



BASIC SCIENCE ARTICLE

Gestational age-dependent development of the neonatal metabolome

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BACKGROUND: Prematurity is a severe pathophysiological condition, however, little is known about the gestational age-dependent development of the neonatal metabolome.

METHODS: Using an untargeted liquid chromatography-tandem mass spectrometry metabolomics protocol, we measured over 9000 metabolites in 298 neonatal residual heel prick dried blood spots retrieved from the Danish Neonatal Screening Biobank. By combining multiple state-of-the-art metabolome mining tools, we retrieved chemical structural information at a broad level for over 5000 (60%) metabolites and assessed their relation to gestational age.

RESULTS: A total of 1459 (~16%) metabolites were significantly correlated with gestational age (false discovery rate-adjusted $P < 0.05$), whereas 83 metabolites explained on average 48% of the variance in gestational age. Using a custom algorithm based on hypergeometric testing, we identified compound classes (617 metabolites) overrepresented with metabolites correlating with gestational age ($P < 0.05$). Metabolites significantly related to gestational age included bile acids, carnitines, polyamines, amino acid-derived compounds, nucleotides, phosphatidylcholines and dipeptides, as well as treatment-related metabolites, such as antibiotics and caffeine.

CONCLUSIONS: Our findings elucidate the gestational age-dependent development of the neonatal blood metabolome and suggest that the application of metabolomics tools has great potential to reveal novel biochemical underpinnings of disease and improve our understanding of complex pathophysiological mechanisms underlying prematurity-associated disorders.

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IMPACT:

- A large variation in the neonatal dried blood spot metabolome from residual heel pricks stored at the Danish Neonatal Screening Biobank can be explained by gestational age.
- While previous studies have assessed the relation of selected metabolic markers to gestational age, this study assesses metabolome-wide changes related to prematurity. Using a combination of recently developed metabolome mining tools, we assess the relation of over 9000 metabolic features to gestational age.
- The ability to assess metabolome-wide changes related to prematurity in neonates could pave the way to finding novel biochemical underpinnings of health complications related to preterm birth.

INTRODUCTION

Prematurity is a complex and challenging pathophysiological condition associated with increased morbidity and mortality.^{1,2} Numerous early- and late-onset disorders are associated with preterm birth, including psychiatric disorders.³ The risk of complications is inversely correlated to the gestational age at birth but with large variations within age groups. It is likely

that the individual degree of metabolic prematurity more accurately represents the complication risk. Metabolomic analyses could allow for an individual assessment of multiorgan function and maturity, and may thus contribute to improved understanding of pathophysiological mechanisms behind the development of prematurity-associated disorders. However, currently, there is limited knowledge on the metabolomic

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Table 1. Distribution of study cohort by sex, gestational age, age at sampling, multiplicity and mother's age.

	N (%)
Sex	
Male	165 (55.4)
Female	133 (44.6)
Age at sampling	
2 days	147 (49.3)
3 days	151 (50.7)
Multiple births	
No	284 (95.3)
Yes	14 (4.7)
Age of mothers	
<20 years	0
20–24 years	32 (10.7)
25–29 years	93 (31.2)
30–34 years	110 (36.9)
35–39 years	52 (17.4)
≥40 years	11 (3.7)
	N (%) [mean birth weight; birth weight range in g]
Gestational age (prematurity category)	
28 weeks (very preterm)	10 (3.3) [1200; 850–1995]
29 weeks (very preterm)	10 (3.3) [2038; 840–3916]
30 weeks (very preterm)	8 (2.7) [1725; 1020–3220]
31 weeks (very preterm)	14 (4.7) [1634; 920–1961]
32 weeks (very preterm)	19 (6.4) [1856; 1275–3196]
33 weeks (near term)	17 (5.7) [1952; 1109–2592]
34 weeks (near term)	19 (6.4) [2328; 1440–3685]
35 weeks (near term)	19 (6.4) [2573; 1580–3352]
36 weeks (near term)	18 (6.0) [2858; 2130–3490]
37 weeks (term)	20 (6.7) [3019; 1940–4000]
38 weeks (term)	20 (6.7) [3401; 2990–4345]
39 weeks (term)	19 (6.4) [3397; 2730–4260]
40 weeks (term)	68 (22.8) [3689; 2225–5650]
41 weeks (late term)	19 (6.4) [3720; 2940–4360]
42 weeks (late term)	18 (6.0) [3716; 2986–4760]
Prematurity categories were adapted from ref. ⁴⁷	

profile of preterm neonates^{4–6} and on how to assess metabolic maturity.

Growing evidence suggests a strong link between early-life microbiota and disease,⁷ as well as short- and as long-term complications associated with preterm birth, such as necrotizing enterocolitis, diabetes, cardiovascular disease, neurodevelopmental disorders and neuropsychiatric disorders have been related to the underdevelopment of the gut microbiota, gastrointestinal tract and immune system.^{3,8–13} Although the exact timing of the establishment of the intestinal microbiome in human life remains unknown,¹⁴ it is generally agreed upon that the gut microbial colonization starts at birth at the latest and undergoes shifts in composition and structure as the host matures over time.^{15–19}

Recent studies have shown that marker metabolites of microbial metabolism are readily detectable in human blood and that the human blood metabolome may predict gut bacterial α -diversity.²⁰ However, gut microbiome-derived metabolites that become available to the preterm infant and may impact gut

maturation and overall host metabolism and health remain unknown.

Monitoring gut microbial health and the metabolic degree of prematurity during newborn screening could offer a powerful tool for the early detection and possible early intervention in prematurity-associated disease progression through probiotics, diet or microbial transplants. Dried blood spots (DBS) routinely collected for newborn screening are minimally invasive and metabolomics approaches enable the simultaneous measurement of thousands of metabolites, thus offering unique insights into metabolic underpinnings of complex pathophysiological conditions.^{21,22}

Here, we hypothesize that metabolic gestational age-dependent degree of prematurity, which impacts overall host metabolism and health, may be monitored during newborn screening. Using DBS retrieved from the Danish Neonatal Screening Biobank in combination with recently developed computational metabolomics tools, including mass spectral molecular networking, unsupervised substructure discovery and *in silico* structure annotation,^{23–26} we assess the gestational age-dependent development of the blood metabolome of very preterm to term neonates.

METHODS

Study cohort

Residual extracts from the Danish Newborn Screening programme comprising all preterm (28–36 weeks) and randomly selected term to late-term births (37–42 weeks) were collected during the period from March to June 2016 and stored at -20°C until analysis. All original DBS samples were collected 48–72 h after birth. Repeat analyses (i.e., DBS collected after 72 h after birth) were not included. The samples were grouped per gestational age in weeks at birth, resulting in a cohort of a total of 298 newborns (133 girls) with gestational ages from 28 to 42 weeks ($n = 8–68$ each) (Table 1). The study was conducted in accordance with the Declaration of Helsinki and the protocol complies with the Danish Ethical Committee law by not being a health research project (Section 2,1), but a method development study not requiring an ethical approval.²⁷

Metabolomic profiling

All samples (including blank and pooled quality control samples) were submitted to untargeted metabolomic profiling using liquid chromatography-tandem mass spectrometry (LC-MS/MS) at Statens Serum Institut, Copenhagen, Denmark between July 6, 2016 and July 14, 2016. Raw data files were preprocessed using MZmine (version 2.40.1).²⁸ A detailed description of LC-MS/MS as well as preprocessing parameters can be found in the Supplementary Methods.

Statistical analyses

Overall variation in the metabolome related to gestational age was assessed using a principal coordinates analysis (PCoA) plot with the Bray–Curtis dissimilarity. A permutational multivariate analysis of variance (PERMANOVA)²⁹ model was fitted to the Bray–Curtis distance matrix to assess the variation in the metabolome explained by gestational age. To estimate gestational age from the neonatal metabolome, we used a tenfold cross-validation (CV) implementation of the least absolute shrinkage and selection operator (LASSO) method, including comparing its performance to a Ridge regression, such as that described in Wilmanski et al.²⁰ Metabolite richness and α -diversity was assessed using the mean number of metabolites and Shannon index, respectively, measured per sample and stratified by categories of prematurity and gestational age. Subsequently, a Kruskal–Wallis test was used to compare mean metabolite richness and α -diversity per prematurity category, whereas

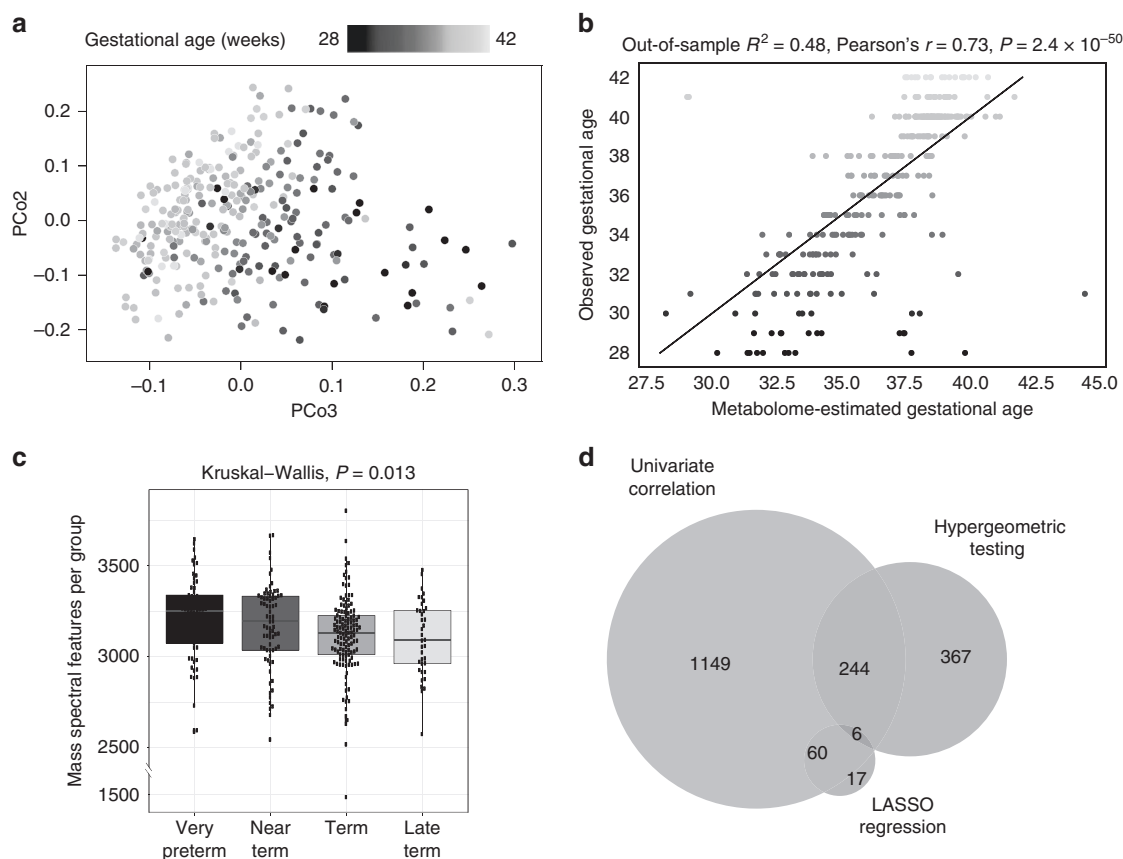


Fig. 1 Gestational-age dependent variation of the neonatal dried blood spot metabolome. **a** Principal coordinates analysis using the Bray–Curtis distance metric. Variation of 2.6% in the data is explained by gestational age (PERMANOVA, $P < 0.05$, Adonis $R^2 = 0.026$). **b** Metabolome-estimated gestational age versus observed, ultrasound-guided gestational age. Mean R^2 across ten cross-validations, Pearson's correlation coefficient and P value are shown. **c** Box plots for the number of mass spectral features stratified across different prematurity categories. Significant differences were found across mean number of mass spectral features per prematurity category (very preterm: 28–32 weeks; near term: 33–36 weeks; term: 37–40 weeks; late term: 41–42 weeks) (Kruskal–Wallis, $P < 0.05$). **d** Venn diagram illustrating overlapping metabolites significantly associated with gestational age by univariate correlation analysis, hypergeometric testing at the molecular family level and LASSO regression.

correlation between metabolite richness and gestational age was evaluated using Kendall's τ .³⁰

Univariate correlation at the individual metabolite level was assessed using Kendall's τ and P values were adjusted for multiple hypothesis testing using the false discovery rate (FDR) method.³¹ To equalize the statistical power for the univariate correlation analysis, we randomly subsampled 10 individuals per week of gestational age, with exception of week 30, for which we only had eight samples available. Within this subsample, mass spectral features for which FDR-adjusted $P < 0.05$ were found. A molecular network was created, and molecular families enriched for significant features were detected (hypergeometric test, see Supplementary Methods). To demonstrate that our conclusions are not sensitive to the particular subsample, we repeated the univariate analysis across 1000 subsamples and explored the spectral relationships across the entire sample set. Specifically, for each feature we assessed whether it appeared more often than would be expected, considering a feature significant if its frequency of appearance had a probability below 5% of occurring by chance (≥ 130 times based upon 11% features being chosen, on average, from each subsample, for more details, see Supplementary Methods). To check whether the same relationships between correlation and spectral similarity are recovered when considering all 1000 subsamples, we identified features whose spectral neighbourhood (cosine similarity ≥ 0.7) was enriched for features identified as

significant across the subsamples as described above (hypergeometric test, for more details, see Supplementary Methods). Additional information is provided in the Supplementary Methods. All statistical analyses were performed in R 3.6.1³² or Python 3.7.³³ All Jupyter notebooks used for statistical analysis are publicly available at: https://github.com/madeleineernst/Prematurity_SupplementaryMaterial.

Metabolite identification

Aggregated MZmine preprocessed MS/MS fragmentation spectra were submitted to feature-based mass spectral molecular networking through the Global Natural Products Social Molecular Networking Platform (GNPS)^{24,34,35} and searched against all GNPS spectral libraries. To further enhance chemical structural information within the network, substructure information was incorporated using the GNPS MS2LDA workflow (<https://ccms-ucsd.github.io/GNPSDocumentation/ms2lda/>).²³ Information from in silico structure annotations from Network Annotation Propagation²⁵ and Dereplicator³⁶ were incorporated using the GNPS MolNetEnhancer workflow (<https://ccms-ucsd.github.io/GNPSDocumentation/molnetenhancer/>)²⁶ with chemical class annotations retrieved from the ClassyFire chemical ontology.³⁷ A detailed description of all workflow parameters can be found in the Supplementary Methods. Mass spectral molecular network data, data from MS2LDA unsupervised substructure discovery, and in silico structure annotation are available upon request.

RESULTS

A total of 9010 metabolites (mass spectral features with unique MS/MS fragmentation patterns) were measured. Using a combination of metabolome mining tools, including mass spectral molecular networking (GNPS), unsupervised substructure discovery (MS2LDA) and in silico annotation through the MolNetEnhancer workflow,²⁶ putative chemical structural information at the chemical class level, corresponding to a level 3 metabolite identification according to the Metabolomics Standard Initiative's reporting standards³⁸ could be retrieved for over 60% (5687) of the detected metabolites (Supplementary Fig. 1).

PCoA and permutational analysis of variance demonstrated that 2.6% of the variation in the metabolomics data could be explained by gestational age (PERMANOVA, $P < 0.05$, Adonis $R^2 = 0.026$) with strongest separation observed along PCo3 (Fig. 1a).

The LASSO model suggested that a total of 83 metabolites give a strong estimate of gestational age, explaining an average of 48% of the variance (mean out-of-sample $R^2 = 0.48$, Pearson's $r = 0.73$, $P = 2.4 \times 10^{-50}$ for metabolome-estimated gestational age versus observed, ultrasound-guided gestational age) (Fig. 1b and Supplementary Results). Out of these 83 metabolites, four could be matched to GNPS library spectra with a mass spectral similarity score (cosine score) of ≥ 0.9 , including isoleucine–lysine, isoleucine, ophthalmic acid and *N1*-acetylspermine. Six metabolites were

selected in all tenfold CV models and were the most influential in estimating gestational age, whereas 83 metabolites were retained by at least one model. The chemical structural information could be retrieved for one of the six metabolites selected by all tenfold CV models, *N1*-acetylspermine. No chemical structural information could be retrieved for the remaining five metabolites selected in all tenfold CV models. However, by comparing mass spectral fragmentation spectra to data in the public domain,³⁹ we found that one of the five metabolites was previously found in human sputum samples of patients with cystic fibrosis undergoing antibiotic treatment, faecal samples of children and the surface of a tomato plant. This could suggest that the unknown structure is of (anti)microbial nature. A further unknown metabolite was previously found in diverse human plasma, skin and faecal samples.

Mean metabolite richness was found to vary significantly with different categories of prematurity (Kruskal–Wallis, $P < 0.05$), with higher numbers of metabolites observed for very preterm versus term neonates (Fig. 1c). Furthermore, mean metabolite richness was found to correlate significantly with gestational age (Kendall's $\tau = -0.12$, $P < 0.05$) with more metabolites observed in neonates born at 28 weeks of gestation (Supplementary Fig. 2). Within-sample metabolite diversity (Shannon index), on the other hand, was only found to vary marginally significantly with different

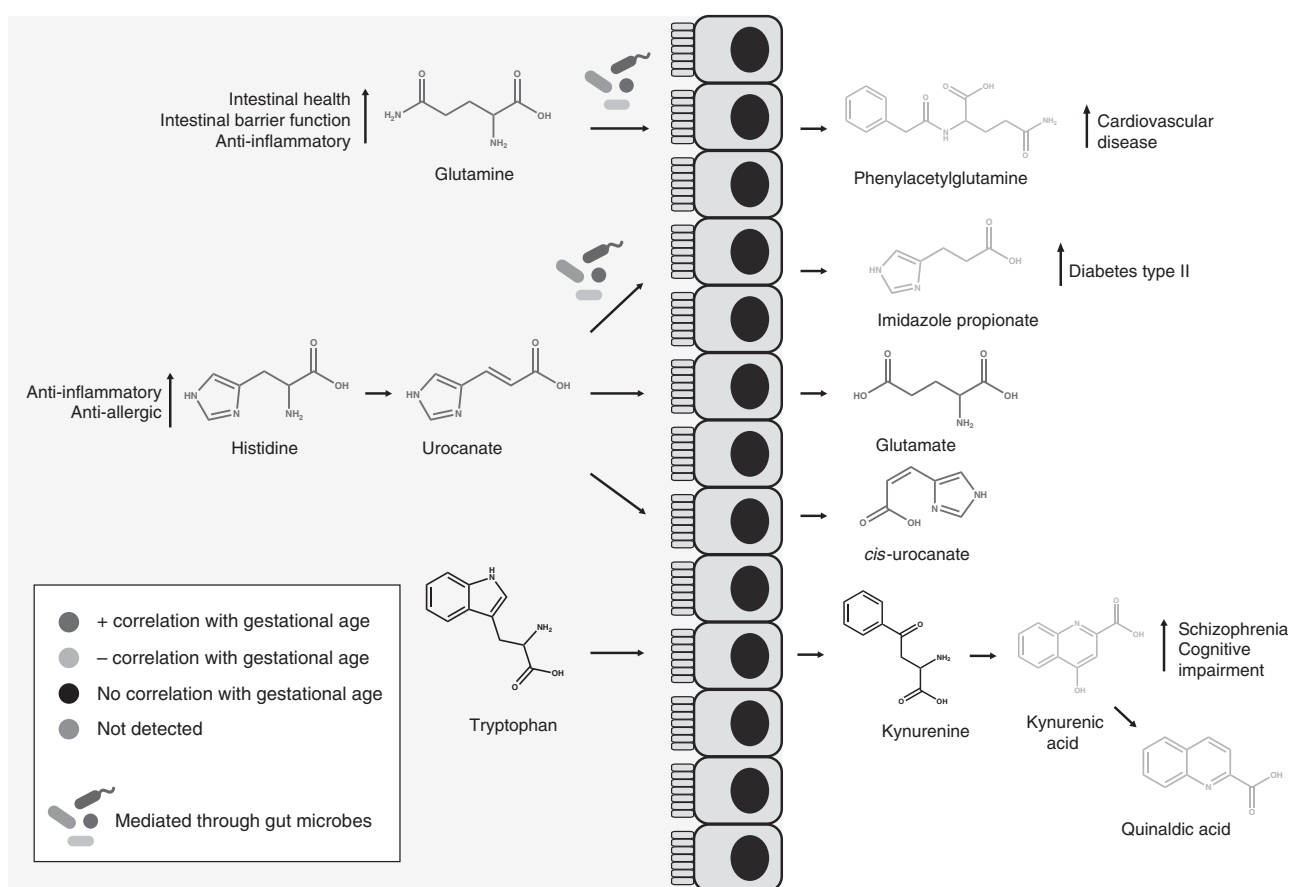


Fig. 2 Schematic representation of amino acid catabolism pathways in the gut with metabolites significantly correlating with gestational age highlighted. Molecules highlighted in red are positively correlated with gestational age, whereas molecules highlighted in blue are negatively correlated with gestational age (Kendall's τ , FDR-adjusted $P < 0.05$, in ≥ 130 subsamples). Molecules more abundant in preterm neonates (negative correlation with gestational age) have previously been associated with health complications related to prematurity, such as cardiovascular diseases, diabetes and cognitive impairment, and in two out of three cases may be mediated through gut microbiota. Metabolite annotations for glutamine, phenylacetylglutamine, histidine, (*cis*)-urocanate, glutamate, tryptophan, kynurenine and kynurenic acid were retrieved from GNPS with a spectral similarity score (cosine score) ≥ 0.9 , corresponding to a level 2 metabolite identification according to the Metabolomics Standard Initiative's reporting standards,³⁸ whereas chemical structural information of imidazole propionate and quinaldic acid was based on parent mass and substructure information retrieved from MS2LDA.

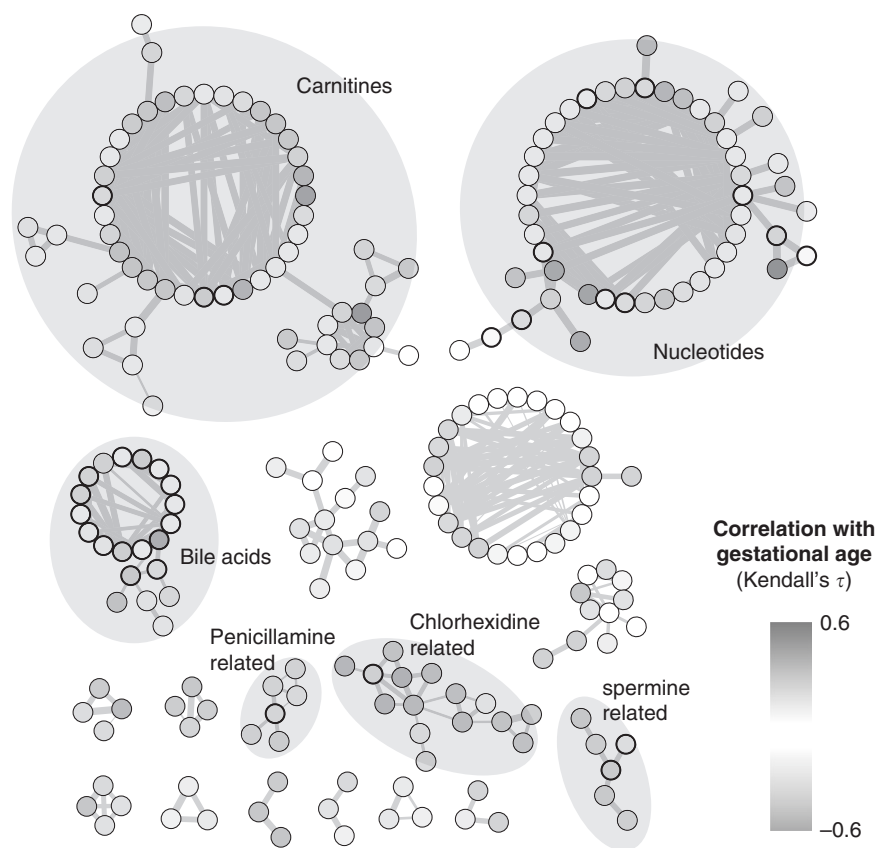


Fig. 3 Molecular families significantly overrepresented in metabolites correlating with gestational age ($P < 0.01$) identified through hypergeometric testing in a randomly selected subset of 148 samples ($n = 8-10$ per week of gestational age). Node colours represent correlation with gestational age (Kendall's τ). Metabolites for which chemical structural annotation could be retrieved are indicated with grey shadowing. The thickness of the lines connecting the nodes represents tandem mass spectral similarity, implying high chemical structural similarity. Nodes with bold black borders indicate GNPS spectral library hits. Carnitines, bile acids, nucleotides and spermine were previously reported to be implicated in the maturation of the gastrointestinal tract or being affected by the gut microbiome. Penicillamine could be reflective of antibiotics use and chlorhexidine, a common skin disinfectant reflective of different sampling strategies across term and preterm neonates.

categories of prematurity, with higher metabolite diversity observed in near-term and term born children when compared to very-preterm and late-term children (Kruskal-Wallis, $P = 0.045$) (Supplementary Fig. 3). Within-sample metabolite diversity was not found to vary significantly between preterm (< 37 weeks) and term (> 37 weeks) born children (Wilcoxon's rank-sum test, $P = 0.81$).

In the univariate analyses, 1459 metabolites ($\sim 16\%$) were found to significantly correlate with gestational age (FDR-adjusted $P < 0.05$, in ≥ 130 subsamples). Out of these 1459 metabolites, 74 could be chemically structurally annotated through GNPS library matching, manual or in silico annotation propagation throughout the mass spectral molecular network, including amino acid derivatives, carbohydrates (sugars), dipeptides, lipids (bile acids, carnitines and phospholipid catabolites), nucleotides, polyamines (N1-acetylspermine, spermine, spermidine and structural analogues) and xenobiotics (caffeine, acetaminophen, antibiotic-derived metabolites, including penicillamine disulfide, ampicillin and cefuroxime, as well as compounds related to chlorhexidine, a common disinfectant) (Supplementary Data 2). Of the 14 amino acid derivatives significantly correlating with gestational age, eight were found to possibly be related through the histidine, tryptophan or phenylalanine and tyrosine metabolic pathways,⁴⁰⁻⁴³ respectively (Supplementary Data 2 and Fig. 2). Seven amino acids or catabolites were found to correlate positively with gestational age (*cis*-urocanate/urocanate, glutamine, glutamic acid, histidine, ornithine, serine and valine), whereas seven were

found to correlate negatively with gestational age (3-ureidopropionic acid, imidazole propionate, isoleucine, kynurenic acid, methionine, phenylacetylglutamine and quinaldic acid). All peptides and chlorhexidine structural analogues were found to increase with gestational age, whereas antibiotics, caffeine, bile acids (except for cholic and hyocholic acid), carnitines, most nucleotide structural analogues, polyamines and sugars were found to decrease with gestational age. Ophthalmic acid and 4-hydroxynonenal, two potential indicators of oxidative stress,⁴⁴⁻⁴⁶ were found to increase and decrease with gestational age, respectively.

A total of 17 molecular families comprising 230 metabolites were found to be significantly overrepresented ($P < 0.01$) with metabolites correlating with gestational age (non-FDR-adjusted $P < 0.01$) by hypergeometric testing in a randomly selected subset of 148 samples with 10 samples per gestational week selected (except for week 30, where only eight samples were available) (Fig. 3). Chemical structure annotation could be retrieved for six molecular families (152 metabolites) and revealed that carnitine families mostly correlated positively with gestational age, whereas nucleotide, bile acid and spermine-related families correlated negatively with gestational age (Fig. 3, Supplementary Figs. 4-8). A family of structural analogues of penicillamine, likely a degradation product of penicillin, was found to correlate negatively with gestational age, while structural analogues of chlorhexidine, a common disinfectant, were found to correlate positively with gestational age. Comparable compound classes were also

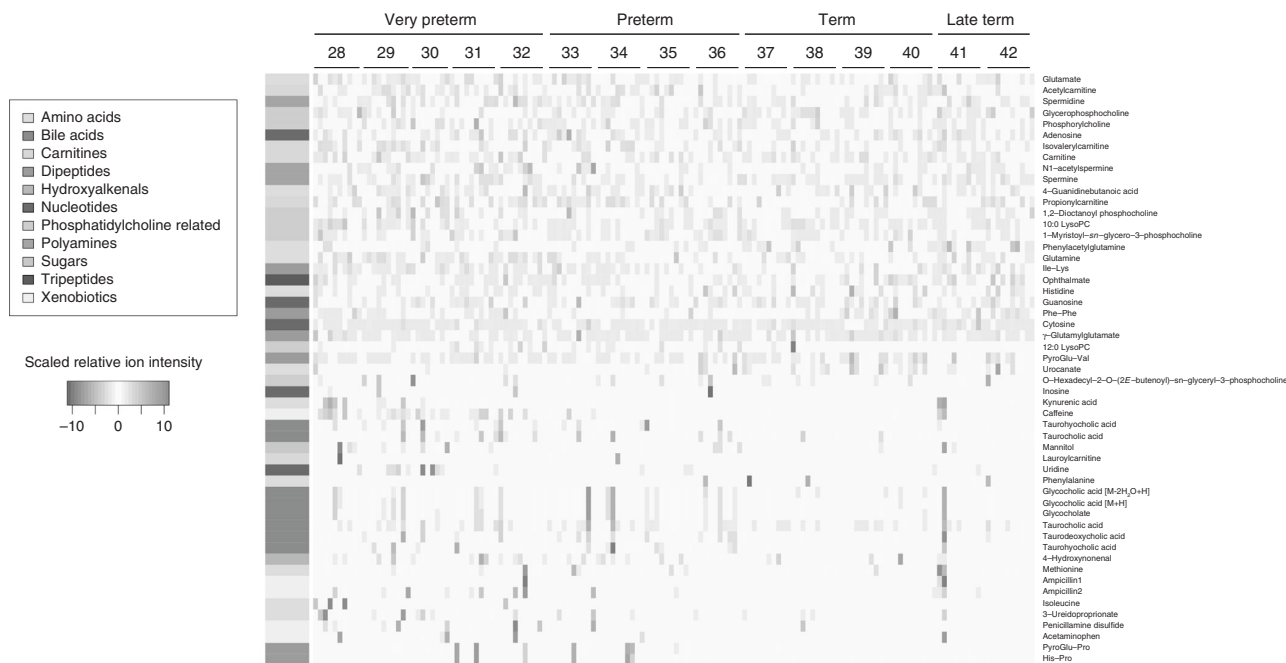


Fig. 4 Heatmap showing mass spectral features significantly associated with gestational age by either univariate correlation analysis, hypergeometric testing at the molecular family level or LASSO regression. For illustration, a subset of all samples is shown, with 10 subsamples per week of gestational age selected (except for week 30, $n = 8$). Metabolite annotations retrieved from GNPS with a cosine score ≥ 0.9 are shown, corresponding to a level 2 metabolite identification according to the Metabolomics Standard Initiative's reporting standards.³⁸

retrieved when looking across all samples. A total of 617 metabolites in the mass spectral molecular network of the full dataset (298 samples) had significantly more neighbouring metabolites with a spectral similarity score (cosine score) > 0.7 significantly correlating with gestational age (FDR-adjusted $P < 0.05$, in ≥ 130 subsamples) than would be expected by chance ($P < 0.05$). These metabolites included amino and bile acids, carnitines, dipeptides, nucleotides, phosphatidylcholine-derived compounds, polyamines and xenobiotics (ampicillin, penicillamine disulfide and chlorhexidine) (Supplementary Data 2). Six metabolites (four unknown metabolites, *N1*-acetylspermine and a carnitine structural analogue) were identified by all three statistical approaches to be significantly associated with gestational age (Fig. 1d). Figure 4 shows a summary of a total of 53 mass spectral features significantly associated with gestational age either by univariate correlation analysis, hypergeometric testing at the molecular family level or LASSO regression, for which metabolite annotations could be retrieved from GNPS with a spectral similarity (cosine) score ≥ 0.9 , corresponding to a level 2 metabolite identification according to the Metabolomics Standard Initiative's reporting standards.³⁸

DISCUSSION

There is currently limited knowledge on the metabolomic status of preterm neonates and a deeper understanding hereof will help further elucidate the complex pathophysiology of prematurity.

In this methodological study, tools deployed on untargeted metabolomics data from newborn DBS were demonstrated to have great potential to address future research questions. While a number of studies have assessed variation of a few selected metabolites with gestational age (e.g. refs. 47–50) this study assesses full metabolome-wide changes of several thousand of metabolites related to prematurity in dried blood spots from newborn screening.^{5,51}

We found that the metabolome of 2–3-day-old neonates is highly reflective of gestational age. Using statistical modelling,

univariate correlation analysis at the individual metabolite level and hypergeometric testing at the molecular family level, we found that 83, 1459 and 617 metabolites, respectively, were significantly associated with gestational age.

On average only 2–5% of metabolites can be chemically structurally annotated in untargeted LC-MS/MS-based metabolomics studies.⁵² Using a combination of different computational metabolomics tools, we were able to retrieve chemical structural information at a broad level for nearly 60% of the data collected, thus representing a major advance in biochemical interpretation. Furthermore, evaluating changes at the level of chemically structurally related molecular families (rather than individual metabolites) through hypergeometric testing is a novel approach, which allows us to understand metabolic changes of groups of metabolites changing consistently, but modestly across samples. This approach increases the chance for novel discoveries and a potentially better understanding of pathobiological processes as these metabolites would be missed in univariate approaches.

We identified amino acid-derived metabolites, dipeptides, polyamines, nucleotides, lipids (bile acids, carnitines and phosphatidylcholine-derived compounds), sugars and treatment-related compounds, such as penicillamine disulfide, cefuroxime and caffeine as significantly correlating with gestational age. Similarly, LASSO regression identified peptides, a polyamine and an amino acid (isoleucine) as most influential in estimating gestational age. Hypergeometric testing at the molecular family level additionally revealed that carnitine, bile acid, polyamine, nucleotide, antibiotic, phosphatidylcholine-derived compounds and chlorhexidine molecular families are most strongly associated with gestational age.

Our findings are in agreement with previous studies reporting significant differences across premature and term born children in carnitine and amino acid profiles.^{47–50} In addition, we highlight many other metabolite classes associated with gestational age, which in future studies may contribute to a better biochemical understanding of prematurity and pathophysiological mechanisms behind the development of prematurity-associated disorders.

Some of the metabolites highlighted in our study have, for example, previously been reported to be implicated by the gut microbiome (amino and bile acids, carnitines and phosphatidylcholine-derived compounds), involved in gut maturation (polyamines) or affecting gut microbial composition (antibiotics and diet-derived nucleotides)^{40–43,53–57} (Fig. 2 and Supplementary Discussion). In very recent studies, some of these microbiome-derived metabolites have been shown to be associated with a diverse range of pathophysiologies related to preterm birth (Fig. 2). There is a well-established increased risk for early- and also late-term complications to being born prematurely, so we can intuitively assume that risk biomarkers may be present in early-life samples in prematurely born children. In our study, we identified increased relative amounts of some microbial catabolites in preterm children who have been linked to well-known late-term complications of prematurity, such as phenylacetylglutamine (associated with increased risk for cardiovascular disease^{40,58,59}) or imidazole propionate (associated with type 2 diabetes.^{42,60}) Similarly, we found that kynurenic acid, a catabolite of tryptophan metabolism, is negatively correlated with gestational age, with higher relative abundances observed in preterm infants. Gut microbiota were shown to play an important role in tryptophan metabolism^{41,53} and high levels of kynurenic acid in the central nervous system have been associated with schizophrenia and cognitive impairment.⁶¹ Corroborating with these findings, previous studies have found tryptophan and bile acid metabolic pathways affected by gestational age in urine metabolomics samples of children at week 4 of age.⁶²

Similarly, ophthalmic acid and 4-hydroxynonenal may be biomarkers of oxidative stress.^{44–46} Interestingly, ophthalmic acid was here found to be positively associated with gestational age, whereas 4-hydroxynonenal was found to be negatively associated with gestational age with the highest relative abundance observed in prematurely born children. Elevated levels of 4-hydroxynonenal have been proposed to be implicated in pathophysiological processes of a number of diseases, including cancer, diabetes, cardiovascular, inflammatory and neurodegenerative complications.⁴⁶

Although this was a methodological study and not designed to establish a direct causal or pathophysiological link between a specific marker and a later occurring complication, we may speculate that the observed difference in the neonatal metabolome may reflect an increased risk of early- or late-term complications on an individual level.

Common clinical practice, such as antibiotics, use seems furthermore reflected in the neonatal metabolome and significantly related to gestational age. Antibiotic-related metabolites (penicillamine disulfide and cefuroxime) and caffeine correlated negatively with gestational age, which reflects that preterm neonates are at increased risk of infection and often require broad-spectrum antibiotics from birth onwards.⁸ Caffeine is the most commonly used medication for the treatment of apnoea of prematurity.⁶³ Antibiotics are known to have profound effects on gut microbial communities, and modified metabolic activity of the antibiotic-altered gut microbiome has been shown to result in decreased faecal levels of dipeptides and increased levels of primary bile acids and sugar alcohols in mice.⁵⁷ In agreement with this finding, we here observed decreased blood levels of dipeptides and increased levels of primary bile acids and sugars, which could possibly result from an increased antibiotic use in prematurely born children. Similarly, gestational age-dependent differential abundance of nucleotides or phosphatidylcholine-derived compounds among others may be reflective of differential feeding patterns. Preterm neonates are often fed parenterally, while term neonates are more likely to be breastfed.

Overall, we found more metabolites in preterm neonates when compared to term neonates. Within-sample metabolite diversity, on the other hand, was found to differ only marginally across

different categories of prematurity. Increased metabolite richness in preterm neonates could be reflective of increased medication in prematurely born children. Alternatively, it is known that intestinal permeability is higher in preterm compared to term neonates.⁶⁴ Increased metabolite richness could thus also be reflective of increased intestinal permeability. The relatively constant within-sample metabolite diversity across different categories of prematurity would be in agreement with this hypothesis (more versus more diverse metabolites).

Our data reveal that metabolomic profiling of neonatal DBS in combination with recently developed computational metabolome mining methods offers a powerful tool for monitoring gestational age-dependent metabolic degree of prematurity in neonates and may contribute to an improved biochemical understanding of pathophysiological mechanisms behind the development of prematurity-associated disorders. Some of the metabolites here identified as significantly related to gestational age have previously been described to be related to the gut microbiome and short- as well as long-term health complications related to preterm birth. This finding is suggestive that catabolites of microbial metabolism are detectable in the neonatal blood as early as 2–3 days of life, and untargeted DBS metabolomic analyses in combination with computational tools applied here may offer a powerful tool to decipher complex biochemical underpinnings of prematurity-associated disorders.

Limitations

This study draws strength from being based on a cohort of samples retrieved from the Danish National Biobank and thus being collected prospectively as part of the National Newborn Screening Programme. Therefore, a systematic inclusion bias is not likely to have influenced the study. Although we detected a large diversity of metabolites, metabolites extracted and detected in our study are inherently reflective of metabolites targeted during neonatal screening of inborn diseases. Furthermore, only information provided on each newborn screening specimen, including gender, gestational age in weeks, age at sampling, multiplicity and mother's age were available to us in this methodological study. Data on other covariates, such as delivery mode, parenteral nutrition, maternal characteristics or later development of disease, were not available. A multi-omics approach and extensive prospective sampling would be needed to establish a direct link between metabolic markers and later development of prematurity-associated disorders. Maternal disorders and maternal medication that may pass the placenta barrier could potentially impact the results, and comorbidities such as being born small for gestational age may equally be a confounding factor.^{65,66} More samples would allow for more statistical power, whereas an independent test and training data set would allow for generalization of the findings outside this study. Lastly, all metabolite identifications described here are putative, corresponding to a level 2–3 identification according to the Metabolomics Standard Initiative's reporting standards. Further studies would be needed for unambiguous chemical structural identification. Although putative chemical structural information could be retrieved from a significant amount of metabolic features in this study, chemical structural information of many features related to gestational age remains unknown. Further development in the field of computational metabolomics, and increasing contributions to community-based metabolomics platforms such as GNPS will play a key role in improving our understanding of biochemical underpinnings of diverse pathophysiologies in the coming years.

CONCLUSIONS

Our data demonstrate that the neonatal metabolome is strongly reflective of gestational age. Some of the metabolites here found to be significantly associated with gestational age have previously

been related to the gut microbiome or maturation and short- as well as long-term complications of preterm birth. This finding suggests that catabolites of microbial metabolism are detectable in the neonatal blood as early as 2–3 days of life, and neonatal dried blood metabolomics may offer a powerful tool to decipher complex biochemical underpinnings of prematurity-associated disorders. We show that metabolomic profiling of neonatal DBS in combination with recently developed computational metabolome mining methods offers a powerful tool for monitoring metabolic maturation in preterm neonates. Further studies will be needed to establish direct causal or pathophysiological links between marker metabolites and later occurring disorders related to preterm birth.

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AUTHOR CONTRIBUTIONS

M.E. performed statistical analysis and chemical structural annotation, interpreted the data and drafted the manuscript. S.R. performed statistical analysis, contributed to the interpretation of the data and the drafting of the manuscript. U.L.-T. contributed to data interpretation and the drafting of the manuscript. A.B. and S.S.L. conceptualized and designed the study and acquired the data. J.C. contributed to data interpretation and the drafting of the manuscript. A.B., M.N., T.W. and P.B.M. obtained funding. D.M.H. conceptualized and designed the study, obtained funding and together with A.S.C. takes full responsibility for compliance with data sharing policies and ethical approval of the study. A.S.C. conceptualized and designed the study and contributed to the interpretation of the data and drafting of the manuscript and together with D.M.H. takes full responsibility for compliance with data sharing policies and ethical approval of the study. All authors critically revised the manuscript for important intellectual content.

ADDITIONAL INFORMATION

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