



ARTICLE

TGFβ1 single-nucleotide polymorphism C-509T alters mucosal cell function in pediatric eosinophilic esophagitis

L. D. Duong^{1,2}, R. Rawson^{1,2}, A. Bezryadina³, M. C. Manresa^{1,2}, R. O. Newbury⁴, R. Dohil^{2,5}, Z. Liu³, K. Barrett^{5,6}, R. Kurten⁷ and S. S. Aceves^{1,2,6}

Eosinophilic esophagitis (EoE) is a chronic Th2 antigen-driven disorder associated with tissue remodeling. Inflammation and remodeling lead to esophageal rigidity, strictures, and dysphagia. TGFβ1 drives esophageal remodeling including epithelial barrier dysfunction and subepithelial fibrosis. A functional SNP in the TGFβ1 gene that increases its transcription (C-509T) is associated with elevated numbers of esophageal TGFβ1-expressing cells. We utilized esophageal biopsies and fibroblasts from TT-genotype EoE children to understand if TGFβ1 influenced fibroblast and epithelial cell function in vivo. Genotype TT EoE esophageal fibroblasts had higher baseline TGFβ1, collagen1α1, periostin, and MMP2 ($p < 0.05$) gene expression and distinct contractile properties compared with CC genotype ($n = 6$ subjects per genotype). In vitro TGFβ1 exposure caused greater induction of target gene expression in genotype CC fibroblasts ($p < 0.05$). Esophageal biopsies from TT-genotype subjects had significantly less epithelial membrane-bound E-cadherin ($p < 0.01$) and wider cluster distribution at nanometer resolution. TGFβ1 treatment of stratified primary human esophageal epithelial cells and spheroids disrupted transepithelial resistance ($p < 0.001$) and E-cadherin localization ($p < 0.0001$). A TGFβ1-receptor-I inhibitor improved TGFβ1-mediated E-cadherin mislocalization. These data suggest that EoE severity can depend on genotypic differences that increase in vivo exposure to TGFβ1. TGFβ1 inhibition may be a useful therapy in subsets of EoE patients.

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INTRODUCTION

Eosinophilic esophagitis (EoE) is an antigen-driven chronic Th2 disease of increasing prevalence.^{1–3} Chronic inflammation causes esophageal remodeling with end-organ rigidity, narrowing, and dysmotility with clinical dysphagia and food impaction.^{4–8} Despite the success of elimination diet and topical esophageal corticosteroid therapies, some patients remain unresponsive or break through standard medical interventions, and progress to disease complications.^{9–12} The disease mechanisms that underlie therapy nonresponsive and/or severe EoE are not clearly understood.

Previous studies have demonstrated that there are genetic predispositions to EoE onset. These include specific genotypes or mutations in thymic stromal lymphopoietin and its¹³ receptor,^{14,15} calpain 14,¹⁶ SPINK5/7,¹⁷ and TGFβ1.^{18,19} In addition, genotypic variations can associate with patient phenotypes in EoE. The EoE TSLP risk allele can alter patient phenotype and associate with increased EoE food triggers.¹³ Children who have TGFβ1 genotype TT at the functional promoter single-nucleotide polymorphism (SNP) C-509T have increased numbers of TGFβ1-expressing cells in the lamina propria and more severe histologic disease, including fibrosis, especially in the context of food sensitization.^{20,21} In asthma, genotype TT at -509 can associate with asthma severity in

children living close to freeways, suggesting a gene–environment interaction.^{22,23}

Mechanistic studies demonstrate that TT genotype at C-509T increases TGFβ1 gene transcription either through the loss of negative regulation via AP-1 or through positive regulation by YY-1.²⁴ TGFβ1-positive cells are elevated in EoE subjects, especially in genotype TT, and genetic syndromes that alter the balance of TGFβ1 and its signals in vivo, such as Loeys–Dietz and Marfan's, are associated with EoE.^{18–21} These findings suggest that the in vivo balance and timing of TGFβ1 expression is likely critical for proper esophageal function. Indeed, TGFβ1 has a myriad of effects in the EoE esophagus. It causes esophageal epithelial-to-mesenchymal transition, myofibroblast transformation, myocyte and fibroblast contraction, loss of claudin-7 with epithelial barrier dysfunction, and fibrotic gene expression.^{25–29} Given these effects, it is clinically impactful to understand if EoE patients who have endogenously elevated TGFβ1 have altered structural cell function. In this scenario, there could be an opportunity for personalized medicine via TGFβ1-altering therapies in subsets of patients. Herein, we utilized esophageal fibroblasts and biopsies from patients of TT and CC genotypes at C-509T to understand the potential detrimental effects of increased esophageal TGFβ1 exposure in vivo.

¹Division of Allergy & Immunology, University of California, San Diego, San Diego, CA, USA; ²Department of Pediatrics, University of California, San Diego and Rady Children's Hospital San Diego, San Diego, CA, USA; ³Department of Bioengineering, University of California, San Diego, San Diego, CA, USA; ⁴Department of Pathology, University of California, San Diego, Rady Children's Hospital, San Diego, CA, USA; ⁵Division of Gastroenterology, San Diego, CA, USA; ⁶Department of Medicine, University of California, San Diego, San Diego, CA, USA and ⁷Arkansas Children's Research Institute and University of Arkansas for Medical Sciences, Little Rock, AK, USA
Correspondence: S. S. Aceves (saceves@ucsd.edu)

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RESULTS

Genotype TT and CC fibroblasts are phenotypically different. We utilized esophageal fibroblasts from 12 pediatric EoE subjects (6 genotypes of TT, 6 genotypes of CC) (see Table 1 for clinical characteristics). We assessed baseline TGFβ1 gene expression in passage and disease activity-matched fibroblasts from genotype CC and TT patients. All subjects had active EoE as defined histologically at the time of fibroblast isolation. To understand if TGFβ1 gene expression was higher in genotype TT EoE patient fibroblasts, we compared baseline TGFβ1 mRNA, as well as mRNA levels of TGFβ1-target genes. Genotype TT fibroblasts had significantly higher baseline TGFβ1 gene expression as compared with CC genotype fibroblasts ($p < 0.05$, Fig. 1a). Genotype TT fibroblasts also had significantly higher baseline expression of the TGFβ1-target genes collagen1α1 and MMP2 as compared with genotype CC fibroblasts ($p < 0.05$, Fig. 1b, c).³⁰ A number of additional TGFβ1-target genes trended toward significantly higher baseline expression in genotype TT fibroblasts including periostin,³¹ SERPINE1/Plasminogen Activator Inhibitor-1 (PAI-1),³² and fibronectin ($p = 0.06$ for each). In addition, collagen1α1 protein was elevated in TT fibroblasts upon immunoblotting of whole-cell extracts (not shown). These data suggest inherent differences in fibrotic gene expression in esophageal fibroblasts from patients with CC versus TT genotype.

We hypothesized that due to the chronic elevated local exposure to TGFβ1 in genotype TT patients and the elevated baseline gene expression of a subset of pro-fibrotic genes, esophageal fibroblasts from TT subjects would not be capable of increasing pro-fibrotic gene expression following TGFβ1 treatment to the same extent as esophageal fibroblasts derived from CC genotype subjects. Indeed, TGFβ1 induced significantly higher levels of gene expression of collagen1α1, periostin, PAI-1, and TGFβ1 itself, in genotype CC as compared with TT fibroblasts ($p < 0.05$ for all) (Fig. 1d–g), suggesting that lower in vivo TGFβ1 exposure allowed for increased TGFβ1 responsivity in vitro. To further demonstrate this point, we treated genotype CC esophageal fibroblasts from EoE subjects with TGFβ1 for up to 120 h. CC fibroblasts had collagen1α1 induction initially, but after 72 h, they demonstrated a decrease in their response (Fig. 1i). These data are consistent with the hypothesis that tonic in vivo TGFβ1 exposure is a potential mechanism for decreased TT responsivity to exogenous TGFβ1.

In order to assess functional differences in the baseline activity of TT versus CC fibroblasts, we performed contraction and wound-healing assays. TT fibroblasts had decreased contractility as compared with genotype CC fibroblasts (Fig. 1j). TT fibroblasts also trended toward increased wound healing as compared with

Table 1. Clinical characteristics of patient samples used

Patient	Gender	Genotype	Peak eosinophil count	Experiments used in			
				IHC	TIRF	qPCR	Contraction assays
1	F	TT	81			X	X
2	M	TT	100			X	X
3	M	TT	45			X	X
4	M	TT	20			X	
5	M	TT	75			X	X
6	M	TT	62			X	X
7	M	CC	17			X	
8	M	CC	100			X	X
9	M	CC	100			X	X
10	F	CC	30	X	X	X	X
11	M	CC	175			X	X
12	M	CC	50			X	X
13	F	TT	18	X			
14	M	TT	61	X			
15	M	TT	75	X			
16	F	TT	68	X			
17	M	TT	125	X	X		
18	M	TT	59	X	X		
19	F	TT	35	X			
20	F	TT	30	X	X		
21	M	TT	75	X			
22	M	TT	195	X			
23	F	CC	52	X			
24	M	CC	66	X			
25	M	CC	29	X			
26	M	CC	64	X			
27	M	CC	84	X			
28	M	CC	31	X			
29	M	CC	44	X			
30	M	CC	40	X	X		
31	M	CC	84	X	X		

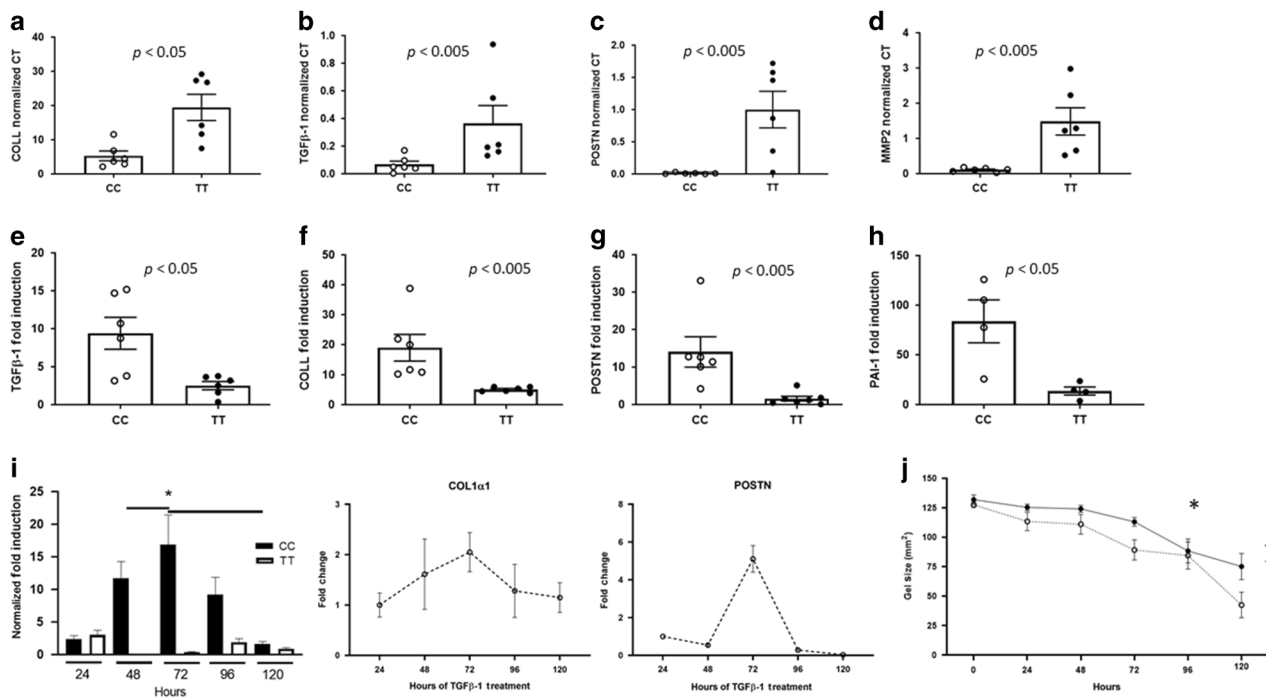


Fig. 1 Genotype CC and TT fibroblasts have different transcription profiles. Baseline transcript levels for TGFβ1 **a**, collagen1α1 (COLL) **b**, periostin **c**, and matrix metalloproteinase 2 (MMP2) **d** in CC and TT primary esophageal fibroblasts matched for passage number, culture conditions, and EoE disease activity. TGFβ1-induced gene expression of TGFβ1 **e**, collagen1α1 (COLL) **f**, periostin (POSTN) **g**, and plasminogen activator inhibitor-1 (PAI-1) **h**. All gene expressions were normalized to the housekeeping gene ribosomal protein L13a (RPL13a) and shown as normalized Ct **a–d** or as fold induction **e–h** for the matched vehicle-treated well. Each data point represents a distinct patient. Each experiment was repeated in biological triplicates on different days and in qPCR technical replicates (2–3). Chronic exposure to TGFβ1 in CC versus TT (representative assay, left panel **i**) and over time in CC fibroblasts (right panel, **i**; $n = 5$ different individuals, bars represent SEM). * $p < 0.01$. Contraction of TT versus CC fibroblasts done in triplicate wells in esophageal fibroblasts from ten different individuals ($n = 5$ CC and $n = 5$ TT) **j**. * $p < 0.05$

genotype CC (Supplementary Fig. 1). These data demonstrate that the genotype at the TGFβ1 promoter SNP -509 associates with altered fibroblast function beyond transcriptional regulation.

C-509T genotype and TGFβ1 affect esophageal epithelial barrier function

We have reported that TT-genotype subjects exhibit more severe epithelial remodeling on routine histology as assessed by scoring epithelial features of basal zone hyperplasia + dilated intercellular spaces + desquamation as compared with genotype CC patients.²⁰ For this reason, we hypothesized that esophageal epithelial barrier protein expression would be more aberrant in TT as compared with CC patients. We stained esophageal biopsies procured during active EoE from subjects of CC and TT genotypes for E-cadherin or claudin-1. Quantification of membrane-bound E-cadherin demonstrated that TT-genotype subjects had less overall E-cadherin expression and significantly lower levels of properly localized E-cadherin as compared with CC genotype subjects ($p < 0.01$) (Fig. 2a, b). Consistent with the fact that proper claudin-1 localization depends on E-cadherin, there was also significantly less membrane-bound claudin-1 in genotype TT as compared with genotype CC subjects ($p < 0.01$) (Fig. 2c, d). The degree of membrane-bound E-cadherin and claudin-1 expression positively correlated with one another regardless of genotype ($r = 0.71$, $p < 0.001$), consistent with their interdependent localization patterns (Fig. 2e).

We used six active EoE biopsies ($n = 3$ CC, $n = 3$ TT) in high-resolution TIRF microscopy to understand the distribution of E-cadherin clusters at 180-nm resolution. The TIRF imaging technique allows observation of single-molecule fluorescence and determination of cluster sizes at the surfaces and boundaries of cells, while minimizing background fluorescence from the rest of the tissue sample. TIRF provides near-field (evanescent wave

field) excitation, and only a few hundred nanometers of the specimen at the surface of the coverslip contributes to the fluorescent image. The resulting data demonstrated greater cluster size variability in TT-genotype subjects as compared with CC subjects. While CC subjects had a tighter distribution of E-cadherin clusters averaging 372 ± 52 nm, TT patient biopsies had a wider distribution of E-cadherin cluster sizes that averaged 446 ± 189 nm (Fig. 3a, c). In addition, the size of the central core within an E-cadherin cluster was larger and had a wider size distribution in TT as compared with CC patients (Fig. 3b). Together, these data demonstrate substantial differences in E-cadherin cluster structure at the nanometer level dependent on patient genotype.

If the TT genotype causes increased local TGFβ1 exposure, which in turn alters epithelial barrier protein expression, then treatment of primary esophageal epithelial cells with TGFβ1 should mimic the in vivo state and disrupt E-cadherin localization and epithelial barrier function. We isolated primary esophageal epithelial cells from normal esophagi of organ donors. We cultured these non-transformed human epithelial cells on transwells, stratified them at air–liquid interface, until they generated an adequate barrier to electrical current, and then treated the cells with TGFβ1. Treatment with TGFβ1 for 2–7 days caused a significant decrease in transepithelial resistance in TGFβ1-treated versus vehicle-treated wells ($p < 0.001$). E-cadherin localization pattern was also disrupted in the stratified epithelial cells, such that untreated control wells had membrane-localized E-cadherin, while TGFβ1-treated wells had a disrupted pattern of E-cadherin localization (Fig. 4a, b).

Culture of primary esophageal epithelial cells in Matrigel induces the formation of three-dimensional esophageal epithelial cell spheroids, reminiscent of the complex structure of stratified epithelium.^{33,34} To understand the effects of TGFβ1 on E-cadherin

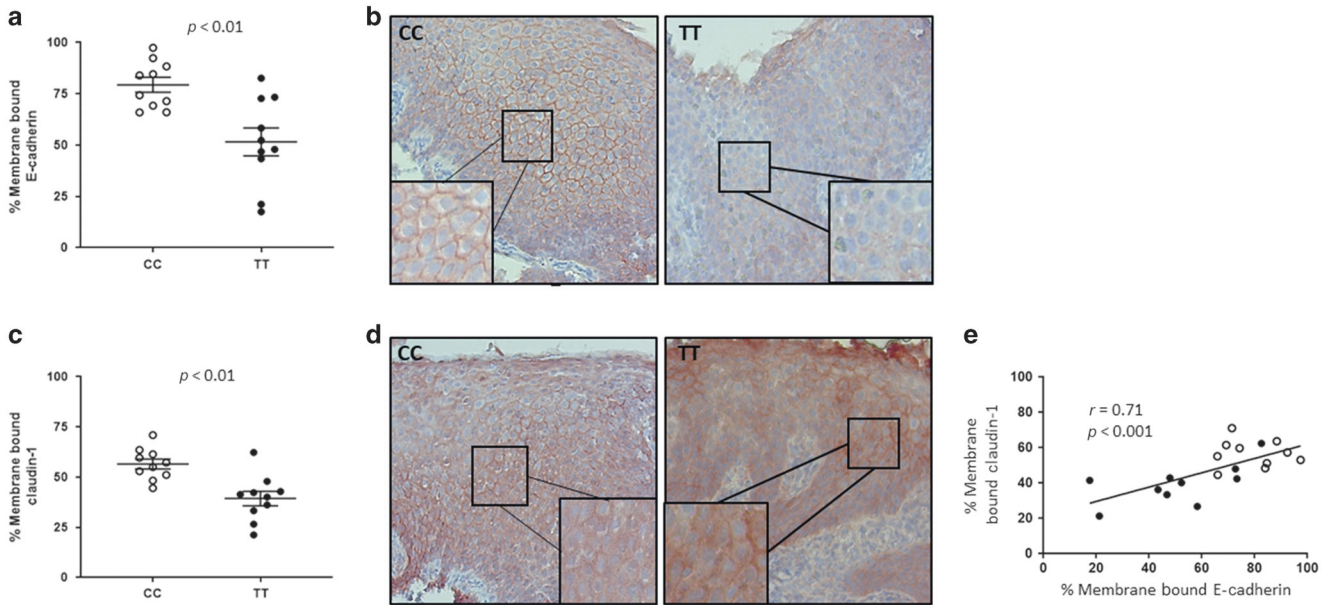


Fig. 2 Genotype CC and TT esophageal biopsies have distinct patterns of cell adhesion proteins. The percentage of cells per total epithelial height that expressed membrane-bound E-cadherin-1 **a** or claudin-1 **c** was quantified by using immunohistochemistry (red stain) and ImageJ analysis. Representative images of CC and TT subject epithelium are shown **b**, **d**. Each point on the graphs represents the average of five different epithelial regions in ten different subject biopsies with stains repeated on three different days. The degree of membrane-bound E-cadherin and claudin-1 correlates positively regardless of genotype (closed circles = TT, open circles = CC) **e**

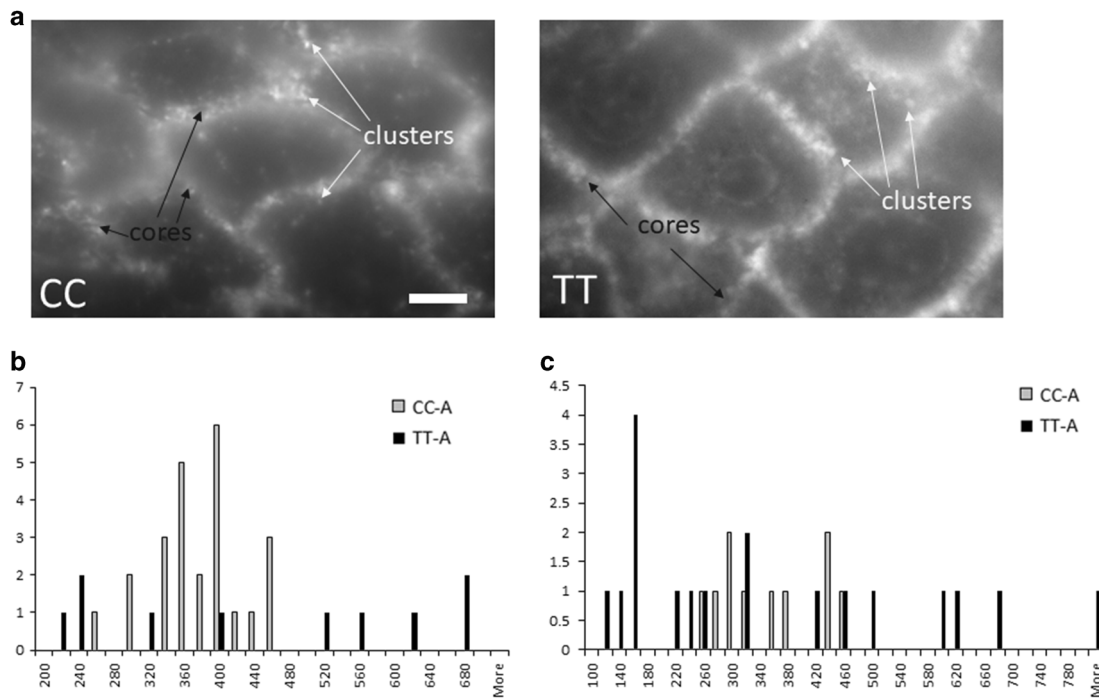


Fig. 3 Total internal reflection fluorescence (TIRF) imaging shows differences in CC and TT E-cadherin. TIRF high-resolution imaging of CC and TT-genotype biopsies **a** demonstrates more variability in the central core **b** and cluster **c** sizes in active genotype TT biopsies. Graphs represent quantification by using TIRF imaging of core and cluster sizes and distances in at least 20 images (5–6 areas per tissue section that had the sharpest focus) from six different subjects. Representative image is shown. Scale bar = 5 microns

expression in epithelial cells in a three-dimensional architecture, we treated spheroids with TGFβ1 or vehicle. TGFβ1 caused mislocalization and decreased membrane expression of E-cadherin in esophageal epithelial spheroids ($p < 0.0001$ as compared with vehicle) (Fig. 4c, d). Concurrent treatment with the TGFβ1 receptor I/AlkV inhibitor SB431532 largely reversed the

effect of TGFβ1 on E-cadherin localization (Fig. 4c, d), suggesting that the effects of TGFβ1 were occurring via a canonical signaling pathway. Together, our data suggest a genotype-influenced pathway, whereby TT-genotype fibroblasts and inflammatory cells^{29,35} elevated local TGFβ1 exposure, and promoted E-cadherin disruption and dysregulated barrier function (Fig. 5).

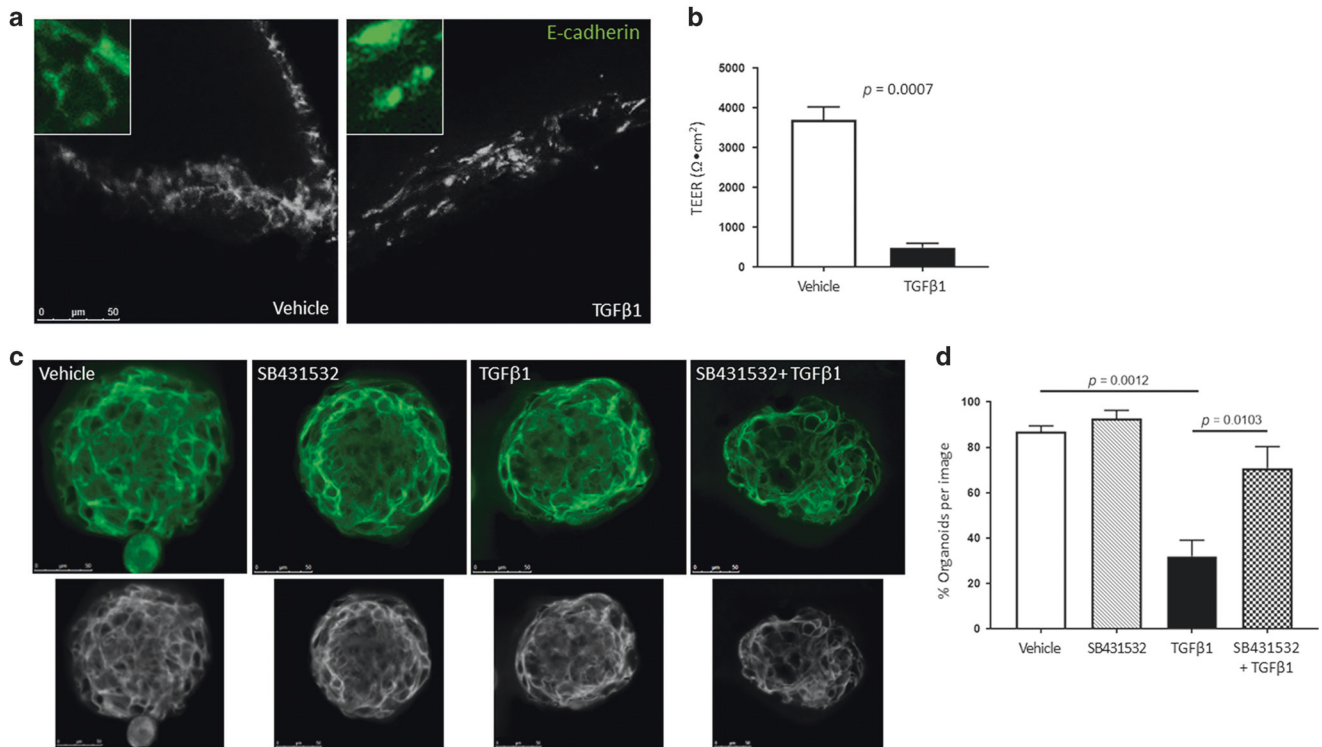


Fig. 4 TGFβ1 alters epithelial resistance and E-cadherin. Representative images of vehicle- and TGFβ1-treated epithelial cells on transwells **a** and the effect on transepithelial electrical resistance (TEER) **b**. Quantification of the percent of spheroids with properly localized E-cadherin during treatment with vehicle, the ALK1 inhibitor SB431532, TGFβ1, or TGFβ1 + SB431532 **c**. Representative image of spheroids treated with vehicle, SB431532, TGFβ1, or both. Images are converted to grayscale below. Each image is a single slice of a three-dimensional confocal image **d**. Spheroids were treated in 2–3 replicate wells by using two different donors on two different days. TEER experiments were repeated three times on different days in triplicate wells by using epithelial cells from two different donors. Bars represent means and standard error from a representative experiment

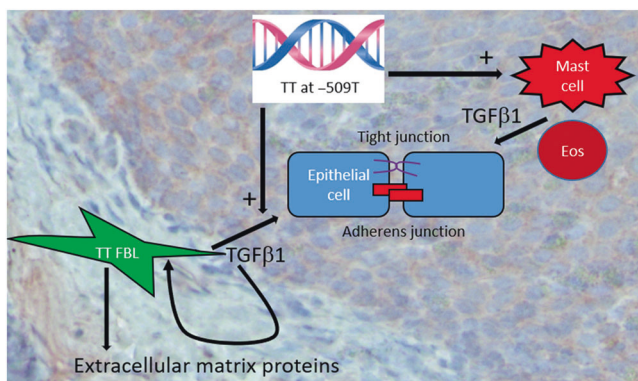


Fig. 5 Model of the effects of TT genotype at TGFβ1 SNP-509 on EoE remodeling. Genotype TT at -509 in the TGFβ1 promoter causes increased TGFβ1 expression from resident esophageal fibroblasts and associates with increased numbers of mast cells, which, along with eosinophils, are reservoirs of TGFβ1. TGFβ1 functions in an auto- or paracrine manner on resident fibroblasts to augment production of pro-fibrotic factors, such as collagen1α1, especially in genotype TT EoE patients. TGFβ1 perpetuates EoE by causing barrier breakdown of both adherens and tight junctions

DISCUSSION

There is mounting evidence that EoE is a disease in which pathogenesis largely depends on intact barrier function for disease instigation and propagation.^{17,36,37} The TT genotype at -509 in the TGFβ1 results in increased local TGFβ1 expression with increased numbers of TGFβ1-positive cells in the active EoE

esophagus.^{24,38,39} Herein we demonstrate that fibroblasts from EoE children of the TT genotype transcribe more TGFβ1, that TGFβ1 alters E-cadherin localization and epithelial barrier function, and that children with the TT genotype have altered E-cadherin expression at nanometer resolution in the esophagus.

TGFβ1 has pleiotropic effects on esophageal structural cells. It can disrupt esophageal epithelial cell barrier function, claudin-7 expression, and induce epithelial mesenchymal transition.^{25,40} In addition, TGFβ1 induces esophageal epithelial, fibroblast, and myocyte contraction along with myofibroblast transformation and smooth muscle cell hypertrophy.^{27,28,41} Herein, we used esophageal fibroblasts derived from genotype TT children to understand intrinsic differences in fibroblast gene expression from CC genotype fibroblasts at baseline and in response to TGFβ1. TT-genotype fibroblasts had elevated baseline transcription of TGFβ1 and its target genes collagen1α1 and MMP2. Consistent with the increased TGFβ1 exposure in vivo in TT subjects, CC fibroblasts had a more robust induction of TGFβ1-target gene expression following exposure to the cytokine in vitro. Genotype TT esophageal fibroblasts also demonstrated altered contractile properties, suggesting that they may be more fibrotic but less contractile than genotype CC esophageal fibroblasts. Further, we propose that in vivo, TT fibroblasts producing more TGFβ1 would cause a more profound mislocalization of barrier proteins, resulting in a more severe disease phenotype in terms of treatment and histology (Fig. 5). As such, EoE states that associate with increased TGFβ1 may predispose to a more severe disease phenotype. We have previously shown this to be the case in terms of tissue histology in food-sensitized, TT-genotype subjects. In addition, it has been demonstrated that EoE patients have mislocalized E-cadherin even while on topical

corticosteroids.⁴² The extent of this adherens junction disruption may be dependent on local TGFβ1 exposure that can vary among patients. Our study does have the limitation that our experiments were not conducted by using epithelial cells from genotype TT versus CC subjects. However, the numbers of epithelial cells isolated per biopsy specimen and the relative rarity of genotype TT (10–12%) in the population limits our ability to readily complete such studies.

Not all EoE patients follow the same disease course nor do they have equal response to therapy.^{9,11,12,43,44} Although most patients have recurrent disease, the time to disease recrudescence can vary substantially among patients, and the initial response to therapy is variable. In addition, topical corticosteroids, despite reducing eosinophilic inflammation, may not completely resolve E-cadherin localization or barrier function.⁴² An incompletely healed or more severely damaged epithelial barrier may predispose to harder-to-treat disease or EoE that is prone to recurrence. Recent data demonstrated that SPINK7 dysregulation unleashes a spontaneous alteration in esophageal barrier function with poor E-cadherin localization and expression.¹⁷ These data support a critical role of E-cadherin function in the esophageal mucosa and in EoE. Further insults to E-cadherin localization would only worsen this process in patients with dysregulated TGFβ1 expression, such as those with Loeys–Dietz, Marfan's, or TT genotype at C-509T. It is interesting to suggest that a sub-phenotype of EoE patients may benefit from the concurrent use of a localized TGFβ1-inhibiting therapy. Given the ability to treat the esophagus topically, such an approach may diminish unwanted side effects of global TGFβ1 inhibition. It would be of great utility to understand if therapies that are primarily aimed at protecting epithelial barrier breakdown and normalizing E-cadherin localization are efficacious in EoE. Further, it would be of interest to understand if TGFβ1 blockade during a progressed disease state could help decrease fibrotic gene expression and its clinical sequelae. Our data suggest that such a therapeutic approach may be worth considering for clinical trials.

METHODS

EoE subjects/biopsies and immunohistochemistry

By using our University of California, San Diego (UCSD)/Rady Children's Hospital, San Diego (RCHSD) EoE database, we selected a cohort of EoE subjects who had active EoE, defined as ≥ 15 eosinophils per hpf. Written informed consent/assent was obtained under UCSD/RCHSD IRB-approved protocol 091485. Normal esophageal epithelial cells were isolated from cadaveric/organ donor esophagi, and were not considered human subjects research but approved under UCSD IRB protocol 130835.

Hematoxylin- and eosin-stained, formalin-fixed, paraffin-embedded specimens were scored by a single pathologist (R.N.) by using our previously published standardized histology scoring tool.⁴⁵ The numbers of epithelial eosinophils, the severity of basal zone hyperplasia (scored 0–3), the presence/absence of dilated intercellular spaces (scored 0/1), and the presence/absence of epithelial desquamation (scored 0/1) were quantified. The epithelial remodeling score is a composite index of the latter three epithelial cell features (maximum score of 5).

Paraffin-embedded biopsy specimens were processed for immunohistochemistry as previously described.⁴⁶ E-cadherin (Abcam, Cambridge, MA, 1:100) and claudin-1 (Abcam, Cambridge, MA, 1:300) staining was quantified by using color detection and image analysis (ImageJ) to assess cell layers with membrane bound versus cytoplasmic E-cadherin and claudin-1 relative to the total epithelial height. For any stain, 3–5 image fields were captured, and the mean value for a given subject was utilized. All images were analyzed under identical light microscopic conditions, including magnification, gain, camera position, and background illumination.

Total internal reflection fluorescence (TIRF) microscopy

For high-contrast images of fluorescently stained tissue, we used an inverted Olympus IX83 microscope with a total internal reflection fluorescence objective (UAPON 100X/1.49NA, Olympus), sCMOS camera (ORCA_Flash4.0 V3, Hamamatsu), and 488-nm excitation laser (Genesis MX488, Coherent). In order to ensure that E-cadherin distribution was being quantified at the same region of the epithelium, the tissue was evaluated initially under $\times 10$ magnification to identify mid-epithelial areas of flat tissue located close to the coverslip. We then chose sharply in focus parts of tissue areas and measured the full width at half maximum (FWHM) of E-cadherin clusters, and the size of the nonfluorescent, dark core within an E-cadherin cluster.

Quantitative PCR and genotyping

Fibroblasts were collected in RNA Stat-60 (Tel Test Inc., Friendswood, TX) for RT qPCR experiments as previously described.²⁸ Primer sequences were TGFβ1 forward GGTGGAAACCCA CAACGA AATC, reverse AATCCCCCTCCACGGCTCAAC; collagen I forward CAGCCGCTTCACCTACAGC, reverse TTTTGTATTCATCACTGTCTTG CC; matrix metalloproteinase 2 (MMP2) forward AGCTCTATGGGG CCTCTCCTGA, reverse TCACCAC GGATCTGAGCGATGC; plasminogen activator inhibitor-1 (PAI-1) forward TGGTCTGCC CAAGTTC TCCCTG, reverse TGCCACTCTCGTTCACCTCG; periostin forward GTCTTTGAGA CGCTGGAAGG, reverse AGATCCGTGAAGGTGGTTTG; fibronectin forward GGAGAATT CAAGGTGACCCTCA, reverse TGC CACTGTCTCCTACGTGG; RPL13A forward CATA GGAAGCTGGG AGCAAG, reverse GCCCTCCAATCAGTCTTCTG.

Genomic DNA was extracted from whole blood, peripheral blood mononuclear cells, or esophageal fibroblasts by using QIAmp genomic DNA extraction kit; Genotype at -509 at the TGFβ1 promoter was determined according to the manufacturer's instructions for PCR-based SNP analysis (Thermo Fisher SNP ID: rs1800469).

Cell culture, epithelial cell spheroids, and treatment

Human organ transplant donor esophagi provided by the National Disease Research Interchange and the Arkansas Regional Organ Recovery Agency were processed to isolate epithelial cells. EoE biopsies were processed to isolate fibroblasts.²⁸ Cell identity was confirmed by proper morphology and cell-relevant gene expression. All fibroblast lines were cultured in SMCM complete media (ScienCell, San Diego, CA) and matched for passage and disease activity state of the patients (Table 1). Fibroblasts were used at passage 7 ± 1 passage. Cells were treated with TGFβ1 (10 ng/mL) for 48 h for qPCR experiments and for up to 120 h with media and TGFβ1 replacement every other day for chronic exposure experiments.

Epithelial cells were isolated from human donor cadaveric esophagi, suspended in Matrigel (Corning #356231), and cultured for 5–7 days in a defined medium (advanced DMEM/F12, Thermo Fisher #12634010), HEPES (20 mM, Thermo Fisher # 15630080), glutamine (Thermo Fisher #A1286001), N-2, B-27, N-Acetyl-L-cysteine (500 ng/mL, Sigma-Aldrich #A7250), r-spondin (5 μ g/mL), noggin (100 ng/mL, PeproTech #250-38), EGF (500 μ g/mL, Thermo Fisher #PHG0311), and rho kinase inhibitor (Y27632, 1.2 μ g/mL, LC Laboratories #Y-5301) replaced every other day and assessed for growth of epithelial spheroids prior to treatment with TGFβ1 (10 ng/mL) and/or ALKV Inhibitor SB431532 (Invivogen #inh-sb43) for 48 h.³³ After treatment, spheroids were immunofluorescently stained for E-Cadherin (Abcam #ab1416), and the fluorescent signal was amplified by tyramide signal amplification (Thermo Fisher #T20912). All images were captured by using identical brightness, gain, and fluorescence microscope settings.

Contraction assays

CC and TT patient fibroblasts were cultured in gels consisting of DMEM (Thermo Fisher Scientific #12100061), sodium bicarbonate

(Thermo Fisher Scientific #25080094), and collagen (Advanced BioMatrix #5005-100ML), and treated with recombinant TGFβ1 (10 ng/mL) over 5 days. Images were captured daily on a hemiDoc transilluminator (BioRad Laboratories), and gel area was quantified by using ImageJ.

Transepithelial resistance

Epithelial cells were plated on transwell-permeable supports (12-mm insert, 0.4-μm polyester membrane, Costar, Cambridge, MA) coated with collagen (0.033 mg/mL), human fibronectin (0.01 mg/mL), and BSA (0.02 mg/mL).⁴⁷ Resistance was measured daily by using a voltohmmeter (World Precision Instruments, Sarasota, FL), and measurements were normalized to the insert area by subtracting the resistance of a blank insert with no cells. Epithelial resistance studies were repeated three times on different days each in triplicate wells by using esophageal epithelial cells derived from two different donors. Cells were treated with recombinant TGFβ1 for 2–7 days.

Statistical analysis

Statistical analyses were performed by using GraphPad Prism (San Diego, CA). Statistical analysis of data was performed by Student's *t* test or Mann–Whitney test where appropriate. A Spearman's coefficient was calculated for correlations. A two-tailed *p*-value < 0.05 was considered statistically significant.

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AUTHOR CONTRIBUTIONS

L.D.D.: Designed, performed, and analyzed experiments and data, assisted in paper preparation, and critically reviewed the paper. R.R.: Designed, performed, and analyzed experiments and data, assisted in paper preparation, and critically reviewed the paper. A.B.: Designed, performed, and analyzed experiments and data, assisted in paper preparation, and critically reviewed the paper. M.C.M.: Designed, performed, and analyzed experiments and data, assisted in paper preparation, and critically reviewed the data. R.O.N.: Analyzed data, provided essential expertise, and critically reviewed the paper. R.D.: Provided samples, assisted with experimental design, analyzed data, and critically reviewed the paper. Z.L.: Provided essential expertise, analyzed data, and critically reviewed the paper. K.B.: Provided essential expertise, analyzed data, and critically reviewed the paper. R.K.: Provided samples, analyzed data, and critically reviewed the paper. S.S.A.: Designed experiments, procured funding, analyzed experimental data, and wrote the paper.

ADDITIONAL INFORMATION

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Competing interests: The authors declare no competing interests.

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