




Danger is only skin deep: aggressive epidermal carcinomas. An overview of the diagnosis, demographics, molecular-genetics, staging, prognostic biomarkers, and therapeutic advances in Merkel cell carcinoma

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Received: 24 June 2019 / Revised: 27 September 2019 / Accepted: 14 October 2019 / Published online: 1 November 2019
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Abstract

Merkel cell carcinoma (MCC) is a high grade primary cutaneous neuroendocrine carcinoma and is among the most aggressive cutaneous malignancies. The rising incidence of MCC, together with its often rapidly aggressive course, underscore a critical need to recognize the histopathologic and the immunohistochemical features that inform its accurate diagnosis. In the current review, we summarize the current state of knowledge regarding the accurate diagnosis of MCC and the exclusion of other entities in the differential diagnosis. We provide a comprehensive review of genomic studies that identified the molecular-genetic drivers of MCC as well as a summary of studies identifying prognostic biomarkers that can facilitate risk stratification. Importantly, Merkel cell polyomavirus (MCPyV) appears to be causative in most cases of MCC and represents both a diagnostic and prognostic marker. Finally, as staging of MCC has undergone critical refinements with the introduction of the 8th Edition of the American Joint Committee on Cancer staging system, we provide an update on MCC staging. In particular, the prognostic significance of the sentinel lymph node (SLN) in MCC necessitates a systematic approach to its evaluation and diagnosis to ensure accurate and consistent risk stratification for patients, and we therefore provide a comprehensive overview of SLN evaluation in MCC. Finally, the intimate relationship between MCC and the integrity of the host immune system has led to paradigm-shifting therapeutic advances with the successful application of immune checkpoint blockade to treat patients with advanced disease, and we therefore summarize those studies and the correlative studies in which predictive biomarkers have been identified.

Diagnosis of Merkel cell carcinoma

Accurate diagnosis of MCC begins with the recognition of its distinctive cytomorphology in the typical clinical

context of a rapidly enlarging lesion on sun-exposed sites of elderly individuals [1, 2]. At scanning magnification (Fig. 1a), MCC typically grows as a dermal malignancy that often extends to involve the subcutis. An intraepidermal component may exist, but is infrequent and rarely extensive. The leading edge of MCC exhibits either infiltrative or pushing borders, and the tumor cells are usually accompanied by a variably dense lymphohistiocytic inflammatory infiltrate (Fig. 1b). Stromal mucin may also be present and represents an important diagnostic pitfall (see below). MCC tumor cells are arranged as sheets, cords, and trabeculae. The tumor cells of MCC show a characteristic neuroendocrine cytomorphology with scant cytoplasm and uniform round to oval nuclei with finely granular ('salt and pepper') chromatin and inconspicuous, small nucleoli. Mitotic figures and apoptotic bodies are often numerous (Fig. 1c), and thus, areas of geographic necrosis are similarly common. In most

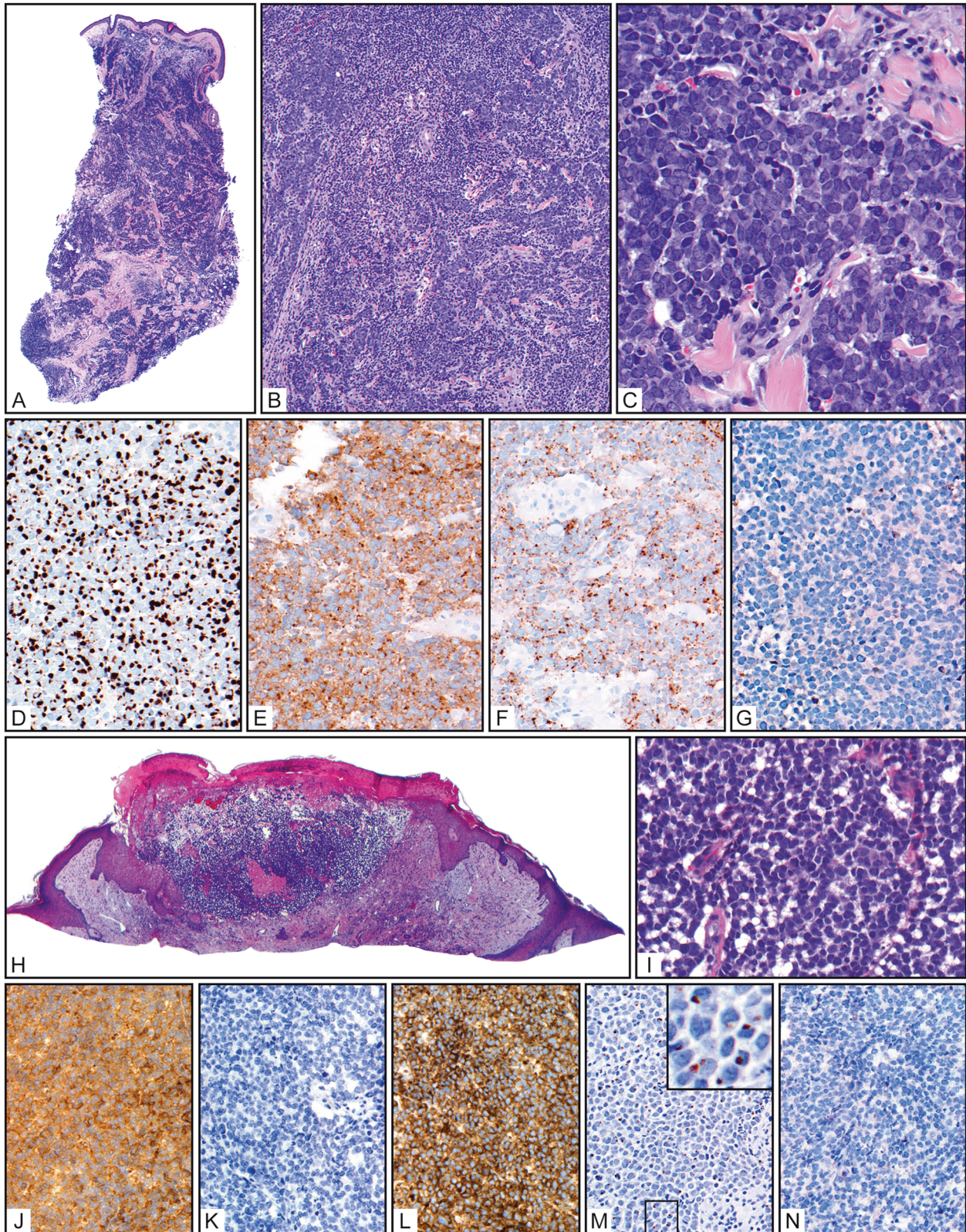
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cases of MCC, the tumor cells are intermediate in size, but large cell and small cell morphologies also occur [2, 3].

Despite a relatively characteristic appearance, immunohistochemical (IHC) studies are required both to confirm the diagnosis and to exclude other entities with overlapping

Fig. 1 Cytokeratin 20-positive Merkel cell carcinoma. **a** Dense proliferation of tumor cells diffusely effaces the dermis without involvement of the overlying epidermis (H&E, $\times 20$). **b** Tumor cells arranged as sheets, cords, and trabeculae (H&E, $\times 100$). **c** Higher magnification reveals cytologic features of Merkel cell carcinoma. The tumor cells contain minimal amounts of cytoplasm and medium sized oval nuclei with finely granular chromatin. The cells exhibit nuclear molding, numerous mitotic figures and apoptotic bodies (H&E, $\times 400$). Merkel cell carcinoma is typically positive for **d** perinuclear dot-like cytokeratin 20 ($\times 200$), **e** synaptophysin ($\times 200$), **f** chromogranin ($\times 200$), but is negative for **g** TTF-1 ($\times 200$). Cytokeratin 20-negative Merkel cell carcinoma with small cell morphology. **h** Dense proliferation of tumor cells effaces the superficial dermis with ulceration of the overlying epidermis (H&E, $\times 20$). **i** Higher magnification reveals small cell nuclear features of Merkel cell carcinoma. The tumor cells contain minimal amounts of cytoplasm, and in this case display small oval nuclei with finely granular chromatin. The cells exhibit nuclear molding, numerous mitotic figures and apoptotic bodies (H&E, $\times 400$). Merkel cell carcinoma in this case is positive for **j** pancytokeratin cocktail ($\times 200$), but negative for **k** cytokeratin 20 ($\times 200$). The tumor cells are diffusely positive for **l** synaptophysin ($\times 200$) and **m** Neurofilament ($\times 200$) with perinuclear dot-like positivity, but is negative for (N) TTF-1 ($\times 200$)

morphologies, including poorly differentiated primary cutaneous malignancies and metastases to the skin (Tables 1 and 2). MCCs show positivity for cytokeratins, frequently with some degree of perinuclear dot-like positivity. The most specific marker is cytokeratin 20 (CK20; Fig. 1d). A comprehensive review of the literature revealed 87.4% of MCCs (716/819) to be CK20+ (Table 1) [4–33]. Because MCCs are neuroendocrine carcinomas, they show evidence of neuroendocrine differentiation, including synaptophysin (92.0%, 115/125; Fig. 1e); chromogranin (84.1%, 111/132; Fig. 1f) neuron specific enolase (97.5%, 39/40) and CD56 (88.2%, 30/34), respectively (Table 2). Neurofilament (NF) is an additional sensitive marker, with specificity for MCC over most other neuroendocrine carcinomas, and is expressed in 79.7% of MCC (Table 1). Given the strong reliance on CK20 in the diagnosis of MCC, CK20-negative MCCs represent a particularly difficult challenge (Fig. 1h–n, which also depicts a tumor with ‘pushing’ borders). For these cases, NF-positivity together with TTF-1 negativity (Fig. 1m, n) inform the diagnosis; MCPyV staining has limited sensitivity [34]. Notably, cytokeratin 7 (CK7) and Terminal deoxynucleotidyl transferase (TdT) have been reported to be positive in 17.6% (43/245) and 25.9% (29/112) MCCs, respectively, and represent important pitfalls when making the diagnosis of MCCs (Table 2). Recently, it was found that a substantial minority of MCPyV-negative MCC demonstrate divergent immunophenotypic findings including TTF-1 positivity, and absence of NF and/or CK20 [29, 32].

MCC occasionally presents with divergent differentiation. Although multiple reports describe glandular differentiation [35–38], the most commonly encountered divergent differentiation is squamous, often present in

Table 1 Immunohistochemical features of Merkel cell carcinoma

Study	CK20		TTF-1		NF	
	Positive	Total	Positive	Total	Positive	Total
(13)	94	103	10	95	73	97
(26)	46	55			42	55
(5)	13	13	0	13	12	13
(10)	20	21	0	21		
(25)	35	40	1	40		
(8)	23	23	0	23		
(19)	15	15				
(22)	43	56			25	40
(16)	15	20	0	20		
(27)	14	15	0	15		
(21)	16	18	0	18		
(15)	10	11	0	11		
(7)	33	34				
(17)	80	100			95	100
(12)					17	25
(24)					9	9
(18)	6	6			4	6
(28)	19	22	0	22		
(11)	23	26				
(14)	6	6				
(9)	7	9				
(4)	9	10			8	8
(6)	16	21	0	21		
(20)	18	27				
(23)	9	10				
(29)	87	95	13	95	71	97
(31)	5	6				
(33)	5	5				
(32)	49	52	10	52	44	52
(47)			1	30		
Totals	716	819	35	476	400	502
Total Percentage	87.4		7.4		79.7	

multiple foci throughout the tumor [36, 39–44] (Fig. 2a, b). Alternatively, distinct areas of invasive SCC or SCCIS may be present; this can represent collision phenomenon rather than transdifferentiation [45]. Rare forms of divergent differentiation include sarcomatoid or neuroblastic [2].

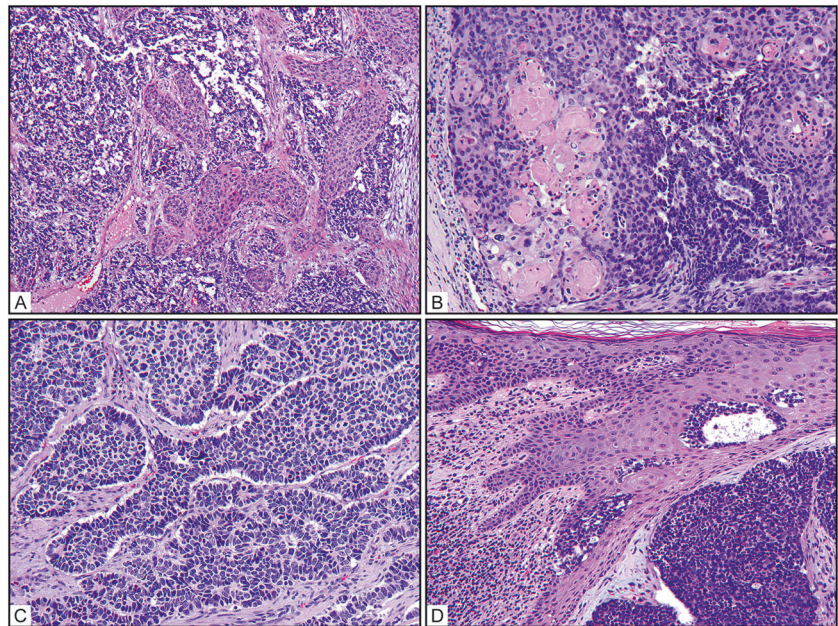
The most commonly encountered differential diagnostic considerations include basal cell carcinoma (BCC), melanoma, hematologic malignancies, and metastatic neuroendocrine carcinomas secondarily involving the skin (most commonly small cell carcinoma of the lung) (Table 3 and Fig. 3a–c). At scanning magnification, BCC represents the closest mimic to MCC, with nodular to infiltrative aggregates of basaloid cells in the dermis. Morphologic clues that favor the diagnosis of BCC over MCC include a

Table 2 Expanded immunohistochemical phenotype of Merkel cell carcinoma

Study	Cytokeratin 7		NSE		CHG		Synaptophysin		CD56		S100		Tdt	
	Positive	Total	Positive	Total	Positive	Total	Positive	Total	Positive	Total	Positive	Total	Positive	Total
(5)	4	13	12	13	13	13	10	13	9	13	0	13		
(25)	2	40			29	40	39	40						
(16)					20	20	19	20			7	20		
(27)	4	15	15	15	11	15	13	15	15	15			8	15
(11)	6	26												
(14)			6	6	5	6	6	6	6	6				
(4)	5	10			6	8	6	8			2	9		
(29)	8	89											21	97
(30)					24	24	22	23						
(31)			6	6	3	6					1	6		
(32)	14	52												
Totals	43	245	39	40	111	132	115	125	30	34	10	48	29	112
Total Percentage	17.55		97.50		84.09		92.00		88.24		20.83		25.89	

NSE neuron specific enolase, CHG chromogranin, Tdt terminal deoxynucleotidyl transferase

Fig. 2 Merkel cell with divergent differentiation and mimics with other malignancies. Merkel cell may present with **a**, **b** evidence of squamous differentiation (H&E; ×200). Merkel cell carcinoma mimicking basal cell carcinoma (c) with peripheral palisading, mucinous stroma and retraction artifact (H&E, ×200). **d** Merkel cell carcinoma infrequently exhibits intraepidermal growth, but intraepidermal growth of MCC is rarely extensive when present (H&E, ×200)



connection to the overlying epidermis, peripheral palisading of basaloid cells in the nests of BCC and retraction artifact between the basaloid nests and the characteristic stroma associated with BCC (Fig. 3a, c). MCC may disperse as single cells into stromal mucin, unlike BCC. Although the distinction is usually made after careful histopathologic examination, cases in which MCC shows features of BCC (including peripheral palisading and retraction artifact; Fig. 2c) have been described, and stromal mucin is not uncommon in MCC. In addition, some cases of BCCs may exhibit evidence of finely granular (neuroendocrine type) chromatin and/or an exceptionally high mitotic rate. For those rare instances in which the histomorphologic

distinction between MCC and BCC is not definitive, an IHC panel including CK20 and CK5/6 efficiently facilitates this distinction: MCCs are CK20+ and CK5/6- (the exception being MCCs with squamous differentiation), whereas BCCs are CK20- and CK5/6+ [46]. Neuroendocrine markers may be expressed in BCC, and hence are not useful for this distinction [2]. As a high grade cutaneous malignancy with an often aggressive clinical course, cutaneous melanoma (CM) often enters into the differential diagnosis of MCC (Fig. 3d-f). Distinctive features of CM include extensive intraepidermal growth (Fig. 3e) which is far more common in CM than MCC, in which intraepidermal growth is infrequently observed, and rarely extensive when present

Table 3 Common differential diagnostic considerations of Merkel cell carcinoma

Diagnosis	Morphology	IHC
Basal cell carcinoma	Peripheral palisading Cleaving between tumor and stroma Mucinous tumor-associated stroma	BCC: MCPy-T-antigen negative CK5/6+ and CK20- MCC: CK20+ and CK5/6- and ~80% MCPy-T-antigen positive
Melanoma	Pigmented Intraepidermal extension common	S100+, MART-1+, Sox-10+, HMB-45+, MITF+ Cytokeratin-
Lymphoma/Leukemia	Dishesive	Positive for lymphoid markers, negative for cytokeratins
Metastatic neuroendocrine carcinoma (SCLC)	Overlapping with MCC	TTF-1+ CK7+ ^a CDX-2+ MCPy-T-antigen negative

^aCytokeratin 7 positive in 20% of MCCs (See Table 2)

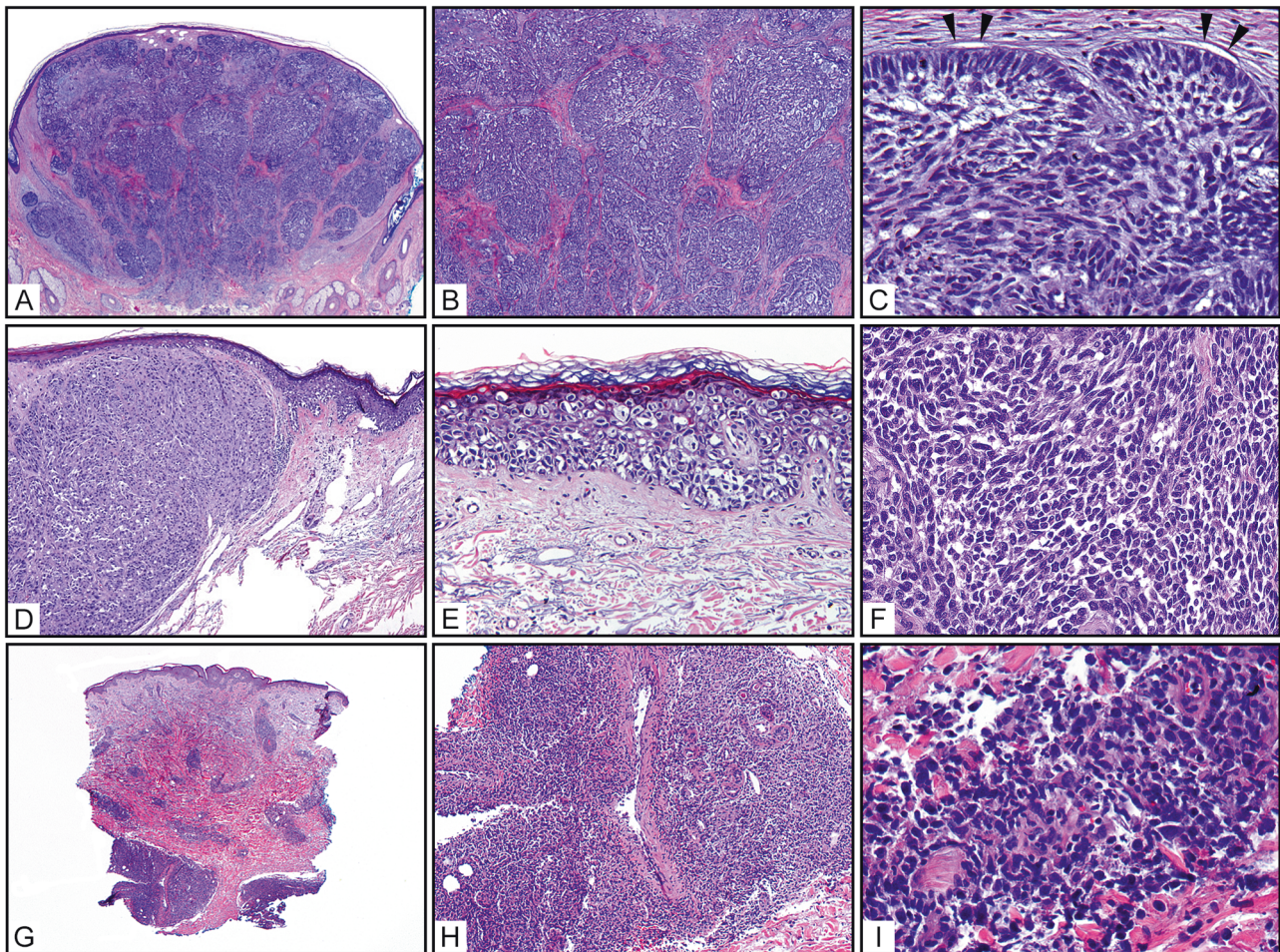


Fig. 3 Differential diagnosis of Merkel cell carcinoma. **a** Basal cell carcinoma with nodular pushing borders (H&E, $\times 20$) and **b** high density cellularity (H&E, $\times 100$). **c** Basal cell carcinoma more commonly exhibits peripheral palisading, mucinous stroma and retraction artifact (H&E, $\times 400$). **d** Cutaneous melanoma showing vertical growth phase (H&E, $\times 20$). **e** Melanoma in situ showing extensive intraepidermal involvement with pagetoid migration (H&E, $\times 200$). **f** Invasive

melanoma may mimic MCC, particularly when it exhibits small cell features (H&E, $\times 400$). **g** Cutaneous involvement by extranodal NK/T cell lymphoma showing effacement of the dermis (H&E, $\times 20$). **h** Higher power shows perivascular distribution of the tumor cells (H&E, $\times 200$). **i** Tumor cells grow as clusters and sheets with variable cytomorphologic size and atypia (H&E, $\times 400$)

(Fig. 2d), intracytoplasmic pigmentation, and nuclear cytomorphology as melanoma cells typically show coarse chromatin and a prominent nucleolus. Furthermore, rare

cases of melanoma exhibit a small cell cytomorphology (Fig. 3f). These cases pose diagnostic difficulty and require IHC studies to confirm the diagnosis. A wide range of

hematolymphoid malignancies (both primary and those secondarily involving the skin) might also be considered in the differential diagnosis with MCC—most notably those which show CD56-positivity, including NK/T cell lymphoma (Fig. 3g–i) and blastic plasmacytoid dendritic cell neoplasm. When considering these, a comprehensive IHC panel should be employed to confirm lymphoid or myeloid lineage and exclude MCC. In addition to CD56, MCC may express TdT or Pax5 in a minority of cases, but will be uniformly negative for most other lymphoid and myeloid markers [2, 3].

One of the more challenging histopathologic differential diagnostic consideration for MCC is excluding a cutaneous metastasis from a visceral high grade neuroendocrine carcinoma—most commonly small cell carcinoma of the lung (SCLC). Histopathologically, these carcinomas would be indistinguishable from MCC, necessitating the application of IHC to facilitate the distinction. In general, MCC is CK20+ (87%; 716/819), NF+ (80%; 400/502), and TTF-1-negative (7% positive; 35/476), whereas SCLC is CK20-negative (5% positive; 18/337) and NF-negative (0/143 positive), but TTF-1+ (88%; 190/217) (Tables 1 and 4). [5–10, 12, 15, 18–

25, 28, 47]. When CK20 is expressed in SCLC, the pattern is typically focal [26]. MCPyV large T-antigen (LT-ag) also represents a specific but incompletely sensitive finding for MCC, as discussed below. Although MCPyV-negative MCC may deviate from the classic pattern as described above, in such cases TTF-1 is typically weak or absent [32] with rare exceptions [48, 49]. In contrast, TTF-1 classically demonstrates diffuse strong staining in most SCLC.

Small cell neuroendocrine carcinomas from non-pulmonary extracutaneous sites may also enter the differential diagnosis, especially when metastatic MCC of unknown primary is encountered. In this setting, CK20 (if greater than focal) and NF expression are specific for distinguishing MCC from neuroendocrine carcinomas arising at other sites [26], with the exception of small cell carcinomas arising from the salivary glands and uterine cervix [2, 26, 50]. The presence of HPV and absence of MCPyV is characteristic of uterine cervical SmCC [50, 51], whereas no specific marker distinguishes MCC from salivary SmCC [2].

Based purely on cytomorphologic overlap, a final (albeit rare) differential diagnostic consideration would be extraskeletal Ewing sarcoma (ES). Like MCC, ES consists of small tumor cells with oval nuclei and minimal cytoplasm. The tumor cells of ES are typically centered on blood vessels. Finally, IHC studies show that ES is only rarely positive for keratins and never for CK20. Instead, ES typically exhibits positivity for CD99, FLI-1, and S100 [52, 53].

Table 4 Immunohistochemical phenotype of small cell neuroendocrine carcinoma of the lung

Study	CK20		TTF-1		NF	
	Positive	Total	Positive	Total	Positive	Total
(5)	1	13	11	13	0	13
(10)	11	33	28	33		
(25)	0	36	27	36		
(8)	0	52	43	52		
(19)	3	15				
(22)	0	18			0	22
(21)	1	28	27	28		
(15)	0	20	10	10		
(7)	1	37				
(12)					0	58
(24)					0	28
(18)	0	22			0	22
(28)	0	9	9	9		
(9)	0	7				
(6)	1	36	35	36		
(20)	0	5				
(23)	0	6				
(26)	4	28			1	28
(47)			43	59		
Totals SCLC	22	365	190	217	1	171
Total Percentage SCLC	6.03		87.56		0.58	

SCLC small cell carcinoma of the lung

Bolding is used to visually distinguish rows that are sums ("totals") of the rows above

Demographics and incidence of Merkel cell carcinoma

MCC is predominantly a disease of older Caucasian men on sun-exposed sites. A review of 14,414 patients with MCC in the National Cancer Database (1998–2012) revealed 62.1% of patients were men, 69.5% were ≥70 years of age and 96.4% were Caucasian. Moreover, 42.6% of cases arose on the head and neck, while an additional 23.6% arose on sun-exposed sites of upper limb and shoulder [1]. Risk factors for the development of MCC thus include old age, chronic sun exposure and immunosuppression. The incidence of MCC continues to rise. In the United States, alone, incidence of MCC has increased significantly over the past 3 decades: from 1.5 cases per million in 1986 to 4.4 cases per million in 2001 to 7.9 cases per million in 2011 [54–56].

Merkel cell carcinomagenesis: Virus or ultraviolet light exposure represent key drivers

The common co-existence of MCC in immunosuppressed patients suggested a relationship to an underlying pathogen.

This hypothesis was confirmed as RNA sequencing on MCC tumors identified a novel human polyomavirus, MCPyV, in 8/10 (80%) of tumors [57]. Larger series have confirmed MCPyV is present in ~60–80% of MCC [58]. Only 11% (10/84) control tissues contained MCPyV DNA, and the majority of those showed comparatively lower copy numbers. Although highly variable between tumors, the genomic site of MCPyV DNA integration into MCC tumor cells is consistent for all neoplastic cells from any given tumor, arguing that integration of MCPyV represents an early event in MCC development [57]. MCPyV transformation of MCC cells relies heavily on two MCPyV-encoded proteins: LT-ag and small T-antigen (ST-ag) [2, 59–61]. LT-ag and ST-ag bind to a number of intracellular target proteins, culminating in cellular transformation [2, 60, 61].

Two critical DNA sequencing studies demonstrated the genetic pathways driving transformation of MCPyV-negative MCCs. DNA sequencing studies by Wong et al. [62] (32 MCCs, including 13 MCPyV+ and 21 MCPyV– tumors or cell lines) and Harms et al. [63] (16 MCCs, including 7 MCPyV+ and 9 MCPyV– tumors) confirmed fundamental differences between MCPyV+ and MCPyV– MCCs. Specifically, MCPyV– MCCs are characterized by a significantly higher mutational burden compared to MCPyV+ MCC, and most of those are UV-signature mutations. The most common mutations in MCPyV– MCCs impact *TP53*, *RBI*, and *NOTCH* family members [62–64]. Together with studies identifying MCPyV in ~80% of MCCs [57, 58], these findings created a molecular-genetic paradigm for MCC development that was binary: MCPyV– tumors driven by the progressive accumulation of UV-induced somatically acquired mutations, and MCPyV+ tumors driven by integration of the MCPyV and expression of oncogenic LT-ag and ST-ag proteins. It is important to note that in geographic regions with less UV exposure, MCCs are far more commonly MCPyV+, whereas in areas with high UV exposure, MCPyV-negative MCCs predominate [60].

Detection of Merkel cell carcinoma polyomavirus in tissue

The initial identification of MCPyV in MCC highlighted a relative frequency of 80% of MCPyV in primary MCC [57]. Subsequent studies (generally relying on DNA based modalities like PCR based amplification of MCPyV sequences) demonstrated a range of 40–100% MCCs to be MCPyV-positive [39, 65–76]. The variability in results across studies reflects a number of different factors, including geographical differences in MCPyV prevalence (lower in regions with higher UV exposure), preanalytical variables (tissue substrate [formalin fixed paraffin

embedded versus fresh frozen], and analytical differences (primers used and their efficacy to amplify the intervening DNA template whose length also varied). Although MCPyV has also been reported by some investigators at low frequencies in normal skin and hematolymphoid cells as well as in other cutaneous tumors such as BCC and squamous cell carcinoma [3, 60, 77–79], the detection of MCPyV in a cutaneous tumor with neuroendocrine morphology is a relatively specific marker of MCC [2, 3].

A monoclonal antibody directed against a specific region of the T-antigen that is unique to MCPyV (the CM2B4 clone) supported the detection and visualization of MCPyV oncoprotein directly in tumor cells. Using CM2B4, most positive tumors display nuclear T-antigen expression, with variable cytoplasmic reactivity. IHC detection of MCPyV with CM2B4 ranges from 39 to 90% [39, 67, 75, 80–82]. The sensitivity of IHC depends on preanalytical variables (tissue fixation) as well as viral copy numbers in the tumor cells [44]. Studies comparing PCR to IHC detection of MCPyV in tissue typically show good agreement. As would be expected, most studies find PCR to be more sensitive than IHC. In cases where both approaches could be applied, PCR detected MCPyV in 76% (85/112) of MCCs, whereas IHC (using CM2B4 clone) detected MCPyV T-antigen in 56% (63/112) of tumors [39, 67, 75, 80–82]. In a landmark study, Moshiri et al compared the ability of two antibody clones (CM2B4 encompassing amino acids 116–129 in LT-ag, and Ab3 which recognizes amino acids 79–260 in LT-ag) and a PCR based amplification targeting the LT-Ag sequence in a series of 282 MCCs. They showed that the CM2B4 clone possessed the combined highest sensitivity (88%) and specificity (94%) compared with PCR (83% and 81%, respectively) and AB3 (98% and 45%, respectively). In addition, they confirmed that MCPyV-positive tumors have improved progression-free survival, disease-specific survival, and overall survival (OS) compared with MCPyV-negative MCCs, although this is not independent of stage at presentation [58]. Additional detection methods for MCPyV include RNA in situ hybridization and next generation sequencing [60].

Staging MCC

As MCC is an aggressive malignancy, 65% of patients present with disease localized to the cutaneous site, 26% present with regional lymph node metastases, and 8% present with distant metastases [1]. As has been shown for most other solid cancers, staging and prognosis in MCC reflect the extent of disease burden at presentation. Five year OS rates are ~51% for those with localized disease, 35% for patients with regional lymph node metastases, and 14% when distant metastases are present. These differences

Table 5 Eighth edition AJCC staging criteria for Merkel cell carcinoma

T Category	T criteria
TX	Primary tumor cannot be identified
T0	No primary tumor
T1	Tumor ≤ 2 cm in greatest dimension
T2	Tumor > 2 cm but ≤ 5 cm in greatest dimension
T3	Tumor > 5 cm
T4	Tumor invades fascia, muscle cartilage, or bone
N Category	Clinical N criteria
cNX	Regional lymph nodes cannot be assessed
cN0	No evidence of lymph node metastasis
cN1	Clinically detected regional lymph node metastasis
cN2	Clinically detected in-transit metastasis <i>without lymph node metastasis</i>
cN3	Clinically detected in-transit metastasis <i>AND lymph node metastasis</i>
N Category	Pathologic N criteria
pNX	Regional lymph nodes cannot be assessed
pN0	No evidence of lymph node metastasis (negative SLNB, etc)
pN1a (sn)	<i>Clinically occult</i> lymph node metastasis on <i>SLN biopsy</i> (NO completion lymph node dissection)
pN1a	<i>Clinically occult</i> lymph node metastasis on <i>SLN biopsy</i> (WITH completion lymph node dissection)
pN1b	<i>Clinically detected</i> lymph node metastasis, pathologically confirmed
pN2	<i>In-transit</i> metastasis without lymph node metastasis
pN3	<i>In-transit metastasis plus lymph node metastasis</i>

T-categories measured according to clinical measurement of tumor size and involvement of underlying structures

Clinical N-categories determined according to clinical evidence of regional lymph node involvement or in-transit metastases

Pathologic N-categories determined according to pathologic confirmation of regional lymph node involvement or in-transit metastases

are the basis for the current TNM staging system [1] (Table 5).

T-categorization stratifies prognostic variables of the primary tumor. The two variables that define the T-category are [1] *the clinical measurement of tumor size* and [2] *extension of tumor beyond the subcutis* (fascia, cartilage, muscle and bone). The cutoffs for these are applied as follows: pT1 (≤ 2 cm), pT2 (> 2 cm, but ≤ 5 cm), pT3 (> 5 cm), and pT4 (primary tumor invades the underlying fascia, cartilage, muscle, or bone). Among clinically and/or pathologically node-negative patients, 5-year OS rates robustly reflect grouping primary MCC according to these T-categories: 55.8% (pT1); 41.1% (pT2/pT3), and 31.8% (pT4) [1]. Additional histopathologic attributes of the

primary tumor also correlate with the probability of survival and are therefore also reported in pathologic descriptions of the primary tumor. In a study of 156 patients with MCC [83], univariate analyses showed the following primary tumor features correlated with patient survival: tumor thickness, tumor size, deepest anatomic level of involvement, tumor growth pattern, presence of lymphovascular invasion (LVI), presence of tumor infiltrating lymphocytes, and presence of solar elastosis. Multivariate models including these significant variables, showed that stage, tumor thickness, tumor growth pattern, and LVI independently associated with patient survival. When histopathologically confirmed negative lymph nodes were considered in isolation, histopathologic features that associated with survival included the deepest anatomic compartment of involvement, tumor growth pattern of the tumor, and tumor infiltrating lymphocytes [83].

For the purposes of staging, according to the 8th Edition of the AJCC, regional metastases of MCC are first categorized according to whether the nodal disease was identified by clinical or pathologic evaluation of the lymph node basin [1]. Some patients (typically because of underlying comorbidities) are staged only by clinical modalities (imaging and/or physical exam). Those with clinically evident lymph node metastases have worse prognosis than those with clinically occult lymph node involvement [1]. Patients without clinical evidence of lymph node involvement may have microscopic metastases requiring pathologic confirmation. As such, patients with clinically negative lymph nodes, altogether have an intermediate prognosis that is better than those with clinically evident nodal disease, but worse than those with confirmed pathologically negative lymph node disease. Among patients who are staged according to pathologic evaluation of their regional lymph nodes, survival for patients with pathologically confirmed lymph node positive (i.e., clinically occult) disease (pN1a) is worse than those with pathologically node-negative disease (pN0). Taken together, the sentinel lymph node (SLN) biopsy is recommended for staging of patients with MCC who are reasonable candidates for the procedure [1] to distinguish patients with clinically occult disease from those who are considered bona fide lymph node negative. In general, a combination of systematic histopathologic interrogation and ancillary IHC studies maximize sensitivity in the appraisal of SLNs in MCC [33] (Fig. 4). Given the inconsistent sensitivity of any given neuroendocrine marker, IHC examination of SLNs in MCC often relies on pancytokeratin and CK20 stains [2, 3]. The combination of histopathologic and IHC assessment further emphasizes the absence of a minimum size threshold for metastatic MCC deposits in the SLN to qualify as metastatic disease (pN1a). Of note, chronic lymphocytic leukemia, sometimes previously undiagnosed, may be incidentally encountered in

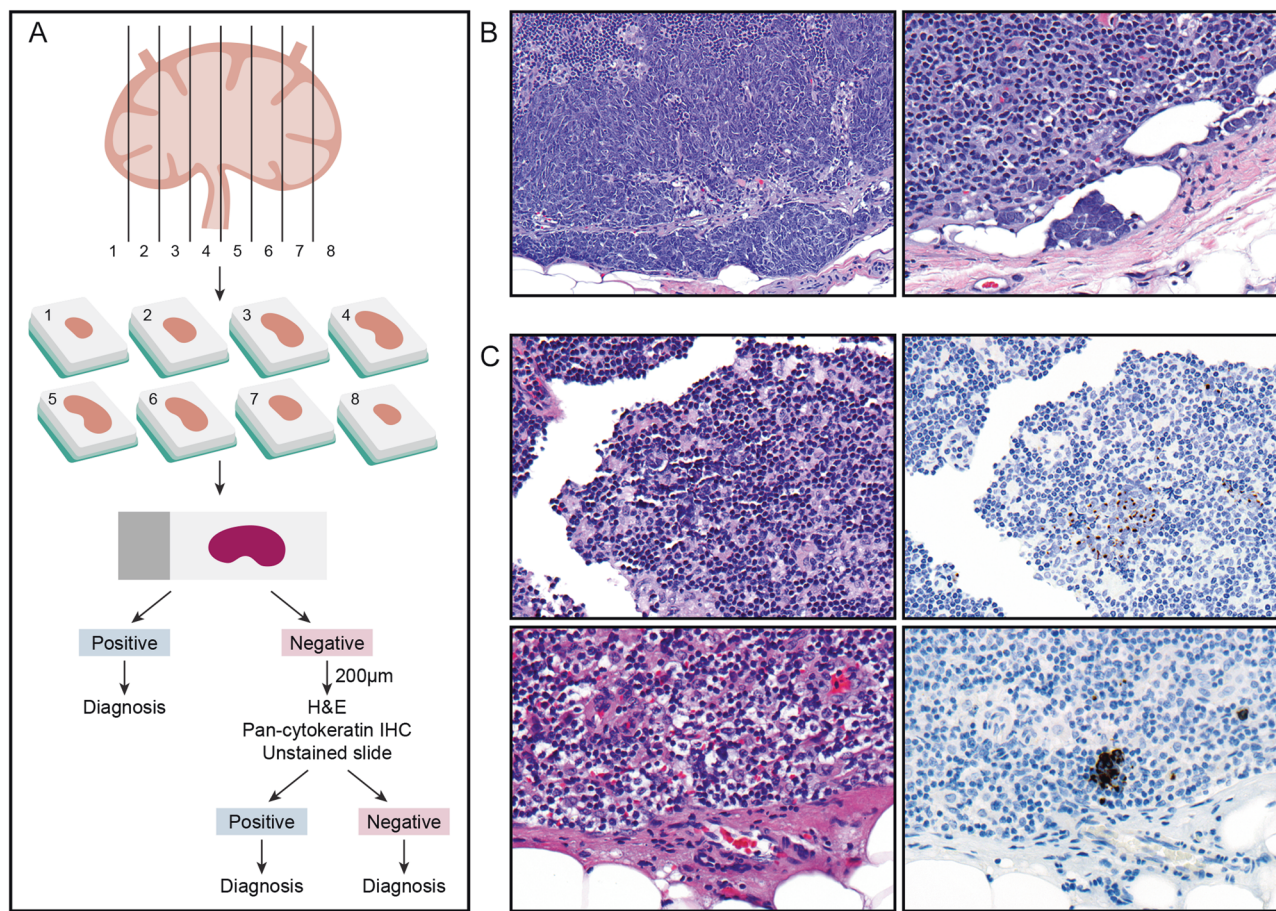


Fig. 4 Sentinel lymph node processing in Merkel cell carcinoma. **a** Schematic of sentinel lymph node processing. Top shows recommended serial sectioning to maximize exposure of subcapsular space. All tissue is submitted for histopathologic evaluation. Schema for sentinel lymph node evaluation shown below. If after evaluation of the initial H&E (**b**), there is evidence of tumor (H&E, $\times 40$ left and (H&E, $\times 200$, right), the diagnosis of metastatic Merkel cell carcinoma is rendered. If the initial H&E is negative for tumor, then additional

tissue levels and immunohistochemical studies for cytokeratin are performed to maximize sensitivity. **c** Antibodies for cytokeratin highlight intraparenchymal (top, left H&E $\times 100$ and top, right pan-cytokeratin, $\times 100$) deposits of Merkel cell carcinoma or alternatively subcapsular (bottom, left H&E $\times 100$ and bottom, right pan-cytokeratin, $\times 100$) deposits of Merkel cell carcinoma. There is no minimal size threshold to qualify as metastatic disease

SLN biopsy specimens given the increased risk for MCC in that population. A final variable captured in the updated 8th Edition AJCC staging system is the distinction of patients with regional lymph node disease without a known primary MCC (Stage IIIA) from patients with clinically evident regional lymph node disease with a known primary MCC (Stage IIIB) in recognition of the better prognosis for patients with clinically evident metastatic MCC of unknown primary compared with those with documented primary MCC and clinically evident metastases [84–86]. Recent studies have also emphasized the importance of both the pattern of SLN involvement as well as the extent of disease burden in the SLN as additional prognostic factors in MCC [87, 88]. In particular, patients with diffuse effacement of their SLN by MCC showed worse OS compared with those with ‘non-solid’ SLN involvement. Additional, larger scale studies are required to determine if the extent of SLN

disease burden should be integrated into future MCC staging systems.

Prognostic biomarkers in Merkel cell carcinomas

Numerous studies have interrogated an array of biomarkers as potential surrogates of patient survival [60]. Increased expression of c-Kit, a receptor tyrosine kinase, in primary MCC demonstrated a trend towards shorter survival compared to patients with reduced levels of c-Kit in the tumor cells ($p = 0.07$), although activating mutations in *KIT* have not been identified in MCC [89, 90]. Other biomarkers previously explored in MCC include: expression of nuclear survivin [91]; activating mutations in *PIK3CA*, the central kinase driving the phosphatidylinositol-4,5-bisphosphate 3-

kinase (PI3K) oncogenic pathway [92]; expression of members of the Hedgehog signaling cascade [93–95]; vascular markers or growth factors [2]; and markers of cell proliferation and cell cycle entry [96, 97]. As noted above, MCPyV+ MCCs appear to have improved survival compared to MCPyV– MCCs [58, 76, 92, 98–100], although not all studies agree [101, 102], and this is not independent of stage at presentation [58].

p63 as a prognostic marker in MCC

One of the most thoroughly studied prognostic biomarkers in MCC is p63 [99, 103–105]. The first study included 47 primary MCCs in which p63 positivity (25/47; 53%) correlated with shorter survival compared to the p63-negative MCC (22/47; 47%; $p < 0.0001$) [104]. In an expanded cohort of 70 patients [103], the same group showed: (i) patients with p63-negative MCCs exhibited longer OS and disease-free survival compared to patients whose MCCs were p63-positive; (ii) in multivariate analyses, only p63 positivity and stage at presentation showed independent prognostic significance; and (iii) considering only patients presenting with MCC localized to the primary site (stage I–II), p63-positivity correlated with worse survival compared with p63-negative tumors ($p < 0.0001$) [103]. In contrast, Higaki-Mori et al. showed no differences in survival according to p63 expression in their cohort of MCC patients [99]. In a large cohort of MCC patients, Stetsenko et al. [106] determined p63 expression in 128 MCC patient tumors and found that p63-positivity was independently predictive of reduced MCC-specific survival (together with stage). In a key experiment, they grouped patients according to stage at presentation and found that p63 expression no longer segregated patient survival, and p63 expression itself did not differ among the clinical stage groups. Therefore, to the extent that patient stage is already determined, the utility of routine assessment of p63 expression in MCC as a prognostic marker remains controversial [106].

The immune system as a biomarker in MCC

The importance of an intact host immune system on the proclivity for MCC to develop has been well established [107–110]. The relationship between immune compromise and MCC patient survival was demonstrated in a study of 471 MCC patients [111]. Immune suppressed patients with MCC showed reduced MCC-specific survival ($n = 41$; 40% at 3 years) when compared with those patients without immune suppression ($n = 430$; 74% at 3 years), and the host immune status predicted MCC-specific survival independently of stage at presentation [111].

The same group [112] subjected 35 primary MCCs to gene expression studies and found that increased expression of CD8+ cytotoxic T-cell associated genes (for example, *CD8A* and granzyme genes) correlated with longer MCC survival. In a validation cohort of 146 MCCs (including primary MCC and regional and visceral distant metastases), higher CD8+ T-cell infiltration independently correlated associated with longer survival compared with tumors with reduced intratumoral CD8+ T-cell infiltration [112]. Sihto et al. [113] quantified the tumor-associated immune infiltrates in 116 MCCs and showed that higher densities of CD3+ T-cells significantly associated with longer patient survival. In a series of 62 primary MCCs, Feldmeyer et al. [114] leveraged automated image analysis to precisely quantify the density of CD3+ and CD8+ T-cells in discrete regions of the tumor (periphery, center, and hot spot) and showed that higher densities of CD3+ and CD8+ T cells at the tumor periphery correlated with longer OS, and patients whose tumors had higher densities of CD8+ T-cell at the tumor periphery had longer DSS compared with those with lower CD8+ T-cell densities [114].

Therapeutic advances in MCC

Together, these findings confirmed the close relationship between a competent and active tumor-associated immune T-cell infiltrate and MCC patient survival. Further, the plethora of neoantigens in MCC (either virally encoded proteins in MCPyV-positive cases or the myriad of UV-induced mutations in MCPyV-negative tumors) [59, 62, 63, 115] strongly implicated the efficacy of immune checkpoint blockade therapy in MCC. In the initial clinical trial, the PD-1 inhibitor pembrolizumab was administered to 26 previously untreated patients with advanced MCC [116], producing an objective response rate of 56%, including a complete response in 15% of patients (4/26) and a partial response in 38% (10/26). In a separate trial, 88 patients with stage IV MCC were treated with the PD-L1 inhibitor avelumab as second-line therapy. This study demonstrated an objective response rate of 31.8% (28 of 88 patients—including 8 complete responders and 20 partial responders), which was especially remarkable considering these patients had already failed at least one round of prior chemotherapy [117]. Of particular significance, many of these patient responses have been shown to be durable [118, 119]. However, thus far, biomarkers predictive of response to immune checkpoint blockade have been elusive. Responses have not correlated with MCPyV status or tumor cell expression of PD-L1. In a study leveraging the power of multiplex immunofluorescence, Giraldo et al. [120] showed that not only the density of PD-1+ and PD-L1+ cells, but also the relative geographic proximity between PD-1+ and

PD-L1+ cells predicts clinical response to PD-1 inhibition in MCC, suggesting that the likely engagement of PD-1 with PD-L1 is necessary and therefore likely predictive that abrogation of that interaction to exert a clinical effect.

In summary, MCC is an aggressive cutaneous malignancy that, although rare, is increasing in incidence. MCC tumors are thought to arise via two distinct pathways: UV-associated and MCPyV-driven. Recognition of key morphologic and immunophenotypic features of MCC is critical to avoid confusion with other cutaneous tumors and metastases and allow for prompt staging and intervention. Continued investigations are needed into improved diagnostic markers for the subset of MCC with aberrant immunophenotypes, prognostic markers, and predictive markers for therapy response.

Compliance with ethical standards

Conflict of interest The authors declare no conflict of interest.

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