



## ARTICLE

# Systematic review of structural and functional neuroimaging studies of cannabis use in adolescence and emerging adulthood: evidence from 90 studies and 9441 participants

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Cannabis use peaks in adolescence, and adolescents may be more vulnerable to the neural effects of cannabis and cannabis-related harms due to ongoing brain development during this period. In light of ongoing cannabis policy changes, increased availability, reduced perceptions of harm, heightened interest in medicinal applications of cannabis, and drastic increases in cannabis potency, it is essential to establish an understanding of cannabis effects on the developing adolescent brain. This systematic review aims to: (1) synthesize extant literature on functional and structural neural alterations associated with cannabis use during adolescence and emerging adulthood; (2) identify gaps in the literature that critically impede our ability to accurately assess the effect of cannabis on adolescent brain function and development; and (3) provide recommendations for future research to bridge these gaps and elucidate the mechanisms underlying cannabis-related harms in adolescence and emerging adulthood, with the long-term goal of facilitating the development of improved prevention, early intervention, and treatment approaches targeting adolescent cannabis users (CU). Based on a systematic search of Medline and PsycInfo and other non-systematic sources, we identified 90 studies including 9441 adolescents and emerging adults ( $n = 3924$  CU,  $n = 5517$  non-CU), which provide preliminary evidence for functional and structural alterations in frontoparietal, frontolimbic, frontostriatal, and cerebellar regions among adolescent cannabis users. Larger, more rigorous studies are essential to reconcile divergent results, assess potential moderators of cannabis effects on the developing brain, disentangle risk factors for use from consequences of exposure, and elucidate the extent to which cannabis effects are reversible with abstinence. Guidelines for conducting this work are provided.

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## INTRODUCTION

Cannabis use is extremely common [1–3], particularly among youth [e.g., reported by 38.3% of US 12th graders [4]]. While there is substantial evidence that use is associated with harmful outcomes for a subset of cannabis users (CU) [5–11], many use without negative consequences. Cannabis has recently been decriminalized and/or legalized in many US states [12], and a bill to decriminalize cannabis was recently passed in the House of Representatives. In addition, cannabinoids have been proposed to have therapeutic potential [13]. However, current understanding of the effects of cannabis on brain and behavior—including neural mechanisms underlying cannabis-related harms—remains limited, particularly effects during neural development.

Cannabis use typically begins during adolescence and peaks in adolescence/emerging adulthood [14, 15]. Critically, adolescents may be more vulnerable to neural cannabis effects and cannabis-related harms due to ongoing brain development during this period [5, 16]. However, few studies have directly compared

effects of cannabis between adolescents and adults, and results are mixed [17, 18]. Recent reviews and meta-analyses support cognitive deficits among adolescent relative to adult CU, and also suggest that these deficits may be reversible with abstinence [17, 19, 20]. Adolescence is a unique period characterized by the most substantial neural change aside from the perinatal period [21]. In particular, large-scale changes in neural architecture are thought to support the development of higher-order cognitive and emotional processes necessary for adaptive functioning in adulthood [22–25]. Therefore, effects of cannabis on the brain during adolescence may have important implications for long-term development.

Altered structure and function of brain regions implicated in executive functioning, emotion, reward, and memory have been reported among CU relative to nonusers [19, 26, 27], which may represent potential mechanisms of cannabis-related harms. However, the extant literature on neural correlates of cannabis use has been inconsistent [26, 28]. Many factors likely contribute

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to mixed results, including methodological differences, small sample sizes, inconsistencies in cannabinoid composition and potency, developmental timing of cannabis use, and various moderators of cannabis effects on the brain, such as sex and different patterns of use [16, 29, 30]. To address these limitations, this review seeks to: (1) review and synthesize extant literature on structural and functional neural correlates of cannabis use during adolescence and emerging adulthood; (2) identify gaps in the literature that critically impede our ability to accurately assess the effects of cannabis on adolescent brain function and development; and (3) provide recommendations for future research to bridge these gaps and elucidate the mechanisms underlying cannabis-related harms in adolescence and emerging adulthood. Strong data on the neural correlates of adolescent cannabis use is essential to facilitate the development of improved prevention, early intervention, and treatment approaches targeting adolescent CU.

## MATERIALS AND METHODS

A systematic literature search of Medline and Psycinfo was conducted on June 10th, 2019 with 25 search terms encompassing the following parameters: adolescen\* (OR young, youth, pubertal, puberty, minors, emerging adult, development) and cannabis (OR cannabidiol, cannabinoid, cbd, marijuana, thc) and mri (OR diffusion imaging, dti, fmri, fractional anisotropy, functional connectivity, magnetic resonance, microstructure, neuroimaging, resting state, white matter (WM)). This produced 510 studies (see Fig. 1 for PRISMA flowchart). Adolescence refers to the developmental epoch between childhood and adulthood, yet precise definitions vary [31]. While adolescence is traditionally considered to begin at puberty, the appropriate endpoint of adolescence remains debated. While many define adolescence as spanning from age 10–19 [32], it has been argued that an expanded definition of adolescence extending into the mid-20s is more consistent with neurodevelopmental trajectories, as well as the timing of major role transitions associated with adulthood [31]. In line with this expanded view, we define adolescence as extending until age 25, but have used the terms adolescence and emerging adulthood to accommodate the various definitions in the literature. Accordingly, inclusion criteria for the current review were as follows: mean age  $\leq$  25, minimum sample of 15 participants per group, and participants with personal cannabis use histories. THC administration studies in healthy volunteers and studies of prenatal cannabis exposure were excluded.

The search strategy was developed by authors SDL, NM, and SWY. Author NM took the lead on screening manuscripts for inclusion, and all eligibility questions were resolved in consultation with SDL and SWY. SDL, NM, and SWY then divided the remaining 88 manuscripts into sections based on their primary methods and assigned sections to co-authors who conducted the literature review and drafted the accompanying table for their section. Two additional studies were identified during peer review, for a final total of 90 studies. To ensure that the information summarized in each table accurately reflects the published literature, each table was cross reviewed for accuracy by a second author, with points of discrepancy resolved by the first author (SDL; see Author Contributions).

## RESULTS

### Sample characteristics

Ninety studies were selected for inclusion and further categorized into functional MRI studies using neurocognitive, inhibitory control, drug cue reactivity, reward, social/emotion, and resting-state paradigms, and structural studies of brain volumes, morphometry, and WM microstructure, as well as multimodal studies (see Fig. 1 for PRISMA flowchart). Together, these studies are comprised of data from 9441 adolescents and emerging adults ( $n = 3,924$  CU,  $n = 5517$  non-CU). Prevalence estimates for lifetime use are similar for male and female adolescents in the United States [33], yet 12 studies included solely male participants and no study included only females. Across all studies, only 35.9% of participants were women (see Fig. 2). Key findings and areas of convergence/divergence are summarized in the main text below and results of each study are detailed in accompanying tables.

## FUNCTIONAL MRI LITERATURE

### Neurocognitive functioning

As summarized in Table 1A, findings from cross-sectional studies generally indicate differences within corticolimbic and frontoparietal regions during memory task performance among youth with CU relative to non-users. However, the direction of these alterations has differed across studies and may be age-dependent, with increased activity reported among younger adolescents [34–36] and decreased activity reported among older adolescents and emerging adults [37, 38]. Whereas multiple studies using n-back tasks have not reported significant differences in neural activation during working memory performance between CU and non-users [39, 40], two studies found that working memory-related neural activation prospectively predicts initiation [41] or escalation [39] of use during spatial working memory [41] and n-back [39] tasks, respectively. In particular, increased frontoparietal [39, 41] and decreased visual and precuneus [41] engagement predicted cannabis use 6 months [39] and 3 years [41] later. Together, longitudinal data indicate limited effects of cannabis use on working memory function and raise the possibility that working-memory-related neural differences may precede cannabis use [39–41].

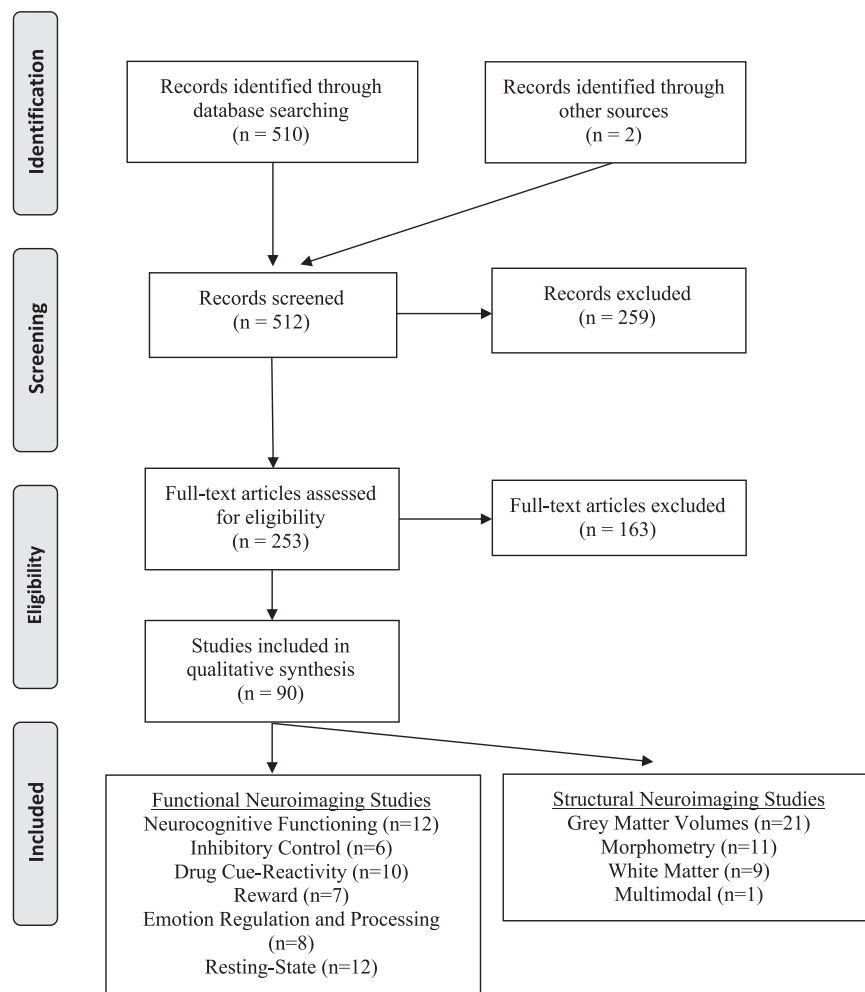
Several studies have also used dimensional (i.e., regression) or within-group (e.g., median split) analysis approaches to assess the effects of cannabis use characteristics (e.g., frequency, severity, age of initiation) on patterns of neural function during cognitive tasks. These data suggest that increased activation across several regions (i.e., frontoparietal, cingulate, insular, subcortical, and cerebellar) during neurocognitive processes may be linked to individual differences in cannabis use, including earlier age of initiation [42], and severity [43]/frequency of use [44]. Collectively, these data provide preliminary evidence for altered corticolimbic and frontoparietal activation among adolescent CU during neurocognitive task performance and suggest that these alterations may represent a risk factor for use rather than a consequence of exposure. Nonetheless, differences in cannabis inclusion criteria (e.g., lifetime vs. past-month use, as summarized in Table 1A) and task type (e.g., spatial working memory vs. n-back vs. associative learning tasks, as summarized in Table 1A) may contribute to variation in findings across studies.

### Inhibitory control

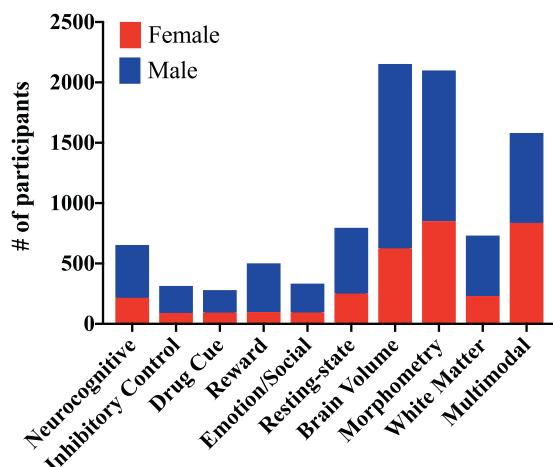
Findings from studies of inhibitory control processing are summarized in Table 1B. Several studies converge in reporting significantly increased brain activation [45, 46] and/or functional connectivity [47] among CU relative to controls during successful inhibition, primarily within prefrontal, parietal, cingulate, and cerebellar areas. However, several other studies found no significant group differences [47–49]. Notably, increased neural activation among CU was coupled with comparable [45, 46, 48–50] or worse [47] behavioral task performance, suggesting possible compensatory patterns of neural response. Conversely, one study examining individuals at high familial risk for substance use found that lower right DLPFC activation was characteristic of those with personal cannabis/alcohol use during adolescence [50]. Given that this study combined adolescents with alcohol and cannabis use histories, it is difficult to reconcile these findings with the other studies reviewed. Overall, these data provide mixed evidence for altered frontoparietal, cingulate and cerebellar activation during inhibitory control performance among adolescent CU.

### Drug cue reactivity

Findings from studies assessing neural response to cannabis cues are summarized in Table 1C. Among these, three compared cannabis to control cues [51–53] or tested a main effect of cannabis cues [53] in CU and reported greater cue reactivity to cannabis cues in brain regions involved in reward, incentive salience, and visual attention. Overlap (i.e., similar brain region



**Fig. 1 PRISMA flowchart.** A systematic literature search of Medline and Psychinfo was conducted on June 10th, 2019, with 25 search terms, encompassing the following parameters: adolescen\* and cannabis and mri. This produced 510 studies. 2 additional studies were identified during peer review. Studies were screened based on inclusion criteria: (1) participants with personal cannabis use histories (THC administration studies in healthy volunteers and studies of prenatal cannabis exposure were removed), (2) mean age  $\leq 25$ , and (3) minimum cell size of 15 participants, and 90 studies were identified for inclusion in the current review. Note that studies that include multiple fMRI tasks or assess multiple structural characteristics are included in multiple sections, as appropriate.



**Fig. 2 Prevalence of male and female participants across reviewed study domains.** Across all studies, only 35.9% of participants were female. Figure 2 displays the number of male and female participants included in each category reviewed.

reported in  $\geq 2$  studies) was found in the superior frontal gyrus, medial frontal gyrus, fusiform gyrus, inferior and middle occipital gyrus, inferior parietal lobule, precuneus, parahippocampal gyrus, hippocampus, amygdala, and thalamus. Additionally, acute cannabis administration reduced striatal cue reactivity for CU compared to non-substance users [54].

Two studies investigated whether cannabis cue-reactivity relates to cannabis dependence and/or addiction severity by comparing dependent and non-dependent CU and found no group differences in activation [55] or reward-related functional connectivity [56]. Nonetheless, cue exposure was associated with heightened functional connectivity between the nucleus accumbens (NAcc) and the anterior cingulate gyrus, caudate, and cerebellum across all CU [56], and cue-reactivity in the left putamen prospectively predicted problem severity at 3-year follow-up [55]. Another study of treatment-seeking adolescent CU [57] found a prospective association between increased striatal and cerebellar activation while participants were concurrently exposed to cannabis cues and their own change talk (statements in favor of reducing their cannabis use) and reduced frequency of use at a 1-month follow-up, suggesting clinical relevance. Two studies examined whether genetic variation may impact cannabis cue-reactivity and found modest effects of risk alleles for the

**Table 1.** Primary findings from functional MRI studies of adolescent and young adult cannabis users.

Ref	Design	CU (N, Fn)	NC (N, Fn)	Age (mean) <sup>a</sup>	Inclusion	Status	Abstinence	Task	Analysis method (including ROI or WB)	MC	Findings
A) Neurocognitive studies											
Padula [34]	CS	17, 3F	17, 5F	CU: 18.1 NC: 17.9	CU Mean lifetime use: 477.1 NC Mean lifetime use: 0.5	AB	≥28 days	Spatial WM task	WB	k > 50 voxels, p corrected < 0.05, using MCS	CU > NC (SWM v. vigilance): claustrum, caudate, putamen, thalamus, globus pallidus, insula, precuneus, postcentral gyrus, SPL Group x performance interaction: Positive association w/performance for CU and negative association for NC in the temporal gyrus and uncus, uncus and parahippocampal gyrus, thalamus and pulvinar
Schweinsburg [35] <sup>1</sup>	CS	15, 4F	17, 5F	CU: 18.1 NC: 17.9	CU: Mean lifetime use: 480.7 NC Mean lifetime use: 0.5	AB	≥28 days	Spatial WM task	WB	k > 1328 $\mu$ l, p < 0.05	CU > NC (SWM > vigilance); SPL NC > CU (SWM > vigilance); MFG NC > CU (vigilance > SWM); cuneus, lingual gyrus
Jager [36]	CS	21, 0F	24, 0F	CU: 17.2 NC: 16.8	CU: ≥200 lifetime uses; mean lifetime no. of joints = 4006 <sup>Δ</sup> NC: non-using controls; mean lifetime no. of joints = 1.8 <sup>Δ</sup>	I	5.1 weeks ± 4.2	Verbal WM; Pictorial AM Baseline + 7 day FU	WB + ROI (group activation map)	WB: pFWE < 0.05; ROI: mean BOLD extracted and compared in SPSS	WM task: WB: ns ROI: CU > NC (novel > practice); IFG, ACC, PCC, DLPFC AM task: WB and ROI: ns
Carey [37]	CS	15, 2F	15, 4F	CU: 22.4 NC: 23.3	CU: Current use (5-7 days/week for previous 2 years) <sup>b</sup> & lifetime use > 500 joints & positive Uttox NC: no use	C	n.r.	Paired assoc. learning	WB + ROI (group activation map)	Bonferroni correction < 0.05 k > 142 $\mu$ l	NC > CU (Corrected vs. repeated error); ITG, SPL, IPL, hippocampus, dACC, thalamus, putamen, PCC and SMG CU > NC (corrected errors vs. repeated errors); R. thalamus NC > CU (corrected errors); supramarginal gyrus, IPL NC > CU (corrected errors vs. repeated errors); dACC, hippocampus, ITG, thalamus, temporal pole, SOG and putamen
Dager [38] <sup>1</sup>	CS	27, 15F	33, 22F	CU: 18.3 NC: 18.4	CU: Past 3-month use NC: no use in past 3 months	C	No A1ch or other drugs	Figural Memory Task	WB + ROI (IFG, hippocampus)	ROI: mean BOLD extracted and compared in SPSS	NC > CU (recognition 'hits'); hippocampus, IFG Exploratory uncorrected sex x group interaction: NC > CU (men only); IFG, hippocampus; no significant differences in women <sup>c</sup>
Cousijn [39]	PA	32 <sup>d</sup> , 11F	41, 15F	CU: 21.4, NC: 22.0	CU: Use > 10 days/month for 2 years NC: lifetime use < 50 joints and none past year	C	≥24 h	N-back Baseline + 6 month FU	Tensor ICA (WM network) + ROI (WM network)	Bonferroni correction < 0.05, Spatial map threshold, Z > 2.3 pTFCE < 0.05	No baseline differences between NC and CU in WM network. ↑ baseline WM network engagement 1 cannabis use at 6 months (no association w/ baseline cannabis use).
Cousijn [40]	PA	22, 7F	23, 9F	CU: 21.0 NC: 22.1	CU: Use > 10 days/month for 1.5 years NC: lifetime use < 50 joints and none past year	C	≥24 h	N-back Baseline + 3-year FU	Tensor ICA (WM network) + ROI (WM network)	pTFCE < 0.05, Z > 2.3	No main effects of time or group interactions between time and group. No sig. interaction between reaction time, accuracy, and group.

Table 1. continued

Tervo-Clemmens [41]	PA	22, 10F	63, 34F	CU: 12.67 NC: 12.77	No use at age 12 (1st scan) CU: Lifetime use by age 15 (2nd scan) NC: No lifetime use by age 15	f + l	None	Spatial WM, Baseline + 3 year FU	WB	AFNI 3dClustSIM (with -acf) k > 11 pFDR < 0.05	Baseline: CU > NC: MFG, IPL, paracentral lobule, cingulate gyrus, pre-SMA, occipital gyrus NC > CU: lingual gyrus, precuneus, occipital gyrus Follow-up: NC > CU: cuneus
Becker [42]	CS	43, 9F (26 EOU, 17 LOU)	n/a	EOU: 21.0 LOU: 24.5	Min. life uses > 10 g EOU; < 16 years.	l	n.r.	N-back	WB + ROI (dIPFC & SPL)	ROI: k > 20, pFWE < 0.05, SVC; WB correlations: k > 20, uc p < 0.001	ROI: EOU > LOU (2-back vs 0-back); left SPL WB: Across all participants, ↓ age of onset ↑ BOLD in IFG, SFG, STG, insula (1-back), precuneus, SPL, MFG, IFG, paracentral (2-back), putamen (n.r.)
Alol [43]*	CS	49, 19F	33, 12F	16.1	CU: Lifetime MJ or Alch NC: no lifetime MJ or Alch	AB	≥ 4 weeks	Affective Stroop	WB + ROI (amygdala)	AFNI 3dClustSIM (with -acf) WB: k > 19 p < 0.001 ROI: > 5, p < 0.02	CUDIT × task condition interaction: PCC, precuneus, IPL, MITG, culmen, cerebellum: ↑ CUDIT score associated w/ incongruent > congruent > control
Becker [44]	CS	42, 9F	n/a	22.5	Min. life uses > 10 g	l	86.52 ± 235.66 days	Paired assoc. learning	WB + ROI (hippocamp, parahippocamp)	ROI: k > 20, pFWE < 0.05, SVC; WB: k > 20, pFWE < 0.05	No difference between EOU and LOU groups; no difference based on duration of use (median split); Median split of high-frequency users (versus low frequency) indicated increased BOLD activation of left parahippocampal gyrus during encoding
Sagar [144]	CS	49*, 8F (EOU: 24, LOU: 25)	33*, 13F	CU: EOU: 23.7, LON: 24.4 NC: 24.5	CU: ≥ 2500 lifetime uses & ≥ 5 days past week & pos Uttox & DSM-IV MJ dependence. NC: < 15 lifetime uses of MJ or any other illicit drug	C	≥ 12 h	Stroop	Whole-brain analysis +ROI (ACC)	WB: p < 0.0001 uncorrected k > 10	Within-group analyses of task effects indicated qualitatively different patterns of activity among CU vs NC, but no between-group statistical comparisons reported.
B) Inhibitory control studies											
Gruber [45]	CS	23, 7F	16, 9F	CU: 22.43 NC: 22.75	CU: Min. 2500 lifetime MJ uses; min 5 days of MJ use in last 7 days; positive utox for MJ; met criteria for cannabis abuse or dependence NC: < 15 lifetime uses of MJ or any other illicit drug; negative utox	C	12 h	MSIT	ROI: ACC	FDR p < 0.05, k > 14	CU > NC (interference vs control): L, mid cingulum EOU > LOU (interference vs control): R mid cingulum LOU > EOU (interference vs control): L, anterior mid cingulum
Tapert [46]	CS	16, 4F	17, 5F	CU: 18.1 NC: 17.9	Min. 60 lifetime MJ uses NC: < 5 lifetime MJ uses	AB	58.4 days ± 52.8	Go/No-Go	WB	p < 0.05, k > 22	CU > NC (No-Go vs baseline): bilateral anterior MFG & SFG; R superior MFG extending to the anterior insula, mPFC, bilateral PPC, R lingual gyrus CU > NC (Go vs baseline): R IFG & anterior insula, R SFG, R SPL, R IPL, medial precuneus

Table 1. continued

Behan [47]**	CS	17, 1F	18, 1F	CU: 16.5 NC: 16.1	CU: Currently in treatment for cannabis dependence NC: n = 4 reported lifetime MJ use (avg estimated lifetime use = 13 joints); n = 3 reported past month MJ use (avg 3 joints)	T	Night before scanning	Go/No-Go	WB + ROI (22 regions of "response inhibition network")	p < 0.05 corrected (t = 3.01, p ≤ 0.005, k > 277 μl based on MCS) Connectivity Analysis: p < 0.001	No group differences in WB or ROI analysis Exploratory connectivity analysis <b>CU &gt; NC</b> (correlation between ROI time courses): L & R IPL, L tuber of cerebellum; R IFG, L IPL, L tuber of cerebellum
Claus [48] <sup>9</sup>	CS	39, 11F	37, 17F	CU: 15.97 NC: 16.05	CU: ≥ 1 MJ use in past month NC: ≤ 1 MJ use in past month & endorse "never" or "occasional" MJ use on Risky Behavior Questionnaire	P	24 h	BART	WB	voxel z > 2.3, cluster p < .025	<b>MJ + AIC &gt; CU</b> (linear risk vs linear control); L PoCG/SPL
Filbey [49]	CS	CU: 44, 10F CU: 30, 9F	-	CU: 23.7 CU: 24.8	Min 4x/week for min past 6 months (both groups); positive utox for MJ	C	3.38 days	SST	7 network ROIs: basal ganglia, right frontal, SN/STN, orbital, pre- SMA and precentral gyrus, parietal, medial orbital	FWE p < 0.007	No group differences for stop success vs. baseline PPI analysis <b>CU &gt; CU</b> (stop success vs baseline; right frontal seed); SN/ STN network
Martz [50]***	PA	36, 9F	21, 7F <sup>b</sup>	HR: 19.88 Res: 20.68	HR: Min 2x/week binge drinking and/or monthly MJ from age 17- 26 Res: Classified within the low MJ use trajectory group and report no monthly use from age 17-26	HR	48 h	Go/No-Go	WB	Voxelwise FDR p < 0.05, cluster- forming threshold FWE p < 0.05	No group differences observed. Hierarchical Multivariable <b>Logistic Regression</b> High-risk youth displayed lower R diPFC activation during correct inhibition
CI Drug cue reactivity studies											
Karoly [51]	CS	40, 19F	-	18.83	"Regular" cannabis use (~5x/week)	C	12 h	Cue reactivity	WB GLM ROI (bilateral amygdala, VS, OFC)	cluster-corrected p < 0.05, z > 4.3	Cannabis > Control cues: bilateral fusiform, PCC, cuneus, parahippocampal gyrus, & ITG; L MFG, SFG, thalamus, precuneus, & MOG No significant correlations between ROI (cannabis > non- cannabis cues) and cannabis self-report measures
Filbey [52] <sup>2</sup>	CS	38, 7F	-	23.74	Min 4x/week MJ use for past 6 months	C	72 h	Cue reactivity	WB GLM	cluster-corrected p < 0.05, z > 2.3	Cannabis > Control (neutral) cues: cluster in R PoCG, L fusiform gyrus, L cerebellum, R precentral gyrus and L IPL, cluster in R IFG, R insula, R lateral OFC, R STG Correlations (n = 25; clusters identified from above contrast) ↑ MPS ↑ cannabis-cue reactivity; bilateral medial OFC, R ACC, NAC



Table 1. continued

Charboneau [53]	CS	16, 11F	-	23.7	Current CUD: utox positive for cannabis	CUD	$\geq 8$ h (13.5 $\pm$ 2.1)	Cue reactivity	WB GLM to identify regions of significant (de)activation to cannabis cues (vs baseline); regions identified used as ROIs for add'l analyses	voxel threshold $p < 0.001$ , extent $k = 30$ , FWE- corrected $p = 0.05$	Cannabis cues main effect: inferior OFC, posterior cingulate gyrus, parahippocampal gyrus, hippocampus, amygdala, superior temporal pole, occipital cortex Cannabis>Control cues: inferior occipital gyrus, fusiform gyrus, hippocampus, amygdala Correlations $\uparrow$ craving $\uparrow$ cannabis cues main effect during first fMRI run; occipital cortex, parahippocampal gyrus, thalamus, hippocampus, superior temporal pole, middle occipital gyrus ( $p < 0.044-0.02$ )
de Sousa Fernandes Perna [54]	CS	21, 6F	20, 10F	22.5	CU: MJ use 3-10x/ week during the previous year NC: No current MJ use; experimental MJ use > 1 year prior allowed	C	1 week	Cue reactivity	ROI: striatum (bilateral putamen, caudate and globus pallidus)	pFWE-corrected at cluster level <0.05	Sobriety: Cannabis group; Cannabis>Control (neutral) marketing cues: increased striatal ROI ( $p < 0.001$ ) Intoxication: Treatment with cannabis > placebo decreased striatal ROI ( $p < 0.001$ ); and cannabis marketing>control (neutral) cues increased striatal ROI ( $p = 0.014$ )
Vingerhoets [55] <sup>3</sup>	PA	23, 7F	-	20.9	MJ use > 10 days/month for at least 2 years	C	24 h	Cue reactivity	Hierarchical multiple regression: baseline cue-induced ROI activation predicting cannabis use and problem severity at 3-year follow-up: ROIs: ACC, OFC, VTA, amygdala, striatum	None	Neither cannabis nor control cues in any ROI predicted weekly cannabis use (g) at 3-year follow-up $\uparrow$ baseline Cannabis > Control cues: L striatum (putamen; $p <$ 0.001) $\uparrow$ CUDIT at 3-year follow- up
Filbey [56] <sup>2</sup>	CS	71, 16F	-	24.46 (approx.)	Min 4x/week MJ use for past 6 months	C	$\sim 72$ h	Cue reactivity	PPI with 7 seeds: amygdala, ACG, NAC, OFC, hippocampus, VTA, insula	cluster-corrected $p < 0.007$ , $z = 2.3$ ; between-group analyses: cluster- corrected $p <$ 0.007, $z = 1.96$	<b>CUD &gt; NONDEP</b> (Cannabis > Control cues): $\uparrow$ FC w amygdala seed & right MFG, right IFG, bilateral STG; $\uparrow$ FC w ACG seed & left SPL, IPL, precuneus, bilateral PoCG <b>NONDEP &gt; CUD</b> (Cannabis > Control cues) $\uparrow$ FC w NAc seed & bilateral PoCG, left IPL and SPL, and right SFG; $\uparrow$ FC w OFC seed & right preCG, PoCG, SFG; $\uparrow$ FC w hippocampus seed & bilateral precuneus Cannabis>Control cues ( $N =$ 71); Greater functional connectivity between NAc seed and right cerebellum, bilateral caudate and ACG
Feldstein Ewing [57] <sup>4</sup>	PA	43, 7F	-	16.09	MJ use > 7 of the past 30 days	JJ	24 h	Cue reactivity following change talk (CT) or counter- change talk (CCT) regarding MJ use	WB GLM	uc $p < 0.001$ , extent threshold $\geq 20$ voxels	$\uparrow$ activation in both CT and CCT for cannabis vs. control cues; CT > CCT, Cannabis > Control cues: STG, PoCG, claustrum, MFG, insula
Filbey [58] <sup>2</sup>	CS	37, 8F	-	23.27	Min 4x/week MJ use for past 6 months	C	72 h	Cue reactivity	WB GLM: group comparisons by genotype	CNR1: cluster- corrected $p <$ 0.05, $z > 1.7$ FAAH: cluster- corrected $p <$ 0.05, $z > 1.9$	<b>CNR1 rs2023239 G/A</b> ( $n = 10$ ) >A/A ( $n = 24$ ) (Cannabis > Control cues): OFC, IFG, insula, dACC <b>FAAH rs324420 C/C</b> ( $n = 17$ ) >A/A and A/C ( $n = 20$ )

Table 1. continued

Feldstein Ewing [59] <sup>†</sup>	CS	41, 7F	-	16.09	MJ use >7 of the past 30 days	JJ	24 h	Cue reactivity following presentation of unique CT or CCT statements	WB GLM: group comparisons by genotype	uc p < 0.001, extent threshold > 20 voxels	Risk Alleles: <b>cluster-corrected</b> p < 0.05, z > 1.9  (Cannabis > Control cues): OFC, IFG, ACG, striatum, VTA Greater number of risk alleles (CRNT G, FAAH C); Cannabis > Control (neutral) cues: OFC, striatum, cingulate, occipital and cerebellum
Cousijn [60] <sup>‡</sup>	PA	33, 12F	36, 13F	CU: 21.3 NC: 22.2	CU: MJ use > 10 days/month for 2 years; no history of treatment for cannabis use NC: MJ use < 50 joints in lifetime; no past-year use	C	24 h	Cue reactivity during approach/avoidance blocks	WB GLM	cluster-corrected p < 0.05, z > 2.3	Cannabis approach bias (approach block (approach-cannabis & avoid-control) > avoid block (avoid-cannabis & approach-control)); vmPFC and posterior cingulate gyrus <b>CU &gt; NC</b> (Cannabis approach bias); ns Correlations (within CU group): ↑ lifetime cannabis use ↑ cannabis approach bias; amygdala, insula, IFG, vmPFC, parahippocampal gyrus ↑ cannabis problem severity at 6 months; ↑ cannabis approach bias*; dlPFC, ACC held when controlling for craving
D) Reward studies Martz [50] <sup>***</sup>	PA	HR: 36, 9F	Res: 21, 7F	HR: 19.88 Res: 20.68	HR: Min 2x/week binge drinking and/or monthly MJ from age 17-26 Res: Classified within the low marijuana use trajectory group and report no monthly use from age 17-26	f	48 h	Modified MID	WB GLM ROI (dlPFC, IOFG, VS) HMLR	WB: cluster pFWE < .05	↑ VS activity (reward anticipation) ↑ MJ use
Martz [61]	LN	108, 39F	-	Time 1: 20.1 Time 2: 22.1 Time 3: 23.8	Ever used	f	48 h	Modified MID	ROI (NAC) CLM	-	↑ MJ use ↓ future NAc (reward anticipation)
Jager [62]	CS	21, 0F	24, 0F	CU: 17.2 NC: 16.8	CU: > 700 lifetime uses NC: ≤ 75 lifetime MJ uses	l	24 h	MID	WB GLM ROI (CN & Put) GLM	WB: pFWE < 0.05	WB: ns ROI: <b>CU &gt; NC</b> (neutral anticipation); L CN Within MJ: ↑ R CN activity ↓ MJ use age of onset
Cousijn [63]	PA	32, 11F	41, 15F	CU: 21.4 FU: 21.9 NC: 22.2 CU 6-mo NC 6-mo FU: 22.7	CU: > 10 days/month, ≥ 2 years NC: < 50 lifetime uses, no use in last 5 years	f	24 h	Iowa Gambling Task	WB GLM	Corrected cluster pFWE < .05	<b>CU &gt; NC</b> (win vs loss): OFC, insula, posterior STG Within MJ: ↑ weekly use ↑ activity (win vs loss) in insula, caudate, VLPFC; ↑ weekly use ↑ activity



Table 1. continued

DeBellis [64]	CS	15, 0F	SH: 11, 0F E: 36, 0F	SL: 111, 0F	NC: 18, 0F PP: 23, 0F	CU: 16.4 PP: 15.4 NC: 16.0	CU: <del>CUD</del> in full remission PP/NC: <del>No CUD</del> diagnosis: All Groups: Negative saliva and urine toxicology screen	Past CUD	>4 weeks	Decision-Reward Uncertainty Task	WB GLM (Post-hoc ROI of WB clusters: SPL & OFC)	Corrected cluster pFWE = 0.05	(disadvantageous vs advantageous) in frontal pole, MITG, STG and ↑ activity (win vs loss) in SFG <b>CU &gt; NC &amp; PP</b> (behavioral risk): L SPL <b>NC &amp; PP &gt; CU</b> (reward minus no-reward); L OFC <i>Within MJ</i> : ↓ OFC (reward minus no-reward) ↑ likelihood of relapse
Lichenstein [65]	PA	SH: 11, 0F E: 36, 0F	SH: 20.09 E: 20.07 SL: 20.10	SL: 111, 0F	None	f	Frequent use <sup>1</sup>	Card-guessing game	ROI (NAc & mPFC) FC	mPFC: cluster pFWE < 0.05	<b>SL &gt; E</b> (win vs loss); negative NAc & mPFC FC in E, positive FC in SL Negative FC correlates with poor psychosocial outcomes		
Ford [66]	CS	CU: 15, 5F MDD + CU: 14, 4F	MJ: 20.2 MDD + MJ: 19.9 NC: 20.0 MDD: 19.7	NC: 17, 11F MDD 15, 13F	CU: <del>21</del> times/week, ≥ past 3 months MDD/NC: < 4 times/month in past year	C	None	Music Listening Paradigm	WB GLM	WB: pFDR < 0.05 WB MJ use <sup>1</sup> ; p < 0.01, FDR-cluster WB BDI: p < 0.01, FDR-cluster	<b>MDD + CU &gt; CU, NC, &amp; MDD</b> (preferred vs neutral music); increased activity in right MITG, right caudatum, dorsal ACC ↑ activity in mOFC, ACC ↑ MJ use <sup>1</sup> ↑ insula activity ↓ BDI scores		
E) Emotion regulation and social processing studies													
Zimmermann [67]	CS	19, 2F	CU: 23.8 NC: 24.1	18, 2F	>28 days	C	CU: DSM-IV criteria for MJ dependence NC: Lifetime use below 10 g	Emotion Processing Task	ROI level analysis, followed by gPPI within emotion processing networks using seed of maximal increase	P <sub>FWE</sub> < 0.05 (SVC)	<b>CU &gt; NC</b> (negative emotional stimuli); R mOFC <b>CU &gt; NC</b> (gPPI: negative emotional stimuli); mOFC-DS FC, mOFC-amygdala FC <b>NC &gt; CU</b> (gPPI: negative emotional stimuli); within-OFC FC <b>CU &gt; NC</b> (gPPI: rest); R mOFC - L DS FC		
Aloi [43]*	CS	29, 7F	CU: 16.2 NC: 15.6	33, 11F	>4 Weeks	T	CU: <del>Camabis</del> Use Disorder (CUDIT ≥ 8) NC: CUDIT < 8	Affective Stroop Task	GLM analysis: whole brain and amygdala ROI	FWE, Amygdala—p < 0.02; WB—p < 0.001	CUD severity not associated with amygdala activity ↑ CUD severity ↑ activity in PCC, Precuneus, IPL		
Spechler [68]	CS	70, 20F	CE: 14.8 NC: 14.6	70, 29F	Not reported	CE	CE: <del>ST</del> lifetime use NC: <del>NO</del> lifetime use	Affective Face Processing Task	GLM; Amygdala; Clusters that discriminated between angry and neutral faces, pooled across groups	WB—p < 0.005, k > 112 voxels (Estimated by 3dClustSim)	<b>CE &gt; NC</b> (angry faces); amygdala <b>NC &gt; CE</b> (neutral faces): temporal parietal junction, dlPFC		
Heitzeg [69]	PA	20, 8F	CU: 19.8 NC: 20.5	20, 6F	48 h	I	CU: >100 lifetime uses NC: ≤10 lifetime MJ uses	Emotion-Arousal Word Task	GLM; WB; Amygdala	WB—p < 0.005, k > 77 voxels (Estimated by AlphaSim)	<b>NC &gt; CU</b> (negative words): R MFG, dorsolateral SFG, MITG, STG, & Calcarine fissure; insula, amygdala <b>NC &gt; CU</b> (positive words): amygdala <b>Mediation Analysis in CU:</b> Caudal dlPFC activation during negative words mediated later negative emotionality; Cuneus/lingual gyrus activation during negative words mediated later resiliency		
Gilman [71] <sup>5</sup>	CS	20, 11F	CU: 20.6 NC: 21.6	23, 12F	Night before scanning	C	CU: >1 once/week but not CUD	Social Influence Task	WB; Caudate; NAc	WB—p < 0.05	<b>CU &gt; NC</b> (peer information): caudate*		

Table 1. continued

Ref	Design	CU (N, Fn)	NC (N, Fn)	Age (mean)	Inclusion	Status	Abstinence	rsfMRI Analysis	Seed (if applicable)	MC	Findings	
Gilman [72] <sup>5</sup>	CS	20, 10F	20, 10F	CU: 20.4 NC: 21.4	NC: <5 lifetime uses CU: > 1 once/week but not CUD NC: <5 lifetime uses	C	Night before scanning	Task Based: Social Influence Task	WB; NAc ROI	WB— $p < 0.05$	*associated with susceptibility to influence CU > NC (social vs scramble); NAc* *correlated with reported cannabis use	
Zimmermann [73]	CS	23, 0F	20, 0F	CU: 21.2 NC: 21.1	CU: > 200 lifetime uses; 3 days/week past year NC: <10 lifetime uses; No use in last 28 days	C	48 h	GLM—Event-related cognitive reappraisal; Seed-based (amygdala) connectivity	WB; Amygdala	$P_{FIVE} < 0.05$	CU > NC (negative affect reappraisal); bilateral frontal network (precentral, middle cingulate, supplementary motor) and amygdala; NC > CU (negative affect reappraisal); amygdala-dIPFC FC	
Feldstein Ewing [74]	PA	30, 5F	-	16.1	≥ 7 past-month cannabis use episodes	C	24 h	gPPI analysis of connectivity during change talk (CT)/sustain talk (ST) task	OFC - identified by conjunction analysis	FDR $p < 0.05$ , $k > 50$	CT > baseline (OFC seed): IFG, precentral gyrus, anterior and posterior cingulate gyrus, SMA, superior frontal gyrus, pallidus, caudate, parahippocampal gyrus Baseline>CT (OFC seed): preceunus, superior/middle frontal gyrus, parahippocampal gyrus, thalamus, IPL, cingulate gyrus ↓ OFC-anterior cingulate/medial frontal gyrus FC ↑ post-treatment cannabis problems	
F) Resting-state fMRI studies												
Camchong [76]	LN	22, 8F	43, 20F	BL: CUD: 17.6 NC: 16.5 FU: CUD: 18.6 NC: 17.4	CU: CUD; cannabis is drug of choice; >50 cannabis exposures; no abuse or dependence on other drugs (except alcohol abuse & nicotine dependence) NC: >5 lifetime exposures to any illicit drug	T	n.r.	Seed-based	5 ACC seeds: caudal, dorsal, rostral, perigenual, subgenual	Threshold from MCS: Family-wise $\alpha = 0.025$ ; voxelwise $p < 0.005$ ; 3928 $\mu\text{L}$ minimum cluster volume for cumulative MJ effect; 2352 $\mu\text{L}$ minimum cluster volume for group $\times$ time interaction	Time 2, controlling for time 1: NC > CU (caudal ACC seed); DLIPFC, SFG, OFC Longitudinal results - group $\times$ time interaction; caudal ACC seed - dlPFC & SFG CUD (not NC); significant decrease in caudal ACC-dIPFC FC from time 1 to time 2 NC (not CUD); significant increase in caudal ACC-SFG FC from time 1 to time 2 Longitudinal results - Predicting interscan use: Lower caudal ACC-OFC FC at time 1 predicted more cannabis use during interscan interval	
Lopez-Larson [77] <sup>6</sup>	CS	43, 3F	31, 7F	CU: 18 NC: 17.2	CU: ≥100 smoking events in last year; >15 lifetime uses of any other illicit drug and other drug/alcohol dependence during prior 2 months excluded NC: No DSM-IV Axis 1 dx	C	n.r.	Seed-based	L and R OFC	FDR $p < .05$ , $k > 100$	CU > NC (R OFC): L anterior and middle cingulate, precentral, R medial, middle, and superior frontal (L OFC): R MFG	
Subramaniam [145] <sup>6</sup>	CS	43, 3F	31, 7F	CU: 18 NC: 17.2	CU: ≥100 smoking events in last year; >15	C	n.r.	Seed-based	L and R OFC	FDR $p < 0.05$ , $k > 100$	Within CU group: ↑ depression symptoms ↑ L OFC - L inferior parietal & L angular	

Table 1. continued

	LN	28, 0F	29, 0F	CU: 21 NC: 22	C	Baseline: 12 h Follow-up: 28 days	Seed-based	PCC, anterior insula, hippocampus	$p < 0.005, k > 106$ ; satisfies FWE correction per MCS	FC: ↑ anxiety symptoms ↓ bilateral OFC - R, occipital & L OFC - R temporal FC
Pujol [78] <sup>7</sup>	LN	28, 0F	29, 0F	CU: 21 NC: 22	C	Baseline: 12 h Follow-up: 28 days	Seed-based	PCC, anterior insula, hippocampus	$p < 0.005, k > 106$ ; satisfies FWE correction per MCS	FC: ↑ anxiety symptoms ↓ bilateral OFC - R, occipital & L OFC - R temporal FC  CU > NC (PCC seed): ventral PCC; anticorrelation with areas of insula network (insula seed): L anterior insula, bilateral supramarginal gyri; anticorrelations with DMN areas: ventral PCC, medial frontal cortex, right angular gyrus NC > CU (PCC seed): dorsal PCC/ precuneus (insula seed); ACC, superior brainstem (hippocampus seed); R hippocampus Longitudinal results CU > NC (PCC seed): regions of DMN (insula seed): regions of insula network NC > CU (PCC seed): regions of DMN
Blanco-Hinojo [79] <sup>7</sup>	LN	28, 0F	29, 0F	CU: 21 NC: 22	C	Baseline: 12 h Follow-up: 28 days	Seed-based	4 striatal seeds, (R and L): dorsal & ventral caudate, dorsal & ventral putamen	$p < 0.005, k > 129$ ; satisfies FWE correction per MCS	CU > NC (dorsal caudate seed; R); occipital, (dorsal putamen seed: R & L); precuneus, brainstem/cerebellum, inferior temporal, (ventral caudate seed: R & L); occipital, hippocampus, fusiform (ventral putamen seed: R & L); fusiform, superior parietal, cerebellum. NC > CU (dorsal caudate seed; R & L); ACC, SMA, medial frontal/ ACC, premotor, (dorsal putamen seed: L); premotor; (ventral caudate seed: R & L); ACC, medial frontal/ACC; PCC; PFC, precuneus (ventral putamen seed: L); ACC, PFC Longitudinal results Baseline group differences no longer significant after 1-month supervised abstinence HU > LU: L MFG
Houck [80]	CS	HU: 36, 13F LU: 33, 10F <sup>k</sup>	LU: 33, 10F <sup>k</sup>	HU: 16 LU: 16.3	C	n.r.	ICA: frontotemporal network	n.a.	$p < 0.005, \text{cluster}$ $> 1200 \text{ mm}^3$	HU > LU: L MFG
Osuch [81] <sup>1</sup>	CS	19, 7F	19, 11F	CU: 19.9 NC: 20.2	C	n.r.	ICA: default mode network	n.a.	$p < 0.01$ ; TFCE	Main effects of group (4 group analysis): R MFG, L culmen/ fusiform, R caudate/temporal gyrus/parahippocampal gyrus. Post-hoc analyses: CU & CU + MDD > NC; Right caudate/ temporal gyrus/ parahippocampal gyrus CU + MDD > NC, MDD, & CU: L culmen/fusiform CU < NC: R MFG



arterial spin labeling, *assoc.* association, *BART* modified balloon analogue risk task, *BDI* beck depression inventory, *C* current cannabis user, *CBF* cerebral blood flow, *CCT* counter change talk, *CE* cannabis experimenters, *CHR* clinical high risk, *CLM* cross-lagged model, *CN* caudate nucleus, *C5* cross-sectional (single timepoint for imaging and clinical data), *CT* change talk, *CU* cannabis user, *CUD* cannabis use disorder, *CUDIT* Cannabis Use Disorder Identification Test, *dACC* dorsal anterior cingulate cortex, *dIPFC* dorsolateral prefrontal cortex, *DMN* default mode network, *DS* dorsal striatum, *dx* diagnosis, *E* escalating, *EOU* early-onset users (before age 16), *F* future use, *F* female, *FALFF* fractional amplitude of the low-frequency fluctuations, *FC* functional connectivity, *FDR* false discovery rate, *FNC* functional network connectivity, *FU* follow-up, *FWE* family-wise error correction, *GLM* general linear model, *gPPI* Generalized Psychophysiological Interaction, *HMLR* hierarchical multivariate logistic regression, *HR* participants with positive family history of substance use disorder classified as high risk based on adolescent pattern of binge drinking and/or MJ use, *HU* high cannabis use group, *I* incarcerated, *ICA* independent component analysis, *IFG* inferior frontal gyrus, *IOFG* inferior orbitofrontal gyrus, *IPL* inferior parietal lobule, *ITG* inferior temporal gyrus, *JJ* juvenile justice center-based recruitment, *L* lifetime cannabis user, *L* left, *LN* longitudinal neuroimaging (multiple neuroimaging timepoints), *LOU* late-onset users (age 16+), *LU* low cannabis use group, *MC* multiple comparison correction, *MCS* Monte Carlo simulation, *MDD* major depressive disorder, *MFG* middle frontal gyrus, *MI* monetary incentive delay, *MITG* middle temporal gyrus, *MJ* marijuana, *MOPFC* medial occipital gyrus, *mPFC* medial prefrontal cortex, *MPS* Marijuana Problems Scale, *MSIT* Multi-Source Interference Task, *N* not applicable, *Nac* nucleus accumbens, *NC* non-cannabis user, *NONDEP* non-cannabis dependent, *n.r.* not reported, *ns* not significant, *OFC* orbitofrontal cortex, *P* recruited through an alternative to incarceration program, *PA* prospective associations (single timepoint of neuroimaging, longitudinal clinical data), *PCC* posterior cingulate cortex, *PFWE* pairwise family-error correction, *PoCG* postcentral gyrus, *PP* psychopathology, *PPC* posterior parietal cortex, *PPI* psychophysiological interaction, *preCG* precentral gyrus, *pre-SMA* presupplementary motor area, *Put* putamen, *R* Right, *Ref* Reference, *Res Resilient*, *ROI* region of interest, *SFG* superior frontal gyrus, *SH* stable-high, *SL* stable-low, *SMA* supplementary motor area, *SMG* supramarginal gyrus, *SN* substantia nigra, *SOG* superior occipital gyrus, *SPL* superior parietal lobe, *SST* stop signal task, *ST* sustain talk, *STG* superior temporal gyrus, *STN* subthalamic nucleus, *SVC* small volume correction, *SWM* spatial working memory, *T* treatment-seeking cannabis user, *TFCE* threshold-free cluster enhancement, *uc* uncorrected, *vIPFC* ventrolateral prefrontal cortex, *VMHC* voxel mirrored homotopic connectivity, *vmPFC* ventromedial prefrontal cortex, *VS* ventral striatum, *VTA* ventral tegmental area, *WB* whole brain, *WM* working memory.

\*Included in both neurocognitive and emotion regulation and social processing sections.

\*\*Included in both inhibitory control and resting-state fMRI sections.

\*\*\*Included in both inhibitory control and reward section.

^Descriptive information, not part of formal inclusion criteria.

1–8Overlapping samples.

<sup>a</sup>For longitudinal studies, age at baseline reported here.

<sup>b</sup>8 subjects did not use cannabis for ≥4 weeks before scan.

<sup>c</sup>Found sex diffs but no interactions w/group.

<sup>d</sup>*N* = 30 at 6 moth follow-up.

<sup>e</sup>Reflects updated *N*-size for fmri scan exclusion.

<sup>f</sup>Current cannabis users that do not meet DSM-IV criteria for cannabis dependence.

<sup>g</sup>Study also included an alcohol (Alc) only (*n* = 23; *M* age = 16.35), and MJ + Alc group (*n* = 90; *M* age = 16.31).

<sup>h</sup>FH + resilient: participants have a positive family history of substance use disorder (maternal or paternal lifetime alcohol or substance use disorder), but minimal personal history of binge drinking or cannabis use during adolescence (age 17–26).

<sup>i</sup> Average frequency trajectory: SH = consistent, high frequency use, E = increasing frequency of use, SL = infrequent or no use.

<sup>j</sup> In last 28 days.

<sup>k</sup>“Low cannabis” group: youth with scores of 1–20 on the Marijuana Use Scale.

<sup>l</sup> Also included a MDD only (*n* = 18; *M* age = 19.6), and MDD + CU group (*n* = 16; *M* age = 19.8).

<sup>m</sup>CHR & Controls: current cannabis users and non-users were compared within the CHR and controls groups separately.

genes that encode the cannabinoid receptor 1 and fatty acid amide hydrolase [58], as well as variants of the serotonin 2A receptor gene [59]. Finally, one study directly compared cue-reactivity between CU and matched controls [60] and found no group differences, though associations with lifetime and future use were noted among CU.

Overall, these studies provide some evidence for heightened frontostriatal, frontoparietal, and frontolimbic activation to cannabis cues among CU, but findings are inconclusive regarding how neural cannabis cue-reactivity relates to cannabis use characteristics. Importantly, the 10 available studies represent only six independent samples (same or overlapping samples: [52, 55–60]), and most do not meet current minimum statistical standards, so findings should be considered preliminary.

### Reward

Findings from studies assessing non-drug reward responses are summarized in Table 1D. Research using a Monetary Incentive Delay (MID) task reported greater cannabis use was associated with higher concurrent anticipatory reward signals in the striatum [50] and predicted lower striatal anticipatory reward signals two years later [61]. By comparison, a separate study reported greater striatal activity relative to controls during anticipation of neutral monetary outcomes that was inversely related to age of cannabis use onset [62]. Together, findings from MID tasks suggest that striatal anticipatory processing in adolescent CU may be sensitive to use patterns and trajectories.

Findings from reward task studies have been less consistent for cortical brain regions, possibly due to differences in reward paradigms. For example, both increases in orbitofrontal cortex (OFC) activity during Iowa Gambling Task performance [63] and decreases in OFC activity during a Decision-Reward Uncertainty task have been reported among CU relative to controls [64]. A separate study of individuals with escalating use reported negative functional connectivity between striatal and prefrontal regions during a card-guessing game [65], raising the possibility of disrupted coordination of reward responses. Cortical alterations have also been linked to use patterns and trajectories, with greater use linked to higher cortical reward responses [63, 66], and lower OFC responses predicting relapse [64]. Overall, the current literature suggests that adolescents with CU display altered non-drug reward processing in frontostriatal regions.

### Emotion regulation and social processing

Findings from studies utilizing emotion regulation and social processing tasks are summarized in Table 1E. Four studies have compared neural response to emotionally valenced stimuli between adolescent CU and non-users [43, 67–69], with most finding increased activation among CU in multiple brain regions. One study [67] found CU displayed greater activation in the right medial OFC and increased medial OFC coupling to contralateral dorsal striatum and amygdala to negative emotional stimuli during an emotion processing task. Another study using an affective Stroop task found a positive association between cannabis use disorder (CUD) severity and activation in precuneus, posterior cingulate, and inferior parietal lobule [43]. A third study using an affective face processing task [70] reported greater activation to angry faces in amygdala, middle temporal gyrus, and inferior frontal gyrus among individuals reporting light cannabis experimentation compared to controls [68]. In contrast, a fourth study found that CU displayed less activation to negative words on an emotion-arousal word task in temporal, prefrontal, and occipital cortices, insula, and amygdala [69]. While numerous between-study differences may account for these inconsistent findings, one important factor may be duration of abstinence prior to scanning: the study with the shortest abstinence (48 h) found a decreased neural response [69], whereas studies with more

prolonged abstinence (28 days) found increased neural responses [43, 67].

Two studies using social influence tasks found increased neural responses within the caudate and NAcc in response to peer information among CU [71, 72]. There has also been one study in which male CU exhibited higher frontal, cingulate and amygdala activity, as well as reduced connectivity between amygdala and dorsolateral PFC, compared to controls during reappraisal of negative affect, suggesting diminished top-down control over negative affect [73]. Finally, another study examined functional connectivity of the OFC when treatment-seeking CU were exposed to their own change talk statements from a recent motivational interviewing session [74]. Compared to baseline, the change talk condition was associated with both increases and decreases in OFC connectivity with a variety of frontal, parietal, and subcortical regions, and greater connectivity with the anterior cingulate/medial frontal gyrus was associated with more post-treatment cannabis problems. Together, these studies support increased connectivity among CU during active regulation of behavior, providing an important foundation for future work. Overall, these data suggest that adolescent CU display altered frontolimbic activation and connectivity during emotional processing, with most consistent evidence found for the OFC.

### Resting state

While task-based fMRI paradigms examine patterns of neural activation during specific cognitive tasks, resting-state fMRI (rsfMRI) aims to characterize intrinsic connectivity patterns independent from any distinct mode of cognitive processing [75]. Findings from these studies are summarized in Table 1F. Overall, resting-state connectivity of frontal [76–83], parietal [47, 78, 79, 82, 83], and cingulate [76–79] regions has been most consistently implicated among adolescent CU. However, the direction of these effects varies. Nonetheless, frontal, cingulate, and parietal regions are each implicated in multiple canonical resting-state networks [84], so it is unsurprising that the relationship between cannabis exposure and functional connectivity in these areas would be complex, particularly during adolescence when refinement of functional architecture is still ongoing [24, 85, 86]. Future research with larger, independent samples and more consistent methods is urgently needed to replicate and extend extant findings.

Several of the studies reviewed here examined differences in resting-state connectivity following a period of abstinence [78, 79, 83]. These reports converge in reporting that group differences are attenuated [78] or no longer present [79, 83] following one month of abstinence. These findings provide preliminary evidence that alterations in functional connectivity may be reversible following discontinuation of use. Nonetheless, two studies reported on the same sample of individuals [78, 79], and all focused on different regions and/or neural characteristics (functional connectivity [78, 79], cerebral blood flow [83]). Overall, the rsfMRI literature suggests that frontoparietal connectivity is altered among current CU, and that these effects may be attenuated with abstinence.

## STRUCTURAL MRI LITERATURE

### Brain volume

Findings from cross-sectional studies comparing gray matter volume (GMV) between adolescent CU and non-users are summarized in Table 2A [87–99]. Aggregate findings indicate smaller thalamic [87] and larger amygdala [98, 99] volume among adolescent CU. Alterations in cerebellar [87–89, 94, 99], PFC [93, 99], and hippocampal [95, 99] volume have also been reported, though the direction has not been consistent across studies. In addition, several studies have found no significant volumetric differences between CU and non-CU groups [90–

**Table 2.** Primary findings from structural MRI studies of adolescent and young adult cannabis users.

Ref	Design	CU (N, Fn)	NC (N, Fn)	Age (mean)	Inclusion	Status	Abstinence	fMRI Analysis	ROI (if applicable)	MC	Findings	
A) Gray matter volume studies												
Nurmedov [87]	CS	20, 0F	20, 0F	SC: 23.95 NC: 25.85	SC: SC as drug of choice; <u>1</u> min duration of use OR current use >5x/week NC: No history of psychopathology or substance use	CSU	>7 days	WB VBM, independent samples t-test	N/A	FWE correction; $p < 0.05$ (cluster-forming threshold = 20 voxels)	<b>NC &gt; SC:</b> bilateral thalamus, L cerebellum	
McQueeney [98]	CS	35, 8F	47, 11F	CU: 18 NC: 17.7	CU: Any cannabis use; max 30 lifetime uses of other illicit drugs NC: No history of substance use	AB	28 days	ROI multiple regression	AMY	None	<i>ns</i> Cannabis × gender interaction <b>CU &gt; NC:</b> AMY; females only	
Orr [99]	CS	46, 16F	46, 22F	EL: 14.6 NC: 14.5	EL: 1–2 lifetime cannabis uses NC: No illicit substance use, including cannabis	EL	<i>n.r.</i> $n = 6$ used in last 7 days $n = 10$ used in last 30 days	WB VBM	N/A	FWE $p < 0.05$ , $k \leq 600$ , threshold determined with AFNI 3dTtest++ with the option -clustsim	<b>EL &gt; NC:</b> L temporal cluster, including frontal and temporal cortical regions, AMY, HPC, Put, Pd, IC, PHG, Cd; R temporal cluster, including temporal cortical regions, AMY, HPC, Put, Pd, PHG, IC; bilateral posterior temporal, parietal, occipital, and cerebellar regions Behavioral Associations ↑ GMV in L & R temporal clusters ↓ perceptual reasoning ↑ GMV in L temporal cluster ↓ psychomotor speed (non-dominant hand) ↑ GMV in R temporal cluster ↑ generalized anxiety at 2 yr FU	
Koenders [88]	LN	20, 4F	22, 5F	Baseline: CU: 20.5 NC: 21.6 Follow-up: CU: 24.0 NC: 24.8	CU: Self-reported use for >2 years, >10 days per month with no tx history NC: <30 lifetime MJ uses, no use in the past year	C	>24h	WB + ROI VBM, multiple regression	OFC, ACC, insula, striatum, thalamus, AMY, HPC, cerebellum	ROIs: $p < 0.001$ , FWE-corrected cluster probability of $p < 0.05$ adjusted for the small search volume WB; $p < 0.001$ , whole-brain FWE-corrected cluster probability of $p < 0.05$ .	<b>Baseline: CU &gt; HC:</b> cerebellum (ROI) Follow-up: <i>ns</i> Within CU group: ↑ quantity of use (gm/week) ↓ AMY/HPC, STG ↑ CUDIT ↓ L AMY	
Cousijn [89]	CS	33, 12F	42, 16F	CU: 21.3 NC: 21.9	CU: Cannabis use 10+ days in last month or > 240 days in last 2 years with no tx history. Mean CUDIT score of CU sample: 12.4 ± 5.7 NC: <50 lifetime uses of cannabis, no use in the past year	C	>24h	WB + ROI ANCOVA	OFC, ACC striatum, AMY, HPC, cerebellum	ROIs: $p < .005$ , with FWE-corrected cluster probability of $p < 0.05$ adjusted for the small search volume. WB: $p < 0.001$ , with WB FWE-corrected probability of $p < 0.05$	<b>CU &gt; NC:</b> anterior cerebellum (ROI) Within CU group: ↓ AMY, HPC ↑ amount of use/dependence	
Medina [94] <sup>1</sup>	CS	16, 4F	16, 6F	CU: 18 NC: 18	CU: >60 lifetime uses, <25 lifetime uses of drug other than MJ, alcohol, nicotine, not meeting criteria for heavy drinking NC: <5	AB	4 weeks	ROI OLS multiple regression	Anterior, superior, posterior and inferior posterior	Not performed	<b>AB &gt; NC:</b> posterior inferior vermis	





Table 2. continued

Battistella [100]	CS	57, 0F	-	RU: 23 OU: 25	RU: >10 joints/ month OU: >1 joint/month & <1 joint/week, within last 3 months	RU/OU	Not reported; urine and blood samples taken to establish THC concentration	WB VBM	N/A	FWE correction, k >60	OU > RU: temporal pole, parahippocampal gyrus, L insula, L OFC RU > OU: 3 cerebellar clusters Correlation Analysis ↑ frequency of past 3-month use ↓ bilateral temporal pole, L sup orbital gyrus, L mid temporal gyrus, R precuneus, L insula, and L parahippocampal gyrus volumes Age of Onset Analysis Regular user (regardless of age of onset), and early-onset occasional users displayed ↓ GMVs in most regions, as compared to late- onset occasional users
Cheetham [102]	PA	28, 16F	93, 43F	Baseline: 12.7 Follow-up: 16.5	CU: Self-reported MJ use on Youth Risk Behavior Survey at FU (only 11% had 10+ lifetime uses) NC: No lifetime MJ use	f	BL: preceding use FU: Not reported	ROI Logistic regression	AMY, HPC, OFC, ACC	None	NC > f (age 12); OFC Smaller OFC volume at age 12 predicted cannabis use initiation by age 16 ↓ AMY ↑ craving
Padula [101] <sup>1</sup>	CS	22, 5F	-	17.8	Self-report, >200 lifetime MJ episodes	AB	28 days	ROI Linear regression	AMY	None	
Welch [103] <sup>2</sup>	LN	25, 10F	32, 17F	CHR CU: 21.76 CHR NC: 21.11	CU: Any MJ use during 2-year FU period NC: No MJ use during 2-year FU period	CHR	n.r. continuous self-report	ROI Repeated- measures ANOVA	Thalamus, AMY/HCP complex	None	CHR CU > CHR NC: 2-year change (Δ) in L & R thalamus
Welch [104] <sup>2</sup>	LN	23, 8F	32, 17F	CHR CU: 21.8 CHR NC: 21.1	CU: Any MJ use during 2-year FU period NC: No MJ use during 2-year FU period	CHR	n.r. continuous self-report	WB + ROI TBM, GLM	Thalamus, AMY/HCP, frontal lobes	FWE p < 0.05; small volume correction for ROIs	CHR CU > CHR NU: 2-year change (Δ) in right anterior hippocampus and left superior frontal lobe (no longer significant following removal of participants with comorbid drug use)
Buchy [105]	CS	132, 44F	387, 161F	CHR CU: 19.5 CHR NC: 18.4	CU: ≥2 on AUS/DUS severity scale NC: <2 on AUS/DUS severity scale	CHR	n.r. AUS/DUS self-report	ROI Linear Regression	Thalamus, HPC, AMY	None	CHR NC > CHR CU: amygdala* *Result: was no longer significant after controlling for tobacco and alcohol use
Koenders [106]	CS	80, 0F	33, 0F (SZ- CUD) 84, 0F (NC)	SZ + CUD: 22.18 SZ-CUD: 22.15 NC: 23.19	CUD: DSM-IV diagnosis of cannabis abuse or dependence NC: No lifetime DSM-IV Axis-I disorder, no current psychotropic drug use	SZ + CUD/ SZ- CUD/ NC	n.r.	ROI Linear regression	HPC, AMY, thalamus, caudate, putamen, OFC, ACC, insula, parahippo- campus and fusiform gyrus	p < 0.01, Bonferroni- corrected for 11 ROIs	SZ + CUD > SZ-CUD: putamen NC > SZ + CUD: insula
Haller [107]**	PA	33, 4F	17, 10F	FEP CU: 22.7 FEP NC: 23.9	CU: >10 lifetime uses; Heavy: Near daily (or more) for at least 1 year Light: Less than daily NC: <10 lifetime cannabis uses	FEP	n.r.	WB VBM, GLM	N/A	TFCE, p < 0.05	ns

**Table 2.** continued

Ref	Design	CU (N, Fn)	NC (N, Fn)	Age (mean)	Inclusion	Status	Abstinence	Analysis Method/ Software	Morphometry Metric(s)	MC	Findings
B) Morphometry Studies											
Jacobus [108]	LN	30, 11 F	38, 9 F	CU = 18.2 (BL), 19.6 (1.5-yr FU), 21.2 (3-yr FU) NC = 17.7 (BL), 19.1 (1.5-yr FU), 20.8 (3-yr FU)	CU: >100 MJ episodes and ≥150 alcohol episodes at baseline NC: <10 MJ episodes and ≥150 alcohol episodes at baseline	C + ALC	Monitored abstinence for 4 weeks	Freesurfer analysis of 34 independent standard neuroanatomical cortical regions in each hemisphere	CT	None	<b>CU + ALC &gt; NC:</b> 23 regions, predominantly within frontal and parietal cortices Correlations ↑ lifetime alcohol use ↓ CT (controlling for MJ use); L paracentral lobule pericalcarine cortex, postcentral gyrus, & precentral gyrus; R caudal ACC, fusiform, lingual gyrus, postcentral, & precentral CU group only* ↑ cumulative MJ use ↑ CT: L inferior temporal cortex, R entorhinal cortex ↓ age of regular MJ use onset ↑ CT: R entorhinal cortex *all controlling for alcohol use.
Lopez-Larson [109]	CS	18, 2F	18, 6F	CU = 17.8 NC = 17.3	CU: At least 100 uses in the past year ("heavy MJ use") NC: No MJ use	C	n.r.	Freesurfer	CT	WB: Gaussian- simulation nonparametric inference testing (cluster-wise probability ≤ 0.001; initial cluster-forming threshold $p = .05$ )	<b>CU &gt; NC:</b> bilateral lingual, R superior temporal, R inferior and superior parietal, and L paracentral regions (WB) <b>NC &gt; CU:</b> R caudal middle frontal, bilateral insula & SFC (WB) Welch's two-sample t- test identified most different ROIs from 156-region parcellation: L sulcal central insula, R sulcal calcarine, and L gyral superior-lateral temporal Correlations ↓ age of regular use ↑ R SFC thickness; ↑ urinary cannabinoid level ↓ R caudal middle frontal, R lingual, and L superior frontal gyrus
Mashhoon [110]	CS	15, 2F	15, 2F	CU = 21.8 NC = 22.3	CU: Minimum 1450 MJ uses (at least 500 in the past two years), minimum 5 times in the week prior to first visit, positive utox for cannabinoids on scan day, DSM-IV criteria for MJ abuse/dependence NC: <5 episodes of MJ use	CUD	n.r.	Freesurfer: whole brain and ROIs: AMY, Th, HPC, Pd, Cd, Pu, and cerebellum	CT	Cluster-corrected $p < 0.05$ (MCS)	<b>ROI: NC &gt; CUD:</b> thalamus <b>WB: NC &gt; CUD:</b> R fusiform gyrus

Table 2. continued

	CS/LN	SYS: 313, 171F ALSPAC: 91, 82, 45F OF IMAGEN: 251, 143F	SYS: 636, 319F ALSPAC: 204, 19.6 OF IMAGEN: 251, 143F	Baseline: SYS: 15.1 ALSPAC: 19.6 IMAGEN: 14.5	CUS: Cannabis use by age 16 NC: No cannabis use by age 16	C	n.r.	Mean CT	CT	N/A	SYS: interaction between MJ use (never/ever) and genetic risk for schizophrenia score on age-adjusted cortical thickness: CT decreases with increasing risk score in MJ users but not in non-users) ALSPAC: (1) no difference in CT between those who never and those who ever used MJ in high- and low-risk groups. Within high-risk group: (2) difference in age-adjusted cortical thickness between never and most frequent users; (3) difference in age-adjusted CT between light and most frequent users. IMAGEN: (1) interaction between MJ use (never/ever) and risk score on change in cortical thickness (14.5 to 18.5 years old) (2) in females, a main effect of risk score, but not MJ use.
French [112] <sup>b</sup>											
Epstein [111]	LN	CUD: 17, 8F EOS/CUD: 11, 1F	NC: 34, 18F EOS/NC: 17, 9F	CU = 16.6 EOS/CU = 17.5 NC = 16.5 EOS/NC = 16.3	CU: >50 exposures to MJ by age 17 and no lifetime abuse or dependence on other drugs except for alcohol abuse or nicotine dependence. NC: ≤5 exposures to any illicit drug (except alcohol)	CUD, EOS/CUD	Positive UA: At BL: CU = 4, EOS/CU = 4, NC = 0, EOS/NC = 0 At FU: CU = 8, EOS/CU = 5, NC = 2, EOS/NC = 1	Freesurfer (CT in heteromodal association areas): SFG, inferior frontal regions (pars triangularis, orbitals, and opercularis), IPC, SMG, and STG	CT	None	EOS/NC, NC > EOS/CUD, CUD: 1.5-year change (1) in L/R SMG, L/R IPC, R pars triangularis, L pars opercularis, L SFG and L STG. Correlations ↑ lifetime MJ exposure ↑ attenuation of CT changes in L/R SFG, R SMG, L IPC, R pars triangularis, L pars opercularis (controlling for BL CT)
Lisdahl [95]*	CS	CU: 18, 2F ADHD/CU: 37, 3F	ADHD/NC: 44, 10F NC: 21, 7F	CU = 23.6 ADHD/CU = 24.3 ADHD/NC = 24.6 NC = 23.4	CU: MJ used at least monthly during the previous year. NC: MJ used <4 times in the previous year	C, ADHD/C	≥24 h, prior to scanning	Freesurfer	CT	MCS for cluster-wise correction at p = 0.05 (cortical) FDR using Benjamin and Hochberg (subcortical)	NC > CU: L SFG, ACC, gyrus NC > CU: left hippocampus >Late CUO (age 17+); R superior frontal, postcentral (within ADHD groups only)

Table 2. continued

Ref	Design	CU (N, Fn)	NC (N, Fn)	Age (mean)	Inclusion	Status	Abstinence	WM Measure	Analysis Method (ROI vs WB)	MC	Findings
Gilman [97]*	CS	20, 11F	20, 11F	CU = 21.3 NC = 20.7	CU: Used MJ at least once per week but were not dependent. NC: No MJ use in the past year and <5 times in lifetime	C	n.r.	VBM (GM density) of WB and L & R NAc and AMY; FSL FIRST (shape analysis) in L&R NAc and AMY	GMD, shape	Permutation-based nonparametric testing correct(ed) for multiple comparisons across space Bonferroni correction for the ROI analysis	CU > NC (GMD): L NAc extending into SCC, HfH, SEA, and L AMY Correlations ↑ L NAc and L AMY density ↑ smoking occasions/day (both) and joints/occasion (L NAc only). Shape analyses found differences between groups in R AMY and L NAc.
Weiland [91]	CS	50, 9F	50, 14F	CU = 16.65 NC = 16.77	CU: Daily users – used MJ 90 days out of the last 90. NC: No MJ use in the last 90 days	C	n.r.	VBM (modulated; GMD), and FSL FIRST (shape analysis) in NAc, AMY, HPC, cerebellum, and WB	GMD, shape	VBM: MCS cluster-wise threshold of $t > 2.3$ FSL FIRST: MCS cluster-wise threshold of $F > 3.0$	ns
Bangalore [113]	CS	FES/NC: 24, 6F FES/NC: 42, 18F	FES/NC: 24, 6F NC: 24, 9 (male), 26.1 (female)	FES = 24.3 (male), 25.7 (female) NC = 24.9 (male), 26.1 (female)	CU: >10 lifetime uses NC: No MJ use	FES/C	n.r.	VBM in CB1-rich ROIs: bilateral dlPFC, HPC, PCC, and cerebellum	GMD	FWE	FES/NC > FES/NC: R PCC NC > FES/NC: R PCC
James [114]***	CS	SZ/AB 16, 5F	SZ/NC: 16, 5F NC = 28, 10F	SZ/NC = 16.4 NC = 16.4	CU: Any MJ use NC: No MJ use	SZ/AB	>28 days prior to scanning	Optimized VBM in FSL; subcortical volumetry and shape of AMY, HPC, Cd, Pu, Pd, NAc, Th	GMD, shape	TFCE, FDR	SZ/NC > SZ/AB (GMD): TFG, PHG, VS, R MTG, IC, Pc, R PCG, dlPFC, L postcentral gyrus, lateral occipital cortex, cerebellum Shape analysis: ns
Shollenbarger [115]	CS	33, 12F	35, 20F	CU = 21.21 NC = 21.14	CU: >25 joints in the past year and >50 lifetime joints. NC: ≤5 joints in the past year and <15 lifetime joints	C	7 days: verified based on decreased THC metabolites from time 1 to time 2	Freesurfer in bilateral dlPFC, mPFC, frontal pole, vmPFC, vlPFC, inferior parietal	Gyrification, surface area	FDR $p < .05$ for each hemisphere separately	HC > CU (gyrification): bilateral mPFC, bilateral frontal poles, bilateral vmPFC HC > CU (surface area): L vmPFC, L vlPFC* * $p = 0.09$ after FDR correction Brain-behavior correlations ↓ letter-number sequencing performance ↓ gyrification in R mPFC, R vmPFC, R frontal pole * In CU group only
C) White matter studies											
Gruber [117]	CS	25, 7F	18, 11F	CU = 23.2 NC = 23.1	CU: Minimum of 2,500 MJ uses; use of MJ at least 5/7 previous days; positive criteria for MJ abuse/dependence NC: No history of use	C	12 h prior to scan	DTI	ROI	n.r.	CU > NC (MDI): L & R genu of CC NC > CU (FA): L & R genu of CC; L IC Correlations ↑ BIS total attention and motor scores ↓ R genu FA ↑ BIS impulsivity ↓ L genu FA Early MJ onset group: ↑ impulsivity scores on all BIS subscales ↓ FA in L and R genu



**Table 2.** continued

Ref	Design	CU (N, Fn)	NC (N, Fn)	Age (mean)	Inclusion	Status	Abstinence	MRI Measures	Analysis Method	CV	Findings
James [114]***	CS	AOS/CU: 16, 5F	AOS/NC: 16, 5F F: 10 NC: 28, 10 F	AOS/CU = 16.4 AOS/NC = 16.2 NC = 16.4	CU: >3 days/week for at least 6 months NC: No history of use	AB	Minimum 28 days	DTI	WB	TFCE, significant clusters $p < 0.05$ ; FDR	interscan interval ↓ L ILF, FA. <b>AOS/NC &gt; AOS/CU</b> (FA): L SLF, L CC, L posterior limb of InC, bilateral SCD <b>NC &gt; AOS</b> (FA): SLF, ILF, FOF, CST, ATR, and posterior mid-section of CC.
Haller [107]*	CS	FEP/CU: 33, 4F (high dose: 15, 2F); low dose: 18, 2F	FEP/NC: 17, 10F	FEP/CU = 23.3 (heavy users) and 22.2 (light users) FEP/NC = 23.9	CU: Heavy users: min near daily use for min 1 year; light users: >10 lifetime uses, lower frequencies than heavy users; NC: ≤10 lifetime cannabis uses	FEP/C	n.r.	DTI	Whole brain	TFCE, fully corrected $p$ values <0.05 as significant	CU vs. No suprathreshold differences in FA, LD, RD, MD. Heavy users vs. light users, heavy users vs non-users, light users vs non-users: no suprathreshold differences in FA, LD, RD, MD.
Peters [122]	CS	SZ/CU: 24, 0F	SZ/NC: 11, 0F NC: 21, 0F	SZ (w/ and w/o CU) = 22.4 NC = 22.6	CU: Cannabis use before age 17 NC: ≤ 25 lifetime joints	I	n.r.	DTI	ROI	n.r.	<b>SZ/CU &gt; NC</b> (FA): anterior IC, UF, frontal WM SZ/NC before age 17 did not differ significantly from controls
D) Multimodal studies											
Spechler [126]	PA	365, 158F	1216, 678F	BL CU = 14.5 NC = 14.5	CU: Cannabis naive at age 17 (BL); any cannabis use by age 16 (FU) NC: Cannabis naive at BL and FU	f	N/A (all participants were cannabis naive at BL)	Structural MRI & 3 fMRI tasks (MID, SST, FT)	ML technique to identify predictors of cannabis initiation: Cross-validated regularized logistic regressions for each use level by sex	10-fold CV, 100 permutations; only predictors present in ≥ 6 final models (from $k = 10$ ) across all 100 runs within a use level analysis were included in results	Males <b>CU &gt; NC</b> (GMV): <b>R vmPFC</b> (SST: successful inhibition>BL); L ITG <b>CU &lt; NC</b> (GMV): L mid cingulate (SST: successful inhibition>BL); 3 L cerebellar ROIs, R midbrain/thalamus (FT: neutral faces>control images); R midbrain/thalamus Females <b>CU &gt; NC</b> (GMV): R pre-SMA (SST: failed inhibition>BL); L lateral paravermis, midbrain, preCG, PoCG; R PoCG, pre-SMA (FT: angry faces>control images); L vmPFC (MID: reward anticipation); L MFG <b>CU &lt; NC</b> (GMV): R MFG (SST: successful inhibition>BL); R MTG, OFC; L OFC (SST: failed inhibition>BL); R IFG (FT: neutral faces>control images); R SFG, lingual gyrus (FT: angry faces>control images); R anterior cerebellum



The 'Inclusion' column summarizes inclusion criteria for the CU and NC groups (where applicable) with regard to cannabis use. The 'Findings' column summarizes the primary results of each study that are relevant to each domain (i.e. for studies reporting results from multiple imaging modalities, only those results that pertain to the current domain will be included). Group comparisons are reported first, with additional analyses reported after (where applicable). Within each domain, articles are listed in the order they are discussed in the corresponding section of the main body of the text.

AB abstinent cannabis users (minimum 28 days), ACC anterior cingulate cortex, AD axial diffusivity, ADHD attention-deficit hyperactivity disorder, ALC current alcohol users, ALSPAC Avon Longitudinal Study of Parents and Children, AMY amygdala, ANCOVA analysis of covariance, ANOVA analysis of variance, AOS adolescent onset schizophrenia, ATR anterior thalamic radiations, AUDIT Alcohol Use Disorders Identification Test, AUS/DUS alcohol and drug use scale, BDI Beck Depression Inventory, BIS Barratt Impulsivity Scale, BL baseline; C current cannabis user, CBT cannabinoid receptor type 1, CC corpus callosum, Cd Caudate, CHR clinical high risk for psychosis, CS cross-sectional (single timepoint for imaging and clinical data), CST corticospinal tract, CSU current synthetic cannabis users, CT cortical thickness, CU cannabis user, CUD cannabis use disorder, CUDIT cannabis use disorder identification test, CVO cannabis use onset, CV cross-validation, dlPFC dorsolateral prefrontal cortex, EL extremely low level cannabis use (1–2 lifetime cannabis uses); EOS early-onset schizophrenia, F female, f future cannabis user, FA fractional anisotropy, FAAH fatty acid amide hydrolase, FDR false discovery rate, FEP first episode psychosis, FES first episode schizophrenia, FM forceps minor, FSL FMRIB software library, FT face task (social affective (face) processing task), F follow-up, FWE family-wise error (correction), GLM general linear model, GMD gray matter density, GMV gray matter volume, HAM-D Hamilton Depression Rating Scale, HPC hippocampus, HTh hypothalamus, IC insular cortex, InC internal capsule, ILF inferior longitudinal fasciculus, IPC inferior parietal cortex, ITG inferior temporal gyrus, JJ recruited from juvenile justice programs, L left, / lifetime cannabis users, LD longitudinal diffusivity, LN longitudinal neuroimaging (multiple neuroimaging timepoints), MC multiple comparison correction, MCS Monte Carlo Simulation, MD mean diffusivity, MFG middle frontal gyrus, MID monetary incentive delay task (reward processing task), MJ marijuana, ML machine learning; mPFC medial prefrontal cortex, MTG medial temporal gyrus, N/A not applicable, NAc nucleus accumbens, NC non-cannabis user, n.r. not reported, ns not significant, OFC orbitofrontal cortex, OLS ordinary least squares, OU occasional cannabis user, PA prospective associations (single timepoint of neuroimaging, longitudinal clinical data); Pc preceuneus, PCC posterior cingulate cortex, PCG paracingulate gyrus, Pd pallidum, PFC prefrontal cortex, PHG parahippocampal gyrus, PoCG postcentral gyrus, pre-SMA presupplementary motor area, Pu putamen, R right, RD radial diffusivity, ROI region of interest, RU regular cannabis user, SC synthetic cannabis, SCC subcallosal cortex, SCD superior cerebellar decussation, SEA sublenticular extended amygdala, SFC superior frontal gyrus, SFOF superior fronto-occipital fasciculus, SFS superior frontal sulcus, SLF superior longitudinal fasciculus, SMG supramarginal gyrus, SST stop signal task (motor response inhibition task), STG superior temporal gyrus, SYS Saguena Youth Study, SZ schizophrenia, T treatment-seeking cannabis users, TBM tensor-based morphometry, TFCE threshold-free cluster enhancement, TFG temporal fusiform gyrus, Th thalamus, TLFB Timeline Follow-Back, tx treatment, UA urinalysis, UF uncinate fasciculus, utox urinary toxicology analysis, YBM voxel-based morphometry, vIPFC ventrolateral prefrontal cortex, vmPFC ventromedial prefrontal cortex, VS ventral striatum, WB whole-brain, WM white matter.

\*Included in both gray matter volume and morphometry sections.

\*\*Included in both gray matter volume and white matter sections.

\*\*\*Included in both morphometry and white matter sections.

1–2. Overlapping samples.

<sup>a</sup>Cannabis users with ( $n = 37$ ) and without ( $n = 18$ ) comorbid ADHD.

<sup>b3</sup> Population-Based Samples with Cannabis Use Information.

<sup>c</sup>Also included a samples of  $n = 191$  adult cannabis users and  $n = 662$  adult non-users.

<sup>d</sup>Also included a group with early-onset schizophrenia with and without comorbid CUD ( $n = 34$ , 12 F; mean age = 16.4).

92, 96, 97]. These inconsistencies may relate to between-study differences in key demographic features proposed to influence the link between cannabis use and GMV during adolescence, such as sex [93, 98], age of first use [95, 100], frequency of use [100], synthetic versus plant-derived cannabis [87] and genetic variation [92]. It may be necessary to account for these and other key moderators in future work.

Several studies have also prospectively examined alterations in adolescent brain morphology in relation to subsequent cannabis use behaviors [88, 101, 102]. Smaller OFC volumes at age 12 have been associated with cannabis use onset by age 16 [102], and smaller volumes of the hippocampus/amygdala and superior temporal gyrus have been associated with increased quantity of cannabis use across a 3-year follow-up [88]. A separate prospective study reported an association between reduced bilateral amygdala volume and heightened cannabis craving following 28 days of abstinence in heavy CU [101]. These findings support the possibility that morphological variation may influence subsequent cannabis use, emphasizing the need to disentangle premorbid GMV alterations that impact risk for use from GMV changes that result from exposure.

Several studies have also assessed GMV in relation to CU in clinical populations. Findings from studies including adolescents and emerging adults at high-clinical risk for psychosis have been mixed, with decreased thalamus [103], amygdala/hippocampal complex [104] and amygdala volumes [105] reported among CU relative to non-users. In addition, the stability of these effects after co-varying for tobacco and other substance use has also varied [104, 105]. Increased putamen volume has been observed among males with schizophrenia and CUD, relative to those with schizophrenia alone [106], and individuals with schizophrenia and CUD had smaller insula volume relative to controls [106]. Conversely, a second study using a whole-brain approach found no differences between individuals with first episode psychosis with and without a history of cannabis use [107].

Overall, while there is some evidence for volumetric alterations in frontocerebellar [87–89, 93, 94, 99] and limbic subcortical regions [87, 95, 98, 99], many studies have failed to observe group differences [90–92, 96, 97], and a variety of variables have been identified as potential moderators of this relationship [87, 92, 93, 95, 98, 100]. Furthermore, several reports suggest that GMV alterations may precede cannabis use onset [88, 101, 102].

### Brain morphometry

Findings from studies assessing cortical thickness (CT) among adolescent CU and non-users are shown in Table 2B [95, 108–112]. Among these, three studies examined populations without major comorbid psychopathology [108–110] and report largely divergent results. However, studies converge in reporting increased CT among CU in right superior and inferior parietal regions and the left paracentral lobule [108, 109], as well as negative correlations between age of onset and CT in the right superior frontal [109] and entorhinal cortices [108].

As with GMV, several studies have also assessed CT in CU with comorbid clinical diagnoses. Among males at high genetic risk for schizophrenia, higher levels of use were associated with reduced overall CT across three large population-based cohorts [112]. Similarly, among individuals with and without CUD and early-onset schizophrenia, those with CUD were characterized by an attenuated decrease in CT across 1.5 years in frontal, parietal, and temporal regions [111]. Finally, among individuals with attention-deficit/hyperactivity disorder, CU were characterized by reduced frontal and cingulate CT [95].

Four studies examined differences in gray matter density (GMD) [91, 97, 113, 114], with one study reporting increased GMD among CU in the NAcc and amygdala [97], and a second study finding no differences between groups [91]. Conversely, among samples with comorbid psychosis, lifetime history of CU was

associated with decreased GMD in the right posterior cingulate cortex [113], and frontal, temporal, and occipital cortical areas, as well as the striatum and cerebellum [114]. Three studies also examined shape differences [91, 97, 114], with only one finding significant shape differences in the amygdala and NAcc [97]. Finally, one study examined local gyrification index and surface area of prefrontal and parietal ROIs and found less gyrification in bilateral medial PFC, frontal poles, and ventral medial PFC in the CU group, but no significant surface area findings [115].

Overall, these data provide initial evidence for alterations in frontoparietal CT [108, 109] and changes in NAcc and amygdala morphology [97] among adolescent CU. However, given the heterogeneity of morphological metrics and patient populations examined, it is difficult to draw any firm conclusions.

### White matter

Findings from studies examining WM microstructure among adolescent CU using diffusion-weighted imaging (DWI) are shown in Table 2C. The most commonly reported metric across studies is fractional anisotropy (FA), a scalar index of diffusivity thought to reflect axon fiber density, axon diameter, and myelination (though interpretation of FA in areas of complex fiber architecture is more ambiguous) [116]. Among studies in adolescents without significant comorbid psychopathology [90, 117, 118], one found significantly reduced FA in the bilateral genu of the corpus callosum and the left internal capsule [117]. A second longitudinal study found FA decreased among CU over a two-year period in several tracts, including bilateral superior longitudinal fasciculi, right corticospinal tract, right anterior thalamic radiation, and superior fronto-occipital fasciculus [118]. Conversely, a third study did not find any association between adolescent CU and WM indices [90], but this discrepancy may be attributable to lower levels of use in the latter study. Consistent with this, earlier age of onset (prior to 16 years) has been related to lower genu FA [117], suggesting that patterns of use may be an important consideration.

Several studies have also examined WM microstructure among adolescent CU with significant psychopathology. Smaller WM volume [119] and poorer WM integrity of the anterior thalamic radiations and uncinate fasciculus [120] have been linked to heightened depressive symptoms among adolescent CU. WM alterations have also been examined among adolescent CU with comorbid psychotic disorders [107, 114, 121, 122]. Two of these studies found reduced FA of the inferior longitudinal fasciculus [121], superior longitudinal fasciculus, corpus callosum, internal capsule, and superior cerebellar decussation [114] among CU. A third study reported no differences between CU and non-users in emerging adults with a first episode of psychosis [107]. Conversely, a fourth study found increased FA in the uncinate fasciculus and anterior internal capsule in adolescents with recent-onset schizophrenia and comorbid cannabis and hard drug use [122]. However, the high degree of comorbidity between cannabis and other drug use makes it difficult to determine causality for the WM alterations observed [122].

The majority of the work reviewed here demonstrates that adolescent CU display disruptions in WM integrity, reported as lower FA in CU groups [114, 117, 118, 120, 121], although a subset of studies found no differences in WM microstructure [90, 107, 119], or increases in FA [122]. Negative associations between cannabis use and WM coherence appear to be widespread, affecting callosal [114, 117], association [114, 118, 120, 121], projection [114, 118], and brainstem [114] fibers. However, most studies are cross-sectional [114, 117, 119, 120, 122], and given the ambiguity of measures such as FA within many regions of the brain (i.e., those of complex architecture), additional work using other metrics and more sophisticated analysis approaches is warranted [116, 123–125].

**Table 3.** Key limitations of current literature and recommendations for future studies.

Limitation	Recommendation
1) Insufficient sample size	Recruit samples that are adequately powered to examine group differences and within-group variation in cannabis use characteristics; Leverage publicly accessible data from large-scale neuroimaging initiatives
2) Inadequate correction for multiple comparisons	Apply rigorous statistical thresholds, consistent with current standards [148, 149]
3) Inadequate reporting of levels of cannabis use	Clearly report inclusion criteria and actual patterns of use for individuals in cannabis use group and “non-use” group, including frequency, route of administration (e.g., oral, vaped, smoked), quantity (e.g. grams, drops, hits), and duration of use
4) Inconsistent terminology that differs across studies, i.e., “chronic use,” “heavy use,” “early-onset use”	Establish standard definitions for descriptors based on scientific data, consistent with alcohol (e.g., “binge drinking” [150]) and tobacco use (e.g. “someday smoker” [151]). For example, early-onset cannabis use might be defined as one standard deviation below the national mean age of onset.
5) Lack of measurement of cannabis potency/cannabinoid composition	Collect data on cannabis potency/cannabinoid composition, as well as type of cannabis (e.g., leaf, oil, dabs, wax), whenever possible
6) Inconsistent length of abstinence prior to scanning	Standardize abstinence interval within studies; clear reporting of length of abstinence in results
7) Inadequate exploration of use characteristics	Studies should investigate effects of difference use characteristics in addition to group differences
8) Inadequate measurement/reporting of sample characteristics	Studies should include thorough phenotyping of participant samples, including comorbid psychopathology, alcohol and other substance use
9) Dearth of longitudinal data	More longitudinal data is needed; collect data both pre- and post-cannabis use onset and following periods of abstinence; dense sampling can provide greater temporal specificity of longitudinal data (e.g., monthly scanning during initial abstinence)
10) Women underrepresented; sex differences rarely examined	It is essential that female adolescents be equally represented; include analyses directly assessing sex differences whenever possible

### Multimodal

One study used a machine learning technique to identify predictors of future cannabis initiation, including both structural and functional neural features [126] (Table 2D). A large sample of adolescents from the IMAGEN study were stratified into groups based on whether they reported any cannabis use by age 16, and a variety of psychosocial, brain, and genetic features at age 14 (when all participants were cannabis naive) were assessed as potential predictors of subsequent initiation. Models reliably predicted future cannabis use and identified both structural and function neural predictors, including frontal, cingulate, temporal, occipital, cerebellar, midbrain, and thalamic regions. Critically, distinct non-overlapping neural features were identified in male and female participants, further supporting the idea that sex may moderate associations between cannabis use and adolescent brain structure and function. Furthermore, the current study underscores the potential utility of predictive modeling approaches that look simultaneously at an array of neural characteristics to provide a deeper understanding of the complex relationships between cannabis use and adolescent neurodevelopment.

### DISCUSSION

Overall, extant literature on functional and structural neural alterations among adolescent and emerging adult CU most consistently implicates frontoparietal, frontolimbic, and frontostriatal regions, as well as the cerebellum. This is unsurprising, given that these regions are known to undergo substantial neurodevelopmental change during adolescence [127], and the psychoactive effects of cannabis are primarily mediated by CB1 receptors [128], which are most densely expressed in the neocortex, hippocampus, amygdala, basal ganglia, cerebellum, and brainstem [128, 129]. However, several studies have identified neural alterations that precede cannabis use onset and/or escalation [39–41, 88, 101, 102]. Therefore, it remains to be determined whether findings reflect premorbid risk factors or consequences of cannabis exposure. Furthermore, extant studies have also highlighted key factors that may moderate the effects of cannabis on the adolescent brain, including sex [93, 98, 112], genetic variation [58, 59, 92, 120], and differences in individual patterns of cannabis use, including age of onset [42, 77, 95, 100, 108, 109, 117], quantity/frequency of use [44, 100, 112], and duration of abstinence [43, 67, 69, 78, 79, 83]. Additionally, our review included studies with both younger and older adolescents/emerging adults (mean age  $\leq$  25) and thus includes data from individuals across different stages of puberty, which could also influence the effects of cannabis on the brain. Overall, the relationship between cannabis use and adolescent brain development is likely complex, and future studies should account for potential moderators in order to elucidate the potential impact of cannabis exposure.

Notably, the literature overall is characterized by severely insufficient sample sizes and methodological inconsistencies that limit the conclusions that can be drawn: 81.1% of studies reviewed here included cell sizes  $<50$ , and many report uncorrected results or inadequately correct for multiple comparisons. The past decade has seen a revolution in how neuroimaging studies are powered and in how multiple comparisons are corrected for, thus it is essential that future studies recruit larger samples of adolescent CU and apply rigorous statistical thresholds. For example, recent work suggests that cross-sectional studies of  $N \sim 25$  are unlikely to yield highly stable results [130]. To guide future research in this area, we have outlined several key limitations to the existing literature and provided recommendations for future studies, as summarized in Table 3.

Levels of use in both cannabis and comparison “non-cannabis” groups is strikingly inconsistent across studies and is often insufficiently described. Further, many studies describe their



sample as “heavy” or “chronic” CU, yet these terms are used inconsistently. While these inconsistencies likely reflect the heterogeneity of CU, it is essential that future studies thoroughly characterize and report cannabis use characteristics for both study groups in a consistent manner to facilitate meaningful comparisons across studies.

Very few studies include measures of cannabis potency and cannabinoid composition. Cannabis potency has increased dramatically over the last several decades [131, 132], and evidence suggests that the effects of cannabis may vary based on the cannabinoid composition of products consumed [133] (i.e., THC: CBD ratio [134]). Therefore, inconsistencies in findings may be attributable to variation in cannabis potency or cannabinoid composition. Although these characteristics are difficult to measure [135], future research should seek to quantify and account for these factors wherever possible.

Length of abstinence prior to scanning may represent an important source of variance that should be considered and accurately reported. Several studies reviewed here suggest that neurobiological differences between current CU and non-users are substantially reduced, or even eliminated, following 1 month of abstinence [78, 79, 83]. These data highlight the need for future research to clearly quantify the duration of abstinence prior to scanning, and to investigate the circumstances under which the effects of cannabis may be reversible with abstinence.

Although several of the studies reviewed here suggest that age of onset [42, 77, 95, 100, 108, 109, 117] and the quantity and/or frequency of cannabis use [44, 100, 112] may moderate the effects of cannabis on the adolescent brain, few studies have examined how different patterns of cannabis use relate to structural and functional neural characteristics. Further, definitions of early-versus late-onset use have varied among studies that have examined this factor. It is important that future studies investigate how different patterns of use impact adolescent neurodevelopment in addition to reporting group differences.

While a handful of studies have incorporated longitudinal neuroimaging [61, 76, 78, 79, 83, 88, 103, 104, 111, 112, 118, 121], the vast majority of the literature remains cross-sectional. Future work incorporating longitudinal neuroimaging [e.g., [136] is essential to adequately disentangle neural mechanisms of risk for cannabis use from sequelae of cannabis exposure, as well as to assess the extent to which cannabis effects on the adolescent brain are reversible with abstinence. Furthermore, research collecting neuroimaging data with greater temporal resolution (i.e., densely sampled data [137, 138]) is essential to adequately characterize dynamic network development within the context of different patterns of adolescent cannabis use.

Finally, despite substantial preclinical evidence [139] and preliminary human findings [93, 98, 112, 140] indicative of sex differences in the effects of cannabis on the adolescent brain, the extent to which cannabis effects differ between female and male adolescents remains very poorly understood. Female adolescents have been underrepresented in the literature reviewed here, and only a small minority of studies have directly examined sex differences [93, 98, 112]. Although cannabis use is more prevalent among men than women at the global level [15], adequate representation of both female and male participants is essential to enable analyses investigating sex differences in cannabis effects.

Overall, the literature reviewed here provides preliminary evidence for functional and structural alterations in frontoparietal, frontolimbic, frontostriatal, and cerebellar regions among adolescent and emerging adult CU. In light of ongoing changes to cannabis policy [12], increased availability [141], reduced perceptions of harm [142], heightened interest in medicinal applications of cannabis [143], as well as drastic increases in cannabis potency [131, 132], it is essential that larger, more rigorous studies build upon this preliminary literature to elucidate the effects of cannabis on the developing adolescent brain. Furthermore, in order to

establish how cannabis effects on the brain differ between adolescents/emerging adults and adults, additional research directly comparing these groups is urgently needed. While ongoing open-science, population-level neuroimaging initiatives, such as the Adolescent Brain and Cognitive Development (ABCD) study, will be critical in making adequately powered datasets widely available, there will still be a need for additional systematic work assessing relationships in clinical contexts and at finer temporal resolutions.

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## AUTHOR CONTRIBUTIONS

SDL, NM, and SWY conceived of the topic for the current review and conducted the systematic literature search, which yielded 510 manuscripts for screening (see PRISMA flowchart). NM took the lead on screening manuscripts for inclusion, and all eligibility questions were resolved in consultation with SDL and SWY. Once screening was complete, SDL, NM, and SWY divided the remaining 88 manuscripts into sections based on the primary methods used, and assigned sections to additional co-authors. SDL drafted the introduction, discussion, and SDL the resting-state fMRI section of the text, as well as the corresponding table (Table 1F). SDL also conducted the accuracy check for Table 1B. NM drafted the inhibitory control section and corresponding table (Table 1B), as well as conducting the accuracy check for Table 1D. KAG drafted the drug cue-reactivity section and corresponding table (Table 1C), as well as conducting the accuracy check for Table 1A. LMC drafted the morphometry section and corresponding table (Table 2B) and conducted the accuracy check for Table 1F. JH drafted the white matter section and corresponding table (Table 2C) and conducted the accuracy check for Table 1E. PW and KR drafted the reward section and corresponding table (Table 1D), as well as conducting the accuracy check for Table 2C. ATH drafted the emotion regulation and processing section and corresponding table (Table 1E), as well as conducting the accuracy check for Table 2A. LE and SWY drafted the neurocognitive section and corresponding table (Table 1A) and conducted the accuracy check for Table 2B. EFS drafted the gray matter volumes section and corresponding table (Table 2A) and conducted the accuracy check for Table 1C. SWY edited and revised working drafts of the manuscript. SDL, NM, KAG, LMC, JH, PW, KR, LE, EFS, and SWY all reviewed the and approved the final version to be published and agree to be accountable for all aspects of the work.

## COMPETING INTERESTS

The authors declare no competing interests.

## ADDITIONAL INFORMATION

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