

REVIEW ARTICLE



Skin immunity: dissecting the complex biology of our body's outer barrier

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Our skin contributes critically to health via its role as a barrier tissue, carefully regulating passage of key substrates while also providing defense against exogenous threats. Immunological processes are integral to almost every skin function and paramount to our ability to live symbiotically with skin commensal microbes and other environmental stimuli. While many parallels can be drawn to immunobiology at other mucosal sites, skin immunity demonstrates unique features that relate to its distinct topography, chemical composition and microbial ecology. Here we provide an overview of skin as an immune organ, with reference to the broader context of mucosal immunology. We review paradigms of innate as well as adaptive immune function and highlight how skin-specific structures such as hair follicles and sebaceous glands interact and contribute to these processes. Finally, we highlight for the mucosal immunology community a few emerging areas of interest for the skin immunity field moving forward.

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INTRODUCTION

Our skin is an immune-rich tissue through which we mediate continual interactions with our external surroundings. While not a 'mucosal' surface in the strictest sense, cutaneous biology parallels in many ways that of other barrier tissues, such as the intestine, oropharynx or genital mucosa. As our body's outermost surface, skin also displays notably distinct structural characteristics and endures specific functional challenges and environmental exposures. The skin's immune system has evolved to integrate and respond to these various signals and accordingly encompasses unique tissue-specific features. We highlight these here for the readership of *Mucosal Immunology* in honor of the journal's decision to expand its scope to also include research focused on cutaneous immunity.

Tissue topography sets the stage for biology

The dry, cool, hair-bearing surface of skin makes it immediately distinguishable from the warm, moist and smooth niches typical of other barrier tissues. These differences extend to the biochemical level¹, with skin being comparatively more acidic, nutrient-deficient and high in saline than the neutral pH, carbon- and nitrogen-rich intestinal environment. The skin epithelium is also rich in a variety of lipid species^{2,3}. Free fatty acids, ceramides, and cholesterol are produced by keratinocytes in the upper layers of the epidermis^{4,5}, and sebum secreted onto the skin's surface contains triglycerides, wax esters, squalene, and free fatty acids⁶. These fatty acids, along with poly-carboxylic acids generated through deamination of epithelial amino acids, contribute to skin acidification – a process which in turn supports skin barrier integrity⁷.

Oxygen density is another key distinguishing feature of skin as compared to some mucosal sites. In contrast to the highly

anaerobic lumen of the colon and the steep oxygen gradient across the intestinal epithelium⁸, the skin surface is largely aerobic with the exception of microaerophilic invaginations created by hair follicles and other adnexal structures⁹. Alteration of these microenvironments can impact skin immunobiology. For example, a shift towards more anaerobic conditions in hair follicles can lead to outgrowth of *Cutibacterium acnes*—a commensal bacterial species native to this niche—and augment its production of short chain fatty acids (SCFAs)¹⁰. These SCFAs, in turn, enhance proinflammatory cytokines through epigenetic changes in epithelial keratinocytes^{11,12}. Thus, the cutaneous environment provides a distinct, tissue-specific topography for microbial commensals and a unique metabolic milieu for immune cell^{13,14}. How the latter shapes cutaneous immunity, as distinguished from other mucosal sites, however, remains to be fully elucidated.

The skin epidermis – at the immunological forefront

The epidermis constitutes the primary physical barrier between us and our external environment, providing a first line of defense against various physical, chemical and infectious threats (Fig. 1). Unlike the single layer of columnar enterocytes found in the intestinal epithelium, the skin's epidermis is a stratified, squamous epithelium comprised of keratinocyte cells that proliferate in the basal layer then migrate upward and undergo a process of terminal differentiation into corneocytes. This transition is denoted by transglutaminase-mediated protein cross-linking, secretion of lamellar bodies, and ultimately nuclear loss^{15,16}. In the upper outer layers, lipids synthesized by keratinocytes are released to fill the intercellular spaces between these corneocytes, providing a tight and effective barrier that limits both transepidermal water loss and penetration of exogenous compounds¹⁷.

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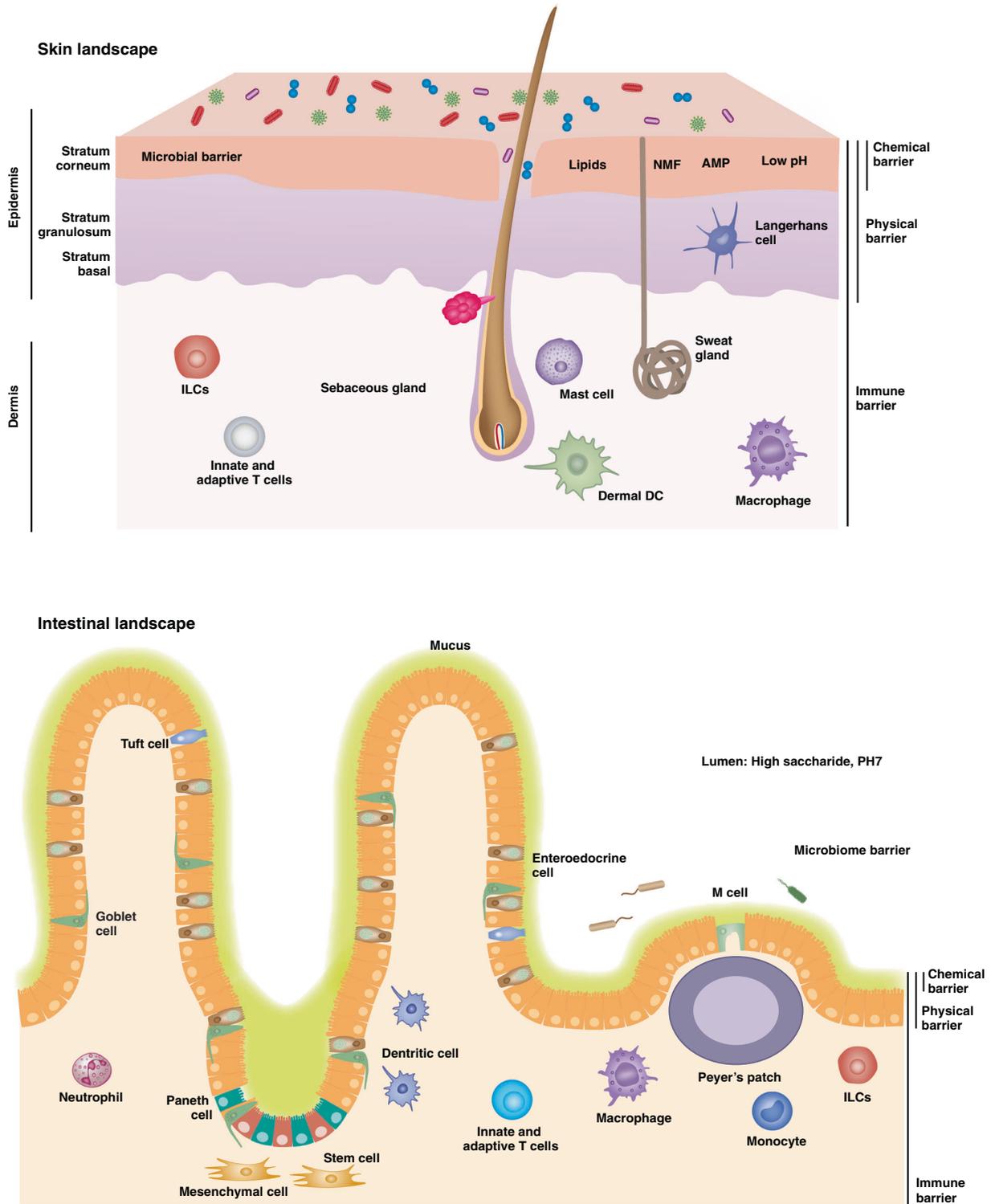


Fig. 1 The skin and the gut are unique ecological niches. Top panel: The epidermis is a stratified, squamous epithelium and comparatively lipid rich, nutrient poor, and acidic. Beneath the epidermis are a diverse set of immune cells that augment the physical barrier. Similar to mucus, the skin surface is coated with lipids and waxes produced by the sebaceous gland and other exocrine glands. Bottom panel: The gastrointestinal tract is a single layer of columnar enterocytes. In contrast to the skin, the healthy gastrointestinal tract contains tertiary lymphoid organs known as Peyer's Patches. NMF natural moisturizing factor, AMP antimicrobial protein, NK Natural Killer, DC Dendritic cell, ILC Innate lymphoid cells.

Similar to other mucosal barrier sites, tight junction proteins such as occludins, claudins, and zona occludens, are crucial to maintain skin barrier integrity and restrict harmful substances, while also allowing transport of essential molecules^{18,19}.

This robust physical barrier is complemented by a plethora of innate and adaptive immune defenses, as discussed in more depth below. The skin's epidermis is replete with antimicrobial molecules that both limit microbial entry and serve additional

immunological functions²⁰. Antigen presenting cells, namely Langerhans cells, also serve as immune sentries of the epidermis, extending their dendrites through tight junctions to sample antigens on the skin surface²¹. T cells, in particular CD103⁺ resident memory T cells in human skin²², and a specific subset of V δ 1 $\gamma\delta$ T cells in murine skin²³, also display significant epidermotrophism.

Skin Adnexal Structures & Immunologic Sub-Niches

Skin contains several exocrine adnexal structures, including sebaceous glands, and apocrine and eccrine sweat glands. Analogous to saliva, pulmonary surfactant, and intestinal mucus, skin secretions are controlled by a combination of circulating and local hormones²⁴. Sebaceous glands release their lipid-rich products, known as sebum, by holocrine secretion²⁵. These glands are typically found in association with hair follicles, forming so-called pilosebaceous units. At specific body sites, sebaceous glands are also found independent of hair follicles, most notably near the eye, lips and genitalia. Depending on their location, sebaceous glands fulfill a number of functions, including protection of the skin and hair, thermoregulation, formation of the tear lipid film, and pheromone-based communication²⁶. With regard to skin immune function, both sebaceous and sweat glands contribute to the pool of cutaneous antimicrobial peptides^{27,28}. Eccrine sweat glands and sebocytes are also capable of producing cytokines and chemokines^{29,30}. Reciprocally, innate lymphoid cells and T cells^{31,32}, as well as the cytokines TSLP, IL-4 and IL-13^{31,33} have been shown to influence sebaceous activity in human and mouse models.

Hair follicles are the most structurally distinct adnexal structures in skin. While concentrated on the scalp, axilla and genitalia, hair follicles are present everywhere on skin except for acral surfaces. The bulge region of hair follicles, analogous to the base of intestinal crypts, represents a key epithelial stem cell niche³⁴. These stem cells support re-epithelization of the interfollicular epidermis after injury and facilitate the process of hair follicle cycling. Skin regulatory T cells (Tregs), $\gamma\delta$ T cells^{35,36}, and inflammatory cytokines, such as interleukin (IL)-1, IL-17 and TNF α ³⁷, have all been shown to influence epidermal stem cell differentiation and thus serve as immune mediators of hair follicle cycling.

Hair follicle keratinocytes, in turn, produce various chemokines that direct homing of myeloid and lymphoid cells. For example, during inflammation keratinocytes in the upper hair follicle isthmus and infundibulum produce CCL2 and CCL20 and facilitate epidermal accumulation of monocyte-derived dendritic cells³⁸. Likewise, hair follicle derived IL-7 and IL-15 support epidermal and hair follicle tropism of skin memory T cells³⁹. Regulatory T cells (Tregs), in particular, have been demonstrated to preferentially localize to the perifollicular dermis⁴⁰, and their tissue density is correlated with that of hair follicles both in fetal and adult skin^{41,42}. In murine studies, CCL20 from infundibular keratinocytes participates in early recruitment of Tregs to this tissue niche⁴³. How Tregs are recruited and retained within the hair follicles of human skin remains unclear. These observations, in tandem with the fact that hair follicles represent a dense niche for skin microbial symbionts, underscore the fascinating role these structures play in cutaneous immunity⁴⁴.

A discussion of skin immunology is also not complete without mention of the subcutaneous layer, comprised primarily of adipocytes, fibroblasts and other stromal cells. Subcutaneous adipocytes help limit skin infections by producing the antimicrobial peptide, cathelicidin⁴⁵, a capacity that is diminished in the skin of elderly or obese subjects^{46,47}. Fibroblasts on the other hand express cytokines and receptors that facilitate their interaction with adjacent immune cells. One subset of skin fibroblasts was recently shown to express type 2 cytokine receptors and, in the right pathological context, to reciprocally support expansion of

subcutaneous type 2 helper (Th2) CD4⁺ T cells⁴⁸. Other dermal fibroblast populations can influence recruitment, activation and differentiation of immune cells, both during homeostasis or in inflammatory contexts such as wound healing⁴⁹.

Spatial organization of immune cells in barrier tissues is intrinsically related to their function. This is shaped in part by interactions with tissue structures and parenchymal cells, as discussed above. Separately, mucosal tissues can contain tertiary lymphoid structures, so called mucosa-associated lymphoid tissue (MALT), which contribute to tissue immune function, in particular antibody production in the intestines and nasopharynx^{50,51}. The concept and nomenclature of skin-associated lymphoid tissue (SALT) was proposed as early as 1978⁵². However, like the human lung where tertiary structures tend to be found mostly in association with disease⁵³, healthy skin generally lacks substantial tertiary lymphoid structures⁵⁴. Inducible SALT (iSALT), seen in tandem with skin inflammation⁵⁵, consists of dendritic cells, perivascular macrophages and T cells clustered near post-capillary venules. In murine models, IL-1R1 signaling and CXCL2 are required for the formation of iSALT and the ability to activate T cells through antigen presentation⁵⁶. The contributions of iSALT to inflammation and disease in human skin remain to be fully elucidated, but analogous structures have been described in the context of allergic, autoimmune and infectious skin disease^{56,57}.

Skin microbiota as a natural cutaneous adjuvant

While the intestines house the body's largest biomass of microbial symbionts, the skin is a close second supporting up to a million live bacterial cells per square centimeter⁵⁸. As has been shown for other mucosal sites, skin commensals provide continual signals to keratinocytes and skin immune cells, which help shape the tissue's homeostatic immune function⁵⁹. Metagenomic sequencing has revealed that skin bacteria are accompanied, albeit at lower levels, by cutaneous fungi and viruses⁶⁰. While many skin microbes reside in the upper layers of the stratum corneum, hair follicles and other adnexal structures provide protected invaginations and unique microenvironments for bacteria to thrive. While live bacteria are not thought to readily penetrate past the epidermis in healthy skin, studies have suggested that low amounts of viable bacteria can be found in the dermis⁶¹, thus presenting other opportunities for direct immune interaction.

Commensal bacteria contribute to cutaneous innate immune defense, both by producing their own antimicrobial peptides (AMPs) and inducing expression of host AMPs in epithelial cells^{47,62,63}. Studies in gnotobiotic mice suggest that commensal microbes also elicit homeostatic levels of cytokine production by keratinocytes and sebocytes²⁹, augment skin expression of complement pathways⁶⁴, expand the pool of skin CD4⁺ and CD8⁺ T cells, and stimulate skin T cell cytokine production^{9,65-68}. The broader effect is a more robustly activated skin immune system that is primed for defense against pathogenic microbes⁶⁹.

Given the distinct cutaneous architecture and nutrient availability, the composition of skin microbiota differs substantially from that of the intestines and other mucosal sites, and demonstrates compositional diversity across different skin body sites, as dictated by. Just as bacterial composition differs along the length of the intestine as dictated by changes in luminal composition and transit speed⁷⁰, each microenvironment of the skin favors its own array of microbial communities⁷⁰⁻⁷². Lipophilic microbes, including *Cutibacterium* species dominate sebaceous sites whereas *Staphylococcus* and *Corynebacterium* species thrive in humid environments such as the moist areas of the groin and feet^{73,74}. Strain-level skin bacterial diversity is often also spatially organized within a given individual⁷⁵, for example, genetically similar species of *Staphylococcus epidermidis* are found more consistently on the feet versus other body sites^{76,77}.

These regional differences in composition of bacterial communities across the skin's surface are notable from an immunological

perspective because skin bacteria have been shown to elicit distinct species-specific and even strain-specific profiles of immune activation^{67,78}. This is especially true for the types of cytokines produced by skin resident T cells^{65,79}. If regional differences in skin topography, chemical composition, and microbial ecology correspond to functional differences in cutaneous immunity across the skin surface, however, remains unclear.

Innate immune pathways in skin

Analogous to epithelial cells in the intestine, lung, mouth and vaginal mucosa, skin keratinocytes help calibrate the magnitude and flavor of immunity in response to various stimuli⁸⁰. Keratinocytes and sebocytes are equipped with Toll-like receptors (TLRs) and NOD-like receptors (NLRs), making them poised to respond to lipopolysaccharides, peptidoglycans, and host or microbially-derived nucleic acids^{81,82}. In skin, TLR2, TLR6 and NOD2 are particularly important for recognition and response to prevalent *Staphylococcal* and *Streptococcal* commensals and pathogens. TLRs 2, 3, 7, 8, and 9 help recognize skin trophic viruses such as herpesviruses, papillomaviruses and poxviruses. C type lectin receptors, in particular Dectin-1, recognize and control fungal pathogens such as *Candida albicans*⁸³.

Bacterial sensing by keratinocytes also triggers production of IL-1 family cytokines that augment core downstream processes such as wound healing⁸⁴ and T cell activation^{85,86}. Keratinocytes, like aerodigestive epithelial cells^{87,88}, can also be induced to express MHC class II, for example in response to TNF α , IFN γ , or IL-22^{89–91}. Whereas keratinocytes are not thought to prime naïve T cells, their MHC class II expression can contribute to expansion and activation of skin memory T cells⁹². For example, in mice this capacity has been shown to promote epidermal accumulation of IFN γ -producing commensal-specific CD4⁺ and CD8⁺ T cells⁸⁹.

Inflammasome sensors, such as NLRP3, also respond to signals of cellular damage or microbial invasion in skin. Cutaneous signals of adequate amplitude and in an appropriate context trigger inflammasome assembly, which then converts pro-interleukin-1 β (pro-IL-1 β) into biologically active IL-1 β ⁹³. In addition to the role of inflammasomes in acute skin immune responses, they have also been implicated in prolonged inflammatory memory following acute inflammation via epigenetic changes to epithelial stem cells following stimulation of the inflammasome sensor AIM2⁹⁴. Aberrant activation of inflammasome machinery in skin contributes to prototypical rashes in monogenetic autoinflammatory disorders⁹⁵. It is likewise implicated in the pathogenesis of many more common skin diseases, such as psoriasis, vitiligo, systemic lupus, and atopic dermatitis⁹⁶.

Skin antimicrobial peptides and lipids

One downstream effect of innate immune stimulation is the generation of AMPs and antimicrobial lipids that defend the host against infectious agents⁹⁷. AMPs limit pathogen colonization and shape composition of indigenous microbial communities⁹⁸. They also serve as immunomodulatory molecules via their ability to recruit and directly activate dendritic cells, macrophages, mast cells, neutrophils and other sentinels of the cutaneous immune system⁹⁹. A diverse group of epithelial AMPs have evolved to cope with the complex microbial communities in our environment (Fig. 2). The human β -defensins (hBD1-3) in skin exhibit antimicrobial activity against *Escherichia coli* and methicillin resistant *Staphylococcus aureus* (MRSA), while human cathelicidin (LL-37) can kill Group A *Streptococcus* and *Candida albicans* and inhibit biofilm formation by *Staphylococcus aureus* and *Pseudomonas aeruginosa*¹⁰⁰. The skin also produces members of the resistin family, which have bactericidal function against coagulase negative *Staphylococci*^{101,102}.

Recent work has also highlighted bactericidal capacity among Small proline rich proteins (SPRR) in the skin and gut. The skin expresses SPRR1 and SPRR2, which limit infection by *Pseudomonas*

aeruginosa and *Staphylococcus aureus*¹⁰³. Whereas intestinal SPRR2 production is modulated by microbial exposure, i.e., low levels are observed in germ free mice and restored with conventionalization¹⁰⁴, cutaneous SPRR1 and SPRR2 levels are comparable in germ free and conventionalized mice, with increased expression seen only after intradermal injection of LPS¹⁰³. Thus, while cutaneous AMP biology parallels that seen in other barrier tissues, skin employs unique AMP repertoires and regulatory frameworks to bolster its defense.

Beyond AMPs, the skin also expresses antimicrobial lipids and fatty acids. Human sebaceous glands produce sapienic acid and linoleic acid, which can limit bacterial growth. These lipids exert their antimicrobial activity by triggering membrane depolarization and blocking macromolecular branching, which lead to bacterial cell dissolution and death¹⁰⁵. The role of these antimicrobial lipids as effector molecules of innate immune defense is a key area of emerging interest.

Innate immune cell populations in skin

Skin contains a network of innate immune cells that readily respond to acute stimuli and recruit in other populations in response to tissue injury or alarmins (Fig. 3). Much like gut-resident CX3CR1-expressing mononuclear phagocytes that “sample” luminal microbial antigens¹⁰⁶, Langerhans cells positioned in the epidermis extend their dendrites to capture antigens near the surface of the skin²¹. These embryonically seeded cells, which arise from macrophage precursors and acquire dendritic cell properties once in the epidermis, are marked in humans by expression of CD1a and CD1c (MHC-I related molecules involved in presentation of lipid antigens) as well as in mice and humans by the C-type lectin CD207 (also known as langerin)^{107,108}. While generally a self-renewing population in the setting of homeostasis, bone-marrow derived monocytes help to augment the Langerhans cells niche during skin inflammation¹⁰⁷. Langerhans cells have been demonstrated to promote both effector and regulatory T cell responses in skin¹⁰⁹. Two subsets of Langerhans cells were recently reported in human skin¹¹⁰, though further work is needed to fully uncover how this relates to distinct functionality.

Antigen presenting cells in the dermis include both conventional dendritic cells (cDCs) and monocyte-derived dendritic cells (moDCs). Dermal cDC1s are marked by expression of CD141 in human skin and CD103 in murine skin, whereas human and mouse cDC2s express CD1c and CD11b respectively¹¹¹. In the murine dermis, there is also a population of CD103^{neg} CD11b^{neg} (so called ‘double-negative’) dendritic cells. CD123⁺ plasmacytoid DCs are minimally present in healthy skin but can increase significantly in the context of various diseases¹¹². Classical monocytes, which express CD14 and/or CD16 in human skin and Ly6c, Ccr2 or CX3CR1 in the mouse, can acquire class II expression after entering the tissue and differentiate into moDCs¹¹³, a population marked by CD14 in the human and CD11b and CD64 in the mouse. A full discussion of the relative functional capacities of various skin DCs subsets is beyond the scope of this review but a very active area of research^{111,114}.

Macrophage populations in the skin, like the intestine, are thought to comprise both embryonically seeded as well as recruited monocyte-derived subsets¹¹³. However, approaches to reliably distinguish these populations in skin and decipher their distinct functions are still rudimentary. Mast cells, marked histologically by their heterochromatic granules and production of tryptase, are also found in healthy human skin, especially at acral sites¹¹⁵. Cutaneous mast cells produce AMPs¹¹⁶ and other molecules that contribute to homeostatic innate immune defense as well early activation of allergic skin responses^{117,118}. Innate lymphoid cells (ILCs) are another innate cell population integral to coordinating immune responses in skin. Natural killer cells, type 1, type 2 and type 3 ILCs are all present in skin, but ILC2s are particularly prevalent¹¹⁹, especially as compared to the relative ILC3 predominance seen in

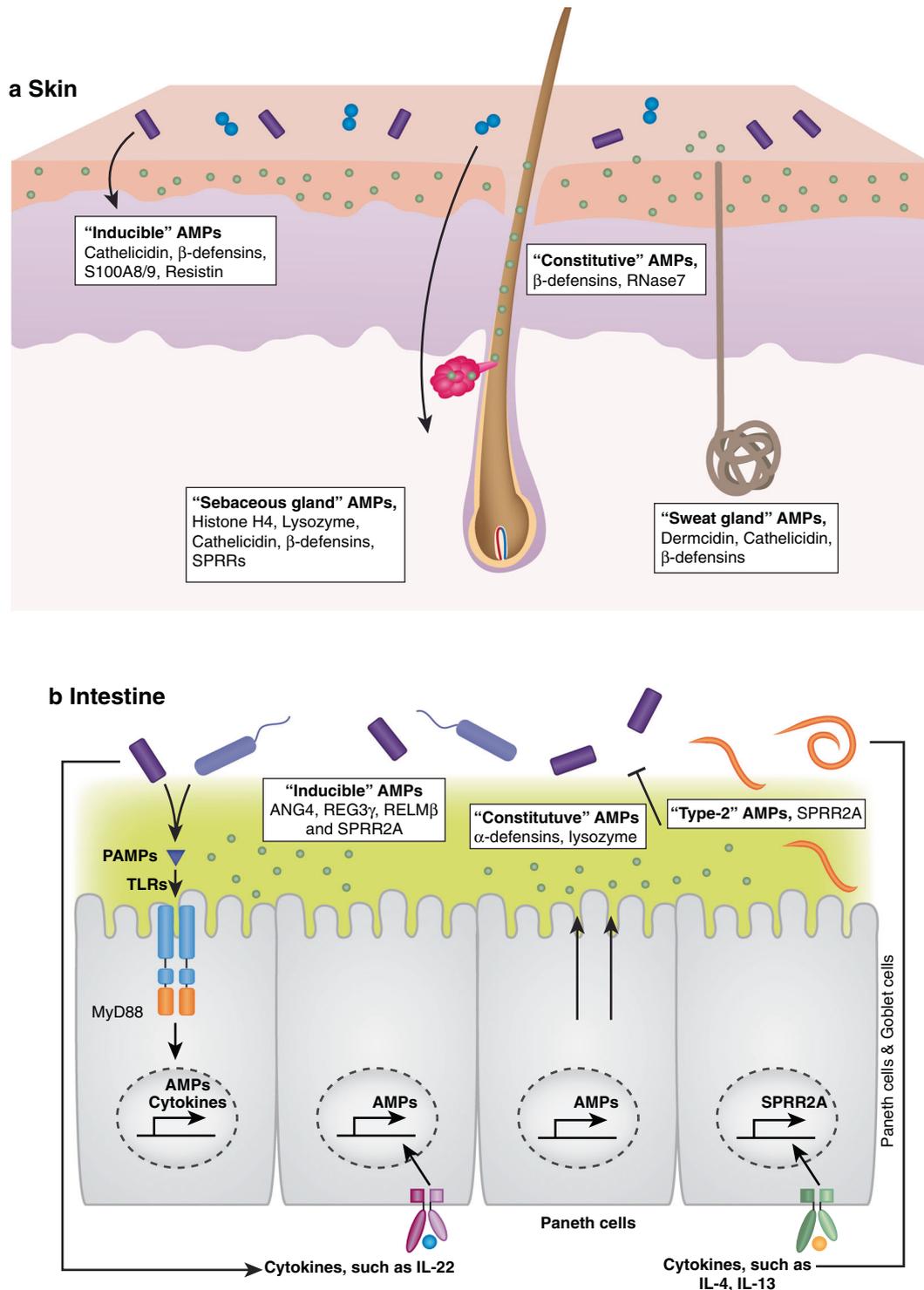


Fig. 2 Antimicrobial peptides (AMPs) in the skin and the gastrointestinal tract. **a** The skin expresses AMPs constitutively, such as RNase7 and the β -defensins. Other AMPs are inducible in response to bacteria and other environmental triggers. Skin appendages also generate AMPs in response to stimuli. **b** Lysozyme and α -defensins are present constitutively, while other AMPs require immunological or bacterial stimuli for expression. AMPs Antimicrobial proteins, TLR Toll like receptor, PAMPs Pathogen-associated molecular patterns.

the intestinal mucosa and human lung¹²⁰. While skin ILCs, like those in other mucosal tissues, are primarily a tissue resident population that is locally maintained and expanded, they express a distinct receptor pattern and are particularly dependent on IL-18 and TSLP for their activation and function^{121,122}. Additional transcriptional profiles further differentiate subsets of ILCs found in the dermis

versus the skin subcutis³². Skin inflammation is accompanied by marked changes in cutaneous innate immune cells. This includes expansion of existing populations, e.g., macrophages, dendritic cells, mast cells and ILCs¹²¹, recruitment of new ones, e.g., eosinophils and neutrophils, and cellular activation that leads to altered expression patterns of key surface markers^{111,123}.

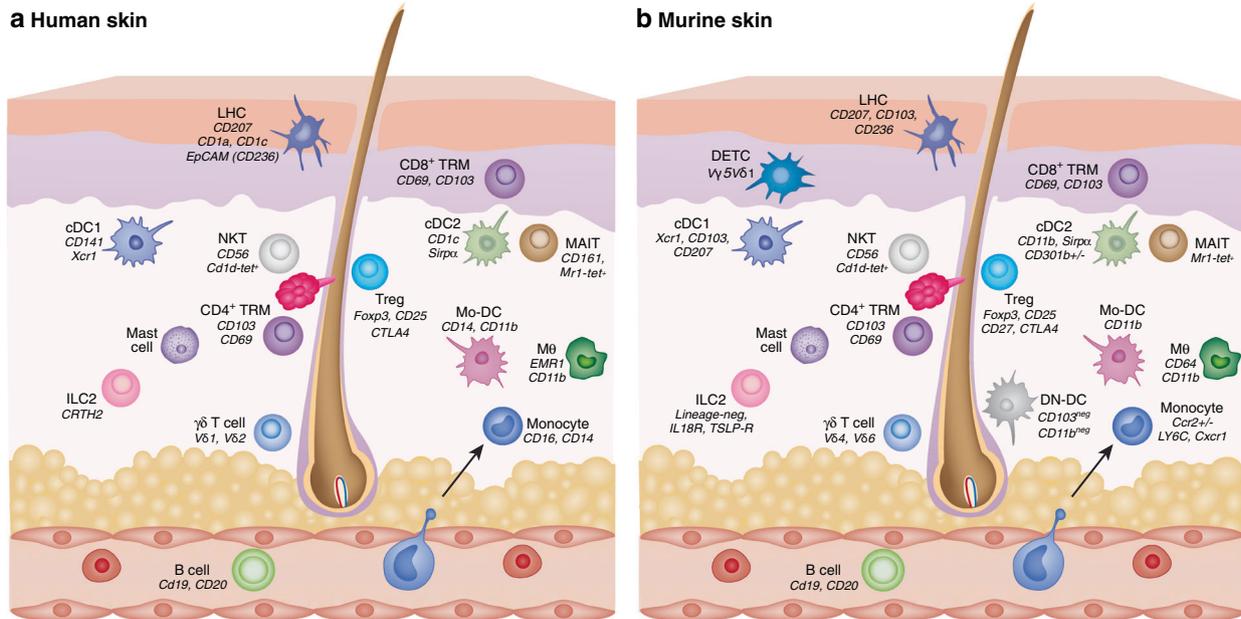


Fig. 3 Immune cell types in human and murine skin. (a) Human and (b) murine skin immune cell types and common surface marks identifiable by flow cytometry. DETC dendritic epidermal T cell, DC dendritic cell, DN DC double negative DC, ILC2 type 2 innate lymphoid cell, LHC Langerhans cell, MAIT Mucosal Associated Invariant T cell, Mo-DC monocyte-derived DC, M0 macrophage, NKT Natural Killer T cell, Treg Regulatory T cell, tet+ tetramer positive, TRM T resident memory cell.

Skin lymphocytes

The skin is also a dense repository of T cells, containing an estimated 2×10^{10} across its entire surface, several fold the amount found in blood circulation¹²⁴. Many of these cells are resident memory populations that spend the majority of their time in skin^{124,125}. Analogous to intra-epithelial lymphocytes found in the intestinal lining¹²⁶, human and murine skin both contain epidermotropic T cell subsets. In murine skin, V γ 5V δ 1 dendritic epidermal T cells (DETCs) seed the epidermis during late gestation, where they form stable interactions with Langerhans cells and produce cytokines that contribute to homeostatic proliferation of keratinocytes and wound healing¹²⁷. The human epidermis lacks DETCs but preferentially contains populations of CD8⁺ CD103⁺ $\alpha\beta$ T cells which may perform analogous functions^{125,128}. CD4⁺ T cells constitute the majority of $\alpha\beta$ T cells in both human and murine skin. These cells are found preferentially in the dermis but can also be present in the epidermis and subcutis^{48,124}.

Regulatory T cells (Tregs) with a resident memory phenotype comprise 10–30% of the cutaneous CD4⁺ T cell population in healthy adult human skin⁴⁰ and 20–60% in murine skin¹²⁹. In the small intestine, it is understood that food antigens promote Treg expansion and that microbial products, such as SCFA¹³⁰ and secondary bile acids¹³¹, support colonic Treg populations¹³². Skin microbes are capable of producing SCFAs^{133,134}, but germ-free adult mice do not demonstrate the same deficiency of Tregs in skin as is seen in the colon⁷⁹. Thus, the exact signals that promote high levels of skin Tregs remain to be fully defined and may include other tissue-specific processes such as UV exposure¹³⁵. Skin might be comprised of proportionally more thymic Tregs as compared to the colon⁴³. Another distinction of cutaneous Tregs is their preferential expression of the transcription factor GATA3¹³⁶. Notably, absence of *Gata3* Treg expression or depletion of neonatal skin Tregs leads to increased type 2 inflammation in murine skin^{48,66}.

The dermis also contains a wealth of unconventional lymphocyte subsets. These include dermal $\gamma\delta$ T cell populations, which are more prevalent in murine than in human skin, as well as mucosa-associated invariant T (MAIT) cells. MAIT cells seed the tissue in early life via a thymic wave fueled by circulating microbe-derived riboflavin metabolites¹³⁷. In later life, local production of the same

metabolites by skin commensal bacteria such as *S. epidermidis* can expand these populations¹³⁸. Whether other innate type lymphocytes, such as non-MAIT PLZF⁺ T cells are present in human skin, as has been shown for the intestine¹³⁹, remains to be seen.

T-cell subsets, including dermal $\gamma\delta$ T cell, cutaneous MAIT populations, and type 17 CD4⁺ T helper (Th17) cells, are major sources of cutaneous IL-17A. In contrast to the oral mucosa where frictional forces fuel homeostatic Th17 responses¹⁴⁰, the abundance and function of IL-17-producing skin lymphocytes is largely supported by exposure to commensal microbes¹⁴¹. In murine as well as some primate models, skin colonization by fungal and bacterial commensals, such as *Candida albicans*, *Malassezia furfur*, or *Staphylococcus epidermidis*, leads to accumulation of Th17^{78,142}. Likewise, *Corynebacterium accolens* elicits IL-17A production by murine V γ 4⁺ dermal $\gamma\delta$ cells, a process dependent on the bacterium's expression of surface mycolic acids⁶⁸. Upon skin injury, *Staphylococcus*-induced Th17 cells contribute to tissue repair⁶⁶. However, unlike in the intestines, use of IL-17 targeting biologics has not been associated with impairment of epithelial integrity and anti-IL-17 therapies are now a mainstay for the treatment of psoriasis^{143,144}.

EMERGING THEMES IN SKIN IMMUNOLOGY

Circadian rhythm

The circadian rhythm is a daily oscillation in behavior and physiology entrained by the 24h day/night cycle along with other stimuli (e.g., feeding/fasting, oxygen). It affects the feeding rhythmicity of the host and has been shown to influence the resident microbiota, host metabolism and immune functions^{145,146}. Intriguingly, critical interactions between the microbiota and intestinal mucosal epithelium are orchestrated by the circadian clock. Recent work revealed that rhythmic expression of intestinal antimicrobial proteins was driven by daily rhythms in gut epithelial attachment by segmented filamentous bacteria¹⁴⁷. Similarly, emerging evidence has unearthed an important role for the circadian clock in regulating skin immunity. Several skin antimicrobial proteins including chemerin, cathelicidin and β -defensin 1 show circadian expression changes that

affect survival of bacteria on the skin surface¹⁴⁸. Another recent study also revealed time-of-day dependent activation of the interferon pathway in murine skin¹⁴⁹. These findings demonstrate the importance of considering circadian rhythm as a key regulator of cutaneous immunity, although further studies are needed to understand the intensity and breadth of these effects as well as their mechanistic basis.

Hormones

Hormones secreted by mucosal surfaces such as secretin, gastrin, glucagon-like peptides and steroid hormones could affect host metabolism and immune responses at diverse mucosal sites¹⁵⁰. Among them, glucocorticoids and sex hormones play a crucial role in the modulation of the mucosal barrier function as well as the susceptibility to infections. Steroid hormones from the adrenal gland are known to be systemically distributed by blood circulation with different effects on various bodily organs. In recent years, emerging evidence suggests a key role for local steroidogenesis in the intestine, lung and skin in modulating tissue immune responses during allergy or infection. For instance, type 2 skin inflammation induced by the vitamin D3 analog MC903 can promote local glucocorticoid synthesis in keratinocytes¹⁵¹. These same type 2 cytokines can also promote androgen production and drive lipid abnormalities in sebocytes¹⁵². Adding to this, differences in sex hormone levels contribute to the sexual dimorphism seen in response to infection at the skin surface. For example, female mice display more efficient defense against *Staphylococcus aureus* skin infection, likely due to enhanced activation of neutrophils¹⁵³ on account of augmented type I IFN signaling in female versus male mice¹⁵⁴. These studies highlight the importance of further research to comprehensively understand interactions between hormones and skin immune system.

Neuro-immunology

Commensurate with its role at the forefront of environmental sensing, skin is a highly innervated tissue with the capacity to integrate itch, pain, mechanical, and thermal stimuli. In the last several years, there have been considerable advances in our understanding of how the immune system impacts skin neurophysiology and conversely how cutaneous innervation affects skin immune function¹⁵⁵. It has long been recognized that mast cell-derived molecules such as tryptase, leukotrienes and histamine can directly activate G-protein coupled receptors on cutaneous nerves to promote itch¹⁵⁶.

We now understand that neurons also express an array of cytokine receptors, including those for TNF α , IL-17, IL-1, IL-4, IL-13, IL-31, IL-33 and TSLP. In the currently established framework, inflammatory states that augment skin production of TNF α , IL-17, or IL-1 can augment pain intensity, whereas those that produce Th2 cytokines preferentially increase cutaneous itch^{121,155,157}. Even more recent work has identified a role for basophil-derived leukotriene C4 to drive acute itch in the setting of atopic dermatitis, a process that is independent of mast cells and driven by allergen-mediated IgE¹⁵⁸.

Equally intriguing are the effects of cutaneous nerves on skin immune function. Release of calcitonin gene-related peptide (CGRP) by TRPV1⁺ neurons in response to skin infection by *C. albicans* has been shown to stimulate cDC2 production of IL-23, thereby augmenting Th17 responses¹⁵⁹. Indeed, direct optogenetic stimulation of these same nerves in mice can elicit a robust Th17 skin response¹⁶⁰. Notably, this local nerve activation leads to heightened Th17 tone and 'anticipatory immune defense' in surrounding 'naïve' skin as a result of neuronal reflex arc¹⁶⁰. Cutaneous nerves can also contribute to skin immune homeostasis. For example, the neuropeptide TFAFA4 produced by certain mechanoreceptors in response to UV injury can augment IL-10 production by skin macrophages, thereby limiting fibrosis and augmenting skin repair¹⁶¹. Additionally, a subset of MrgprD-

expressing sensory nerves were recently shown to suppress hyperresponsive mast cell degranulation via their release of glutamate, which was sufficient to modulate intensity of inflammation in several murine models of allergic dermatitis¹⁶². Other neuropeptides, such as vasoactive intestinal peptide (VIP), that have been shown to have immunologic functions at other mucosal sites¹⁶³, are also expressed by somatosensory neurons, although their effects on skin immunity remain to be determined¹⁶⁴.

Skin-gut immune axis

Linked gut-skin immunobiology has long been a topic of interest based on clinical observations connecting inflammation at these two barrier sites^{165–167}. Overlap among gut and skin homing receptors, e.g., CCR4 and $\alpha 4\beta 7$, may contribute in part to such cross-talk¹⁶⁸, for example facilitating gut-to-skin homing of allergen-specific T cells in murine epicutaneous allergen challenge¹⁶⁷. Under homeostatic conditions, it has been shown that microbially-directed tuning of cutaneous immune function is dominated by the effects of local skin bacteria⁷⁹. However, inflammation or microbial dysbiosis in either gut or skin appears to open the door to shared immunopathology. Microbially-driven intestinal Th17 responses can augment psoriasis-like inflammation in murine skin¹⁶⁹. Likewise, murine colitis can drive a shift away from Tregs among *S. epidermidis*-specific CD4⁺ T cells, contributing to Th17-dominant, neutrophil-rich skin inflammation¹⁷⁰. This cross-tissue dialog can also run in the opposite direction, i.e., from skin to gut. Skin injury has been shown to augment anaphylaxis to oral antigens in mice via expansion of intestinal mast cells¹⁷¹, as well as to increase the severity of colitis via effects on intestinal stromal cells¹⁷². Given the multiple clinical contexts for potentially linked gut-skin inflammation, i.e., neutrophilic dermatoses in the setting of inflammatory bowel disease, food allergies and atopic dermatitis, or intestinal dysbiosis in psoriasis¹⁷³, research in this area is bound to accelerate.

Diet

Dietary changes can have profound effects on the intestinal immune system and disease susceptibility¹⁷⁴. High fat intake allows expansion of pathobionts that can compromise intestinal barrier function, triggering a chronic low-grade systemic inflammatory response¹⁷⁵. In contrast, a diet high in fiber supports microbial production of SCFAs, promoting energy expenditure and protecting against inflammation and insulin resistance¹⁷⁶. Independent of effects on gut microbes, caloric restriction can also directly augment intestinal innate immune function¹⁷⁷. Notably, dietary composition can also impact the skin's microbiota and modulate cutaneous immunity. For instance, elevated body mass index (BMI) is associated with altered composition of the skin microbiota, and mice placed on a high fat diet display increased relative abundance of lipid-loving *Corynebacterium spp*^{178,179}. Dietary effects on skin microbial communities may occur via altered substrate availability, i.e., increased free fatty acids in the skin of mice on a high fat diet¹⁷⁹, or effects on antimicrobial molecule expression, i.e., dietary vitamin A is required for optimal expression of the antimicrobial protein, RELM α , in murine skin¹⁸⁰. Recent work has further demonstrated that a lipid-rich diet can increase expression of endogenous retroviruses in murine skin and amplify the inflammatory response to microbes¹⁸¹. These insights highlight new avenues for mucosal immunity research and therapeutic development. It is essential to identify beneficial and pathogenic bacterial species induced by specific dietary constituents and select nutrients or bacterial metabolites with potential immunomodulatory effects.

CONCLUSION

As highlighted above, immunologic mechanisms are critical to so many facets of skin biology. While aspects of cutaneous immune

function are highly specific to skin as an external barrier organ, many others display shared features with immunity at the intestinal, lung and other mucosal surfaces. Emerging areas of interest in skin immunology further emphasize the connectivity of this barrier surface to systemic processes, such as endocrinology and neurobiology, and increasingly suggest the possibility of immune crosstalk between skin and other mucosal tissues. The fields of cutaneous and mucosal immunology have traditionally been considered parallel but distinct disciplines. However, there is much to be gleaned from their close, comparative study. We look forward to increasingly joint dialog between these two research communities under the umbrella of Mucosal Immunology's readership.

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CZ and GRM drafted portions of the manuscript. THT and TSC were responsible for the conceptual framework, writing and final editing of the manuscript.

COMPETING INTERESTS

TCS serves as a member of the Scientific Advisory Board of Concerto Biosciences. CZ, CRM and THT declare no competing interests.

ADDITIONAL INFORMATION

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