonary vascular development	Effect on target pathways in diseased group	Conclusion
Animal studies demonstrating interpla	y between perturbed pulmonary	vascular development and miRNA			
Fetal lamb model of PPHN induced by PDA ligation	Pulmonary artery endothelial cells	1miR-34c-5p%	Notch1	↓ Notch1 → ↓ Hey1, Hes1	Upregulation of miR-34c-5p in PAECs of fetal lambs with PPHN causes downregulation of Notch1 and results in impaired angiogenesis.
1. MLE cells exposed to hyperoxia	MLE cells Whole lined homogenete	↑miR-219-5p <sup>93</sup>	PDGFR-α	↓PDGFR-α	Reduced expression of PDGFR-a induced by miR219-5p up-regulation disrupts alveolar
zi newoon mice exposed to hyperoxia					Elevating PDGFR-\alpha signaling may improve BPD and BPD-PH.
<ol> <li>Newborn Sprague-Dawley hyperoxia (85%) rats</li> <li>Rat AT2 cell lines (RLE-6TN)</li> </ol>	Rat lung tissue RLE-6TN cells	↑miR203a-3p <sup>91</sup>	VEGF-A	↓VEGF-A	MiR-203a-3p knockdown alleviates hyperoxia- induced lung injury in rats through the up- regulation of VEGF-A.
<ol> <li>Mouse lung endothelial cells</li> <li>Newborn mice exposed to</li> </ol>	Mouse lung endothelial cells	†miR-451 <sup>92</sup>	MIF	↓MIF	Increased expression of miR-451 in hyperoxia- exposed mouse endothelial cells and hyperoxia-exposed mice.
luu% oxygen	Bronchoalveolar lavage fluid				Inhibition of miR-451 leads to mitigation of the cardio-pulmonary phenotype, preservation of MIF expression and increased expression of several vascular growth factors.
Mice exposed to hyperoxia	Type 2 alveolar epithelial cells	↑miR-34a <sup>90</sup>	Angiopoietin 1 / Tie2	↓Angiopoietin 1 / Tie2	Increased expression of miR-34a in hyperoxia- exposed animals.
					MiR-34a inhibitor attenuates BPD and PH in hyperoxia-exposed mice.
Newborn hyperoxia mice (60%, 21 days) vs room air	Bulk lung tissue: mice exposed to hyperoxia	Jlet-7c-1-star <sup>97</sup> JmiR-466f JmiR-299	Vascular proliferation Immune response Inflammation	lmmune response Inflammation	MiRNA-mRNA interactions are involved in hyperoxia induced lung injury through altered immune and inflammatory response and
		↓miR-220 ↓miR-686	Extracellular matrix remodelling	Vascular proliferation	extracellular matrix remodeling
		1miR-205 1miR-431 1miR-4496	n	Reactive oxygen species metabolic process	
		↑miR-203 ↑miR-133a		Extracellular matrix remodelling	
Human studies demonstrating the inte	erplay between perturbed pulmoi	nary vascular development and mil	RNA		
Infants with BPD vs. non-BPD controls	Human serum	↑miR-203a-3p <sup>91</sup>	VEGF-A	↓VEGF-A	MiR-203a-3p is upregulated in BPD. Lower VEGF-A and HIF1α mRNA levels in BPD.
In vitro: HUVECs functional assays	UCB exosomes from BPD vs non-BPD infants	↓ miR-103a-3p, <sup>77</sup> ↓ miR-17-5p,	PI3K-Akt pathway	PI3K-Akt pathway enrichment	UCB-EVs of BPD infants impair angiogenesis through altered expression of multiple miRNAs.
		↓ mıK-185-5p, ↑ miR-200a-3p, ↓ miR-20b-5p,		Inflammatory pathways enrichment	
<ol> <li>Infants with established BPD requiring mechanical ventilation</li> <li>tracheal aspirate</li> </ol>	Tracheal aspirate	1miR-219-5p <sup>93</sup>	PDGFR-α	↓PDGFR-α	MiR-219-5p is upregulated in tracheal aspirates of infants with BPD.
<ol> <li>Post-mortem examination in infants who died because of BPD</li> </ol>					Lower level of PDG+K-α in tracheal aspirates of infants with BPD.
<i>BPD</i> bronchopulmonary dysplasia, <i>BF</i> endothelial cells, <i>miRNA</i> microRNA, <i>M</i> Phosphatidylinositol-3-kinase, <i>PPHN</i>	D-PH pulmonary hypertension a IF Macrophage migration inhibi persistent hypertension of the	sssociated with bronchopulmona tory factor, <i>MLE</i> murine lung epith newborn, <i>RLE-6</i> TN Rat Lung Epith	ry dysplasia, EVs extracellular ve nelial cells, PAECs pulmonary art nelial-6-T-antigen Negative, UCI	esicles, <i>HIF 1</i> a Hypoxia-inducible tery endothelial cells, <i>PDGFR-a</i> 8 umbilical cord blood, <i>VEGF-A</i>	e factor 1-alpha, $HUVECs$ human umbilical vein platelet-derived growth factor receptor $\alpha$ , $PI3K$ Vascular endothelial growth factor A.



**Fig. 1 Role of angiogenic factors in normal and perturbed lung development leading to BPD-PH and the proposed mechanisms for new therapies promoting pulmonary vascular growth.** Created with Biorender.com. Arrested lung development in BPD is a result of disrupted growth factor signaling coupled with a disbalance in regulatory miRNA. This leads to alveolar simplification, vascular paucity, endothelial depletion and dysfunction. ECFCs as vascular progenitors are a promising therapeutic strategy to reverse these changes. Their therapeutic effect is mediated by paracrine mechanisms, with EVs containing miRNA. Thus, correcting aberrant miRNA signaling may reverse/prevent BPD-PH development. *VEGF* vascular endothelial growth factor, *TGFβ* transforming growth factor beta, *FGF10* fibroblast growth factor 10, *BMPR2* bone morphogenetic protein receptor type 2, *CTGF* connective tissue growth factor, *PDGF* platelet derived growth factor, *ECFC* eVs endothelial colony forming cell-derived extracellular vesicles, *EVs* extracellular vesicles, *Cap1* capillary type 1, *Cap2* capillary type 2 cell, *AT1* alveolar type 1 cell, *AT2* alveolar type 2 cell.

target sequences within 3'UTR region of mRNA and blocking its expression. An individual miRNA can bind to multiple mRNAs and repress the biosynthesis of several proteins. This makes miRNAs unique regulators of multiple pathways.

The differential expression of miRNA in the blood of infants with BPD<sup>79</sup> and the lung tissue of rodent pups exposed to hyperoxia<sup>80,81</sup> point to potential biomarkers and therapeutic targets. Downstream targets for differentially expressed miRNAs in the lung tissue of hyperoxia-exposed rodents included brain acid soluble protein 1 (BASP-1), connective tissue growth factor (CTGF), glycoprotein nonmetastatic melanoma protein B (GPNMB), and insulin-like growth factor 1 (IGF-1). The authors confirmed a causative relationship between increased miR-150 and the downregulation of GPNMB, a particle involved in angiogenesis. The role of disrupted miRNA expression and their target downstream growth factor pathways (in brackets) in BPD was confirmed in several subsequent publications, including: miR-489 (IGF-1),<sup>82</sup> miR-17~92 cluster (TGF-ß),<sup>83</sup> miR-34a (PDGFRa),<sup>84</sup> miR199a-5p (caveo-lin-1),<sup>85</sup> miR-154 (TGF-ß),<sup>86</sup> miR-421 (FGF10),<sup>87</sup> miR-547-3p (adrenomedullin)<sup>88</sup> and others.<sup>89</sup> Gain/loss-of-function evaluation in selected studies demonstrates the causative relationship between disrupted miRNA expression and the BPD phenotype. This in turn supports the robust regulatory potential of miRNA. Although none of these studies included PH as an endpoint, the role of miRNAs in the development of PH should not be ruled out. PH in this case is not a separate entity, but rather an extreme end of the spectrum associated with severe BPD.

Summary of data on the link between arrested pulmonary vascular development and altered miRNA expression is presented in Table 3. Syed et al.<sup>90</sup> elegantly demonstrated that miR34-a was up-regulated in the lung tissue of mice exposed to hyperoxia. MiR34-a inhibition attenuated parenchymal injury and pulmonary vascular disease, by increasing the expression of angiopoietin 1. Several miRNAs inhibit VEGF-A expression. Cheng et al. reported that miR-203a-3p was up-regulated in hyperoxia-induced lung injury in rats.<sup>91</sup> The lung tissue damage could be rescued by suppressing miR-203a-3p, which in turn resulted in VEGF-A up-regulation. Gilfillan et al. described a similar relationship between miR-451, macrophage migration inhibitory factor (MIF), and VEGF-A.<sup>92</sup>

The dysregulation of miRNA in infants with BPD was concurrently demonstrated in selected studies. Cheng et al. confirmed the up-regulation of miR-203a-3p in the serum of infants who developed BPD corresponding with lower VEGF-A and HIF1a mRNA.<sup>91</sup> Similarly, Freeman et al. demonstrated the up-regulation of miR-219-5p in tracheal aspirates of infants with BPD.<sup>93</sup> These human studies describe association between disrupted miRNA signaling and abnormal lung development. The results must be interpreted with caution to avoid attributing causation prematurely. On the other hand, inclusion of animal and in vitro verification experiments supports possible causal nature of this relationship.

The data summarized above demonstrate central regulatory role of miRNA in pulmonary vascular development and confirm that hyperoxia disrupts miRNA physiology. Correcting miRNA signals in developing lungs holds promise to prevent or reverse BPD-PH. Thus, synthetic nanoparticles and EVs derived from ECFCs that contain a therapeutic combination of miRNA particles represent a promising therapeutic avenue. The causal relationship between aberrant miRNA expression and perinatal ECFC dysfunction needs to be demonstrated in future studies. Novel techniques, including single-cell miRNA-mRNA co-sequencing will help test this hypothesis.<sup>94,95</sup>

#### Where do we go from here?

Looking at the developing pulmonary vascular system in a singlecell resolution reveals early origins of BPD-PH. Dysfunction of ECFCs and depletion of capillary endothelial cells in preterm infants with BPD may explain the limitation of current traditional vasodilator therapies and form the rationale for proposing endothelial progenitor cell-based therapies. Capitalizing on the scRNAseg data will also help enhance the rigour in defining EPCs. Cell-free ECFC-EV- and miRNA-based therapies are two most promising treatment modalities currently being explored. (summarized in Fig. 1.) Both strategies require further preclinical exploration. Isolation and characterization methods of ECFC-EVs need to be standardized to ensure reproducibility. Strategies to scale-up the production of EVs must be developed. Better understanding of the functional cargo is necessary, including gain of function and loss of function experiments. Other biologically active particles in EV cargo and the impact of exvivo priming of ECFCs on angiogenic properties of ECFC-EVs should also be investigated.

MiRNA-based therapies represents a novel direction in BPD-PH research. Comprehensive understanding of miRNA – mRNA interactions in the developing lung is critical and may enable the design of personalized therapies tailored to aberrant miRNA signaling phenotype. Optimal route of delivery, dose and timing are yet to be determined, as is the source of miRNA and the vehicle facilitating its delivery. Our understanding of miRNA biology and its role in BPD-PH is still in its infancy. However, recent discoveries provide a compelling rationale for further well-designed preclinical trials that can eventually bring new therapies to patients. What is at the end of this journey, might just be the first intervention able to improve the prognosis of a disease with no effective treatment.

#### DATA AVAILABILITY

Data sharing is not applicable as no datasets were generated or analyzed for this review.

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### AUTHOR CONTRIBUTIONS

Concept and design: W.D. and B.T.; interpretation of relevant literature: W.D.; drafting the manuscript: W.D.; review and final approval of the manuscript: B.T. All authors have read and agreed to the published version of the manuscript

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#### **COMPETING INTERESTS**

The authors declare no competing interests.

## **ADDITIONAL INFORMATION**

**Correspondence** and requests for materials should be addressed to Bernard Thébaud.

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