

ARTICLE



Atypical cartilage in type II germ cell tumors of the mediastinum show significantly different patterns of *IDH1/2* mutations from conventional chondrosarcoma

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Neoplastic cartilage is a common component of teratomas in type II germ cell tumors. Although *IDH1/2* mutations have been well-described in somatic cartilaginous tumors, ranging from benign enchondromas to highly aggressive dedifferentiated chondrosarcomas, the presence of *IDH1/2* mutations in cartilaginous neoplasms arising from germ cell tumors has not been previously investigated. To better understand the relationship between these tumors and their bone/soft tissue counterpart, we studied the *IDH1/2* mutational status of 20 cases of primary mediastinal mixed germ cell tumors with areas of readily identifiable cartilaginous differentiation. Our study found that cartilaginous lesions arising in germ cell tumors have a different frequency and distribution of *IDH1/2* mutations compared to those at somatic sites. We identified *IDH1/2* mutations in only 15% (3/20) of cases, compared to a frequency in the literature among differentiated chondroid tumors of bone and soft tissue of 54%, a highly significant decreased frequency ($p = 0.0011$; chi-square test). Furthermore, they were exclusively *IDH2* R172 mutations that occurred at a non-significant, increased frequency in the germ cell tumor group compared to conventional chondrosarcoma (15% vs. 5%, respectively, $p > 0.05$, chi-square test). The unexpected finding, therefore, was entirely attributable to the absence of *IDH1* R132 mutation in chondroid neoplasia of germ cell origin ($p < 0.00001$, Fisher exact test). Our results suggest that a subset of cartilaginous lesions arising within type II germ cell tumors have a similar oncogenic mechanism to their bone/soft tissue counterpart but that the majority form using different oncogenic mechanisms compared to their somatic counterparts.

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INTRODUCTION

Type II germ cell tumors^{1,2} develop in the testis, ovary, dysgenetic gonad, anterior mediastinum and pineal gland. They, except for the relatively uncommon cases in dysgenetic gonads and the pineal, are almost exclusively seen in young, sexually mature individuals, mostly males. They are characterized by amplification of a segment of 1750–3000 kilobases on the short arm of chromosome 12 corresponding to region 12p11.1-p12.1³ and are prone to develop a variety of “somatic-type” malignancies^{4–7}, which represent one of the most common causes of treatment failure in these young patients. This unfortunate complication is especially frequent in the mediastinal cases. The pathogenesis of such somatic-type malignancies is not well understood. Recently, Matoso et al. found that neuroglial neoplasms arising from type II testicular germ cell tumors lacked immunohistochemical evidence of a variety of underlying pathogenic mutations that are found in the central nervous system counterparts⁸. Among their findings was the absence of mutant isocitrate dehydrogenase 1 (*IDH1*) protein expression that would be expected in over 50% of central nervous system gliomas, where it correlates closely with *IDH1* pathogenic mutation. This finding, as well as retained expression of *ATRX* and absence of *BRAF* V600E expression or *BRAF* mutation, suggest that neuroglial neoplasms derived from type II germ cell

tumors originate by a fundamentally different mechanism from those of the central nervous system.

Neoplastic cartilage is a common component of teratomas in type II germ cell tumors. Even when not showing pronounced overgrowth, the cartilaginous teratoma component frequently shows chondroid atypia similar to that seen in conventional chondrosarcoma. Although *IDH1/2* mutations have been well-described in somatic cartilaginous tumors, ranging from benign enchondromas to highly aggressive dedifferentiated chondrosarcomas, the presence of *IDH1/2* mutations in cartilaginous neoplasms arising in germ cell tumors has not been previously investigated. Given the findings of Matoso et al., it would be of interest to know if such chondroid lesions from type II teratomas showed the *IDH1/IDH2* mutations of their bone/soft tissue counterparts. We therefore undertook an investigation of *IDH* alterations in cartilaginous neoplasms arising in mediastinal germ cell tumors to see if there was support for a similar or different oncogenic mechanism compared to somatic chondroid tumors.

MATERIALS AND METHODS

With approval from the Internal Review Board of Indiana University, we retrospectively searched the pathology files and identified 20 cases of

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primary mediastinal mixed germ cell tumors from 1993 to 2018 with readily identifiable foci of cartilaginous differentiation within the teratoma component. Most of these cases had previously been reviewed for a study that examined vascular lesions in post-chemotherapy resections of primary mediastinal germ cell tumors⁹. Hematoxylin and eosin (H&E)-stained slides were collected and reviewed by two surgical pathologists (L.M.W. and T.M.U.).

For each case, a representative hematoxylin and eosin (H&E)-stained slide containing a focus of prominent cartilaginous differentiation was selected, and the corresponding formalin-fixed, paraffin-embedded tissue block was retrieved. Ten unstained sections (10 µm in thickness per section) were cut from each tissue block and mounted on uncharged slides (1 section per slide). Areas with prominent cartilaginous differentiation were circled by comparison with the corresponding selected H&E-stained slide and removed for DNA extraction. *IDH1/2* mutational analysis was performed by polymerase chain reaction in the Indiana University Molecular Diagnostic Laboratory according to a previously published protocol^{10,11}. None of the selected blocks had undergone any decalcification procedure.

IDH1/2 immunohistochemistry was performed on formalin-fixed paraffin-embedded whole sections from each case following pressure cooker antigen retrieval (DAKO PT Module; low pH Target Retrieval; Carpinteria, CA, USA) using a mouse monoclonal antibody for IDH1/2 mutant R132/172 (Millipore-Sigma, clone MsMab-1; 1:50 dilution; Darmstadt, Germany) with DAKO EnVision FLEX Detection System (Carpinteria, CA, USA). Appropriate positive and negative controls were included in each staining run.

Clinical information was collected from the electronic medical records, and all available follow-up information was reviewed.

RESULTS

Clinical findings

This series consists of 20 primary mediastinal surgical resection specimens of mixed germ cell tumors containing a readily identifiable teratomatous cartilaginous component. Clinical and pathological details are summarized in Table 1. The majority of the resection specimens (19/20, 95%) were post chemotherapy; only one patient (case 20) did not receive neoadjuvant treatment with chemotherapy. One case (case 5) included the additional review of a focus of metastatic teratoma involving the lung, which was synchronously excised with the mediastinal primary. All patients were male with an average age of 29 years (range: 19–48 years). The majority presented with a mediastinal mass with associated elevated serum alpha-fetoprotein (AFP) (up to 24,610 ng/mL), and a few patients also had increased serum β-subunit of human chorionic gonadotropin β-hCG (up to 53,074 IU/L). Common presenting symptoms included shortness of breath ($n = 10$), chest pain/tightness ($n = 7$) and cough ($n = 5$). One patient presented with superior vena cava syndrome (case 3), and another had significant gynecomastia (case 4). Two years prior to definitive histologic diagnosis, one patient (case 9) was found to have elevated β-hCG with negative testicular work-up. The average overall tumor size for the primary mediastinal tumors was 15.3 cm (range: 3.5–27.0 cm in greatest dimension); the size of the lung metastasis (case 5) was 1.1 cm in greatest dimension. The largest continuous size of the cartilaginous component within the primary tumors was 1.6 cm and 0.2 cm in the lung metastasis (case 5). According to the Moran and Suster proposed clinical staging system for primary germ cell tumors of the mediastinum¹², most cases were Stage I ($n = 9$), while the others were Stage II ($n = 1$), Stage IIIA ($n = 8$) and Stage IIIB ($n = 2$). Among the cases with metastases to intrathoracic organs (Stage IIIA), the involved metastatic sites were pleura ($n = 3$), lung ($n = 4$) and pectoral subcutaneous tissue ($n = 1$). The two cases with extrathoracic metastases (Stage IIIB) had involvement of the brain and liver. Clinical follow-up information was available in patients with an average duration of 29 months post primary resection (range: <1 to 216 months). One patient died at 2 months secondary to bleomycin-related pulmonary toxicity. Seven additional patients died of tumor progression at 2 to 216 months

(mean, 48 months), including one from germ cell tumor-derived acute megakaryoblastic leukemia at 39 months^{13,14}. Nine patients had no evidence of disease at an average of 27 months (range: <1 to 71 months).

Morphologic findings

The morphologic findings were reviewed blindly without knowledge of the molecular or immunohistochemical results. Each case had readily identifiable teratoma elements with a component of well-circumscribed, discrete nodules of hyaline cartilage arising from a background of cellular stroma (Fig. 1A). The average number of cartilaginous nodules was 14 (range: 1–89), and most were small, averaging 5 mm in greatest dimension (range: 1–16 mm), with frequent slight increase in cellularity around the periphery. After careful searching, most cases (18/20, 90%) had at least one chondrocyte with multiple nuclei within one lacunar space (Fig. 2A). Two cases (cases 11 and 16) had areas of myxoid change, where the lacunae became poorly formed and the nodules less discrete, merging with the background stromal component (Fig. 1E). Histologic grading, as previously described by Evans¹⁵, showed that the majority of cases (15/20, 75%) were predominantly grade 1 (Fig. 1B), composed of cells with small, darkly staining nuclei without much nuclear detail. Five cases (cases 5, 7, 9, 10 and 16) had notable areas consistent with grade 2 (Fig. 1C), showing an increase in nuclear size with visible intranuclear detail. While some of the cases had occasional bizarre cells (Fig. 1F), none of the cases showed a predominance of areas resembling grade 3. Of the five cases with grade 2 features: one had myxoid change, three had mitotic figures, two had poorly formed nodules (Fig. 1D), and one case had known lung metastasis. Three cases had nucleoli visible at 10x (cases 5, 10 and 16), while the other cases had only inconspicuous nucleoli with several small pin-point nucleoli visible at high power (×40). Focal necrosis post chemotherapy was only visible in the cartilage component in one case (case 10). The remainder of cases showed no identifiable treatment effect within the cartilage component. Mitotic figures (Fig. 2B), which were in the adjacent spindle cell component as well as the chondrocytes, were present in three cases [case 7 (2 mitotic figures per 10 high power fields [hpf]), case 9 (3 mitotic figures per 10 hpf) and case 16 (4 mitotic figures per 10 hpf)]. In addition, three cases (cases 12, 17 and 20) had associated bone formation (Fig. 2C), resembling endochondral ossification. Lastly, the one case (case 5) with simultaneous evaluation of both the primary mediastinal lesion and lung metastasis showed similar histologic features in both lesions corresponding to grade 2.

Molecular findings

A subset of cases (3/20, 15%; cases 13, 16, and 17) had *IDH2* R172 mutations, while the remainder were wild-type. No mutations in *IDH1* were detected. The three cases with *IDH2* R172 mutations did not share any identifiable pattern in either clinicopathologic or morphologic findings.

Immunohistochemical findings

Immunohistochemical staining with an anti-IDH1/2 mutant (R132/172) antibody was performed to assess the presence of mutated protein expression in correlation with the known molecular findings. Moderate to strong granular cytoplasmic staining was considered to be positive. Most cases without a detectable *IDH1/2* mutation (13/17, 76%) demonstrated a complete lack of staining with the IDH1/2 mutant antibody (Fig. 3A, B), while a few cases (4/17, 24%) showed focal aberrant staining. Similarly, two of the three cases with a molecularly confirmed *IDH2* R172 mutation demonstrated positive staining with the IDH1/2 mutant antibody (Fig. 3C, D), while the remaining case showed no significant cytoplasmic staining.

Table 1. Clinicopathologic characteristics of patients with primary anterior mediastinal mixed germ cell tumors and *IDH1/2* mutational status of cartilaginous teratoma component.

Case	Age at Diagnosis (years)/Sex	Biopsy Diagnosis	Initial AFP Tumor Marker (ng/mL)	Initial β -HCG Serum Level (IU/L)	Treatment	Resection Diagnosis	Tumor Size (cm)	Moran and Suster Proposed Clinical Staging	Follow-Up (months post resection)	<i>IDH1/2</i> Mutational Status
1	33/M	N/A	>4000	N/A	Neoadjuvant VIP chemo (4 cycles), resection	Mixed GCT composed of mature teratoma and yolk sac tumor with focus of ENT	8.5	Stage I	DOD, acute megakaryoblastic leukemia (39)	Wild-type
2	27/M	N/A	>9000	N/A	Neoadjuvant BEP chemo (4 cycles), HD chemo with autologous SCT, resection	Mixed GCT (90% yolk sac tumor, 10% mature teratoma)	13.0	Stage IIIA (pleural nodules)	DOD (2)	Wild-type
3	25/M	Mixed GCT, likely yolk sac tumor	22,510	99	Neoadjuvant VIP chemo (4 cycles), resection	Mature teratoma	19.0	Stage II	DOD (50)	Wild-type
4	24/M	Immature teratoma	281	53,074	Neoadjuvant BEP chemo (2 cycles), HD chemo with autologous SCT, whole brain radiation, resection, palliative chemo	Mature teratoma	12.1	Stage IIIB (brain, lung and liver mets)	DOD (12)	Wild-type
5	30/M	N/A	N/A	N/A	Neoadjuvant VIP chemo (4 cycles), resection, lung metastasectomy	Mature teratoma	20.5	Stage IIIA (lung mets)	DOD (12)	Wild-type (both primary lesion and lung met)
6	22/M	N/A	>2100	33	Neoadjuvant VIP chemo (4 cycles), resection	Mixed GCT (99% mature teratoma with low-grade vascular proliferation, 1% yolk sac tumor)	22.0	Stage IIIA (pleural nodule)	NED (1)	Wild-type
7	29/M	Mixed GCT (60% mature teratoma, 30% embryonal and 10% yolk sac tumor)	3718	48.4	Neoadjuvant VIP chemo (4 cycles x2), resection, HD chemo, metastasectomy	Mature teratoma	13.2	Stage IIIA (subcutaneous pectoral nodule)	NED (38)	Wild-type
8	21/M	N/A	24,610	N/A	Neoadjuvant VIP chemo (4 cycles), resection	Mature teratoma	7.8	Stage I	NED (<1)	Wild-type
9	20/M	Yolk sac tumor	14,187	10	Neoadjuvant VIP chemo (4 cycles), resection	Mature teratoma	14.5	Stage I	NED (47)	Wild-type
10	48/M	Yolk sac tumor	1096	110	Neoadjuvant VIP chemo (4 cycles), resection, adj chemo (2 cycles)	Mixed GCT (95% mature teratoma, 5% yolk sac tumor)	11.0	Stage I	NED (1)	Wild-type
11	20/M	N/A	3311	334	Neoadjuvant BEP chemo (4 cycles), resection	Mature teratoma	27.0	Stage IIIA (lung met)	NED (2)	Wild-type
12	34/M	Mixed GCT (yolk sac tumor and mature teratoma)	11,863	7.5	Neoadjuvant VIP chemo (4 cycles), resection, radiation	Mature teratoma	18.0	Stage IIIA (pleural nodules)	NED (71)	Wild-type
13	41/M	N/A	N/A	N/A	Neoadjuvant BEP chemo (4 cycles), resection	Mature teratoma	11.6	Stage IIIA (lung met)	NED (24)	<i>IDH2</i> R172 mutation

Table 1. continued

Case	Age at Diagnosis (years)/Sex	Biopsy Diagnosis	Initial AFP Tumor Marker (ng/mL)	Initial β -HCG Serum Level (IU/L)	Treatment	Resection Diagnosis	Tumor Size (cm)	Moran and Suster Proposed Clinical Staging	Follow-Up (months post resection)	IDH1/2 Mutational Status
14	24/M	Immature teratoma with sarcomatous elements	N/A	N/A	Neoadjuvant chemo, resection	Mature teratoma	3.5	Stage I	N/A	Wild-type
15	19/M	N/A	Elevated	N/A	Neoadjuvant BEP chemo, resection	Mixed GCT (yolk sac tumor including hepatoid form and mature teratoma)	15.4	Stage I	DOD (2)	Wild-type
16	28/M	Mixed GCT with yolk sac tumor with primitive malignant stroma	N/A	N/A	Neoadjuvant chemo, resection	Adenocarcinoma and primitive pleomorphic sarcoma arising in association with mature teratoma	12.0	Stage I	N/A	IDH2 R172 mutation
17	44/M	Yolk sac tumor	N/A	N/A	Neoadjuvant BEP chemo, resection	Mature teratoma	10.4	Stage I	DOC, pulmonary injury with bleomycin toxicity (2)	IDH2 R172 mutation
18	22/M	Mixed GCT (80% immature teratoma, 10% embryonal carcinoma, 10% yolk sac tumor)	Elevated	N/A	Neoadjuvant BEP (2 cycles), HD chemo, resection, adj chemo, lung metastasectomy, resection of recurrence with sarcomatous transformation, radiation	Mature teratoma with focal immature elements and highly atypical glial and stromal elements	25.0	Stage IIIB (lung, pleural, diaphragm and bone mets)	DOD (216)	Wild-type
19	35/M	Immature teratoma	Elevated	N/A	Neoadjuvant chemo, resection	Mixed GCT (80% mature teratoma with stromal atypia, 15% low grade pleomorphic sarcoma, <5% yolk sac tumor)	30.0	Stage IIIA (lung mets)	N/A	Wild-type
20	27/M	N/A	Negative	Negative	Resection	Immature teratoma, grade 1	10.8	Stage I	NED (59)	Wild-type

Adj indicates adjuvant, AFP alpha fetoprotein, β -HCG beta human chorionic gonadotropin, BEP chemotherapy combination with bleomycin, etoposide and cisplatin, chemo chemotherapy, DOC died of other causes, DOD died of disease, ENT embryonic-type neuroectodermal tumor, GCT germ cell tumor, HD high dose, M male, mets metastases, NED no evidence of disease, SCT stem cell transplant, VIP chemotherapy combination with etoposide, ifosfamide and cisplatin.

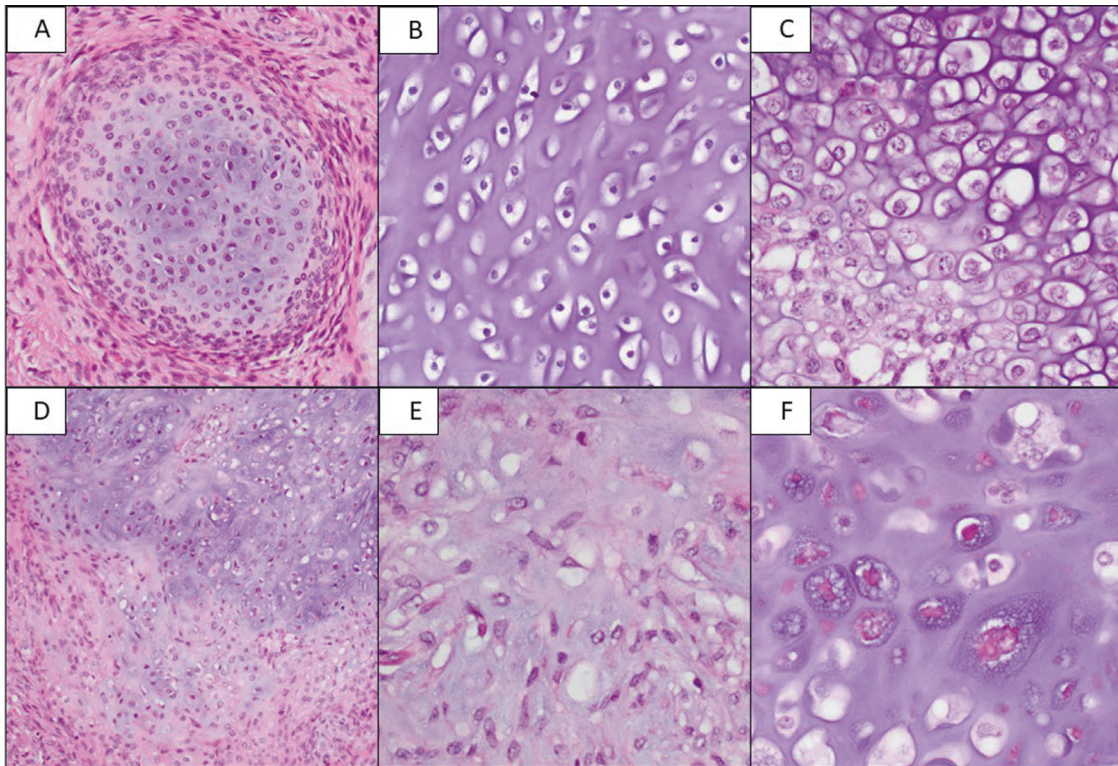


Fig. 1 Varied morphologic appearance of hyaline cartilage in teratoma component. The neoplastic cartilage in the teratoma component often formed well-circumscribed, discrete nodules of hyaline cartilage (1A, case 13, $\times 20$) with a peripheral increase in cellularity. Most cases had a predominance of small, dark staining nuclei with features compatible with grade 1 (1B, case 20, $\times 40$). A few cases had a moderate increase in nuclear size with intranuclear detail and several pinpoint nucleoli visible at high power (1C, case 7, $\times 40$). Case 16 was notable for irregular, poorly defined nodules of cartilage that intermixed with adjacent cells (1D, case 16, $\times 20$) and showed areas of myxoid change with poorly formed lacunae (1E, case 16, $\times 40$). Occasional bizarre nuclei were present (1F, case 5, $\times 40$); however, no cases showed features consistent with grade 3.

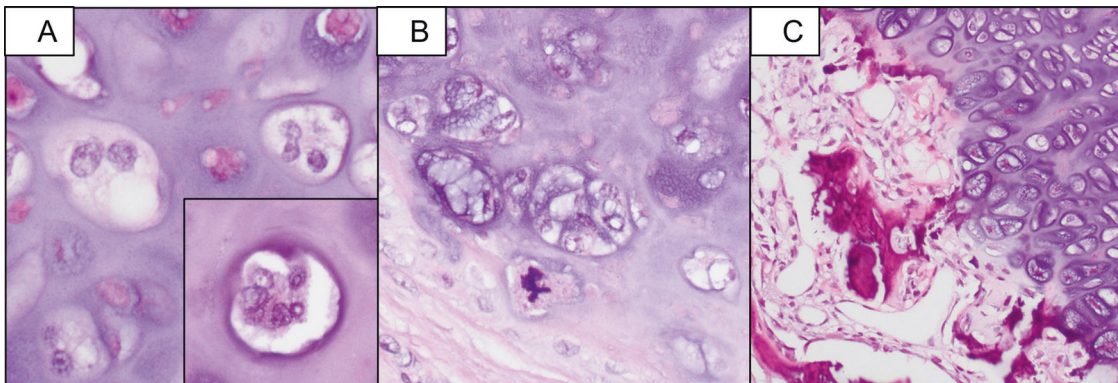


Fig. 2 Additional morphologic findings. Most cases had at least one cell with multiple nuclei involving one lacunar space (2A, case 5, $\times 40$) and rare cells had numerous nuclei (2A inset, case 2, $\times 40$). Three cases had easily identifiable mitotic figures (2B, case 9, $\times 40$), and three cases had associated bone formation, suggestive of endochondral ossification (2C, case 8, $\times 20$).

DISCUSSION

Isocitrate dehydrogenase (IDH) is a metabolic enzyme that plays an important role in the citric acid cycle, catalyzing the oxidative decarboxylation of isocitrate to produce alpha-ketoglutarate and carbon dioxide. In humans, the enzyme exists in three isoforms: IDH1, IDH2 and IDH3. IDH3, located in the mitochondrial matrix¹⁶, catalyzes the third step of the citric acid cycle using NAD⁺ as a cofactor. Likewise, IDH1, located in the cytoplasm and peroxisomes, and IDH2, also located in the mitochondrial matrix, catalyze the same reaction outside of the citric acid cycle using NADP⁺ as a cofactor. Heterozygous point mutations in *IDH1/2*

cause specific amino acid changes near the active site of the enzyme and occur almost exclusively at arginine residues, R132 in *IDH1* and either R140 or R172 in *IDH2*. These mutations alter the function of the enzyme, resulting in the reduction of alpha-ketoglutarate to an oncometabolite, 2-hydroxyglutarate^{17,18}. The resulting accumulation of 2-hydroxyglutarate leads to the inhibition of alpha-ketoglutarate-dependent oxygenases, such as the TET family of 5-methylcytosine hydroxylases, and prevents DNA demethylation¹⁹. These metabolic and epigenetic changes lead to global hypermethylation, thereby altering gene expression and playing an important role in oncogenesis.

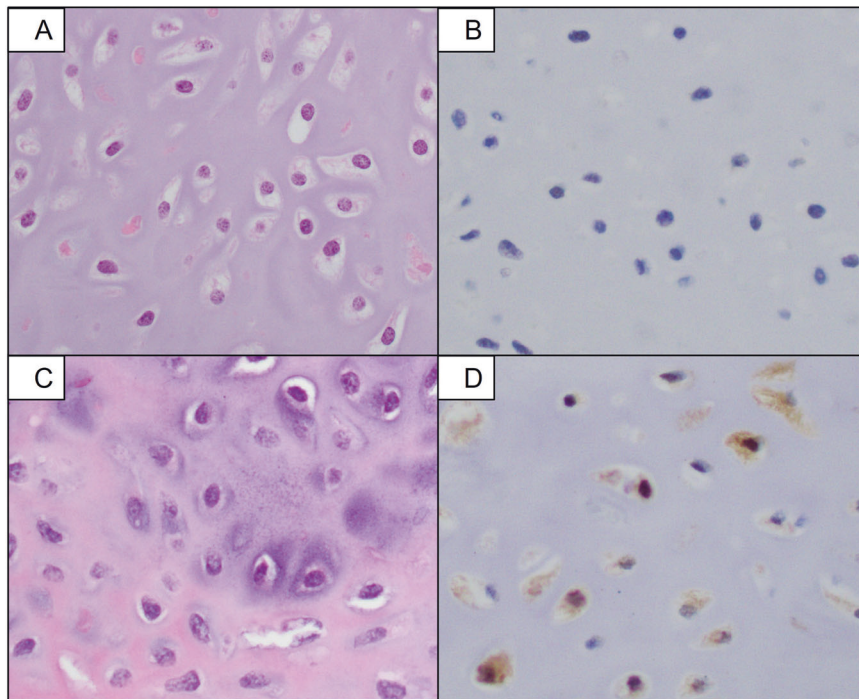


Fig. 3 Immunohistochemical findings with anti-IDH1/2 mutant antibody. The majority of cases without an IDH1/2 mutation (IDH wild-type) demonstrated a lack of staining with an IDH1/2 immunohistochemical stain (3A–3B, case 8, $\times 40$), while a few cases showed focal aberrant staining. Two of the three cases with a molecularly confirmed *IDH2* mutation demonstrated strong positive staining with an IDH1/2 immunohistochemical stain (3C–3D, case 17, $\times 40$), while one was negative.

While *IDH3* mutations have not been reported in cancer to date, *IDH1/2* mutations have been described in multiple, diverse tumor types, including: gliomas (80–90% of cases)²⁰, acute myeloid leukemia (AML) (20% of cases)^{21,22}, sinonasal undifferentiated carcinoma²³, colorectal carcinoma²⁴, cholangiocarcinoma²⁵, prostate cancer²⁶ and paraganglioma²⁷, among others. In terms of connective tissue neoplasms, *IDH1/2* mutations appear to be restricted to conventional central and periosteal cartilaginous tumors, as these mutations were not detected in ~1000 other bone and soft tissue neoplasms²⁸. The presence of *IDH1/2* mutations in multiple tumor types, including cartilaginous neoplasms, emphasizes the importance of altered metabolic pathways in cancer and suggests a possible shared oncogenic mechanism.

While *IDH* alterations have been described in numerous neoplasms, different tumors have been shown to have different *IDH* mutations. *IDH1/2* mutations are present in >80% of diffuse gliomas (grade II–III), as well as most secondary glioblastomas²⁹, and most of these mutations occur in *IDH1* R132H, making the use of an immunohistochemical stain directed against the mutated IDH1 R132H protein an acceptable screening approach in neuroglial tumors^{30,31}. In contrast to gliomas, *IDH2* mutations are the most common in AML, frequently involving R140³², while sinonasal undifferentiated carcinomas have been found to have *IDH2* R172X mutations (6/11, 55%), including R172S ($n = 4$), R172T ($n = 1$) and R172M ($n = 1$)²³.

Conventional chondrosarcomas, in the combined experience of 3 studies^{10,28,33}, harbored *IDH1* R132 mutations in 93 of 148 (63%) informative cases, with *IDH2* R172 mutations in 8 of 148 (5%); the remaining tumors (47/148, 32%) were wild-type for *IDH1/IDH2*. The distribution of *IDH1* mutations in chondrosarcoma is quite different from gliomas, with the most frequent one being R132C followed by R132G and R132L. *IDH2* mutations in chondrosarcomas occur in R172, with R172S being the most frequent³⁴. The prevalence of *IDH* mutations has further been observed to increase with increasing histologic grade among

chondrosarcomas. *IDH1/2* mutations were detected in 87% (20/23) of dedifferentiated chondrosarcomas, with 1 R132H, 5 R132C, and 5 R132 mutations in the *IDH1* gene and 9 R172 mutations in the *IDH2* gene¹⁰. Among cases where both components were analyzed, the same mutation occurred in both the well-differentiated and dedifferentiated components. In addition, 88% of patients with Ollier disease and Maffucci syndrome have been shown to have identical *IDH* mutations across multiple tumors³⁵. Unlike central chondrosarcoma and periosteal cartilaginous tumors, osteochondroma and secondary/peripheral chondrosarcoma are characterized by mutations in *EXT1* and *EXT2* rather than *IDH1/2* mutations³⁶.

Our study found that cartilaginous lesions arising in germ cell tumors of the mediastinum have a different frequency and distribution of *IDH1/2* mutations compared to differentiated chondroid neoplasms at somatic sites. We identified an *IDH1/2* mutation in only 15% (3/20) of cases, compared to a 54% (86/160) frequency in the combined experience of three series (Kerr DA and Nielsen GP, personal communication, 2022)^{10,28,33}. This is a highly significant decreased frequency ($p = 0.0011$; chi-square test). Furthermore, these were exclusively *IDH2* R172 mutations that occurred at a non-significant, increased frequency in the germ cell tumor group compared to conventional chondrosarcoma (15% [3/20] versus 5% [8/160], respectively, $p = 0.078$, chi-square test). The unexpected finding, therefore, was entirely attributable to the absence of any *IDH1* R132 mutation in the chondroid neoplasia of germ cell origin ($p < 0.00001$, Fisher exact test). Our results suggest that a subset of cartilaginous lesions arising within type II germ cell tumors of the mediastinum have a similar oncogenic mechanism to their bone/soft tissue counterpart but that the majority form using different oncogenic mechanisms compared to their somatic counterparts. Furthermore, the predominance of *IDH2* mutations underscores that screening with an immunohistochemical stain specific to IDH1 R132H, as commonly done in neuroglial neoplasms, is inadequate to capture the *IDH* alterations in the setting of germ cell tumors.

Instead, an IDH1/2 specific antibody may be used, although based on our experience with one such antibody, the specificity and sensitivity were suboptimal compared to the gold standard of molecular mutational analysis.

In our series, similar to prior studies, no specific histologic or morphologic findings correlated with the presence or absence of *IDH1/2* mutations. One interesting observation was that several cases had prominent areas of associated bone formation, which may relate to the presence of *IDH* mutations in these tumors and may mirror a similar proposed finding in conventional chondrosarcomas. Among chondrosarcomas arising in the head and neck, 60% of skull base tumors were found to have *IDH* mutations, while none of the tumors arising from the craniofacial bones had any detectable mutations. The difference was hypothesized to arise from the distinct modes of ossification where the skull base bones develop by endochondral ossification, and facial bones originate from intramembranous ossification^{34,37}. The presence of *IDH* mutations in a subset of our group, which included one of the cases with associated bone formation reminiscent of endochondral ossification (case 17), suggests a similarity to the skull base lesions.

In our study, we did not have the opportunity to compare the *IDH1/2* mutational status of any pre-treatment cartilaginous components with those found in the post-treatment specimens because either the initial biopsies were performed at outside facilities, or the patients were treated based solely on the clinical finding of an anterior mediastinal mass in conjunction with elevated serum tumor markers. It is, therefore, not possible for us to determine if chemotherapy had any effect on the *IDH1/2* mutational status of our cases. Furthermore, based on the experience with type II germ cell tumors of the testis, many post-treatment metastatic teratomas (including those with cartilaginous components) do not have a corresponding teratomatous component in the primary tumor. Based on molecular studies, this phenomenon is felt to be due to the teratoma subsequently evolving from clones of cancer stem cells of the non-teratomatous components of the testicular tumor³⁸. It seems likely that a similar process would apply to type II germ cell tumors of the mediastinum.

The prognostic significance of *IDH1/2* mutations in the cartilaginous component of germ cell tumors remains to be determined, similar to conventional chondrosarcomas³⁹. While *IDH1/2* mutations are associated with a favorable outcome in gliomas⁴⁰ and glioblastomas⁴¹, most studies have failed to demonstrate a significant prognostic impact of *IDH* mutations in conventional chondrosarcoma with somewhat conflicting results. For example, Lugowska et al. indicated an association of *IDH* mutations and shorter overall survival in chondrosarcoma⁴², while other studies failed to establish this relationship, showing instead that *IDH* mutations were found to be associated with longer relapse-free survival in grade 2–3 chondrosarcomas⁴³. In addition, among skull base chondrosarcomas, Kanamori et al. did not find any significant correlation between *IDH1* mutations and tumor relapse⁴⁴.

While the mainstay of treatment for primary mediastinal germ cell tumors with a readily identifiable cartilaginous teratoma component remains surgical resection, the presence of *IDH1/2* mutations may offer a future therapeutic target for patients with refractory disease associated with progression of chondroid neoplasms. One of us (T.M.U.) has seen a case of dedifferentiated chondrosarcoma arising from a germ cell tumor and metastasizing to the brain. (No material was available for investigation of the mutational status of this case). Mutant *IDH* inhibitors continue to be investigated and may represent an alternative therapeutic strategy in similar cases. In *IDH1*-mutant chondrosarcoma cell lines, the mutant *IDH1* inhibitor AGI-5198 was shown to decrease (D)-2-hydroxyglutarate levels, resulting in diminished viability⁴⁵; however, inhibition alone was likely not enough to suppress

tumor growth⁴⁶. Likewise, in patients with relapsed/refractory acute myeloid leukemia with detectable *IDH2* mutations, an oral mutant *IDH2*-inhibitor (enasidenib) has been approved by the FDA for treatment⁴⁷. Therefore, the presence of *IDH2* mutations in a subset of our cases, offers the possibility for further investigation into the potential use of these inhibitors in patients with refractory disease.

In summary, our study suggests that most neoplastic chondroid lesions arising in type II germ cell tumors of the mediastinum, as exemplified by their lack of *IDH1* R132 mutations, form differently from conventional chondrosarcoma of bone or soft tissue. Our results add to the evidence that somatic-type malignancies arising from type II germ cell tumors usually develop from different oncogenic mechanisms compared to the histologically similar neoplasms of somatic sites.

DATA AVAILABILITY

All data generated or analyzed during this study are included in this published article.

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AUTHOR CONTRIBUTIONS

LMW performed study concept and design, performed development of methodology and writing, and reviewed and revised the paper. MS and JDS provided acquisition, analysis and interpretation of data. LC provided acquisition, analysis and interpretation of data and reviewed and revised the paper. TMU performed study concept and design, reviewed and revised the paper and performed statistical analysis. All authors read and approved the final paper.

COMPETING INTERESTS

The authors declare no competing interests.

ETHICS APPROVAL AND CONSENT TO PARTICIPATE

The study was performed in accordance with the Declaration of Helsinki. No identifying data is included in the study.

ADDITIONAL INFORMATION

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