



POPULATION STUDY ARTICLE

Clinical profiles and diagnostic challenges in 1158 children with rare hepatobiliary disorders

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BACKGROUND: Diagnosis of rare diseases possesses a great challenge in pediatric hepatology because expert knowledge in the field is extremely insufficient. The study aims to explore new findings and collect diagnostic experience from pediatric rare liver diseases.

METHODS: The large-sample case analysis study included pediatric patients who had liver-involved rare diseases. All cases underwent liver biopsy and/or gene sequencing.

RESULTS: A total of 1158 pediatric patients were identified. Liver-based genetic diseases were most frequent (737 cases), followed by liver damages involved in extrahepatic or systemic disorders (151 cases) and cryptogenic hepatobiliary abnormalities (123 cases). Of note, diagnoses of 16 patients were re-evaluated according to genetic results combined with clinical pointers. In addition, 101 patients who underwent gene sequencing remained undiagnosed. Of them, 55 had negative genetic findings, 30 harbored mutations that failed to meet their typically pathogenic condition, and 16 had detected variants that were inconsistent with clinical pointers.

CONCLUSIONS: As a study involving known largest number of children with rare hepatobiliary disorders, it allows us to accumulate information (especially new findings) on the etiology and diagnosis of these disorders. The results can help to improve the diagnostic quality in the population.

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IMPACT:

- Liver-based genetic diseases were most frequent in clinical profiles of pediatric rare liver diseases.
- Some novel variants in cases with genetic diseases (for example, two variants of c.3638G>T and c.1435G>C in a patient with progressive familial intrahepatic cholestasis type 2) were identified.
- As a study involving known largest number of pediatric cases with rare hepatobiliary disorders, it allows us to accumulate information on the etiology and diagnosis of these disorders.
- The study can help to optimize the diagnostic process and significantly improve the diagnostic quality in the field of pediatric hepatology. Given that clinical variability often exists within rare genetic disease entities and not all rare disorders are genetic, clinicians should not over-depend on the genetic results in the diagnosis.

INTRODUCTION

Pediatric liver diseases remain a great challenge worldwide.¹ Much of pediatric hepatology practice involves considering rare diseases in the differential diagnosis of children presenting with both common and uncommon clinical symptoms.² For example, as a common condition of jaundice in an infant, there are >100 diagnostic considerations, the majority of which are rare liver disorders. Therefore, accurate diagnosis is the most critical course for the management of pediatric liver diseases, especially rare diseases. Without an accurate diagnosis, clinicians can neither identify the cause nor design an effective treatment strategy to suppress or ameliorate the condition.³ However, recognition of rare diseases is often insufficient in pediatric clinical practice, which can put children in a potentially life-threatening situation.

Lack of data and experience in pediatric rare liver diseases has led to limited progress achieved in their etiologies, diagnoses, and treatments.^{4–6}

The majority of rare disorders in pediatric hepatology practice may have genetic causes and are intractable to clinical diagnosis by classical approaches.⁷ During recent years, the use of next-generation sequencing (NGS) has largely facilitated a better understanding of diseases caused by genetic defects. The introduction of NGS has accomplished the simultaneous analysis of a large number of genes, up to whole-exome sequencing (WES) or even whole-genome sequencing.⁸ However, sequencing still uncovers many rare variants for which the functional impact is not known, and interpretation can be difficult as healthy individuals often carry alleles that would be deleterious or lethal when

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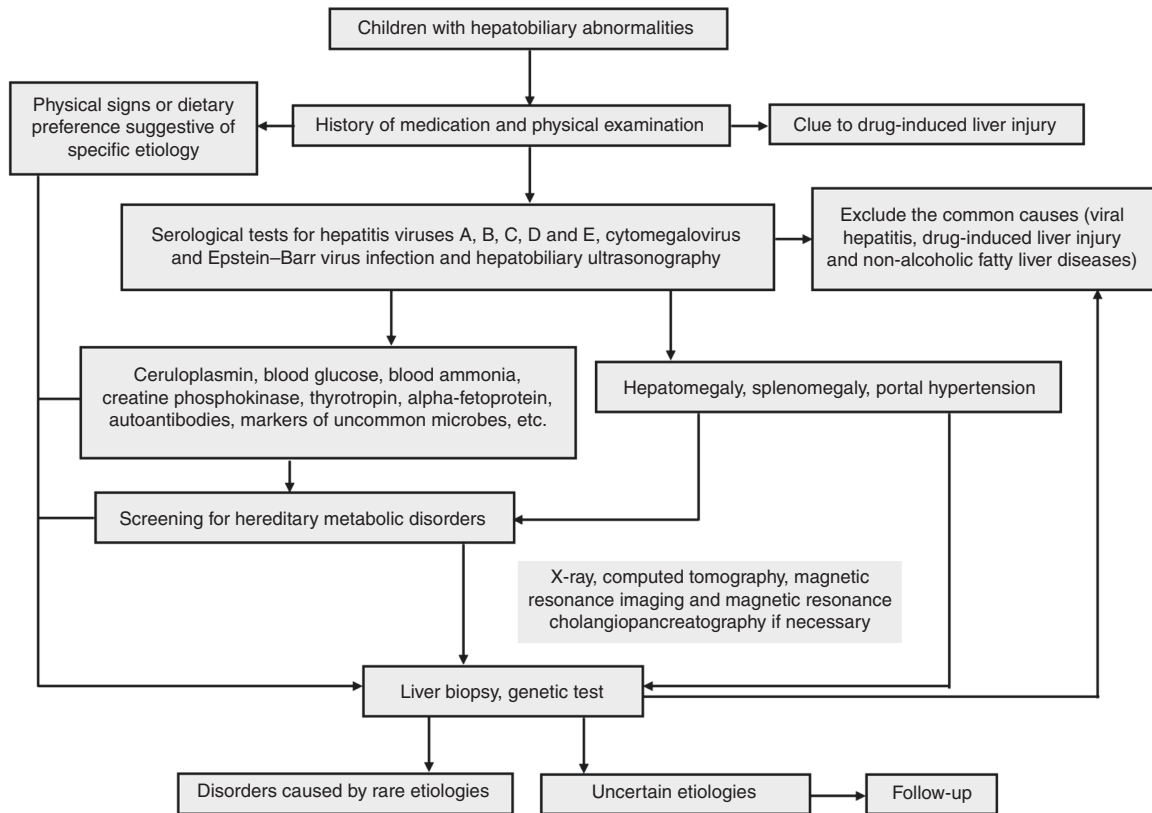


Fig. 1 Diagnostic flowchart of the study.

homozygous.³ Moreover, not all rare disorders are genetic. Therefore, inconsistencies between clinical manifestations and genetic findings are often encountered by clinicians. Comprehensive evaluations become crucial in real-world medical practice. Herein, we performed the present large-sample case analysis study to investigate a clinical spectrum of pediatric rare liver diseases and collect novel findings and relevant experience in the pathogenesis and diagnosis of these disorders.

METHODS

Study population

Pediatric patients (≤ 16 years) with hepatobiliary abnormalities associated with rare diseases (a prevalence of < 50 per 100,000 of the population⁹) from May 1999 to May 2019 were retrospectively identified and included in the large-sample case analysis (Fig. 1). All cases underwent liver biopsy and/or gene sequencing. Diagnostic evidence in the majority of included cases was rechecked according to recent perspectives or guidelines.^{10–28} Cases with diagnosis or suspected diagnosis of genetic disorders were pathologically or genetically re-evaluated. Informed consent was obtained at admission from parents or guardians of all included patients and assent from older children as appropriate. The study was approved by the ethics committees of the Fifth Medical Center (formerly Beijing 302 Hospital) of Chinese PLA General Hospital.

Laboratory tests

Laboratory parameters, including biochemical and hematological indicators, viral profiles (including hepatitis viruses A, B, C, D, E, Epstein-Barr virus, cytomegalovirus (CMV), and human immunodeficiency virus), autoantibody spectrum, immunoglobulins, C-reactive protein, ceruloplasmin, copper concentration, ferritin, iron concentration, free thyroxine, free triiodothyronine, thyrotropin,

blood ammonia, alpha-fetoprotein, alpha-1 antitrypsin, etc., were measured.

Imaging examinations

Imaging examinations, including ultrasonography, X-ray, computed tomography, magnetic resonance imaging, and magnetic resonance cholangiopancreatography, were carried out wherever necessary.

Screening for metabolic disorders

For suspected cases with hereditary metabolic disorders, a dried blood spot liquid chromatography–tandem mass spectrometry assay and a urinary gas chromatography–mass spectrometry assay were performed according to reported methods.^{29,30}

Liver biopsy

Liver biopsy was performed in cases having normal prothrombin time and normal or mildly reducing platelet count and undertaken with all aseptic precautions. Biopsy specimens were examined and evaluated by experienced pathologists.

Whole-exome sequencing

Genomic DNA was isolated from peripheral blood of the patients. Qualified DNA samples were fragmented into 200–300 base pairs (bp) segments to construct a library. Subsequently, WES was performed using the Agilent SureSelect™ Human All Exon V5 Kit for exome enrichment and the Illumina HiSeq2500 platform with a paired-end reads of 100 bp protocol for sequencing. Allele frequencies were determined using the Single Nucleotide Polymorphism Database and the Genome Aggregation Database (the 1000 Genomes Project and Exome Aggregation Consortium). Variants with minor allele frequency of $> 1\%$ in these databases were excluded. In silico analysis of the variants was conducted using MutationTaster (www.mutationtaster.org) to predict their

functions. The identified causal variants were further confirmed by means of Sanger sequencing. Co-segregation analysis was carried out to verify the variants using samples from other family members. Variant pathogenicity was evaluated according to the American College of Medical Genetics and Genomics standards and guidelines.³¹

RESULTS

Clinical spectrum

A total of 1158 pediatric patients, including 763 boys and 395 girls, were eventually identified (median age, 6 years (range, 1 month–16 years)). Among these patients, 923 underwent liver biopsies and 409 underwent genetic tests.

Liver-based genetic diseases were most frequent in the population (737, 63.64%), followed by liver damages involved in extrahepatic or systemic disorders (151, 13.04%) and cryptogenic hepatobiliary abnormalities (123, 10.62%). Autoimmune, miscellaneous, vascular, infectious, and neoplastic etiologies were, respectively, seen in 71 (6.13%), 34 (2.94%), 25 (2.16%), 9 (0.78%), and 8 (0.69%) cases. Notably, Wilson disease predominated in the clinical spectrum amounting to 338 cases (29.19%). Table 1 shows the details.

Undiagnosed cases

Among the cases without definitive diagnosis, 22 patients did not undergo genetic tests but underwent one or more histological examinations; 19 patients did not undergo histological examinations but underwent genetic tests; 82 patients underwent both histological examinations and genetic tests. Totally, 101 cases undergoing genetic tests remained undiagnosed. Among these cases, 55 had negative genetic findings, 30 harbored mutations that failed to meet their typically pathogenic condition (for example, patients with a monoallelic mutation unfitting a recessive model), and 16 had detected variants that were inconsistent with clinical pointers (Fig. 2). Cases with negative genetic findings predominated, accounting for 54.46%.

Diagnostic experience

Sixteen cases with histories of misdiagnosis and close follow-up are listed in Table 2, which summarizes their demographic features, prior diagnosis, genetic findings, current diagnosis, and outcomes at follow-up. Of note, two cases deserve special attention.

Case 5 was a 6-year-old boy with persistent elevation of aminotransferases for 18 months. At referral to our hospital, he was still undiagnosed. His family history was non-contributory and his two elder brothers were both healthy. His viral profiles and autoantibody spectrum were negative. His serum copper and ceruloplasmin concentrations were within normal limits and 24-h urinary copper excretion showed minimal increase. Screening for metabolic diseases did not display clinically relevant alterations. Imaging examinations of the liver and brain did not reveal any positive findings. Liver biopsy showed mild portal inflammation and severe hepatic steatosis (Fig. 3a). The copper staining indicated no positive results (Fig. 3b). According to these results, Wilson disease was not considered at initial diagnosis. After common diseases were excluded one by one, the WES was performed to investigate whether rare genetic disorders existed. Unexpectedly, two heterozygous variants (chr13:52520505, c.2975C>T, p.Pro992Leu; chr13:52524434, c.2549C>T, p.Thr850Ile) in ATP7B gene were observed, both of which were reported pathogenic. Sanger sequencing confirmed the variants in the proband and further pedigree analysis showed that his mother harbored the variant of c.2549C>T and his father harbored the other. The patient was eventually diagnosed as Wilson disease. As of now, his condition has been gradually improved by decoppering therapy.

Table 1. Clinical spectrum of diseases in the study.

Groups/ subgroups	Diseases	Number
Genetic (liver based)		737 (total)
Metabolic disease	Wilson disease	338
	Glycogen storage disease	144
	Ornithine transcarbamylase deficiency	14
	Niemann–Pick diseases	8
	Citrin deficiency	5
	Glucose-6-phosphate dehydrogenase deficiency	4
	Alpha1-antitrypsin deficiency	3
	Gaucher disease	3
	Hereditary hemochromatosis	2
	Transient infantile hypertriglyceridemia	2
	Mitochondrial DNA depletion syndrome	1
	Medium-chain acyl-CoA dehydrogenase deficiency	1
	Galactosemia	1
	Glutaric aciduria	1
	Hyperhomocysteinemia	1
	Hyperphenylalaninemia	1
	Gilbert syndrome	78
	Dubin–Johnson syndrome	14
	Crigler–Najjar syndrome	5
	Rotor syndrome	3
Cholestatic disease	Alagille syndrome	17
	Progressive familial intrahepatic cholestasis	15
	Benign recurrent intrahepatic cholestasis	7
Structural disease	Congenital hepatic fibrosis	49
	Caroli disease	19
	Polycystic liver disease	1
Autoimmune		71 (total)
	Autoimmune hepatitis	61
	Autoimmune sclerosing cholangitis	6
	Primary sclerosing cholangitis	4
Infectious		9 (total)
Viral infections	Dengue virus	1
Bacterial infections	Tuberculosis	3
	Brucella	2
	Pyogenic liver abscess	1
Fungal infections	Cryptococcus	1
Parasitic infections	Clonorchiasis	1
Neoplastic		8 (total)
	Hepatoblastoma	6
	Hepatic adenoma	2
Vascular		25 (total)

Table 1. continued

Groups/ subgroups	Diseases	Number	
	Budd–Chiari syndrome	9	
	Cavernous transformation of the portal vein	6	
	Congenital hepatic angiodysplasia	5	
	Idiopathic portal hypertension	3	
	Hepatic veno-occlusive disease	2	
	Miscellaneous		34 (total)
Extrahepatic/ systemic	Biliary atresia	29	
	Choledochal cysts	5	
			151 (total)
	Pseudohypertrophy muscular dystrophy	94	
	Hereditary spherocytosis	11	
	Hemophagocytic syndrome	11	
	Langerhans cell histiocytosis	9	
	Eosinophilia	8	
	Hypothyroidism	8	
	Cystic fibrosis	3	
	Evans syndrome	2	
	Systemic amyloidosis	2	
	Porphyria	1	
	Immune dysregulation, polyendocrinopathy, enteropathy, X-linked syndrome	1	
	Shwachman–Diamond syndrome	1	
Uncertain		123 (total)	

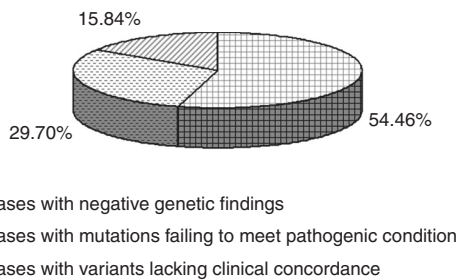


Fig. 2 Reasons for undiagnosis of patients undergoing genetic test.

Case 12 was a 7-month-old girl with increased aminotransferases (aspartate transaminase and alanine transaminase >10 times upper limit of normal), progressive conjugated hyperbilirubinemia, cholestasis and hepatosplenomegaly. Her gamma-glutamyltransferase (GGT) level was normal. Of note, the patient had multiple skin scratches because of pruritus. Her autoantibodies and viral profiles, except CMV and immunoglobulin M, were negative. The screening test results for inherited metabolic diseases were normal. Liver biopsy showed giant cell transformation of hepatocyte, canalicular cholestasis (Fig. 4a), and fibrosis (Fig. 4b). After a tentative treatment with ganciclovir, her condition was not significantly improved, and therefore a genetic condition was suspected. Genetic test revealed two heterozygous variants (chr2:169781294, c.3638G>T, p.Gly1213Val and chr2:169828560, c.1435G>C, p.Val479Leu) in ABCB11 gene, both of which were predicted to be damaging by MutationTaster.

Sanger sequencing confirmed the variants in the patient's genomic DNA. Pedigree analysis revealed that her mother was a heterozygous carrier of p.Gly1213Val and her father was a heterozygous carrier of p.Val479Leu (Fig. 4c). The two variants had never been reported in Human Gene Mutation Database, Leiden Open Variation Database, and published works. The diagnosis of progressive familial intrahepatic cholestasis type 2 (PFIC-2) in this patient became a challenge until her younger sister was born and found to have similar clinical symptoms (at 2 months of age) and identical variants in ABCB11 gene (Fig. 4c, d). Finally, the patient and her sister were both diagnosed as PFIC-2. The patient is now alive, with persistent cholestasis and no transplantation, but her sister died of posttransplantation complications at 23 months of age.

DISCUSSION

Liver diseases in children represent a rising problem with significant effects on public health.³² Because of enhanced awareness with technical advances, real increase in their prevalence and decrease in incidence of viral hepatitis, pediatric rare liver disorders are diagnosed more frequently than in the past.^{33,34} Pediatric hepatology appears to be a very specific field of pediatrics that deals mainly with rare diseases. Within our study, up to 56 rare disorders or syndromes were diagnosed, which related to a variety of etiologies. Liver-based hereditary metabolic disorders were most frequent amounting to 629 cases (54.32%) and possessed complicated disease entities that involved deficiencies or impairments of various enzymes associated with the production, breakdown, or transport of protein, carbohydrate, fatty acids, and so on. This result seems not unexpected, because the liver is the main metabolizing organ in human. Changes in gene expression can alter the liver's physiological and biochemical functions; subsequently, pathologic conditions emerge. In these cases, feeding history is crucial for the diagnosis, which requires more attention. For example, children with citrin deficiency that is caused by a mutation in the SLC25A13 gene encoding citrin have dietary predilections for protein- and fat-rich food.

In addition to these genetic diseases that solely or mainly affect the liver, hepatobiliary abnormalities involved in extrahepatic or systemic disorders affected many cases in our study. For this group of patients, pseudohypertrophy muscular dystrophy was evidently predominant (94/151). A serum elevation of creatine phosphokinase accompanying increased aminotransferases was helpful in orienting diagnosis of the disorder. Particularly, the less common diseases, like Shwachman–Diamond syndrome, immune dysregulation, polyendocrinopathy, enteropathy, and X-linked syndrome, were diagnosed with great difficulties and required specific concerns.

Wilson disease, a disorder caused by a defect in the biliary excretion of copper by the transporter ATP7B, predominated in the study. As a “common” rare disorder, Wilson disease is proteiform, which brings great difficulties in clinical diagnosis. Even in histological examination, histochemistry results may be negative because of uneven accumulation of copper in the liver.³⁵ However, early diagnosis of Wilson disease is crucial because early diagnosis and initiation of anti-copper therapy can prevent the development of symptoms and reduce the risk of disease progression.³⁶ Low ceruloplasmin is generally prominent in Wilson disease and indicative of the diagnosis. For cases with normal ceruloplasmin, a delayed or mistaken diagnosis often occurs, especially combined with negative clinical signs (Kayser–Fleischer rings, etc) and histological copper staining. In the study, Case 5 with these features had an 18-month undiagnosed history before acquiring definite diagnosis in our hospital through genetic sequencing. This case demonstrates an important contribution of genetic sequencing to confirmation of diagnostically difficult Wilson disease.

Table 2. Diagnostic details in 16 cases.

Cases	Sex	Age at onset	Prior diagnosis	Final diagnosis	Genetic findings	Parental origin	Outcomes at follow-up
1	Male	7 years	Epstein-Barr virus hepatitis	Alagille syndrome	A heterozygous variant in JAG1 gene (chr20:10625532, c.2323G>T) was revealed, which determined a stop codon (p.Glu775Stop)	De novo	Alive
2	Male	3 years	Epstein-Barr virus infection	Alagille syndrome	A heterozygous variant in JAG1 gene (chr20:10653574, c.162delC) was revealed, which determined a frameshift (fs) mutation (p.Cys54fs)	Maternal	Alive
3	Male	8 years	Cholangitis	Cystic fibrosis	Two heterozygous variants in CFTR gene were revealed: (1) chr7:117234982, c.2491-2A>G (a splicing mutation); (2) chr7:117251691, c.3196C>T, p.Arg1066Cys	Biparental	Alive
4	Female	7 months	Chronic liver failure	Progressive familial intrahepatic cholestasis type 2	Two heterozygous variants in ABCB11 gene were revealed: (1) chr2:169783827, c.3457C>T, p.Arg1153Cys; (2) chr2:169850349, c.655C>T, p.Leu219Phe	Biparental	Alive (post liver transplantation)
5	Male	6 years	Cryptogenic liver injury	Wilson disease	Two heterozygous variants in ATP7B gene were revealed: (1) chr13:52520505, c.2975C>T, p.Pro992Leu; (2) chr13:52524434, c.2549C>T, p.Thr850Ile	Biparental	Alive
6	Male	10 months	Liver cirrhosis	Transient infantile hypertriglyceridemia	Two heterozygous variants in GPD1 gene were revealed: (1) chr12:50499329, c.220-2A>G (a splicing mutation); (2) chr12:50500108, c.398C>T, p.Ser133Leu	Biparental	Alive
7	Male	13 years	Wilson disease	Progressive familial intrahepatic cholestasis type 3	Three heterozygous variants in ABCB4 gene were revealed: (1) chr7:87046740, c.2570C>T, p.Thr857Ile; (2) chr7:87051541, c.2212A>T, p.Ile738Phe; (3) chr7:87069020, c.1694C>G, p.Thr565Arg	Biparental	Alive
8	Female	2 years	Cytomegalovirus hepatitis	Progressive familial intrahepatic cholestasis type 3	A homozygous variant in ABCB4 gene (chr7:87072750, c.1241G>T, p.Gly414Val) was revealed	Biparental	Alive
9	Male	6 months	Cytomegalovirus hepatitis	Niemann-Pick disease type C	Two heterozygous variants in NCP1 gene were revealed: (1) chr18:21113462, c.3611T>A, p.Leu1204His; (2) chr18:21123423, c.2240dupT, p.Phe747fs	Biparental	Alive
10	Female	5 months	Liver cirrhosis	Niemann-Pick disease type C	Two heterozygous variants in NCP1 gene were revealed: (1) chr18:21124438, c.2000C>G, p.Ser667Trp; (2) chr18:21128054, c.1673C>T, p.Ala58Val	Biparental	Alive
11	Female	4 months	Cytomegalovirus hepatitis	Niemann-Pick disease type B	Two heterozygous variants in SMPD1 gene were revealed: (1) chr11:6412927, c.632G>A, p.Trp211Stop; (2) chr11:6415546, c.1605G>A, p.Trp535Stop	Biparental	Death
12	Female	7 months	Cytomegalovirus hepatitis	Progressive familial intrahepatic cholestasis type 2	Two heterozygous variants in ABCB11 gene were revealed: (1) chr2:169781294, c.3638G>T, p.Gly1213Val; (2) chr2:169828560, c.1435G>C, p.Val479Leu	Biparental	Alive
13	Male	5 months	Wilson disease	Citrin deficiency	One heterozygous variant in SLC25A13 gene (chr7:95822344, c.615+5G>A) was revealed, which led to a splicing site mutation. The other variant (V516ms3kb) was in the corresponding intron region	Biparental	Alive
14	Male	7 months	Liver cirrhosis	Citrin deficiency	Two heterozygous variants in SLC25A13 gene were revealed: (1) chr7:95813588, c.1180+1G>A (a splicing mutation); (2) chr7:95818684, c.852-855del, p.Arg284fs	Biparental	Alive
15	Male	2 years	Cytomegalovirus hepatitis	Hyperhomocysteinemia	Two heterozygous variants in MTHFR gene were revealed: (1) chr1:11856378, c.665C>T, p.Ala222Val; (2) chr1:11863038, c.136C>T, p.Arg46Trp	Biparental	Alive
16	Male	9 years	Autoimmune hepatitis	Immune dysregulation, polyendocrinopathy, enteropathy, X-linked syndrome	A hemizygous variant in FOXP3 gene (chrX:49111940, c.766A>G, p.Met256Val) was revealed	Maternal	Alive

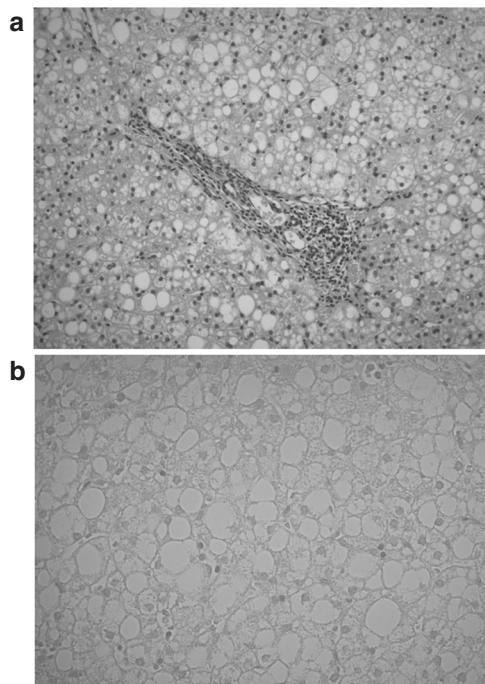


Fig. 3 Findings in liver histology in Case 5. **a** Photomicrograph of the liver biopsy shows mild portal inflammation and severe hepatic steatosis (hematoxylin & eosin staining, $\times 200$). **b** The copper staining shows negativity ($\times 400$).

Diagnosis between affected siblings with hereditary disorders sometimes can be mutually authenticated. This is an important cue in diagnostically difficult pediatric cases, especially in patients harboring variants of uncertain significance. Case 12 was an infant harboring novel variants in ABCB11 gene. Mutations in ABCB11, the gene encoding the bile salt export pump, induce rare autosomal-recessive hereditary disorders: PFIC-2 or benign recurrent intrahepatic cholestasis type 2 (BRIC-2), but the phenotypes of PFIC-2 and BRIC-2 differ. PFIC-2 is featured with progressive liver damage, is more severe than BRIC-2, and usually requires liver transplantation.³⁷ In Case 12, the patient displayed the characteristics of progressive aggravation of jaundice and cholestasis and was accordingly diagnosed as PFIC-2. Coincidentally, her younger sister had similar symptoms after birth, including neonatal cholestasis, jaundice, and abnormal liver functions with a normal GGT level, and genetic test revealed the same mutations as the patient. Therefore, PFIC-2 in the siblings was finally diagnosed. Alike with the diagnostic experience in the two sisters, Case 7 and his younger brother shared the same novel mutations in ABCB4 gene and similar clinical symptoms. They were both diagnosed as PFIC-3.

Though the technique of NGS, such as WES, brings revolutionary changes in the diagnosis of pediatric rare diseases, it has some pitfalls and limitations. For example, exome sequencing has generally been underpowered to identify deleterious alleles.^{38,39} Beside these technical issues that are increasingly overcome, the interpretative challenges become more relevant, especially with the increase of the number of genes explored.⁸ Within our study, a number of patients who had undergone WES and pedigree analysis remained undiagnosed because of the complexity of genetic background and limitations of current methodologies. Among these cases, the majority had negative genetic findings, which might be attributed to methodological shortcomings or

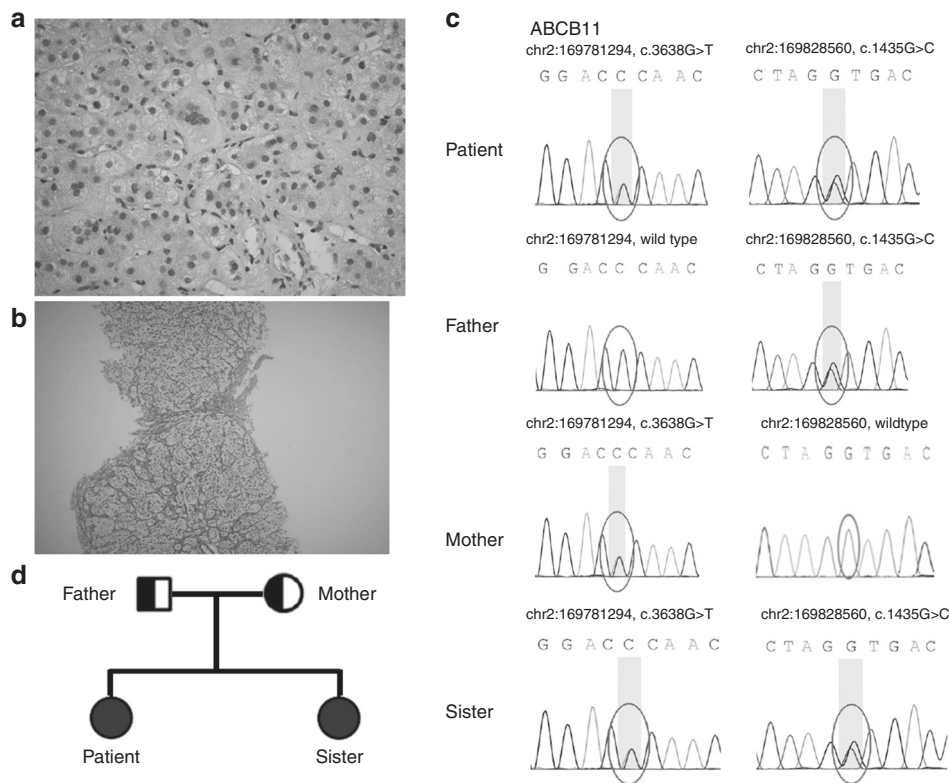


Fig. 4 Findings in liver histology and gene sequencing in Case 12. **a, b** Liver biopsy shows giant cell transformation of hepatocyte, canalicular cholestasis (hematoxylin & eosin staining, $\times 400$) and fibrosis (fiber staining, $\times 100$). **c** Sanger sequencing chromatograms of the patient, her sister and parents (ABCB11 gene). **d** Pedigree charts in the family (black solid circle representing female affected subject, circle with black half-solid representing female carrier and square with black half-solid representing male carrier).

etiological diversities. After all, not all rare pediatric disorders are genetic in origin.⁷ In this sense, clinicians should not over-depend on NGS, which will never replace biochemical and pathological tests in the management of rare diseases.

Emphatically, autoimmune liver disease in the list should not be neglected. It remains difficult to diagnose till date. In children, it can present with wide variation, including autoimmune hepatitis (AIH), primary biliary cirrhosis, primary sclerosing cholangitis (PSC), and the “overlap syndrome” of AIH-PSC, also known as autoimmune sclerosing cholangitis. These liver disorders are thought to be immune mediated, but their etiology remains unclear. They are not secondary to inherited or acquired diseases and they are not associated with any drugs, so they can only be diagnosed if these other diseases or conditions are excluded. Because there is considerable commonality in the clinical presentation of these diseases but differences in their management, appropriate treatment may be delayed, increasing the risk for liver transplantation.¹⁷ Consequently, studies on early and accurate diagnosis of autoimmune liver diseases in children needs to be encouraged.

Case analysis studies represent one of the most practical methods to study rare diseases in real-world settings, which play a critical role in the accumulation of clinical knowledge and experience. However, because of the retrospective design of the study, the incidence of individual rare liver diseases cannot be acquired.

CONCLUSION

Collectively, our large-sample case study on pediatric rare liver diseases has allowed us to accumulate important information (especially novel findings) on the etiology and diagnosis of these disorders. In addition to the absolute majority of rare genetic disease entities, disorders with unusual non-inherited cause in the spectrum should be recognized in pediatric hepatology. WES is a powerful tool for the diagnosis of rare genetic diseases but many challenges remain to be faced. Given that clinical variability often exists within rare genetic disease entities and not all rare disorders are genetic, clinicians should perform detailed and comprehensive analysis in the diagnosis of pediatric rare diseases.

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AUTHOR CONTRIBUTIONS

P.Z. contributed to the design of the study. Y.D., P.Z., and S.Z. were responsible for data collection. Y.D., P.Z., H.Z., and C.W. analyzed the data. P.Z., J.W., and Y.D. checked and re-evaluated the gene sequencing results. P.Z. wrote the manuscript. P.Z. and C.W. revised the manuscript. All authors reviewed and approved the final version of the manuscript.

ADDITIONAL INFORMATION

Competing interests: The authors declare no competing interests.

Patient consent: Informed consent was obtained at admission from parents or guardians of all included patients.

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